

1 **ENHANCEMENT OF ¹⁴C-PHENANTHRENE MINERALISATION WITH ROOT**
2 **BIOMASS FROM PAH-NAPL CONTAMINATED SOIL**

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27 **Abstract**

28 The study of the beneficial effects of the interaction between plants and soil microorganisms
29 towards bioremediation of contaminated soil has been studied over the past 30 years. This
30 subject has been summarized as the process where organic contaminants can be removed
31 from the soil through the interaction between roots and catabolic microbial populations. This
32 study assessed the tolerance of different plant species against polycyclic aromatic
33 hydrocarbon-non aqueous phase liquid (PAH-NAPL) contaminated soil and the feasibility of
34 the use of their root biomass to promote the biodegradation of ^{14}C -phenanthrene. Toxicity
35 results showed that seeds germination was not affected by the presence of PAHs.
36 Furthermore, mineralisation of ^{14}C -phenanthrene was significantly enhanced by the addition
37 of root biomass after at least two weeks incubation. Moreover, bacterial numbers did not
38 show a significant relationship with ^{14}C -phenanthrene mineralisation. Results showed that the
39 higher mineralisation of ^{14}C -phenanthrene is not related to an increase on the microbial
40 numbers as is normally assumed.

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42 **Keywords:** Plant-enhanced, mineralisation, PAHs, diesel, roots, NAPL

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44 1. Introduction

45 Soil bioremediation can be promoted by different biological mechanisms through the action
46 of microorganisms, soil invertebrates and plants. Where plants are involved, this is
47 commonly known as phytoremediation or plant-assisted remediation, which has been defined
48 as the use of higher plants to treat or stabilise contaminated soil (Wenzel, 2009). A key
49 partnership in the removal of pollutants from soil involves the impact of plants and plant
50 roots on the enhancement of microbial degradation in soil (Anderson et al., 1993). Despite of
51 this, the mechanisms in which plants stimulate microbial degradation is not fully understood
52 (Anderson et al., 1993; Pilon-Smits, 2005). The specific mechanisms of the biodegradative
53 processes are likely to vary between plant, microbial species and pollutant type due to a
54 number of physico-chemical and environmental factors (Pilon-Smits, 2005).

55 Several plant species have been tested to examine their potential for phytoremediation of
56 PAHs under specific soil conditions (Muratova et al., 2008; Rezek et al., 2008). So far,
57 grasses such as fescue (*Festuca* sp.) and ryegrass (*Lolium* sp.), along with legumes (e.g. *M.*
58 *sativa*) have shown to be suitable options to clean up hydrocarbons from the soil. These two
59 functional groups are often selected due to their extensive fibrous root structure, which
60 increases the soil-rhizosphere contact surface and penetration capacity (Aprill and Sims,
61 1990; Pilon-Smits, 2005), and their role on the fixation of nitrogen from the atmosphere into
62 the soil (Wenzel, 2009), respectively. Moreover, it also needs to take into consideration that
63 these species should be able to germinate and grow in highly contaminated soil, and in most
64 cases under nutrient limiting conditions (Moubasher et al., 2015; Wenzel, 2009). It is
65 generally agreed that a preliminary and effective way to test the phytoremediation potential
66 of specific plant species is through phytotoxicity tests (Muratova et al., 2008; Trapp and
67 Karlson, 2001). These types of assays use germination and early growth assessments as
68 endpoints to determine suitability for growth in contaminated soil. For remediation of PAHs,

69 phytotoxicity assays have become a useful tool to assess plant tolerance to specific soil
70 conditions (Baek et al., 2004; Rorison and Robinson, 1986).

71 Phytotoxicity assays are usually done alongside with the quantification of initial and final
72 concentrations of the targeted pollutant (e.g. Aprill and Sims (1990); Corgié et al. (2003);
73 Günther et al. (1996); Joner et al. (2001); Miya and Firestone (2001); Olson et al. (2007);
74 Rezek et al. (2008); Smith et al. (2011); Thompson et al. (2008) for either single or mixtures
75 of PAHs). Furthermore, other approaches to test the effect of plants on the removal of PAHs
76 from soil have not been explored as extensively as the initial/final concentration assessment.
77 Only a small number of studies have been reported where ^{14}C -labelled pollutants were used
78 to test the potential of plant-associated microbial communities to mineralize hydrocarbons.
79 This approach offers a more realistic and accurate assessment of the fate and behaviour of a
80 specific pollutant, avoiding taking into account other sources of carbon being simultaneously
81 used by the soil microorganisms.

82 Using this approach, the impact of the root system, root biomass and root-derived substrates
83 towards has been assessed For example, Yoshitomi and Shann (2001) used exudates from
84 corn (*Zea mays* L.) to look at the mineralisation of ^{14}C -pyrene in rhizospheric and root-
85 amended soil over 80 d; they found no significant difference between these two conditions,
86 suggesting that the catabolic enhancing factor was the root exudate and not the whole root
87 system. Mueller and Shann (2007) studied the ^{14}C -pyrene mineralisation in soil amended
88 with red maple root extracts and the influence of inorganic nutrient addition. In this case,
89 rates of mineralisation were greater when rhizosphere soil was used; however, these were
90 inhibited by inorganic nutrient amendments. Moreover, Oyelami et al. (2013) studied not
91 only the effect of plant species in the mineralisation of ^{14}C -phenanthrene, but they also
92 looked at how species diversity, composition and soil fertility could enhance the degradation
93 of ^{14}C -phenanthrene in soil. The authors found that one of the most important elements was

94 the soil fertility, leaving the plant type and composition as secondary factors (Oyelami et al.,
95 2013).

96 The hypothesis for this investigation was that the amendment of root biomass paste
97 simulating root decay and turnover in PAH-NAPL contaminated soil enhances the
98 mineralisation of ¹⁴C-phenanthrene. To address this, the aims were (1) to assess the tolerance
99 of different plant species against PAH-NAPL highly contaminated soil, and (2) to use the
100 roots from the most resistant species as soil amendment to biostimulate the biodegradation of
101 ¹⁴C-phenanthrene, assessed through its mineralisation. Results from this study will allow
102 assessing in a more accurate and controlled manner any possible PAH underestimations often
103 misinterpreted as pollutant dissipation. Additionally, findings will contribute to the
104 understanding of the influence of root decay and turnover on the catabolic response of
105 microbial communities in PAH-NAPL contaminated soil.

