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The Infant and Toddler Curiosity Questionnaire: A validated caregiver-report measure of curiosity in children from 5 to 24 months

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Research Highlights

- The first validated caregiver-report measure of curiosity capturing individual differences in trait curiosity in infants and toddlers.
- Twenty-three items were found to reliably capture a general factor of curiosity as well as three emergent subfactors.
- The measure had good test-retest reliability, and we found curiosity and temperament to be related yet distinct, indicating its validity as a trait measure.
- Results strongly support the scale’s reliability and validity, showcasing the ITCQ as a powerful tool for developmental research.

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Abstract

Humans are curious. Especially children are known for their drive to explore and learn, which is crucial for developing in and navigating through our complex world. Naturally, some children may be more curious than others, leading to differences in how they structure their own learning experiences, subsequently impacting their developmental trajectories. However, there is a gap in the research field for a reliable measure of such differences early in development. Across three studies, we present the development and assessment of the Infant and Toddler Curiosity Questionnaire (ITCQ), the first caregiver report measure to fill this gap. Items cover observable exploration behaviours in 5- to 24-month-olds to capture general tendencies of their desire to actively explore their immediate surroundings and are evaluated on a 7-point Likert-scale. Exploratory factor analyses and structural equation modelling on a sample of $N = 370$ UK caregivers led to the final selection of 23 items and provided evidence that the scale allows the reliable computation of an overall curiosity score, with three emergent subscales (*Sensory*, *Investigative*, and *Interactive*) explaining additional variance in the data. Furthermore, the scale had good test-retest reliability after 7 to 14 days ($N = 67$) and related to the child's temperament ($N = 75$; positively with surgency and effortful control, negatively with negative affect) offering evidence of its validity as a trait measure. Together, these results support the scale's reliability and validity, showcasing the ITCQ as a powerful tool for developmental research.

Keywords: infant curiosity, individual differences, psychometrics, exploration, early development, trait curiosity

62 **The Infant and Toddler Curiosity Questionnaire: A validated caregiver-report measure**
63 **of curiosity in children from 5 to 24 months**

64 While the study of curiosity and its effects on learning has a long history in adults
65 (Berlyne, 1960; Gruber et al., 2014; Kang et al., 2009; Rossing & Long, 1981), only in recent
66 years has infant curiosity become a focus of research and has provided insights into how infants
67 actively engage in their own learning. Studies have shown, for example, that infants prefer to
68 engage with information of intermediate complexity (Kidd et al., 2012, 2014) and that they
69 alternate between visual exploration and exploitation driven by their active learning experience
70 (Altmann et al., 2024) in the pursuit of maximizing their learning progress (Poli et al., 2020;
71 Twomey & Westermann, 2018), that they actively request information from adults through
72 social orienting (Bazhydai et al., 2020) and pointing (Liszkowski et al., 2007), with learning
73 benefits shown for actively requested information (Begus et al., 2014) but also from being in a
74 state of curiosity more generally (Chen et al., 2022; Stahl & Feigenson, 2015). What is common
75 to all of these studies is that they assume infants to be curious learners by definition and that
76 they investigate the implications of such inherent trait curiosity on in-the-moment behaviours.
77 Only a few studies, however, have considered how differences in infants' individual interests
78 (Ackermann et al., 2020) and sensory seeking (Piccardi et al., 2020) affect their preference to
79 engage with specific information. Overall, there has been no systematic investigation on
80 individual differences in trait curiosity on infants' exploratory behaviour, learning, and later
81 outcomes. To enable such research, it is necessary to have validated measures of infant
82 curiosity.

83 This is different from research in adults where multiple scales exist to assess variation in
84 trait curiosity (for reviews, see Grossnickle, 2016; Jirout & Klahr, 2012; Wagstaff et al., 2021),
85 measuring general accounts of curiosity (e.g., Day, 1971; Kashdan et al., 2020; Litman &
86 Jimerson, 2004; Litman & Spielberger, 2003; Naylor, 1981; Spielberger, 1979) but also more
87 specific domains (e.g., social curiosity, Renner, 2006; work-related curiosity, Mussel et al.,
88 2012) in the form of self-report questionnaires. These measures typically ask responders how
89 commonly or intensely they experience a desire for knowledge and learning, thereby requiring
90 meta-cognitive awareness (e.g., Goupil & Proust, 2023; Loewenstein, 1994). However, some
91 questionnaires also conceptualised curiosity as the intrinsic motivation behind exploration in
92 the pursuit of knowledge, leading to items focusing on more observable behaviours (e.g.,
93 Kashdan et al., 2009). Research using such trait measures has shown positive associations
94 between curiosity and job performance as well as academic achievement (e.g., Grossnickle,

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95 2016; Hardy et al., 2017; Kashdan & Yuen, 2007; Mussel, 2013; Reio & Wiswell, 2000; Reio
96 & Callahan, 2004), highlighting its impact on life outcomes.

97 To investigate trait curiosity in children, some self-report measures designed for school-
98 aged cohorts do exist (Byman, 2005; Maw & Maw, 1968; Olson, 1986; Penney & McCann,
99 1964) but their validity may be limited by the children's lack of motivation to self-reflect and
100 reliably answer numerous repetitive items (Jirout & Klahr, 2012). An alternative to self-reports,
101 especially relevant for younger children, are *other*-reports (primarily caregivers and teachers,
102 e.g., Harty & Beall, 1984; Lee et al., 2023; Maw & Maw, 1970; Piotrowski et al., 2014). Other-
103 reports enable measurement without age-restriction but do require another person to assess a
104 latent (not directly observable) construct in the child, bringing its own challenges. Yet,
105 extensive research from infancy onward has shown that such measures can generate reliable,
106 valid, and longitudinally informative data by, for instance, having items address observable
107 behaviours in which the latent construct manifests itself. Prominent examples include the Ages
108 and Stages questionnaire (e.g., Klamer et al., 2005; Lepine et al., 2022; Richter & Janson, 2007;
109 Salomonsson & Sleded, 2010), the MacArthur-Bates Communicative Development Inventory
110 (CDI; Bornstein & Putnick, 2012; Can et al., 2013; Feldman et al., 2005; Fenson, 2002; Fenson
111 et al., 1994, 2006; Marchman & Fernald, 2008), and temperament scales from infancy to early
112 childhood (e.g., Putnam et al., 2008; Rothbart, 1986, 2011; Slagt et al., 2016; Wright &
113 Jackson, 2022). However, there is a clear gap in the scientific literature regarding infant trait
114 curiosity. Even though some emerging work has aimed to assess differences in early curiosity
115 through caregiver reports (Lee et al., 2023; Piotrowski et al., 2014) the target group of infants
116 and toddlers has thus far been neglected.

117 As mentioned, for other-reports it is important to create items based on observable
118 behaviour in which the construct manifests. Regarding curiosity, this manifestation is
119 commonly assumed to be active exploration and interaction with the environment (for review
120 see Bazhydai et al., 2021; Jirout et al., 2024). Previous research across the first two years of
121 life has found individual differences in exploration throughout various experimental
122 paradigms, such as visual exploration (e.g., Colombo et al., 1991; Franchak et al., 2016;
123 Piccardi et al., 2020; Wass & Smith, 2014), manual exploration (e.g., Fortner-wood &
124 Henderson, 1997; Mandler et al., 1987; Muentener et al., 2018) and free play exploration (e.g.,
125 Bornstein et al., 2013; Slone et al., 2019; Smith & Yu, 2013), letting us plausibly assume that
126 infants already differ in their trait curiosity. Some of these studies also found that exploration
127 differences were predictive of variability in learning, later vocabulary, cognitive development,
128 and academic achievement (e.g., Berg & Sternberg, 1985; Bornstein et al., 2013; Muentener et

129 al., 2018; Smith & Yu, 2013) highlighting its role in and importance across development. In
130 fact, one study (Shah et al., 2018) used a subset of five caregiver-report items as an ad hoc
131 measure of curiosity (e.g., “Likes to try new things.”, “Shows eagerness to learn new things.”)
132 and was able to find a positive relation with academic achievement in kindergarten. It is to be
133 noted, however, that the other three included items rather capture skills *related* to curiosity,
134 such as metacognitive communication (“Appropriately uses a variety of words to describe
135 feelings.”), creativity (“Shows imagination in work and play.”) and temperament (“Easily
136 adjusts to a new situation.”), but not curiosity directly. Thus, it is important to stress that
137 measures used in psychological research need to be reliably constructed and validated with
138 regards to the construct they aim to capture (e.g., Flake & Fried, 2020). Nevertheless, this
139 finding does hint at the impact a systematically developed and validated caregiver report
140 measure of curiosity could have. A gap in the literature remains regarding a measure which can
141 capture individual differences in curiosity through active exploration tendencies in pre-verbal
142 infants.

