Accelerated erosion and sediment fluxes in the Ayeyarwady River due to anthropogenic activities

3 Xiaolong Dong¹, Xiumian Hu^{1*}, Guangwei Li^{1*}, Eduardo Garzanti², Yani Najman³, 4 Wendong Liang⁴, Yuntao Tian⁵, Jiangang Wang⁶

5 (1) State Key Laboratory of Critical Earth Material Cycling and Mineral Deposits,
6 School of Earth Sciences and Engineering, Nanjing University, Nanjing 210023, China
7 (2) Laboratory for Provenance Studies, Department of Earth and Environmental
8 Sciences, University of Milano-Bicocca, Milano 20126, Italy

9 (3) Lancaster Environment Centre, Lancaster University, Lancaster LA1 4YQ, UK

(4) State Key Laboratory of Oil and Gas Reservoir Geology and Exploitation, Institute
of Sedimentary Geology, Chengdu University of Technology, Chengdu 610059, China

12 (5) Guangdong Provincial Key Lab of Geodynamics and Geohazards, School of Earth

13 Sciences and Engineering, Sun Yat-sen University, Guangzhou 510275, China

14 (6) State Key Laboratory of Lithospheric and Environmental Coevolution, Institute of

15 Geology and Geophysics, Chinese Academy of Sciences, Beijing 100029, China

16 *Corresponding authors: Xiumian Hu (<u>huxm@nju.edu.cn</u>); Guangwei Li
17 (<u>guangweili@nju.edu.cn</u>)

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19 Abstract

20 Human activities have a strong impact on global climate and natural ecosystems, 21 yet the extent of their influence on long-term natural erosional processes remains poorly 22 determined. A quantitative analysis is needed. The Ayeyarwady River, renowned for its 23 large sediment flux ranking second in Asia, provides a compelling case study. We here 24 show that extensive alluvial mining in the Ayeyarwady catchment has strongly 25 accelerated erosion rates compared to natural benchmark levels, thereby contributing 26 to its high sediment discharge. To highlight this point, we assessed present-day erosion rates in diverse catchments by comparing gauged sediment fluxes with long-term 27

28 natural erosion rates derived from detrital-apatite fission track (AFT) and cosmogenic 29 ¹⁰Be data. Our findings reveal a stark contrast. Long-term natural erosion rates were notably higher in the Upper Ayeyarwady (0.06-0.34 mm/a) than in the Upper Chindwin 30 31 $(0.02 \pm 0.005 \text{ mm/a})$, whereas present-day erosion rates are three times higher in the 32 Upper Chindwin $(0.63 \pm 0.05 \text{ mm/a})$ than in the Upper Ayeyarwady $(0.19 \pm 0.02 \text{ mm/a})$. 33 Particularly noteworthy are the Upper Chindwin and Mu drainages, where erosion rates 34 are calculated to have increased by more than an-order-of-magnitude relative to longterm natural background rates. Such a striking increase in erosion rate correlates 35 36 positively with the spatial distribution of alluvial mining, suggesting that anthropogenic 37 activities represent an important contributor to the sediment discharge of the modern 38 Ayeyarwady River, especially for the Upper Chindwin catchment. The observed 39 increases in sediment fluxes from long-term to present-day timescales across the 40 Chindwin, Upper Ayeyarwady, and entire Ayeyarwady catchments may also be 41 attributed to by land-use expansion related deforestation, and intensified precipitation 42 in the 20th-century. These results underscore how human activities can drastically 43 accelerate erosional processes, thus exerting a dramatic impact on natural systems.

44 Plain Language Summary

45 Human activities are known to significantly affect global climate and natural 46 ecosystems, but their impact on long-term erosional processes remains to be quantitatively assessed. In this study, we show that extensive alluvial mining in the 47 48 Ayeyarwady catchment has strongly accelerated erosion compared to natural 49 background levels, thereby contributing to its very high sediment discharge. By 50 comparing modern erosion rates with long-term natural erosion rates, we discovered a 51 major discrepancy. Natural erosion rates were much higher in the Upper Ayeyarwady 52 basin than in the Upper Chindwin basin. But, in stark contrast, present-day erosion rates 53 are three times higher in the Upper Chindwin than in the Upper Ayeyarwady. The 54 erosion rates in the Upper Chindwin and Mu drainage basins are calculated to have increased by more than one order of magnitude relative to past natural erosion rates. 55

These findings reveal a strong link between mining and increased sediment discharge, with land-use expansion related deforestation, and increasing precipitation in the 20thcentury making contributions to all Ayeyarwady sub-catchments. This study shows that human activities can dramatically accelerate erosion, strongly impacting sediment discharge, natural landscapes, and ecosystems.

61 Key Points

- Long-term natural erosion rates were higher in the Upper Ayeyarwady than in the
 Upper Chindwin (0.06-0.34 mm/a vs. 0.02 mm/a)
- Present-day erosion rates are higher in the Upper Chindwin (0.63 ± 0.05 mm/a),
 where they increased by more than one order of magnitude

Anthropogenic activities represent an important contributor to sediment discharge
 of the modern Ayeyarwady River

Key words: Anthropocene, Human impact, Long-term erosion rates, Present-day
erosion rates, Ayeyarwady

70 1. Introduction

71 Human activities can significantly influence erosion at decadal to annual 72 timescales thus accelerating sediment production in river catchments by deforestation 73 (e.g., in the southern Ecuadorian Andes; Vanacker et al., 2007), agricultural land use 74 (e.g., Sri Lanka; Hewawasam et al., 2003), and alluvial mining (e.g., global tropical 75 rivers; Dethier et al., 2023). Recent remote-sensing research has shown that alluvial 76 mining has notably increased sediment load in tropical drainages since 1990 (Dethier 77 et al., 2023). Human impact on sediment production began 3000 years ago and 78 markedly accelerated in the last thousand years (Best, 2018; Syvitski and Kettner, 2011). 79 Remote-sensing techniques, however, were able to detect such changes only since the 80 1980s and quantifying the extent of accelerated erosion and sediment discharge relative 81 to natural background fluxes remains a challenge despite such recognized impacts (Best, 82 2018; Lindert, 2000).

