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Abstract:	<p>Environmental noise can severely impair acoustic communication thereby affecting key behaviors, such as predator avoidance^{1,2}, territory defense^{3,4}, and reproduction⁵⁻⁷. Persistent noise in some habitats is thought to have favored the emergence of multimodal communication systems⁸⁻¹⁰. Multimodal signals, which integrate information across several sensory channels, can enhance signal detection, and improve message clarity in challenging environments¹¹. The capacity to flexibly adjust signaling strategies in response to noise is considered critical to the resilience and evolutionary success of communication systems^{12,13}. However, direct evidence for noise-induced shifts between sensory modalities—termed multimodal shift—remains scarce¹¹. Although river noise has been linked to the evolution of multimodal displays^{14,15} and shifts¹⁶ in torrent frogs, examples from other taxa are lacking. Here, we investigate how the white-throated dipper (<i>Cinclus cinclus</i>), a riverine songbird, modulates both acoustic and visual signaling along noisy rivers. We find that the dippers adjust their songs to the ambient noise level. In addition, they use, conspicuous blinking with white-feathered eyelids to compensate for acoustic masking in high-noise environments. Blinking rate was linked to local river noise, aggressive behaviour, and conspecific presence. Calibrated field measurements revealed a negative correlation between song amplitude and blinking rate, consistent with a noise-driven multimodal shift. This indicates that song plasticity operates in tandem with visual signaling, showing that animals can dynamically reallocate investment across modalities in response to fluctuating environmental pressures. The fine-tuning of both signal performance and modality underscores the critical role of noise interference and signal flexibility in the evolution of complex communication systems.</p>
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Question	Response
Standardized datasets A list of datatypes considered standardized under Cell Press policy is available here . Does this manuscript report new standardized datasets?	No
Original code Does this manuscript report original computer code, algorithms, or computational models?	No

Bird song plasticity and multimodal shift along noisy rivers

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Keywords

Ambient noise, animal communication, blinking, *Cinclus*, Lombard effect, songbird, song amplitude

Summary

Environmental noise can severely impair acoustic communication thereby affecting key behaviors, such as predator avoidance^{1,2}, territory defense^{3,4}, and reproduction⁵⁻⁷. Persistent noise in some habitats is thought to have favored the emergence of multimodal communication systems⁸⁻¹⁰. Multimodal signals, which integrate information across several sensory channels, can enhance signal detection, and improve message clarity in challenging environments¹¹. The capacity to flexibly adjust signaling strategies in response to noise is considered critical to the resilience and evolutionary success of communication systems^{12,13}. However, direct evidence for noise-induced shifts between sensory modalities—termed *multimodal shift*—remains scarce¹¹. Although river noise has been linked to the evolution of multimodal displays^{14,15} and shifts¹⁶ in torrent frogs, examples from other taxa are lacking. Here, we investigate how the white-throated dipper (*Cinclus cinclus*), a riverine songbird, modulates both acoustic and visual signaling along noisy rivers. We find that the dippers adjust their songs to the ambient noise level. In addition, they use, conspicuous blinking with white-feathered eyelids to compensate for acoustic masking in high-noise environments. Blinking rate was linked to local river noise, aggressive behaviour, and conspecific presence. Calibrated field measurements revealed a negative correlation between song amplitude and blinking rate, consistent with a noise-driven multimodal shift. This indicates that song plasticity operates in tandem with visual signaling, showing that animals can dynamically reallocate investment across modalities in response to fluctuating environmental pressures. The fine-tuning of both signal performance and modality underscores the critical role of noise interference and signal flexibility in the evolution of complex communication systems.

Results and discussion

We studied white-throated dippers (*Cinclus cinclus*) because they are fast-flowing river specialists¹⁷ living in naturally noisy environments. Their song is surprisingly low in amplitude compared to other birds and relative to their noisy habitat^{18,19}. Like other dipper species²⁰, white-throated dippers have distinctive snow-white eyelids that contrast sharply with their brown plumage when they blink, making this behaviour an ideal candidate for a visual component in a multimodal signal. In a color-banded population of dippers²¹, systematic observation and acoustic measurements allowed us to relate their blinking rate to the river noise level and the presence of conspecifics. Using calibrated microphones, we measured the birds' song source amplitudes to carefully investigate noise-induced song plasticity in naturally noisy conditions, and to determine the presence and context of multimodal shifts.

Dipper blinks as a signal

On average, dippers blinked 54.9 ± 9.7 times per minute (mean \pm SD, N = 403 observations of 22 birds), which is similar to the blinking rate reported for American dippers (*Cinclus mexicanus*)²⁰ and more than three times higher than that of the similar-sized European blackbird (Figure S1). Dippers' snow-white feathered eyelids, which contrast sharply with the dark-brown plumage on their heads (Figure 1A), make their blinks highly conspicuous, even to the naked eye of human observers²². Dippers are territorial birds; when presented with simulated intruders in a playback experiment, the birds that defended their territory most aggressively (approaching the loudspeaker faster and closer, flying more, singing more during playback, and resuming singing after playback) also had a higher blinking rate (Figure 1B, Table S1). Overall, blink rate varied by about 30% between the least and most aggressive birds. Taken together, these findings suggest that dippers may use each other's blinking to determine the aggressiveness of an opponent during territorial disputes. Since bird song serves as an aggressive signal in territorial defense, there is at least partial redundancy in the information provided by blink rate and song, which is a prerequisite for a signal to be used as part of a multimodal system¹¹. Although birds' eyes and eyelids have a small surface area, some species use blinks and eyelid color for communication, e.g., to establish hierarchies²³ or to indicate attentional state²⁴. Similarly, iris displays are used during sexual displays in bowerbirds²⁵. Exposing contrasting plumage colors is also common in avian sexual displays²⁶⁻²⁸, along with various strategies to increase the contrast between the signal color and the background^{26,29}.

74

75 **Blink rate as a function of river noise and social context**

76 We analyzed whether dippers use their blinking to increase communication efficiency in noisy
77 environments; hence, we tested statistically if the birds increased blink rate when the river was louder,
78 and in the presence of conspecifics. We found a strong interaction between river noise and the presence
79 of a conspecific, such that birds increased their blink rate by an average of 2.3 blinks per minute when
80 the river noise increased by 6 dB(A) in the presence of a conspecific within 25 m (Figure 1C, Table S2).
81 In other words, the predicted change in blink rate across the entire range of river noise levels (50-85
82 dB(A)) is 16 blinks per minute, approximately 30% of the average rate. However, solitary birds did not
83 adjust their blink rate to the river noise (Figure 1C, Table S2). One important requirement for the dipper
84 blinks to be used as a signal to rescue acoustic communication is that its salience over the background
85 noise is sufficient. Torrents not only produce acoustic noise, but also visual noise (e.g., splashes, foam,
86 moving water) in which a visual signal could be masked. Supporting the role of blinking in multimodal
87 communication, we observed that the birds only adjusted their blink rate to river noise when the targeted
88 receiver was in close proximity (Figure 1C). Songbirds can perceive polarized light³⁰, and reflections
89 from water surfaces are polarized³¹, which may increase the saliency of the white feathers against the
90 polarized river. In addition, the temporal regularity of blinks contrasts with the random nature of water
91 movements, which could further increase signal salience. Adaptations to visual noise that increase
92 signal detectability have been demonstrated in lizards, which use abrupt movements to contrast with
93 slow, wind-induced vegetation movements, and they increase their movements as visual noise
94 increases³².

