

## Article

# Preliminary *in-vitro* assessment of whey protein isolate hydrogel with cannabidiol as a potential hydrophobic oral drug delivery system for colorectal cancer therapy.

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**Abstract:** Colorectal cancer (CRC) is the second global cause of cancer morbidity. Often, potent CRC drugs fail to reach the market, due to the molecule having low solubility levels. Therefore, there is a need to develop a viable, targeted, delivery system for hydrophobic drugs. Whey protein isolate (WPI), in the form of hydrogels, has demonstrated loadability with hydrophobic molecules. Hydrophobic cannabidiol (CBD) has demonstrated potential in inhibiting and suppressing CRC tumor growth. Therefore, in this study, WPI hydrogels were assessed as a novel oral hydrophobic drug delivery vehicle, using CBD as a model drug. The hydrogels were analysed in condition consistent with the alimentary tract. The investigation was performed at pH 2 (stomach), pH 7 (small intestines) and pH 9 (large intestines) and using the enzymes pepsin (stomach) and protease (small and large intestines) to simulate the digestive environment. Polymer swelling assays demonstrated that the swelling potential of the hydrogels was strongly dependent on pH. At pH 2, hydrogels decreased in mass, losing around 10% of their initial mass, while hydrogels in a pH 9 environment increased in mass by approximately 50%. However, enzymatic degradation of the hydrogels at pH 2 (pepsin, stomach), pH 7 (protease, small intestines) and pH 9 (protease, large intestines) was more pronounced in the neutral – alkaline pH range. Pepsin at pH 2 had no significant effect on the hydrogels. In contrast, protease at pH 9 significantly degraded the hydrogels resulting in a mass loss of 30–40% from the initial mass. The results suggesting a higher rate of degradation in the intestines rather than the stomach. Furthermore, CBD release, analysed with U.V. spectroscopy, demonstrated a higher release rate in pH conditions associated with the intestines (pH 7 and pH 9) rather than the stomach (pH 2), suggesting a higher rate of CBD release in regions of the digestive tract affected by CRC. Significantly, the hydrogels significantly reduced viability of HT29 CRC cells. This study demonstrates the potential of the utilization of WPI hydrogels as an oral hydrophobic drug delivery system.

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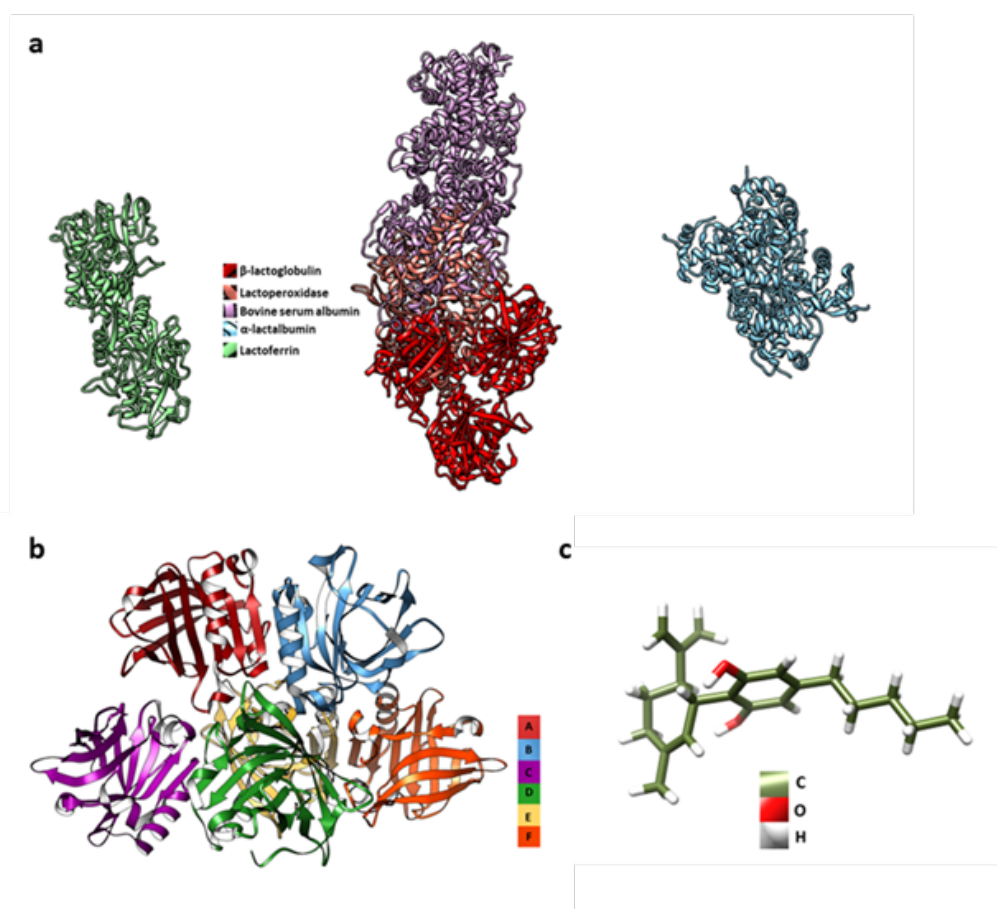
**Keywords:** Whey protein; cannabidiol;  $\beta$ -lactoglobulin; cancer therapy; swelling; enzymes; oral medication; intravenous; hydrophobic drug delivery.