83 The Ayeyarwady (Irrawaddy) River, draining most of Myanmar, ranks second in 84 Asia in terms of sediment fluxes (Figure 1a); flux is particularly high in the Upper 85 Chindwin catchment, a major tributary of the Ayeyarwady (Figure 1b). Previous studies 86 estimated that the Chindwin River contributes more than half of the Ayeyarwady 87 sediment load despite covering only ~26% of the total catchment area (Garzanti et al., 88 2016). Such a high sediment contribution was primarily ascribed to the higher 89 erodibility of siliciclastic rocks widely exposed in the Chindwin catchment (Garzanti 90 et al., 2016). However, the potential impact of anthropogenic activities such as 91 extensive jade and gold mining (Shrestha et al., 2020) was not considered. To 92 investigate the potential anthropogenic impact, a combined approach is here applied to 93 quantify the human-induced increment of sediment production relative to natural 94 background values by comparing present-day to long-term natural erosion rates. 95 Present-day erosion rates were calculated directly from gauged suspended-load and 96 reported modeled bedload data wherever available (Cohen et al., 2022), combined with 97 forward mixing modeling (Garzanti et al., 2012) in sub-catchments where gauged data 98 are unavailable. Long-term natural erosion rates were inferred from both numerical 99 inversion of detrital AFT ages (million-year timescale) and cosmogenic ¹⁰Be (thousand-100 year timescale). The comparison of these independent datasets highlights how the very 101 high present-day sediment fluxes in the Ayeyarwady River largely result from anthropic 102 activities. This study thus underscores the impact that human activities may have on the 103 acceleration of erosion and on sediment fluxes in large river systems.

104

2. The Ayeyarwady River

105 The Ayeyarwady River (drainage basin ~430,000 km²) flows southward across 106 Myanmar for ~2170 km and forms a large delta distributary network before discharging 107 into the Andaman Sea. The Upper Ayeyarwady originates from the confluence of the 108 Nmai and Mali headwater branches, both sourced from high mountain glaciers in 109 northernmost Myanmar, ~280 km southeast of the eastern Himalaya syntaxis (Figures 110 la and lb). The Upper Ayeyarwady upstream of the Chindwin confluence is joined from 111 north to south by the Taping, Shweli and Myitnge left-bank tributaries, and farther 112 downstream by the Mu River near Sagaing. The principal tributary by far is the 113 Chindwin River, which runs southward along the eastern edge of the Indo-Myanmar 114 Ranges, receives its left-bank Uyu and right-bank Myitha tributaries, and finally joins 115 the Ayeyarwady River to the southeast of Mandalay. Only minor tributaries contribute 116 to the Lower Ayeyarwady between the Chindwin confluence and the sea.

117 2.1. Hydrology and sediment flux

118 Most of the Ayeyarwady basin is dominated by the southwest Asian monsoon and 119 thus characterized by tropical monsoonal climate, with most precipitation and discharge 120 between June and September (Zaw et al., 2017). Rainfall varies markedly across the 121 basin, from ~500 mm in central areas to 4,000 mm in northern mountainous regions 122 (Sirisena et al., 2021) (Figure 1c). Average and maximum water discharge are estimated 123 to be 12,000 m³/s and 42,100 m³/s, respectively (Baronas et al., 2020).

124 The Ayeyarwady River is less regulated compared to other major rivers in Asia, 125 such as the Yangtze, Mekong, or Salween (Wang et al., 2011; Dethier et al., 2022). 126 There are no large dams on the main river and only small dams exist on a few tributaries (Schmitt et al., 2021). The annual suspended-load flux of the Ayeyarwady River at Pyay 127 was estimated as 326_{-70}^{+91} million tons (Mt) in 2017-2019 (Baronas et al., 2020), 128 129 consistent with previous estimates of 325 ± 57 Mt (Furuichi et al., 2009) and 364 ± 60 130 Mt (Robinson et al., 2007). Notably lower figures (265 Mt) were estimated in the 131 nineteenth-century (Gordon, 1885). The two main branches, the Chindwin and the 132 Upper Ayeyarwady, contributed annually ~120 Mt at Kalewa over the period 1991-2010 133 (Sirisena et al., 2021) and ~64 Mt at Sagaing (International Finance Corporation (IFC), 2017), between 1990 and 2010. 134

135 2.2. Geological background

136 The Ayeyarwady catchment can be subdivided into four main geological domains

137 (Figure 1b): the Indo-Myanmar Ranges (IMR) in the west, the Central Myanmar Basin 138 (CMB), the Mogok Metamorphic Belt (MMB) in the north, and the Shan Plateau in the 139 east. The IMR, located to the west of the Kabaw Fault, is a Mesozoic-Cenozoic 140 accretionary prism (Betka et al., 2018), comprising Triassic schists, Jurassic ophiolites, 141 and Cretaceous sedimentary rocks in the IMR core (Brunnschweiler, 1966; Suzuki et 142 al., 2004), Eocene sedimentary rocks in the Inner IMR (Mitchell, 1993; Naing et al., 143 2014), and Neogene strata in the Outer IMR (Allen et al., 2008). The CMB hosts a \geq 144 10-km-thick Cretaceous to Quaternary forearc and backarc basin succession 145 accumulated in various depocenters separated by the mid-Cretaceous-Miocene 146 Wuntho-Popa Arc (Kyaw Linn et al., 2015; Licht et al., 2020). The MMB is an 147 elongated domain of up to high-grade metamorphic rocks and Permian to Miocene 148 granitic intrusions, separated by the ophiolite-bearing belt from Precambrian 149 metamorphic basement and Triassic turbidites of the Katha Gangaw Range in the west 150 (e.g., Mitchell et al., 2012) (Figure 1b). The easternmost domain, the Shan Plateau, 151 exposes Neoproterozoic-Paleozoic sedimentary rocks intruded by Cambrian to 152 Mesozoic granitoids (Bender, 1983).

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3. Sampling and methods

154 In 2013 and 2020, fifteen fine to medium sand samples were collected from active 155 fluvial bars along the Ayeyarwady River and its major tributaries from northern 156 Myanmar headwaters to the Ayeyarwady Delta. Sampling sites were selected away 157 from the tributaries conference and urban or village areas to make samples 158 representative. Prior to collection, the top 10 cm of surface sand was removed to 159 minimize wind disturbance effects. Ten new sand samples were analyzed for framework 160 petrography and heavy minerals, while five headwater samples, previously analyzed by 161 Garzanti et al. (2016), were also included. Additionally, thirteen samples were selected for detrital apatite fission track (AFT) analysis, and nine were used for cosmogenic ¹⁰Be 162 163 measurement. Full information on sample locations is provided in Supporting

164 Information S2, Tables S1.

165 3.1. Petrography and heavy minerals analysis

166 Ten sand samples (seven from the mainstem and one each from the Chindwin, Mu, 167 and Yaw rivers) were analyzed for petrography and heavy minerals to calculate a 168 provenance budget (Supporting Information S2, Tables S2, S3). From each sand sample, 169 a quartered fraction of the 63-2000 µm class obtained by wet sieving was impregnated 170 with analytic epoxy and cut into a standard thin section. Petrographic analyses were 171 carried out by counting more than 400 points on each thin section according to the 172 Gazzi-Dickinson method (Ingersoll et al., 1984). Sand classification was based on the 173 relative abundance of the three main framework components quartz (Q), feldspars (F), 174 and lithic fragments (L), considered if exceeding 10% QFL (Garzanti, 2019).