143

144 **The current paper**

145 We present the Infant and Toddler Curiosity Questionnaire (ITCQ) applicable for 5-24-
146 month-old infants and toddlers as a new caregiver-report measure for capturing individual
147 differences in trait curiosity. Considering the lack of consensus for a functional definition of
148 curiosity especially early in development (Jirout & Klahr, 2012; Kidd & Hayden, 2015), we
149 decided to base our approach on a folk psychology definition of infant curiosity, that is, *a keen*
150 *desire or tendency to actively explore one’s immediate surroundings*. Here we report three
151 studies on the ITCQ’s development and assessment, evidencing its reliability and validity in
152 line with rigorous practices (e.g., Downing, 2003; Flake & Fried, 2020; Messick, 1995). Study
153 1 describes the questionnaire development, including its content and structural validity (sample
154 size and general analytical approaches were pre-registered at https://aspredicted.org/19J_291).
155 Study 2 supports the ITCQ’s test-retest reliability after 7-14 days, and study 3 explores the
156 measure’s criterion validity via its relation to the well-established trait measure of
157 temperament. Studies were given ethical approval by the University Faculty’s research ethics
158 committee, and data as well as analysis scripts are available on the Open Science Framework
159 ([OSF](#)).

160 **Study 1: Questionnaire Development & Structural Validity**

161

162 In this first study we describe the principles underlying the ITCQ's creation, a reduction
163 of items to generate coherent and reliable responses, as well as offering evidence for its content
164 and structural validity (Downing, 2003; Messick, 1995). Content validity concerns whether the
165 items are representative and well formulated, and whether ambiguities were resolved, which
166 was largely the focus of the item development and an initial pilot study. Structural validity, on
167 the other hand, concerns the scale's dimensionality and internal consistency, which was the
168 focus of the main analysis of this study. While we created the items with the purpose of
169 measuring a single factor of general curiosity, it is recommended for new scales to explore and
170 consider the best fitting emerging factor structure to explain additional variance in the data
171 (e.g., McCoach et al., 2013). Furthermore, we aimed to provide evidence supporting our
172 intention of one general factor (Artino Jr et al., 2014) to justify the computation of an overall
173 mean score (Dunn & McCray, 2020).

174 **Questionnaire development**

175 We developed an initial set of 34 statements capturing a wide range of behaviours
176 infants can produce to interact with their physical and social environment as the manifestation
177 of their curiosity. For this, we reviewed scientific and general sources (e.g., parent forums)
178 regarding exploration behaviours children typically express throughout their first two years of
179 life (looking, grabbing, mouthing, pointing, etc. typically directed at objects; Adolph & Hoch,
180 2019; Lockman, 2000) as well as everyday situations and locations in which they could be
181 observed (e.g., at home or in new environments). Furthermore, we avoided focusing on
182 curiosity about new people as this special domain of curiosity may be too heavily influenced
183 by differences in temperament (e.g., shyness). Based on these sources, various items were
184 proposed, and those deemed to capture the construct best by the research team were eventually
185 selected. This process resulted in a list of 34 items which allowed for a diverse selection of
186 behaviours while only requiring a manageable amount of time and effort from responders.
187 These items covered behaviours such as interacting with objects, enjoyment of new
188 discoveries, and interactions to gain information (for a full list of final items, see Table 1).

189 Due to the necessarily developmental perspective, some behaviours may not yet be
190 observable in younger infants such as interacting socially (e.g., "When reading a picture book
191 together, my child directs me (e.g., by pointing) towards what they want to know more about.")

192 whereas other items were expected to be equally applicable across ages (e.g., “When my child
193 encounters an object, they typically seem interested in its properties (e.g., how it feels, tastes
194 or sounds like, etc.)”). To constrain the variance in applicability of items, we decided to focus
195 on an age range from five to 24 months. The minimum of five months was chosen based on a
196 notable expansion in behaviours infants can produce from this age, whereas 24 months was
197 chosen as the upper limit because from around the second birthday onwards verbal expressions
198 of curiosity, such as question asking, become more prevalent.

199 Three of the items were reverse coded and described non-curious behaviour (e.g., “My
200 child does not typically engage with (look at, point at, reach for, inspect) a lot of things in their
201 environment.”). While it is recommended to include such items to enhance data quality by
202 making the reader slow down (Boley et al., 2021), they can also reduce the scale’s overall
203 reliability due to inattentive responses and lack of clarity (Rossiter, 2002; Salazar, 2015;
204 Weijters & Baumgartner, 2012), often leading to their exclusion during the structural validity
205 investigations. With this in mind, we included two additional items which were the mirrored
206 versions of other positive items, solely meant to increase the responders’ attention but not to
207 be analysed as part of the final dataset (see Supplementary Materials S1.1). Even though they
208 are not considered part of the final item list, they can be optionally included (e.g., for larger
209 online studies with potentially lower response quality).

210 We chose a 7-point Likert-scale from 1 (“strongly disagree”) to 7 (“strongly agree”) as
211 the response scale, with an option of “not applicable (NA)” if respondents could not think of
212 any recent situation allowing them to rate a specific item or because their child had not yet been
213 able to show the behaviour. Items were created in English initially targeting British caregivers
214 and were repeatedly reviewed and improved based on the topical expertise of the authors, as
215 well as through discussions with parents and native speakers to ensure their content validity.
216 For further considerations regarding the response scale and online presentation, see
217 Supplementary Materials (S2).

218

219 **Piloting**

220 A pilot sample ($N = 22$, age in months: $M = 11.5$, $SD = 1.6$, 41% female; £5 travel
221 reimbursement given), collected from primary caregivers (all mothers) participating in an in-
222 person study with typically developing 10- to 12-month-olds in the north-west of England,
223 provided the first support for the questionnaire’s construction. The exclusion of two items was
224 suggested to improve the scale’s homogeneity, without which the measure had very good

225 coefficients commonly used to indicate internal consistency (Coefficient alpha = .87, lambda-
226 6 = .93). This offered first evidence that the scale was constructed sensibly enough to continue
227 wider data collection (Nunnally & Bernstein, 1994).

228 At the end of the survey, caregivers were also invited to provide qualitative responses
229 of additional behaviours capturing curiosity. These responses were found to reflect very similar
230 behaviours and situations already covered in the questionnaire items (e.g., being interested in
231 how things feel, trying to see what objects are on the table, etc.). They also supported our
232 conceptualisation of curiosity being in line with how parents intuitively understand the
233 construct; thus together, these findings evidenced the scale's content validity. In-person
234 comments received from caregivers after completing the questionnaire offered additional
235 insights as they mentioned that the questionnaire was clearly formulated and easy to complete.
236 Some parents mentioned that the items let them easily differentiate between behavioural
237 tendencies of their youngest child and their older siblings which they found fascinating.

238 Due to these overall promising preliminary results, we continued with wider data
239 collection across the full age-range making no changes to the scale (i.e., also not removing the
240 two ill-fitting items at this point in case their effect was due to the constrained sample). Based
241 on this decision, the pilot data was deemed suitable to be included in the following main
242 analyses.

243

244

Methods

Participants

246 A minimum sample size of $N=360$ was preregistered following a rule of thumb with 10
247 participants per item (e.g., Nunnally, 1978). A total of $N = 370$ responses were included in the
248 final analyses (age range in months: 4.5-24.4, $M = 13.5$, $SD = 5.2$, see Figure 1; 51% female).
249 Of these, $n = 243$ were recruited via social media, $n = 72$ attended in-lab visits, and $n = 54$ were
250 contacted from the Babylab's database (which includes contact details for families willing to
251 take part in infancy studies in the north-west of England) to directly complete the questionnaire
252 alongside a temperament questionnaire (see study 3). Fifty-five additional responses were
253 excluded due to being outside the preregistered age-range ($n = 16$), not being from the UK (n
254 = 5), prematurity ($n = 17$), developmental concerns ($n = 14$), or poor data quality ($n = 2$, where
255 all responses were either NA or the exact same response including reverse coded items). From
256 the final sample, 97% indicated their child to be monolingual English, 82% of caregivers
257 (predominantly mothers as per social media engagement, database recruitment and direct

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258 communication) indicated to have achieved a degree in higher education (e.g., bachelor's
259 degree and above), 50% of children were said to be the first born, 40% second born, and 10%
260 were reported to have at least 2 older siblings (including stepsiblings). Participants recruited
261 online via social media were invited to complete the survey without reimbursement whereas
262 the sub-samples directly recruited from the Babylab's database received reimbursement as per
263 university guidelines: in-lab visiting participants received £5 for their travel, and the sample
264 which completed the longer version including the temperament scale received a £5 online gift
265 voucher of their choice (via [express.giftpay.com](https://www.express.giftpay.com)). The reported studies (1-3) were conducted
266 according to guidelines laid down in the Declaration of Helsinki, with written informed consent
267 obtained from a parent or guardian for each child before any assessment or data collection. All
268 procedures received ethical approval under FST21068 at Lancaster University.

