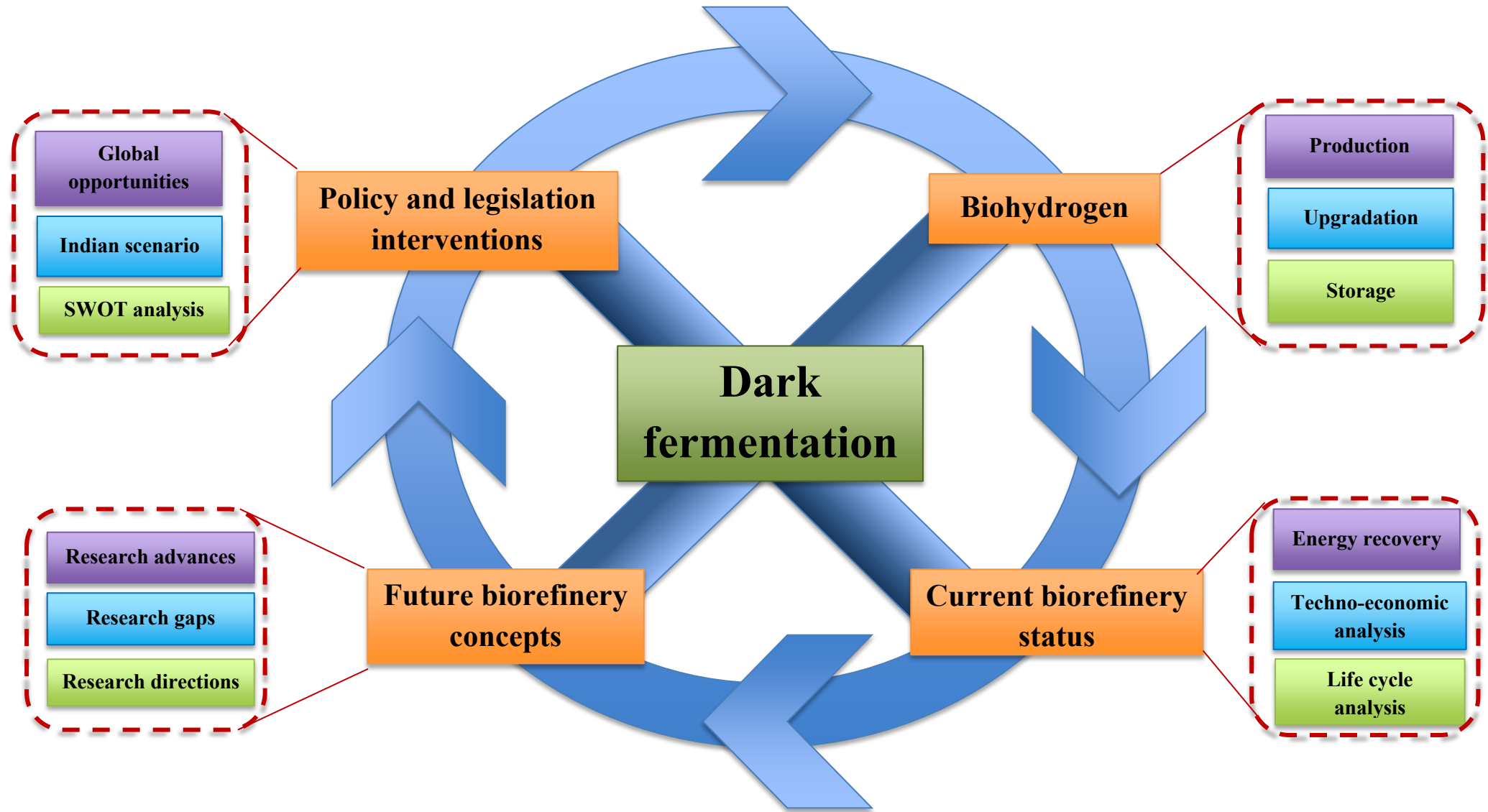


Highlights

- Biohydrogen production through dark fermentation (DF) has been extensively reviewed.
- Current and future status of DF-based biorefinery concepts have been discussed.
- Two-stage anaerobic digestion is the sustainable option for DF system upscaling.
- Energy recovery, techno-economic and life cycle analyses are pointed out.
- Present scenario of the DF-based biorefinery concept is evaluated using SWOT analysis.

Graphical abstract



1 **Biohydrogen production through dark fermentation from waste biomass: Current status**
2 **and future perspectives on biorefinery development**

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23

24 **Abstract**

25 Green and clean hydrogen production has become a significant focus in recent years to achieve
26 sustainable energy fuel needs. Biohydrogen production through the dark fermentation (DF)
27 process from organic wastes is advantageous with its environmentally friendly, energy-efficient,
28 and cost-effective characteristics. This article elucidates the viability of transforming the DF
29 process into a biorefinery system. Operational pH, temperature, feeding rate, inoculum-to-
30 substrate ratio, and hydrogen partial pressure and its liquid-to-gas mass transfer rate are the
31 factors that govern the performance of the DF process. Sufficient research has been made that
32 can lead to upscaling the DF process into an industrial-scale technology. The article also
33 discusses the possible hydrogen purification and storage techniques for achieving fuel quality
34 and easy accessibility. However, the DF process cannot be upscaled at the current technology
35 readiness level as a stand-alone technology. Hence, it requires a downstream process (preferably
36 anaerobic digestion) to improve energy recovery efficiency and economic viability. The article
37 further tries to unfold the opportunities, challenges, and current/future research directions to
38 enhance hydrogen yield and microbial metabolism, depicting the commercialization status for
39 biorefinery development. Finally, the current progress gaps and policy-level loopholes from the
40 Indian perspective are highlighted by analyzing the strengths, weaknesses, opportunities, and
41 threats.

42 **Keywords:** Biohydrogen production, Biorefinery concept, Dark fermentation, Biohydrogen
43 purification, Biohydrogen storage

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83	References
84	List of Abbreviations
85	AD – Anaerobic digestion
86	ASBR – Anaerobic sequencing batch reactor
87	C/N ratio – Carbon-to-nitrogen ratio
88	CDC – Carbide-derived carbon
89	COD – Chemical oxygen demand
90	COF – Covalent organic frameworks
91	CSABR – Continuous stirred anaerobic bioreactor
92	CSTR – Continuous stirred tank reactor

93	CW	–	Cardboard waste
94	DF	–	Dark fermentation
95	DOE	–	Department of Energy
96	FW	–	Food waste
97	HRT	–	Hydraulic retention time
98	ISR	–	Inoculum-to-substrate ratio
99	LCA	–	Life cycle analysis
100	LH ₂	–	Liquid hydrogen
101	LOHC	–	Liquid organic hydrogen carriers
102	MOF	–	Metal-organic frameworks
103	NADH	–	Nicotinamide adenine dinucleotide + hydrogen
104	NFOR	–	Nicotinamide adenine dinucleotide + hydrogen: ferredoxin oxidoreductase
105	OFMSWs	–	Organic fraction of municipal solid wastes
106	P2M	–	Power to methane
107	PHAs	–	Polyhydroxyalkanoates
108	PSA	–	Pressure swing adsorption
109	SOFC	–	Solid oxide fuel cells
110	SWOT	–	Strengths, weaknesses, opportunities, and threats
111	TEA	–	Techno-economic analysis
112	TPD	–	tonnes per day
113	TS	–	Total solids
114	TSA	–	Temperature swing adsorption
115	VS	–	Volatile solids

116 **1. Introduction**

117 Based on the United Nations' 7th and 13th sustainable development goals of “affordable and clean
118 energy and climate action,” most nations are targeting towards adopting renewable energy
119 production to fulfill the energy demand. Hydrogen is the cleanest fuel available on earth, with no
120 environmental harm. It possesses the highest energy content (~120-145 MJ/kg) [1] and can be
121 produced through different routes (Fig. 1). By 2050, the global hydrogen market is expected to
122 reach up to \$1.6 trillion [2,3]. Based on the methods used for production, hydrogen is classified
123 into different categories as described through the colour codes (Table 1) [4–7]. Biohydrogen
124 production from organic waste biomass has more prospects in terms of economic viability and
125 environmental sustainability [8–10]. Among them, the DF process is more advantageous with no
126 photosynthetic reactions involved and can be applied in a simple reactor design. Additionally,
127 the DF process can potentially yield maximal biohydrogen yield with lower input energy [11,12].

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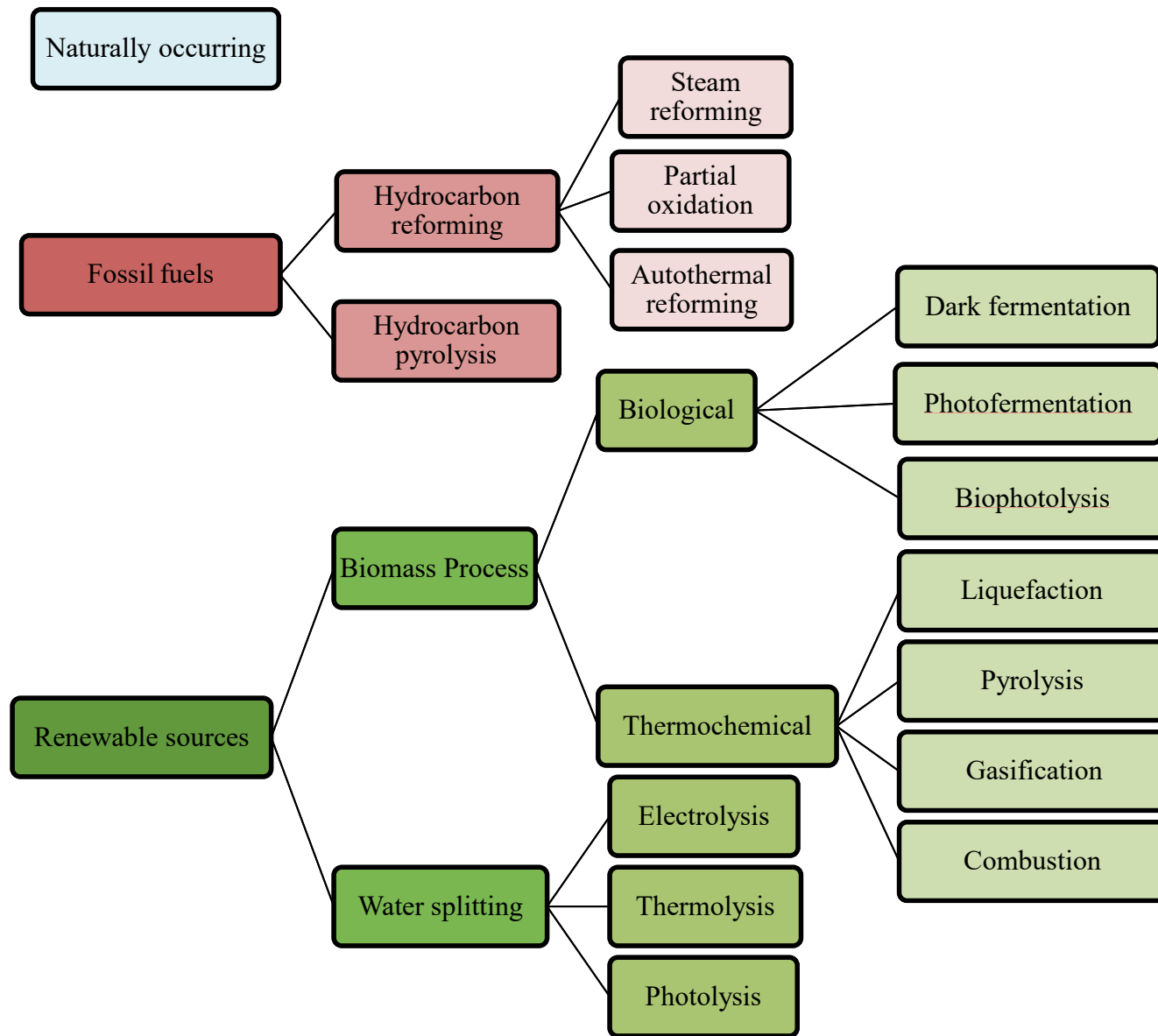
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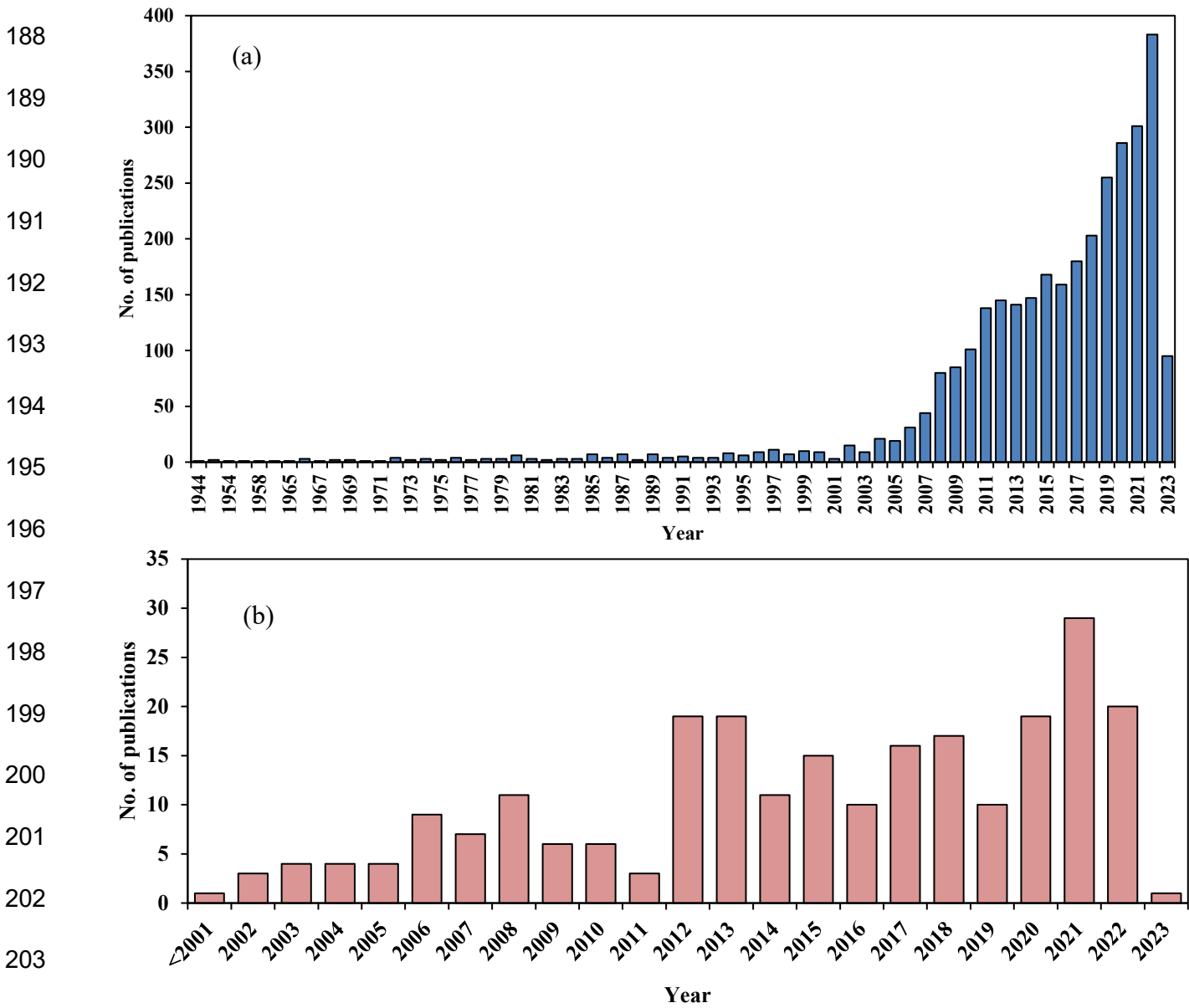
Fig. 1 (a, b). Available hydrogen production methods [1] (a) and colour classification (b).

161 Despite having all the positive attributes, the development of the DF process is still limited to
162 laboratory and pilot-scale studies [13]. There are still engineering gaps between the laboratory-
163 scale upscaling of the DF technology to an industrial full-scale biorefinery system. Various
164 studies have intensively discussed the concept of the DF process and the basics involved [12–
165 17]. Review articles that dealt with comprehensive information on the different hydrogen
166 production, upgradation, and storage techniques have also been published. However, those
167 studies possess limited knowledge of biohydrogen production through DF, its upgradation, and
168 storage for biorefinery development [18,19]. This article tries to comprehensively review the
169 topics of biohydrogen production, upgradation, and storage as an integrated biorefinery system.
170 Initially, the basic principles and governing factors of DF are discussed, followed by the methods
171 to improve the quality of biohydrogen produced for fuel applications through various
172 biohydrogen purification and storage techniques. Finally, multiple aspects pertaining to
173 developing a biorefinery concept, techno economics, environmental sustainability, recent
174 advances, future research directions, and policy interventions in context with the Indian scenario
175 are also discussed.