## 1. Introduction

Colorectal cancer CRC, also referred to as bowel cancer, is a form of cancer which begins as polyps in the colon before tumor formation and metastasising to other areas of the body [1]. Approximately 11% of all new cancer cases are attributed to CRC, with over 44,000 new cases reported in Britain in 2019 [2]. Globally, CRC is the second leading cause of cancer morbidity [3]. Familial inheritance and lifestyles risks have been associated with CRC development [4, 5, 6]

Currently, the gold standard CRC treatment is surgery to remove the polyps and the

cancerous cell from the epithelial lining [7]. Chemotherapy, immunotherapy, and radiotherapy are also utilised in conjunction [8]. A limitation presented by many potential CRC therapeutics ascends from their hydrophobic nature [9]. The hydrophobicity of the drug leads to poor solubility, poor bioavailability and presents difficulties in drug administration [10]. The result is a dependence on less potent medications or an increasing cost on the medications that succeed in passing the clinical trial phase [11]. To bring a typical cancer drug onto the market, an average of \$648 million dollars is required. This cost is further increased by the number of medications that fail to reach the market beforehand [12]. Here, in this study, we suggest a potential safe and inexpensive solution to the delivery of hydrophobic medications to the target site using whey protein isolate (WPI) hydrogels, specifically utilising WPI hydrogel as an oral drug delivery system.



**Figure 1.** a-c. Chimera models representing a) the binding or non-binding of the 5 main constituent proteins in WPI in their functional form. b)  $\beta$ -lactoglobulin and c) a CBD molecule. The models were produced on Chimera (University of San Francisco, USA). The WPI proteins were sourced from Uniprot (NCIB), and the CBD structure was sourced from PubChem (NCIB).

Recent advancements in the field of biomaterials have demonstrated the potential of WPI (Figure 1) [13]. Hydrophobic molecules can be incorporated into WPI hydrogels; this is believed to be thanks to hydrophobic interactions [14]. The hydrogels are easily sterilizable by autoclaving and their utilization as an oral drug delivery system presents no immediate risk. On the contrary, WPI is used as a dietary supplement, e.g. in milkshakes for bodybuilders. WPI hydrogels have been utilised in bone regenerative medicine with many different phases incorporated into the hydrogels [15, 16, 17]. However, it is the potential to incorporate poorly soluble molecules such as phloroglucinol that will be exploited in this investigation [18]. The hydrophobic phyto-cannabinoid, cannabidiol (CBD), Figure 1c, was the model drug in this investigation. CBD provided the ideal model as it is

hydrophobic, inexpensive, easily available. Although the pharmacokinetics of CBD are not well defined [19], CBD has demonstrated positive properties, such as inhibiting the proliferation of tumors specifically in CRC both *in-vitro* and *in-vivo* [20]. Weng et al [21] demonstrated that elevated ROS levels caused by CBD inhibited tumor growth in p53wt cells through the arrest of cells in the G0/G1 phase of the cell cycle, initiating macroautophagy. Furthermore, [22] demonstrated the inhibition of metastasis of CRC cells with CBD achieved through the inhibition of Wnt/ $\beta$ -catenin signalling pathway

The protein-based nature of the WPI hydrogels presents a limiting factor in the use of WPI hydrogels as a hydrophobic drug delivery system, mainly due to the pH and proteolytic enzymes employed by the digestive system. The alimentary tract presents a varying range of pH values. The stomach demonstrates a range of pH 1.5 -3.5 as a result of hydrochloric acid [23]. However, as bile and pancreatic secretions are introduced, and the partially digested produce enters the small intestine the pH increases and can range from neutral to pH 8.5, before returning to neutral in the large intestine [24]. Additionally, digestion introduces the hydrogel to digestive enzymes, the most prevalent in the stomach being pepsin, whereas the intestines employ a range of proteolytic, pancreatic enzymes, released to aid in digestion [25].

Therefore, WPI hydrogels loaded with CBD (WPI-CBD) were synthesized with 5 different CBD concentrations (Table 1) and analysed physio-chemically in conditions consistent with the alimentary tract, specifically, at pH levels consistent with the stomach and the intestines. Enzymatic degradation assays were conducted using the digestive enzymes pepsin and proteases at concentrations consistent with digestion to ascertain any potential proteolytic effects. The release of CBD from the hydrogel was analysed utilising U.V. vis spectroscopy. Additionally, cell viability assays were conducted to analyze the effect on HT29 CRC.

**Table 1.** Concentration variables of the fabricated WPI-CBD hydrogels.

Sample	% WPI	CBD concentration ( $\mu$ M)
WPI-CBD0	40	0
WPI-CBD1	40	10
WPI-CBD2	40	20
WPI-CBD3	40	30
WPI-CBD4	40	40
WPI-CBD5	40	50

## 2. Results and discussion

### 2.1. Swelling analysis under conditions simulating the gastrointestinal tract

It was necessary to understand the behaviour of the hydrogels under physical conditions associated with digestion. For the assay, WPI and WPI-CBD hydrogels were introduced to environments at pH 2, pH 7 and pH 9. The results are presented in Figure 2. There are two main observations. Firstly, the addition of CBD affected the WPI hydrogel polymer swelling potential and secondly, increasing pH caused increased swelling of the hydrogels.