269

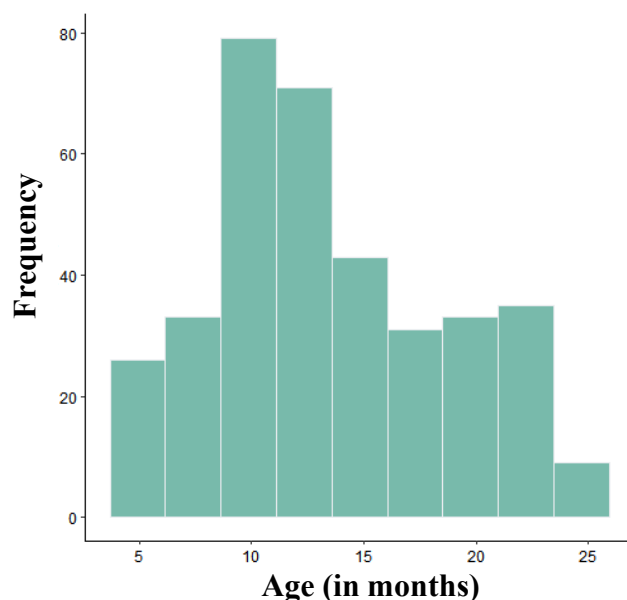


Figure 1. Age distribution of the full sample.

270

271 **Materials**

272 Aside from the piloted 34 items, the questionnaire also included two items directly
273 addressing the construct: an item asking about the child's curiosity directly ("I would describe
274 my child as curious") and one item about the child's curiosity in comparison to their peers (on
275 an ad-hoc five-point scale from 1 ("a lot less curious") to 5 ("a lot more curious")).
276 Additionally, respondents were asked to provide demographic information (prematurity,
277 developmental concerns, country, languages spoken, birth order, and socio-economic status
278 (SES) via their educational level; Singh et al., 2023), and could optionally contribute qualitative

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279 responses regarding additional behaviours in which they saw their child’s curiosity manifested
280 (exact items in Supplementary Materials S1.3).

281

282 **Procedure**

283 Primary caregivers across the UK were invited to complete this online questionnaire on
284 Qualtrics (Qualtrics, Provo, UT). Participating caregivers were provided with an information
285 sheet before giving informed consent and received instructions to think about their child’s
286 typical behaviour to evaluate each statement. They indicated their child’s age and sex after
287 which the items were presented in a randomised order with four to five items per page. These
288 were followed by the two items assessing direct curiosity, optional qualitative responses, and
289 demographic questions. Lastly, caregivers were given the opportunity to sign up to receive an
290 automatic email a week later for a re-test. It took most respondents under 15 minutes ($M =$
291 11.43 , $SD = 5.45$) to complete the survey.

292

293 **Analyses**

294 All analyses were conducted in R (Version 4.1.2).

295 ***Item reduction and emerging sub-factors***

296 The scale was designed to measure infants’ and toddlers’ trait curiosity as one general
297 construct represented in the tendencies with which the infant explores their surroundings. Thus,
298 the aim of the exploratory factor analysis was to reduce the item list to coherently capture this
299 construct, as well as to better understand the additional variance in the data. This analysis
300 required initial steps (following Pett et al., 2003) of identifying possibly ill-fitting items and
301 assessing the scale’s sampling adequacy and factorability. We then fitted a unidimensional
302 structure eliminating items which did not sufficiently load onto the general curiosity factor ($<$
303 $.32$). Subsequently, we explored how many sub-factors the items grouped into to further
304 investigate the scale’s dimensionality (Dunn & McCray, 2020), where the number of sufficient
305 factors was indicated using a scree plot and a parallel analysis. For the two latter steps, we
306 conducted Exploratory Factor Analyses (function “fa” from the *psych* package) using default
307 minimum residual factoring (*minres*) and oblique rotation allowing for sub-factors to correlate.
308 The *minres* factoring method is recommended for questionnaire data (Fabrigar et al., 1999)
309 since it gives robust estimates even for skewed items, whereas correlation among emerging
310 sub-factors was justified by our theoretical assumption of one underlying construct.

311

312 ***Structural validity***

313 Having multiple items can lead to an emergent sub-factor structure if item topics and
314 wordings result in correlated response behaviour. The current scale, however, was constructed
315 to measure a general factor of trait curiosity due to lacking a strong theoretical basis for
316 assuming multi-dimensionality of curiosity in early childhood. Here, we explored the scale's
317 dimensionality to support the computation of an overall curiosity mean score (Dunn & McCray,
318 2020) by fitting the previously identified sub-factor structure using Structural Equation
319 Modelling (SEM; function "sem" from the *lavaan* package; Rosseel, 2012). This allowed us to
320 compare a unidimensional model to a correlational sub-factors model. Note that we initially
321 also fitted a bi-factor model which, however, was considered less interpretable and was
322 consequently removed from this report. Due to the expected occurrence of missing values (N/A
323 responses for not yet or not recently observed behaviours), models were estimated using the
324 robust full information maximum likelihood (estimator = "MLR" in *lavaan*). Model
325 comparison included standard indices such as chi-square, comparative fit index (CFI), Root
326 Mean Square Error of Approximation (RMSEA), and Bayesian Information Criterion (BIC).

327

328 ***Internal consistency***

329 On the final set of items, commonly reported measures of internal consistency were
330 computed, namely Coefficient alpha (also referred to as Cronbach's alpha, McNeish, 2018),
331 Revelle's Omega total, and Guttman's lambda-6 (using "omega" from the *psych* package), as
332 well as Revelle's coefficient Beta. Revelle's Beta estimates how much variation in the data can
333 be attributed to some general underlying factor (Cooksey & Soutar, 2006), so that a general
334 factor can be argued at beta values above .50, whereas values above .70 are recommended
335 (John & Roedder, 1981; Revelle, 1979; Rossiter, 2002). Regarding the other three measures,
336 values above .80 are considered good (but are said to be acceptable above .70 when not meant
337 for diagnostic decisions; Pett et al., 2003) and the average Inter-item correlation is ideally
338 between .20 and .40 (Piedmont, 2014). Additionally, we mentioned item-response-theory in
339 the pre-registration, but this was omitted from this report due to limited informativeness above
340 and beyond the here reported results.

341

342 ***Exploration of demographic differences***

343 We explored whether mean scores systematically differed across sex, age and SES (as
344 approximated via the mother's education), to inform future applications of the scale, using
345 multiple linear regression. Mean scores were computed on the final set of items, with
346 unobserved items (N/A responses) not affecting individual scores.

347 First, however, structural equation models were tested in three steps regarding
348 measurement invariance across sexes: the first step tests whether factor loadings are the same
349 between groups (metric invariance), the second adds constraints on the intercepts (scalar
350 invariance) and the third on residual variances (strict invariance). Invariance is achieved at each
351 step if adding the respective constraints does not significantly worsen model fit. If it does,
352 however, specific parameters need to be inspected and relaxed to achieve partial invariance,
353 and their impact on observed scores considered and discussed (Vandenberg & Lance, 2000).

354 Lastly, we computed correlations between the overall mean scores and the two
355 additional curiosity items as initial indications of construct validity, expecting positive
356 relationships.

357

358

Results

359 Item reduction and emerging sub-factors

360 A schematic overview of item reduction process is presented in Figure 2. We first
361 reverse coded the three negatively formulated items and computed a correlation matrix (using
362 Spearman's rho) to investigate ill-fitting ones (e.g., Prett et al., 2003). This led to the exclusion
363 of two items which correlated negatively with many of the rest (new foods & mouthing;
364 Supplementary Materials S1.2). Then we ensured that the data was adequately sampled and
365 factorable as indicated by a significant Bartlett's test of sphericity ($\chi^2(496) = 3474.50, p <$
366 $.001$), a non-zero, positive matrix's determinant (.00006), and the Kaiser-Meyer-Olkin statistic
367 above 0.70 for both, the overall sample (KMO = 0.89) as well as each individual item (lowest
368 measure of sampling adequacy (MSA) = 0.82).

