

1 **Ultra-Broadband Shielding of Cellulose Nanofiber Commingled**
2 **Biocarbon Functional Constructs: A Paradigm Shift Towards**
3 **Sustainable Terahertz Absorbers**

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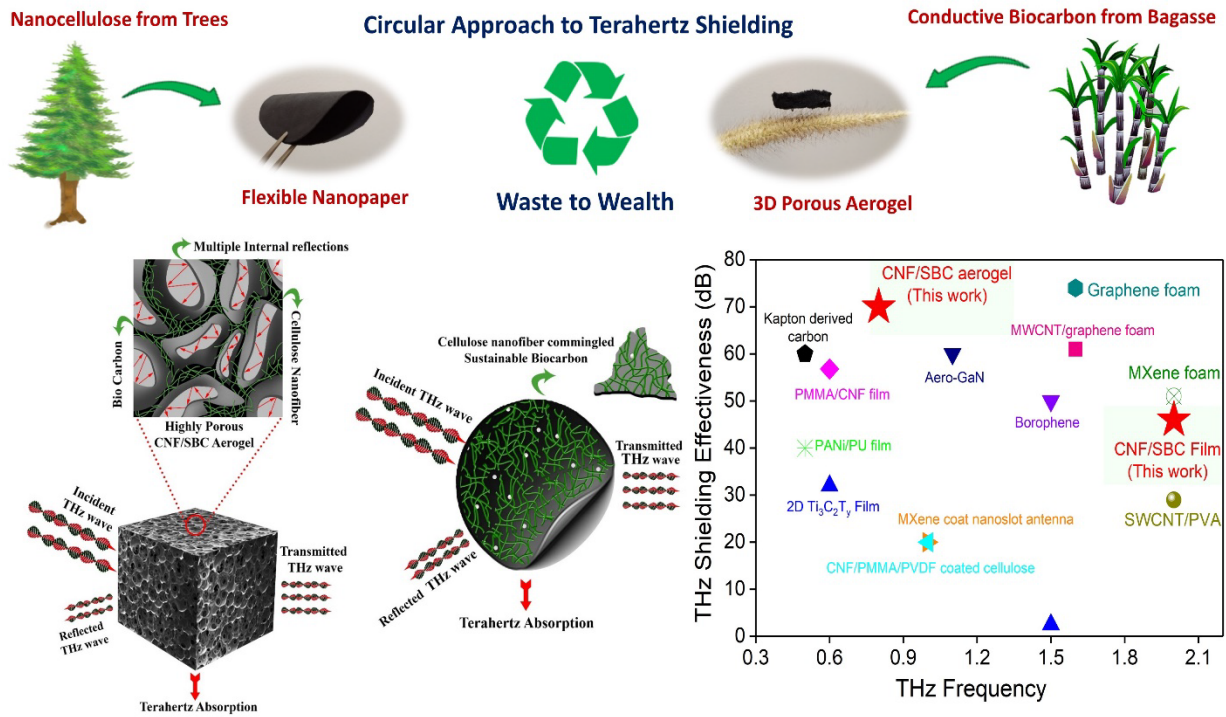
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25 **Graphical Abstract**



26

27 **Abstract**

28 Terahertz (THz) spectrum and technology are envisioned to be a highly promising solution for
 29 enabling 6G and beyond wireless networks. This demand coincides with an urgent need to
 30 develop efficient electromagnetic interference shields to alleviate electromagnetic pollution in
 31 the THz range. Fully bioderived THz shields could be a sustainable solution to transcend
 32 towards a biocarbon economy. Herein, we report an environmentally benign and facile
 33 approach to fabricating 3D porous ultra-light aerogels and flexible nanopapers from cellulose
 34 nanofibers and highly conductive biocarbon fully derived from biomass. The THz shielding
 35 effectiveness of a 600 μm thick nanopaper and 3.00 mm aerogel was found to be 46 dB and 70
 36 dB, with superior THz absorption behaviour and minimal reflection of THz signals. The
 37 electronic structure and charge transfer properties were examined under an external electric
 38 field based on density-functional theory. The results show that the effect of the external electric
 39 field induces intramolecular charge transfer from the lower-graphitic sheet to the upper-
 40 graphitic sheet of the nanocomposite suitable for THz excitation. Moreover, these sustainable

41 absorbers could deliver similar THz shielding performance compared to graphene foam (74 dB),
42 exemplifying their humungous potential as an advanced functional materials for futuristic THz
43 devices.

44 **Keywords:** Cellulose Nanofibers, Biocarbon, Electrical Conductivity, Terahertz Time Domain
45 Spectroscopy, Terahertz Shielding, DFT Calculation.

46

47 **1. Introduction**

48 A new generation of electronic devices at THz frequencies is emerging for enabling
49 applications in biomedical imaging[1], security screening[2], chemical analysis[3],
50 spectroscopy[4], detectors[5][6], modulators[7] and high-speed communication systems[8].
51 The THz electromagnetic radiation covers the frequency range of 100 – 10000 GHz (0.1 - 10
52 THz). The outstanding properties of THz frequency have attracted the highest interest of the
53 scientific community due to the wide unexplored band suitable for high data rate transmission
54 [9]. The fast-growing applications of THz technology have led to an urgent demand for
55 designing efficient THz shielding materials to prevent EMI and facilitate the smooth
56 functioning of new THz devices. To this day, there are numerous reports of nanomaterials and
57 composites, which demonstrate excellent shielding performance at MHz and GHz
58 frequencies[10][11], but there are only a small number of reports on high-performance
59 shielding materials in the THz range.

60 The most widely explored THz shielding materials are based on conductive nanomaterials, such
61 as graphene, carbon nanotubes (CNTs), MXenes and their flexible polymer nanocomposites.
62 Recently, Choi *et al.* fabricated a combination of ultra-thin MXene film-coated nanoscale slot
63 antenna arrays and studied its attenuation performance in the THz region [12]. These hybrid
64 antennas demonstrated a maximum shielding of 20 dB at 1.0 THz, which infers its potential
65 application for optical switching and modulation. Using a multistep approach, Hou and co-

66 workers developed an array of flexible Cu/graphene nanocomposites grown on PI film and
67 elucidated its THz shielding performance[13]. These flexible & ultrathin polymers-supported
68 THz shields displayed an average EMI SE of 60.95 dB at 0.1–1.0 THz and 160 nm thickness.
69 Furthermore, designing 3D porous architectures has proven to substantially reduce the density
70 and enhance the EMI shielding performance across GHz & THz frequencies. This could be
71 ascribed due to multiple internal scattering and trapping of incident EM radiations within the
72 porous network, substantially increasing the microwave or THz absorption. Using this strategy,
73 Huang *et al.* designed 3D graphene foams with ultra-broadband and wide-angle THz absorption
74 characteristics [14]. At the incident angle of 45°, the maximum R_L value for 4 mm thick
75 graphene foam touches 28.6 dB at 0.64 THz and showcases an R_L value of over 10 dB across a
76 broad bandwidth from 0.2-1.2 THz. In another work, Lin *et al.* fabricated MXene foams with
77 outstanding durability, foldability and hydrophobicity using an ion-diffusion-induced gelation
78 method[15]. These foams exhibited superior terahertz shielding effectiveness of 51 dB at 85
79 μm thickness. Moreover, all the aforementioned works are based on exotic nanomaterials,
80 which involve complex, multistep, time- and energy-intensive nanofabrication processes. To
81 the best of our knowledge, no studies report facile approaches to fabricating fully sustainable
82 and biodegradable THz shielding materials that can deliver superior EMI shielding performance
83 in the THz range at par with their nano counterparts.