175 From a split aliquot of the 32-500 µm size window obtained by wet sieving, heavy 176 minerals were separated by centrifuging in Na-polytungstate (2.90 g/cm³). More than 177 200 transparent heavy minerals (tHM) were point-counted at appropriate regular 178 spacing to minimize overestimation of smaller grains (Garzanti and Andò, 2019). 179 Dubious grains were checked by Raman spectroscopy (Andò and Garzanti, 2014). The 180 source rock density (SRD; g/cm³) index is the weighted average density of terrigenous 181 grains calculated from point-counting mineralogical data. According to the transparent-182 heavy-mineral concentration (tHMC) in the sample, tHM suites are defined as very 183 poor (tHMC < 0.5), poor (0.5 \leq tHMC < 1), moderately poor (1 \leq tHMC < 2), 184 moderately rich ($2 \le \text{tHMC} \le 5$), rich ($5 \le \text{tHMC} \le 10$) or very rich (tHMC ≥ 10) 185 (Garzanti and Andò, 2007). The complete dataset is provided in Supporting Information 186 S2, Tables S2, S3.

187 3.2. Apatite fission track (AFT) analysis and calculation of erosion rates188 at million-year timescale

189 Detrital AFT analyses were performed on thirteen sand samples using the LA-ICP190 MS method (Hasebe et al., 2004). Polished mounts embedded with apatite grains were

191 etched in 5 M HNO₃ at 20°C for 20 s to reveal spontaneous fission tracks (Barbarand 192 et al., 2003). Fission-track counting was carried out using a Zeiss Axio Imager M2m 193 microscope. Stacks of high-resolution digital images of each selected grain were then 194 captured by TrackWorks with a ×100 dry objective under both transmitted and reflected 195 light using a highly-sensitive and fast iDS camera at Nanjing University. Track counting 196 was performed manually in FastTracks using the coincidence mapping technique 197 (Gleadow et al., 2009). The etch pit diameter (Dpar) of selected grains was also 198 determined. Uranium concentration in each counted grain was determined by LA-ICP-199 MS using an Agilent 8900 ICP–QQQ with an ESI New Wave NWR 193UC (TwoVol2) 200 laser ablation system at the Beijing Quick-Thermo Science & Technology Co., Ltd. 201 NIST SRM 612 glass was used to calibrate trace elements using calcium as internal 202 standard. Reference materials were analyzed twice, before and after each analytical 203 session, each time including 8 spots. Ablation on selected grains and reference materials 204 was carried out for 30 s after ~ 10 s baseline signal collection, using a 30 μ m or 40 μ m diameter beam size according to apatite grain size, operated at $\sim 3 \text{ J/cm}^2$ fluence with 5 205 206 Hz repetition rate. Because of large uncertainties, apatite grains with uranium 207 concentration < 2 ppm were excluded from further analysis. In this study, 1,270 single-208 grain AFT ages were obtained from 13 samples (Figure 3); 35 grains were excluded 209 from age calculations because of their low uranium concentration (< 2 ppm) and 210 consequently high age uncertainties. The complete datasets are provided in Supporting 211 Information S2, Tables S4.

212 3.3. Calculation of catchment-wide erosion rates at million-year

213 timescales from detrital cooling ages

Million-year timescale exhumation rates were obtained from inversion modeling of detrital AFT ages based on age-elevation relationship. Fission-induced damage tracks in apatite are annealed at temperatures over 60-120°C (Gallagher, 1998), so that fission-track ages reflect cooling associated with exhumation from crustal depths of 2– 5 km. We employed a Bayesian estimation of erosion model implemented with 219 MATLAB (Avdeev et al., 2011), which has been shown to efficiently invert temporally 220 variable erosion histories from detrital dates. The applied approach relies on the primary 221 assumption that sands were derived from a catchment with a monotonic positive 222 thermochronological age-elevation (or depth) relationship. Based on this assumption 223 and using a detritus sampling function, a distribution of detrital dates can be predicted. To compare predictions against observations, the goodness of the assumed age-224 225 elevation (or depth) relationship was evaluated and optimized through computational 226 iterations. Finally, a catchment erosional history was derived from the slopes of the 227 optimal age-elevation (or depth) relationship, as illustrated in previous studies (Ye et 228 al., 2022; Zhuang et al., 2018).

229 We assumed a vertical exhumation pathway and a flat closure isotherm, so that, 230 bedrock ages are a function of elevation only (Duvall et al., 2012). This allows us to 231 infer the age-elevation relation of source catchment from detrital ages [i.e., for the 232 observed detrital ages t_i (i = 1,2,3...p), we retrieved the elevations z_i (i = 1,2,3...p) in 233 the source area]. The elevation points were sampled by the MCMC (Markov chain 234 Monte Carlo) algorithm (e.g., Avdeev et al., 2011, Duvall et al., 2012). According to 235 each t-z path, the detrital ages can be converted into elevation points, allowing the 236 derivation of its probability distribution function.

237 For N detrital ages, we assume that these particles are uniformly distributed across 238 the watershed. Therefore, the elevation distribution of these particles should represent 239 a sample chosen from the overall watershed elevation data (i.e., the elevation 240 distribution of the particles and the watershed elevations are assumed to be independent 241 and identically distributed). Consequently, we selected N elevation samples from the 242 watershed and assigned age values to these samples based on their elevation in 243 increasing order, thus obtaining the age-elevation curve. To determine whether the CDF 244 (cumulative probability function) of these chosen points matches that of the source 245 catchment hypsometry, we turned to the two-sample Kuiper test that is (relatively to the 246 Kolmogorov-Smirnov test) insensitive to the tails of the distribution and guarantees 247 equal sensitivities to all variable values (Kuiper, 1962; Vermeesch, 2007). We used the 248 Kuiper test at the 95% significance level (Ruhl et al., 2005; Vermeesch, 2007) and chose 249 the most proper t-z path that the best collapse the CDF of the source catchment. 250 Accordingly, the slope of the t-z path is the erosion rates of the source area. We choose the last stage slope of the t-z path as the million-year erosion rates. Because the 251 252 monotonic positive thermochronological age-elevation relationship assumption is not 253 valid for the Chindwin basin, the western margin of which consists of a thrust belt (the 254 Kabaw Fault in Figure 1b, Burma Earth Sciences Research Division, 1977), we applied 255 this approach only to the upper Ayeyarwady catchment.