369 We then fitted a one-factor model on the remaining 32 items to further reduce the item
370 list to only those loading onto a general factor. In this way, six additional items (Supplementary
371 Materials S1.2) with loadings below the recommended .32 (Tabachnick & Fidell, 2007) were
372 eliminated. The subsequent exploration of emerging factors only included the 26 remaining
373 items that loaded strongly and positively onto this general factor. Drawing a line through the
374 lower values in the scree plot (Cattell, 1966; Pett et al., 2003; Figure S1 in Supplemental
375 Materials) suggested 3 or 4 factors. Similarly, the parallel analysis indicated four factors,

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376 whereas the “elbow” of both graphs already occurred at factor 3. Accordingly, we fitted a 3-
 377 factor and a 4-factor model.

378 The 4-factor model had overall better fit values (TLI = .89, RMSEA = .048, BIC = -
 379 921.22) than the 3-factor model (TLI = .87, RMSEA = .052, BIC = -978.39). However, upon
 380 inspection of the emerging sub-factors, both models were highly similar except for an
 381 additional two-item factor in the 4-factor model. As it has been argued that a meaningful factor
 382 should consist of at least three items (Hair et al., 2010), we decided to continue with the 3-
 383 factor model. Table 1 shows the items’ descriptives and subfactor-loadings in comparison to
 384 their loadings on the general factor. Overall, items were positively rated and only items on the
 385 third subfactor were within the ideal range of item difficulty. However, these items were also
 386 accumulating most NA responses indicating behaviours many infants had not recently or not
 387 yet expressed.

388

389 **Table 1.** Final questionnaire items (plus three excluded items), their descriptives (Mean,
 390 Standard deviation, Proportion NA, and Item difficulty) and Exploratory Factor loadings.

Item	M(<i>SD</i> , <i>Median</i>)	NA	Difficulty	General Factor	3-Factor Model		
					1	2	3
S1	When my child encounters an object, they typically seem interested in its properties (e.g., how it feels, tastes, or sounds like, etc.). (.81, 6)	6.2	.00	.88	.34	.61	
S2	My child actively inspects a variety of objects, whether it be toys or ordinary household items. (.63, 7)	6.6	.00	.94	.40	.50	
S3	My child usually inspects objects from all angles and sides. (1.15, 6)	5.6	.01	.80	.44	.51	
S4	My child pokes at and probes objects to see how they feel. (1.01, 6)	6.0	.02	.86	.43	.51	
S5	My child is interested in a wide variety of objects. (.70, 6)	6.5	.00	.93	.41	.52	
S6	My child actively seeks out and enjoys new experiences. (1.05, 6)	5.8	.05	.83	.53	.45	
S7	My child shows visible enjoyment (e.g., smiling, gurgling, babbling) when discovering something new. (.83, 6)	6.3	.00	.90	.40	.44	
S8	My child enthusiastically explores new environments (e.g., a new house, the beach, etc.). (1.10, 6)	5.9	.08	.85	.47	.43	

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S9	My child likes to look around, scanning the environment for something new.	6.1 (.94, 6)	.00	.87	.39	.39	
Item	M(SD, Median)	NA	Difficulty	General Factor	3-Factor Model		
					1	2	3
S10	My child is interested in what other people next to them are doing. For example, when someone prepares food, my child closely observes their every move.	6.0 (1.00, 6)	.02	.86	.42	.37	
SR	My child does <i>not</i> typically engage with (look at, point at, reach for, inspect) a lot of things in their environment.	6.4 (.88, 7)	.01	.91	.43	.36	
Iv1	When my child looks into a container (e.g., a bag, kitchen drawer, etc.), they take out and inspect each of its contents.	6.1 (1.10, 6)	.06	.87	.57	.70	
Iv2	When something is hidden from my child (e.g., in closed boxes, rooms, cupboards etc.), they will actively try to uncover it.	6.0 (1.21, 6)	.09	.86	.64	.66	
Iv3	When I open my bag in front of my child, they will come and peek into it.	6.1 (1.15, 6)	.11	.87	.54	.64	
Iv4	My child often bangs objects to see what noise they make.	6.3 (1.10, 7)	.02	.89	.32	.40	
Iv5	If a toy has multiple functions, my child will typically discover and play with more than one of them.	5.6 (1.28, 6)	.05	.80	.62	.33	
Ia1	My child often leads me to/brings me things that they want to know more about.	5.2 (1.56, 6)	.21	.75	.55	.77	
Ia2	When reading a picture book together, my child directs me (e.g., by pointing) towards what they want to know more about.	4.7 (1.87, 5)	.19	.68	.54	.71	
Ia3	When we are in a new environment (e.g., the zoo, a shop, etc.), my child keeps pointing at all the things they find interesting.	5.1 (1.87, 6)	.18	.73	.53	.66	
Ia4	When faced with a problem, my child will seek the help of others in order to solve it.	4.9 (1.41, 5)	.15	.70	.46	.61	
Ia5	When faced with a problem (e.g., fitting a block into its respectively shaped hole), my child typically keeps trying to figure it out until they have solved it.	4.6 (1.60, 5)	.16	.66	.53	.38	
Ia6	When someone shows my child how something works, they watch with continuous interest.	5.7 (1.06, 6)	.04	.81	.54	.36	
Ia7	When my child is confused by something, they look at me/another person for additional information.	5.7 (.98, 6)	.06	.82	.55		

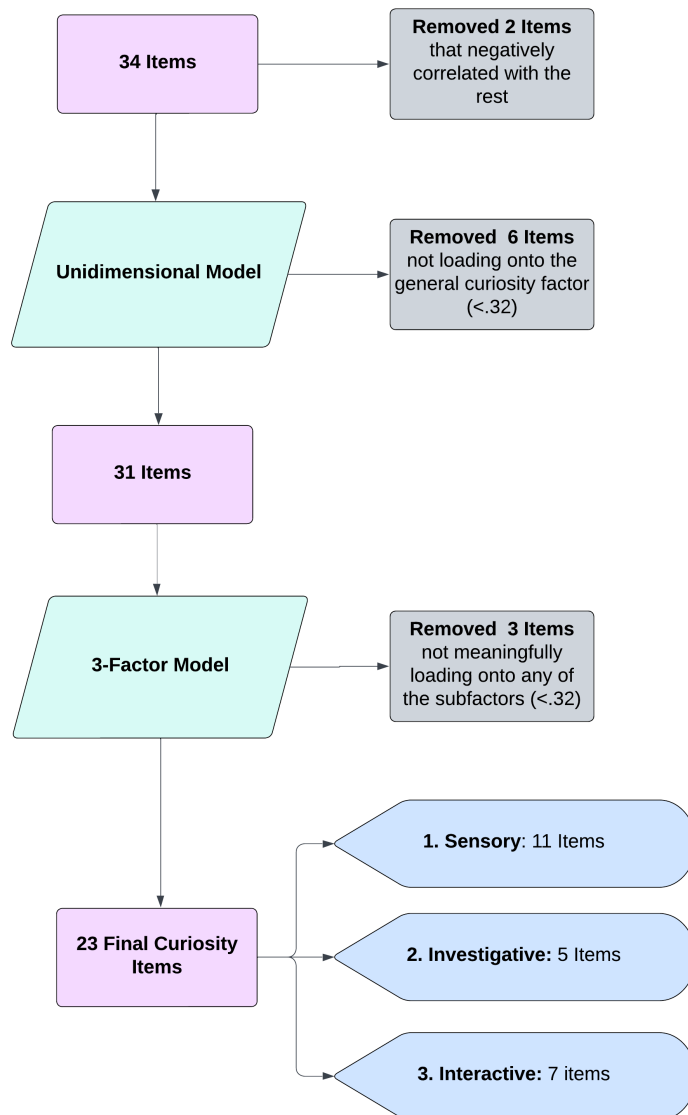
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Ex1	<i>My child starts playing on their own, rather than waiting to be given something to play with.</i>	6.1 (1.01, 6)	.02	.87	.32
Ex2	<i>When my child plays with an assembly toy (e.g., building blocks, puzzle, a toy with detachable parts), they like to take it apart for further examination.</i>	5.8 (1.25, 6)	.13	.83	.51
Ex3	<i>When playing hide and seek, my child enjoys searching for the object or person that disappeared.</i>	6.2 (.87, 6)	.16	.88	.42

391 **Notes.** Items are ordered by subfactors and loadings on those subfactors (S = Sensory, Iv = Investigative, Ia =
392 Interactive, Ex = Excluded). Item difficulty captures the likelihood of receiving the maximum score so that higher
393 values indicate lower difficulty (ideally between .5 and .8 which is only given for the third subfactor). “NA”
394 indicates the sample proportion of NA responses. Factor loadings smaller than .32 are not reported, the strongest
395 loading per factor is marked in bold. Italicised items are those that loaded onto the general factor but did not load
396 sufficiently onto any sub-factor.