95

96 **Blink rate and song amplitude integration into a multimodal signal**

97 In multimodal signals, the same information can be encoded in different communication channels.
98 Redundant information in one channel can enhance the perception of the information in the other
99 channel (multimodal enhancement)¹¹. In this case, we expect the signal intensity in both channels to
100 increase in parallel. In a multimodal shift, however, we expect the signal intensity in one channel to be
101 inversely proportional to that in the other channel¹¹. To investigate the presence of multimodal
102 enhancement or multimodal shifts in dippers, we recorded the birds' song with a calibrated microphone
103 while measuring blink rate and ambient noise.

The dippers increased song amplitude at noisier song posts (Figure 2B, Table S3). This noise-dependent regulation of vocal amplitude is known as the *Lombard effect*³³, seen widely across birds and mammals³⁴. In the dippers, the Lombard effect was independent of the presence of conspecifics (GLMM, effect of doubling river noise acoustic energy (6 dB(A)) on song amplitude [95% credible interval] = 1.2 [0.6, 1.7] dB, Table S3, Figure 2B). The strength of the response was in the range of the observed magnitude of the Lombard effect in other bird species¹⁹. In line with the multimodal-shift hypothesis, the birds traded-off blinking for song amplitude. When a conspecific was present, dippers switched from loud songs with low blink rate to fainter songs with high blink rate (Figure 1C, d, Table 1), suggesting that the proportion of visual and acoustic signaling is plastically adjusted to the external conditions. To our knowledge, there is only one other documented instance of a noise-induced multimodal shift in birds: white crowned sparrows (*Zonotrichia leucophrys*) may increase the frequency of wing fluttering during agonistic interactions in urban, but not rural areas³⁵. Our findings provide one of the clearest demonstrations to date of context-dependent reallocation between sensory channels in a wild vertebrate. This behavioral flexibility highlights how animals can fine-tune multimodal signals in real time to overcome environmental constraints, expanding our understanding of communication plasticity in natural systems.

Song plasticity in noise and its role in multimodal signaling

Our calibrated field recordings also revealed how dippers adjust the spectral and temporal structure of their songs in response to fluctuating natural noise levels. Such plasticity is common in birds exposed to anthropogenic noise³⁶, but our study shows that even species adapted to chronically noisy environments—such as fast-flowing rivers—modulate their acoustic signals to mitigate increased masking. Dippers are likely open-ended learners and have a complex song with a repertoire of several hundred syllables³⁷ (Figure 2A). We classified syllables according to four complexity criteria (Figure 2C): syllables with rapid frequency modulations, with trills (i.e. more than three rapid frequency modulations in opposite directions), with several temporally separated elements separated by short pauses, and with several temporally overlapping elements indicating simultaneous use of both sides of the syrinx (two-voiced syllables). Each syllable was visually scored according to these criteria and assigned to one or more categories. At noisier locations, dippers increased the proportion of syllables with rapid frequency modulations and trills (that typically have a narrow frequency range of 0.9 ± 0.3

kHz) while decreasing the proportion of long, temporally complex syllables (Figure 2D, Table 2). These variations in song syllable use along a noise gradient were mostly due to behavioral plasticity, as opposed to individual differences, that is, individual birds chose different syllables in noise (Table 2, Table S4).

In terms of signal perception, long, constant-frequency sounds are easier to perceive in noise because of the temporal summation of signal energy in the vertebrate inner ear³⁸. Our results show that the dippers adjusted their songs by (1) decreasing the bandwidth and (2) decreasing the use of complex elements and short syllables in noisy conditions, which in turn may have increased perception in noise. Increased signal duration, and in some cases also increased frequencies, are a common phenomenon observed in parallel with the Lombard effect³⁴. In addition, syllable selection for increased signal perception in noise has been suggested in blackbirds and is thought to be adaptive in noise-polluted urban areas³⁹. Yet, even with such plasticity, acoustic communication remains constrained in high-noise conditions^{1,40}. Crucially, we observed that—in the presence of conspecifics—dippers did not rely solely on vocal compensation. Instead, they simultaneously reduced song amplitude and increased blink rate, consistent with a noise-driven multimodal shift. This finding complements the observed Lombard effect by indicating that in social contexts, dippers may trade off acoustic intensity for enhanced visual signaling. Rather than simply amplifying or modifying song structure, the birds flexibly shifted investment across sensory channels. This dual flexibility—in both acoustic characteristics and channel prioritization—supports the view that multimodal communication systems may evolve not just through redundancy, but through dynamic reallocation in response to environmental constraints. Together, these findings offer a comprehensive picture of how song plasticity functions not in isolation, but as part of a broader multimodal communication strategy shaped by real-time ecological pressures. A test of the dippers' response to the blinks would be necessary to establish that they are indeed being used as signals. Our playback experiment tested blink rate in the context of territorial defense, which is only one of the various functions of bird song. However, our findings and the presence of contrasting feathered eyelids in all five dipper species suggest an important evolutionary function of the contrasting white flash of dipper blinks, especially as fully-feathered eyelids are rare in songbirds²⁰.

Another conspicuous visual behavior of dippers is their frequent curtsy movements, or dipping.¹⁷ However, in a pilot study using an unmarked population in Germany, we found that dippers did not dip while singing. Instead, they markedly increased dipping before flying off or diving. Thus, we speculate

that this behavior is not a visual signal but is rather related to the birds' three-dimensional visual perception. Therefore, we decided not to record dipping in this study.

Our study provides compelling evidence that white-throated dippers adjust their communication strategies in response to ambient river noise by reallocating investment between acoustic and visual signals. The observed trade-off between song amplitude and blink rate represents a rare example of a noise-induced multimodal shift in a wild animal. This flexible integration of signals across modalities demonstrates how animals can dynamically optimize information transfer in challenging environments. Beyond documenting an underappreciated signaling behavior — the conspicuous blinking of feathered eyelids — our findings underscore the role of behavioral plasticity in maintaining communication efficacy under environmental constraints. Given the prevalence of anthropogenic and natural noise in animal habitats, such plastic multimodal strategies may be more widespread than currently recognized, offering important insights into the adaptive evolution of complex signaling systems.

Resource availability

Lead contact

Requests for further information and resources should be directed to, and will be fulfilled by, the lead contact, Henrik Brumm (henrik.brumm@bi.mpg.de).

Materials availability

This study did not generate new unique reagents.

Data and code availability

- All data connected to this paper are available with the following doi: [10.5281/zenodo.15395603](https://doi.org/10.5281/zenodo.15395603)
- All code connected to this paper are available with the following doi: [10.5281/zenodo.15395603](https://doi.org/10.5281/zenodo.15395603)
- Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

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Author contributions

Conceptualization: LdF, HB; Methodology: LdF, HB, SPS, TB; Investigation: KD, LdF, SPS; Data curation: LdF, KD; Formal analysis: LdF; Software: LdF; Supervision: HB, SPS, TB; Validation: LdF, TB; Visualization: LdF; Funding acquisition: HB; Writing – original draft: LdF, HB; Writing – review & editing: all authors

Declaration of Interest

The authors declare no competing interests.

Figure legends

Figure 1. White-throated dippers shift from loud songs to increased blinking frequency when river noise increases and conspecifics are present.