256 3.4. ¹⁰Be-derived basin-averaged erosion rates at thousand-year

257 timescales

Quartz grains were separated from the 125-500 μ m size window of nine sand samples following standard magnetic, heavy-liquid, and acid dissolution procedures at the University of Melbourne (Schaefer et al., 2022). The ¹⁰Be concentrations were then measured by accelerator mass spectrometry (AMS) at the Australian National University. Erosion rates were calculated according to Zhang et al. (2017). In a steadily eroding landscape with rock density ρ_r (calculated according to point-counting data), the catchment-averaged erosion rate (ε) is:

265

$$\varepsilon = (P_{\rm avg}\Lambda) / (N\rho_{\rm r}) \tag{1}$$

where N is the ¹⁰Be concentration in sediment, P_{avg} is the average production rate 266 within the catchment, and Λ is the production attenuation scale in rock (~160 g cm⁻²) 267 (Lal, 1991). Solving equation (1) for ε requires estimates of P_{avg} . Using the Microsoft 268 Excel calculator Cosmocalc (Vermeesch, 2007), we scaled the cosmogenic nuclide 269 270 production rates for each pixel ($\sim 30m \times \sim 30$ m) from SRTM-DEM data for both 271 elevation and latitude to obtain the catchment-averaged production rate (Lal, 1991; Stone, 2000). The shielding factor related to catchment topography was calculated with 272 273 the algorithm of Codilean (2006). Results are reported in Supporting Information S2,

274 Tables **S6**.

275 3.5. Calculation of present-day erosion rates

276 Present-day erosion rates can be directly calculated from sediment fluxes, 277 catchment areas, and average density of source rocks (SRD index obtained from 278 quantitative mineralogical data in the absence of hydraulic-sorting effects; Garzanti and 279 Andò, 2007). For sub-catchments where gauging data were not available, we 280 partitioned gauged sediment fluxes in the mainstem by forward mixing modeling based 281 on integrated petrographic and heavy-mineral data (Garzanti et al., 2012). The forward 282 mixing model assumes that the compositional signature of detritus derived from each 283 end-member source is known accurately, then the relative amount of sediment 284 contributed by diverse tributaries or distinct geological domains (endmembers) can be 285 quantitatively assessed by independent forward-mixing calculations. For each river 286 basin, the composition of detritus (petrography and heavy minerals) derived exclusively 287 from each single geological unit was considered as an endmember.

288 After the relative contributions from different parent sources (e.g., catchments) to 289 a daughter sediment were calculated using the mixing model, they are partitioned 290 among the different sources according to the sediment flux (Mt/a), and a sediment 291 budget is obtained. The average density (g/cm³) of the exposed source rocks was 292 calculated according to sand mineralogy (SRD index of Garzanti and Andò, 2007). 293 Erosion rates for each source (mm/a) can be finally calculated as the ratio between the 294 sediment yield and the average density of exposed rocks (g/cm³). Detailed method, 295 rationale, and endmember choices for forward mixing modeling are described in full in 296 Supporting Information S1, Text S2. The sediment yield is the sum of bedload and 297 suspended load normalized by dividing by the upstream drainage area. Bedload fluxes 298 were adopted from literature modelling data calculated using the WBMsed model 299 (Cohen et al., 2022).

300 **4. Results**

301 4.1. Petrography and heavy minerals

302 Upper Ayeyarwady sand is feldspatho-quartzose with plagioclase > K-feldspar, 303 minor phyllite, schist, and felsitic volcanic rock fragments, and abundant mica (mostly 304 biotite). The rich transparent-heavy-mineral (tHM) suite is dominated by hornblende 305 and epidote, with minor garnet, pyroxene, kyanite, and Cr-spinel (Figure 2). The 306 Chindwin River, by contrast, carries feldspatho-litho-quartzose sand with more quartz 307 and lithic fragments (shale, sandstone, chert, felsitic and microlitic volcanic, 308 phyllite/schist, and serpentine-schist types), and less mica. The moderately rich tHM 309 suite consists of amphibole, clinopyroxene and epidote, with subordinate garnet, 310 kyanite, minor zircon, rutile, enstatite, and rare apatite.

311 The Mu River draining the CMB and the Wuntho-Popa Arc carries litho-312 feldspatho-quartzose sand with abundant felsitic volcanic and sedimentary rock 313 fragments, and rare metamorphic rock fragments. The moderately poor tHM suite 314 includes mainly amphibole and epidote, with subordinate garnet, kyanite, pyroxene, 315 and minor zircon, rutile, and apatite. The Yaw River draining the IBR and CMB carries 316 feldspatho-litho-quartzose sand with plagioclase \approx K-feldspar. Felsitic volcanic and 317 metavolcanic, shale, sandstone, and chert rock fragments are common; mica is rare. 318 The moderately rich, amphibole-dominated tHM suite includes clinopyroxene, epidote, 319 garnet, and minor zircon, titanite, and apatite.

Lower Ayeyarwady feldspatho-litho-quartzose sand is compositionally similar as Chindwin sand (Figure 2) and contains more plagioclase than K-feldspar, mainly pelite, sandstone, slate, phyllite, schist, felsic volcanic, and minor serpentinite-schist lithics, and common mica (mostly biotite). The moderately rich tHM suite mainly consists of amphibole and epidote, with garnet, pyroxene, and minor kyanite, Cr-spinel, zircon, titanite, and apatite.

326 4.2. Detrital AFT results

The Upper Ayeyarwady is characterized by notably younger detrital AFT ages than the Chindwin River (Figure 3), consistent with thermochronological ages of bedrock sources (Figure 1e). In the Upper Ayeyarwady (samples A, B, C, D), single-grain AFT ages range from 538 Ma to 1.8 Ma, with the main peak at ~9 Ma (Figure 3; Supporting Information S2, Tables S5). More than 90% of the grains are younger than 30 Ma, half being younger than 10 Ma.