397
398 The first sub-factor (11 items) could be labelled as *Sensory* as it includes items regarding more
399 general manual and visual exploratory behaviours. The second subfactor (5 items) could be
400 labelled as *Investigative* including items indicating a tendency to autonomously manipulate
401 objects in their environment to gain information. The third subfactor (6 items) could be labelled
402 as *Interactive* capturing to what degree the child uses and interacts with social partners to
403 receive additional information. These labels aim to best describe each subfactor’s contents
404 especially considering the strongest loading items; but note item Ia5 as an exception.

405 Four items did not sufficiently load onto any of these subfactors. On inspection, three
406 of these (Ex1, Ex2, Ex3) concerned play behaviour more so than exploration which may
407 explain their distinctness. However, item Ia7 had one of the strongest loadings toward the
408 general factor and also loaded onto the Interactive subfactor in the 4-factor model (at .41). As
409 exploratory factor analysis is not meant to be a purely data-driven process, we decided to keep
410 this item given its strong contribution to the general factor and its contextual fit with the
411 Interactive subfactor (now 7 items) while excluding the other three. Thus, all subsequent
412 analyses were conducted on the final set of 23 items.



413 **Figure 2.** Schematic overview of the item reduction process.

414

415 **Structural validity**

416 We fitted a unidimensional and a correlational structural equation model to investigate
 417 the scale's dimensionality and better understand how the items are structured. The model of
 418 three correlating subfactors had a significantly better model fit than the unidimensional model
 419 ($\Delta F(3, 230) = 125.14, p < .001$) yet was not meeting the general criteria of acceptable fits.
 420 Thus, we considered computationally suggested modifications with the top three being
 421 correlated residuals between items S6 and S8, S10 and Ia6, as well as Ia2 and Ia3. With these
 422 modifications, the correlational model showed acceptable fit measures (Table 2). The chi-
 423 square test was significant in both models but this is to be expected at larger sample sizes
 424 (Schermelleh-Engel et al., 2003; Vandenberg, 2006). Expectedly, the subfactors were strongly

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425 correlated (Sensory ~ Investigative: $r = 0.64$, Sensory ~ Interactive: $r = .51$, Investigative ~
 426 Interactive: $r = .75$).

427

428 **Table 2.** Indices for the specified models using Structural Equation Modelling (SEM).

Model	Chi-Square (df, N)	CFI ^a	RMSEA ^b	AIC ^c	BIC ^d	adj. BIC ^e
Unidimensional	$\chi^2(230,370)=703.98^{***}$.71	.075 [.069;.080]	22468.58	22738.61	22519.69
Correlational	$\chi^2(224,370)=388.63^{***}$.90	.045 [.038;.051]	22098.38	22391.89	22153.95

429 *Note:* The correlational model includes the three modifications reported in structural validity section. *** $p <$
 430 $.001$; **a:** Comparative Fit Index (preferably $\geq .90$); **b:** Root Mean Square Error of Approximation (preferably \leq
 431 $.060$) and [95% Confidence Intervals]; **c:** Akaike Information Criterion; **d:** Bayesian Information Criterion; **e:**
 432 Sample-size adjusted BIC (all: smaller better)

433

434 Internal consistency

435 We computed common measures of internal consistency for both the complete scale
 436 and the emergent subfactors (Table 3). The overall scale was found to have high internal
 437 consistency, where a Revelle's beta of $>.70$ additionally supports our assumption of a general
 438 underlying factor. Furthermore, the separate subfactors also had good ($>.70$) indices supporting
 439 these data-driven options to explore additional variance in the sample. Consequently, we will
 440 refer to them as subscales.

441 **Table 3.** Measures of internal consistency for the full scale and the emergent subscales.

Scale	Number of Items	Coefficient α	Lambda-6	Revelle's omega total	Revelle's β
General	23	.87	.90	.89	.71
Sensory	11	.78	.78		
Investigative	5	.74	.71		
Social/Interactive	7	.81	.80		

442

443 Exploration of demographic differences

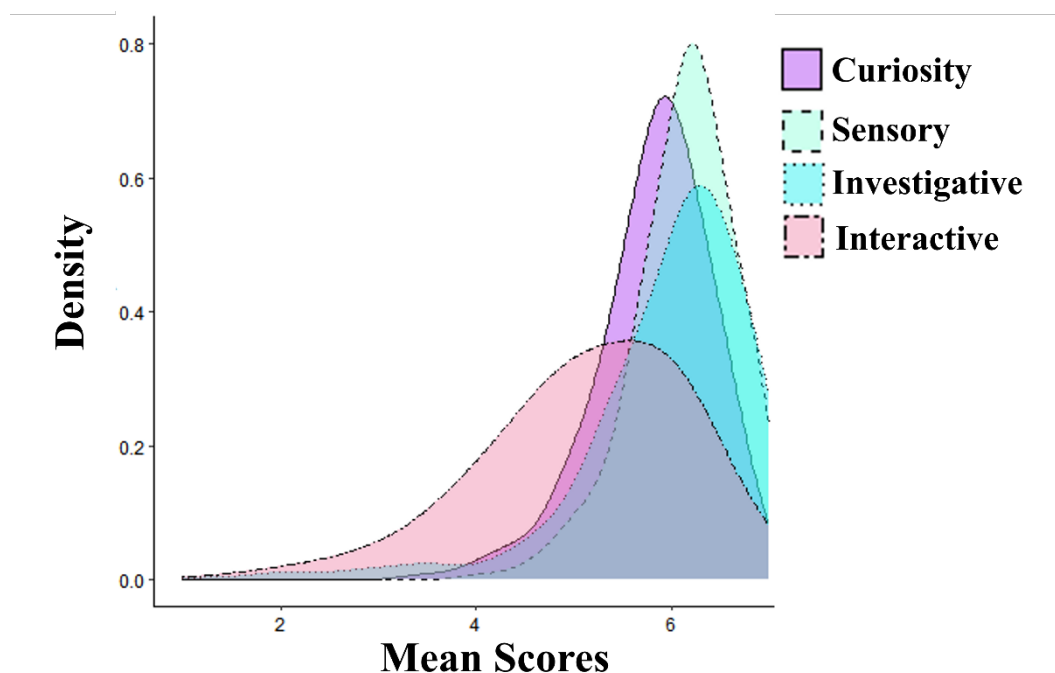
444 The mean curiosity scores were distributed around an average of $M = 5.83$ ($SD = .59$),
 445 evidencing that the scale captures variance in reported exploration tendencies (Figure 3). To
 446 inspect demographic differences in mean scores, we first tested measurement invariance

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447 (metric, scalar, strict) across sex, that is, whether factor loadings, intercepts, and residual
448 variances of each item in the correlational SEM model are the same for male and female infants.
449 One factor loading (Sensory \approx S2) was relaxed to achieve partial metric invariance, beyond
450 which also scalar and strict invariance were achieved (all model comparisons $p > .05$, indicating
451 that additional constraints did not worsen the model fit). The differing item S2 concerns
452 inspection of various types of objects as part of the Sensory subscale. However, we see no
453 concern for the computation and comparison of mean scores across sexes because of the
454 following three reasons: 1) This item has limited impact as it is one of 11 items in that subscale,
455 2) it did not generate significantly different scores between sexes ($W = 16812, p = .812$), and
456 3) because scalar invariance was achieved. Overall, this test supports the ITCQ's applicability
457 across sexes.