84 Nanocellulose, a renewable plant-derived bio-nanomaterial, is suitable for various applications
85 ranging from biomedical to flexible electronics due to its excellent mechanical strength,
86 chemical resistance, thermal stability and processability. These unique attributes of
87 nanocellulose have been widely explored for designing efficient EMI shielding materials in
88 GHz frequencies[16–19]. Conductive biochar is another renewable resource that has attracted
89 great interest owing to its low bulk density, high surface area and tuneable porosities. The
90 presence of graphite-like structures in biochar renders high electrical conductivity. It has been

91 widely explored for battery electrodes[20], sensors[21] and EMI shielding in GHz frequencies
92 [22,23]. Hence, one can foresee the tremendous potential of combining nanocellulose and
93 conductive biochar as a fully sustainable solution to screen undesired interference of THz waves
94 for futuristic electronic devices functioning in this broad spectrum.

95 In this work, we aim to fabricate fully sustainable and biodegradable THz shielding materials
96 from cellulose nanofibers (CNF) & sustainable biocarbon (SBC). Herein, a series of highly
97 flexible nanopapers and 3D porous aerogels were fabricated via facile processing techniques,
98 i.e. vacuum filtration and lyophilisation. The CNF/SBC nanopaper exhibited a maximum
99 electromagnetic interference shielding effectiveness (EMI SE) of 46.0 dB at 2.0 THz and 600
100 μm thickness. Moreover, a 3.00 mm thick 3D porous CNF/SBC aerogel displayed an
101 exceptional EMI SE of around 70.0 dB at 0.8 THz. Interestingly, the nanopapers and aerogels
102 demonstrated low reflection value, which infers superior THz absorption behaviour of these
103 nanocomposite shields. In common practice, studying the THz shielding properties of
104 nanostructured materials involves synthesising such structures and performing accurate THz
105 physio-chemical experimental studies with sophisticated instruments, which can produce
106 results with reasonable accuracy. However, the geometric, electronic, and interfacial charge
107 transfer properties play a crucial role in nanocomposites consisting of multiple nanostructures.
108 Here, in addition to experimental studies, we used first-principles density functional theory
109 (DFT) calculations to examine the optoelectronic and charge transfer properties of graphite-like
110 biocarbon-nanocellulose nanocomposite (CNF/SBC) structures. To the best of our knowledge,
111 this is so far the first report of fully biodegradable THz absorbers derived from biomass to touch
112 70 dB (>99.99999% shielding) in the THz range, which will create a positive impact on the
113 environment in the near future and promote circular economy.

114 **2. Materials & Methods**

115 **2.1 Synthesis of Sustainable Biocarbon (SBC)**

116 Highly conductive, short-range ordered graphitic biocarbon was fabricated by converting
117 agricultural waste biomass such as sugarcane bagasse. Initially, waste biomass was collected
118 from nearby farmland and chopped into small pieces 0.5 mm in length. About 100 gm of
119 chopped bagasse dispersed in 50 ml distilled water was transferred into a teflon-lined
120 hydrothermal (HT) reactor and heated up to 200°C at a heating rate of c.a. 5 °C/min for 24 hrs.
121 In this process, biomass residue was partially carbonised under self-generated temperature and
122 pressure inside the reactor to form wet hydrothermal carbon. The wet HT carbon was freeze-
123 dried at -80°C for 24 hours to remove the excess water content. The dry HT carbon was further
124 subjected to pyrolysis at 900°C for 4 hrs in an N₂ atmosphere to form highly conductive SBC
125 with intriguing physical and electrical properties

126 **2.2 Fabrication of CNF/SBC-Aerogels and Nanopapers**

127 Herein, we fabricated a series of highly conductive nanopapers and aerogels from SBC and
128 CNF using environmentally benign pathways without any organic solvents. Initially, the
129 calculated amount of SBC was added to 100 ml distilled water and the probe was sonicated for
130 25- 30 mins to form a stable suspension of aqueous SBC. For the preparation of SBC/CNF
131 nanopapers, SBC suspension was added to 20 gm of CNF (1 wt%) and homogenised at 8000
132 rpm to facilitate proper dispersion of SBC. This was followed by vacuum filtration and hot
133 pressing at 80°C to form flexible and conductive CNF/SBC nanopapers. In another protocol,
134 the SBC suspension was added to 20 gm of CNF (3 wt%) and homogenised at 8000 rpm,
135 followed by freeze-drying the suspension at -80°C for 48 hours to form a lightweight and highly
136 conductive SBC/CNF aerogels. The CNF: SBC ratio formulated in this study was 1:1, 1:2.5
137 and 1:5 on a weight basis for both nanopapers and aerogels.

138 **2.3 Physico-Chemical Characterisation**

139 The morphology of the nanopapers and aerogels were studied by probing the surface and cross-
140 sections under a field emission scanning electron microscope (FESEM: ZEISS Gemini 300

141 SEM) with an accelerating voltage of 15 kV. Prior to imaging, all the samples were cryo-
142 fractured in liquid N₂ and sputtered with gold under an inert atmosphere. The high-resolution
143 transmission electron microscopy (HR TEM: JEOL JEM-2100) imaging was performed to
144 elucidate the turbostatic structure of SBC and nano-fibrillated networks of CNF. The DC
145 conductivity studies of CNF/SBC samples were performed using a four-probe set-up with gold
146 probes coupled to Keithley 2400 source meter, and the measurements were taken at room
147 temperature. The Fourier Transform Infrared (FTIR) spectra of neat CNF, SBC and CNF/SBC
148 compositions were recorded in transmission mode using ATR-FTIR (Shimadzu) with a
149 resolution of 4 cm⁻¹ and 15 scans in the range 500-4000 cm⁻¹. The X-Ray diffractograms of all
150 the samples were recorded at ambient conditions using Shimadzu XRD-6000 within a 2 θ range,
151 5 to 40° and a scan rate of 2° min⁻¹. The thermal stability of all the samples was performed
152 using SDT Q600 Thermogravimetric Analyzer (TGA), TA instruments. The surface
153 compositional analysis of SBC was performed using an Axis Ultra-DLD system, Kratos
154 Analytical X-Ray photoemission spectrometer (XPS) with Al K α X-ray source (h ν = 1486.8
155 eV) over a binding energy range of 0–900 eV. The Raman spectra were recorded using an
156 alpha300 R Confocal Raman Microscope (WITec GmbH).

157 **2.4. Sub-Tera Hertz Shielding Measurements**

158 The sub-THz electromagnetic interference shielding performance of the fabricated CNF/SBC
159 nanopapers and aerogels was measured using a Vector Network Analyzer (model: R&S ZVA
160 40) with extenders for measurements in the W band frequency region (75 to 110 GHz). The
161 classical waveguide method was used to measure the absorption characteristic in this range,
162 where transmission and reflection measurements were obtained between two open-end WR-10
163 rectangular waveguides (Figure S1)[24]. Given the thin nature of the samples (thickness $\ll \lambda$),
164 these were placed between the two waveguide flanges. The scattering parameters of the samples
165 were obtained, and the total EMI SE values were calculated using standard equations[25].