176 **2. Literature review methodology**

177 Research on biohydrogen production through DF has been picking up its pace substantially. The
178 Scopus data was first assessed for writing this review article, which was retrieved from the
179 database using the keywords DF, biohydrogen production, two-stage anaerobic digestion (AD),
180 biohydrogen upgradation/purification, storage, and biohydrogen biorefinery concept. As shown
181 in Fig. 2a, Scopus data revealed more than 3,100 publications, including research/review articles,
182 books, book chapters, conference proceedings, dissertation thesis, web information, etc. About
183 252 publications were shortlisted for further reviewing according to the list's relevance, year, and

184 content details (Fig. 2b). The publication years of the shortlisted articles were 2018 to 2022
 185 (39%), 2013 to 2017 (29%), 2008 to 2012 (18%), 2003 to 2007 (10%) and older than the year
 186 2002 (4%). A significant proportion of literature published in the last decade reflects the
 187 importance of reviewing these articles and consolidating the findings from these studies.



205 **Fig. 2.** Research evolution over dark fermentation and two-stage anaerobic digestion (a) and the
 206 publication year of selected publications (b) (Scopus data, dated 13th March 2023).

207 3. Dark fermentation process

208 3.1 Principle and general concept

209 It is well understood that anaerobic fermentation of organic substrates, using specific microbes for
210 biohydrogen production, is called dark fermentation. A wide range of organic substrates rich in
211 carbohydrates, proteins, lipids, and cellulose/hemicellulose contents are used for producing
212 biohydrogen through DF [20,21]. Figure 3 depicts these pathways involved in biohydrogen
213 production from glucose. Biohydrogen production depends on the essential enzymes,
214 hydrogenases. It is to be noted that the nitrogenase enzyme complex also displays hydrogenase
215 activity [22,23]. The hydrogenase enzymes catalyze the hydrogen molecules into protons and
216 electrons. The hydrogenase enzymes are classified into three groups: (a) [Ni-Fe]-hydrogenase, (b)
217 [Fe-Fe]-hydrogenase, and (c) [Fe]-hydrogenase [24].

218 These enzymes take part in two major pathways of DF. First is the acetate pathway that
219 theoretically yields around 4 mol of H₂ per mol of glucose. Second, the butyrate pathway produces
220 2 mol of H₂ per mol of glucose [12,25–27]. At the initial stages of the DF process, nicotinamide
221 adenine dinucleotide + hydrogen (NADH) is formed by the oxidation of the organic substrates into
222 pyruvate. It may be utilized by microbial species having NADH: ferredoxin oxidoreductase
223 (NFOR), producing reduced ferredoxin [15,28,29]. Later, pyruvate is converted into acetyl-CoA
224 and formate by pyruvate formate lyase or acetyl-CoA and reduced ferredoxin via pyruvate-
225 ferredoxin oxidoreductase (PFOR), producing H₂ [30,31].

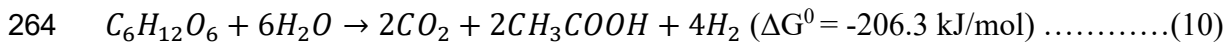
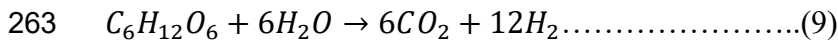
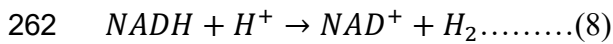
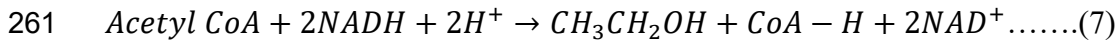
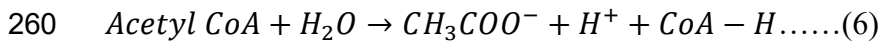
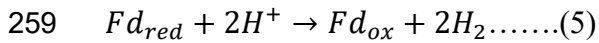
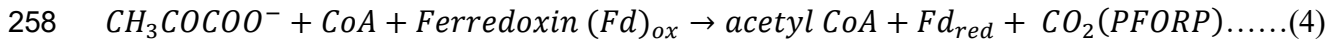
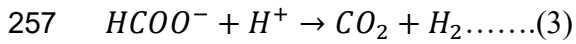
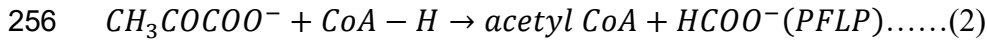
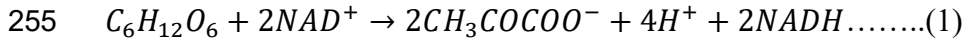
226 In the process of glucose glycolysis, excess production of NADH would be occurred because of
227 limited electron transport chain in fermentative bacteria. Usually, NADH/NAD⁺ ratio is
228 sufficiently maintained through oxidation of NADH and H⁺ into NAD⁺ during acidogenesis stage.
229 The inadequate oxidation of NADH results in surplus NADH, and H⁺. The fermentative bacteria

230 attempts to oxidize the excess NADH producing hydrogen to maintain regular metabolism [32].
231 Other than that, during acetogenesis, acidogenic bacteria (e.g., *Syntrophomonas wolfei*,
232 *Syntrophobacter wolinii* etc.) could convert propionic acid, butyric acid, ethanol, and other organics
233 into acetic acid and hydrogen [33–36]. For cellulosic and hemicellulosic materials, the arabinose,
234 xylose, glucose, and galactose form glyceraldehyde-3-P and further get converted to pyruvate and
235 follow the same pathway as in the case of glucose and more information is available in Bhatia et
236 al. [37].

237 In the case of complex materials, the pathway for biohydrogen production is via the deamination
238 of amino acids (proteins) and β -oxidation of long-chain fatty acids (lipids). Hydrogen could be
239 also generated via two different pathways from the degradation of pyruvate, an important
240 intermediate produced from the glycolysis of carbohydrates and deamination of amino acids. The
241 degradation of pyruvate produces acetyl-CoA via decarboxylate with reduced ferredoxin
242 produced, which donate electrons to protons for generating hydrogen. This pathway is
243 predominantly used for hydrogen production by *Clostridium* sp [38]. On the other hand, facultative
244 anaerobes, such as *Enterobacter* and *Klebsiella* takes the formate cleavage pathway [39,40].
245 However, emulsified lipids may hinder the mass transfer between the microbes and other utilizable
246 metabolites during lipid degradation. The microbial metabolism for biohydrogen production
247 through protein and lipid degradation are well explained in Dong et al.[20], Fu et al. [41] and Xiao
248 et al. [42].

249 Nonetheless, the uncontrolled production of acids beyond a permissible limit can adversely affect
250 the DF process and the H₂ yield due to the sensitivity of hydrogenases to low pH. Microbial
251 intermediate products are produced during metabolic activities apart from acetic acid and butyric
252 acids such as ethanol, fumaric, lactic, propionic acids, and polyhydroxy butyrate. The overall set

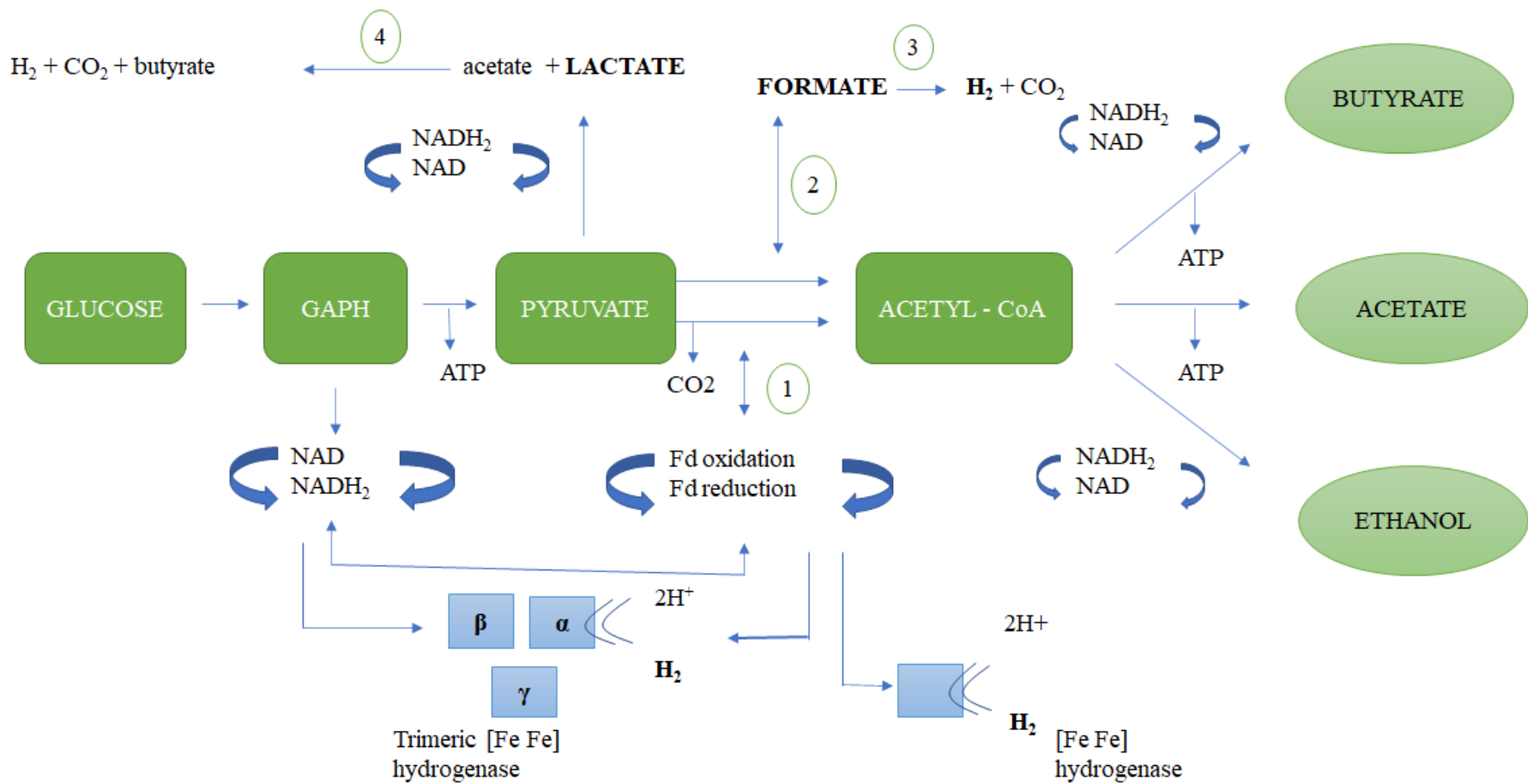
253 of reactions involved in the DF reaction can be represented as given below in the Equations (1-11)
254 for glucose glycolysis pathway [12,26].



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269

270 **Fig. 3.** Pathways involved in the DF process using glucose for biohydrogen production.

271 Notably, biomass conversion to biohydrogen through DF completely depends on microbial
272 activity. The contribution of anaerobes such as *Bacillus*, *Klebsiella*, *Enterobacter*, *Clostridium*,
273 etc., for biohydrogen production, has been well-known in the laboratory and full-scale DF
274 microbiota [43–46]. Researchers have used pure microbial cultures or mixed cultures to enrich the
275 specific hydrogen-producing microbial species [47]. Another method is to pre-treat the mixed
276 culture consortia primarily to inhibit the hydrogen-consuming bacteria, such as homoacetogens,
277 hydrogenotrophic methanogens, lactic acid-producing bacteria, propionate-producing bacteria,
278 and sulfate reducers [12]. Hence, diverse pretreatment techniques such as physical (heat shock,
279 ultrasonication, ultraviolet irradiation, aeration, freeze, and thaw, etc.) and chemical (pH
280 pretreatment, chemical activation, and inhibition) are applied [47]. Further, the pretreated
281 inoculum having hydrogen-producing consortia is enriched using macro and micronutrients
282 consisting of trace elements (Fe, Mg, Mo, Ca, Na, Zn, Si, Cu, etc.) [48,49]. The metal ions such
283 as Fe^+ , Ni^+ , Mg^{2+} , Cu^+ , and Zn^+ have been shown to positively affect the Ni-Fe, Fe-Fe hydrogenase,
284 and Acetyl-CoA synthase enzymatic activities [50]. The continuous feeding of macro and
285 micronutrients flourishes the activity of hydrogen-producing bacteria in a parental reactor, which
286 can be used further in inoculating DF reactors [51]. However, a long-term operation of the DF
287 reactor may prevail in conditions suitable for culturing hydrogen-producing bacteria. Thus, a lower
288 hydraulic retention time (HRT) is preferable, i.e., below 4 days (on average, even below 2 days),
289 and a high feeding rate must be maintained [12,52].

290 3.2 Suitable feedstocks, characteristics, and biohydrogen production potential

291 The biohydrogen production rate and yield depend heavily on the type and characteristics of the
292 substrates/feedstocks used. It can vary from the organic fraction of municipal solid wastes
293 (OFMSWs), wastewater sludges, and livestock waste to industrial wastes and effluents. This

294 section discusses the different waste biomasses used for biohydrogen production and their
 295 characteristics. Biomass consists of various macromolecules such as carbohydrates, proteins,
 296 lipids, cellulosic and hemicellulosic contents that can be utilized for dark fermentation microbial
 297 metabolism for biohydrogen production. Table 1 shows the theoretical biohydrogen potential of
 298 various molecules available in biomass resources. However, the experimental yields are reported
 299 much lower than the theoretical yield since the metabolic pathways vary according to the microbes
 300 involved and the environmental conditions applied [53]. The protein and lipids degradation
 301 through anaerobic microbial metabolism is not an easy task for direct hydrogen production. This
 302 is because of the low carbon-to-nitrogen (C/N) ratio for proteins [54] and the high C/N ratio for
 303 lipids [55] and their complex molecular structures. The biohydrogen production potential of
 304 carbohydrate-rich wastes is thus observed to be 20 times higher than that of protein-rich wastes
 305 [56].

306 **Table 1.** Theoretical biohydrogen production potential of various monomers and macromolecules
 307 [20,37]

Monomer/Macromolecule	Theoretical biohydrogen yield per mol of monomer/macromolecule	Theoretical biohydrogen yield per gram of monomer/macromolecule
Glucose	4 mol	498 mL
Xylose	3.33 mol	497 mL
Mannitol	5 mol	615 mL
Glycerol	3 mol	730 mL
Carbohydrates*	8 mol	996 mL
Proteins	2 mol	105 mL

Lipids	2 mol	56 mL
Cellulose	2 mol	276 mL
Hemicellulose	2 mol	339 mL

308 *Theoretical biohydrogen yield of carbohydrates was considered twice the amount of glucose yield.

309 The molecular weight of macromolecules considered: Glucose: 180 g/mol, Xylose: 150 g/mol, Mannitol: 182 g/mol,
 310 Glycerol: 92 g/mol, Proteins: 425 g/mol, Lipids: 800 g/mol, Cellulose: 162 g/mol, and Hemicellulose: 132 g/mol.

311
 312 Biohydrogen yields of various waste biomass through the DF process are summarized in Table 2.
 313 One such biomass is the OFMSWs, which can be further classified according to their origin, such
 314 as food processing industries, wholesale markets, restaurants/canteens, households, etc. [57]. The
 315 OFMSWs are rich in polysaccharides, such as cellulose, hemicellulose, starch, lipids, proteins, etc.
 316 These wastes are promising and potential sources for biohydrogen production due to their abundant
 317 availability at a cheaper cost. The OFMSWs have reported a hydrogen yield of 14 – 238 mL/g.
 318 substrate of hydrogen through DF process [57–59].

319 Organic matter-rich wastewater from various industries such as palm oil and olive oil mill,
 320 brewery, and dairy can also be utilized for biohydrogen production [29]. Hence, the biohydrogen
 321 yield of wastewater from different industries, such as sugar, starch, beverage, palm oil mill, etc.,
 322 have been investigated [58,60–68]. Besides the conventional carbohydrate-rich wastes, byproducts
 323 from other biofuel production processes were also explored for biohydrogen production. Glycerol,
 324 the primary by-product of biodiesel production, is an example that possesses a biohydrogen
 325 production potential of up to 7 mmol/g. glycerol. This was much higher compared to the other
 326 substrates such as glucose (2 mmol/g. glucose), galactose (2 mmol/g. galactose), gluconate (1
 327 mmol/g. gluconate), sorbitol (5 mmol/g. sorbitol), mannitol (5 mmol/g. mannitol) and fructose (2
 328 mmol/g. fructose) using the facultative anaerobic bacterial strain of *Enterobacter aerogenes* [39].