458 Multiple linear regressions showed that age ($b = .04, p < .001$) but neither sex ($b_m = .06,$
459 $p = .305$) nor SES ($b = -.02, p = .453$) predicted curiosity scores ($F(3, 324) = 18.05, p < .001$).
460 As we did not expect age to be a significant predictor, we exploratorily investigated these
461 relations for each of the subscales and found the same pattern, while revealing that the age
462 effect was mainly driven by the Interactive subscale scores ($b = .10, p < .001, F(3, 321) =$
463 $38.02, p < .001$), somewhat smaller for the Investigative subscale scores ($b = .07, p < .001, F(3,$
464 $322) = 20.93, p < .001$) and non-significant for Sensory subscale scores ($b = .01, p = .092, F(3,$
465 $324) = 2.03, p = .120$). Additionally, we found that the age effect on mean scores disappeared
466 from the age of 13 months ($b = .02, p = .087$). These subscale patterns are in line with those
467 for item difficulties and proportion of NA responses (Table 1), the latter of which also
468 significantly decreased with age ($b = -.31, p < .001$) but stabilised around the age of 14 months
469 ($b = -.03, p = .066$).

470 Lastly, the overall mean scores and the two curiosity items were positively correlated
471 (direct item: $r_s = .36, p < .001$; comparative item: $r_s = .21, p < .001$), offering a first indication
472 of construct validity. It is to be noted, however, that these single items are not validated
473 measures themselves and therefore cannot reliably capture differences in curiosity (e.g.,
474 median value for the direct item was 7 out of 7). Other potential reasons for these lower
475 correlations are that directly asking about curiosity is more prone to inflict response bias or that
476 parents have a broader meaning of curiosity in mind when responding to these single-item
477 questions. Thus, these results may rather be considered as *initial* checks regarding the
478 construct.



479
 480 **Figure 3.** Mean score density plots for overall curiosity as well as the subscale scores.
 481

482

483

Interim Discussion

484 In this first study, we described the development of the ITCQ from creating an initial set
 485 of items capturing various behaviours with which infants and toddlers can explore and interact
 486 with their environment to the final set of 23 items comprising this internally consistent and
 487 structurally valid measure of trait curiosity. An initial pilot study provided evidence for the
 488 scale's content validity. The subsequent main analysis included 370 responses across an age
 489 range from 5 to 24 months and offered sufficient evidence to justify the computation of an
 490 overall mean score, along with three emergent subscales which could explain additional
 491 variance in the data. These subscales seemed to capture different types of curiosity manifesting
 492 in broader, sensory exploration, more focused, investigative exploration, and interacting with
 493 social others to gain information. While high internal consistency for the full scale further
 494 supported the computation of an overall curiosity score, good indicators for the subscales made
 495 these a valid option for exploratory analyses.

496 We then confirmed the scale's applicability across sexes and found that mean scores were
 497 only predicted by age but neither sex nor SES (but note that SES was rather homogenous in
 498 this sample). The age-effect could be due to the scale items covering various exploratory
 499 behaviours which develop across the first two years of life and are thus bound to increase with

500 time, making parental observations more robust and caregivers more confident in their reported
501 agreement. The differential correlations between age and the subscales (Sensory <
502 Investigative < Interactive), in line with patterns of NA responses and item difficulty, as well
503 as the disappearance of this effect from 13 months of age onward lend support to this notion.
504 Therefore, this effect should be controlled for in cross-sectional studies including younger
505 infants, for which the Sensory subscale would be most meaningful.

506 It is to be noted that a large number of responses concerned infants in the range of 10-12
507 months of age, which may have biased the item selection. This age group is somewhat in the
508 middle of the full age-range and part of the group in which age-effects were observed, so that
509 in fact, the selection would have been biased towards items that are applicable from earlier in
510 development (making up around half of the scale as represented by the Sensory subscale).
511 Nevertheless, longitudinal studies are needed to explore the developmental trajectory of item
512 scores, for which we would expect to find rank stability (more curious children stay more
513 curious) to support the scale's temporal consistency.

514

515 **Study 2: Test-retest Reliability**

516

517 Another important aspect of a scale's validation is test-retest reliability which indicates
518 the clarity of the items via the responses' temporal stability (Crocker & Algina, 1986). If items
519 are well constructed to capture observable behaviour that reflects the child's general
520 tendencies, the responses should be consistent with each other. Here, the retest timeframe was
521 set to 7 to 14 days so that participants were unlikely to remember their previous responses and
522 the child would not have experienced a leap in behavioural development.

523

523 **Methods**

524 **Participants**

525 As mentioned previously, participants who provided consent and email address at the
526 end of the survey were automatically contacted through Qualtrics one week after their initial
527 response. From the participants included in the main analysis in Study 1, we collected $N = 67$
528 test-retest responses completed within 7-14 days ($M = 7.61$, $SD = 1.19$) of the first
529 measurement. Three additional responses were excluded due to longer timeframes (18, 46, and
530 144 days, respectively). Babies of the final 67 responders were typically developing and
531 representative of the full sample (age in months at first timepoint: $M = 12.7$, $SD = 5.1$, range:
532 5.1 – 24.2; 58% female). Caregivers provided consent to proceed to the questionnaire items

533 and completed this second measurement without any additional reward or compensation.
534 Responses were matched via anonymous identification numbers, imbedded in the automatic
535 emails.

536

537 **Materials**

538 The test-retest version of the full questionnaire included the original 36 items as well
539 as the two curiosity questions. However, we conducted all analyses using only the final 23
540 items based on the results from Study 1.

541

542 **Analyses**

543 Test-retest reliability was investigated in two ways: how consistently participants
544 responded to each item (using the function “testRetest” from the *psych* package; (Revelle,
545 2023), as well as the Intraclass Correlation Coefficient (ICC) of mean scores (using the function
546 “icc” from the *irr* package; Gamer et al., 2019). The first analysis implemented the data’s multi-
547 level structure to provide reliability indices for items and participants over time and indicated
548 variance for each of these components and their interactions. Furthermore, we specified the
549 ICC of mean scores as a two-way mixed effect model with absolute agreement and single unit
550 analysis as suggested by the literature (e.g., Koo & Li, 2016). Historically, ICC scores have
551 been considered as *poor* at values smaller than .5, as *moderate* between .5 and .75, as *good*
552 between .75 and .9, and as *excellent* above .9.

553

554

554 **Results**

555 We found good internal consistency at both timepoints (T1: Coefficient $\alpha = .87$, $\lambda-6 =$
556 $.94$; T2: $\alpha = .88$, $\lambda-6 = .96$), indicating that the items correlated with each other to a similar
557 extent. Furthermore, item scores were correlated across measurements at $r = .86$ ($p < .001$).
558 The mean within-subject test-retest reliability of response patterns over items and time was
559 good ($rqq = .79$) as was the reliability of all ratings across items and times ($RkF = .97$) (Revelle,
560 2023; Shrout & Lane, 2012). Multilevel components of variance further showed that most of
561 the variance in scores could be attributed to the items (44%), participants (13%), and the
562 interaction between items and participants (23%). Little to no variance, however, was attributed
563 to time effects (time: 0%; participant*time interaction: 0.1%; items*time interaction: 0%). This
564 suggests that participants responded to items with sufficient temporal stability to support the

565 scale's test-retest reliability. A good ICC of mean scores seconded this finding (ICC(A, 1) =
566 .82; $F(66,47.9) = 11.3, p < .001; 95\%CI=[0.72; 0.89]$).

567

568 **Interim Discussion**

569 Both measures supported the scale's temporal stability indicating that the items were
570 well constructed to allow for reliable responses. It is to be noted, however, that this sample was
571 self-selected and might represent highly motivated responders. Future research should aim to
572 recruit a more representative sample and explore different timespans between measurements
573 for a more in-depth investigation.

574

575 **Study 3: Criterion Validity**

576 Another source of validity evidence is the measure's relationship to other variables
577 (Downing, 2003). This includes correlating them with scores of other existing measures with
578 well-known characteristics. Therefore, we decided to compare the new scale to facets of
579 temperament as we would expect them to be related yet distinct. While the temperament scales
580 mostly capture how the child typically reacts to certain situations, the ITCQ mostly captures
581 infant-initiated exploratory behaviours. As behavioural expressions may well be affected by
582 how the child reacts to certain situations, we expected the temperamental facets to differentially
583 correlate with the curiosity scores. Furthermore, it had previously been stated that an
584 established relation between a curiosity measure and temperament would support the notion of
585 it capturing curiosity as a trait (Piotrowski et al., 2014).