333 In the Upper Chindwin River, detrital AFT ages (samples L and G) range from 549 334 to 3.2 Ma, with major peaks around 10 Ma and 19 Ma, and minor peaks at 33, 59, and 335 77 Ma. About one-third of the ages are younger than 15 Ma and another third older than 336 30 Ma. A similar distribution of AFT ages, ranging from 84.4 to 4.4 Ma with the main 337 peak at ~19 Ma and minor peaks at ~28, ~40, and ~58 Ma, characterizes the Yaw River 338 in the south (sample H; Figure 3). Apatite in the Myitha River (sample M) yielded even 339 older ages, with the main peak at ~19 Ma. A similar distribution of AFT ages, ranging 340 from 97.5 to 7.1 Ma, with the main peak at ~16 Ma and a minor peak at ~30 Ma, 341 characterizes the Mu River (sample E).

The Ayeyarwady River shows more AFT ages older than 20 Ma (~35%) downstream of the Mu confluence (sample F). Downstream of the Chindwin confluence (samples I, J, K, Figure 3), the detrital AFT age distribution becomes similar as that characterizing the Chindwin River, with ages ranging from 127 to 1.4 Ma, the main peak around 13-17 Ma and minor older peaks.

347 4.3. Million-year timescale erosion rates

Erosion rates at the million-year timescale of Upper Ayeyarwady catchments were obtained through numerical inversion of detrital AFT ages. Since the Chindwin River, draining the IMR, has the bimodal detrital AFT signature, which reflects the activations of different sub-units of IMR (the 19 Ma population from the Paleogene IBR and the 10 Ma population from the IMR core according to Najman et al., 2020, 2022). We only applied inversion modeling method on two small Ayeyarwady tributaries (samples A, B), and two Upper Ayeyarwady samples C and D (see Figure 1b).

The Nmai sub-catchment exhibits the highest rate $(0.34^{+0.04}_{-0.03} \text{ mm/a}; \text{ Figures 4a})$, followed by the Mali sub-catchment $(0.10 \pm 0.01 \text{ mm/a}; \text{ Figures 4b})$. Lower rates are

- inferred for the Upper Ayeyarwady mainstream (0.06-0.07 mm/a; Figures 4c and 4d).
- 358 4.4. ¹⁰Be results

359 The ¹⁰Be concentration in guartz grains across the Avevarwady catchment ranges from $(2.9 \pm 1.0) \times 10^4$ atoms/g to $(15.2 \pm 3.0) \times 10^4$ atoms/g, with highest values recorded 360 in the Upper Chindwin (Supporting Information S2, Tables S6). As for AFT data, ¹⁰Be-361 362 derived erosion rates (Figure 5) indicate higher denudation in the Upper Ayeyarwady 363 (from 0.06 mm/a to 0.26 \pm 0.06 mm/a) than in the Chindwin catchment (from 0.02 \pm 364 0.005 mm/a to 0.12 ± 0.04 mm/a), with highest rates in the Nmai (0.26 ± 0.06 mm/a) and Mali catchments $(0.12 \pm 0.03 \text{ mm/a})$ and lowest rates in the Upper Chindwin (0.02 365 366 \pm 0.005 mm/a) and Mu catchments (0.05 \pm 0.01 mm/a) (Figures 5, 6b). The ¹⁰Be-367 derived basin-wide erosion rate calculated here for the entire Ayeyarwady (0.10 ± 0.03 368 mm/a) is slightly lower than a previous ¹⁰Be-derived estimate (0.19 \pm 0.03 mm/a) (Wittmann et al., 2020), and much lower than the neighboring Brahmaputra (1.0-1.1 369 mm/a) (Lupker et al., 2017) and Ganga rivers (0.7-1.2 mm/a) (Lupker et al., 2012) 370 371 draining the Himalayan Range (Figures 5, 6b).

372 **5. Discussion**

373 5.1. Long-term natural erosion rates

Natural erosion rates at the million-year and thousand-year timescales are broadly consistent in the Upper Ayeyarwady catchment (0.06-0.34 mm/a *vs.* 0.06-0.24 mm/a). Within this catchment, the Mali and Nmai drainages have the highest erosion rates at both million-year (0.10-0.34 mm/a) and thousand-year timescales (0.12-0.26 mm/a). The Upper Ayeyarwady exhibits higher rates than the Upper Chindwin catchment in thousand-year timescale, as indicated by ¹⁰Be data (0.06-0.26 mm/a *vs.* 0.02 \pm 0.005 mm/a) (Figures 5, 6a, and 6b). The erosion rate in the Upper Chindwin catchment is the
lowest (0.02 mm/a) of all locations studied at the thousand-year timescale, while the
Lower Chindwin shows higher erosion rates (0.12 mm/a).

383 These spatial variations in the long-term erosion rates show no significant-and even a slightly negative—correlation with lithological erodibility (p = 0.08, Figure 7c), 384 385 indicating that high sediment fluxes cannot be entirely related to source-rock erodibility 386 as previously hypothesized (Garzanti et al., 2016). However, the erosion rates can be 387 adequately explained by climate, topography and tectonics. Long-term natural erosion rates exhibit a positive correlation with catchment-averaged precipitation ($R^2 = 0.46$, p 388 389 = 0.01, Figure 7b). They also show a weak positive correlation with drainage area weighted average k_{sn} values of bedrock rivers ($R^2 = 0.34$, p = 0.1, Figure 7a; river 390 391 morphometry analysis is provided in Supporting Information S1, Text S1 and results are listed in Supporting Information S2, Table S8), intimately associated with 392 393 topography and regional tectonics. Our calculated timing and extents of erosion are 394 compatible with the tectonic history of the region. The Mogok Metamorphic Belt, 395 located in the northeastern part of the Irrawaddy catchment (represented by the Nmai 396 and Mali rivers), has experienced exhumation in the Late Oligo-Miocene as determined 397 from mica Ar-Ar dating (Bertrand et al., 2001). This is consistent with the timing of 398 exhumation shown for the region of the Mali River catchment as determined through 399 inversion modelling of our detrital AFT data (Fig 4b, increase from 0.03 to 0.10 mm/a 400 at 24 Ma). Little low temperature thermochronological data are published for the region. 401 However, Lei et al., (2006) show apatite fission track data from adjacent Yunnan that 402 may be consistent with the younger rapid exhumation we calculate through inversion 403 modelling of our detrital AFT data from the Nmai catchment (increase from 0.14- to 404 0.34 mm/a) at 9.9 Ma (Figures 4a, 6a). By contrast, the Chindwin catchment lies outwith the region of the Mogok Metamorphic Belt, and the lower ¹⁰Be-derived 405 406 thousand-year erosion rates of the upper Chindwin reflect this. The higher values of the 407 lower Chindwin likely reflect input from the Myitha River draining the western Indo408 Myanmar Ranges (erosion rates in thousand-year timescale 0.11 mm/a; Figure 6b),
409 although it has previously been calculated that this river only contributes 5% of
410 sediment to the modern Chindwin River (Garzanti et al., 2016).