166 **2.5 Terahertz Shielding Measurements**

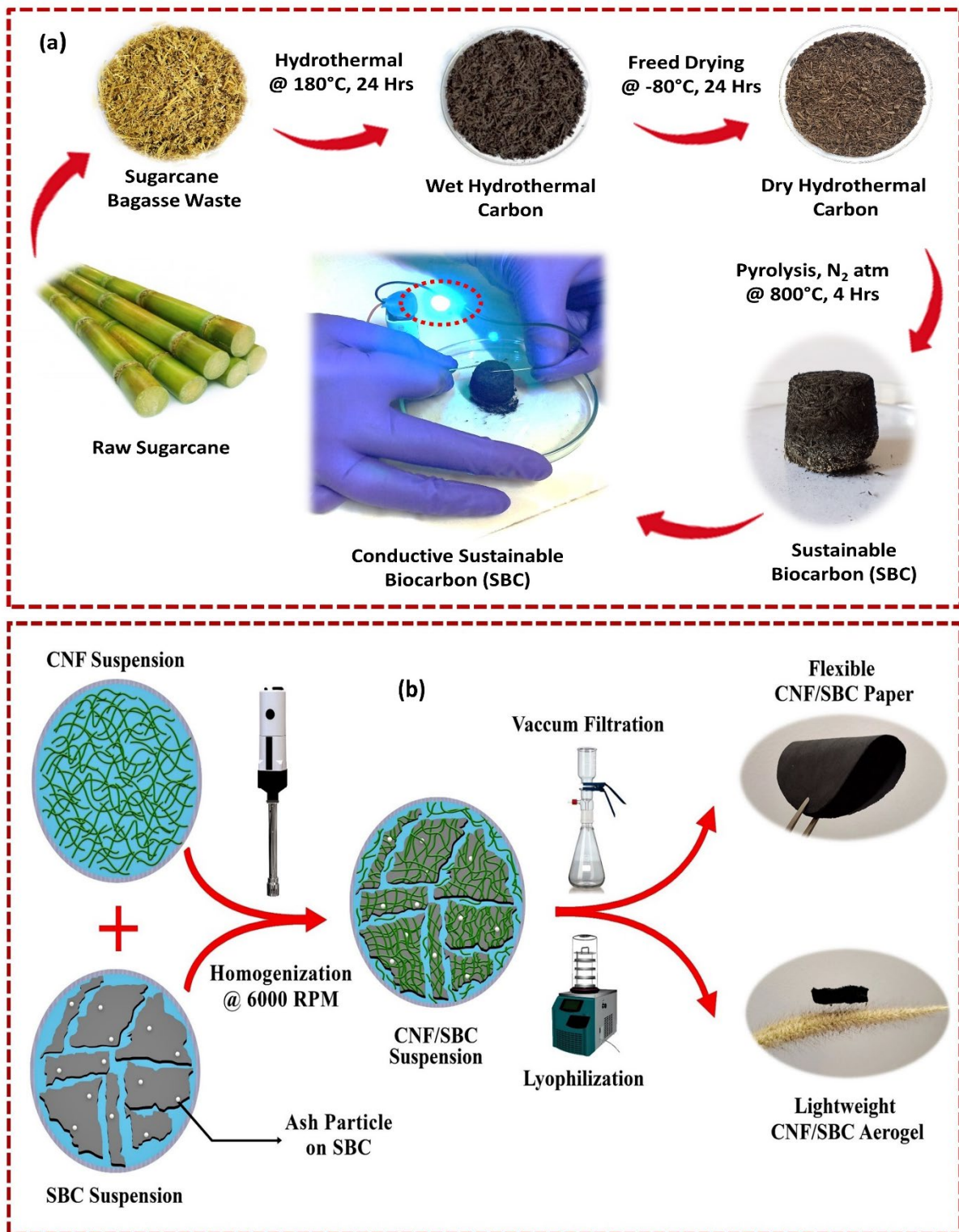
167 The THz shielding performance, absorption and reflection values of the CNF/SBC nanopapers
168 and aerogels were evaluated at room temperature using a commercial THz-TDS set-up (TERA
169 K15, Menlo Systems, Germany) in both transmission and reflection geometry. When used in
170 reflection configuration, THz radiation was focused and collected using four Au-coated
171 parabolic mirrors with a 5 cm focal length. The incident angle was kept fixed at approximately
172 30 deg. The samples were always positioned in the focus of the optical transmission and
173 reflection set-ups while recording the transmitted/reflected radiation at the different relative
174 positions, thus acquiring a THz map of the different materials. The THz spot size in focus was
175 in both configurations $\sim 1 \text{ mm}^2$. A flat, highly reflective metallic sample was used as the
176 reference in reflection configuration, whilst the air was used to normalise the acquired
177 waveforms in transmission.

178 **3. Results and Discussion**

179 **3.1. Morphology and Chemical Features**

180 Advanced cellulose-based hybrid nanoarchitectures for high-performance THz EMI shielding
181 were designed by an environmentally benign two-stage approach. In the first stage, highly
182 conductive and sustainable biocarbon (SBC) was synthesized from lignocellulosic waste
183 biomass as illustrated in **Figure 1(a)**. In this work, sugarcane bagasse was pyrolyzed to produce
184 highly conductive graphite like carbon via a two-step carbonization process. Subsequently,
185 flexible nanopapers and lightweight aerogels were fabricated by commingling SBC with
186 cellulose nanofibers by vacuum filtration and freeze-drying techniques as depicted in **Figure**
187 **1(b)**. To discern the effect of SBC concertation on THz attenuation, aerogels and flexible papers
188 were fabricated at three different concentrations of SBC with CNF. Though waste biomass are
189 utilized for producing heat energy by incineration, their potential for developing more value-
190 added materials like conductive biocarbon for high end applications has not been widely

191 explored. Therefore, it is important to understand the structural, chemical and compositional
192 characteristics of SBC that could influence the THz shielding performance.



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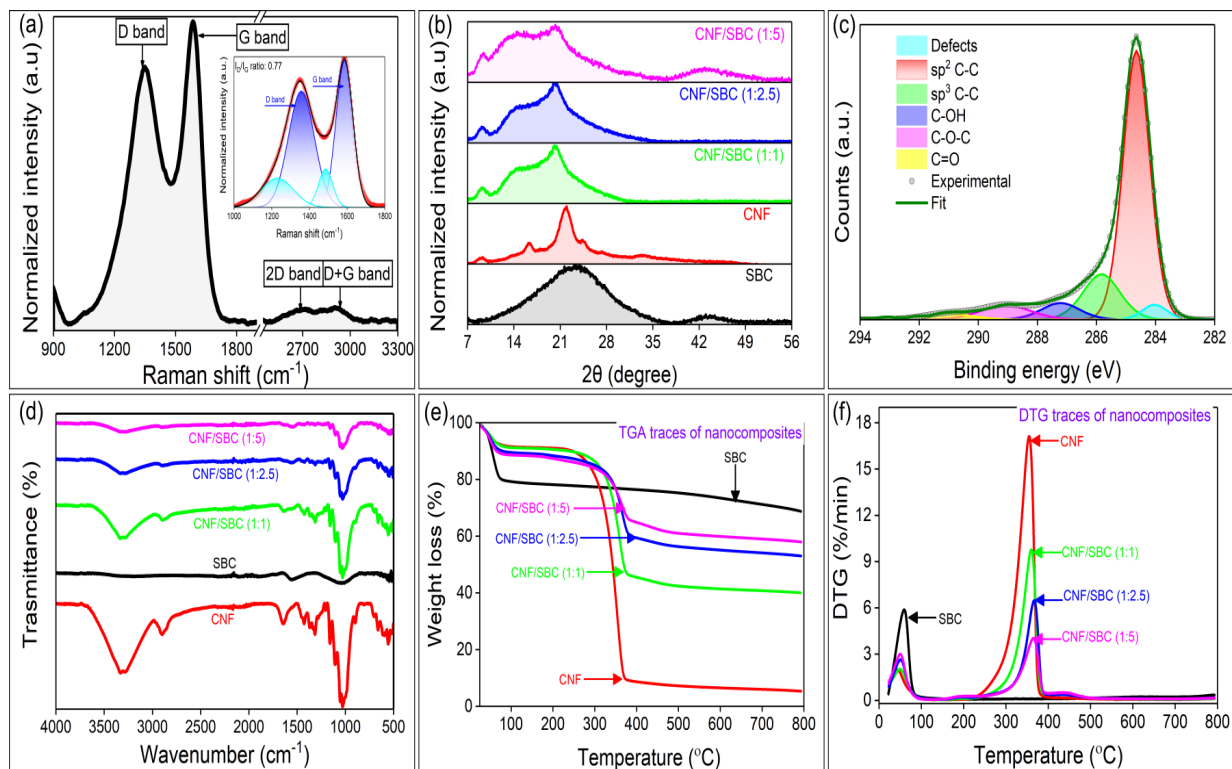
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195 **Figure 1:** (a) Schematic diagram illustrating fabrication of sustainable biocarbon (SBC); (b)