106 2. Material and methods

107 2.1 Phytotoxicity testing

108 2.1.1 Soil spiking procedure

109 A clay loam soil with an organic matter content of 2.7 % was collected from Myerscough,
110 Preston, U.K., a complete characterisation is described elsewhere (Towell et al., 2011).
111 Following wet sieving (25% moisture content) through a 2 mm mesh, soil was spiked with a
112 molecularly balanced mixture of phenanthrene (Phe), benzo(a)anthracene (B[a]A), and
113 benzo(a)pyrene (B[a]P) to deliver final total concentrations of 100 and 300 mg kg⁻¹, and 0.1%
114 (w/w) diesel using acetone:toluene (1:1) as a carrier. In addition, activated charcoal (0.1 %)
115 was also included as a variable given its ubiquity in the environment and significant impact
116 on the fate and behaviour of contaminants in soil (Rhodes et al., 2008), The selected amount
117 of activated charcoal has been previously reported to be high enough to significantly reduce
118 the bioaccessibility of ¹⁴C-phenanthrene (Rhodes et al., 2008). Soil preparation and spiking
119 procedure followed the methods described by Doick et al. (2003) for the introduction of
120 PAHs into wet soil using a stainless-steel spoon and a soil inoculum approach.

121 2.1.2 Seeds emergence and early growth

122 The seeds emergence and early growth studies included 9 plant species (Table 1) using 8
123 different soil treatments ($n = 3$) and 4 controls (Table 2) with a total of 324 experimental
124 units in a completely randomised arrangement. Methodology followed the guidelines 208
125 (OECD, 2003) and OCSPP 850.4100 (US EPA, 2012), both focused on the study of
126 ecological effects of chemicals in the environment. Given that these guidelines were
127 originally developed for pesticide testing, minor modifications were made based on specific
128 phytoremediation assays (Banks et al., 2003; Gao and Zhu, 2004; Muratova et al., 2009;
129 Phillips et al., 2006; Smith et al., 2006). In short, 50 g of spiked soil was placed into 9 cm
130 diameter pot with a disc of filter paper at the bottom of each to prevent soil loss from the

131 draining holes. Further, petri dishes were placed under each pot to control any leachate and
132 prevent cross-contamination. In each pot, 10 seeds of the appropriate species (Table 1) were
133 sown at equal distances from each other on soil surface. The pots were placed in a glasshouse
134 to complete a 4-week growing period at ~25°C with a 16/8 h photoperiod. At an initial stage,
135 pots were covered with a petri dish to promote germination and watered daily from the top to
136 prevent seed dryness, recording the daily germination rate. Once 50% of the control seeds of
137 each species emerged, the seeds emergence test was considered finished, and the early
138 growth assessment started. As the different plant species had different germination times,
139 pots from each species was considered to be part of an independent experiment, and
140 treatments were only compared against their counterpart from the same species. The
141 endpoints of the growth test were assessed weekly over a period of 21 d after 50% emergence
142 of the control pots as survival. During the growth test, plants were watered from the bottom.
143 At the end of the assay shoot and root biomass was harvested and oven dried for 72 h at 60°C
144 (Langer et al., 2010).

145 2.2 Rhizo-enhanced ¹⁴C-phenanthrene mineralisation in soil

146 2.2.1 Root amendments and soil preparation

147 Based on the results from the germination and phytotoxicity test (Section 2.1), four of the
148 species were identified as resistant to the PAH-NAPL mixture due to none or minimal
149 detrimental effects compared to control treatments at any of the PAHs concentrations. Seeds
150 of these species; two grasses (*Sorghum bicolor* L., *Lolium perenne* L.) and two legumes
151 (*Glycine max* L. and *Medicago sativa* L.), were sown into pristine soil from the same location
152 as the one used for the phytotoxicity stage. Seeds were grown in a glasshouse under standard
153 growth conditions (US EPA, 2012) for 21 d after seed emergence. After the growth period,
154 roots were harvested and cleaned by three consecutive washes with sterile deionized water
155 (Miya and Firestone, 2001). Each wash consisted on shaking the root into 100 ml sterile

156 deionized water for 30 minutes on an orbital shaker (Muratova et al., 2003) at 70 rpm.
157 Finally, the clean roots were blotted dry, cut into 1-2 mm pieces, and ground. The ground
158 root tissue was mixed with a minimum amount of distilled water to facilitate homogeneity
159 (Mueller and Shann, 2007) and then incorporated into the ^{12}C spiked soil according to the
160 treatments shown in Table 3 to get a final root amendment content of 0.5% (dry weight
161 based). Additionally, control soil without ^{12}C PAHs were also included, these had as a main
162 objective to allow a clear visualisation of how the absence of PAHs affect the mineralisation
163 process under the different tested conditions.

164 2.2.2 ^{14}C -Phenanthrene mineralisation in soil

165 The ^{12}C -PAHs spiked and root amended soil was stored in amber jars at 21 ± 1 °C in the dark
166 over 28 d to simulate ageing. To test how the root amendment affected ^{14}C -phenanthrene
167 mineralisation rates over the time, three contact times were selected to conduct a
168 respirometric assay following the method described by Doick and Semple (2003) and Semple
169 et al. (2006). At 1, 14 and 28 d after ^{12}C spiking and root amendment, 10 g (dry wt) incubated
170 soil from each treatment (Table 3) was placed into 250 ml modified Teflon lined screw cap-
171 Schott bottles (respirometers) in triplicate. Each respirometer also contained 30 ml of
172 sterilized minimal basal salts (MBS) medium (Fenlon et al., 2007) to give a soil:liquid ratio
173 of 1:3 (Doick and Semple, 2003), and incorporated a suspended 7 ml glass scintillation vial
174 containing 1 ml 1 M NaOH solution which served as a $^{14}\text{CO}_2$ trap. At every time point, each
175 respirometer was spiked with $^{12/14}\text{C}$ -phenanthrene ($10 \text{ mg kg}^{-1} / 56 \text{ Bq g}^{-1}$, dry wt).
176 Respirometers were incubated at 21 ± 1 °C in the dark onto an orbital shaker at 100 rpm for
177 14 d. The ^{14}C -activity in the $^{14}\text{CO}_2$ traps was assessed every 24 h by replacing the vial
178 containing NaOH and adding 5 ml Goldstar liquid scintillation cocktail. After storage in the
179 dark for 24 h, the ^{14}C -activity was quantified using a Canberra Packard Tricarb 2250CA
180 liquid scintillation analyser. An analytical blank (pristine soil without ^{14}C -phenanthrene) was

181 also set up to establish the level of background activity. The endpoints of this assay were the
182 lag phase (defined as the period of time before mineralisation reached 5%), maximum rate
183 (determined by the amount of $^{14}\text{CO}_2$ produced at any 24 h period of time), and the maximum
184 extent of mineralisation after 14 d (Fenlon et al., 2007).