329 Plant-originated non-food/feed residues such as straws, stems, stalks, leaves, energy crops,
330 processed wastes, etc. can also be used for biohydrogen production. Besides the agricultural
331 residues, all energy plants (willow, poplar, miscanthus) and waste from the paper and wood
332 industries can be used for biohydrogen production [69]. Eskicioglu et al. [70] observed potential
333 substrates in lignocellulosic biomass subjected to hydrothermal pretreatment. The lignocellulosic
334 biomass can be enlisted as sorghum, fir bark, corn stover, rice, and wheat straw. However, other
335 substrates such as edible and non-edible de-oiled cakes, seeds of invasive and wildy growing
336 plants/trees, various agricultural biomasses, etc., reported good methane yields during AD [71–
337 78], could also be investigated for assessing biohydrogen potential through DF.

338 Animal manure-based biohydrogen production using the DF process has also been studied [79–
339 81]. Recently, liquid swine manure was examined for continuous biohydrogen production at
340 different dilution rates of 0.5 to 2%. The liquid swine manure was mixed with 10 g glucose/L to
341 balance the carbon and nitrogen ratio and reduce ammonia inhibition. Thus, liquid-based substrates
342 are also suitable for biohydrogen production but have lower HRTs (< 1 d) than solid biomass to
343 obtain maximal biohydrogen production [82]. Besides the above-mentioned organic sources,
344 sewage sludge has also been investigated for biohydrogen production due to the rich composition
345 of peptides and carbohydrates [83,84]. However, the presence of methane-forming microbes in
346 animal manure and sewage sludge limits its usage in DF without effectively inhibiting the
347 metabolic pathways of hydrogen-consuming bacteria [47,85].

348 In general, biohydrogen yield relies on the solubilization efficiency of the substrates used. Easily
349 soluble substrates such as fruits, vegetable wastes, starchy materials, and different wastewaters
350 could result in enhanced hydrolytic rate and subsequently in biohydrogen production. In turn,
351 pretreatments should be employed to exploit microbial activity when utilizing lignocellulosic

352 biomass [86]. Different pretreatment methods could be adopted, from mechanical, chemical, and
353 thermal to biological, with variants and combinations available and are extensively reported and
354 reviewed elsewhere [57]. Co-fermentation of different biomass is also a preferred strategy to
355 enhance the biohydrogen yield and maintain the process parameters so that the co-substrates
356 complement each other during DF. Recently, Silva et al. [87] evaluated the hydrogen yield of food
357 waste with glycerol as a co-substrate at a mixing ratio of 1 – 3%. Co-fermentation with 3% glycerol
358 improved the biohydrogen yield by two-fold the yield of food waste alone [87]. Tarazona et al.
359 [88] optimized that a maximal biohydrogen yield can be obtained if the carbohydrate to protein to
360 lipid ratio in substrates is maintained as 1:0.4:0.4 (15, 6, and 6 g/L, respectively). This is where
361 the role of co-fermentation strategy arises where different substrates can be fermented together for
362 generating maximum hydrogen production. A wide variety of substrates suitable for biohydrogen
363 production has been enlisted in detail by Hay et al. [53]. Nevertheless, the biohydrogen yield from
364 all the enlisted substrates generally relies on the operational configuration and other governing
365 factors. The following section highlights how different operational parameters govern the
366 biohydrogen yield and production rate by controlling the biochemical processes.

367

368 **Table 2.** Various waste biomass and their biohydrogen production potential through dark fermentation

Substrate	Reactor configuration and operational conditions	Biohydrogen yield (mL/g _{substrate})	References
<i>Organic fraction of municipal solid waste</i>			
Food waste (pasta, bread, fruit, vegetable, fish, and meat)	Batch, Temperature: 36°C	25	[89]
Residential home food waste	Batch, Temperature: 50°C, pH: 7.5	14	[90]
Fruit waste	Batch	179	[91]
Date fruit waste	Batch, Temperature: 37°C, pH: 6.5	239	[92]
Kitchen waste	Inclined plug flow reactor, pH: 5.5	10	[59]
Kitchen garbage	Continuous stirred tank reactor (CSTR), Temperature: 55°C, pH: 5.0	25	[93]
<i>Industrial waste and effluents</i>			

Palm oil mill effluent	Batch, Temperature: 38°C, pH: 5.9	108	[58]
Brewery plant wastewater	Batch, Temperature: 35°C, pH: 5.5	249	[62]
Waste glycerol	Upflow anaerobic sludge blanket reactor (UASB), Temperature: 37°C, pH: 5.5	78	[65]
Citric acid wastewater	UASB, Temperature: 36°C, pH: 7.0	104	[68]
Cassava starch wastewater	Batch, Temperature: 30°C, pH: 5.5	196	[66]

Agricultural/agro-industrial/ energy crop wastes

Corn stover	CSTR, Temperature: 55°C	61	[94]
Agave bagasse	CSTR, Temperature: 55°C, pH: 7.0	121	[95]
Cashew apple bagasse	Batch, Temperature: 38°C	336	[96]
Untreated rice straw	Batch, Temperature: 75°C, pH:7.5	51	[97]

Untreated rice straw	Batch, Temperature: 55°C, 6.5	25	[98]
Untreated Wheat straw	Batch, Temperature: 60°C, pH: 7.0	79	[99]
Untreated barley hulls	Batch, Temperature: 60°C	24	[100]
Untreated Switchgrass	Batch, Temperature: 65°C	310	[101]
Untreated cornstalk	Batch, Temperature: 35°C, pH: 6.5	87	[102]
Untreated sugarcane bagasse	Batch, Temperature: 70°C	252	[86]
Untreated corn leaves	Batch, Temperature: 70°C	224	[86]
Delignified wood fibers	Batch, Temperature: 60°C	288	[103]
Untreated soyabean straw	Batch, Temperature: 35°C, pH: 7.0	5	[104]
Wheat straw (pretreated with white-rot fungi)	Batch, Temperature: 40°C, pH:6.5	79	[105]

Corn stalk (pretreated with fungi)	Batch, Temperature: 60°C, pH: 7.0	80	[106]
Rice straw (pretreated with NH ₄ OH & H ₂ SO ₄)	Batch, Temperature: 75°C, pH:7.5	60	[107]

Animal waste

Cattle wastewater	Batch, Temperature: 45°C, pH: 5.5	278 mL/g chemical oxygen demand (COD)	[108]
Liquid swine manure	Anaerobic sequencing batch reactor (ASBR), Temperature: 37°C, pH: 5.0	203 mL/g glucose	[82]
Dairy manure	Continuous stirred anaerobic bioreactor (CSABR), Temperature: 36°C	14 mL/g DM	[109]
Cattle manure	Batch, Temperature: 78°C	8	[110]
Buffalo sludge	Batch, Temperature: 39°C, pH: 7.0	1	[111]

370 3.3 Key factors involved

371 3.3.1 pH

372 Several process parameters affect the DF process. These include pH, temperature, HRT, feeding
373 rate, hydrogen partial pressure, etc. [29,51,112]. Among them, the pH value is a primary DF
374 process parameter. The pH maintained in the DF process controls the enzymatic and microbial
375 activity involved. Moreover, an appropriate hydrogen ion concentration regulates microorganisms'
376 metabolic pathways, morphology, and cell structure. This directly influences the hydrogen yield
377 and the metabolic pathways/metabolic by-products involved (e.g., organic acids such as acetic,
378 lactic, butyric, and propionic acids). The excess organic acid production reduces the slurry's
379 operational pH inside the reactor. A pH level below the value of 5 can directly affect the
380 intracellular pH limiting the activity of the microbes involved. According to Li and Chen [113],
381 an initial pH of around 7 to 7.5 is optimal for the DF of corn stover pretreated by steam explosion.
382 A study has reported that based on the substrates, the optimal initial pH can vary accordingly, e.g.,
383 livestock wastes, agricultural wastes, and food wastes have an optimal initial pH of 7.0, 6.5 – 7.0,
384 and 5.0 – 6.0 values, respectively [114]. Nevertheless, operational pH may be different from the
385 initial pH, depending on the biochemical process involved. It is reported that DF requires an
386 optimal operational pH in the range of 5.0 to 7.0 for optimal microbial growth and activity [115].

387 3.3.2 Temperature

388 The hydrogen yield of the DF process is also governed by the operational temperature. Compared
389 to mesophilic temperature, the thermophilic conditions have been advantageous for biohydrogen
390 yield [116] and volatile fatty acids (VFAs) production due to improved thermodynamics and
391 enzymatic activity [117–119]. Biohydrogen yields of 33.16 mL/g. volatile solids (VS) were
392 achieved at thermophilic conditions (55°C); meanwhile, the mesophilic operation (37°C) yielded

393 30.36 mL/g. VS from rice crop residues at a 10% total solids (TS) feeding rate [120]. A more
394 recent study reported a very low biohydrogen yield of 2.13 mL/g. VS during mesophilic conditions
395 (which could be due to the varied microbial routes involved) and 64 mL/g VS under thermophilic
396 conditions at a feeding rate of 6% TS [121]. The study claimed that the thermophilic conditions
397 stimulate the microbes involved resulting in increased biohydrogen and VFAs production
398 compared to mesophilic conditions. As a result, the study observed higher butyric acid rate
399 production under thermophilic conditions.

400 On the contrary, Azbar et al. [61] have reported a lower biohydrogen production at thermophilic
401 conditions (8 mmol/g. COD) than in mesophilic conditions (9 mmol/g. COD) from cheese whey
402 wastewater. Similarly, in another study, the hydrogen yields were reported to be better at lower
403 mesophilic temperatures (25°C), and hydrogen productivity was higher at higher mesophilic
404 temperatures (40°C) while fermenting marine macroalgae (*S. japonica*) [122]. A maximum
405 hydrogen yield of 179 mL/g. VS was obtained within 5 days of operation using the prescribed
406 macroalgae at a feeding rate of 35 g/L. The contradiction between the results could be due to the
407 difference in the inoculum, operational conditions, substrate characteristics, and reactor
408 configurations or the competition of hydrogen-consuming microbial consortia. However, the
409 researchers have mostly recommended thermophilic conditions over mesophilic conditions for
410 better biohydrogen and VFAs productivity. Other benefits of maintaining thermophilic conditions
411 are improved substrate degradation, increased hydrogenase enzymatic activity, and decreased
412 growth of hydrogen-consuming bacteria (hydrogenotrophic methanogens, homoacetogens, and
413 associated acetoclastic methanogenic activity) [123]. But the major constraint with the
414 thermophilic biohydrogen production through DF is energy efficiency, a detailed discussion is
415 given in section 5.3.

416 3.3.3 Substrate concentration or feeding rate

417 The substrate concentration or the feeding rate is crucial for the DF process. A higher feeding rate
418 is generally prescribed in the literature to keep active acidogenesis/fermentation consistent. A daily
419 feeding rate as low as 1% TS can yield moderate hydrogen productivity; however, a higher
420 substrate feeding rate may enhance hydrogen production. At a feeding rate of 1% TS, Wu and
421 Chang [80] have reported a hydrogen yield of ~ 3 mol H₂/mol sucrose. Likewise, the DF of glucose
422 has produced 1.84 mol H₂/mol glucose at 1% TS [81]. The VFAs are known to impact both
423 productivity and hydrogen yield. Liu and Shen [124] investigated the performance of batch
424 reactors at varied substrate (starch) concentrations of 2 to 32 g/L. The study observed a maximum
425 hydrogen yield of 194 mL H₂/g starch at a 2 g starch/L concentration. Furthermore, as the starch
426 concentration increased to 32 g/L, the hydrogen yield decreased to 86 mL H₂/g starch. The
427 hydrogen production rate differed from the hydrogen yield profile. The hydrogen production rate
428 recorded a maximum of 237 mL/ g. VSS. d at 24 g/L, while further reduced at 32 g/L. De Amorim
429 et al. [94] noted similar observations while treating glucose at a concentration of 2 g/L at an HRT
430 of 2 h. The studies have suggested that there is a narrow line of substrate concentration to minimize
431 the gap between hydrogen yield and production rate. Solid-state fermentation is also a feasible
432 strategy for efficient hydrogen production that reduces the requirement for water and the
433 volumetric working capacity of the reactor at higher loading (>15% TS). However, a significant
434 load increase may give rise to technical issues such as clogging in the case of full-scale applications
435 and hence require sophisticated system design.

436 3.3.4 Hydraulic retention time

437 The hydrolysis rate of the substrates that advance the biochemical process is influenced by the
438 initial substrate characteristics, the feeding rate, and the time given for sufficient substrate

439 degradation (Fig. 3a). Thus, the HRT is a parameter that influences the production of various VFAs
440 and the H₂ production. Moreover, multiple studies have utilized HRT to control the growth of
441 hydrogen-consuming bacteria (homoacetogens and hydrogenotrophic methanogens) and
442 acetoclastic methanogens inside the DF reactor. This can be done because hydrogen-producing
443 bacteria grow faster than hydrogen-consuming bacteria. The lower HRT reduces the proliferation
444 of hydrogen-consuming bacteria and also could result in washout under continuous operation
445 conditions, hence a better hydrogen production rate [12,52].

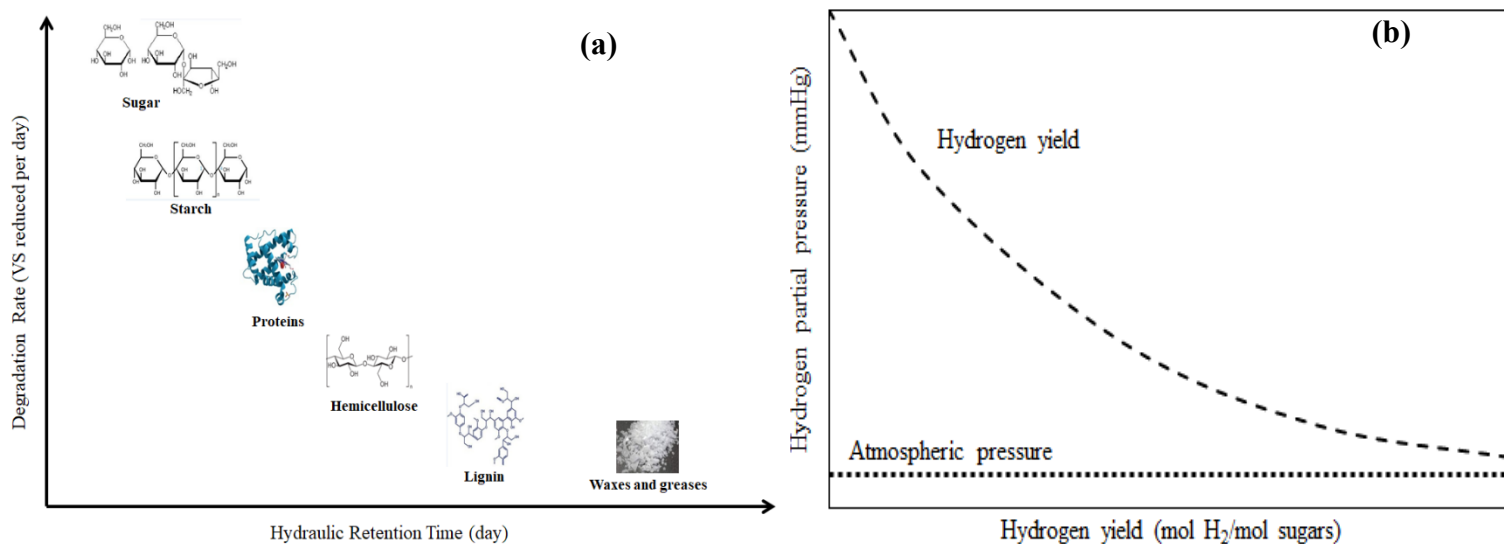
446 Although lower HRTs improve the biohydrogen yield and production rate, optimizing HRT always
447 depends upon the substrate to be treated. Since DF involves several biochemical processes, HRT
448 alone cannot be decisive in the fate of the DF reactor performance [125]. Thus, some researchers
449 have investigated the combined effects of HRT with operational pH and temperature.
450 Hyperthermophilic (70 °C) operation of DF-based CSTR treating domestic organic wastes yielded
451 a stable biohydrogen production of 21 mL H₂/g VS_{added} at a pH value of 5.5 and HRT of 3 d, even
452 though the maximum yield obtained was 107 mLH₂/g. VS_{added} at a pH value of 7 [126]. In another
453 study treating glycerol in a CSTR, Silva-Illanes et al. [127] observed that HRT influenced
454 hydrogen yield and production rate more than pH. At an optimal HRT of 12 h and pH of 5.5, the
455 study recorded 0.58 mol of hydrogen per mole of glycerol.