196 Fabrication of CNF/SBC aerogels and nanopapers.

197 The physical and chemical properties of the fabricated SBC were analysed by different
198 spectroscopic techniques. In order to identify the structural quality of SBC, Raman spectra were
199 recorded on the structures. The Raman spectra of SBC featured two main peaks corresponding
200 to the characteristic peaks observed in graphitic carbon materials. The D peak was observed
201 around 1350 cm^{-1} , attributed to the A_{1g} breathing mode of six-atom rings at the 1st Brillouin
202 zone boundary K or K'. This peak becomes active only in structural defects, where a charge
203 carrier must be excited and possess inelastic scattering by phonon. Then, a second elastic
204 scattering occurs by the defects, resulting in recombination. The second peak, the G band at
205 $\sim 1590\text{ cm}^{-1}$, corresponds to the graphitic peak due to the one-phonon Raman scattering process
206 at the 1st Brillouin zone centre and consists of the collective in-plane bond stretching of carbon
207 atoms (E_{2g} symmetry). In addition to these main peaks, a broad 2D band at $\sim 2700\text{ cm}^{-1}$ is visible,
208 attributed to the second-order of the D band originating from the scattering by two phonons
209 with opposite wave vectors. A small intense D+G peak is also visible around 2860 cm^{-1} . The
210 presence of D and G peaks along with the 2D peaks indicates the graphitic characteristics of
211 the material; hence the broad D and 2D features indicate the low concentration of the amorphous
212 phase of multi-layered carbon nanostructures. To give an insight into the structural defects in
213 the prepared carbon nanostructure, the intensity ratio between the D peak and G peak was
214 calculated (I_D/I_G ratio), which is directly proportional to the defect density of the graphitic
215 carbon material. The D and G peaks were fitted using the Lorentzian function, and the ratio was
216 calculated as 0.77 by considering the intensity of the peaks (**Figure 2 (a)**). Besides the D and
217 G bands, two minor peaks that appeared during the fitting correspond to the disordered carbon
218 in the lattice, possibly due to the amorphous phase in the material. The chemical composition
219 analysis of the sample was done to understand better the structural quality of the material using
220 XPS analysis. High-resolution C 1s spectra are presented in **Figure 2 (c)**. C 1s spectra were
221 deconvoluted into different peaks at 284.6, 285.8, 286.4, 287.2, 289, 290.9 and 284 eV. These
222 peaks can be ascribed to the graphitic-C (sp^2 C-C), sp^3 C-C, C-OH, C=O, π - π^* shake-up satellite

223 groups and vacancy defects. The deconvoluted peaks in C 1s spectra confirm the high graphitic
 224 content in the samples due to the presence of dominant sp^2 c-c bonds and π - π^* shake-up satellite
 225 groups.



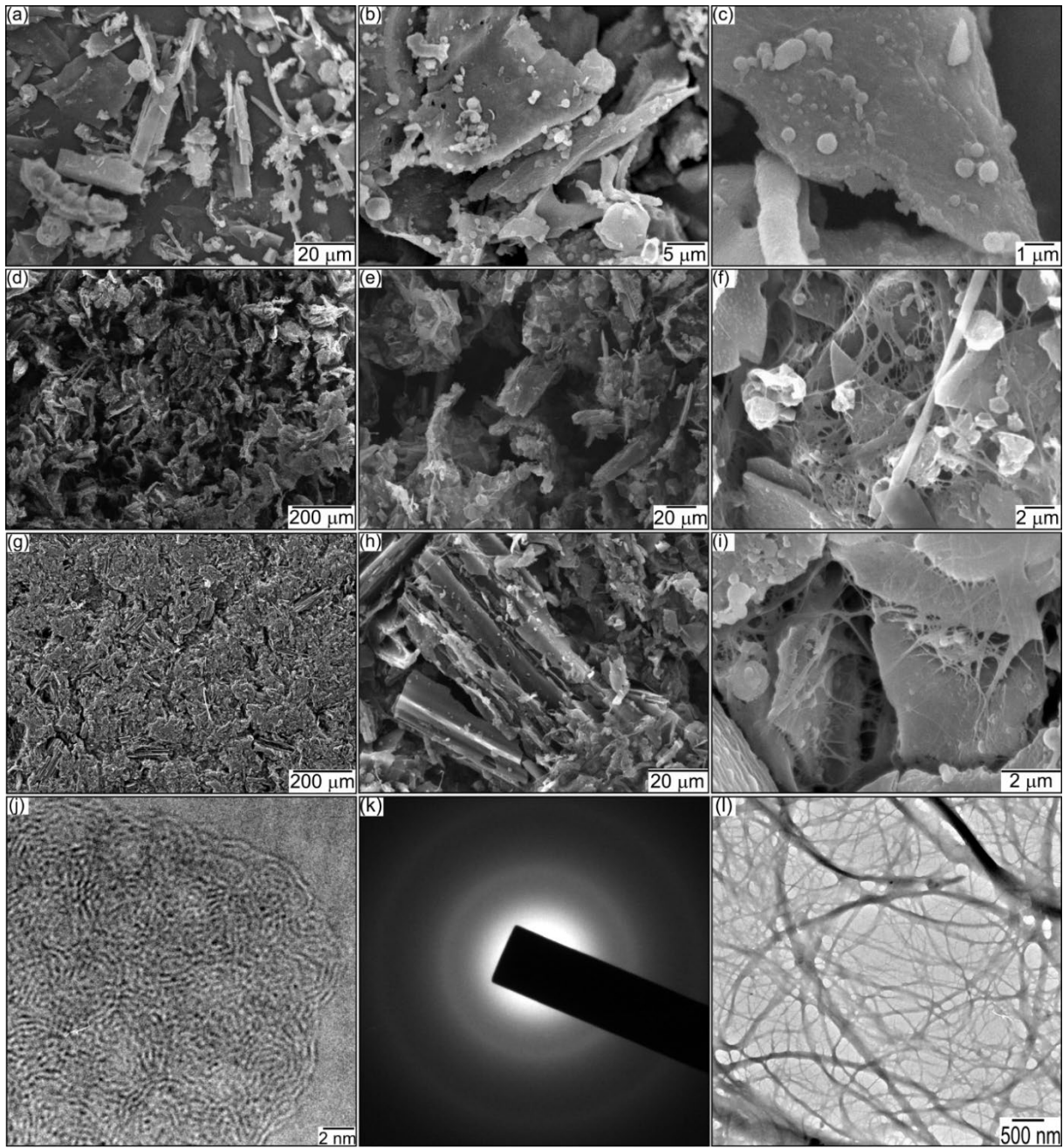
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 227 **Figure 2:** Characterisation of biocarbon and CNF/SBC functional constructs (a) Raman spectra
 228 of SBC samples with fitted D and G band and the calculated value of I_D/I_G ratio (inset); (b)
 229 XRD pattern (c) high-resolution C 1s spectra of SBC; changes in structural and chemical
 230 composition as a function of CNF/SBC ratio (d) FTIR fingerprints (g) TGA trace and (h) DTG
 231 trace.

232 The structural alterations of SBC after blending with CNF as a function of the concentration
 233 were further analysed by X-ray diffraction. The XRD pattern of SBC, as seen in **Figure 2(b)**,
 234 demonstrates that two broad and low-intensity diffraction peaks correspond to low crystallinity.
 235 The 2θ peaks at diffraction angles of $\sim 23^\circ$ (002) and $\sim 44^\circ$ (100) confirm the formation of a
 236 graphite-like structure in SBC. The peak at the (100) plane is representative of the graphite
 237 basal plane, and the (002) plane signifies the spatial organisation perpendicular to the basal