185 2.2.3 Microbial enumeration

186 Total heterotrophic and PAH degrading bacteria for each treatment was quantified by
187 assessing the number of colony forming units (CFUs) following standard serial dilutions.
188 Plates were prepared using tryptone glucose yeast agar, also known as plate count agar
189 (PCA), and general purpose agar (GPA) amended with minimal basal salts (NaCl,
190 $(\text{NH}_4)_2\text{SO}_4$, KNO_3 , KH_2PO_4 , K_2HPO_4 , $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$), trace elements (LiCl(LiBO₂),
191 $\text{CaSO}_4 \cdot 5\text{H}_2\text{O}$, $\text{ZnSO}_4 \cdot 7\text{H}_2\text{O}$, $\text{Al}_2(\text{SO}_4)_3 \cdot 16\text{H}_2\text{O}$ $\text{NiCl} \cdot 6\text{H}_2\text{O}$, $\text{CoSO}_4 \cdot 7\text{H}_2\text{O}(\text{CoNO}_3)$, KBr, KI,
192 $\text{MnCl}_2 \cdot 4\text{H}_2\text{O}$, $\text{SnCl}_2 \cdot 2\text{H}_2\text{O}$ and $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$) and 0.2 % phenanthrene as sole source of
193 carbon (Fenlon et al., 2007). Microbial enumeration was incubated at 21 ± 1 °C and assessed
194 before and after the mineralisation experiment as recommended by Oyelami et al. (2013).

195 2.3 Statistical analysis

196 Statistical analysis was done using IBM SPSS Statistics software version 21. In all cases,
197 normality of the residuals was verified using the Shapiro-Wilk test with a 95% confidence
198 interval. In cases where data did not show a normal distribution, different data
199 transformations were tested before using a non-parametric test. Data with normal distribution
200 was analysed using an ANOVA analysis of variance and Tukey HSD post hoc test. When
201 data was not normally distributed and no transformation was possible, Kruskal-Wallis mean
202 rank of the group's analysis was used. Paired *t*-tests were used to test differences between
203 time points.

204 3. Results

205 3.1 Phytotoxicity test

206 3.1.1 Seeds emergence and early growth as survival

207 The impacts of the chemicals on seeds emergence were investigated (Figure 1). It was found
208 that the germination of *F. rubra*, *C. angustifolium* and *P. lanceolata* in the growth control
209 (C_g) was less than 50%. Therefore, these have not been included in any further analysis.

210 Overall, the number of seeds that germinated after 7 d was not affected by the presence of
211 PAHs or the other amendments. Only *T. repens* displayed significant differences across the
212 different treatments ($F = 3.546$, $p = 0.005$), presenting a significantly lower germination rate
213 in soil without (T1, $p = 0.040$) and with (C_d , $p = 0.026$) diesel (Figure 1).

214 None of the species showed significant differences in survival within the different treatments
215 ($p > 0.05$). Nonetheless, the lowest survival at the end of the experiment was presented by *T.*
216 *repens* and *A. millefolium* when sown in the diesel control (C_d), suggesting the sensitivity of
217 these two species towards diesel. Moreover, *S. bicolor* displayed the highest overall survival,
218 being the only species to reach 100% survival.

219 3.1.2 Biomass

220 For both above and belowground biomass (dry wt), out of the six species tested, only *M.*
221 *sativa* and *G. max* were not significantly affected ($p > 0.05$) by any of the treatments (SI 1).

222 Furthermore, shoot and root biomass of *L. perenne*, *S. bicolor* and *T. repens* showed
223 significant differences across the soil conditions. *L. perenne* had significantly higher shoot
224 biomass when PAHs were present in the soil ($F = 3.3776$, $p = 0.003$), while only one
225 treatment (T1) significantly enhanced root biomass ($F = 6.534$, $p < 0.001$). *S. bicolor*
226 aboveground biomass was significantly reduced by the presence of PAHs ($F = 5.663$, $p <$
227 0.001), while the root biomass was promoted when grown on contaminated soil ($F = 2.758$, p
228 $= 0.019$). *A. millefolium* only showed significant differences regarding root biomass,

229 displaying a significant reduction ($F = 5.250, p = 0.001$) on treatments with the higher PAH
230 concentrations.

231 Root/shoot ratio, was affected in three of the six species tested (SI 2). *L. perenne* showed an
232 increased ratio in the treatment containing 100 mg kg⁻¹ and diesel (T1) and only diesel (C_d)
233 when compared to the growth control ($F = 5.999, p < 0.001$). Similarly, *S. bicolor* ($F = 3.395,$
234 $p = 0.006$) and *T. repens* ($F = 2.766, p = 0.019$) also presented significantly higher ratios in
235 the presence of contaminants.

236 3.2 Mineralisation of ¹⁴C-phenanthrene in soil

237 The mineralisation of ¹⁴C-phenanthrene was measured in soils under different conditions
238 (Figures 2 – 5 and SI 3). For the treatment in which soil was spiked with the mixture of PAHs
239 only (Treatment A, Figure 2), there were significant differences at each time point.

240 Nonetheless, specific effects were different throughout the incubation time: one day after
241 spiking and root amendment (Figure 2a), *L. perenne* amended soil showed a significantly
242 shorter lag phase than the rest of the treatments ($F = 13.851, p = 0.001$), while significant
243 higher total extents ($F = 19.473, p < 0.001$) and maximum rates of mineralisation ($F = 5.531,$
244 $p = 0.016$) were observed in soil without root amendments. After 14 d of incubation (Figure
245 2b), lag phases were significantly faster ($F = 39.337, p < 0.001$) and total extents higher ($F =$
246 $42.555, p < 0.001$) in the soils containing root amendments. In the soils incubated for 28 d,
247 trends observed after 14 d continued; the lag phase ($F = 49.468, p < 0.001$) was significantly
248 shorter in the *L. perenne* amendment compared to the non-amended treatment (Figure 2c).
249 Maximum rates ($F = 69.700, p < 0.001$) and total extents of mineralisation ($F = 85.097, p <$
250 0.001) were also significantly higher in all root-amended treatments compared to the non-
251 amended soil.