456 In contrast, a lower HRT of 2 h disrupted the microbial activity due to lower microbial abundance
457 (volatile suspended solids) while treating galactose, which optimized a better hydrogen yield at an
458 HRT of 6 h in a continuous reactor [128]. Another study reported a tolerance level of 1.5 h HRT
459 while treating glucose [129]. The pH and temperature influence the nitrogenase and hydrogenase
460 enzymatic activities, affecting the biohydrogen yield. The nitrogenase activity increased at a
461 temperature of around 30 °C and pH around 7.1 – 7.3, while hydrogenase enzymatic activity was

462 observed to be optimal at a higher temperature, in the range of 55–70 °C with pH in the range of
463 6.5-7.5 [10].

464 3.3.5 Hydrogen partial pressure

465 The continuous biohydrogen production might increase hydrogen partial pressure inside the DF
466 reactor. The solubility of hydrogen in the aqueous environment is extremely poor (Henry's law
467 constant of 7.8×10^{-4} mol/L. atm). This may positively affect the hydrogen production rate further
468 since it has been reported that the lower partial pressure enables the hydrogen mass transfer from
469 the aqueous phase to the gaseous phase at ease as per Henry's law [130,131]. The excess hydrogen
470 hampers the oxidation and reduction of ferredoxin by hydrogenase, affecting hydrogen production
471 [132]. According to Lee et al. [133], reducing the hydrogen partial pressure enhances hydrogen
472 productivity. The study noticed that at a permissible limit of H₂ partial pressure, a maximal
473 hydrogen yield of 5 mol H₂/mol sucrose was achieved with a production efficiency of 56%.
474 Correspondingly, a reduction in hydrogen partial pressure from 760 mmHg to 380 mmHg achieved
475 a maximum yield of 3.9 mol H₂/mol_{glucose} (51% increase) [131]. Later, Junghare et al. [134]
476 claimed increased production yield at an H₂ partial pressure of 76 mmHg relative to 254 mmHg.
477 The claim was supported by Beckers et al. [135], who reported lower hydrogen yields at a partial
478 pressure of 135 mmHg and a substantial increase at negative atmospheric pressure (668 mmHg).
479 Hence, the hydrogen partial pressure should be maintained closer to atmospheric pressure, as
480 shown in Fig. 3(b). Various researchers have suggested an external stirring or applying gas
481 permeable membranes, or vacuum pumps to remove dissolved H₂ from the mixed liquor and
482 improve liquid-to-gas mass transfer [133,136]. The best way to maintain the partial pressure of
483 hydrogen could be to transfer the produced gas from the reactor to another collection tank at regular
484 intervals [12,52].



490

491 **Fig. 3.** Effect of different substrate composition degradation rates in relation to HRT (a) and effect
 492 of hydrogen partial pressure on hydrogen yield (b).

493 3.3.6 Inoculum

494 The type of microbial culture used for the DF start-up process is crucial in hydrogen productivity.

495 Certain obligate and facultative anaerobes have been found to support biohydrogen production

496 during DF [19]. Pure cultures of robust hydrogen-producing bacteria are generally recommended

497 for DF start-ups, although DF is expensive under sterile conditions. Thus, using mixed culture

498 directly or under selection pressure, i.e., inhibiting hydrogen-consuming bacteria, is also

499 recommended [12]. Alternatively, direct use of acidogenic culture is also a possibility [137].

500 Hence, anaerobic digestates, sewage sludge, and other anaerobic effluents are also suggested as

501 good sources of hydrogen-producing microbes required to start the DF process.

502 The inoculation of the DF reactor using anaerobic granular sludge has been highly beneficial,

503 yielding better biohydrogen and providing a protective environment against sudden environmental

504 shocks and changes. The inoculum type also assists the oxidation-reduction potential directly

505 involved with bioprocesses carried out by the microorganisms [138]. Thus, an optimal value exists
506 for the inoculum-to-substrate ratio (ISR) based on the substrate type utilized. Lower ISR reduces
507 the fermentation activity, whereas higher ISR increases the inter-microbial competition, which
508 could eventually lead to the growth inhibition of the hydrogen-producing microbial cells [51]. A
509 maximal biohydrogen yield of 62.5 mL H₂/g VS was achieved in a DF reactor treating OFMSW
510 under the optimized conditions of 6 g VS/L d feeding rate, 55 °C temperature, and ISR of 0.5 for
511 an operational period of 4 d. The ISR of 0.25 resulted in a low hydrogen yield relative to the results
512 at an ISR of 0.5 [51]. This is because of the competition within the microbial community, which
513 may result in an incomplete substrate-to-hydrogen conversion. It could also be due to the change
514 in the type of fermentation. For instance, if the substrate loading is increased (lower ISR) then due
515 to the higher rate of substrate consumption, the rate of acid production will be higher. The higher
516 rate of acid production will in turn result in a faster drop in the pH with pH being lower for lower
517 ISR. This lower pH in turn affects the microbial community characteristics, probably favoring the
518 predominant occurrence of lactic acid fermentation with low or no H₂ production.

519 Increasing the ISR beyond 0.5 might negatively impact hydrogen production. Higher ISR implies
520 high microbial biomass concentration limited substrate accessibility within the reactor, thus
521 limiting the substrate consumption rate. It is also conceivable that the fast-growing hydrogen-
522 consuming microorganisms predominate the microbial community under those conditions. Alavi-
523 Borazjani et al. [51] suggested that substrate concentration is the predominant factor governing the
524 DF process parameters, followed by ISR and temperature.

525 In addition, the overall efficiency of the DF system is directly governed by the initial microbial
526 enrichment and long-term natural shift in the microbiome involved [139]. It has been validated
527 that there should be a permissible limit, i.e., 2.5:1.0, between the abundance of hydrogen-

528 producing microbes to the lactate-producing microbes. pH is the primary controlling parameter for
529 this microbial shift, e.g., fermenting non-sterile food waste in a continuous reactor inoculated using
530 *Clostridium butyricum* sp. [140]. An increase in the optimal ratio could disrupt the system's
531 efficiency, adversely affecting biohydrogen production. A review article by García-Depraect et al.
532 [141] suggests that although lactate-producing microbes are regarded as one of the most common
533 root causes for performance failure in DF systems, they can also support enhancement in hydrogen
534 production. This generally occurs when there is a positive interaction between the hydrogen-
535 producing microbes and the lactate-producing microbes. For example, Cheng et al. [142] observed
536 that the lactate-producing bacterial species *Bifidobacterium* sp. enhanced the hydrolysis of the
537 substrate (starch), releasing VFAs favorable for hydrogen-producing bacterial species of
538 *Clostridium* sp. However, there is more need to explore the biomechanism between these
539 interspecies activities for deducing its applicability in the DF process.

540 Apart from that, it is known that the inoculum to be used for the startup of the DF reactor is
541 expected to be enriched in hydrogen-producing bacteria, either spore-forming bacteria such as
542 *Clostridium* species, known as conventional hydrogen producers, or non-spore-forming hydrogen
543 producers microbes such as *Firmicutes* and *Prevotella* species [143]. Along with *Clostridium*
544 species (*Clostridium butyricum*, *Clostridium pasteurianum*, and *Clostridium beijerinckii*, etc.),
545 *Enterobacter aerogenes* species are also known for giving high biohydrogen yield [144,145].
546 *Enterobacter aerogenes* yielded 24.7 mL/L h at an optimum concentration of 32.5 g/ L cheese
547 whey at 31°C and 6.5 pH [145]. *Clostridium butyricum* has outranked other species for giving a
548 better biohydrogen production rate from glucose (3.90 mL H₂/g glucose at 10 g/L of glucose)
549 [144]. Most recently, Campos et al. [146] utilized four lignocellulosic plant-based microbial
550 communities, i.e., *Clostridium*, *Lactobacillus*, *Enterobacter*, and *Pichia* (fungus), through a

551 consolidated bioprocessing approach. In the study, at a feeding rate of 10 g/L d, the fermentation
552 of lignocellulosic biomass such as corn stover, wheat straw, sugarcane bagasse, and agave bagasse
553 produced a hydrogen yield of up to 2.5 L H₂/kg d. Likewise, another method of inoculum
554 development using immobilization and natural fermentation without external inoculation was
555 established by Liete et al. [147] and later used by Fernandes et al. [148] and Zavala-Méndez et al.
556 [149]. The cited studies have used either synthetic or real agro-industrial wastewater for natural
557 inoculum development in anaerobic packed bed reactors within one week of operation. Dauplain
558 et al. [150] investigated the role of utilizing untreated activated sludge collected from a full-scale
559 wastewater treatment plant as an inoculum for the DF process treating seven different substrates
560 of corn silage, Tunisian dates (pitted), sorghum, OFMSWs, microalgae (*Scenedesmus*
561 *quadricauda* and *Pediastrum*), sewage sludge (from same inoculum source), and food waste. The
562 enriched indigenous bacterial consortia consisting of *Clostridial* and *Enterobacter* sp. had a
563 stronger influence on the overall biohydrogen yield irrespective of the substrate used.

564 In general, the microbial consortia for the DF process could be developed and stabilized through
565 an appropriate selection of inoculum for start-up, reactor configuration, packing materials, HRT,
566 and feeding rate [139]. Another strategy that could be followed is the inoculation of the specific
567 active inoculum consisting of hydrogen-producing species at regular intervals. Researchers
568 commonly named this strategy as bio-augmentation, in which the hydrogen-producing microbial
569 consortia are inoculated inside the DF reactor at a given point of time, thereby making their way
570 towards increasing the hydrogen yield. The mechanism behind this strategy is that adding
571 inoculum at regular intervals reinforces the active hydrogen-producing species to dominate inside
572 the reactor over a long-term operational period [151]. Deep insights into the microbiological

573 aspects of DF are available in Dzulkarnain et al. [152]. Table 3 shows the optimal operating
 574 conditions for the DF process developed from this study.

575 **Table 3.** Optimal operating conditions for the DF process (developed from the cited literature in
 576 section 3.3 and Table 2)

Parameter	Optimal range
pH	5.0–7.0
Temperature	Mesophilic: 25 – 40 °C, Thermophilic: 55 – 70 °C
Daily feeding rate	Liquid state fermentation: > 1% TS – 10% TS Solid state fermentation: >15% TS – 20% TS
Hydraulic retention time	For liquid wastes: > 1.5 h - < 12 h For solid wastes: 1 to 3 d
Hydrogen partial pressure	Closer to atmospheric pressure
ISR	~ 0.50*
Inoculum type	Thermally or chemically pretreated anaerobically treated effluents/digestate or pure culture of obligate or facultative anaerobes

577 *This will depend upon the substrate utilized.

578 **4. Biohydrogen as an energy fuel: opportunities and challenges in upgrading and storage**
 579 **techniques**

580 4.1 Biohydrogen polishing and upgrading

581 From reviewing various literature, it was understood that the biohydrogen produced from the DF
 582 process consists of incombustible gas such as CO₂ and trace amounts of hydrogen sulfide,
 583 moisture, etc. Hence, hydrogen enrichment/upgrading is as crucial as its sustainable production.
 584 It is also to be noted that H₂ can be further utilized as energy fuel in specific applications only if
 585 the purity is at least around 99.99% [153]. Even though no studies have claimed biohydrogen
 586 upgradation from the DF process so far, hydrogen produced from other conventional techniques

587 has been subjected to various hydrogen upgradation methods. The primary impurity to be
588 eliminated from the biohydrogen mixture is CO₂, so these methods could also be applicable for
589 biohydrogen upgradation. Figure 4a depicts the various hydrogen purification techniques
590 available. They can be generally classified into two according to the upgradation principle
591 adopted: (a) physical and (b) chemical. At present, physical purification techniques such as
592 pressure swing adsorption (PSA), temperature swing adsorption (TSA), cryogenic and membrane
593 separation techniques are generally considered the established upgrading technologies in
594 chemical and petrochemical refineries [154–156]. The PSA technology is commonly used to
595 separate hydrogen from SMR off-gas mixture (Fig. 4b). This technology can lower the
596 concentrations of unwanted impurities within the permissible level and is reported to achieve a
597 maximum H₂ upgrading of up to 99.99% from the off-gas mixture that contains a trace amount
598 of impurities. Since PSA is entirely dependent upon the compressibility of the gas components at
599 different pressures, the performance of the technology is governed by factors such as inlet
600 pressure, purge gas pressure, and gas composition. Hence, PSA could only be utilized for
601 biohydrogen production if optimized to remove excess carbon dioxide from the gas mixture.
602 Otherwise, pretreating the gas mixture is a prerequisite to removing the hydrogen sulfide and
603 moisture before feeding it into the PSA reactor.

604 Similar to PSA, TSA is also a technology that could reduce the concentration of impurities in the
605 gas mixture. The principle of TSA is based on the adsorption of gas molecules through
606 increasing temperature. However, in the case of TSA, the slow heating and cooling rates require
607 more cycles per unit of gas mixture for enhanced removal performance. Thus, applying TSA is
608 even more restricted for removing the gas impurities at low concentrations than PSA.

609 On the other hand, cryogenic distillation technology is an alternative widely applicable
610 technology for separating gas mixtures. In the cryogenic process, the gas mixture is separated by
611 maintaining a low temperature, thus utilizing the varied boiling temperature characteristics of the
612 components of the gas mixtures. Since biohydrogen is known for its highly volatile nature and
613 impurities such as carbon dioxide, an additional component of the methane wash column is
614 required to eliminate these gas mixtures. Methane wash columns are known to remove the
615 carbon dioxide from gas mixture efficiently comprising hydrogen, carbon dioxide, and carbon
616 monoxide [157]. The major challenge with the cryogenic separation is that the hydrogen
617 recovery performance has been moderate, with a maximum recovery of 95%. Moreover, the PSA
618 and cryogenic separation technologies are either cost- or energy-intensive.

619 In another approach, membrane separation of the gas mixture has been widely recommended for
620 its low energy consumption, low cost, and suitability for continuous operation, as shown in Fig.
621 4 (c) [158]. In membrane separation, direct production and separation of gas mixtures are
622 possible using membrane-based reactors. The membranes are flexible enough to be fixed inside
623 the specially designed reactors and only pass the required gas molecules from the mixture.
624 Membrane-based reactors are known for reduced investment costs, improved selective
625 separation, and upgrading performance [159]. Membrane-based reactors have improved
626 performance during hydrogen production through SMR at high temperatures and pressure [160].
627 At the same time, eliminating CO₂ from the biogas mixture obtained from the DF requires
628 modifications since the biological process is closer to ambient environmental conditions. Hence,
629 specific membranes (e.g., polymers) must generally be manufactured according to the biogas
630 composition and characteristics, with improved resistance to impurities, economic viability,

631 longevity, and robust design. Zeolite-based membrane system has been employed in a study by
632 Sanchez et al. [9] for a DF-based biorefinery system.

633 Recently, membrane-based systems with novel materials or modified versions of existing
634 membranes have been employed to improve the selective separation of hydrogen gas or
635 impurities [153,161–163]. Upscaling the process requires flexible and affordable membrane
636 modules to separate the biohydrogen produced through DF effectively. The liquid-to-gas mass
637 transfer rate is insufficient in membrane-based systems, which can affect the performance of the
638 DF reactor. Thus, effective, and continuous withdrawal of biohydrogen in membrane-based
639 systems is expected with sufficient liquid-to-gas mass transfer efficiency. More detailed
640 information regarding liquid-to-gas transfer efficiency and its effects on the DF process for
641 biohydrogen production and purification are available in Nemestóthy et al. [164].