411 5.2. Present-day erosion rates

412 The composition of Ayeyarwady sand changes significantly downstream of the 413 Chindwin confluence (Figure 2), indicating prominent sediment supply from the 414 Chindwin River. Forward-mixing calculations based on integrated bulk-petrography 415 and heavy-mineral data indicate that sediment in the Lower Ayeyarwady is contributed 416 $38\pm6\%$ by the Upper Ayeyarwady, $9\pm7\%$ by the Mu River, and $53\pm7\%$, by the Chindwin River. These results are consistent with previously calculated contributions 417 418 of $45 \pm 17\%$ from the Upper Ayeyarwady and of $55 \pm 17\%$ from the Chindwin River 419 (Garzanti et al., 2016). The Myitha River is estimated to supply only ~5% of Chindwin 420 River sediments, and the Yaw River to make negligible contributions to the Lower 421 Ayeyarwady.

The suspended sediment flux calculated using forward mixing modeling is similar to the gauged sediment flux in the Upper Chindwin $(120 \pm 9 \text{ Mt/a } vs. 164 \pm 51 \text{ Mt/a})$ but higher than the gauged data in the Upper Ayeyarwady $(123 \pm 40 \text{ Mt/a } vs. 64 \pm 5 \text{ Mt/a})$. Additionally, suspended sediment fluxes calculated by forward mixing modelling are coherent with *WBMed* modeling results (Cohen et al., 2022), indicating that our calculations are reliable (Supporting Information S2, Tables S7).

Present-day erosion rates thus calculated are 0.19 ± 0.02 mm/a for the Upper Ayeyarwady, 0.58 ± 0.48 mm/a for the Mu River, 0.63 ± 0.05 mm/a for the Chindwin River upstream of the Myitha confluence, 0.58 ± 0.18 mm/a for the entire Chindwin catchment, and $0.29_{-0.06}^{+0.08}$ mm/a for the entire Ayeyarwady catchment. Similar rates are estimated for the Shweli (0.18 ± 0.05 mm/a) and Taping (0.26 ± 0.03 mm/a) tributaries to the Upper Ayeyarwady (Figures 5, 6c).

434 5.3. Present-day vs. long-term natural erosion rates

435 In the Upper Ayeyarwady catchment, the long-term natural erosion rates at 436 million-year and thousand-year timescales are broadly consistent (Figure 7e), but for 437 the entire Ayeyarwady catchment, present-day erosion rates have increased drastically 438 and by different degrees in different sub-catchments (Figure 7f). The strongest increase 439 is displayed by the Upper Chindwin catchment, where present-day erosion rates are 440 calculated to have risen by a factor of 32 (from 0.02 ± 0.005 mm/a to 0.63 ± 0.05 mm/a) 441 relative to the long-term erosion rate. An increase by a factor of five is recorded for the 442 entire Chindwin catchment (from 0.12 mm/a to 0.58 mm/a), and by a factor of three for 443 the Upper Ayeyarwady (from 0.06 mm/a to 0.19 mm/a). The present-day rate trebled also for the entire Ayeyarwady $(0.29^{+0.08}_{-0.06} \text{ mm/a})$ compared to the ¹⁰Be-derived long-term 444 445 rate $(0.10 \pm 0.03 \text{ mm/a})$ (Figures 5, 6b, 6c). Most noteworthy, present-day erosion rates 446 are three times higher in the Upper Chindwin $(0.63 \pm 0.05 \text{ mm/a})$ compared to the 447 Upper Ayeyarwady ($0.19 \pm 0.02 \text{ mm/a}$), marking a clear reversal compared to long-448 term erosion patterns (Figures 5, 6b, 6c).

449 Thus, in contrast with the long-term erosion patterns, the Chindwin River has 450 presently replaced the Upper Ayeyarwady as the major sediment contributor to the 451 Lower Ayeyarwady. Whilst we acknowledge that different approaches have been used 452 to calculate the erosion rates over the different timescales, we do not consider that 453 differences of approach can explain the variation we record. Different approaches have 454 been used over various time scales to calculate erosion in fluvial catchments in the 455 Himalaya, and they show little variability between long-term and present-day erosion 456 rates (Lenard et al., 2020; Vance et al., 2003). Furthermore, large basins exhibit broad 457 similarity in sediment discharge recorded by the gauge-derived and cosmogenic 458 radionuclide-derived sediment loads from global compilations of literature data 459 (Covault et al., 2013; Wittmann et al., 2020). This suggests that erosion rates across 460 different timescales can be comparable in active orogens like the Ayeyarwady 461 catchment. For instance, in the adjacent Ganges-Brahmaputra (983.9 \pm 209 vs. 1037

462 Mt/a) and Mekong $(54.8 \pm 6.4 \text{ vs. } 78 \text{ Mt/a})$ systems—located west and east of the 463 Ayeyarwady, respectively—cosmogenic and gauge-derived sediment loads show close 464 agreement (Wittmann et al., 2020). Thus we consider that the variations we record are 465 not an artefact of the different measuring approaches we use for different timescales.

466 This inversion in the scale of erosion between the Chindwin and Upper 467 Ayeyarwady catchment cannot be ascribed to climatic factors, because present-day erosion rates do not significantly correlate with precipitation (p = 0.59, Figure 7d). 468 469 Moreover, the source-rock lithologies likely remained broadly unchanged over this 470 relatively short timescale, indicating that lithological differences are not responsible for 471 the sharp increase in present-day sediment fluxes of the Chindwin River. Whilst we 472 cannot totally rule out the potential effects of neotectonics in this poorly-mapped region, 473 we argue below that anthropogenic influence is a major contributing factor.

474 5.4. Accelerated erosion by anthropogenic activities

Previous research has shown how modern sediment yields may increase by one or even two orders of magnitude relative to long-term cosmogenic-derived sediment yields if river catchments are affected by profound changes in land use (Hewawasam, 2003; Vanacker et al., 2007). This appears to be the case for the Ayeyarwady catchment, and here we emphasize that anthropogenic activities represent an important factor driving the sharp recent acceleration in sediment production.

