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14 **Challenges and opportunities in sustainable management of microplastics and nanoplastics**
15 **in the environment**

16

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51 **Highlights**

- 52 • Micro- and nanoplastics (MNP) pose adverse effects on ecosystem and human health.
- 53 • MNP management is vital for achieving United Nations Sustainable Development
54 Goals.
- 55 • Innovative approaches of plastic management cut environmental MNP burden.
- 56 • Plastic wastes need conversion to value-added products upholding circular economy.
- 57 • An environmentally safe limit of MNP need to be established and implemented.

58

59 **Abstract**

60 The accumulation of microplastics (MPs) and nanoplastics (NPs) in terrestrial and aquatic
61 ecosystems has raised concerns because of their adverse effects on ecosystem functions and
62 human health. Plastic waste management has become a universal problem in recent years.
63 Hence, sustainable plastic waste management techniques are vital for achieving the United
64 Nations Sustainable Development Goals. Although many reviews have focused on the
65 occurrence and impact of micro- and nanoplastics (MNPs), there has been limited focus on the
66 management of MNPs. This review summarizes the ecotoxicological impacts of plastic waste
67 sources and issues related to the sustainable management of MNPs in the environment.
68 Moreover, this review critically evaluates possible approaches for incorporating plastics into
69 the circular economy in order to cope with the problem of plastics. Pollution associated with
70 MNPs can be tackled through source reduction, incorporation of plastics into the circular
71 economy, and suitable waste management. Appropriate infrastructure development, waste
72 valorization, and economically sound plastic waste management techniques and viable
73 alternatives are essential for reducing MNPs in the environment. Policymakers must pay more
74 attention to this critical issue and implement appropriate environmental regulations to achieve
75 environmental sustainability.

76

77 **Keywords:** Micro- and nanoplastics (MNPs); Circular economy; Ecotoxicological effects;
78 Plastic pollution; Sustainable waste management

79

80 **1. Introduction**

81 Global waste plastic pollution has led to an alarming situation owing to the adverse impacts of
82 widely distributed MNPs in ecosystems (da Costa et al., 2016; Kumar et al., 2020b). The ultra-
83 fine fraction of plastics is categorized as NPs (< 0.2 mm), whereas micro- and macroplastics

84 are commonly distinguished in size ranges of < 5 mm and > 5 mm, respectively (Blair et al.,
85 2017). Based on the source, MNPs are separated into two main groups: primary and secondary.
86 Primary MNPs, such as microfibers/beads and plastic pellets, evolve owing to direct
87 contamination from the discharge of personal care products, synthetic fabrics, and various
88 industries (Rillig, 2012). These anthropogenic MNPs are commonly found in sludge from
89 wastewater treatment plants (WWTPs) and households and industrial sewage sludge (Mahon
90 et al., 2017). Secondary MNPs result from the degradation of larger plastic particles under
91 natural weathering caused by UV radiation and mechanical forces (Cole et al., 2011; Massos
92 and Turner, 2017). Poor segregation of municipal solid waste (MSW) in the disposal process
93 increases the contamination of soil with plastic waste in landfills and open dumpsites (He et
94 al., 2019). The breakdown of macroplastics can result in the accumulation of MNPs in soil and
95 aquatic environments. MNPs are more challenging to trace, control, and quantify in marine and
96 terrestrial environments than at primary MNP sources (Blair et al., 2017). Chemical additives
97 and MNP-bound organic and inorganic contaminants can potentially accumulate throughout
98 the food chain and transport contaminants acting as vectors (Bradney et al., 2019). Organic and
99 inorganic contaminants, such as persistent organic pollutants and potentially toxic elements
100 adsorbed on MNPs, along with a variety of leached chemical additives from plastics cause
101 significant ecotoxicological issues (Alam et al., 2019; Brennecke et al., 2016; Groh et al.,
102 2019). Polychlorinated biphenyls (PCBs), perfluorinated and polyfluorinated alkyl substances
103 (PFASs), and polycyclic aromatic hydrocarbons (PAHs) are commonly added to plastics
104 during production. Plastics also contain metallic elements such as chromium (Cr), lead (Pb),
105 and arsenic (As) (Alam et al., 2019), which can leach into the environment. Moreover, the
106 small particle size of MNPs enhances their ability to be ingested by aquatic species and soil
107 organisms (Wright et al., 2013b). Filter feeders, fish, and earthworms are physically damaged
108 and face chronic toxic effects because of MNP accumulation along the food chain (Wang et