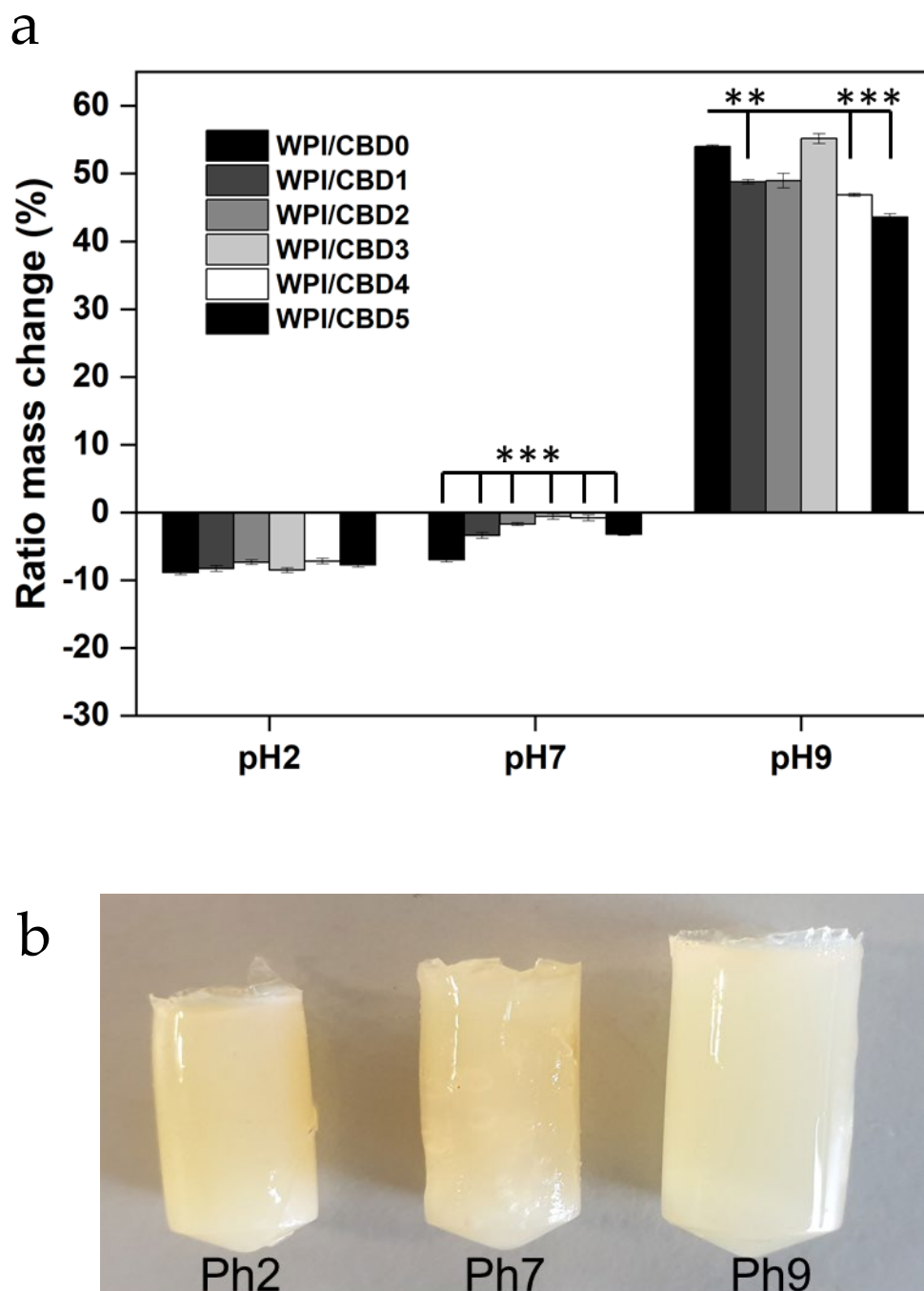


Figure 2. a, the result of polymer swelling assay under pH 2, pH 7 and pH 9 conditions. The hydrogel samples were introduced to 5mL solution. Each bar represents the mean  $\pm$  SD of  $n=15$  (\*\* $p < 0.01$ , \*\*\* $p < 0.001$  when compared to the WPI control). b, an image representing the hydrogels post swelling assay.

In the acidic range the addition of CBD had no significant effect on the swelling potential of the hydrogel when the samples containing CBD were compared to the WPI control without CBD. In contrast, the addition of CBD to the hydrogels led to statistically significant differences between the WPI-CBD concentrations for both pH 7 and pH 9 conditions, when compared to the WPI/CBD0 control. For instance, in the pH 7 environment all WPI-CBD sample groups demonstrated statistically significant differences when compared to the WPI/CBD0 control ( $P < 0.05$ ). Furthermore, the WPI/CBD0 control in the pH