(A) A white-throated dipper with its eyes open (top) and closed, exposing the white eyelid (bottom). Photographs by K. Duclos. (B) Number of blinks in relation to the aggression score before (green) and after (blue) simulated territorial intrusion and in relation to (C) river noise, both with and without a conspecific within 25 m. (D) Blink rate as a function of maximum song amplitude, with and without a conspecific within 25 m. River noise is colour-coded. (B–D) Raw data are shown together with the model posterior mean (line) and 95% credible interval (ribbon). See also Figure S1 and Tables S1 and S2.

Figure 2. Dippers adjust song amplitude and syllable type in response to river noise.

(A) An example of a five-second spectrogram of dipper song (Hanning window, 512 samples, overlap 99%, dB range: -50 to -25 dB). (B) Dipper song source level in relation to river noise (model estimate and 95% credible interval in purple, raw data points in black). (C) Spectrograms of exemplary syllables illustrating the complexity criteria (each spectrogram is 250 ms long). (D) Proportion of syllables in each complexity category as a function of river noise amplitude. Model posterior mean and 95% credible intervals are shown in purple, individual slopes as short grey lines in the background, and raw data as black dots. See also Tables S3 and S4.

Tables

Table 1. In the presence of conspecifics, dippers trade-off song amplitude against blink rate.

Estimate (posterior mean) and 95% credible interval of the Gaussian GLMM examining the effects of river noise, song amplitude, and the presence of a conspecific on dipper blinking rate on the subset of data for which we recorded both blink rate and song simultaneously (N=113, 11 dippers)

Predictor	Estimate [95% credible interval]
(intercept)	56.63 [49.55, 63.27]
River noise level (per 6 dB (A))	1.21 [-0.55, 2.94]
Conspecific present	-1.05 [-5.48, 3.45]
Song source level (per 6 dB)	0.31 [-1.73, 2.42]
Song source level:conspecific present	-6.45 [-11.65, -1.14]
<i>Variance of random effect (bird ID)</i>	58.7
<i>Variance of residuals</i>	57.3

Table 2. Dippers use different syllable types depending on the background noise level.

Estimate (posterior mean) and 95% credible interval of the logistic GLMM examining the effects of river noise, blink rate, and the presence of a conspecific on the proportion of each syllable type (based on N=5409 syllables from 13 dippers for which both song amplitude and blink rate were available). Estimates are on the logit scale.

Proportion of syllables with...	... two voices	... trills	... fast frequency modulations	... several elements
Predictor	Estimate [95% cri]	Estimate [95% cri]	Estimate [95% cri]	Estimate [95% cri]
(intercept)	-1.88 [-2.41, - 1.49]	-0.57 [-0.82, - 0.27]	-0.91 [-1.45, - 0.42]	-0.84 [-1.12, - 0.55]

River noise level (per 6 db(a))	-0.05 [-0.13, 0.03]	0.12 [0.06, 0.19]	-0.10 [-0.17, - 0.03]	-0.23 [-0.30, -0.16]
<i>Individual mean (quantifying inter-individual differences)</i>	0.06 [-0.25, 0.41]	0.21 [0.01, 0.39]	0.05 [-0.33, 0.42]	-0.15 [-0.37, 0.05]
<i>Deviation from individual mean (quantifying behavioural plasticity)</i>	-0.06 [-0.15, 0.03]	0.11 [0.05, 0.18]	-0.11 [-0.18, - 0.03]	-0.24 [-0.31, -0.17]
Conspecific present	-0.04 [-0.16, 0.26]	-0.09 [-0.25, 0.06]	0.12 [-0.05, 0.28]	-0.02 [-0.18, 0.15]
Sex (male)	0.19 [-0.29, 0.82]	-0.10 [-0.44, 0.21]	0.25 [-0.35, 0.93]	0.13 [-0.19, 0.46]
Peak frequency	-0.13 [-0.20, - 0.05]	0.12 [0.06, 0.19]	0.02 [-0.04, 0.08]	0.02 [-0.04, 0.07]
Signal to noise ratio (6 dB)	-	-	-0.01 [-0.02, 0]	-
<i>Variance of random effect (bird ID)</i>	0.04	0.02	0.11	0.02
<i>Variance of residuals</i>	0.13	0.22	0.21	0.21

STAR methods

EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS

We studied a free-ranging color-banded population of white-throated dippers²¹ in Yorkshire Dales National Park, Cumbria, northwest England (54.32°N, -2.53°E) in February and March 2024. The birds were ringed under a British Trust for Ornithology license held by SPS.

METHOD DETAILS

Observations took place from sunrise onwards. When a bird was singing, one observer (LdF) counted through a telescope or binoculars the number of blinks for 30 seconds. We noted the actual duration of the sampling period (in case the bird flew away before 30 seconds) to calculate minute-wise blinking rate. We waited at least thirty seconds between counts to minimize the risk of temporal autocorrelation. Simultaneously, a second observer (KD) recorded the birds' song with a directional microphone (Sennheiser MKH 416 with windshield Nanoshield, Rycote, UK, hand-held recorder Portacapture X6, Tascam) for at most 1 minute at a time. We noted the position of the bird, whether another dipper was within 25m of the focal bird (estimation of distance), and the focal bird's ring colors. We also noted the gain setting of the recorder and measured the distance between the bird and the microphone with a laser-range finder (6x24 Range finder and speedmeter, Bresser, UK), the ambient temperature and relative humidity (portable weather station Kestrel 4000 Pocket weather Tracker, Kestrel Instruments, USA), and we matched recordings to blink counts.

We observed birds for a maximum of four hours at a time, at the end of which we measured the river noise level at each song post (or the closest accessible point) using an SPL meter (peak LAF, fast mode, Casella Cel 240, TSI Incorporated, Minnessota, USA) oriented horizontally towards the river over 15 seconds. To ensure that the measures from a distance to a song post were still representative of the true river amplitude at the song post, we measured the river noise amplitude from three different points in an easily accessible song post. River noise level varied by less than 3 dB at these three locations, which is negligible compared to the range the river noise level covered overall (30 dB; the loudest point had more than 30 times more sound energy than the faintest point).

Playback experiment

We downloaded five dipper song recordings from the Xeno-Canto Database, band-pass filtered them (2-10 kHz), and extracted 30 seconds of good-quality audio. The source recordings were made at locations outside of Britain. We calibrated the playbacks to play the playbacks at a peak amplitude of 85 dB(A) RMS SPL at 1m. We placed a remote-controlled loudspeaker (Turtlebox Gen 1.5) on the riverbank less than 100m from a dipper nest. When a bird came close to the speaker (i.e. at the nest or within 50 m) and sang, we counted the number of blinks for one minute, then triggered the playback. We noted the number of flights, whether the bird sang during the playback presentation, then counted the number of blinks again for one minute as soon as the bird settled. We also measured the distance between the bird and the speaker at the start of the playback and the minimum distance during the playback presentation.

QUANTIFICATION AND STATISTICAL ANALYSIS

Aggression score

We built a composite measure of the aggressive response of the birds to conspecific songs by employing a PCA on five single behavioral aggression measures (song during and after broadcast, number of flights during broadcast, number of flights after broadcast, and minimum distance to the speaker; Figure S2). We used the first component (59% of variance explained) as a measure for the bird's aggression (negative values indicate more aggressive birds).