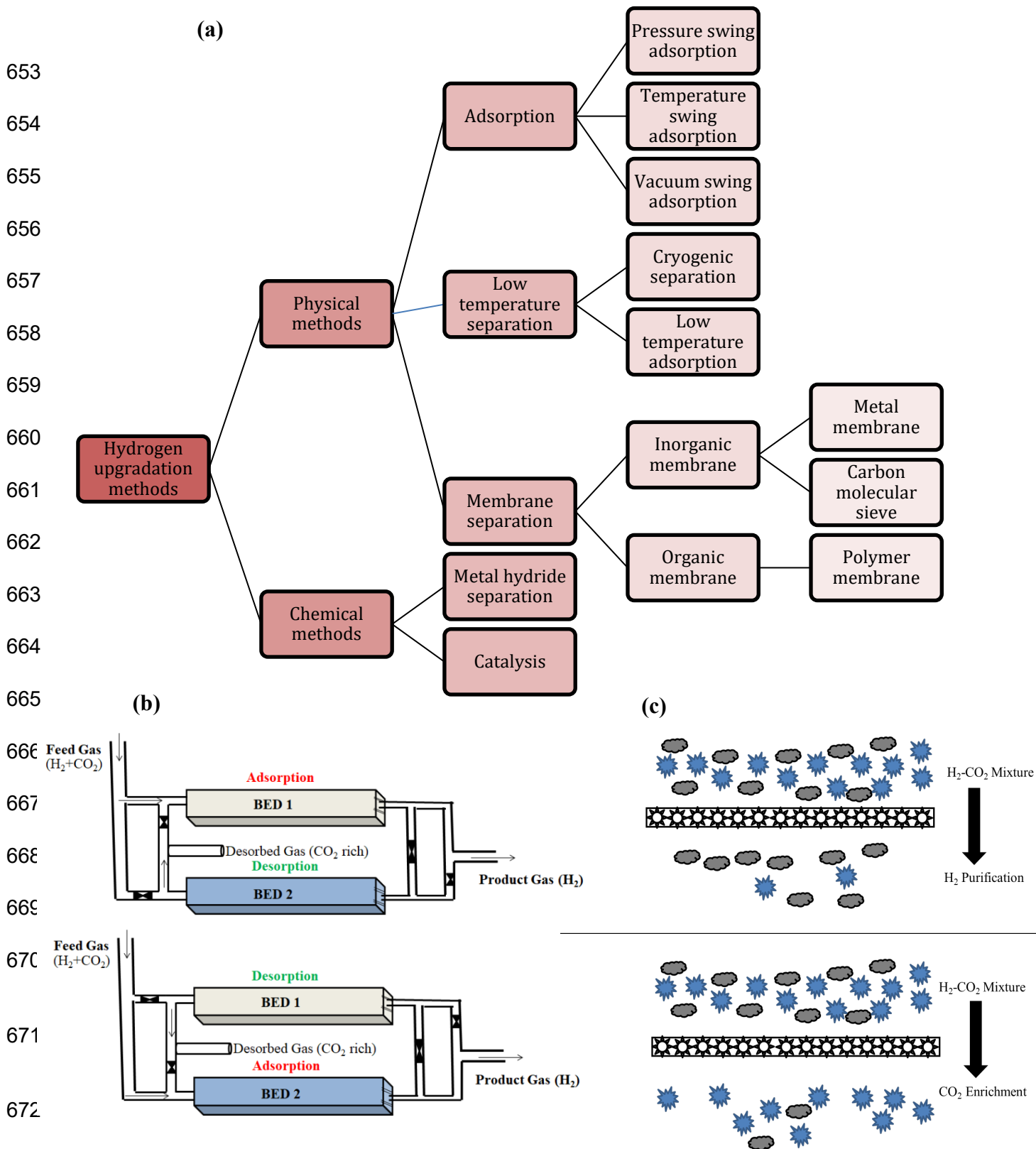
642 The biological process of microalgae-based CO₂ absorption has also become a promising
643 technique for hydrogen upgradation. During photosynthesis, the microalgae metabolize the CO₂
644 and thus upgrade the gas mixture. A closed-loop cycle of biohydrogen, biogas, and simultaneous
645 microalgal growth and biogas upgradation can be developed through this technique [165].

646 However, the major disadvantage of this technique is that photosynthesis results in the
647 simultaneous production of H₂ and O₂, which is dangerous and requires sophisticated equipment
648 for the timely separation of H₂. All these technologies have also been reported to purify the
649 biomethane from a biogas mixture [166,167]. Thus, it could also play an instrumental role in the
650 purification of biohydrogen.

651 **Table 4.** Comparison of major hydrogen purification technologies

Upgradation technique	Principle	Performance	Benefits	Drawbacks
Pressure swing adsorption	Based on physical adsorption	Moderate	<ul style="list-style-type: none"> • No requirement of water • No requirement of chemicals 	<ul style="list-style-type: none"> • Removal of H₂S required • Complex system • High investment cost
Temperature swing adsorption	Based on temperature-based adsorption	Moderate	<ul style="list-style-type: none"> • No requirement of chemicals • No requirement of water 	<ul style="list-style-type: none"> • Removal of H₂S required • Extended no. of cycle operation • Complex system • High investment cost
Membrane separation	Permeation	High	<ul style="list-style-type: none"> • Compact and simple process • No requirement of chemical 	<ul style="list-style-type: none"> • Removal of H₂S required • High investment cost
Cryogenic separation	Compression and condensation	High	<ul style="list-style-type: none"> • No requirement of chemicals • The fuel at the outlet is available in a compressed state, hence can be directly stored 	<ul style="list-style-type: none"> • Removal of H₂S required • High investment cost • High energy demand
Microalgae-based absorption	Photosynthesis	Moderate	<ul style="list-style-type: none"> • Simple and economical • Microalgal biomass could be further utilized for biofuel production • No requirement of chemicals 	<ul style="list-style-type: none"> • Performance is dependent upon photosynthetic rate and microalgae growth rate • Simultaneous production of H₂ and O₂ during photosynthesis requiring sophisticated separation technologies enhances additional costs

652



673 **Fig. 4.** Hydrogen upgradation methods (a), PSA technology concept (b), and membrane
674 separation technology concept (c).

675 4.2 Biohydrogen storage and transport

676 Succeeding the biohydrogen upgradation, the hydrogen gas at the outlet will be high in purity for
677 further applications. However, the concern is with its storage and transportation, which has been
678 a rapidly developing topic in recent years. Various agencies and institutes investigated the
679 possibilities of feasible hydrogen storage systems. The United States Department of Energy
680 (DOE) has set the target for an on-board hydrogen storage system, including volumetric density,
681 gravimetric density, and cost, as mentioned in Table 5. Another parameter that must be
682 standardized is the fueling time, i.e., the time taken to store the hydrogen in a vehicle. It was
683 estimated that the fueling time should be less than 3 min. for filling hydrogen fuel in the vehicle
684 to run a distance of 450 km [168].

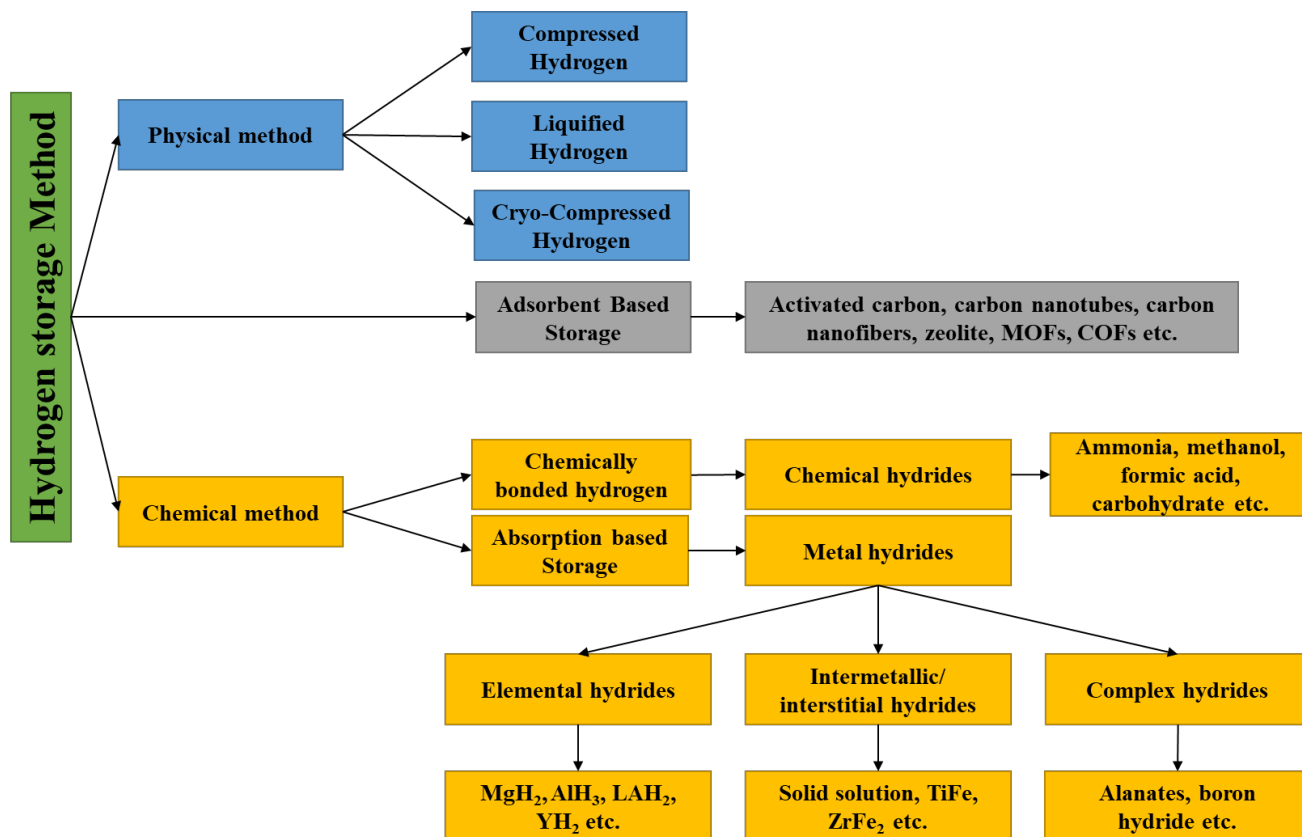
685 Numerous developments have been made to use hydrogen for fuel applications, improving its
686 storage capacity. This was based on considering two critical characteristics of the hydrogen
687 molecule: specific energy and energy density. Pure hydrogen fuel has a high heating value of 120
688 MJ/kg, almost three times that of gasoline, having 44 MJ/kg. A lower density and volumetric
689 energy density make hydrogen storage impossible under normal temperature and pressure
690 conditions, which questions its economic feasibility. Thus, a cost-effective hydrogen storage
691 method is what researchers are aiming for. Currently, there are various hydrogen storage
692 technologies based on different principles, as summarized in Fig.5. Broadly, it can be categorized
693 into three: (1) Physical methods, in which hydrogen is stored in its purest form, either liquid or
694 compressed gas, without any chemical bonding; (2) Adsorption, where hydrogen is adsorbed or
695 adhered by weak Van Der Waal's force on the surface of an adsorbent with high surface area; (3)
696 Absorption, where hydrogen atom form a strong chemical bond with another element [168–172].

697 **Table 5.** The year-wise target set for the on-board hydrogen storage system by USDOE

698 [170,173] (Also retrieved from: <https://www.energy.gov/eere/fuelcells/hydrogen-storage>)

Target for storage system	Volumetric density		Gravimetric density		Cost \$/kWh	Operating conditions	
	kWh/L system	kgH ₂ /L system	kWh/kg system	kg H ₂ /kg system		Pressure (MPa) (min./max.)	Temperature (°C) (min./max.)
2010 (target set in 2003)	1.5	0.045	2	0.060	4	0.4/10	-40/85
2015 (target set in 2003)	2.7	0.081	3	0.090	2	0.3/10	-40/85
2010 (target set in 2009)	0.9	0.028	1.5	0.045	-	0.5/1.20	-40/85
2015 (target set in 2009)	1.3	0.040	1.8	0.055	-	0.3/1.20	-40/85
2017	1.3	0.040	1.8	0.055	12	-	-
2020	1.0	0.030	1.5	0.045	10	-	-
Ultimate (2020)	1.7	0.030	2.2	0.065	8	0.3/1.20	-40/95-100

699



700

701 **Fig. 5.** Various technologies for hydrogen storage (taken from [168]).

702 4.2.1 Physical methods

703 4.2.1.1 Compressed hydrogen

704 Storing hydrogen at high pressures, generally called compressed hydrogen, is the physical way to
 705 store the hydrogen gas in a high-pressure vessel (10,000 psi). For vehicular or mobile
 706 applications, it is beneficial that the fuel should have a high energy density, be cheaper, lighter,
 707 and suitable for onboard delivery systems. Compressing the hydrogen at higher pressure
 708 parallelly increases gravimetric and volumetric energy density. Shortly this storing pressure is
 709 expected to be increased to 70 MPa or 700 bar or higher, and maybe up to 1000 bar for vehicular
 710 applications. Hydrogen density increases from 0.1 to 40 g/L when pressure increases from 1 to
 711 700 bar, while volumetric energy density increases from 0.0033 to 1.32 kWh/L [168,171,174].

712 Currently, there are five types of pressure vessels for compressed gas storage, as shown in Table
 713 6. Type I is the metallic type, and storage pressure is 20–30 MPa, which is used in most
 714 industrial applications, but it has a low gravimetric density of about 1% (0.01 kg H₂/kg system).
 715 Type II has higher storage than type 1 due to partial carbon fiber covering, whereas Type IV uses
 716 polymer liner and has better gravimetric performance [168]. Compressed hydrogen is used in
 717 nearly 80% of hydrogenation processes worldwide for storage and transportation. It is stored
 718 between 200 and 500 bar in cylinders or bundle tubes on tube trailers and transported on trucks.
 719 The amount of hydrogen that can be stored in the trailer at 200 bar is 420 kg. This capacity
 720 increases to 666 kg of hydrogen using composite material. At 500 bar, the jumbo trailer can store
 721 up to 1100 kg of hydrogen [168,174].

722 **Table 6.** Pressure vessel types (taken from [168])

Type	I	II	III	IV	V
Material	Complete metallic	Metallic enclosure with some fiber overwrap	full composite over-wrap with a metallic liner	full composite over-wrap, polymer liner, and metal boss	Complete composite
Pressure limit	≤ 50 MPa	Not limited	≤ 45 MPa	≤ 100 MPa	Under consideration
Suitable Application	Stationary	Stationary	Industrial and vehicular	Vehicles for industrial purposes (at high pressures)	--

723
 724 Vehicles such as Hyundai Tucson and Toyota Mirai have variants consisting of compressed
 725 hydrogen technology with a volume capacity of 140 L and 122,4 L. Among them, Toyota Mirai

726 has a hydrogen storage capacity of 5,7 wt.% [174]. These vehicles can store hydrogen at 70 MPa
727 in a full tank, covering a distance of 426 km and 500 km, respectively. Although a simple
728 technology, the compression process is gravimetrically and volumetrically inefficient. Energy
729 consumption during isothermal compression from 0.1 MPa to 80 MPa is 2.21 kWh/kg. In another
730 scenario, it is mentioned that power consumed during pressurizing the hydrogen gas at 700 bar is
731 10% of the energy content of the gas. [168,169].

732 4.2.1.2 Liquified hydrogen

733 Liquifying the gaseous fuel or hydrogen is another way to increase the volumetric energy density
734 and capacity. On liquefaction of hydrogen at 1 atm and 20 K, volumetric capacity reaches 70 g/L,
735 whereas compressed hydrogen at 350 bar and 700 bar is 24 g/L and 40 g/L, respectively. Liquid
736 hydrogen (LH₂) tanks consist of metallic double-walled containers with a vacuum between the
737 walls for thermal insulation. The LH₂ can be stored in a more efficient way for large volumes. The
738 LH₂ is successfully transported through trucks with a capacity of 60000 L. The main application
739 for LH₂ is in space and flight, where volumetric capacity and gravimetric density are more
740 important than power consumption. The required power for liquefaction is nearly 35% of the
741 energy content of stored hydrogen. The worldwide installed capacity of the liquefaction plants is
742 355 tonnes per day (TPD). The world's largest liquefaction plant has a 34 TPD capacity. The main
743 issue is boil-off hydrogen (above 20 K temperature, LH₂ starts to boil and convert to gas), even in
744 highly insulated tanks. This can create dangerous situations in closed spaces. [168,170,172].

745 4.2.1.3 Cryo-compressed hydrogen

746 This technology combines cryogenic and compression, which lessens energy losses. In this
747 method, hydrogen is pressurized between 250 to 350 atm at cryogenic temperature because
748 hydrogen gas becomes denser than LH₂ above 15 MPa and near liquefaction temperature. The

749 volumetric density can reach up to 87 g/L at a pressure of 240 bar and a temperature of 20 K
750 [168,170,175]. Cryo-compressed hydrogen at 276 bar and 20 K exceeds DOE 2017 target as it
751 provides a gravimetric density of 5.8 wt. % and 43 g H₂/L. Researchers from the Lawrence
752 Livermore National Laboratory, United States showed that the longest drive recorded with cryo-
753 compressed hydrogen is 660 miles on a single tank. No evaporative loss was recorded when the
754 vehicle was parked for 8 d [170]. Manufacturing cost decreased to 8\$/kWh from \$12/kWh for a
755 system equipped with 10.4 kg of usable hydrogen [176].

756 4.2.1.4 Adsorbent-based storage system

757 Physical adsorption or adsorbent-based storage system is a reversible process where gas and solid
758 particles interact through Van Der Waals forces. Various materials are used for hydrogen storage
759 based on adsorption. Most materials are carbon-based materials such as activated carbons,
760 activated carbon fibers, fullerenes, carbon nanotubes, carbon nanofibers, carbide-derived carbons,
761 graphite, graphene, etc. Other porous materials used for hydrogen storage are zeolites, metal-
762 organic frameworks (MOF), covalent organic frameworks, and polymers of intrinsic
763 microporosity. Some of these materials have good hydrogen storage capacity, fast kinetics, and
764 better reversibility [168,175,177,178].