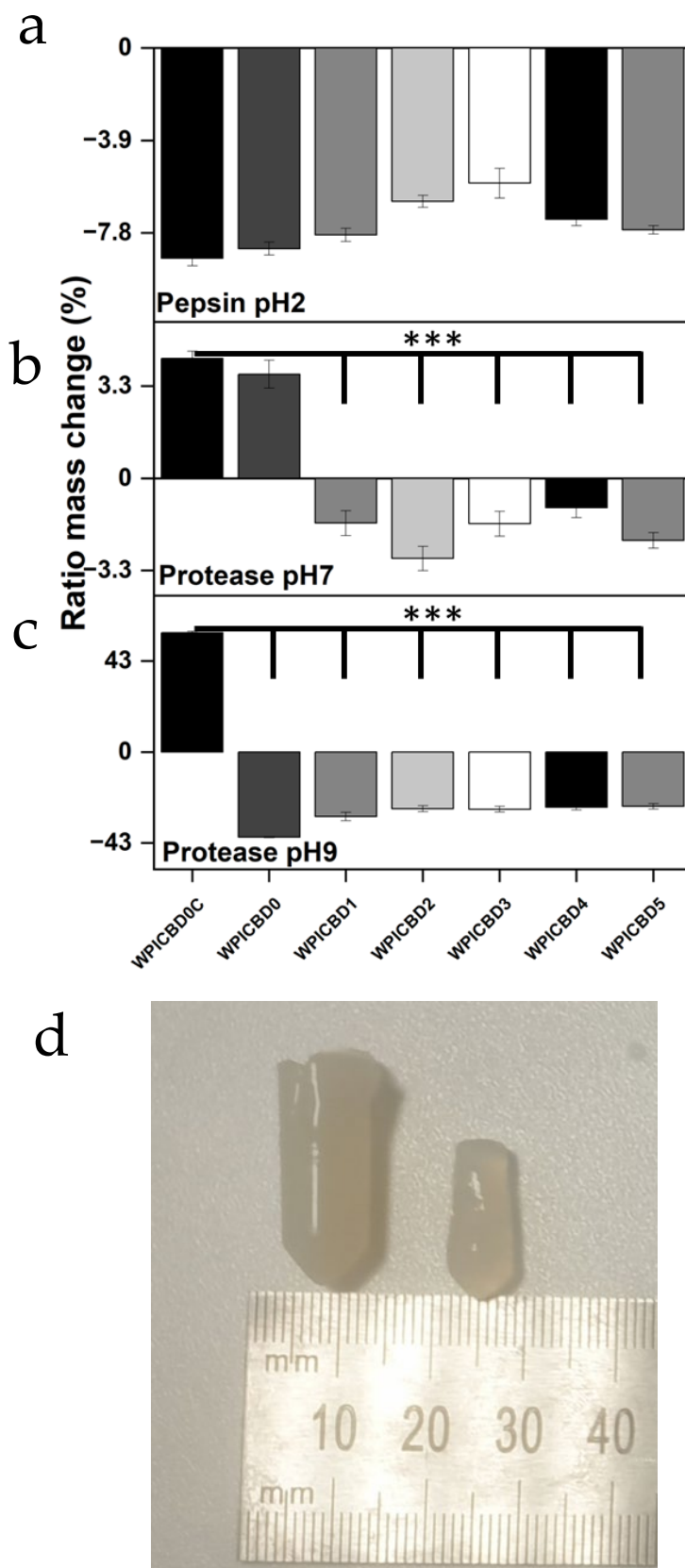
7 environment aligns with previous WPI controls under pH 7 conditions such as in Baines, et al [26]. Similarly, when introduced to pH 9, the sample groups WPI-CBD1, WPI-CBD4 and WPI-CBD5 demonstrated statistically significant differences when compared the WPI/CBD0 control ( $P < 0.05$ ). The WPI/CBD3 result in the pH9 solution could potentially be attributed to imperfections within the hydrogels, such as fractures or air pockets formed during the manufacturing process, but such discussion must remain speculative.

The results suggested the addition of CBD influenced the swelling potential of the hydrogels as demonstrated by two factors: Firstly, the decrease in mass loss at pH 7 groups with an increase in CBD concentration. Secondly, the decrease in swelling at pH 9 with an increase in CBD concentration. The result could potentially be attributed to the underlying hydrophobic interactions between CBD and the WPI hydrogel proteins, affecting the solute uptake of the hydrogels. However, more investigation would be needed to verify this, due to the low concentrations of CBD utilised in the investigation.

The contrasting pH levels presented observable differences as demonstrated in Figure 2. Acidic – neutral conditions resulted in a loss of mass which was more pronounced at the acidic portion of the scale. The relative mass loss improved, that is to say, less mass was lost as the environment became more neutral, demonstrated by the results for both the pH 2 and pH 7 values. In contrast, at the alkaline end of the scale, pH 9, samples increased in mass significantly, a result of the different charges applied to the hydrogels during the swelling process. Betz et al [27] suggested that the lack of swelling in low pH environments was attributed to a loss of carboxylic groups during the process of swelling. However, [28] suggests that the main component of WPI,  $\beta$ -lactoglobulin in hydrogel form, was extremely stable in acid pH environments and suggest the lack of swelling in low pH environment is partly due to the rigid structure of the  $\beta$ -lactoglobulin. Our findings suggest both statements could be true.  $\beta$ -lactoglobulin is the main components of WPI. However, the concentration of  $\beta$ -lactoglobulin in WPI fluctuates between 60-90%, other proteins include,  $\alpha$ -lactalbumin, bovine serum albumin, Lactotransferrin, Lactoperoxidase amongst traces of other proteins. Therefore, there is potential for  $\beta$ -lactoglobulin to remain stable whilst other proteins carboxylic groups are deprotonated. Similarly, the effect attributed to swelling of the hydrogels under pH 9 conditions align with what is suggested in literature. As suggested by Mercade-Prieto et al, the increase in swelling can be attributed to the interruption of intermolecular non-covalent interactions caused by the protein repulsion of the high number of charges, resulting if further protein deformation [29].

## 2.2. Enzymatic degradation

Utilised as an oral medication, there is the potential for the protein-based hydrogels to be degraded through proteolysis by the enzymes of the digestive tract. Therefore, an assay was conducted to determine the effect of digestive enzymes on the degradation of the hydrogels. All enzyme concentrations were consistent with those found in the digestive track. Pepsin at pH 2 was used to replicate the stomach conditions, whilst protease was used to replicate proteolytic enzymes during digestion at pH 7 and pH 9. The results for the enzymatic degradation assays can be seen in Figure 3.