481 Firstly, alluvial mining, which is affecting no less than one-third of the river length 482 in Myanmar (Figure 6c, Dethier et al., 2023; Shrestha et al., 2020). Satellite imagery 483 reveals that mining areas in Myanmar have expanded rapidly over the last 13 years 484 (Connette et al., 2016). Landsat data from 1985 to 2020 reveal that mining has 485 significantly increased suspended sediment concentrations (SSC) in 23 trunk and 486 tributary rivers of the Chindwin and Upper Ayeyarwady (Dethier et al., 2023; 487 Supporting Information S1, Figure S1). Notably, SSC in the Chindwin River has risen 488 more than tenfold, with the Uyu River-an eastern tributary-experiencing increases 489 of over two orders of magnitude relative to pre-mining levels (Figure 8; Figures S2-S3). Sediment fluxes and present-day erosion rates correlate strongly with the proportion of land impacted by mining (Figures 9a and 9b). Alluvial mining is most widespread in the Upper Chindwin catchment, which also shows the greatest increase in sediment discharge. Mining-affected areas in the Upper Chindwin ($16\%_0$, ~ 1869 km²) far exceeds those in the Upper Ayeyarwady ($1\%_0$, ~ 74 km²); correspondingly, present-day erosion rates are three times higher in the Upper Chindwin River (0.63 ± 0.05 mm/a) than in the Upper Ayeyarwady (0.19 ± 0.02 mm/a) (Figures 6c, 9a-9b).

497 Secondly, additional anthropogenic factors likely also contributed to enhanced 498 erosion rates. Forest loss has been particularly severe in the Lower Ayeyarwady and 499 delta regions due to cropland expansion, with mean annual deforestation rates reaching 500 1-2% (Table 1, Figures S4d). In the Upper Chindwin and Upper Ayeyarwady 501 catchments, forest cover has declined by 21% and 23%, respectively (Table 1; 502 Supporting Information S1, Figures S4a-S4d), potentially contributing to the observed 503 sediment flux increases in similar trend. However, the increase in sediment flux in the 504 Upper Chindwin (~30-fold) far exceeds that of the Upper Ayeyarwady (~3-fold), 505 indicating that deforestation alone cannot account for the difference. In the Chindwin, 506 mining activity-often linked to deforestation itself-likely plays a dominant role 507 (Figures S4d, S5d–S5e; McGinn et al., 2021). Other land-use changes, such as 508 settlement expansion, have also contributed to landscape disturbance. Conversely, 509 agricultural land use likely does not explain the increase in Chindwin sediment fluxes, 510 as cultivated area decreased by ~20% between 1999 and 2019 (Table 1). Agriculture is 511 more concentrated in the central and lower plains, including the Mu River basin and 512 Lower Ayeyarwady (Li et al., 2024), and may instead contribute to sediment increases 513 there.

514 Thirdly, climatic factors such as increased precipitation and temperature—linked, 515 at least in part, to 20th-century global warming—may further enhance erosion in all 516 Ayeyarwady sub-catchments. Between 1981 and 2015, both parameters rose across the 517 Ayeyarwady catchment (Sein et al., 2018), while Southeast Asia experienced more frequent extreme monsoon floods (Loo et al., 2015). These climatic trends may haveamplified sediment fluxes in both the Upper Ayeyarwady and Chindwin.

520 Other anthropogenic influences appear limited. Large dams are absent from the 521 main Ayeyarwady, and only small dams exist on select tributaries, suggesting minimal 522 hydrological disruption from damming (Schmitt et al., 2021).

523 In summary, alluvial mining is the primary driver of elevated sediment fluxes in 524 the Upper Chindwin, with deforestation providing additional impact. In the Upper 525 Ayeyarwady, both deforestation and mining contribute to increased sediment yields. In 526 contrast, cropland expansion and associated deforestation are the main factors behind 527 increased sediment fluxes in the Lower Ayeyarwady. Intensifying precipitation and 528 more frequent monsoon floods may further augment sediment flux across all sub-529 catchments. The rapid acceleration in anthropogenic-related erosional processes greatly 530 increased the concentration of suspended sediment (Dethier et al., 2020), resulting in 531 degraded water quality and threats to the life cycles of riverine and riparian flora and 532 fauna (Azevedo-Santos et al., 2021; Keovilignavong, 2019) and to natural equilibria as 533 far as the Ayeyarwady Delta (Chen et al., 2020).

534 6. Conclusions

Long-term natural erosion rates calculated from apatite fission-track ages and ¹⁰Be 535 536 concentration in quartz grains were much higher in the Upper Ayeyarwady (0.06-0.34 537 mm/a) than in the Upper Chindwin $(0.02 \pm 0.005 \text{ mm/a})$ derived by ¹⁰Be and controlled 538 by tectonic forcing and climate. Gauged sediment fluxes testify to a drastically different 539 modern scenario. Present-day erosion rates have increased by more than an order of 540 magnitude in the Upper Chindwin and Mu catchments, enough to reverse erosion 541 patterns: despite a three-fold increase in the Upper Ayeyarwady, erosion is now notably 542 faster in the Upper Chindwin $(0.63 \pm 0.05 \text{ mm/a})$ than in the Upper Ayeyarwady (0.19)543 \pm 0.02 mm/a). Such a recent drastic change in erosion patterns underscores a profound 544 impact by anthropogenic activities, and especially by extensive alluvial mining for jade

and gold in the Upper Chindwin catchment. The expansion of land use related deforestation, and global warming in the 20th century increasing in precipitation and extreme flooding events likely also contributed to increased sediment fluxes in both the Chindwin and Upper Ayeyarwady catchments. Accelerated erosion and consequently increased sediment yield by anthropogenic activities have reduced water quality and changed the natural equilibrium in the Ayeyarwady delta.

551 **Open Research**

552 Data sets from this research are provided in the Supporting Information S2. The 553 supporting data for this study can also be freely accessed on the figshare repository 554 (Dong et al., 2025).

555 Acknowledgements

556 We are deeply grateful to the Editor Mikael Attal, to three anonymous reviewers, and 557 to the handling Associate Editor for their constructive comments and helpful 558 suggestions. We thank Xu Ying in Nanjing Hongchuang Geological Service Co., Ltd. 559 for apatite separation, and Yizhou Wang and Edward R. Sobel for help with detrital 560 AFT inversion modeling and data interpretation. We are also grateful to Fei Liu and 561 Nyanmin Naing for sampling in the field, and to Abaz Alimanovic and Keith Fifield for 562 ¹⁰Be cosmogenic analysis. This study was financially supported by the Second Tibetan 563 Plateau Scientific Expedition and Research Program (STEP, Grant No. 564 2019QZKK0204) and National Natural Science Foundation of China (No. 42272111).