109 al., 2019). Consequently, it is important to develop a smart strategy for the sustainable
110 management of plastics.

111 MPs in marine waters and their adverse effects have been reported since the early 1970s, giving
112 rise to research based on MPs in aqueous environments (Carpenter and Smith, 1972). Some
113 studies have been conducted to investigate MPs in soil; however, there is limited focus on NPs
114 in ecosystems (da Costa et al., 2016). Although management of MNPs is challenging, it is
115 essential to control the utilization of products containing MNPs and their release into
116 ecosystems by introducing new rules and regulations. Beyond the global plastic debris issue,
117 policymakers, such as the United Nations Environment Programme (UNEP), have
118 concentrated on MNPs by introducing a set of international and national regulations and
119 policies (Brennholt and Heß, 2018). It has been realized that the indiscriminate disposal of
120 plastic litter is the primary source of majority of MNPs in the environment. Therefore, both
121 onshore and water-based policies for managing disposable plastics and other plastic products
122 have been advocated through recycling, waste management, and wastewater management
123 practices. Regulations for managing plastics cover various aspects, including guidelines and
124 agreements.

125 The United Nation Sustainable Development Goals (UN SDGs), goal number 12, “Responsible
126 consumption and production,” (United Nations, 2010) includes the following main targets:
127 managing chemicals and all waste categories in their life cycles and reducing waste to minimize
128 the negative impacts on the ecosystem. A significant reduction in plastic waste in the
129 environment can considerably reduce MNPs over time. To achieve SDG 12, cleaning of
130 existing plastic debris will enhance the expected results. It is important to achieve the UN SDGs
131 and progress toward a circular economy (take, make, and recycle/recover) in contrast to the
132 linear (take, make, and waste) economic model (Brennholt and Heß, 2018). This will
133 significantly transform plastic disposal and improve plastic recovery through recycling and

134 upcycling (Blank et al., 2020). Appropriate management of plastic waste and the reduced
135 release of MNPs will also address SDG 3, “Good health and wellbeing;” SDG 6, “Clean water
136 and sanitation;” SDG 14, “Life below water;” and SDG 15, “Life on land.” Increasing evidence
137 suggests that MNPs may also harm aquatic and terrestrial organisms at all trophic levels,
138 including humans. Therefore, it is necessary to encourage studies that offer solutions for the
139 recovery of plastic waste, leading to sustainable treatment of MNPs in ecosystems.

140 To date, most research has addressed the distribution, transport, fate, and toxicity of MNPs in
141 aquatic and terrestrial environments in the form of case studies (Kanhai et al., 2017; Nobre et
142 al., 2015). Some data, such as quantity, quality, source identification, and estimates of plastics,
143 are available for the sustainable management of MNPs. However, the problem of MNPs in the
144 environment persists and is increasing gradually. This implies that unidentified gaps exist at
145 the interface of research findings and practical actions, which may be due to global, regional,
146 and local challenges, as well as the lack of infrastructure. Various studies have been conducted
147 on sustainable plastic waste management techniques, such as source reduction, value addition,
148 and beneficial utilization via regulatory and legislative changes. Furthermore, innovative
149 approaches, such as plastic waste conversion to energy, biotechnological upcycling, conversion
150 of plastic waste to value-added materials (e.g., adsorbents and catalysts), and utilization in
151 construction materials, support the sustainable management of plastic particulates. Although
152 many reviews have been published on the occurrence, transformation, and ecotoxicology of
153 MNPs (Guo et al., 2020; Wang et al., 2021), the focus on innovative plastic waste management
154 practices is currently inadequate. Hence, this review aims to provide a platform to assess the
155 issues and prospects for sustainable management of MNPs in the environment. Moreover, this
156 review critically explored the ecotoxicological impacts of MNPs in various environmental
157 compartments, starting with various sources of plastics pollution. Finally, this review provides

158 a brief knowledge of current state of the art of plastic waste management strategies, policies,
159 and their practical implications.