**Figure 3.** a, enzymatic degradation assay under a, pH 2, b, pH 7 and c, pH 9 conditions. The hydrogel samples were introduced to 5mL solution with added enzymes, a, pepsin (pH 2) and b, protease (pH 7 and pH 9). The WPICBD0C variant represents the control with no enzymes added to the

solution, whereas WPICBD0 is the control with no added CBD. Each bar represents the mean  $\pm$  SD of  $n=10$  ( $***p < 0.001$ ; compared to the WPI control). d, an image depicts the pH9 WPICBD0C control with no enzymes (left) post swelling and degradation x the WPI0 control with enzymes (right)

The results show a clear effect of proteolysis on the hydrogels, particularly under alkaline conditions. However, a clear observable difference was observed throughout the pH range. As suggested by the swelling assays at pH 2, the hydrogels would be expected to decrease in mass due to pH alone. Additionally, at pH 2, in the presence of pepsin at its optimal pH, a further loss of mass could be expected. However, this was not the case and marked differences were observed in the behaviors between the WPI hydrogels containing CBD and their control counterparts. The results may be a consequence of the lack of swelling, with the result that pepsin is not able to access the protein bonds which need to be cleaved in order to degrade the hydrogels.

Additionally, the observable results for the pH 7 and pH 9 values can be explained by both the results of the aforementioned swelling assay, with the enzyme gaining access to bonds thanks to swelling, and enzyme kinetics. In the assay, under basic conditions, the enzymatic effect of protease was much more pronounced. The hydrogels were degraded significantly when compared to the neutral environment. This may be the result of both the increased access to bonds gained by the protease during the swelling of the hydrogels in basic conditions and protease having an optimum pH of 8-9 [30]. At pH 9 significant differences were observed between the WPI hydrogels containing CBD and the CBD-free control without any enzyme. Likewise, at pH 7 significant differences were observed between the controls. However, the WPI/CBD0 control gained mass during the assay. WPI hydrogels in neutral conditions have the potential to gain or lose a small amount of mass. Therefore, the mass loss shown by the WPI-CBD variables could also be attributed to hydrogel variability. However, the pronounced effect of the enzyme on the hydrogel between acidic to neutral and neutral to basic suggests a system that suffers less degradation in conditions consistent with the stomach and could potentially be protected in the acidic conditions, before moving to conditions associated with large and small intestines and beginning to degrade fully. Furthermore, the increased degradation in the intestines would increase the rate of release of CBD from the hydrogel at the target site.

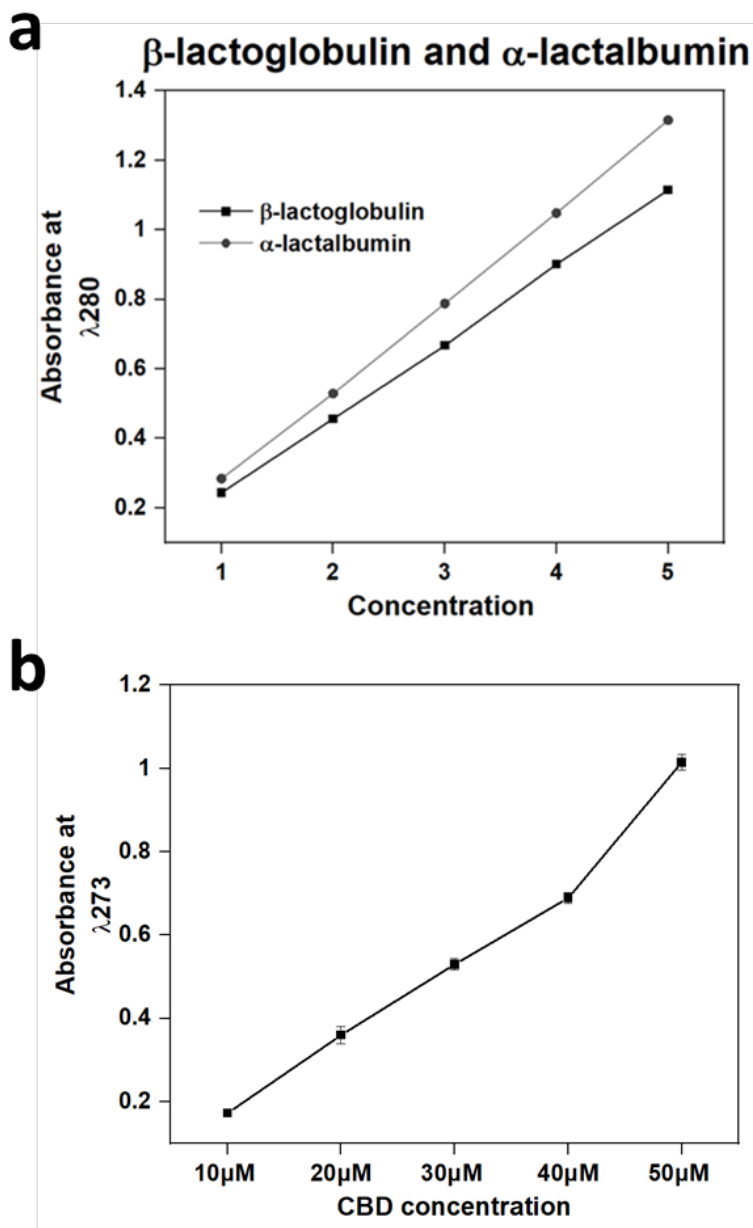
### 2.3. Release profiling

#### 2.3.1. Standardisation process

##### 2.3.1.1 $\beta$ -lactoglobulin and $\alpha$ -lactalbumin standardisation.

For method standardisation  $\beta$ -lactoglobulin and  $\alpha$ -lactalbumin were chosen.  $\beta$ -lactoglobulin and  $\alpha$ -lactalbumin are the two main protein components of WPI, accounting for between 60-90% ( $\beta$ -lactoglobulin) and 15-25% ( $\alpha$ -lactalbumin) of the WPI [31]. Additionally,  $\beta$ -lactoglobulin and  $\alpha$ -albumin present small-scale differences in their tyrosine (Tyr) and tryptophan (Trp) residue composition and both absorb at wavelengths associated with CBD absorbance due to Tyr, Trp and CBD all presenting molecular aromatic portions.