252 When 0.1% (dry wt) activated charcoal (Treatment B) was added to the PAH mixture,
253 statistically significant differences were observed at each of the three sampling times (Figure

254 3). One day after spiking, *S. bicolor* amendment had a negative effect on the ¹⁴C-
255 phenanthrene mineralisation; this is reflected in a longer lag phase than the rest of the
256 treatments ($F = 3.973, p = 0.004$). Additionally, although the maximum rates of
257 mineralisation were similar across treatments ($F = 2.960, p = 0.090$), total extents of the
258 treatment amended with *G. max* and the rootless soil were significantly higher ($F = 15.653, p$
259 $= 0.001$) than the grass-amended treatments (*L. perenne* and *S. bicolor*). After 14 d of
260 incubation (Figure 3b), lag phases were longer in the absence of roots compared to the root-
261 amended treatments ($F = 12.586, p = 0.003$). At this time point, significant increases in the
262 maximum rates of mineralisation ($F = 8.863, p = 0.008$) were observed when soil was
263 amended with *G. max* roots. The total extents of mineralisation also significantly increased in
264 the presence of roots from all of the species ($F = 124.072, p < 0.001$). After 28 d of
265 incubation (Figure 3c), significant differences were found for the maximum rates and total
266 extents of mineralisation ($p < 0.05$). The maximum rates in soils containing *L. perenne* were
267 significantly higher than in the other treatments ($F = 25.505, p < 0.001$), while total extents
268 were enhanced in the presence of roots from any species compared to the non-amended soil
269 in all the cases ($F = 65.824, p < 0.001$).

270 To observe the effect that a NAPL can have on the mineralisation of ¹⁴C-phenanthrene
271 (Treatment C), 0.1% (w/w) diesel was added to the PAH mixture (Figure 4). By the first and
272 second sample times of this treatment (Figure 4a-b), lag phases were significantly shorter in
273 the treatments amended with grass roots after 1 day ($F = 23.017, p = 0.002$), and on non-
274 amended soil after 14 d ($F = 6.832, p = 0.011$). In contrast, maximum rates and total extents
275 of mineralisation remained unaffected in the other treatments ($p > 0.05$). By the end of the 28
276 d incubation (Figure 4c), the lag phases were significantly shorter in the *L. perenne* condition
277 ($F = 12.199, p = 0.003$) compared to the rest of the treatments. Both maximum rates ($F =$
278 $24.143, p < 0.001$), and total extents of mineralisation ($F = 26.117, p < 0.001$) were

279 significantly greater in all root-amended treatments compared to the control, with the highest
280 values measured in *L. perenne* condition.

281 The effect of possible interactions between PAHs, diesel and activated charcoal was also
282 measured (Figure 5). At the first time point (Figure 5a), *M. sativa* and *S. bicolor* amended
283 treatments showed significantly shorter lag phases ($F = 19.154, p = 0.003$). Moreover, total
284 extents of mineralisation were significantly reduced by the presence of roots of any species
285 ($F = 21.273, p = 0.002$), while maximum rates of mineralisation were not affected by the
286 addition of roots. After 14 d (Figure 5b), the lag phases were significantly different ($F =$
287 $14.017, p < 0.001$), being shorter in both the soil amended with *L. perenne*, as well as the
288 non-amended soil. Maximum rates were also influenced by the treatments; exhibiting highest
289 maximum rates when roots of any of the species were added to the soil ($F = 11.381, p =$
290 0.001). In contrast, total extents of mineralisation were unaffected by the different treatments.
291 After 28 d incubations, all mineralisation measurements: lag phases ($F = 17.077, p < 0.001$),
292 maximum rates ($F = 47.729, p < 0.001$), and total extents ($F = 11.832, p = 0.001$) were
293 significantly enhanced by the addition of any of the roots (Figure 5c).

294 Controls measuring the mineralisation of ^{14}C -phenanthrene in the absence of ^{12}C -PAHs were
295 also assessed in pristine soil, as well as in soils containing activated charcoal and diesel
296 amendments (SI 4). Overall, controls behaved in a similar way after 1 and 14 d incubation.
297 Most significant differences were observed after 14 d, where soil without root amendment
298 often displayed shorter lag phases, especially when *L. perenne* was added. Such are the cases
299 of the pristine soil ($F = 13.645, p = 0.002$), soil with activated charcoal ($F = 246.58, p <$
300 0.001), and solvent amended soil ($F = 22.061, p < 0.001$). However, after 28d incubation,
301 maximum rates of mineralisation were significantly faster when *L. perenne* was used as
302 amendment in pristine ($F = 4.592, p = 0.033$), diesel ($F = 3.935, p = 0.023$), and the mixture
303 of activated charcoal and diesel controls ($F = 4.618, p = 0.035$). Total extents of

304 mineralisation were also significantly higher in three of the controls by the addition of roots
305 from *L. perenne*, with the exception of the control amended with a mixture of diesel and
306 activated charcoal ($F = 1.106$, $p = 0.417$). Lag phases presented differences in all treatments,
307 with significantly shorter values in the absence of roots for the pristine soil ($F = 160.66$, $p <$
308 0.001), and individual amendments of diesel ($F = 11.683$, $p = 0.001$) and activated charcoal
309 ($F = 227.18$, $p < 0.001$).

310 3.3 Enumeration of bacteria

311 Microbial numbers were significantly influenced by all treatments and conditions ($p < 0.05$).
312 For both total heterotrophic and phenanthrene degrading bacteria (CFU g⁻¹soil dw)
313 significantly increased after the addition of ¹⁴C-phenanthrene at all time points ($p < 0.01$),
314 with the exception of the phenanthrene degrading bacteria at the last sampling time (28 d).