160

161 **2. Sources and volumes of plastic wastes**

162 Plastics have entered every aspect of human life because of their extensive daily uses and
163 societal benefits (Kumar et 2020a; Andrady, 2011). The story of synthetic plastics began in
164 1907 when Leo Hendrik Baekeland discovered the first plastic, which was named Bakelite.
165 Since then, plastic production has increased from 1.5 million metric tons (MT) in 1950 to 360
166 MT in 2018 (Plastics Europe, 2016; Geyer et al., 2017). It has become one of the most abundant
167 manufactured materials (generated from around 4% of the world's fossil resources) worldwide
168 (British Plastics Federation, 2008). A list of the major countries producing and consuming
169 plastics is presented in Table 1. Asia contributes to the maximum share of plastic production
170 (China 31%, Japan 4%, and rest of Asia 17%), followed by the North American Free Trade
171 Agreement (NAFTA; 18%), Europe (17%), Middle East and Africa (7%), Latin America (7%),
172 and Commonwealth of Independent States, (CIS; 3%) (Plastics Europe, 2016). The average
173 consumption of plastics at the current rate is approximately 40 kg per person, which scales up
174 to approximately 100 kg in developed countries (Zalasiewicz et al., 2016).

175 Plastic production is linked to the growth and development of a country. High-income countries
176 (HIC) have contributed to 87% of total plastic exports since 1988. The top 10 countries
177 exporting (except Mexico) and importing (except China 1st and India 9th) plastics are HICs
178 (Brooks et al., 2018). Considering regional trade, the East Asian and Pacific (EAP) countries
179 are the major exporters of plastic waste, with significant exports from Hong Kong to China.
180 However, Europe and Central Asia countries (except for Hong Kong) are the leaders of plastic
181 waste exports, followed by North American countries (the USA and Canada). The maximum
182 plastic waste has been imported by the EAP countries (75%) since 1988 (Brooks et al., 2018).

183 These countries mostly comprise low- to middle-income countries. In contrast, the
184 Organization for Economic Co-operation and Development nation members mostly comprise
185 HICs (33 out of 35) and are the top exporters (64%). Thus, the plastics trade follows a historical
186 parabola, and low- and middle-income countries are considered a battleground for waste
187 management (Hoornweg and Bhada-Tata, 2012). HICs generally have an efficient and secure
188 plastic waste sorting mechanism. Conversely, in many middle-to-low-income countries across
189 South Asia and Sub-Saharan Africa, approximately 80%–90% of plastic waste is poorly
190 disposed because of the lack of adequate infrastructure (Ritchie and Roser, 2018).

191 From the estimated total of 8300 MT of virgin plastics produced in 2015, 6300 MT of plastic
192 waste was formed, 79% of which ended up in landfills or spilled into the environment, 12%
193 was incinerated, and only 9% was recycled (Kumar et al., 2020b; Jambeck et al., 2015). The
194 amount of newly manufactured or recycled plastics currently in use accounts for up to 30%
195 (2500 MT) of all manufactured plastics (Geyer et al., 2017). Considering the ongoing
196 production and management pace, approximately 12,000 MT of plastic waste will be delivered
197 to landfills or released to the environment by 2050 (Jambeck et al., 2015).

198 Since the first buoyant plastics were observed in the ocean in 1972 (Carpenter and Smith,
199 1972), the final fate of plastics (99%) entering the ocean (4–12 MT) remains uncertain (Geyer
200 et al., 2017; Schweitzer et al., 2018; Ter Halle et al., 2016). The proportion of plastics floating
201 in the oceans is estimated to be 5.25 trillion plastic particles (0.26 MT), mostly comprising
202 MPs (Brennholt and Heß, 2018); these often fall as part of marine snow (Taylor et al., 2016).