586 Temperament is viewed as an early equivalent to adult personality traits, and its
587 measures (Infant Behavior Questionnaire or IBQ; Early Child Behavior Questionnaire or
588 ECBQ) have been shown to be reliable, valid, and informative both in personality related
589 research but also for predicting behavioural outcomes (e.g., Putnam et al., 2008; Rothbart,
590 1986, 2011), making them appropriate measures for exploring the ITCQ's criterion validity. In
591 adults, positive accounts of curiosity similar to our conceptualisation (e.g., Interest-Type
592 Epistemic Curiosity, Litman, 2008; CEI Exploration Subscale, Kashdan et al., 2009) have been
593 linked to higher Extraversion and Conscientiousness as well as lower Neuroticism (e.g., Hunter
594 et al., 2016; Kashdan et al., 2018). Consequently, similar relations between the ITCQ and the
595 equivalent temperament subscales would support the measure's validity and extend these
596 findings into infancy.

597

598

Methods

599 Participants

600 From the participants included in the main analysis in Study 1, $N = 75$ caregivers
601 (children's age in months: $M = 14.1$, $SD = 4.5$, range: 6.5-24.2; 50.7% female) additionally
602 completed the temperament survey, two thirds of which indicated having a degree in higher
603 education. Most of these respondents were recruited directly from the Babylab's database, and
604 thus, received £5 as reimbursement in the form of an online gift voucher of their choice ($n =$
605 55). The rest ($n = 20$) completed the temperament survey without additional rewards after their
606 in-person study visit for which they had received £5 travel reimbursement and a book for the
607 child. Participants provided written consent prior to answering any questions.

608 Materials

609 While the full temperament measure consists of around 200 items across multiple facets
610 of temperament, the "very short form" versions (IBQ-vsff and ECBQ-vsff) each consists of 36
611 items evaluated on a 7-point Frequency-scale from 1 ("Never") to 7 ("Always") and an option
612 of "NA - not applicable", which have been validated to capture three broader dimensions:
613 Surgency, Negative Affect, and Effortful Control (e.g., Putnam et al., 2010, 2014). Surgency
614 items capture facets such as Approach, High Intensity Pleasure, Activity Level, and Perceptual
615 Sensitivity, making this factor comparable to the personality dimension of *Extraversion*.
616 Negative Affect items capture levels of Sadness, Distress to Limitations, and Fear, making this
617 factor comparable to the personality dimension of *Neuroticism*. Lastly, Effortful Control items
618 capture Duration of Orienting, and levels of Low Intensity Pleasure, Cuddliness, and
619 Soothability, making this factor comparable to the personality dimension of *Conscientiousness*.

620 Participants first completed the full ITCQ, followed by either the very short form of the
621 IBQ or ECBQ depending on the child's age: IBQ if the child was between 5 and 12 months old
622 and the ECBQ for ages 13 months and over.

623 Hypotheses

624 We expected Surgency to positively correlate with curiosity, as a more extraverted child
625 may exhibit more exploratory behaviours across contexts. Second, we expected Negative
626 Affect to negatively correlate with curiosity, as a more fearful and distressed child may exhibit
627 fewer exploratory behaviours across contexts. Lastly, we did not have a clear prediction on
628 how Effortful Control may correlate with curiosity but could hypothesise a positive relation

629 with longer exploratory engagement in line with links found in adults (e.g., Hunter et al., 2016;
630 Kashdan et al., 2018).

631 **Analyses**

632 We computed mean scores for all scales (exploratorily also for the curiosity subscales)
633 and conducted Spearman correlations between the temperament and curiosity scores. We
634 treated scores from the IBQ and ECBQ equally, as items form into the same three dimensions
635 and because of their assessed longitudinal stability (Putnam et al., 2008; Rothbart, 1986).

636

637

Results

638 Correlations between the facets of temperament and curiosity are shown in Table 4. We
639 found significant, positive correlations of moderate effect sizes between both surgency as well
640 as effortful control and the mean curiosity score. Exploratory correlations revealed these to be
641 strongest for the Sensory subscale. Additionally, we found a negative correlation between
642 curiosity and negative affect. This relation seemed to be mainly driven by lower scores on the
643 Interactive subscale so that young children reported to be more fearful and distressed were
644 especially unlikely to interact with social others in the pursuit of information.

645

646 **Table 4.**

647 Spearman correlation matrix between curiosity and temperament mean scores.

	Overall Curiosity	Sensory	Investigative	Interactive
Surgency	0.39***	0.47***	0.31**	0.16
Negative Affect	-0.27*	-0.24*	-0.14	-0.3**
Effortful Control	0.25*	0.3**	0.17	0.08

648 *Note.* $p < .001$ ‘***’, $p < .01$ ‘**’, $p < .05$ ‘*’ with strongest correlations ($\geq .3$) in bold.

649

650

Interim Discussion

651 We investigated how the ITCQ related to other early traits measures, more specifically
652 facets of temperament, to obtain evidence of its criterion validity. We found significant
653 correlations of moderate effect size between all three temperament dimensions and overall
654 curiosity in line with previous personality links found in adults (e.g., Hunter et al., 2016;
655 Kashdan et al., 2018), whereas the subscales offered additional insights. The negative
656 correlation between Curiosity and Negative Affect, that is being more fearful and distressed, is

657 furthermore in accordance with previous adult research that showed anxiety to be negatively
658 associated with epistemic curiosity (Collins et al., 2004; Kashdan & Roberts, 2004; Litman &
659 Jimerson, 2004; Litman & Spielberger, 2003; Naylor, 1981). Additionally, we observed the
660 strongest negative correlation with the Interactive subscale which is consistent with the idea
661 that Neuroticism may specifically inhibit social interactions and respective exploratory
662 behaviours (Green & Campbell, 2000). Together, these results provide evidence that curiosity
663 and facets of temperament are related but still capture unique characteristics of the child's
664 personality comparable to links found in adult personality research.

665

666

General Discussion

667 Recognising the need to measure individual differences in trait curiosity in infants and
668 toddlers, we developed the Infant and Toddler Curiosity Questionnaire (ITCQ) as the first
669 caregiver report measure to assess trait curiosity in this targeted age group, with items capturing
670 observable exploration behaviours specific to infants and toddlers between 5 and 24 months of
671 age. Across three studies we reported evidence for the scale's reliability and validity,
672 suggesting that the ITCQ could become a powerful tool for developmental research.

673 The first study focused on the initial questionnaire development leading to a final set
674 of 23 items, selected based on internal consistency and exploratory factor analyses. Three
675 methodologically emergent subscales captured additional co-variance among the items and
676 developmental exploration skills: sensory curiosity, investigative curiosity, and interactive
677 curiosity as in gaining new information by interacting with social others. The well-fitting
678 correlational model using structural equation modelling and the strong correlations between
679 subfactors offered sufficient support for the computation of an overall mean score. As the full
680 scale but also each of the subfactors had good measures of internal consistency, we considered
681 these subfactors as curiosity subscales. Furthermore, the scale seemed to work the same for
682 male and female infants, but scores did increase with age until around 13 months. Together,
683 this work offers multiple avenues to disentangle effects of trait curiosity but also of more
684 specific types of curiosity manifestations. The second study then showed that the final scale
685 had good test-retest reliability after 7 to 14 days.

686 Lastly, study three indicated criterion validity as the ITCQ scores were significantly
687 related to the well-established trait measure of temperament (Putnam et al., 2014). Here, we
688 found positive correlations between Curiosity and Surgency, which is considered a precursor
689 of Extraversion, as well as Curiosity and Effortful Control, a precursor of Conscientiousness.

690 In contrast, Curiosity negatively correlated with Negative Affect, a precursor of Neuroticism.
691 Together, these findings are in line with theoretical considerations as well as previous
692 personality research in adults (e.g., Collins et al., 2004; Hunter et al., 2016; Kashdan et al.,
693 2018; Kashdan & Roberts, 2004; Litman & Jimerson, 2004; Litman & Spielberger, 2003;
694 Naylor, 1981), providing crucial evidence for construct and criterion validity.

695 **Limitations & future research**

696 Questionnaire development is a strenuous process for which there is no gold-standard
697 as evidenced by numerous open discussions. Using the best practices as a guide, we created
698 and assessed the ITCQ to be a reliable and valid measure (Downing, 2003; Pett et al., 2003).
699 Yet, future studies are needed to collect multiple independent samples replicating these
700 findings in more diverse socio-economic populations and across different cultures. Even
701 though the recruitment for the questionnaire study was largely conducted online via social
702 media, and thus had the potential to reach a more representative population, the final sample
703 ultimately was affected by a self-selection bias of mainly highly educated, white responders.
704 Consequently, the ITCQ's generalisability requires further investigation of potential socio-
705 cultural differences. For example, the encouragement of curiosity might be a privilege of those
706 who have the time and resources, as well as the environmental safety to allow it. Studies in
707 Tanzanian and Chinese parents, for example, have indicated that despite cultural norms
708 emphasizing obedience over independence and curiosity, parental education and financial
709 security were strong predictors of more positive and encouraging attitudes towards these
710 constructs (Chuang & Su, 2009; Jukes et al., 2021). Furthermore, it is possible that some items
711 are not applicable across cultures in which children's interactions with social others to seek
712 help and information are less pronounced (Little et al., 2016). However, this research avenue
713 has already gained traction with planned investigations into cultural differences regarding the
714 applicability of the ITCQ in non-western cultures such as Japan, China, and India.