Acoustic analyses

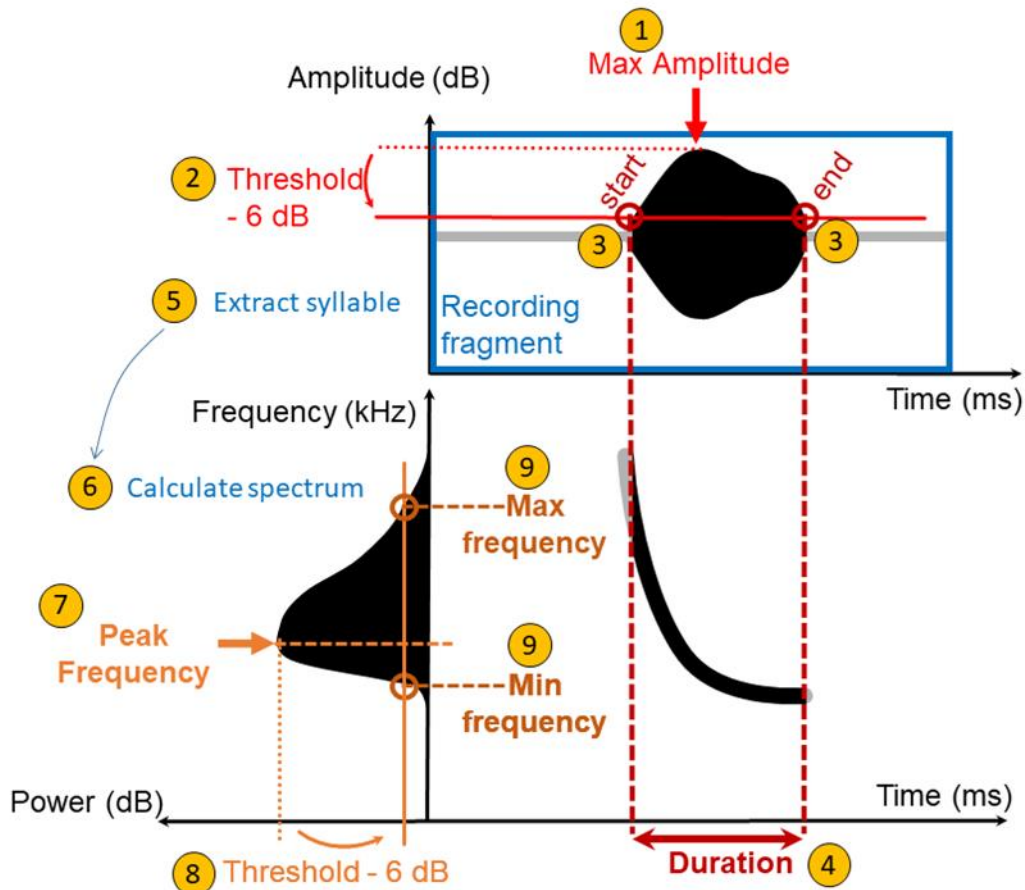
All acoustic analyses were performed in Python v. 11.3. The recording chain was calibrated in the lab to obtain the frequency response and sensitivity (see supplements for the details). Before analysis, we corrected all recordings for the frequency response of the microphone. We detected bird song syllables in the four-time down-sampled recordings using cross-correlation with a 10-ms downwards sweep (7-3 kHz). We extracted a segment of the original recording when the smoothed cross-correlation envelope (10-ms running average) surpassed its own mean + SD, with a 30-ms buffer before and after. On a spectrogram (512 window size, overlap 90%, Hanning window). We detected the highest frequency peak per window. Since river noise is typically of lower frequency than bird song, this procedure resulted in a bimodal distribution. We performed a kernel clustering analysis (2 clusters, one "noise", lower frequencies, and one "bird", the highest frequencies) and used the 10th percentile – 1 kHz and 90th

percentiles + 2 kHz to build a band-pass filter (5th-order Butterworth second-order section filter⁴⁹). We then calculated the smoothed Hilbert envelope (10 ms running average) and defined the start and end of the syllable when the envelope crossed the 6-dB threshold below the maximum amplitude. Because the 6-dB threshold was often buried in the noise, we needed an alternative way of determining the call start and end. A call with a duration longer than 90% of the call window was likely badly defined. Because we already assigned each spectrogram window's highest peak to a "bird" or a "river" cluster, we used the first and last peak assigned to the "bird" category as the start and end of the syllable. If this method still gave too long call durations, we used the results of the cross-correlation threshold crossing directly. We additionally extracted an audio segment of the same duration immediately before the call segment as a reference for the noise level.

We measured the peak, highest, and lowest frequency (6 dB below peak⁵²) on the average spectrum. We used the highest and lowest frequencies to calculate the call's bandwidth. If the peak frequency was lower than the filter frequency, we reduced the cut-off frequency of the high-pass filter by 500 Hz. We computed the signal energy of both the bird and the noise segment, then calculated the difference between the bird and the noise energy, which we divided by the duration of the segment and square-rooted the resulting value to obtain the RMS full-scale received level. This result was then converted into received sound pressure levels using the microphone's sensitivity and recording gain, and the bird's source level was reconstructed by correcting for distance-dependent spherical spreading using the inverse square law.

We measured the signal-to-noise ratio as the difference between the noise (filtered with the same high-pass filter) and the call's RMS amplitude. We discarded syllables of SNR < 1 dB as an accurate estimation of the source level would not be possible⁴⁹, too short (below 5 ms), and too long (above 1 second) syllables. We detected over 19000 syllables, which we manually checked in a custom-written user interface. We corrected occurrences where the algorithm had detected only one unit of a several-unit syllable or the 6-dB threshold did not accurately represent the whole syllable (more than half of the duration missing). We excluded syllables detected but not clearly visible on the spectrogram, as the species could not be determined with certainty. We checked that the start and end of each syllable matched with the spectrogram and corrected occurrences where the algorithm had detected only one unit of a several-unit syllable or the 6-dB threshold did not accurately capture the entire syllable (more

than half of the duration missing). Finally, the frequency and amplitude parameters were recalculated for each call.



Workflow of the automatic acoustic measurements on the recordings.

We determined the maximum amplitude in the waveform (1) and used a threshold 6 dB below the peak (2) to determine the start and end (3) of each syllable. Start and end were then used to measure the syllable duration (4) and extract the syllable (5) from the recording file. In a next step, we computed an average (Welsh) power spectrum for the syllable (6, left panel) to determine the peak frequency as the frequency of maximum power (7). Finally, we used a threshold 6 dB below the maximum power (8) to determine the maximum and minimum frequency of the syllable (9) and calculate bandwidth.

Microphone calibration procedure

Microphones were calibrated using the free-field substitution method⁵³. In the substitution method the same sound is recorded using two microphones, one with a known frequency-response and a target microphone whose frequency-response needs to be measured. A calibration-grade condenser microphone (46 BF (1/4"), G.R.A.S. Sound & Vibration, Holte, Denmark) with a flat frequency response (0.1-10 kHz <0.5 dB variation) was placed at a distance of 5 m from a speaker (VIFA speaker, Avisoft Bioacoustics, Glienicke, Germany) at height 1.4 m playing back a linear sweep (10-1 kHz, 7 ms). Having

removed the calibration microphone, the target microphone (Sennheiser MKH 416 with windshield) was then placed at the same distance and height. The same speaker playback was also recorded. Microphone positions were verified to be the same relative to the speaker using cross-hair lasers for alignment and a range-finders (BOSCH GLM 50C, Leinfelden-Echterdingen, Germany) for height from ground and distance to the speaker. The microphone and speaker pair were placed in a line at the centre of the room (3.3 × 8.4 m and 2.9 high) – as far as possible from the walls and other reflective surfaces.