The results displayed in Figure 4a demonstrated a linear increase for both  $\beta$ -lactoglobulin and  $\alpha$ -lactalbumin from the minimum concentration to the maximum concentration of  $10^{-4}$  g/M/L. Additionally, as expected  $\alpha$ -lactalbumin presented a higher absorbance in the  $\lambda 280$ nm region due to the increased number of Tyr and Trp residues in the  $\alpha$ -lactalbumin amino acid composition.



**Figure 4a and b.** a, The release standardisation assay with U.V absorbance of  $\alpha$ -lactalbumin and  $\beta$ -lactoglobulin ( $10^{-4}$  g/M/L) at  $\lambda 280$  nm. The maximum concentration used was  $10^{-4}$  g/M/L labelled in graph a as 5. b, The CBD calibration curve with a maximum concentration of  $50 \mu\text{M}$ , with U.V absorbance of CBD at  $\lambda 273$  nm. Each bar represents the mean  $\pm$  SD of  $n=15$ .

### 2.3.1.3 CBD calibration

The results for the CBD calibration curve are displayed in Figure 4b and Table i. A linear increase in CBD is demonstrated between the concentrations 10, 20, 30 and  $40 \mu\text{M}$ . However, the  $50 \mu\text{M}$  variable deviates from the trend, displaying a higher absorbance than the trend, suggesting the beginning of an oversaturation of aromatic rings.

**Table 2.** The corresponding result for the CBD calibration chart in Figure 4b.

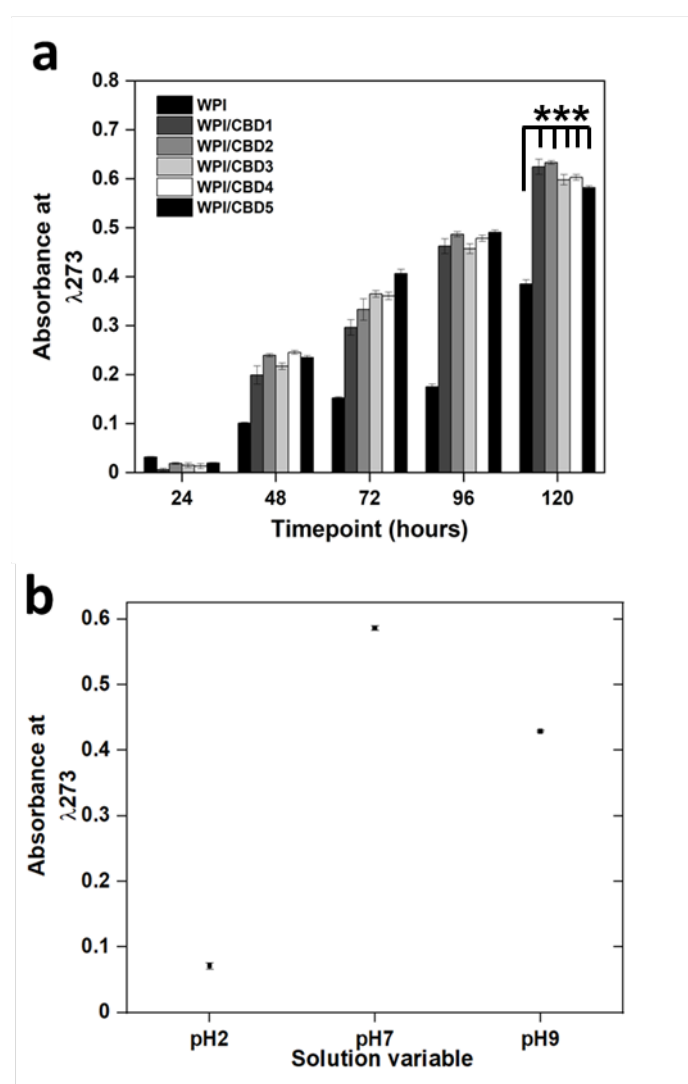
CBD concentration ( $\mu\text{M}$ )	Absorbance at $\lambda 273\text{nm}$
10	0.17



20	0.36
30	0.53
40	0.69
50	1.04

### 2.3.1.3 CBD release profiling

Release analysis was performed on the WPI-CBD hydrogels. WPI hydrogels may bind hydrophobic molecules through hydrophobic interaction on the inside of the hydrogels. Therefore, it was important to ascertain if the release of CBD from the hydrogel was possible, but also if release was possible in conditions consistent with digestion. The cumulative release was monitored over 5 days in pH 2, PH 7 and pH 9 solutions. The results are presented in Figure 5a and b.



**Figure 5a and b.** a, the observables are a, example CBD release in PBS and b, the relative absorbance of U.V radiation at  $\lambda 273$  nm for the release of CBD at the end point concentration (WPI/CBD5) in each pH variable. Each bar represents the mean  $\pm$  SD of  $n=15$  (\*\* $p < 0.01$ , \*\*\* $p < 0.001$  when compared to the WPI control).