203 Industries producing raw materials based on plastics (e.g., pellets and granules) act as a virgin
204 source of leakage into marine (Maharana et al., 2020) and freshwater ecosystems (Lechner et
205 al., 2014). For example, an Austrian plastic manufacturing plant was expected to release 94.5
206 tons (t) of plastic particles annually into the River Danube at a discharge rate of 100 L s^{-1}
207 (Lechner et al., 2014).

208 Most marine plastics occur on land (80%) (Andrady, 2011), and are transported via various
209 waterways such as rivers (70%–80%) (Alimi et al., 2018; Castañeda et al., 2014; McCormick
210 et al., 2014). All channels that flow into oceans carry heavy loads of plastic waste with
211 estimates ranging from $\ll 1 \text{ kg day}^{-1}$ (Hilo in the USA) to 4.2 t day^{-1} (Danube River in Europe).
212 However, the quantity of waste transferred is characteristic of a given watershed and hence,
213 these results are less relevant globally (Castañeda et al., 2014; Lechner et al., 2014). A large
214 quantity of plastics entering the oceans mainly originates from coastal countries. In 2010, 192
215 coastal countries (6.4 billion people) generated over 275 MT of plastic waste (11% of the total
216 MSW), of which 4.8 to 12.7 MT (1.7% to 4.6%) entered the oceans (Jambeck et al., 2015).
217 Poorly managed plastic wastes (inadequately disposed or littered) increase the risk of
218 eventually spilling into the sea. For instance, the Great Pacific Garbage Patch contains
219 approximately 79 (45–129) thousand tons of marine plastics (Lebreton et al., 2018), primarily
220 from Asian sources of plastic (Jambeck et al., 2015), the Kuroshio Extension current (Qiu and
221 Chen, 2005), and intense fishing activities (Watson et al., 2013). Approximately 81% of
222 China’s coastal regions are contaminated with plastic waste. In 2010, 1.32–3.53 MT of plastic
223 debris was found in marine ecosystems (Jambeck et al., 2015).

224

225 Studies have shown that WWTPs can entrap MPs with a retention of 80%–90% in sludge. Even
226 at a reduced rate of 98.41% in the influent, a WWTP released 65 million MPs into the water
227 every day (Murphy et al., 2016). In addition, a significant amount of microbeads (industrially-
228 manufactured primary MPs), $7000 \text{ microbeads m}^{-3}$, enter the ocean through treated sewage
229 that passes through WWTP filters (Rochman et al., 2015). Nevertheless, owing to high effluent
230 discharge, large amounts of plastics still invade the aquatic environment, depending on the type
231 of plastic and sewage treatment method (Mahon et al., 2017; Talvitie et al., 2017). Furthermore,
232 sewage sludge (as fertilizer) was estimated to dump 63,000–43,000 t of MPs per year on

233 European farmlands, given that European cities produce 1,270–2,130 t of MPs per million
234 inhabitants annually (Nizzetto et al., 2016).

235 Recycling delays the final disposal of plastics and generates secondary plastics (Mutha et al.,
236 2006). Such secondary plastics have a low economic value and can be released into the
237 environment as MNPs. Recycling has proven to be effective method only when re-use of
238 plastics occurs instead of its primary production (Geyer et al., 2016), which occurs to a lesser
239 extent than expected (Zink et al., 2018). Plastic recycling is considered an economically
240 marginal activity. Thus far, only a small fraction (9%) of plastics have been recycled, whereas
241 the majority (80%) have been landfilled or lost to the environment (Geyer et al., 2017;
242 Schweitzer et al., 2018).