238 plane, which confirms the staking of graphitic layers [26]. In the case of CNF/SBC
239 nanocomposites, with increasing SBC content, the peak at 23° shifts towards a lower angle and
240 is envisaged due to the intercalation of CNF into the interlayers of SBC, thereby increasing the
241 d spacing of SBC in these nanocomposites. The FTIR spectra of SBC, CNF and their
242 nanocomposites is shown in **Figure 2(d)**. Due to the graphitisation process occurring during
243 pyrolysis, the FTIR spectra of SBC almost resemble that of graphite which has no characteristic
244 infrared bands [27]. The FTIR spectra of pristine CNF show characteristic bands at 3350, 2885,
245 1639, 1438, 1331, 1171, 1035 & 889 cm^{-1} . The peak at 3350 cm^{-1} arises due to O-H stretching,
246 and the bands at 2885 & 1639 cm^{-1} can be attributed to the C-H stretching and H-O-H bending
247 of the water molecules adsorbed onto CNF. The peaks at 1331 & 1171 cm^{-1} are ascribed to O-
248 H bending and C-O antisymmetric bridge stretching. A strong band around 1035 cm^{-1} is due to
249 C-O-C pyranose ring skeletal vibrations in the CNF backbone[28]. However, upon
250 carbonisation above 800°C , these functionalities tend to vanish due to dehydration and aromatic
251 condensation to form carbonaceous chars with a high carbon content of c.a. 80-90%. Thus, the
252 FTIR spectra of SBC display only two peaks at around 1500-1600 cm^{-1} , which corresponds to
253 C=C vibrations in aromatic rings. The 2nd peak at 1500-1600 cm^{-1} can be ascribed due to C-O
254 stretching vibrations or C-H out-of-plane bending in aromatic moieties [29,30]. The thermal
255 and chemical stability of these bio-nanocomposites is critical for practical applications. The
256 TGA/DTG thermograms of SBC and CNF/SBC nanocomposites depicted in **Figure 2 (e,f)**
257 demonstrates their thermal stability. The onset degradation temperature for all the compositions
258 was enhanced upon the addition of SBC, which resembles its excellent thermal stability. All
259 samples demonstrated a two-step degradation process, an initial weight loss of around 100°C ,
260 due to low molecular volatiles or moisture loss, which arises due to the hygroscopic nature of
261 bio-carbon and CNF. A sharp weight loss around 350°C was observed due to the degradation
262 of cellulose structure, where SBC shows no sign of weight loss in this range[31]. Notably, the
263 degradation rate and weight loss of these nanocomposites decreased with the addition of bio-

264 carbon. Moreover, with increasing SBC concentration, the residue/char content of CNF/SBC
265 also increases, which infers that SBC enhances the thermal stability of these nanocomposites.
266 All the chemical and structural analyses confirm the formation of carbon nanostructures with
267 high graphitic components after the calcination process with high stability.

268 In order to understand the morphology changes of SBC, CNF/SBC aerogels and nanopapers,
269 the structure was analysed by FE-SEM and the changes observed on the surfaces are presented
270 in **Figure 3 (a-i)**. The SEM micrographs were taken at different magnifications to probe into
271 the finer surface details of the biocarbon and its nanocomposites. It could be observed that SBC
272 exhibited a flake-like morphology with a high degree of porosity, and ash particles were seen
273 as overgrown on its surface. For CNF/SBC aerogels, the formation of a 3D porous network of
274 CNF and SBC was evident from the surface of the aerogels. In the case of nanopaper, unlike
275 aerogels, SBC and CNF were compactly packed on the surface, which could be due to the
276 vacuum filtration and hot-pressing process employed during the synthesis process. However,
277 as observed from the higher magnification SEM micrographs, both CNF/SBC nanopapers and
278 aerogels showcased that cellulose nanofiber was well interconnected and blended on the surface
279 of biocarbon, which signifies good interaction between CNF and SBC. Therefore, the HR-TEM
280 micrograph was used to analyse the nanostructured features (**Figure 3(j)**) of biocarbon, and it
281 clearly demonstrates the turbostratic, highly distorted and condensed carbonaceous
282 nanostructures present in SBC[32]. The selected area electron diffraction (SAED) pattern
283 (**Figure 3(k)**) indicates two diffused rings which correspond to (100) and (002) planes
284 representing graphite-like carbon. The TEM image of CNF (**Figure 3(l)**) used herein shows the
285 nanofibrous network of cellulose with an average fibre diameter of 20-30 nm. All the structural
286 and compositional analysis confirms the production of highly stable, lightweight bio-based
287 graphitic carbon composites.



288

289 **Figure 3.** Surface morphology and structural organisation of prepared functional constructs.

290 Overview and high magnification FE-SEM micrographs of (a, b, c) SBC (d, e, f) 1:5 CNF/SBC

291 aerogel and (g, h, i) 1:5 CNF/SBC nanopaper; (j) HR-TEM micrograph of SBC (k) SAED

292 pattern of SBC (l) TEM micrograph of CNF.

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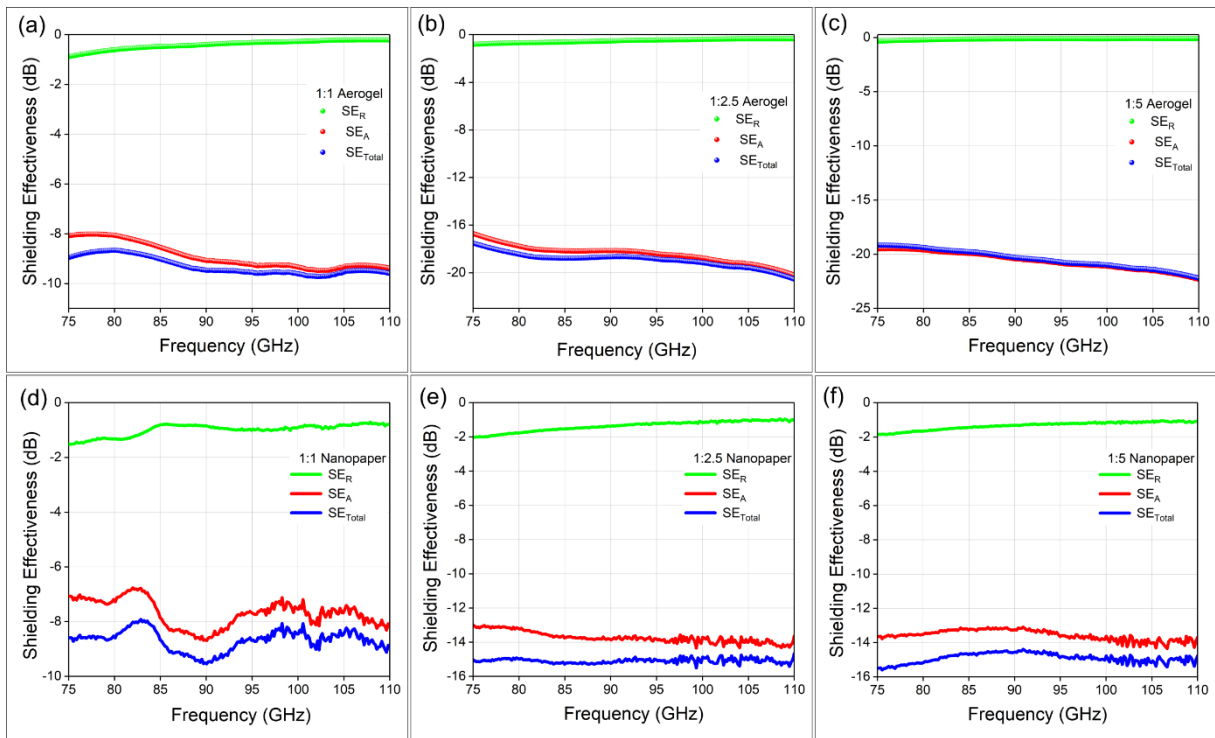
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297 **3.2. Sub-THz Shielding Performance of CNF/SBC Aerogels and Nanopapers**

298 The sub-THz shielding performance of all the designed functional constructs was evaluated in
299 W band (75-110 GHz) region using a vector network analyser (VNA). The SE_A , SE_R and SE_{Total}
300 shielding values of CNF/SBC aerogel and nanopaper at different SBC concertation are shown
301 in **Figure 4(a-f)**. With increasing SBC content, the EMI SE values of both aerogel and
302 nanopaper remarkably increased, which confirms the ability of these conductive
303 nanocomposites to screen EM radiations.