The results in Figure 5a demonstrate the release of CBD over a 5-day period at pH 7. The results suggest a significant difference in absorbance between the WPI-CBD sample groups and the WPI/CBD0 control ( $p < 0.05$ ). Further analysis at 120hrs suggests the

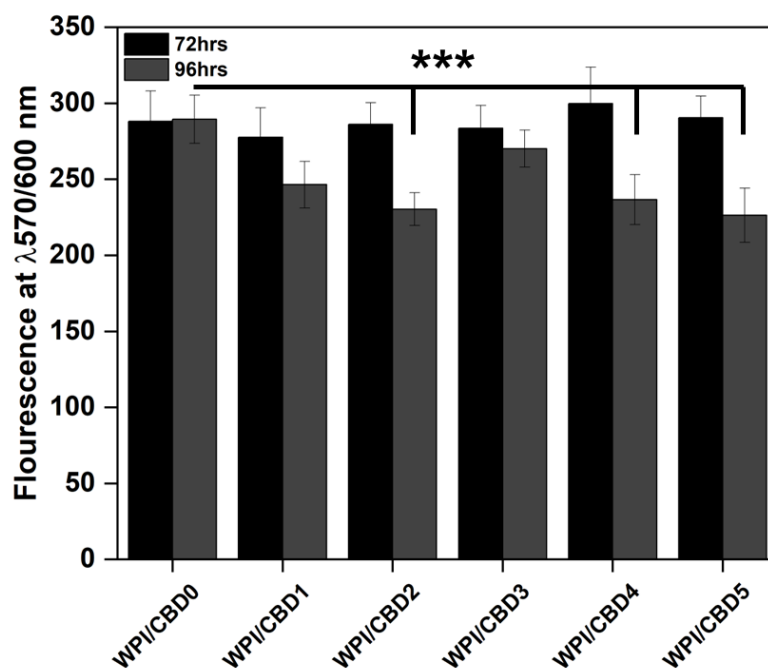
potential CBD release of around 10–15  $\mu\text{M}$  when compared to Table 1. A 2022 review from Heider et al [32] assessed the known CBD anti-cancer effects and cited 7 independent CRC investigations where CBD had produced inhibited tumor proliferation at concentrations under 15  $\mu\text{M}$ . For instance, Aviello et al [33] inhibited cellular proliferation in Caco-2 and HCT116 cell-lines with 10  $\mu\text{M}$  CBD. Jeong et al [34] increased apoptosis in HCT116 and DLD1 cell-lines with 6  $\mu\text{M}$  CBD. Furthermore, Kim et al [35] demonstrated increased apoptosis in HCT116, DLD-1 and HT29 CRC cell-lines with 4  $\mu\text{M}$  CBD. These all suggest the potential of WPI-CBD hydrogels should release occur at the target site.

When comparisons are made between the pH 7 values and both the pH 2 and pH 9 values in Figure 5b, a maximum release is at pH 7 is observable. The samples fail to release CBD under pH 2 conditions. Furthermore, no protein leaching can be observed, further demonstrating the molecular effect of pH 2 on the hydrogels as aforementioned in the swelling and enzymatic degradation sections. The release at pH 9 equates to approximately 5–10  $\mu\text{M}$ . Although lower than at pH 7, the release at pH 9 still equates to a concentration that could have positive results. The results suggest maximum CBD release would occur in pH conditions consistent with those in the intestines. Additionally, the release assay was conducted without any enzyme present. Therefore, once in the digestive tract and introduced to digestive enzymes, both the rate and concentration of release would be increased. However, the maximum release would be in conditions consistent with the intestines and thus the target site.

## 2.4. Cellular analysis

### 2.4.1. Cell viability assay

CBD has previously been shown to have an antiproliferative effect on HT29 cells in vitro [33]. In order to ascertain whether WPI-CBD gels would be able to impact on cell viability, HT29 cells were treated for 72 and 96 hours (Figure 6). CBD had no effect up to 72 h but was able to reduce cell viability by 20.4% (WPI-CBD2), 18.3% (WPI-CBD4) and 21.8% (WPI-CBD5) ( $p < 0.05$ ).



**Figure 6**, WPI-CBD hydrogel cellular viability results on HT29 cells. Black depicts cellular viability post 72hrs and dark grey 96hrs. The Y axis shows the fluorescence at 570/600 nm and the X axis

depicts the WPI-CBD hydrogels in increasing concentration, demonstrated in table 2. Each bar represents the mean  $\pm$  SD of  $n=16$  (\*\* $p < 0.001$  when compared to the WPI control).

Although full apoptosis was not observed the results demonstrates a reduction in proliferation between timepoint 72hrs and 96hrs. When compared to the WPI/CBD0 control variable WPI-CBD2, WPI-CBD4 and WPI-CBD5 demonstrate significant differences suggesting the potential role of CBD. Sainz-cort et al [36] demonstrated the anti-proliferative effect of CBD on HT-29 cells at a concentration of 10  $\mu\text{M}$ . In their investigation at 48 hours the HT29 cellular proliferation was significantly lower than control variables. However, full cytotoxicity was not observed but anti-proliferative effects were. Although there is a 2-day discrepancy between the observable anti-proliferation in this assay and the one conducted by [37], the discrepancy is likely the result of CBD encapsulation in the hydrogel and thus the time required for the consequent CBD release. Similar cytotoxic and anti-proliferative effect of CBD on HT-29 CRC cells have been observed by [38, 39, 40].

The results provide further validity to the previous CBD release assay. Furthermore, the results demonstrate the potential of WPI hydrogels to encapsule, protect and deliver a hydrophobic molecule to fulfil its medicinal role.

### 3. Conclusion

The investigation sought to synthesis WPI hydrogels with a known hydrophobic molecule; in this study, CBD was utilised. The novel approach was taken due to the benefits provided by WPI. It is known that hydrophobic molecules can be incorporated in WPI hydrogels, Further benefits are the low cost of WPI, which can potentially be exploited to produce a cheaper alternative for hydrophobic drug delivery. A further part of the investigation was the analysis of the hydrogels in conditions consistent with human digestion to determine if the material would be valuable for further analysis to provide a hydrophobic drug delivery system to treat CRC.