243 In addition, the recycling rate of other materials, such as metals and papers, exceeds 50%
244 (UNEP, 2013; Van Ewijk et al., 2018). China is the largest importer of plastic waste, with a
245 cumulative import of 45% since 1992. Plastics imported by China in 2016 accounted for 50%
246 of total imports (14.1 MT) from 123 countries (Brooks et al., 2018). However, China’s
247 unprecedented waste import ban under the January 2018 “National Sword Program” caused
248 plastic waste to accumulate in Australia and the US (Downes and Dominish, 2018), shifting
249 the waste crisis to Southeast Asia (Parker, 2018). The US, which accounts for only 4% of the
250 world’s population, has the highest per capita MSW (12%) compared to the world’s most
251 populated nations such as China and India (36%), which generate 27% of waste (Jambeck et
252 al., 2015). Germany is the most efficient country for recycling municipal waste (68%), whereas
253 the US and Australia recycle only 35% and 11.8% of their waste, respectively (O’Farrell,
254 2019). Since 2006, in Europe, the amount of plastic waste sent for recycling has doubled.
255 Moreover, the recycling rates were the highest in Europe (30%) and China (25%) in 2014,
256 whereas only 9% was recycled in other countries such as the US (Europe, 2019; Hoornweg and

257 Bhada-Tata, 2012). Thus, it is evident that plastic pollution is severe global threat, and
258 innovative and sustainable management of waste is a time-consuming process.

259 **Table 1.** List of major plastic producing and consuming countries

Country	Production (MT)	Per capita consumption (kg capita ⁻¹)	Source (%)		Input to aquatic ecosystems (MT year ⁻¹)	References
			Packaging	Construction		
China	59.8	72.6	42.5	21.9	3.53	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
USA	37.83	100.2	52.0	18.5	0.11	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)

Germany	14.48	98.6	49.5	21.5		(EUROMAP, 2016; Ritchie and Roser, 2018)
Brazil	11.85	33.4	51.0	19.5		(EUROMAP, 2016; Ritchie and Roser, 2018)
Japan	7.99	71.5	46.7	16.9		(EUROMAP, 2016; Ritchie and Roser, 2018)
Pakistan	6.41	8.5	50.3	18.2	0.16	(EUROMAP, 2016; Patel, 2018; Ritchie and Roser, 2018)

Nigeria	5.96	8.0	54.4	16.4	0.34	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
Russia	5.84	44.9	50.8	21.3		(EUROMAP, 2016; Ritchie and Roser, 2018)
Turkey	5.6	92.1	45.6	19.8	0.19	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)

Egypt	5.46	19.0	43.6	24.6	0.39	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
Indonesia	5.5	21.6	50.0	16.0	1.29	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
UK	4.93	50.3	49.5	18.9		(EUROMAP, 2016; Ritchie and Roser, 2018)

Spain	4.71	68.2	52.7	16.1		(EUROMAP, 2016; Ritchie and Roser, 2018)
France	4.56	69.5	48.9	19.6	0.01*	(Advisors, 2019; EUROMAP, 2016; Ritchie and Roser, 2018)
India	4.49	14.2	45.4	21.8	0.24	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
South Africa	4.47	27.5	55.3	16.2	0.25	(EUROMAP, 2016; Jambeck et

al., 2015; Ritchie
and Roser, 2018)

Iran 3.92 57.3 50.4 21.3 (EUROMAP,
2016; Ritchie
and Roser, 2018)

Mexico 3.73 49 50.4 17.1 (EUROMAP,
2016; Ritchie
and Roser, 2018)

Thailand 3.53 71.6 46.3 17.9 0.41 (EUROMAP,
2016; Jambeck et
al., 2015; Ritchie
and Roser, 2018)

Vietnam	3.27	46.6	48.2	18.7	0.73	(EUROMAP, 2016; Jambeck et al., 2015; Ritchie and Roser, 2018)
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261 *11,200 t into the Mediterranean, excluding the Atlantic Ocean, for which data are not available.