The playback had linear sweeps of three durations (3, 5, 7 ms), and finally only the 7 ms sweep was used as it resulted in the most consistent frequency-responses. Despite optimizing speaker-microphone placement, the sweep recordings had non-negligible reflections due to the duration of the sweeps and shape of the room. The direct path of the sweep was obtained by first deconvolving with the known linear sweep template, removing the reflection peaks, and then convolving the original sweep. The sensitivity of the GRAS 46BF was measured using a calibrator playing a 1 kHz tone at 94 dB SPL (B&K Type 4231, Virum, Denmark). All recordings were made using an handheld recorder (Tascam Portacapture X6) running at 96 kHz sampling rate and the appropriate gain values for each recording were noted to compensate for final sensitivity calculations.

Using the known sensitivity of the GRAS 46BF, the spectral received levels in dB SPL rms were calculated for each frequency band of the linear sweep. For the target microphone, the spectral received levels of the linear sweep in arbitrary units RMS was calculated. The final sensitivity of the target microphone was calculated by dividing the known sound-pressure-level with the received level in arbitrary units.

Song amplitude quality check

In addition to the spherical spreading of sound, the fading of sounds over distance is also partly due to the absorption of sound energy by the air (atmospheric attenuation), and the attenuation coefficients are frequency- and weather-dependent⁵⁰. Since the microphone was placed on the riverbank, the river noise recorded originated from closer to the microphone than the bird's song; therefore, correcting for atmospheric attenuation directly in the recordings would result in overcompensating the noise level. To avoid this, we calculated the atmospheric attenuation at the syllable's peak frequency using ambient temperature and humidity at the time of recording to calculate the atmospheric attenuation bias, that is,

by how much we underestimated the source level by not correcting for atmospheric attenuation at the peak frequency⁴⁸,

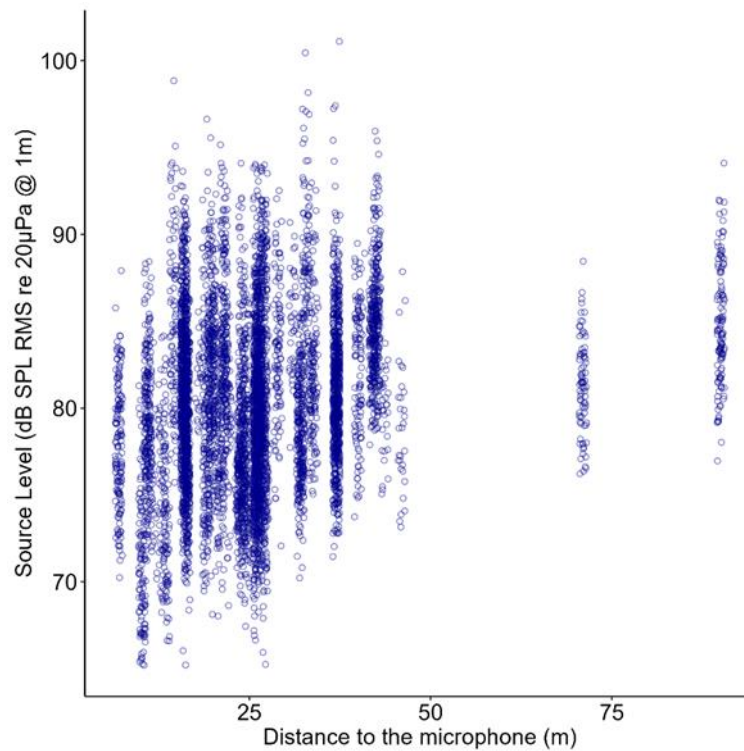
In a quality-check step, we looked at how our measures of song amplitude varied according to the syllable detection method (-6 dB threshold below maximum amplitude on the envelope, frequency peak detection, cross-correlation window, or manual definition), the distance to the microphone, and the atmospheric attenuation bias. We built a Gaussian GLMM (identity link function) with the bird ID and recording number as random effects. The effect size of the atmospheric attenuation bias on the song source level was close to -1 dB, indicating that we slightly underestimated the source level by the amount of atmospheric attenuation we did not correct for. Hence, we corrected the source level by the amount of the atmospheric attenuation bias and used this measure in further analyses.

Quality check of the song source level measures.

Estimate (posterior mean) and 95% credible interval of the Gaussian GLMM examining the effects of measurement methods on the song source level (N=7482, 14 dippers). Results which credible interval does not overlap zero are shown in bold. The reference level is the syllable definition using the -6-dB threshold below peak amplitude with average distance to the microphone and atmospheric attenuation bias.

	Predictor	Estimate [95% credible interval]
	(Intercept)	80.37 [79.10, 81.60]
Potential bias due to the recording method	Distance to the microphone (10m)	1.20 [0.73, 1.68]
Potential bias due to non compensations	Atmospheric attenuation bias (dB)	-0.92 [-1.09, -0.73]
Potential bias due to the measurment method	Syllable definition (manual)	-1.12 [-1.28, -0.96]
	Syllable definition (frequency tracking)	-3.87 [-4.24, -3.48]
	Syllable definition (cross correlation)	-2.98 [-3.35, -2.58]
Random effects	<i>Variance of random effect (recording)</i>	9.98
	<i>Variance of random effect (Bird ID)</i>	1.65
	<i>Variance of residuals</i>	10.39

The bias due to distance was especially strong here since we used the entire dataset for this analysis. In practice, the signal-to-noise ratio of the recording decreased drastically when a bird was farther away because the received level of the song decreases proportionally to the square of the distance while the ambient noise remains unchanged. However, as shown below, the highest source level did not change with the distance from the microphone. This shows that the bias due to distance was correctly corrected in the acoustic analysis.



Song source level as a function of the distance to the microphone.

Note that the average source level increases when the birds are further away, which is due to the filtering of fainter syllables that are drowned out by the noise when the bird is further away from the microphone. However, the maximum source level as a function of the distance remains constant.

Syllable complexity score

We scored the syllable complexity according to four criteria: presence of several, non-temporally overlapping units; trills (at least three reversal frequency modulations not separated by silences); several units overlapping in time suggesting the use of the two sides of the syrinx independently; and ratio between the syllable bandwidth and duration (i.e. index of frequency modulation) lower than 0.25. Each syllable was scored for each of the four categories (trait present/absent).

Blinking rate and song amplitude

Since we recorded only one measure of blink rate per recording, and each recording contained 1-164 song syllables, we selected in each recording the 95th percentile of the RMS syllable amplitude of trilled single-element syllables, which were reliably present in all recordings. The 95th percentile is a reliable estimate of the maximum amplitude^{51, 52, 54}.