315 The numbers of total heterotrophic bacteria in soil before the mineralisation assay were
316 influenced by the different contaminant conditions, as well as by the root amendments at the
317 different time points (SI 5). One day after spiking, the control pristine soil showed that root
318 amendments increased the numbers of total heterotrophic bacteria ($F = 131.952$, $p < 0.001$),
319 especially by *G. max*. This same effect was also observed in treatments containing diesel
320 (Treatments C and D). After 14 d, total heterotrophic bacteria numbers were significantly
321 reduced compared to the first time point ($t = 5.774$, $p < 0.001$). CFUs from pristine soil
322 displayed the largest reduction, especially when roots from *L. perenne* and *G. max* were
323 present. Furthermore, all soil conditions displayed the highest microbial numbers in the
324 presence of either one of the grass species (*L. perenne* or *S. bicolor*). Finally, after 28 d
325 incubation, total heterotrophic bacterial numbers were not significantly different to those
326 measured after 14 d ($t = -1.846$, $p = 0.068$).

327 Numbers of phenanthrene degrading bacteria were also significantly influenced by the
328 different soil conditions and amendment with root biomass ($p < 0.05$). One day after spiking,
329 roots from legumes (*M. sativa* and *G. max*) increased the CFUs in the grass- and non-
330 amended treatments with the exception of the diesel and solvent controls. After 14 d
331 incubation, most soil conditions excluding the mixture of PAHs, activated charcoal and diesel
332 (Treatment D), led to significantly higher numbers of phenanthrene degrading bacteria in the
333 presence of roots ($p < 0.05$). After 28 d incubation, the same trend was observed with
334 decreased microbial numbers in the plant-free controls and an enhanced presence of bacteria
335 in soil amended with *M. sativa* root biomass ($p < 0.05$).

336 Overall CFU total heterotrophic bacteria from “respirometers” significantly decreased in
337 number over time ($p < 0.05$). Initially, all treatments contained significantly higher CFU
338 numbers ($p < 0.05$) in the presence of plant roots, exhibiting consistently higher values when
339 *M. sativa* was used. After 14 d, the opposite trend was observed, with the exception of the
340 treatments containing activated charcoal (Treatments B and D), where root-amended soil
341 presented increased microbial numbers but without specific pattern regarding plant identity.
342 This effect was also observed only in the control amended with diesel (Treatment G). After
343 the 28d sampling, root amendments showed to significantly enhance three out of the nine
344 conditions. This trend was observed on the treatment containing PAHs and activated charcoal
345 (Treatment B, $F = 376.55$, $p = 0.001$), the one including a mixture of PAHs, diesel and
346 activated charcoal (Treatment D, $F = 22.089$, $p = 0.002$), and the control for diesel
347 (Treatment G, $F = 17.493$, $p = 0.004$). In the rest of the conditions, as observed before, root
348 amendments reduced the total heterotrophic CFUs.

349 The phenanthrene degrading bacteria from “respirometers” was only affected by the plant
350 amendments in the first two sampling points (1 and 14d). In both cases, *L. perenne* roots
351 consistently produced a significantly larger number of CFUs ($p < 0.05$). At the final sampling

352 point of the mineralisation assay (28d), treatments without root amendments presented
353 significantly less CFU than any of the root amended treatments ($p < 0.05$). Overall results
354 also showed that *L. perenne* and *M. sativa* amendments produced the highest CFUs numbers
355 across the different soil conditions.

356 4. Discussion

357 4.1 Phytotoxicity of PAH-NAPL contaminated soil

358 Different phytotoxicity parameters can be used to assess the ability of a plant to germinate
359 and grow in PAH contaminated soil (Maila and Cloete, 2002). For instance, seed emergence
360 cannot always be used as a reliable endpoint of phytotoxicity, as seeds typically obtain
361 nutrients from internal materials at the earliest stages of germination. Nevertheless, when
362 diesel is included, the low molecular weight fractions have been shown to have inhibitory
363 effects on the germination of some species (Henner et al., 1999). In the current study, these
364 effects were only observed for *T. repens*. This overall lack of toxicity has also been observed
365 previously by Smith et al. (2006), who found that germination of different species (including
366 *T. repens*) was unaffected by the presence of these fractions. The absence of phytotoxic
367 effects of hydrocarbons (especially PAHs) on germination / seed emergence of different
368 species has been also reported by multiple authors, including Hamdi et al. (2012) and
369 Smreckzak and Maliszewska-Kordybach (2003), who also attributed this lack of toxicity to
370 the low bioavailability of these hydrophobic chemicals.

371 The phytotoxicity assessment, based on seeds survival, showed that *S. bicolor* was the most
372 suitable species to be grown in a PAH-NAPL amended soil. Previous studies have shown
373 similar results; for example, Muratova et al. (2009) observed an increased survival of *S.*
374 *bicolor* at 10 mg kg⁻¹ phenanthrene compared to the control uncontaminated soil. This result
375 gains importance considering that *S. bicolor* has also been found to enhance the
376 bioremediation process of crude oil contaminated soil (Banks et al., 2003). As a consequence,
377 this species would be able to both germinate and grow in contaminated soil while promoting
378 the remediation of contaminated soil.

379 Although PAH contaminated soil is generally assumed as toxic for most plant species, there
380 are some reported cases where PAHs have been found to have enhancing effects on plant

381 growth. For instance, Maliszewska-Kordybach and Smreczak (2000) observed this trend,
382 reflected on increased root growth of certain grass species. The authors described this
383 behaviour as a feedback control mechanism, which in this case is reflected as an enhanced
384 growth of plants as a response to be exposed to PAHs (Maliszewska-Kordybach and
385 Smreczak, 2000). Overall, the lack of consensus regarding the effect of PAHs on germination
386 and growth of plant species could be attributed to the natural variability on seed viability, as
387 well as the specific characteristics of the soil used for the test. These factors have already
388 been suggested by different authors such as Maliszewska-Kordybach and Smreczak (2000),
389 who concluded that soils with sandy textures had greater phytotoxic effects on most of the
390 tested plant species. Additionally other soil properties including organic carbon content,
391 cation-exchange capacity, or specific surface area will also play an important role on the fate
392 and behaviour of organic pollutants (Chung and Alexander, 2002). In the present study,
393 overall seed survival remained unaffected by the presence of PAHs in *L. perenne*, *S. bicolor*,
394 *M. sativa* and *G.max*. The lack of phytotoxic effects of the mixture of PAHs might be the
395 result of the combination of two main factors. First, these four species presented a higher
396 PAH and NAPL tolerance, which has also been reported before (Banks et al., 2003; Gao and
397 Zhu, 2004; Muratova et al., 2003; Phillips et al., 2006). And second, the soil used has been
398 defined as high-content silt and clay soil, which might be producing a higher rate and extent
399 of the pollutant's sequestration hence reducing its bioavailability.