262

263 **3. Ecotoxicological impacts of plastic waste**

264 Particulate plastic, including MNPs, can enter aquatic (freshwater and marine) and terrestrial
265 (such as soil, sediment) ecosystems. The impacts of MNPs on environmental systems constitute
266 a significant concern. Sustainable waste management can be useful for particulate plastic waste
267 to maintain and increase the elasticity of ecosystems by improving soil resilience through
268 enhancement of microbial population and nutrient cycling (Bradney et al., 2019). Particulate
269 plastics pose ecotoxicological threats as their potential toxicity increases with decreasing size,
270 causing harmful physical effects owing to interior abrasions and obstructions (Wright et al.,
271 2013b). Smaller fragments such as NPs and MNPs can easily pass through the protective cell
272 wall and cell membrane and impose adverse impacts on living organisms (Wu et al., 2021).
273 Handling and removal of MNPs from environmental compartments are very difficult in
274 comparison to macro-plastics while the former imposes more adverse impacts on living
275 organisms (Zhou et al., 2021). MNP polymers cannot only release toxic organic chemicals but
276 can accumulate in living tissues and facilitate the transports of inorganic and organic pollutants
277 (Sridharan et al., 2021a, b; Bradney et al., 2019). These processes established MNPs as a
278 substratum to accumulate and as a vector to transport inorganic and organic pollutants (Zhou
279 et al., 2021; Ricardo et al., 2021).

280

281 3.1 Effects on terrestrial organisms and nutrient cycling

282 Previous studies have shown that MPs can accumulate and be stored in soil, altering soil
283 properties and affecting biodiversity (Bläsing and Amelung, 2018; Huerta Lwanga et al., 2017;
284 Maaß et al., 2017; Rillig, 2012; Rillig et al., 2017; Zubris and Richards, 2005). Presence of
285 MNPs can alter soil microbial communities. Polyester microfiber (0.2% of the soil fresh
286 weight) contributed to 20 – 30% increased abundance of arbuscular mycorrhizal fungi hyphae
287 with the alteration of soil structure and water dynamics depending upon MP type, aggregate

288 size fraction and plant cover (De Souza Machado et al., 2019). Contrarily, polylactic acid
289 (PLA) microparticles resulted in adverse effects on the community composition of arbuscular
290 mycorrhizal fungi (Wang et al., 2020). Similarly, ectomycorrhiza were found to be sensitive to
291 alteration of soil structure due to MPs (Ritz and Young, 2004). Various compositional elements
292 in MPs may lead to different responses within bacterial communities. Smaller MPs due to their
293 large specific surface area and thereby fast release of compounds via heterotrophic activities
294 could result in a broader shift in bacterial composition than larger MPs (Ren et al., 2020). For
295 example, a polyvinyl chloride (PVC)-MP exposure experiment found that MPs significantly
296 increased the bacterial diversity of a *collembolan* gut, probably because of a shift in feeding
297 behavior after MP exposure (Zhu et al., 2018). Few compostable plastic micro-films (e.g.,
298 polycaprolactone (PCL), PLA) were found to be persistent carbon resources to increase the
299 abundance of fungi such as *Aspergillus*, *Fusarium* and *Penicillium* (Accinelli et al., 2020). It
300 was found that MPs addition to the soil at a mass ratio of 28% resulted in 14.6–31.0%, 15.4–
301 54.8%, 39.5–61.0%, 16.9–40.8%, 16.5–57.6%, and 30.6–42.7% reduction of catalase, phenol
302 oxidase, manganese peroxidase, urease, laccase, and β -glucosidase activities, respectively (Yu
303 et al., 2020). Another study found that high level of MPs (28%) increased FDAse and phenol
304 oxidase activity while imparting no such effect at low MP level (7%), indicating that the effect
305 of MPs depends on the dose (Liu et al., 2017). Hence, types, properties and concentrations of
306 MNPs in the soil medium significantly affect the soil microbial population and biological
307 functions.