565 Figure Captions

566 Figure 1. The Ayeyarwady drainage basin. a) Suspended sediment flux of large Asian

567 rivers: Ayeyarwady (2017-2019, Baronas et al., 2020); Mekong (1993-2018, Sok et al.,

568 2021); Ganges-Brahmaputra (pre-1990, Islam et al., 1999); Salween (2017-2019,

569 Baronas et al., 2020); Yangtze (2021, Chinese Hydrological Yearbooks 2021); Yellow

570 River (2021, Chinese Hydrological Yearbooks 2021); Indus (1993-2003, Inam et al., 571 2007); Red River (2000-2008, Dang et al., 2010); Pearl River (2021, Chinese 572 Hydrological Yearbooks 2021). b) Geological map and sampling sites (modified from 573 Geological Map of Myanmar, 1977; scale 1:1,500,000). c) Gauge station precipitation 574 data derived spatial distribution of annual precipitation between 2001 and 2010 after 575 Sirisena et al., (2018). d) Channel steepness (k_{sn}) . River morphometry analysis is 576 provided in Supporting Information S1, Text S1. e) Bedrock thermochronology from 577 literature data (sources of original data are compiled in Supporting Information S2, 578 Tables S9). AFT-apatite fission track; AHe-apatite (U-Th)/He; ZFT-zircon fission track; 579 ZHe-zircon (U-Th)/He.

Figure 2. Petrographic composition and heavy-mineral suites of Ayeyarwady River sands. Q = quartz; F = feldspars; L = lithic fragments (Lv = volcanic; Lm = metamorphic; Ls = sedimentary, compositional fields after Garzanti et al., 2016); Amp = amphibole; Grt = garnet; Ep = epidote-group; ZTR = zircon + tourmaline + rutile; Px = pyroxene; Ol = olivine; Sp = Cr-spinel; Cld = chloritoid; St = staurolite; And = andalusite; Ky = kyanite; Sil = sillimanite. Grey shaded ovals indicate the cluster of Lower Ayeyarwady. Capital letters refer to sample sites (see Fig 1b).

- Figure 3. Kernel Density Estimates of measured AFT age distributions plotted with *DensityPlotter* (Vermeesch, 2012). Pie charts represent relative abundances of
 different age groups (see legend).
- 590 Figure 4. Numerical modeling results. Bedrock exhumation history is derived from591 detrital AFT data under different erosion models.
- 592 Figure 5. Comparison of erosion rates at different timescales.

Figure 6. Erosion rate maps of the Ayeyarwady drainage at different timescales. a) million-year timescale rate based on detrital AFT numerical modeling; b) thousandyear timescale rate based on ¹⁰Be concentration in quartz grains; c) present-day rate based on gauged sediment fluxes combined with forward mixing modeling. Remote sensing data on alluvial mining (Maus et al., 2022) and mining-affected drainages
(Dethier et al., 2023) are highlighted in red. Sources of gauged sediment data: Upper
Chindwin at Kalewa (1991-2010) (Sirisena et al., 2021); Upper Ayeyarwady at Sagaing
(1990-2010, IFC, 2017); Upper Shweli and Upper Taping from Chinese Hydrological
Yearbooks (1958-1987).

Figure 7. Correlations between erosion rates at different timescales and their potential controls with 95% confidence band in grey. (a-b) Long-term natural erosion rates *versus* catchment-average k_{sn} and precipitation. (c) Long-term natural erosion rates *versus* lithological erodibility (rock erodibility index from Moosdorf et al., 2018). (d) Presentday erosion rate *versus* precipitation. (e) ¹⁰Be-derived *versus* AFT-derived erosion rates. (f) ¹⁰Be-derived *versus* present-day erosion rates (capital letters in key denote sample sites as per Fig 1b).

609 Figure 8. Expansion of river mining activities has led to increased suspended sediment 610 concentration in the Chindwin and Uyu rivers. (a) Representative images from Google 611 Earth Pro from 1988. 1998, 2008 and 2020, show expansion of river mining activities 612 in the Uyu River drainage. White arrows show the river direction. White boxes refer to 613 location of data shown in b. (b) Average river true color obtained through Landsat 614 imagery (Landsat 5 and Landsat 7), from 1984 to 2020 in December using the average 615 red-green-blue (RGB) reflectance method (Dethier et al., 2022). The color gradient, 616 ranging from blue to yellow, indicates increasing suspended sediment concentration. 617 The bar numbers in (b) correspond to the locations shown in the first image of (a).

618 Figure 9. Erosion rates increment positively correlated to the proportion of mining area.

619 (a) Present-day erosion rates increase with the mining area proportion expanding. (b)

620 Erosion rates increment positively correlates with mining area proportion increasing.

621 Erosion rates increment = $100 \times$ (present-day erosion rates - long-term erosion rates) /

622 long-term erosion rates erosion rate.

623 **Table 1.** Table 1 Ayeyarwady catchments land use and land cover changes.

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Figure 1.



Figure 2.



Figure 3.



Figure 4.



Figure 5.



Figure 6.



Figure 7.



Figure 8.



Figure 9.



Land type	Catchment	Previous	Recent	Changes	Period	References
		area (km)	area (km)	(70)		
	Uyu			-8.90	1999-2019	McGinn et al. (2021)
	Upper Chindwin	636000	500000	-21.38	1988-2017	Yang et al. (2019)
	Lower Chindwin			4.60	1999-2019	McGinn et al. (2021)
Forestry	Chindwin	8804521	8576294	-2.59	1999-2019	McGinn et al. (2021)
Coverage	Upper Ayeyarwady	210700	162400	-22.92	1988-2017	Yang et al. (2019)
	Lower Ayeyarwady	54000	20100	-62.78	1988-2017	Yang et al. (2019)
	Total Myanmar	391705	381648	-2.57	1990-2020	Li et al. (2024)
	Uyu			1.00	1999-2019	McGinn et al. (2021)
Agriculture	Lower Chindwin			-10.40	1999-2019	McGinn et al. (2021)
Coverage	Chindwin	1229445	985161	-19.87	1999-2019	McGinn et al. (2021)
	Total Myanmar	152687	153117	0.28	1990-2020	Li et al. (2024)

Table 1 Ayeyarwady catchments land use and land cover changes