765 Activated carbon has adsorption capacities in the range of 1–7 wt.% at 77 K at 1-20 bar pressure.
766 At ambient temperature with a pressure between 2–4 bar, gravimetric capacities come down in the
767 2-3 % range. Super activated carbon at 77 K and 296 K stores up to 5 wt.% and 1.3 wt. %
768 respectively. Casa-Lillo et al. [179] studied hydrogen storage capacity on activated carbon or
769 carbon fiber up to a pressure of 70 MPa. The highest value for hydrogen adsorption capacity was
770 1 wt.% at 10 MPa. Carbon nanotubes provide high-density hydrogen storage with about 5-10 wt.%
771 [168]. Gupta et al. [180] found carbon nanofibers adsorbed about 17 wt. % of hydrogen at 12 MPa

772 at room temperature. Dillon et al. [181] worked with single-walled carbon nanotubes containing
773 less than 0.2 % nanotubes, showing the adsorption capacity for hydrogen of 5 and 10 wt.%.
774 Another work by Chambers et al. [182] was performed on carbon nanofiber. In the study, the
775 authors manufactured herringbone carbon nanofiber, which showed a hydrogen adsorption
776 capacity of 67.55 wt.% and 53.68 wt.% on platelet carbon nanofiber at room temperature and
777 pressure of 11.2 MPa. Romanos et al. [183] used a nanoporous graphene monolith for hydrogen
778 storage and achieved a gravimetric storage capacity of 10.7 g H₂/ kg material. Carbon is obtained
779 by separating it from metal carbide, known as carbide-derived carbon (CDC) [177]. Singer et al.
780 [184] developed CDC using Polytetrafluoroethylene for adsorbing hydrogen gas. The study
781 achieved excess hydrogen adsorption volumetric capacity of 21 g/L with a total volumetric
782 capacity of 29 g/L at 77 K, and 4 MPa. Yeon et al. [185] prepared the CDC using ceramic-titanium
783 carbide plates, showing that hydrogen was adsorbed with a volumetric capacity of 35 g/L at -196
784 °C and 60 bar.

785 Hydrogen can also be stored using an electrochemical technique. Electrochemical hydrogen
786 storage values are in the range of 0.27 – 6.1 wt. %. In this technique, the electrodes are made from
787 a mixture of carbon, metals, and organic binder. This electrode is then cathodically charged with
788 hydrogen, and hydrogen is obtained anodically [178]. Other carbon material fullerenes, such as
789 C₆₀ buckyballs, exhibited no hydrogen storage capability; theoretically, the chances of forming
790 HC₆₀ complexes are very narrow [178]. Dillon et al. [181] performed a theoretical study on
791 scandium and fullerene. The result showed that scandium could bind to the twelve five-membered
792 rings in C₆₀. The predicted hydrogen capacity for reversible systems was approximately 7 wt. %
793 with C₆₀[ScH₂(H₂)₄]₁₂ complex between scandium and fullerene. Komatsu et al. [186]
794 encapsulated the hydrogen molecule in a fullerene C₆₀. Covalent organic frameworks (COF) are

795 held by covalent bonds (C-C, C-O, B-O, Si-C) with high porosity and low crystal density. These
796 have crystalline frameworks with high surface area. These can be either 3D or 2D structures, and
797 3D structures have 3 times the storing capacity of the 2D structure. COF-102 with 3D structure
798 shows a gravimetric capacity of 9.95 wt.% at 77 K and 100 bar. In place of phenylene, using
799 diphenyl (COF-102-2), triphenyl (COF-102-3), naphthalene (COF-102-4), and pyrene (COF-102-
800 5), COF-102-3 can achieve an adsorption capacity between 6.5 – 26.7 wt.% at 77 to 300 K and
801 100 bars [171].

802 Besides carbon material, MOF and zeolites are also being investigated for hydrogen storage. After
803 observing more than 4000 MOF, it was concluded that the range of the specific surface area of
804 zeolite is 3100 – 4800 m²/gm. MOF-5 (Zn₄O (BDC)₃ (where BDC is 1,4-benzene di- carboxylate)
805 has a hydrogen adsorption capacity of 4.5 wt. % at the cryogenic condition and 1 wt.% at the
806 ambient condition of 1 bar and 20 bar, respectively [187,188]. It has been reported that the
807 hydrogen uptake capacity of materials such as MOF-5 and IRMOF-8 can be increased upto 8 times
808 by dissociative chemisorption [168]. Zeolite can be defined as crystalline alumino-silicate with
809 evenly distributed pre-size and refined structure. Hydrogen encapsulation, i.e., hydrogen is forced
810 into the porous structure of zeolite at a high pressure of 900 bar, and temperature can reach up to
811 3500 C. The system can be enclosed at room temperature [187]. Langmi et al. [189] have worked
812 with four zeolites, i.e., NaA, NaX, NaY, and NaCsRHO, for hydrogen adsorption. NaY showed
813 the highest specific surface area of 725 m²/g and had a hydrogen capacity of 1.81 wt.% at 15 bar
814 and -196° C.

815 4.2.2 Chemical methods

816 This storage system is based on bond formation with hydrogen; it can be either an ionic, covalent,
817 or metallic bond. Two major hydrogen storage technologies based on bond formation are chemical

818 hydride and metal hydride-based storage systems. Absorption and desorption processes are
819 included to make the system's overall operation reversible. Various techniques, such as
820 thermolysis, hydrolysis, and ammonolysis, are employed to desorb hydrogen. These techniques
821 require additional system components and reduce the hydrogen density [168].

822 4.2.2.1 Chemically bonded hydrogen

823 Chemical hydrides store hydrogen by forming a chemical bond, and hydrogen can be generated
824 through a chemical reaction. Some papers suggest that metal hydride comes under the category of
825 chemical hydrides. Others represent it as a non-metal hydride. Some consider chemical hydride as
826 the material used for hydrogen storage that cannot be regenerated. Here non-metal hydrides are
827 treated as chemical hydrides. The most crucial difference is that chemical hydrides are in a liquid
828 state under normal conditions. This simplifies the transport and storage, and mass transfer can be
829 observed during the hydrogenation and dehydrogenation processes. Material that stores hydrogen
830 is ammonia, ammonia borane, formic acid, methanol, carbohydrates, synthetic hydrocarbon, and
831 liquid organic hydrogen carriers (LOHC) [168,171,172,176]. Ammonia has 17.8 wt.% or 10.7 kg
832 H₂/100 L hydrogen storage density. Ammonia borane has a slightly high hydrogen content of 19.6
833 wt.% [168]. Formic acid has 53 g/L hydrogen content at room temperature and atmospheric
834 pressure with a gravimetric density of 4.3 wt.%. Carbohydrates (polymeric C₆H₁₀O₅) can be
835 hydrogen carriers with 14.8 wt.% capacity on complete conversion [171]. Gaseous hydrocarbons
836 (C₁ – C₃) and liquid hydrocarbons (C₄ – C₁₀) can both be used for hydrogen production through
837 auto thermal reforming and steam reforming and partial oxidation reforming with some by-
838 products [176]. The simplest alcohol, methanol, contains hydrogen 12.5 wt.% and 99 kgH₂/m³
839 gravimetrically and volumetrically, respectively. The most common LOHC types are
840 methylcyclohexane and toluene, dibenzyl toluene and perhydro-dibenzyl toluene and N-ethyl

841 carbazole and dodecahydro-N- ethyl carbazole with 6.1 wt.%, 6.2 wt.%, and 5.8 wt.% of
842 gravimetric hydrogen, respectively [172].

843 4.2.2.2 Absorption-based storage system

844 Some metals can absorb hydrogen at low temperatures and moderate pressure. Metal hydrides are
845 formed when transition metal and their alloys react with gaseous hydrogen to form metal hydrides.

846 The advantage of this system is that it is the safest technique to store hydrogen at low operating
847 temperatures. On the other hand, the major disadvantages are that the onboard hydrogen storage
848 system is quite heavy, has low reversibility, and requires high dehydrogenation temperature.

849 Metal-based hydrides are categorized into elemental, intermetallic, and complex hydrides
850 [98,168].

851 Elemental hydrides are promising hydrogen storage materials derived from metals such as Mg, Na
852 Li, Ca, and Al. These hydrides include one metal with hydrogen, best described with the MH_x
853 formula, where M is a metal [176]. MgH_2 has a gravimetric density of 7.6 wt. % whereas

854 Magnesium based alloys show nearly 5 wt.% of hydrogen storage capacity [168,175]. Aluminium
855 hydride or alane (AlH_3) have 10.1 wt. % gravimetric and 7.47 kg H_2 /100 L volumetric hydrogen
856 storage capacities, but due to instability, it is stored at high pressure, which is in the range of GPa.

857 Other elemental hydrides are LAH_2 , YH_2 , and ZrH_2 , which are stable, whereas NiH and FeH are
858 unstable and require high pressure [168].

859 Intermetallic compounds or interstitial hydride contains at least two metals along with hydrogen.

860 They can absorb and desorb hydrogen under mild conditions [176]. The general formula for
861 interstitial hydride is $A_xB_yH_z$, various forms being A_xB_y are AB, AB_2 , A_2B , A_3B , AB_5 , and A_2B_7 ,

862 where A and B are transition or earth metals. The material TiFe shows hydrogen absorption up to
863 1.9% with the possibility of reversibility. $ZrFe_2$ has 1.7 wt.% of hydrogen storage capacity at 20

864 °C. Solid solution alloys are also used for hydrogen storage and are generally based on vanadium,
865 which is also included in this category. It shows a gravimetric density of 4 wt.% [168].
866 Complex metal hydrides contain metallic cations and anionic groups that make partial covalent
867 bonds with hydrogen [168,176]. Under this category, amide-hydride (e.g., LiNH_2) system,
868 Alanates (e.g., LiAlH_4), borohydrides (e.g., LiBH_4), and some metal amine complexes
869 ($\text{M}(\text{NH}_3)_n\text{X}_m$, where M is a cation and X is anion) are included [98,168]. Lithium nitride (Li_3N)
870 has been utilized to store a maximum hydrogen capacity of 11.5 wt.% of gravimetric density and
871 7.35 kg H_2 /100 L of volumetric density and dehydrogenate successfully. Lithium borohydride
872 (LiBH_4) has a complicated hydrogenation process and high decomposition temperature but with a
873 gravimetric storage capacity of 18.5 wt.% at room temperature. Lithium alanate (LiAlH_4) at high
874 pressure and temperature shows 10.6 wt. % of hydrogen storing capacity [168].

875 **5. Evaluating the sustainable application of the dark fermentation process as a biorefinery**

876 5.1 Biorefinery concept

877 The scalability of DF-based biorefinery relies on the biohydrogen productivity and subsequent
878 utilization of the derived VFAs. Bio-electrochemical systems, microbial fuel cells, photo
879 fermentation, etc., are recent technologies evaluated as a downstream process for utilizing the
880 VFAs [190]. The decision to select the post-utilization of VFAs could be based on the microbes
881 used and the primary composition of the VFAs produced. For example, if the acetate-based
882 pathway is involved in the DF process, AD could be the go-to downstream technology to utilize
883 VFAs to produce biogas [19]. If the butyrate-based pathway is engaged, the solventogenic
884 process could be followed where the VFAs are converted to acetone, butanol, and ethanol in the
885 ratio of 3:6:1 [191]. However, the solventogenic process involves energy and cost-intensive
886 recovery and purification processes that may disrupt the overall techno-economics. Thus, with

887 the current technology readiness level, AD technology is more feasible for establishing the DF-
888 based biorefinery system.

889 The integration of the DF process with AD has several advantages. The process can produce
890 biohydrogen and biomethane simultaneously. These biofuels can be utilized separately or as a
891 combination named biohythane. In addition, excess hydrogen can even be used for in-situ
892 microbial methane enrichment through two-stage AD. Such a concept has been discussed by D'
893 Silva et al. [12]. Integration of in-situ microbial methane enrichment with the DF process has
894 been discussed further in section 6. Moreover, two-stage AD has been known for its better
895 biomass degradation efficiency at a higher feeding rate [192]. In addition, the performance of the
896 two-stage AD can be consistently maintained by strategizing specific operational conditions
897 separately for DF and AD reactors [193–197].

898 A possible concept of two-stage AD for easily soluble substrates (kitchen wastes and other
899 substrates rich in carbohydrates) is represented in Fig.6. However, lignocellulosic biomass can
900 also be treated using two-stage AD. The difference in treating lignocellulosic biomass using two-
901 stage AD is the pretreatment requirement, which may also require higher HRT and lower feeding
902 rate than easily soluble materials. The research on two-stage AD is currently focused on long-
903 term operation, techno-economics, energy efficiency, and strategizing operation and maintenance
904 and process monitoring [63,198].

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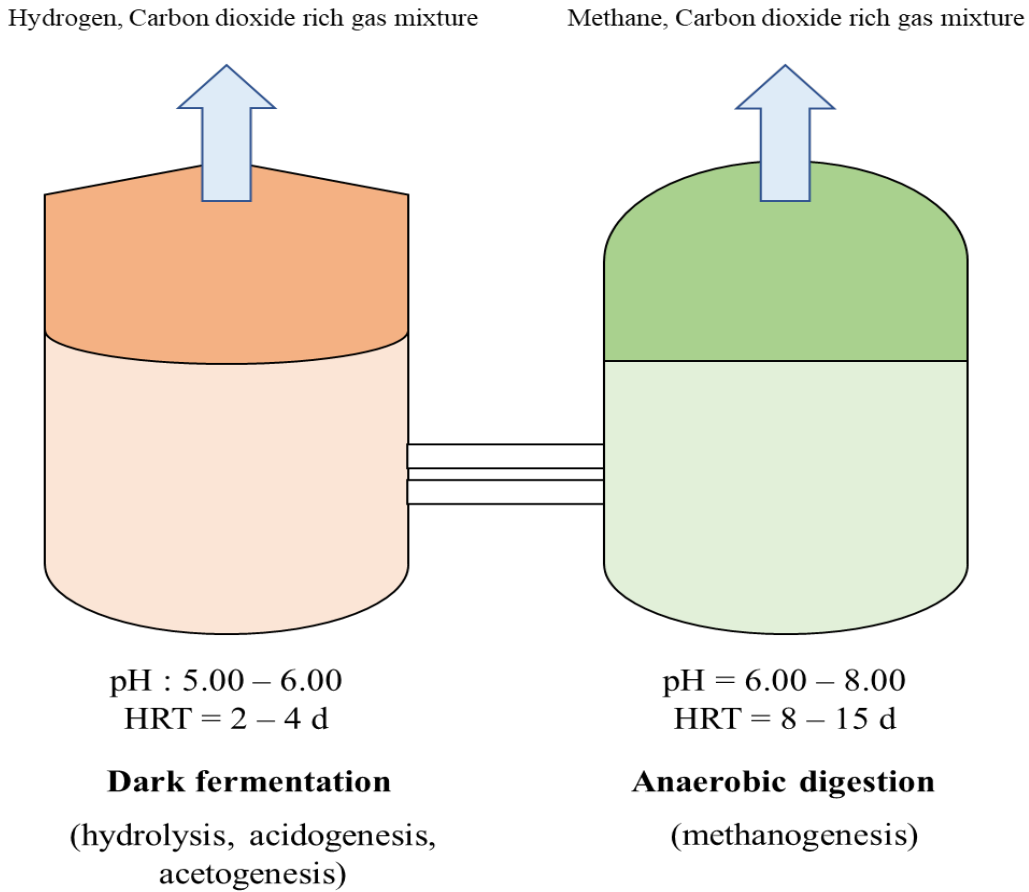
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920 **Fig. 6.** The concept of two-stage AD [52].

921 5.2 Pilot-scale experiences

922 The commercial viability of a process can only be validated through pilot-scale experiences. This
923 includes the viability in terms of energy and mass balances, techno-economics, and life cycle
924 analysis. In addition, it is also essential to solve some practical challenges such as collection,
925 transportation, and storage of substrates to be treated, material handling and operation and
926 maintenance, and developing a proper process workflow [199,200]. Even though there have been
927 various types of bioreactors developed and investigated, such as CSTR, anaerobic fluidized bed
928 reactor, anaerobic sequencing batch reactor, up-flow anaerobic sludge blanket (UASB), and
929 membrane bioreactor in lab-scale studies [13], the CSTR mainly was preferred as the DF under

930 mesophilic conditions in pilot-scale studies with pH maintained around 4.5 - 6.5 [201]. The pH is
931 maintained by adding acid/alkali chemicals at regular intervals, or the effluent from the
932 methanogenic reactor is recirculated again to the DF reactor [193]. This approach is more
933 suitable for the two-stage AD system that has been inoculated by mixed cultures. Such an
934 approach has been strategized from the concept of ‘mixed culture biotechnology’ developed by
935 Kleerebezem and Van Loosdrecht [202]. Through this concept, unknown mixed cultures are used
936 for the bioprocess development of the DF process based on natural selection by controlling the
937 operational conditions or by using natural inoculum from diverse sources.