400 4.2 Effect of root amendments in the mineralisation of ¹⁴C-phenanthrene

401 When root biomass from different plant species was added to PAHs contaminated soil, the
402 impact on the mineralisation of ¹⁴C-phenanthrene became significantly higher after 2 weeks
403 incubation for soil contaminated only with PAHs. When diesel was also present in the
404 mixture (PAH-NAPL), this behaviour was only observed after 4 reaching in some cases total
405 extents of mineralisation close to 100%. In all cases, studies reporting this same trend have

406 been consistently reported, especially using *L. perenne* and *M. sativa*. These two species have
407 been found to be effective enhancers of the dissipation of PAHs from soil by several authors
408 such as Binet et al. (2000), Joner et al. (2001) or Phillips et al. (2009). Other authors have
409 also observed that a higher biodegradation of hydrocarbons can be achieved by the use of
410 plants, either as a whole or by the use of part of them (*e.g.* root biomass)(Miya and Firestone,
411 2001; Rentz et al., 2005; Smith et al., 2011; Sun et al., 2011). Moreover, when ^{14}C isotopes
412 were used, similar results have also been observed. For instance, Reilley et al. (1996)
413 consistently found higher mineralisation of ^{14}C -pyrene in simulated rhizospheric soil.
414 Additionally, the temporal factor observed in this study has also been observed by other
415 authors, reporting an initial inhibition on the mineralisation of ^{14}C -pyrene, followed by an
416 increased biodegradation after 100 d of incubation (Mueller and Shann, 2007). This same
417 behaviour was also observed by Macleod and Semple (2002), who observed that microbes
418 required an adaptation period in order to biodegrade ^{14}C -pyrene. In this case, authors
419 suggested that this behaviour could indicate that period of microbial growth was necessary
420 before mineralisation started (Macleod and Semple, 2002).

421 Even though the specific processes producing this enhanced dissipation of hydrocarbons from
422 soil are not completely understood, the overall consensus is that this effect is due to increases
423 in the numbers of pollutant degrading microbes when plants are introduced into contaminated
424 soil – termed the “rhizosphere effect” (Aprill and Sims, 1990; Binet et al., 2000; Chiapusio et
425 al., 2007; Fan et al., 2008; Günther et al., 1996; Radwan et al., 1998). However, measurement
426 of bacterial numbers in this study did not show a significant positive relationship with ^{14}C -
427 phenanthrene mineralisation for either total heterotrophic or phenanthrene-degrading
428 bacteria. Nonetheless, a similar decreasing trend has been reported previously by Nichols et
429 al. (1997), concluding that this effect could be the result of an environment with limited
430 amounts of accessible carbon and other nutrients. Another reason for this trend could be
431 related to a priming effect, which can be characterized by a fast increase of the microbial

432 populations after a change in the system (soil spiking and amendment) followed by a
433 reduction of the microbial numbers after every time point (Kuzyakov, 2002). *M. sativa* was
434 the only species that produced higher CFUs of phenanthrene degrading bacteria after 14 and
435 28 d incubation, but with no visible pattern among treatments. This specific behaviour
436 produced by *M. sativa* has previously been reported by Phillips et al. (2006), who observed a
437 positive correlation between the mineralisation of ^{14}C -phenanthrene and microbial numbers
438 from soil planted with *M. sativa*. Given the overall findings, the observed higher ^{14}C -
439 mineralisation from soil amended with roots could be related to a putative increase of the
440 bioavailability of the contaminant, but this was not measured directly in this study. However,
441 a similar conclusion has also been proposed by Joner et al. (2002), who suggested that
442 rhizospheric soil could produce a change in surface adsorption processes controlling the fate
443 of hydrocarbons in soil (Joner et al., 2002; Reilley et al., 1996). Furthermore, authors
444 hypothesized that substances produced by roots due to exudation, decay and turnover might
445 also have a contributing factor in the biodegradation process (Mueller and Shann, 2007;
446 Rentz et al., 2005).

447 5. Conclusions

448 The phytotoxicity findings reported in this study show that the grasses (*L. perenne* and *S.*
449 *bicolor*) and legumes (*M. sativa* and *G. max*) are suitable for plant-enhanced biodegradation,
450 as these are capable of germinating and growing in contaminated soil without showing
451 detrimental effects. When these four species were tested to assess the effect of root tissue on
452 the mineralisation of ¹⁴C-phenanthrene, all species produced enhanced mineralisation after
453 two and four weeks since root biomass amendment. This suggests that root amended soil has
454 greater potential to mineralise ¹⁴C-phenanthrene than soils lacking plants or root biomass.
455 Microbial numbers of both heterotrophs and phenanthrene degrading bacteria did not appear
456 to have a significant relationship with the mineralisation parameters. The total CFUs were
457 reduced over time despite the increasing extents in the mineralisation of ¹⁴C-phenanthrene.
458 Results from the present study suggest that the increased mineralisation of ¹⁴C-phenanthrene
459 might be the result of (1) the enhancement of the bioavailability of the contaminant as well as
460 (2) the contribution of readily available C and nutrients from root exudation, decay and
461 turnover, rather than to an increase on the number of bacteria capable to degrade PAHs as is
462 generally assumed.

463 Acknowledgements

464 GVC would like to thank the Mexican National Council for Science and Technology
465 (CONACyT) for their financial support through a scholarship (No. 313807) to pursue
466 postgraduate studies at the Lancaster Environment Centre, Lancaster University.