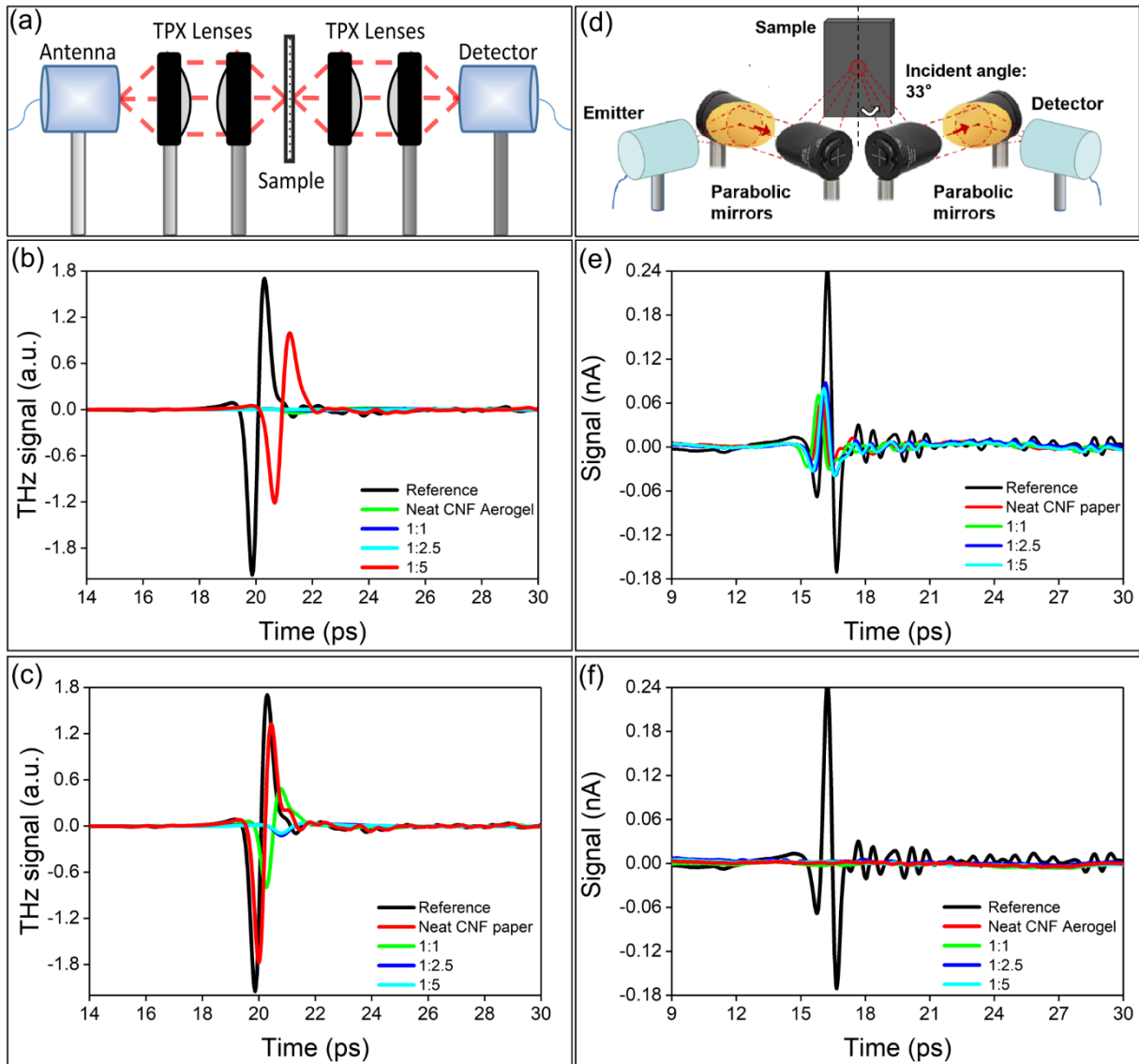
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305 **Figure 4.** The shielding effectiveness values of (a) 1:1 (b) 1:2.5 & (c) 1:5 CNF/SBC aerogel
306 (d) 1:1 (e) 1:2.5 & (f) 1:5 nanopaper in W band (75-110 GHz) region.

307 The maximum shielding effectiveness @90 GHz recorded for the nanopaper and aerogel was
308 ca. -14.5 dB & -20.5 dB for 1:5 composition. The porous architecture of the aerogel was found
309 to enhance the EM absorption and overall shielding value due to better impedance matching
310 and more incidents of multiple internal scattering inside the aerogel. It is also noteworthy that
311 both the CNF/SBC nanopaper and aerogel showcased minimal shielding due to a reflection

312 value of less than -2 dB, which infers the predominant absorbent nature of these biodegradable
313 functional constructs with superior broadband EM absorption characteristics.

314 3.3. Terahertz Shielding Performance of CNF/SBC Aerogels and Nanopapers

315 The THz shielding performance of these functional constructs were evaluated in transmission
316 mode (Figure 5(a)) by measuring the intensity and phase of the THz signals.



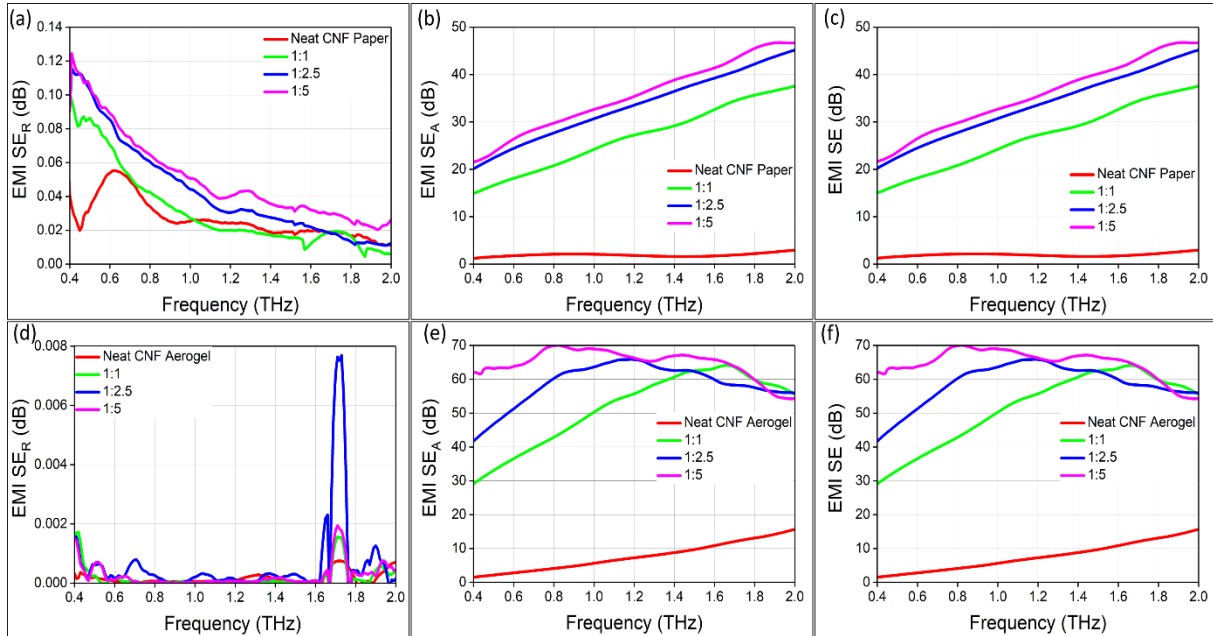
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318 **Figure 5.** THz shielding performances of the designed hybrid structures (a) Transmission mode
319 set-up of THz-TDS system and time domain response of (b) CNF/SBC aerogels & (c)
320 CNF/SBC nanopapers at different CNF: SBC ratios in transmission mode (d) Reflection mode

321 set-up of THz-TDS system and time domain response of (e) CNF/SBC nanopapers & (f)
322 CNF/SBC aerogels at different CNF: SBC ratios in reflection mode.