938 The DF reactor was initially inoculated using the anaerobic digestate pretreated thermally or
939 chemically to inhibit hydrogen-consuming microbes and generally kept under thermophilic
940 conditions. These temperature ranges help hydrolysis and abridge the microbial activity suitable
941 for biohydrogen production [203]. So far, based on the experiences from pilot-scale studies,
942 Ueno et al. [204] observed that 1 kg of COD equivalent available in the substrate was
943 transformed to biohydrogen, i.e., about 1 kg of COD equivalent is required to produce 3.7 to 6.6
944 m³ of biohydrogen (1.5 to 2.4 mol H₂/mol. hexose) at an HRT between 0.6 to 1.2 d.

945 Different from that, recently, a pilot-scale DF study of 10 m³ capacity (CSTR) situated at the
946 Indian Institute of Technology Kharagpur, India treating cane molasses and groundnut de-oiled
947 cake together has reported a maximum hydrogen yield of 16.2 mol hydrogen per kg of COD
948 removed (which is equivalent to 0.4 m³ of H₂ per kg of COD) [43]. However, the study has
949 observed much-improved performance in the pilot-scale reactor than in the bench-scale reactor
950 (50 L capacity). At the same time, earlier, a two-stage AD plant (UASB-based DF reactor with a
951 working capacity of 0.4 m³ and anaerobic digester with an operational capacity of 2.5 m³) was
952 developed, namely “Innovative Hydrogenation & Methanation Technology (HyMeTek)” at Feng

953 Chia University, Taiwan [205]. The system treating food industry wastewater (60 g COD/ L) has
954 reported a hydrogen production rate of 3 m³/m³. d and a yield of 1.5 mol hydrogen/ mol hexose
955 at an HRT of 9 h and a methane production rate of 0.86 m³/m³. d and yield of 27 to 56 mL/g. The
956 study also suggested expanding the downstream processes, such as carbon-capturing using a
957 membrane bioreactor for treating the digested effluent and a microalgal photobioreactor to
958 capture the carbon dioxide from the gaseous mixture produced from the DF. This way, the AD
959 plants improve the functionality and zero carbon emission targets from the biorefinery concept.

960 5.3 Energy recovery

961 Energy recovery is a governing factor for the techno-economic feasibility of a system. A major
962 benefit of integrating the DF process with AD is the maximal energy recovery compared to
963 single-stage AD, irrespective of the type of feedstock used and operational parameters
964 [125,206,207]. The authors of the cited literature reported an increased methane yield between
965 11 to 21% for two-stage AD over single-stage AD. The total energy recovered from the substrate
966 in the form of H₂ has been reported as around 41% for the acetate pathway and 27% for other
967 mixed culture pathways. Exergy analysis of the proposed biorefinery concept will be
968 instrumental in identifying the irreversible processes within the system. So far, various studies
969 have only investigated energy efficiency based on the energy value of hydrogen and methane.
970 The total energy recovered from the two-stage AD can be determined by calculating the energy
971 produced in the form of hydrogen and methane. About 1.8 MJ/kg. VS_{added} of hydrogen and 12.3
972 MJ/kg. VS_{added} of methane (a total energy recovery of 14.21 MJ/kg. VS_{added}) was recovered in a
973 two-stage AD treating manure and market wastes which were 8–43% higher energy recovery
974 than one-stage [208]. Likewise, a total energy recovery of 7.1 MJ/kg. VS_{added} was achieved in a
975 two-stage AD-treating alkali (NaOH) -pretreated wheat straw [209]. However, the study

976 observed no significant difference between one-stage and two-stage AD systems. The results
977 were 3% higher energy recovery than one stage system treating alkali-pretreated wheat straw and
978 23% higher energy than one stage treating untreated wheat straw. In another study, a 19%
979 increase in energy yield was observed in a two-stage AD treating (1.64 MJ) thin stillage
980 compared to single-stage AD (1.38 MJ) [207]. At the same time, Luo et al. [210] reported a
981 stabilized two-stage AD at a feeding rate of 0.05 kg VS/ Ld treating stillage. Total energy of 11.8
982 MJ/kg was recovered from the system, with about 0.7 MJ/kg from biohydrogen production and
983 12.4 MJ/kg from biomethane production. A higher total energy yield of 22 MJ/kg. VS (H₂ yield
984 of 76 L/kg. VS and CH₄ yield of 598 L/kg. VS) was obtained during the two-stage AD of food
985 waste [57].

986 Fu et al. [211] investigated the performance of two-stage AD treating vinasse. The study
987 obtained a cumulative hydrogen and methane yield of 14.8 and 274 L/kg. VS_{substrate} with energy
988 recovery of 10.54 MJ/kg VS (13% higher than single-stage AD). A hydrogen yield of 106 L/kg
989 VS and a methane co-production efficiency of 125% were achieved in a two-stage system during
990 the co-digestion of food waste, corn straw, and chicken manure [212]. Ramos et al. [213]
991 simulated upscaling estimation for a two-stage AD system treating vinasse wastewater.
992 According to the study, the best scenario for treating the vinasse wastewater is maintaining
993 thermophilic conditions for the acidogenic reactor and mesophilic conditions for the
994 methanogenic reactor, achieving a maximum energy yield of 7 MJ/kg COD_{removed}.
995 However, some researchers have disagreed with these claims [214]. From their studies, they have
996 observed that there are no significant differences in overall energy recovery between one-stage
997 and two-stage AD systems. The common root cause being suggested is the accumulation of
998 intermediate metabolites such as VFAs, phenols, amino acids, ketones, and amines which makes

999 the two-stage system inefficient. The low pH effluent consisting of a high concentration of
1000 intermediate metabolites from the DF reactor may weaken the microbial activity and diversity in
1001 methanogenic reactors. Therefore, process efficiency and stability must be ensured to recover
1002 higher energy from two-stage AD. It is generally directly linked with the substrate type, feeding
1003 rate, HRT, bioreactor used, and energy input required for the operation [215,216].

1004 5.4 Techno-economic analysis (TEA)

1005 The techno-economics of any biorefinery system depends on the profit from the output over the
1006 investment. Thus, it relies on how biohydrogen and biomethane fuels produced are applied. Hsu
1007 et al. [217] evaluated the techno-economics of such a biorefinery concept by treating condensed
1008 molasses in a DF reactor with a working capacity of 50 m³ and an anaerobic digester having a
1009 capacity of 300 m³, followed by chemical scrubbing for biogas purification and recovering
1010 hydrogen, methane, and carbon dioxide. The techno-economic analysis (TEA) showed that the
1011 internal rate of return of the system was 33%, with a payback period of about 3.2 years. More
1012 recently, Mahmud et al. [218] studied the techno-economics of a two-stage AD for treating palm
1013 oil mill effluent, having a plant capacity of 700 m³ (for DF) and 7000 m³ (for AD). The plant
1014 was designed for thermophilic conditions (50°C) at an HRT of 1 d for DF and 10 days for AD.
1015 The TEA projected a payback period of 8 years, a return on investment of 20%, an internal rate
1016 of return of 21.50%, and a net present value of around 46.25 million USD. The study also
1017 recommended that the substrate quality and selling price of the fuel products influence the
1018 dynamics in the economics of the proposed two-stage AD system. Bastidas-Oyanedel and
1019 Schmidt [219] compared the TEA of food waste valorization through single-stage and two-stage
1020 AD systems. Within a timeframe of 20 years, the return on investment increased from 36% to
1021 73%, and payback time was reduced from 15 years to 8 years in two-stage AD systems. Sanchez

1022 et al. [9] showed that the biohydrogen production cost from DF of agricultural wastes is between
 1023 2.30 and 2.50. Similarly, hydrogen production through DF using food waste cost 0.54 – 3.20
 1024 USD/m³ [13,50,220]. The reported production cost of biohydrogen from various substrates is
 1025 summarized in Table 7.

1026 Integrating the DF process with AD might reduce the overall production cost of biohydrogen.
 1027 Moreover, the studies suggested that solely producing hydrogen from DF through waste biomass
 1028 is influenced by the substrate cost, system establishment cost, and cost inclusive of collection,
 1029 transportation, and distribution. Since waste biomass is available cheaply, the substrate cost can
 1030 be vastly reduced. Rajendran et al. [221] have calculated that the two-stage AD requires only a
 1031 3% excess capital investment compared to single-stage AD for a 1000 – 1100 m³ working
 1032 volume digester. Moreover, the techno-economics of a two-stage biorefinery system is mainly
 1033 governed by several factors such as reactor configuration, hydrogen/methane productivity,
 1034 transportation, collection, processing, and pretreatment of the substrate and substrate quantity to
 1035 be treated, plant capacity, energy input required, etc. [221,222]. However, DF-based
 1036 biorefineries can be feasible over conventional techniques only if economic and environmental
 1037 benefits are considered [9].

1038 **Table 7.** Cost economics of biohydrogen production through the DF process

Substrate type	Biohydrogen production cost (USD/m ³)	References
Food wastes	2.70	[13]
Food wastes	0.54	[223]
Food wastes	3.20	[50]
Molasses	1.80	[220]
Agricultural wastes	2.70	[224]
Beverage wastewater	2.70	
Agricultural wastes (wheat straw)	2.30–2.50	[9]

1039

1040 5.5 Life cycle analysis (LCA)

1041 Life cycle analysis (LCA) is an essential factor that determines the fate of an industrial-scale
1042 biorefinery establishment. One study has evaluated the environmental concerns involved in the
1043 two-stage biorefinery concept for two different substrates, i.e., food waste and wheat straw, and
1044 compared it with single-stage AD and diesel-based energy generation [225]. The study observed
1045 that a two-stage biorefinery could remarkably reduce the associated environmental problems
1046 (carcinogens and ecotoxicity). They also reported that the two-stage hydrogen and methane-
1047 producing biorefinery concept using wheat straw increases the energy returns over a single-stage
1048 AD process. Isola et al. [226] investigated the LCA of a portable two-stage AD treating food
1049 waste (FW) and cardboard waste (CW) (at the best co-digestion (FW: CW) ratio of 65:35). The
1050 portable two-stage AD exhibited performance equivalent to full-scale reactors yielding 37%
1051 COD of energy in the form of biogas. The study cited that the primary contributing parameter for
1052 the life cycle of a two-stage AD is the temporal variation of the feedstock. Likewise, Coats et al.
1053 [227] evaluated the LCA of a two-stage AD coupled with algae production. The study analysed
1054 that the system can substantially reduce the greenhouse gas emissions contributing to climate
1055 change by up to 60% compared to the anaerobic lagoon process. Sun et al. [228] studied the
1056 LCA of biohythane production through two-stage AD treating microalgae. The study found that
1057 the net greenhouse gas emissions of biohythane production consisting of upgradation, energy,
1058 and nutrient recovery systems were 18% higher than that of a system without a hydrogen
1059 fermentation system. Apart from energy recovery, the study recommended that nutrient recovery
1060 is an essential component that must be considered in a biorefinery concept to improve the LCA
1061 of a two-stage AD system. Schramm, [229] investigated the LCA of a two-stage AD-treating
1062 OFMSWs. The results from the study indicated that the DF process treating OFMSWs initially
1063 provided a better energy balance for the whole system. Further, the utilization of VFAs in the

1064 succeeding AD reactor delivers the lowest impact on the environment per kJ of energy produced
1065 than the conventional AD systems. Very recently, Camacho et al. [230] claimed that the
1066 substrate treated is the major parameter that governs the carbon neutrality of the overall DF
1067 biorefinery system. The study found that it is much more energy-positive and sustainable to
1068 utilize the sugar beet molasses as a suitable feedstock for hydrogen production than cheese whey
1069 and co-fermentation of wine vinasses and wastewater treatment plant sludge. The outcome of all
1070 the studies, in general, was that the energy and nutrient recovery along with almost equivalent
1071 greenhouse emissions paved way for considering two-stage AD as a sustainable way to treat
1072 waste biomass over conventional AD.

1073 **6. Recent advances and future research directions**

1074 Dark fermentation for biohydrogen production is an exciting topic with huge prospects.
1075 However, the stability and long-term operation of the process still pose challenges [18].
1076 Microbiological investigations using mixed culture inoculum to initiate the DF process are to be
1077 targeted further for fast start-up and long-term sustainable operation. Most recent biohydrogen
1078 potential investigations are based on batch study assessments. More long-term continuous studies
1079 are required for further development of the biorefinery concept. The feasibility of integrating
1080 microbial fuel cells, photo fermentation, microalgal ponds, and bioelectrochemical systems with
1081 the two-stage AD need to be investigated further [231,232]. This might make the biorefinery
1082 system more reliable and enhance the synthesis of various products. For example, producing
1083 biobutanol apart from biohydrogen and biomethane [209,210] or improving both fuels'
1084 productivity [233,234].
1085 The future concept of a microalgae-based biorefinery unit is shown in Fig. 7 [231,233].
1086 Integrated DF and photofermentation techniques are not economically viable as of current

1087 research developments, as per Ahmad et al. [235] and Urbaniec et al. [236]. The study by Ahmad
1088 et al. examined the possibility of treating liquid pineapple wastes through DF and photo
1089 fermentation for biohydrogen production. The results indicated that a rate of interest between 2
1090 to 20% varies the payback period between 9.90 to greater than 20 years, which is not reasonably
1091 feasible in terms of investment. However, there have been reports of better techno-economic
1092 viability of DF plants integrated with polylactic acid fermentation [219]. With different findings
1093 being reported by various researchers, more investigations to optimize such concepts with
1094 respect to product yield, techno-economics, and life cycle analysis are required for conclusive
1095 validations. As in Fig. 7, interventions of different processes for producing various value-added
1096 products, such as polyhydroxyalkanoates (PHAs), biodiesel, biobutanol, acetic acids, etc., may
1097 reduce the investment cost and thus improve economic viability.

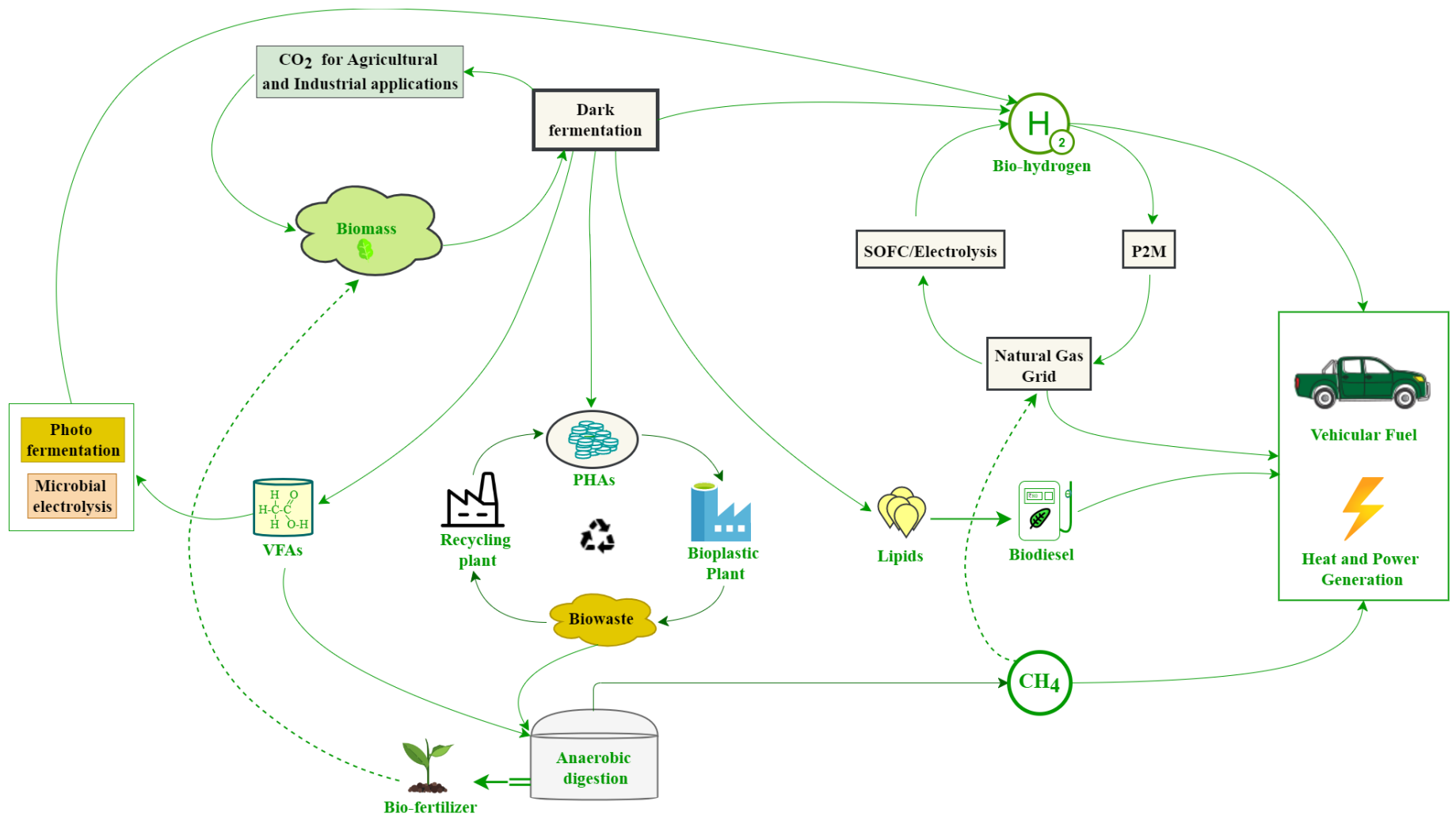
1098 Researchers have recently utilized various strategies, such as adding biochar, nanoparticles, etc.,
1099 to improve the biohydrogen yield and microbial metabolism [13,237]. Nanoparticles (NPs),
1100 specifically inorganic nanoparticles such as nickel, titanium oxide, silver, and iron, have
1101 enhanced biohydrogen production [238]. However, the dosage quantity must be optimized
1102 according to the substrate type and inoculum. On the other hand, some researchers have
1103 incorporated carbon materials such as biochar, hydrochar, etc., produced from various substrates
1104 into the DF process. These carbon materials, rich in microbial abundance and activity-enhancing
1105 properties such as porosity, high specific surface area, neutral pH, and trace elements, have been
1106 reported to boost the hydrolysis and acidogenesis rates, subsequently supporting biohydrogen
1107 production [237]. Different trace elements, such as Fe^{2+} , could stimulate the Fe-based
1108 hydrogenase reactions during the DF, resulting in biohydrogen production [239], but this
1109 requires further investigation.