Statistical analysis

426 All statistical analyses were performed in R v 4.2.2 in a Bayesian framework with the packages *rstanarm*
427 v. 2.32.1 and *bayesplot* v. 1.10.0. Models were run with default, non-informative priors. We ensured the
428 models had mixed correctly by inspecting chain plots, and we checked model fit by performing posterior-
429 predictive checks as advised by Gabry (2022)⁵⁵.

430

431 Statistical model parameters

Model	Response variable	Fixed effects	Random effects	Sample size	Family	Link function	Number of iterations	Warm-up	Thin rate	Results
Quality check	RMS song level	Call detection method Distance to the bird Atmospheric attenuation bias	Bird ID Recording ID	7520 syllables, 14 birds	Gaussian	identity	5000	1000	10	STAR methods: Quality check of the song source level measures
Song amplitude according to other parameters	RMS song level corrected for atmospheric attenuation	Trill criterion Element criterion Two-voice criterion Fast FM criterion Syllable duration Bandwidth Peak frequency Sex River noise	Bird ID Recording ID	7482 syllables, 14 birds	Gaussian	identity	5000	1000	10	Table S3
Trill composition	Trill criterion	River noise Blink rate Presence of conspecific Sex Peak frequency	Bird ID	7482 syllables, 14 birds	Binomial	logistic	4000	1000	4	Table 2
Composition in syllables with several elements	Element criterion	River noise Blink rate Presence of conspecific Sex Peak frequency	Bird ID	7482 syllables, 14 birds	Binomial	logistic	4000	1000	4	Table 2

Two-voice syllable composition	Two-voice criterion	River noise Blink rate Presence of conspecific Sex Peak Frequency	Bird ID	7482 syllables, 14 birds	Binomial	logistic	4000	1000	4	Table 2
Fast FM syllable composition	Fast FM criterion	River noise Blink rate Presence of conspecific Sex Peak frequency	Bird ID Recording ID	7482 syllables, 14 birds	Binomial	logistic	4000	1000	4	Table 2
Blinking response to playback	Blinking rate	Playback phase Aggressivity score	Bird ID	30 observations, 15 birds	Gaussian	identity	5000	1000	5	Table S1
Blinking rate according to river noise	Blinking rate	River noise Conspecific presence River noise : conspecific presence Sex Observer ID	Bird ID	403 observations, 22 birds	Gaussian	identity	5000	1000	5	Table S2
Blinking rate according to song amplitude	Blinking rate	River noise Song level Conspecific presence Song level : conspecific presence	Bird ID	114 observations, 11 birds	Gaussian	identity	5000	1000	5	Table 1

432

433 Plasticity in song complexity

434 To assess whether birds modified their song structure in response to river noise, we quantified the
435 proportion of syllables that met one or several complexity criteria across noise levels (Table S4). For
436 this, we built one binomial model for each criterion with a score of whether or not a syllable satisfied
437 this criterion as a response variable, and river noise, peak frequency, blink rate, bird sex, and the
438 presence of a conspecific as fixed predictors, and bird ID as a random factor.

439 Noise-related differences in song structure could arise from two sources: (1) behavioural plasticity within
440 individuals, or (2) consistent differences between individuals. To distinguish between these

possibilities, we performed two types of inter-individual comparisons. First, we decomposed the noise predictor into two components: inter-individual variation (i.e., subject-specific mean noise level) and intra-individual variation (i.e., deviations from the subject mean). We then refitted the binomial GLMMs used to examine the proportion of syllables in each criterion substituting raw noise level with the two noise components⁵⁶.

A statistically meaningful effect of the subject mean would suggest that the differences in song structure were primarily due to inter-individual variation, reflecting population-level differences. Conversely, a statistically meaningful effect of the deviation from the subject mean would indicate that the observed changes were driven primarily by within-individual plasticity. When evidence pointed towards plasticity, we conducted a second analysis—a random regression—to test whether individuals differed in how they adjusted their song structures in response to noise.

Because random regressions with binomial response variables can be insensitive, we first validated our approach using a simulated data set with the same structure as the real data and known individual variation in response slopes (randomly sampled between 0 and 3 on the log-odds scale)⁵⁷. We refitted the initial model, which included river noise level, conspecific presence, and focal bird sex as fixed effects, under three scenarios:

1. no random effects
2. Bird ID as a random intercept only (replicating the original model)
3. Bird ID as a random intercept and noise as a random slope

We compared the predictive performance of these models using the Leave-One-Out Cross-Validation (LOO)⁵⁸, which yields an estimate of the Expected Log-Predictive Density (ELPD) and its standard deviation (SD). The model with the highest ELPD was considered the best. We deemed differences in model performance statistically meaningful when the ELPD of a lower-ranked model plus twice its SD was still lower than the ELPD of the top model⁵⁸. In the simulated data, the model including random slopes outperformed the other two, confirming that our approach was sufficiently sensitive to detect inter-individual differences in noise-related song adjustment. Results of the simulation are shown below. We applied this full procedure across all four syllable complexity criteria.

Leave-One-Out Comparison on the simulated data, to test if the model would be able to detect differences in behavioural plasticity based on our dataset using random structures.

The simulated slopes for the 13 birds were 0.13, 0.33, 0.75, 10.3, 1.12, 1.21, 1.74, 1.95, 2.03, 2.06, 2.15, 2.57, and 2.73. The model with random slope has more predictive power than the other two

models, indicating that comparing the models with and without random slopes will enable the detection of significant differences in behavioural plasticity in our dataset. ELPD: expected log-predictive density.

Model	ELPD difference	Standard error of ELPD difference	Model has worse predictive power
Random slope and intercept	0	0	(best model)
Random intercept only	-95.357	13.345	Yes
No random effect	-228.092	19.899	Yes

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619 4.

KEY RESOURCES TABLE

RESOURCE	SOURCE	IDENTIFIER
Software and Algorithms		
<i>Python</i> version 3.11	Python Software Foundation	http://www.python.org
Package <i>scipy</i> version 1.13.0	Virtanen et al. ⁴¹	https://scipy.org/
Package <i>Scikit-maad</i> version 1.4.2	Ulloa et al. ⁴²	https://scikit-maad.github.io/
Package <i>Numpy</i> version 1.26.4	Harris et al. ⁴³	https://numpy.org/
Package <i>Matplotlib</i> version 3.8.4	Hunter ⁴⁴	https://matplotlib.org/
Package <i>Soundfile</i> version 0.12.1	B. Bechtold	https://python-soundfile.readthedocs.io/
Package <i>Scikit-learn</i> version 1.5.0	Pedregosa et al. ⁴⁵	https://scikit-learn.org/
R version 4.2.2	The R Foundation for Statistical Computing	R: The R Project for Statistical Computing, https://www.r-project.org
Package <i>rstanarm</i> version 2.32.1	Goodrich et al. ⁴⁶	https://mc-stan.org/rstanarm
Package <i>bayesplot</i> version 1.10.0	Gabry & Mahr ⁴⁷	https://mc-stan.org/bayesplot/