715 Another limitation concerns the necessity for longitudinal data to establish temporal
716 stability of the trait measure, its developmental trajectories, and its convergent validity to other
717 measures of early curiosity (Lee et al., 2023), problem solving (Hoicka et al., 2023) or
718 observation-based curiosity scores (Fortner-Wood & Henderson, 1997). Nevertheless, our
719 reported studies here suggest that the ITCQ is a promising measure for application in
720 psychological research to potentially explain variance in observed exploration behaviours (e.g.,
721 Mandler et al., 1987; Piccardi et al., 2020; Slone et al., 2019; Smith & Yu, 2013) as well as
722 developmental trajectories (e.g., (Berg & Sternberg, 1985; Bornstein et al., 2013; Muentener
723 et al., 2018; Shah et al., 2018). In fact, preliminary reports of our measure have already gained

724 international interest so that a German, Dutch, and Italian version of the ITCQ are currently
725 undergoing validation, and a child version for 2–5-year-olds has also been developed (Altmann
726 et al., 2023).

727

728 **Conclusion**

729 In this paper, we present the development of a newly constructed caregiver report
730 questionnaire (ITCQ) and showcase that it effectively captures early exploration tendencies as
731 a manifestation of individual differences in infants' and toddlers' trait curiosity. Importantly,
732 the ITCQ fills an important gap in the scientific landscape of infancy research. Across three
733 studies we demonstrated evidence for the measure's reliability and validity following rigorous
734 practice to ensure that future applications of the ITCQ will offer new and powerful insights
735 into early human development.

736

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746 **Author contributions**

747 **Elena Altmann:** Conceptualisation; Data curation; Formal analysis; Investigation;
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749 Writing - review & editing. **Marina Bazhydai:** Conceptualisation; Funding acquisition;
750 Methodology; Supervision; Writing - review & editing. **Didar Karadağ:** Conceptualisation;
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1100 **Supplementary Materials**

1101
1102 The r-script and raw data to reproduce the analyses, as well as a paper-pen-version for the
1103 questionnaire have been made available on the [OSF](#).

1104
1105 **1. Additional Items**
1106

1107 ***1.1 Mirrored Items for attention***

1108 Ia6-M. When someone shows my child how something works, they are usually **not** very
1109 interested. (*Mirror of Final Item Ia6, Table 1; Can be additionally included in the middle of*
1110 *the item list, perhaps for online research with concerns over data quality, but must then be*
1111 *excluded from aggregate scores.*)

1112 Ex1-M. My child usually waits to be given a toy to play with, rather than start playing by
1113 themselves. (*Mirror of excluded item Ex1, Table 1*)

1114
1115 ***1.2 Excluded Items (original numbering)***

1116 ***Excluded due to negatively correlating with the rest:***

1117 Item.5 When my child encounters an object, they are likely to put it in their mouth for further
1118 inspection (e.g., to see what it feels or tastes like).

1119 Item.21 My child is usually happy to try new foods they haven't eaten before.

1120
1121 ***Excluded due to not loading onto the general factor:***

1122 Item.1 When I hold or move a toy or object in front of my child, they follow it with their eyes.

1123 Item.4R When my child is introduced to something new, they are often not very interested.

1124 Item.9 My child is constantly reaching for objects to explore.

1125 Item.14 Once my child was able to crawl, they used this new skill to explore their environment
1126 on their own terms.

1127 Item.29 R My child does not seem to care when we go somewhere new, they still prefer to
1128 engage with familiar objects they brought from home (e.g., their pacifier or favourite toy).

1129 Item.36 My child is usually interested in new people.

1130
1131 ***Excluded due to not loading onto any subfactor:***

1132 Item.15/Ex1 My child starts playing on their own, rather than waiting to be given something to
1133 play with.

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1134 Item.18/Ex2 When my child plays with an assembly toy (e.g., building blocks, puzzle, a toy
1135 with detachable parts), they like to take it apart for further examination.

1136 Item.25/Ex3 When playing hide and seek, my child enjoys searching for the object or person
1137 that disappeared.

1138

1139 ***1.3 Open Ended Questions***

1140 *In reference to their response to the comparative item:*

1141 Please provide a short example that illustrates the option you just indicated. (*If more or less*
1142 *curious*)

1143 Please provide a short example of how your child has recently (or indicate an approximate age)
1144 explored their environment in a way which was not reflected in the statements you rated. (*If*
1145 *equally curious*)

1146

1147 **2. Additional considerations regarding the response scale**

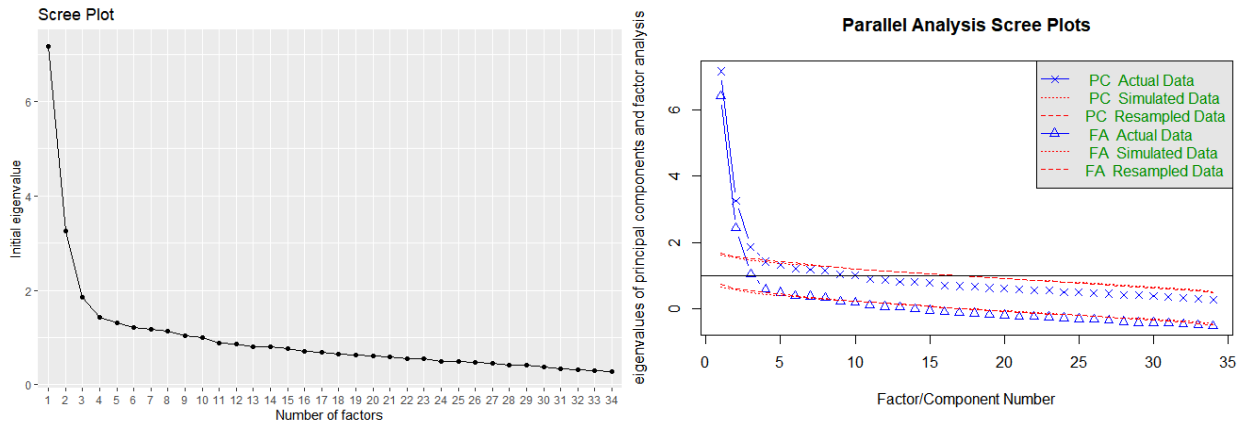
1148 As the response scale we decided on a 7-point Likert scale from 1 (“strongly disagree”) to 7 (“strongly agree”). We considered using a frequency scale from *never* to *always* which is
1149 used in several infant and early childhood questionnaires (e.g., temperament scales IBQ and
1150 ECBQ). While both agreement (that is, Likert) and frequency scales can be used to generate
1151 aggregate scores, it was found in a systematic review that agreement scales lead to better fit
1152 and response quality and that frequency scales can be problematic in their interpretation
1153 (Brown, 2004). Thus, we decided on the format of agreement.

1155 As the questionnaire was administered online using the secure software Qualtrics
1156 (Qualtrics, Provo, UT), we also had to consider in which way the response options would be
1157 presented. Next to the more conventional “radio-button” responses (one for each scale-point),
1158 a “slider” was discussed where caregivers could indicate their level of agreement anywhere
1159 between 0 and 100. While reviews suggest that such sliders can be more engaging with
1160 comparable data quality, they are in fact more time-intensive and can lead to frustration (Sikkel
1161 et al., 2014) and higher drop-out rates (Couper et al., 2006; Cook et al., 2001). Furthermore,
1162 they seem to add cognitive complexity which would not be recommended for wider
1163 representation of the caregiver population (e.g., Funke et al., 2014; Stanley & Jenkins, 2007).
1164 Based on these considerations, we decided to implement a conventional 7-point Likert scale
1165 with a button for each response option.

1166

1167 **3. Number of exploratory factors**

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1168 **Figure S1.** Scree plot & parallel analysis to determine the adequate number of factors
1169 suggesting 3 or 4 factors as indicated by their explanatory eigenvalues and the “elbow” in the
1170 graphs.