1110 In the case of upgradation techniques, water scrubbing technology has been neglected for
1111 biohydrogen purification. However, regarded as having much more economical and less
1112 environmental effects for biomethane upgrading [240], biohydrogen purification through water
1113 scrubbing could be a solution that can be further researched. Biohythane is a suitable fuel that
1114 could be directly used as a vehicular fuel. Hence, two-stage AD could be focused on producing
1115 biohythane. It can be directly utilized as an alternative to compressed natural gas, especially in
1116 vehicles that improve upgraded biomethane energy density enhancing its applicability. Still, the
1117 challenge is that the economical and environmentally friendly purification and storage systems
1118 are lacking and require much research focus shortly. The separated bio-CO₂ could be utilized for
1119 agricultural crop production, harvested crop storage, other industrial applications, etc. Kumar et
1120 al. [241] have successfully demonstrated using bio-CO₂ for wheat grain storage. The results
1121 suggest that bio-CO₂ enhanced shelf life and controlled pests.

1122 Recently, Adlak et al. and Khan et al. have successfully stored enriched biomethane in activated
1123 carbon-filled cylinders at lower pressures (<70 bar) [242–244]. The same concept may be
1124 adaptable to hydrogen storage, as discussed in section 4.2.1.4 but requires extensive investigation
1125 for biorefinery development. The large-scale H₂ storage and transport systems are
1126 underdeveloped, expensive, and energy intensive. Another way to solve biohydrogen storage and
1127 transportation problems involves converting biohydrogen to methane. A massive advantage of
1128 utilizing methane as a storage and transport medium is the existence of efficient and advanced
1129 storage and transport pipeline systems already developed. Hydrogenotrophic methanogens
1130 reduce the carbon dioxide (CO₂) to CH₄ when appropriate reducing power, i.e., H₂ or low redox
1131 potential electrons, are available. The energy conversion of H₂ and CO₂ into CH₄ is called
1132 Power-to-Methane (P2M) [245].

1133 P2M could be achieved in two ways: (a) within the AD reactor called in-situ P2M, or (b) in a
1134 separate AD reactor, i.e., ex-situ P2M, or in combination. The key methanogens involved depend
1135 on how the P2M process is achieved, i.e., mixed anaerobic communities are required for in-situ
1136 P2M. At the same time, pure cultures are essential for ex-situ P2M, which could be enriched from
1137 full-scale anaerobic digestion plants [246,247]. Further, the converted methane from H₂ could be
1138 either utilized directly to replace natural gas or converted back to hydrogen. The pathway for
1139 methane to hydrogen conversion could be methane-electricity generation-water electrolysis [248]
1140 or through methane reforming using solid oxide fuel cells (SOFC) [249]. This could minimize the
1141 requirement for hydrogen-based storage and transport systems and avail the already available
1142 natural gas-based storage and transport systems as an alternative reducing the huge initial
1143 investment costs and the overall carbon footprint. The concept can be instrumental for the future
1144 “low carbon hydrogen transport.” However, these concepts, including biohydrogen upgradation,
1145 storage, transport, P2M, and SOFC technologies, are still at primary scale investigations and
1146 require extensive pilot-scale evaluations, TEA, and LCA studies.

1147



1148

1149

1150 **Fig. 7.** Integration of different biofuel and biochemical recovery technologies with two-stage AD biorefineries (adapted and modified

1151 from Sitthikitpanya et al. [233]).

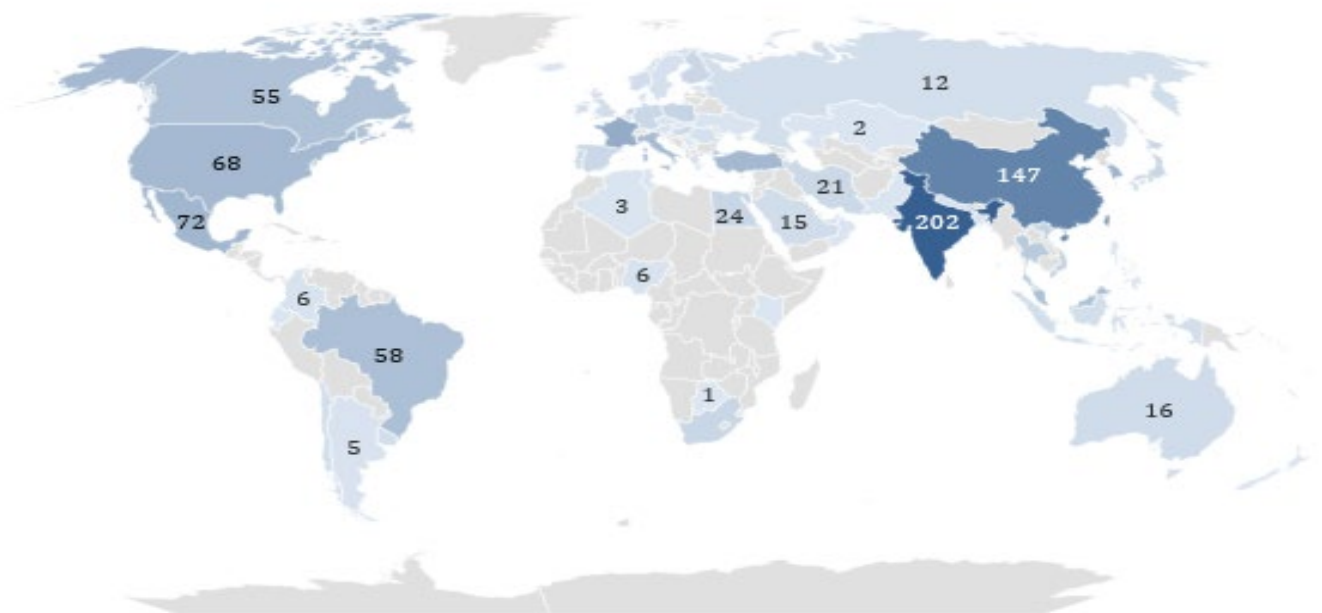
1152 **7. Policy interventions for introducing biohydrogen into the energy fuel market: An Indian**
1153 **perspective**

1154 Hydrogen production is necessary to mitigate greenhouse gas emissions, tackle climate change
1155 issues, and minimize the overutilization of fossil fuels. So far, the existing hydrogen production
1156 techniques are more based upon SMR or else with electrolysis-dependent systems. Especially the
1157 developed countries (primarily Western countries) have initiated indigenous hydrogen
1158 production, fulfilling energy security and tackling climate change [250]. Afro-Asian countries
1159 need to pick up their pace in adopting hydrogen as a clean fuel through various
1160 international/national policy developments and tie-ups. Recently, Govt. of India unveiled a
1161 National Hydrogen Mission to build India as a global hub in hydrogen production. The mission
1162 aims to achieve “green hydrogen” production focusing on energy self-reliance, self-sufficiency,
1163 and clean energy transition.

1164 Renewable hydrogen production through the biological process of DF, bio photolysis, and photo
1165 fermentation should also get the attention it deserves in the “Green hydrogen” platform with its
1166 benefits. This makes the self-reliant biohydrogen production and increases the green growth and
1167 jobs that the National hydrogen mission aims to. In addition, the National Hydrogen Mission can
1168 be merged with the missions such as Swachh Bharat Abhiyaan (a solid waste management
1169 scheme) and Sustainable Alternative towards Sustainable Transportation (SATAT) (a clean
1170 vehicular energy scheme based on compressed biomethane), making it engaged in more widened
1171 perspectives along with solid waste management, clean energy, and transportation. Capacity
1172 building across the nation is crucial and decisive from a political, technical, and economical
1173 aspect for successfully establishing biorefineries along with other hydrogen production
1174 technologies.

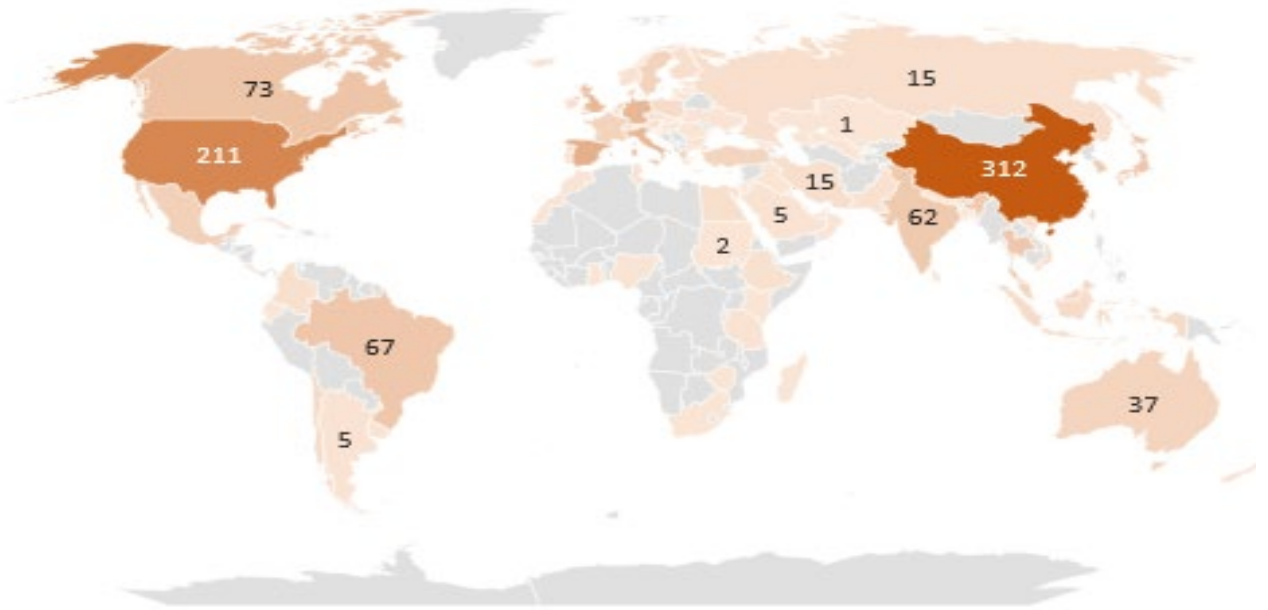
1175 The decisions may be considered after the conclusive evidence elucidated from the managerial
1176 decision-making approaches such as strengths, weaknesses, opportunities, and threats (SWOT)
1177 analysis [16,251]. Likewise, Das et al. [252] conducted a SWOT analysis to determine the
1178 feasibility of the biological biogas upgradation systems. Similarly, Table 8 shows the SWOT
1179 analysis results for the two-stage AD-based biorefinery concept discussed in this review article.
1180 From Fig. 8 (a, b), it can be seen that the research publications from different countries on
1181 biohydrogen production through DF and two-stage AD. Asian countries have been primarily
1182 interested in research developments on these topics. However, there is a lack of knowledge
1183 dissemination or collaboration between the countries specifically working on DF and two-stage
1184 AD, as seen in Fig. 8 (a, b). Hence, more international partnerships and industrial symbiosis are
1185 required to boost the development of biorefinery concepts, which depend highly on
1186 intergovernmental decisions and policy frameworks. Moreover, the enlisted weaknesses and
1187 threats must be adequately addressed.

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1190 (a)



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(b)



1209 **Fig. 8.** Research across the world over dark fermentation (a) and two-stage anaerobic digestion
1210 (b) (Scopus data, dated 28th April 2022).

1211 **Table 8.** SWOT analysis of the two-stage anaerobic digestion-based biorefinery concept according to this review

Strength	Weaknesses	Opportunities	Threats
<ul style="list-style-type: none"> • Abundant availability of waste biomass • Eco-friendly and sustainable technology compared to other techniques • Simple, adaptable technology with less complexity 	<ul style="list-style-type: none"> • Collection, transportation, and segregation of the waste biomass resources • Adopting the technology without downstream technologies is not feasible economically • Start-up and long-term stable operation require rigorous optimization methods • Lack of adequate pilot-scale experiences • Low productivity in terms of energy recovery 	<ul style="list-style-type: none"> • Achieving the hydrogen fuel demand • More research and developments (collaborations and partnerships) within the countries between academic institutions and industries and between the countries. • Valorization of biohydrogen, biocarbon dioxide, biomethane, VFAs, and bio-slurry replacing conventional energy fuels/chemical fertilizers • Proper treatment of waste biomass contributes to sustainable waste management 	<ul style="list-style-type: none"> • Varied performance based on substrate composition and type, inoculum type, and microbes involved • Lack of policy framework promoting “biohydrogen” production • Lack of economical techniques for hydrogen purification, storage, and transportation.

1212

1213 **8. Conclusions**

1214 Tapping the biohydrogen from waste biomass through DF possesses immense potential globally.
1215 Still limited to the laboratory and pilot-scale studies, there is a push to develop biorefinery
1216 concepts based on DF. Thus, research has focused over the last two decades on investigating the
1217 potential of DF for biohydrogen production. From this review, several notable conclusions were
1218 elucidated as given below:

- 1219 • There is a requirement for long-term studies at a pilot-scale level based on DF from
1220 various waste biomass for stable operation, by-product production, and microbiological
1221 aspects, which is still lacking.
- 1222 • Microbial consortia used for DF startup are crucial for biohydrogen productivity and
1223 VFAs production.
- 1224 • Biorefinery concepts solely based on DF are not viable for upscaling regarding techno-
1225 economics and biomass utilization.
- 1226 • So far, two-stage AD stands out as the most suitable option for simultaneous biohydrogen
1227 and biomethane production even though other technologies, such as photo fermentation,
1228 bioelectrochemical systems, etc., are being investigated lately. The research on the latter
1229 technologies must be established regarding technical and economic feasibility and life
1230 cycle analysis.
- 1231 • Two-stage AD can utilize the waste biomass resources to the maximum potential in terms
1232 of energy recovery, techno-economics, and life cycle analysis.
- 1233 • The effect of adding nanomaterials and other bio-additives to the DF and AD reactor
1234 requires more investigations at pilot-scale studies in terms of performance, environmental
1235 sustainability, and techno-economics.

- 1236 • Hydrogen purification and storage require further investigation into sustainable and
1237 cheaper mechanisms with lesser complexity.
- 1238 • Biohydrogen production requires a synergistic push from a policy aspect, developing
1239 more international collaborations, industrial-academia symbiosis, etc.

1240 **CRedit authorship contribution statement**

1241 **Tinku Casper D' Silva:** Conceptualization, Writing – original draft. **Sameer Ahmad Khan:**
1242 Writing – original draft. **Subodh Kumar:** Writing – reviewing & editing. **Dushyant Kumar:**
1243 Writing: review & editing. **Adya Isha:** Writing – review & editing. **Saptashish Deb:** Writing:
1244 review & editing. **Saurabh Yadav:** Writing – review & editing. **Biju Illathukandy:** Writing –
1245 review & editing. **Ram Chandra:** Supervision, Fund acquisition, Resources, Writing – review
1246 & editing. **Virendra Kumar Vijay:** Supervision, Resources. **Paruchuri M.V. Subbarao:**
1247 Supervision. **Kornél L. Kovács:** Supervision, Writing – review & editing, Resources. **Zoltán**
1248 **Bagi:** Writing – review & editing, Resources. **Liang Yu:** Writing – review & editing. **Bhushan**
1249 **P. Gandhi:** Writing – review & editing. **Kirk T. Semple:** Supervision, Writing – review &
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