The first conclusion is the successful incorporation of hydrophobic CBD into the WPI hydrogels. The results suggest CBD was encapsulated in the WPI hydrogel successfully. Additionally, the release and the cell viability results suggest CBD was still active post encapsulation, suggesting that WPI has a protective effect post encapsulation.

With regards to the use of WPI as a hydrophobic drug delivery system, the results suggest that the hydrogels can withstand both pH and enzymatic degradation in stomach conditions, without releasing CBD. Additionally, the release and enzymatic degradation is more pronounced in conditions consistent with the intestines suggesting higher CBD release in the intestines. When coupled with the result in the cell viability assay the investigation would conclude that there is potential in WPI hydrogels to effectively deliver hydrophobic molecules to the target site in CRC, which provides additional evidence supporting WPI-CBD hydrogels as a prime candidate for further analysis for CRC treatment.

### 4. Outlook

The work encompassed in this manuscript focused on the potential of WPI to deliver hydrophobic medication to treat CRC. However, there are still further questions to be answered. These include a characterization of the synthesized hydrogels, elucidation of the water state of the water, differentiation of the influences of hydrophobic and electrostatic interactions on swelling and the development of experiments to test the effect of hydrophobic molecules of known hydrophobicity on the swelling potential of the hydrogels.

### 5. Materials and Methods

#### 5.1. WPI/CBD hydrogel formation

Whey Protein isolate (WPI) hydrogel samples were prepared to a concentration of

40% WPI w/v with Milli-Q water. The WPI was sourced from Davisco, foods international, Minnesota USA. Cannabidiol (CBD) source from Tocris (Bristol, United Kingdom) was added to the concentrations of 10, 20, 30, 40 and 50  $\mu\text{M}$ . The samples were vortexed for 10 seconds. Full homogenisation was achieved utilising an IKA Loopster for 24 hours. The solutions were degassed in a vacuum chamber. Gelation was achieved through heat induction in a water bath at 70°C. Sterilisation was achieved through autoclaving.

### 5.2. Swelling analysis

The assay utilized pH 2, pH 7 and pH 9 to investigate a range of pH levels in the digestive process. The investigation introduced 1g WPI-CBD hydrogels to 5mL of solutions at pH 2, pH 7 and pH 9. The samples were incubated at 37°C. The mass of the hydrogel was taken gravimetrically at the start point and the end point of 5 days. The ratio mass percentage  $S\%$  was calculated to the equation where  $M_w$  is equal to the wet mass and  $M_d$  the dry mass.

$$S\%=(M_w-M_d)/M_d \times 100$$

### 5.3. Enzymatic degradation analysis

Two enzymatic degradation assays were performed to introduce WPI-CBD hydrogels to an enzymatic digestive associated enzyme. CBD-WPI hydrogels samples were formed to the concentrations consistent with the investigation to the mass of circa. 1g. The hydrogels were introduced 5ml solution pepsin at pH 2 or protease at pH 7 and pH 9 formed to concentrations consistent with [41]. The samples were incubated at 37°C for 5 days. The start and end masses were recorded gravimetrically. The swelling percentage  $S\%$  was calculated using the equation where  $M_w$  is equal to the wet mass and  $M_d$  the dry mass.

$$S\%=(M_w-M_d)/M_d \times 100$$

### 5.4. Release profiling

The use of any targeted drug delivery mechanism requires the release of the medication at the target site. An assay was developed to ascertain the release of CBD from the WPI hydrogels. The assay determined the release of CBD at pH values 2, 7 and 9. The variables were chosen as they correlated with the pH values present in the digestive tract. The investigation was developed by adapting a method from [42]. Here, 1g WPI-CBD samples were introduced to 5mL of the relevant solution. The samples were incubated at 37°C. At 24-hour timepoints, 100 $\mu\text{L}$  was removed from each sample and replaced with 100 $\mu\text{L}$  of fresh solution, for 5 days. The samples were analysed utilising U.V. visible spectroscopy with an emphasis on 273nm the region of interest for CBD (n=15).

### 5.5. Cellular analysis

Cellular viability assay was conducted with a Human CRC HT29 cell-line. The cells were cultured in DMEM medium supplemented with 10% fetal bovine serum (FBS) and incubated at in a CO<sub>2</sub> incubator at 37°C. The cells were trypsinised and 0.5mL DMEM containing cells at the concentration  $20 \times 10^5$  was added to a well plate containing WPI-CBD hydrogels cut to 3mm thickness. The hydrogels had been previously sterilised through U.V radiation, for 10 minutes. At time points 72hrs and 96hrs, the cells were stained with the Presto Blue dye and fluorescence was ascertained at  $\lambda$  570/600 nm (n=16).

## 6. Patents

This section is not mandatory but may be added if there are patents resulting from the work reported in this manuscript.

**Supplementary Materials:** The following supporting information can be downloaded at:

www.mdpi.com/xxx/s1, Figure S1: title; Table S1: title; Video S1: title.

**Author Contributions:** Conceptualization, D.K.B., T.E.L.D., and K.W.; methodology, D.K.B.; validation, D.K.B., and T.E.L.D.; formal analysis, D.K.B., V.P., and T.E.L.D.; software, D.K.B.; investigation, D.K.B.; resources, K.W. and T.E.L.D.; data curation, D.K.B.; writing—original draft preparation, D.K.B.; writing—review and editing, all authors; visualization, D.K.B.; supervision, K.W. and T.E.L.D.; project administration, K.W. and T.E.L.D.; funding acquisition, K.W. and T.E.L.D. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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