323 The time domain spectra of all the samples infer that the transmitted THz amplitude of
324 CNF/SBC aerogel is smaller than that of the nanopaper with similar SBC concentration (**Figure**
325 **5(b,c)**). It is noteworthy that, for 1:5 aerogel, the intensity of the THz signal becomes almost
326 negligible, confirming the high THz shielding ability of CNF/SBC aerogels when compared
327 with nanopaper of similar concentration. Apart from improving the THz shielding performance,
328 these highly porous aerogels also mitigate surface reflection and suppress further secondary
329 pollution. In order to quantify the THz reflection from the surface, samples were measured in
330 reflection mode, as shown in **Figure 5(d)**. The intensity of the reflected signal for the aerogels
331 was minimal compared to nanopapers of similar SBC content (**Figure 5(e-f)**). This also infers
332 that CNF/SBC aerogels have tremendous potential to scatter the THz signals within the highly
333 conductive and porous network, thereby contributing to higher THz absorption.

334 The time domain THz signals were converted into corresponding scattering parameters (S_{11} and
335 S_{12}) in the frequency domain and dB scale. The THz shielding effectiveness (SE_{Total}), shielding
336 by reflection (SE_R) and shielding by absorption (SE_A) values of CNF/SBC aerogels and
337 nanopapers in the range of 0.4 to 2.0 THz are shown in **Figure 6(a-f)**. For a 600 μm thick
338 nanopaper, a maximum THz shielding value of 46 dB was recorded with a minimal SE_R value of
339 less than 0.14 dB at a 1:5 ratio. However, for aerogels with similar SBC content, the THz
340 shielding value increased to 70 dB at 3.0 mm thickness with SE_R values as low as 0.002 dB. At
341 maximum SBC content, the SE_{Total} value of aerogel was almost 1.5 times higher than that of
342 nanopaper, which infers the potential of these highly porous structures to enhance the THz
343 shielding performance. The outstanding THz performances are also related to the electrical
344 properties of the nanostructures. Therefore, the electrical conductivity of SBC and CNF/SBC
345 nanocomposites were studied. The analysis demonstrates that the carbon precursor was

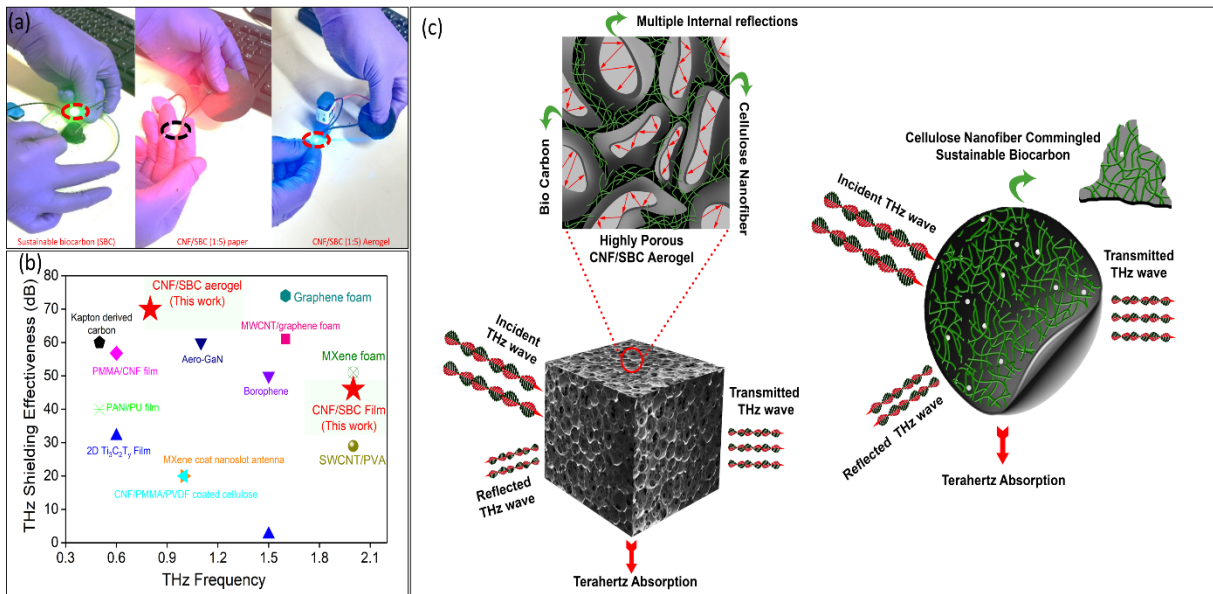
346 pyrolysed at 900°C, resulting in excellent DC electrical conductivity of 36.7 S/cm for SBC
 347 (Movie S1). At a 1:5 ratio, CNF/SBC nanopaper (Movie S2) and aerogel (Movie S3) also
 348 displayed high electrical conductivity values of 23.3 S/cm and 25.6 S/cm, respectively.



349 **Figure 6.** (a) Shielding by reflection (b) Shielding by absorption & (c) Total THz shielding
 350 effectiveness values of CNF/SBC nanopapers. (d) Shielding by reflection (e) Shielding by
 351 absorption & (f) Total THz shielding effectiveness values of CNF/SBC aerogels

353 **Figure 7(a)** presents the electrical conductivity demonstration of SBC, CNF/SBC nanopaper
 354 and aerogels by completing a closed circuit and lighting up LED using a 9V DC power supply,
 355 confirming the excellent electrical properties of these functional constructs. All these
 356 outstanding performances indicate that the CNF/SBC aerogel with excellent structural,
 357 electrical and optical features is an ideal candidate as a fully sustainable and biodegradable THz
 358 absorber. A comparison of the THz performance of these designed hybrid structures with the
 359 current reported materials is compared and presented in **Figure 7(b)**. Interestingly, the total
 360 THz EMI SE value of CNF/SBC aerogel was almost similar to that of graphene foam (74 dB),
 361 indicating that these aerogels are a class of potential candidates for THz electronic devices.
 362 Based on all the findings and observations, a plausible mechanism in such structures was

363 identified, and a schematic representation of the THz shielding mechanism for CNF/SBC
 364 aerogel and nanopaper is depicted in **Figure 7(c)**. It is worth noting that the underlying
 365 mechanism of THz shielding for both the nanopaper and aerogel is via predominant absorption
 366 of THz radiation and negligible reflection. In the case of aerogels, the incoming THz waves can
 367 undergo multiple internal scattering and interfacial polarisation within the 3D conductive
 368 porous architecture, which results in superior THz absorption than nanopaper [15,33].