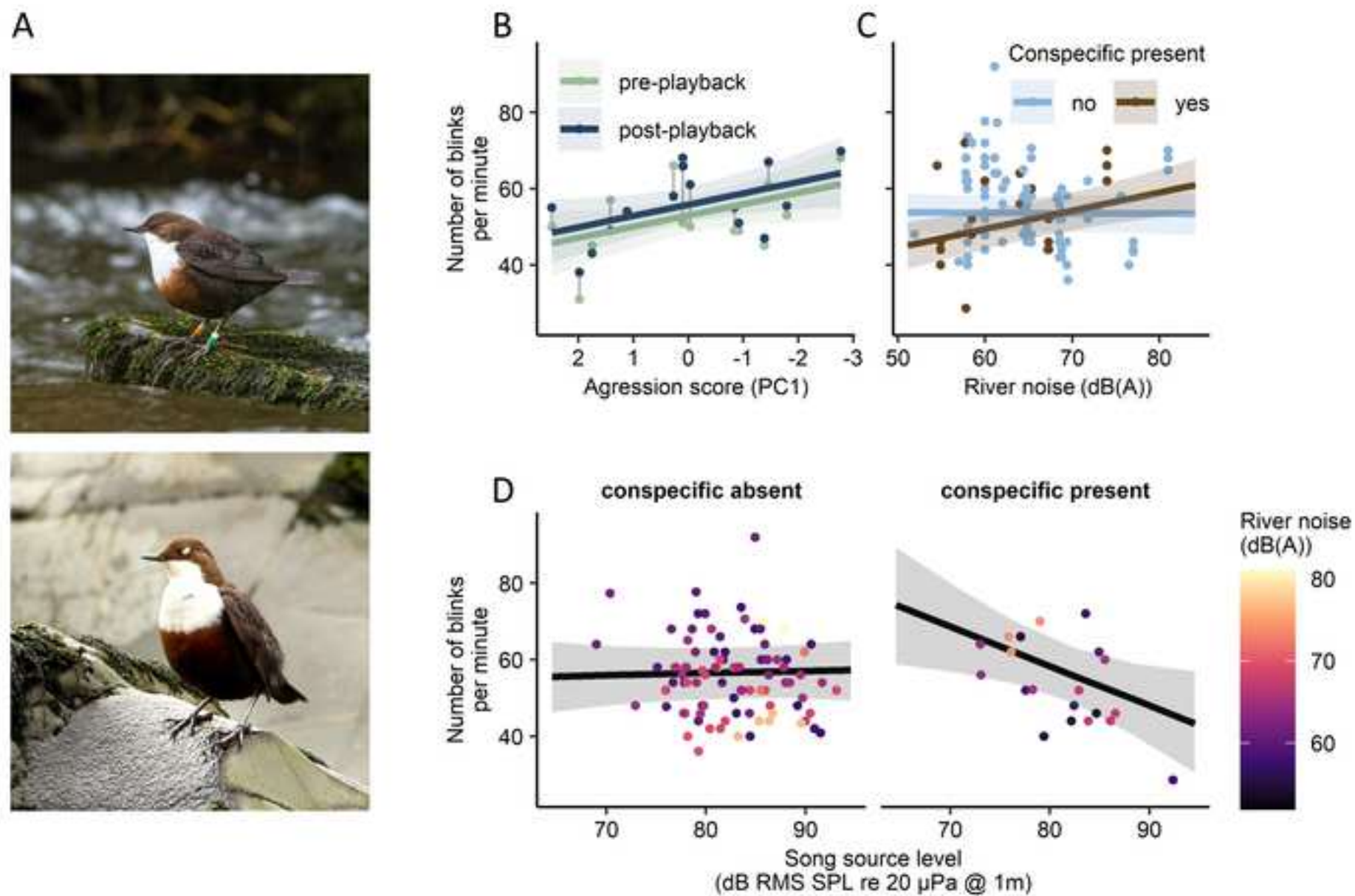
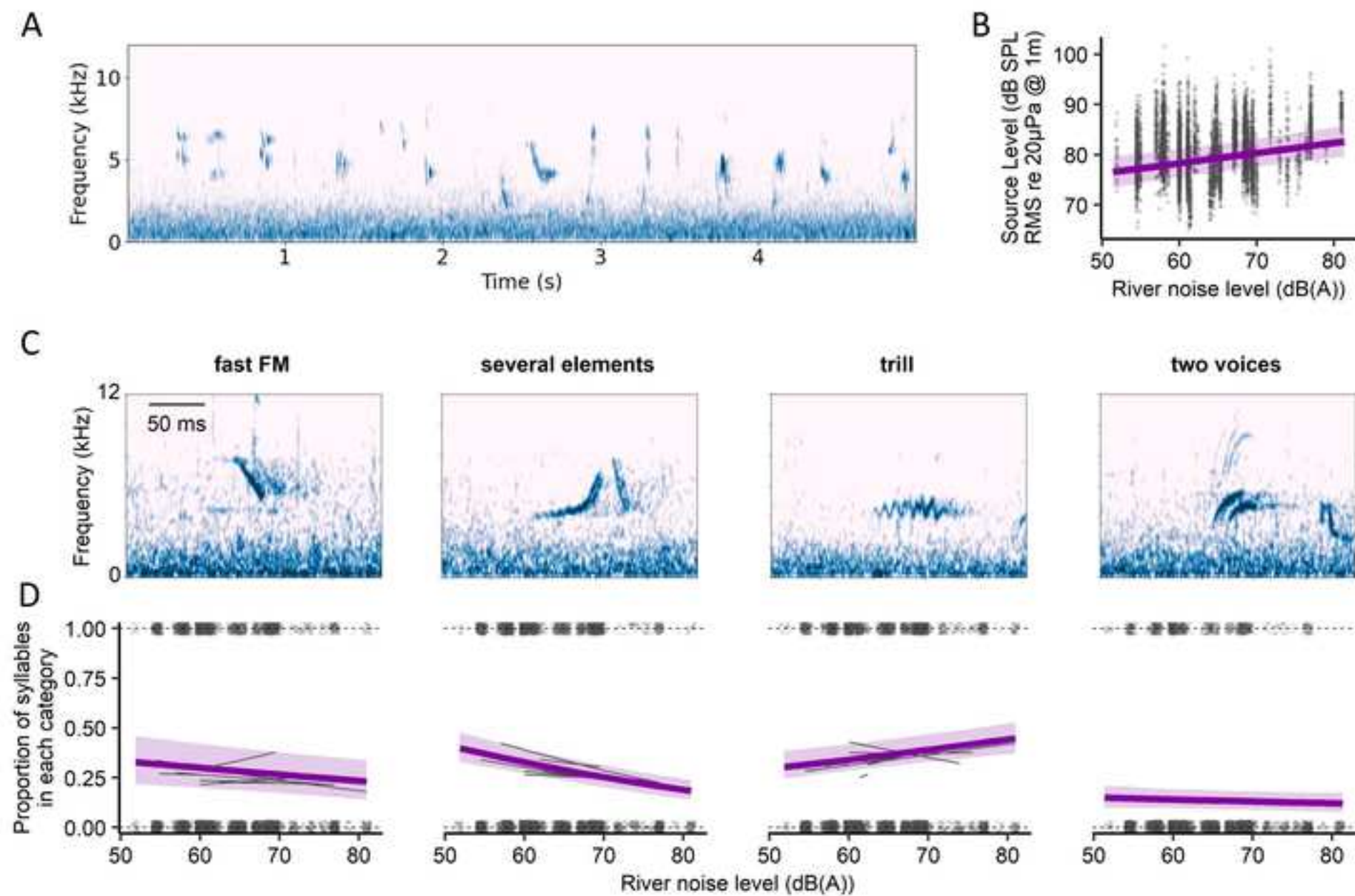