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604

605 Tables

606

607 Table 1. Test plant species

Family	Species
Pocacea	<i>Lolium perenne</i> *
	<i>Festuca rubra</i>
	<i>Sorghum bicolor</i> *
Fabaceae	<i>Medicago sativa</i> *
	<i>Trifolium repens</i>
	<i>Glycine max</i> *
Asteraceae	<i>Achillea millefolium</i>
Onagraceae	<i>Chamerion angustifolium</i>
Plantaginaceae	<i>Plantago lanceolata</i>

*Species used for both phytotoxicity and mineralisation assay

608

609 Table 2. Summary of treatments for the phytotoxicity assay

Treatment	Characteristics
T1	100 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel
T2	100 mg kg ⁻¹ Σ PAH + 0.1 % (dry weight) activated charcoal
T3	300 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel
T4	300 mg kg ⁻¹ Σ PAH + 0.1 % (dry weight) activated charcoal
T5	100 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel + 0.1 % (dry weight) activated charcoal
T6	300 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel + 0.1 % (dry weight) activated charcoal
T7	100 mg kg ⁻¹ Σ PAH
T8	300 mg kg ⁻¹ Σ PAH
C _d	Diesel control: 0.1% (w/w) diesel
C _{ac}	Activated charcoal control: 0.1 % (dry weight) activated charcoal
C _s	Solvent control: 10 ml kg ⁻¹ 1:1 toluene:acetone
C _g	Growth control: Clean soil

610

611 Table 3. Summary of treatments for the ¹⁴C-phenanthrene mineralisation assay

Treatment	Characteristics
A	100 mg kg ⁻¹ Σ PAH
B	100 mg kg ⁻¹ Σ PAH + 0.1 % (dry weight) activated charcoal
C	100 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel
D	100 mg kg ⁻¹ Σ PAH + 0.1% (w/w) diesel + 0.1 % (dry weight) activated charcoal
E	Pristine soil
F	0.1 % (dry weight) activated charcoal
G	0.1% (w/w) diesel
H	0.1% (w/w) diesel + 0.1 % (dry weight) activated charcoal
I	1:1 Toluene : Acetone solution

612

613

614 Figure captions

615 **Figure 1** Germination rate estimated at the 7th day after sowing as the percentage of
616 germinated seeds among the seeds sown (Muratova et al. 2008). T1 = 100 mg kg⁻¹ Σ PAH +
617 0.1% (w/w) diesel, T2 = 100 mg kg⁻¹ Σ PAH + 0.1 % (dry weight) activated charcoal, T3 =
618 300 mg kg⁻¹ Σ PAH + 0.1% (w/w) diesel, T4 = 300 mg kg⁻¹ Σ PAH + 0.1 % (dry weight)
619 activated charcoal, T5 = 100 mg kg⁻¹ Σ PAH + 0.1% (w/w) diesel + 0.1 % (dry weight)
620 activated charcoal, T6 = 300 mg kg⁻¹ Σ PAH + 0.1% (w/w) diesel + 0.1 % (dry weight)
621 activated charcoal, T7 = 100 mg kg⁻¹ Σ PAH, T8 = 300 mg kg⁻¹ Σ PAH, C_d = Diesel control:
622 0.1% (w/w) diesel, C_{ac} = Activated charcoal control: 0.1 % (dry weight) activated charcoal,
623 C_s = Solvent control: 10 ml kg⁻¹ 1:1 toluene:acetone, C_g = Growth control: Clean soil.
624 Marked boxes (*) represent significant differences against the growth control (C_g) of each
625 species. Solid lines represent the mean value of the growth control (C_g) used as baseline for
626 the analysis of variance (ANOVA) test. Error bars represent the standard error of the mean (*n*
627 = 3)

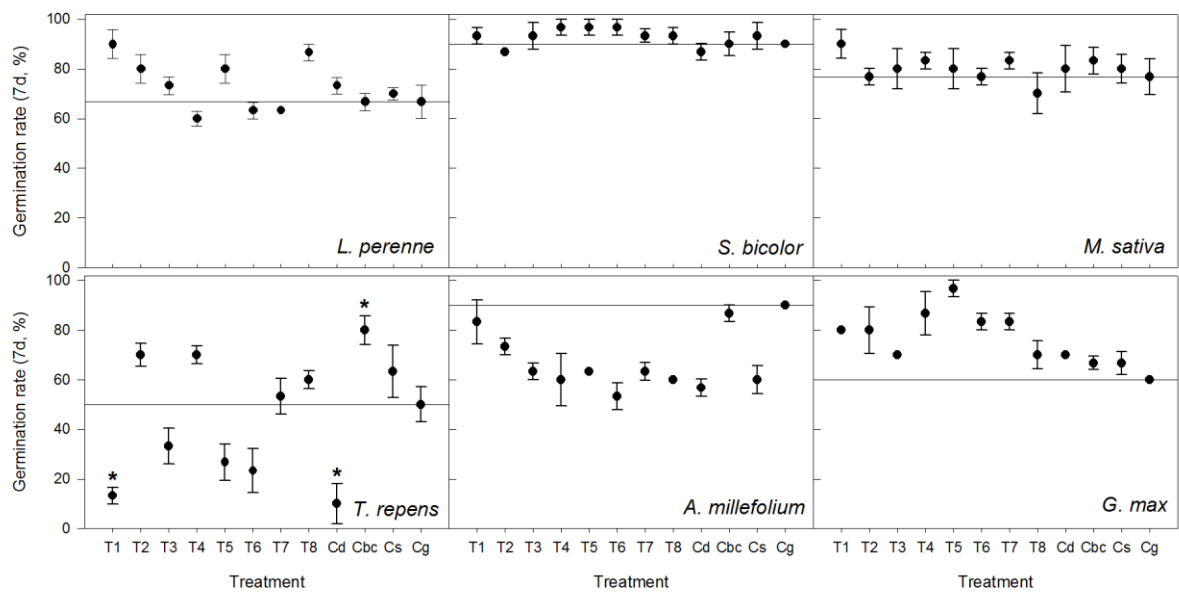
628 **Figure 2** Mineralisation of ¹⁴C-phenanthrene in soil spiked with 100 mg kg⁻¹ Σ PAH, Root
629 amendments: (●) *L. perenne*, (○) *S. bicolor*, (▼) *M. sativa*, (▽) *G. max*, and (■) without roots
630 after 1 (a), 14 (b), and 28 (c) days ageing. Error bars represent the standard error of the mean
631 (*n* = 3).