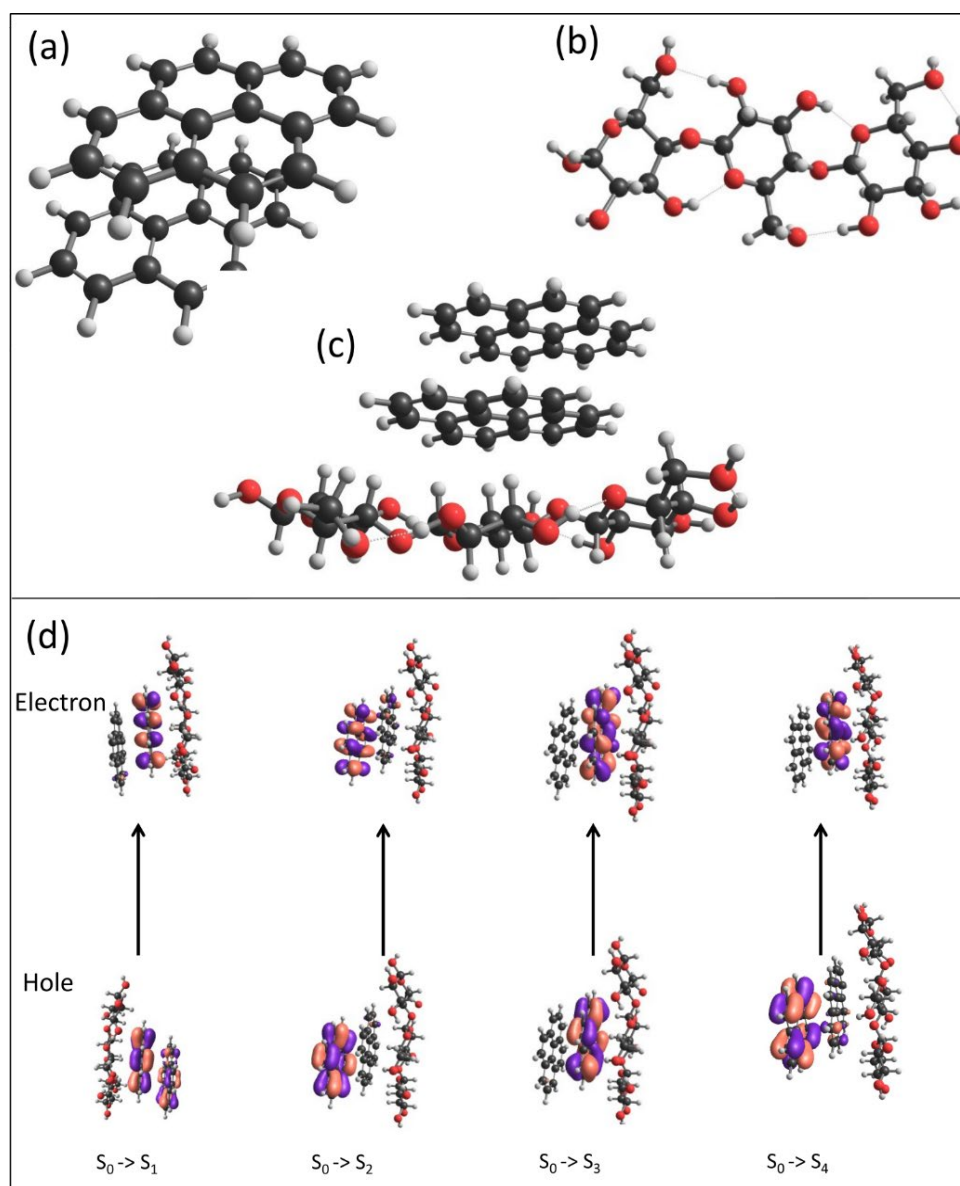


369

370 **Figure 7.** (a) Electric conductivity demonstration of SBC, 1:5 CNF/SBC nanopaper & 1:5
 371 CNF/SBC aerogel using a LED and 9V DC power supply; (b) comparison of THz shielding
 372 effectiveness v/s THz frequency for state-of-the-art materials reported in the literature.
 373 (References in the graph are listed in **Table S1**); (c) a plausible THz shielding mechanism of
 374 CNF/SBC aerogel and CNF/SBC paper.

375 In order to identify the excellent THz performances and their correlation with the chemical
 376 structure of the hybrid structures, the charge-transfer (CT) states at the interface of the material
 377 were calculated by density functional theory. For a new nanostructured composite material, it
 378 is important to study its electronic structure and optoelectronic and charge transfer properties.
 379 Herein, the theoretical analysis of geometries, energetics, charge transfer, and optoelectronic

380 properties of graphite-like biocarbon, nanocellulose structure, and its nanocomposite
381 (CNF/SBC) structure was evaluated using *ab initio*-based density functional (DFT) theory, with
382 ω B97XD functional and 6-31G(d) basis set. Geometry optimisations and frequency
383 calculations were carried out using DFT theory with the same level of theory; all the optimised
384 structures gave no negative vibrational frequencies showing that all structures were minima on
385 their potential energy surface. The optimised structures are illustrated in **Figure 8(a,b,c)**.



386

387 **Figure 8:** DFT- ω B97XD/6-31g(d) optimised structures: (a) graphite type cluster, (b)
388 Nanocellulose, (c) graphite like bio-carbon/CNF nanocomposite (d) Lowest four excited states

389 of the graphite like bio-carbon/CNF nanocomposite calculated at the TD- ω B97XD/6-31g(d)
390 level of theory.

391 The electric field was then applied to the optimised structures, and further relaxation of the
392 molecular composite in the presence of the electric field was performed at the same level of
393 theory. All the molecular modelling studies were carried out through the Gaussian 16 software
394 package[34]. To compute the stability of the functional construct, we calculated the binding
395 energy of the CNF/SBC nanocomposite as defined by the following equation:

$$396 \quad E_{\text{bind}} = E_{\text{CNF/SBC}} - (E_{\text{CNF}} + E_{\text{SBC}}) + E_{\text{BSSE}} \quad (1)$$

397 The binding energy between graphite-like biocarbon and nanocellulose structure was computed
398 at -19.9 kcal/mol. A negative binding energy value indicates that the optimised nanocomposite
399 is stable and energy-favourable and indicates the weak covalent interactions in the composite
400 system. Due to the large computational requirements and mathematical complexity involved in
401 using DFT for nanocomposite systems, we limited the system size of the composite to graphitic-
402 type clusters (two units) and cellulose (three units) in our model.

403 Density functional theory has been proven to be extremely useful for predicting charge-transfer
404 processes in molecular, ionic, composite, and complex systems[35–37]. For THz shielding
405 applications, the charge-transfer (CT) states at the interface of the material play a major role in
406 the performance of the nanocomposite shield. The nature of the excited states and the charge
407 transfer state was investigated using a combination of time-dependent density functional theory
408 (TD-DFT, ω B97XD/6-31G(d) level of theory) and Natural Transition Orbital (NTO) analysis.
409 The first four lowest excited states of the CNF/SBC nanocomposite at the TD-DFT level of
410 theory are depicted in **Figure 8(d)**, along with the hole and electron wave functions obtained
411 from an NTO analysis[38][39]. The first and fourth lowest excited states in these functional

412 constructs can be characterised as charge-transfer (CT) states. In contrast, the second and third
413 excited states can be characterised as local-excited (LE) states of CNF/SBC nanocomposite.

414 Further, we have investigated the trends in molecular properties under the influence of an
415 external electric field. The DFT results show that the effect of an external electric field induces
416 intramolecular charge transfer (CT). We found that the electric field has little influence on the
417 bandgap of the CNF/SBC construct. At the same time, it can induce an intramolecular charge
418 transfer between the layers of the graphitic sheets which is of paramount importance in THz
419 shielding performance. This observation is in good agreement with recent findings[40].
420 HOMO-LUMO orbitals (highest occupied molecule orbital to lowest unoccupied molecular
421 orbital) distribution of the composite with an externally applied electric field are presented in
422 **Figure S2**. The DFT results portray that the externally applied electric field components of the
423 EM energy do interact with the permanent dipoles in this CNF/SBC functional constructs, and
424 it induces intramolecular charge transfer (CT) from the lower-graphitic sheet to the upper-
425 graphitic sheet of the CNF/SBC nanocomposites, with an increase in dipole moment. According
426 to the DFT concept and their good agreement with experimental designs, CNF/SBC functional
427 constructs were effective for designing high-performance THz shielding materials, which could
428 open up a new paradigm for designing advanced THz shielding materials for next-generation
429 device applications.

430 **Conclusion**

431 In this work, a series of biodegradable THz absorbers are demonstrated for the first time via
432 facile processing techniques to produce highly conductive CNF/SBC aerogels and nanopapers
433 purely derived from biomass. At a 1:5 ratio, these highly conductive aerogels & nanopapers
434 displayed a maximum EMI SE of 70 dB at 0.8 THz and 46 dB at 2.0 THz. Interestingly, these
435 functional THz shields predominantly absorb THz waves with the negligible reflection of

436 incoming signals. Moreover, the aerogel could deliver 1.52 times higher THz shielding
437 performance than nanopapers. Due to the high porosity of aerogels, the incoming THz radiation
438 gets scattered within the multiple interfaces of the conductive porous network and gets absorbed
439 without generating any secondary reflection or further EM pollution. This work not only
440 provides a facile approach to fabricating sustainable THz shielding materials for new-
441 generation THz devices but also opens up possibilities for a plethora of other technological
442 applications, such as strain sensing, water purification, energy storage and harvesting.
443 Nevertheless, after the service life of these sustainable THz shields, they could be easily
444 disposed of as manure for plants as the biocarbon would facilitate soil amendment, thereby
445 sequestering carbon dioxide from the atmosphere and helping reduce global warming.

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456

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