Figure 2

[Click here to access/download;Figure;Figure2new.jpg](#)



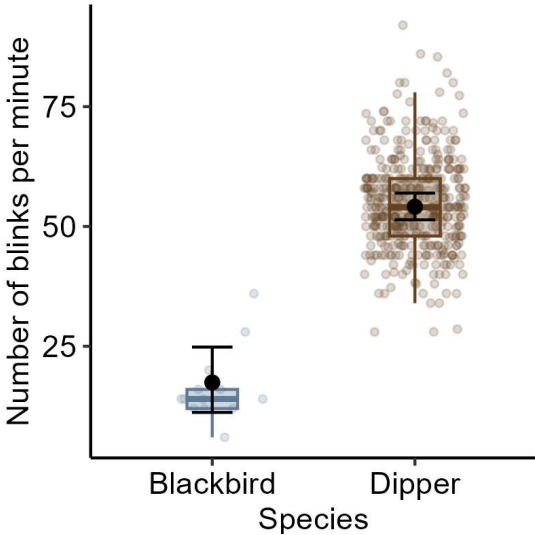


Figure S1. Blink frequency differences between blackbirds and dippers.

The blackbird data are based on 13 observations of six birds. On average, the blackbirds blinked 16.4 ± 7.8 times per minute. Dippers blinked markedly more frequently, with 36.6 [29.1, 43.5] more blinks per minute than the blackbirds (Gaussian GLMM with bird ID as a random effect and species as a fixed effect). Related to Figure 1.

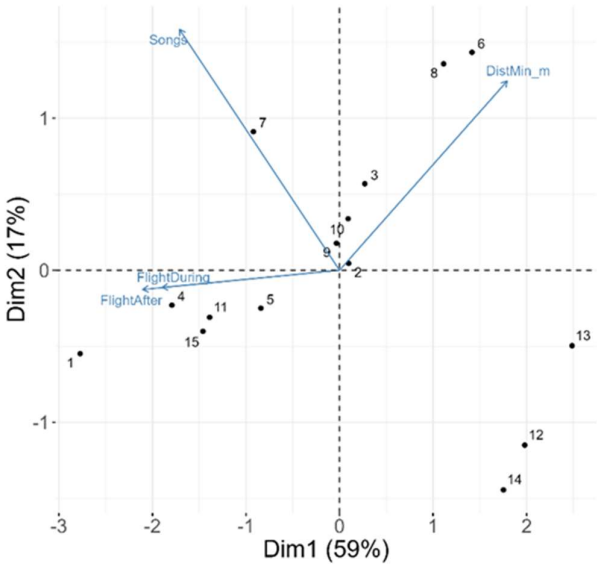


Figure S2. Principal Component Analysis (PCA) biplot of the aggression score of dippers in response to playback presentation.

The plot shows the relationships between 15 observations and 5 behavioral variables. Observations are represented as points (labeled 1–15), while variables are shown as blue arrows indicating their contribution and direction in the reduced two-dimensional PCA space (Dim1 and Dim2). The length and orientation of the arrows represent the strength and direction of each variable’s influence. Related to STAR Methods.

Predictor	Estimate [95% credible interval]
(Intercept)	52.99 [48.33, 57.61]
Playback phase (after)	2.85 [-0.95, 6.70]
Aggression score (PC1, negative => more aggressive)	-2.98 [-5.82, -0.13]
<i>Variance of random effect (Bird ID)</i>	34.3
<i>Variance of residuals</i>	13.5

Table S1. Dippers blink more when they respond more aggressively.

Estimate (posterior mean) and 95% credible interval of the Gaussian GLMM examining the effects of playbacks on dipper blink rate (N=15 dippers). Results which credible interval does not overlap zero are shown in bold. Reference level is the blinking rate before the playback started in birds with an average aggression score. Related to Figure 1.

Predictor	Estimate [95% credible interval]
(Intercept)	53.55 [48.72, 58.19]
River noise level (per 6 dB(A))	-0.06 [-0.96, 0.80]
Conspecific present	-1.22 [-3.40, 0.98]
River noise level:conspecific present	2.95 [1.17, 4.84]
Sex (Male)	1.40 [-4.71, 7.71]
Observer 2	-3.29 [-7.63, 0.60]
Observer 3	2.07 [-6.05, 11.26]
<i>Variance of random effect (Bird ID)</i>	26.5
<i>Variance of residuals</i>	57.3

Table S2. Dippers blink more when a conspecific is within 25m.

Estimate (posterior mean) and 95% credible interval of the Gaussian GLMM examining the effects of river noise and the presence of a conspecific on the dipper blink rate on the full dataset (N=403, 22 dippers). Results which credible interval does not overlap zero are shown in bold. The reference level is female birds with no conspecific within 25 m and at average river noise level. Related to Figure 1.

Predictor		Estimate [95% credible interval]
	(Intercept)*	78.45 [75.63, 81.40]
Environmental parameters	River noise level (doubling energy, +6 dB(A))	1.14 [0.59, 1.66]
	Conspecific present	0.36 [-1.04, 1.72]
	Sex (male)	0.62 [-2.99, 3.98]
Acoustic syllable parameters	Duration (10 ms)	-0.04 [-0.07, -0.01]
	Peak frequency (1 kHz)	-0.13 [-0.22, -0.04]
	Bandwidth (1 kHz)	-1.21 [-1.36, -1.06]
Syllables category	2 voices	0.39 [0.17, 0.60]
	Trill	0.76 [0.59, 0.92]
	Several elements	0.15 [-0.02, 0.35]
	Fast FM	0.73 [0.51, 0.93]
Measurement method	Syllable definition (manual)	-0.81 [-0.99, -0.64]
	Syllable definition (frequency tracking)	-3.62 [-3.98, -3.27]
	Syllable definition (cross correlation)	-2.72 [-3.11, -2.33]
	<i>Variance of random effect (recording)</i>	9.93
	<i>Variance of random effect (Bird ID)</i>	3.85
	<i>Variance of residuals</i>	9.94

Table S3. Dipper song syllable source level according to the context, acoustic parameters and measurement parameters.

Estimate (posterior mean) and 95% credible interval of the Gaussian GLMM examining the effects of context and syllable characteristics on the syllable source level (N=7482, 14 dippers). Results for which the credible interval does not overlap zero are shown in bold. Related to Figure 2.

* The reference level is female birds with no conspecific within 25m, with average river noise level and syllable parameters, and a syllable belonging to none of the complexity categories. The reference syllable definition is the -6dB threshold below peak amplitude.

Proportion of syllables with	Model	ELPD difference	Standard error of ELPD difference	Model has worse predictive power
several elements	Random slope and intercept	0	0	(best model)
	Random intercept only	-0.914	1.711	No
	No random effect	-11.796	5.156	Yes
trills	Random slope and intercept	0	0	(best model)
	Random intercept only	-4.755	2.731	No
	No random effect	-15.378	5.621	Yes
fast FM	Random slope and intercept	0	0	(best model)
	Random intercept only	-0.979	2.302	No
	No random effect	-18.161	6.272	Yes

Table S4. Leave-One-Out Comparison of the models with different random structures to test for individual differences in noise-induced adjustments of song composition.

Results for which the credible interval does not overlap zero are shown in bold. ELPD: expected log-predictive density. Related to Figure 2.