632 **Figure 3** Mineralisation of ¹⁴C-phenanthrene in soil spiked with 100 mg kg⁻¹ Σ PAH and
633 0.1% activated charcoal. Root amendments: (●) *L. perenne*, (○) *S. bicolor*, (▼) *M. sativa*,
634 (▽) *G. max*, and (■) without roots after 1 (a), 14 (b), and 28 (c) days ageing. Error bars
635 represent the standard error of the mean (*n* = 3)

636 **Figure 4** Mineralisation of ¹⁴C-phenanthrene in soil spiked with 100 mg kg⁻¹ Σ PAH and
637 0.1% diesel. Root amendments: (●) *L. perenne*, (○) *S. bicolor*, (▼) *M. sativa*, (▽) *G. max*,
638 and (■) without roots after 1 (a), 14 (b), and 28 (c) days ageing. Error bars represent the
639 standard error of the mean (*n* = 3)

640 **Figure 5** Mineralisation of ¹⁴C-phenanthrene in soil spiked with 100 mg kg⁻¹ Σ PAH, 0.1%
641 activated charcoal (dw) and 0.1% diesel (w/w). Root amendments: (●) *L. perenne*, (○) *S.*
642 *bicolor*, (▼) *M. sativa*, (▽) *G. max*, and (■) without roots after 1 (a), 14 (b), and 28 (c) days
643 ageing. Error bars represent the standard error of the mean (*n* = 3)

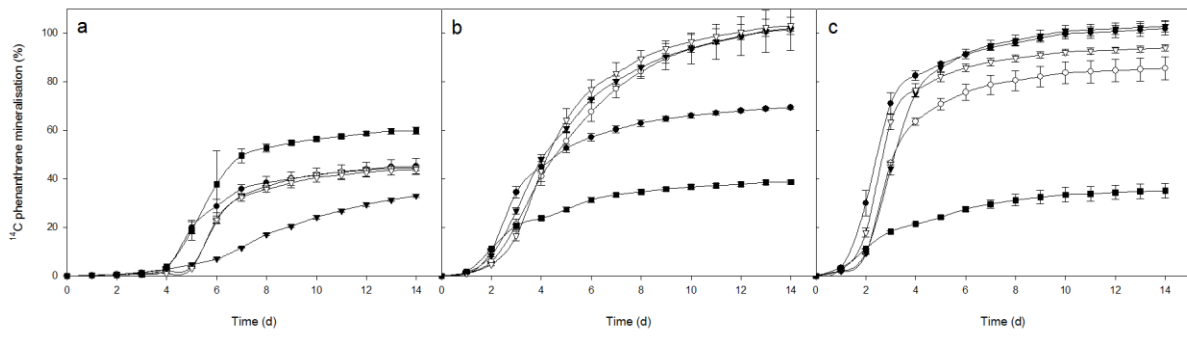
645 Figure 1



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647

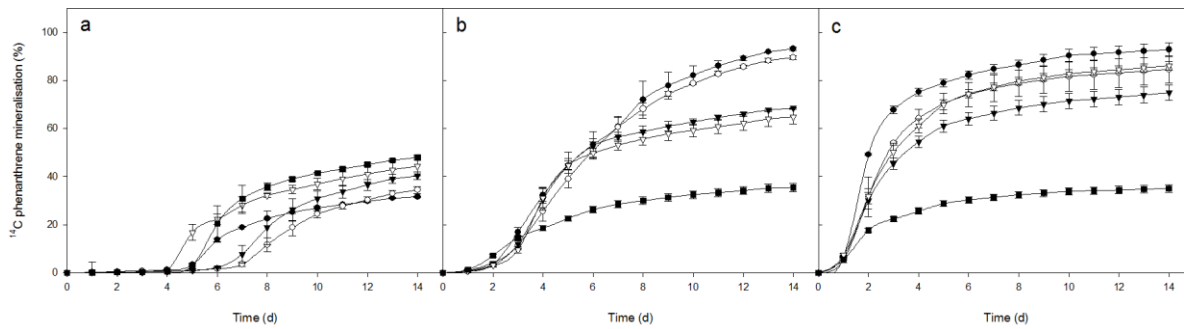
648 Figure 2



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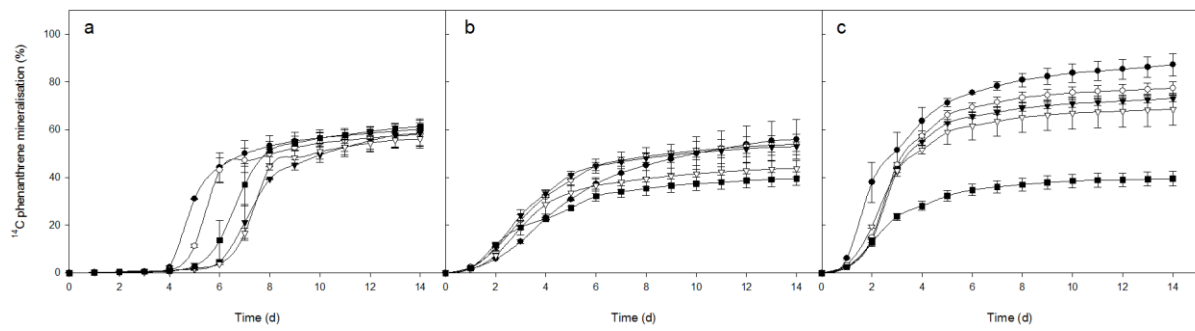
651 Figure 3



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653

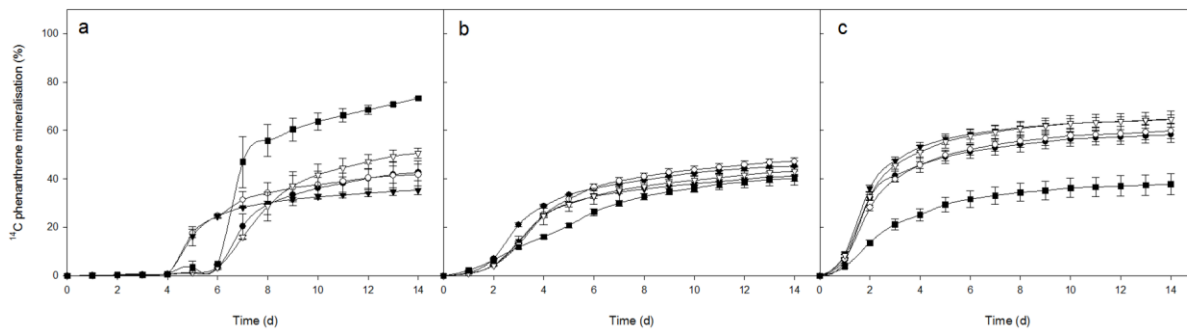
654 Figure 4



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657 Figure 5



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