308 The interaction of MPs with heavy metals and metalloids (e.g., cadmium [Cd], As) was
309 reported to drastically reduce the biomass and chlorophyll contents in plants (Wang et al.,
310 2020). The interaction of As with polystyrene MPs (PSMP) and polytetrafluorethylene (PTFE)
311 through bridging with humic acid resulted in a decrease of As bioavailability in the soil, which
312 consequently increased the relative abundance of *γ -proteobacteria*, *α -proteobacteria*, and

313 *Bacteroidia* (Dong et al., 2021). The increase in microbial abundance and some enzymatic
314 activity in the soil was likely due to the decrease of As bioavailability and supply of carbon to
315 microorganisms through PSMP and PTFE (Dong et al., 2021). However, in severely As-
316 contaminated soil, the enzyme activities were reduced even after the addition of PSMP and
317 PTFE (Dong et al., 2021).

318 The combined toxicity of heavy metals and pesticides along with MNPs are very alarming
319 although research on this topic is limited till date. One such study exposed adult zebrafish to
320 $100 \mu\text{g L}^{-1}$ imidacloprid (IMI), $20 \mu\text{g L}^{-1}$ PSMP, and a combination of PS and IMI (PS + IMI)
321 for 21 days (Luo et al., 2021) (Table 2). The PS and IMI inhibited the growth of zebrafish, and
322 altered the levels of glycolipid metabolism and oxidative stress-related biochemical parameters
323 like super oxide dismutase (SOD) and catalase (CAT) activity. The IMI and PS alone and their
324 combination significantly increased SOD and CAT activities in the liver of zebrafish,
325 indicating an oxidative stress and inflammation in the test organism (Luo et al., 2021).
326 Similarly, the effect of polyester fibres and crumb rubber MPs alone and in the presence of
327 chlorpyrifos was tested on the immune parameters of *Porcellio scaber*, revealing that
328 chlorpyrifos alone significantly affected the haemocyte viability of *P. scaber*, but the presence
329 of both the MPs improved the haemocyte count of *P. scaber* by reducing the chlorpyrifos
330 bioavailability in the system (Dolar et al., 2021). In another study, cationic amine modified PS
331 NPs at 5 mg L^{-1} showed no inhibitory effect on *Microcystis aeruginosa*, a blue green alga,
332 while glyphosate had strong inhibitory effect on the microorganism (Zhang et al., 2018a). The
333 combination of PS and glyphosate had an antagonistic inhibition effect on *M. aeruginosa* due
334 to the adsorption of glyphosate by the PS particles (Zhang et al., 2018a). Similarly, glyphosate
335 alone significantly reduced the relative growth rate, photosynthetic capacity, and root activity
336 of fern *Salvinia cucullata*, but glyphosate along with PSMPs activated the fern's antioxidant
337 defence system by increasing SOD and CAT activities, thereby getting the plant accustomed

338 with oxidative stress (Yu et al., 2021). In contrast, the presence of PS spheres did not affect
339 deltamethrin (a pyrethroid insecticide) and dimethoate (an organophosphate insecticide)
340 toxicities to *Daphnia magna*, suggesting that PS spheres did not act as a vector for the uptake
341 of these pesticide by *D. magna* (Horton et al., 2018). Therefore, the combined toxicity of
342 MNPs, pesticides and heavy metals may vary depending on MNP types, chemistry of the
343 associated contaminants and defence mechanisms of a concerned organism, which warrant
344 future research involving molecular level ecotoxicology studies.

345

346 **Table 2:** Selected references on the impact of MNPs and associated organic pollutants/additives on living organisms

MNP type and size	MNP concentration	Organic pollutant/additive	Organism	Impacts	Reference
PS; 5 µm	100 µg/L	Imidacloprid (IMI); 20 µg/L	Zebrafish	Inhibited growth, altered enzymatic activities	(Luo et al., 2021)
PS; 20, 65 µm	–	Butylated hydroxyanisole (BHA)	Zebrafish	Impaired larval growth	(Zhao et al., 2020)
PS; 50–100 nm	1000 mg kg ⁻¹	Tetracycline	<i>Enchytraeus crypticus</i>	Increased the number of antibiotic resistant gene	(Ma et al., 2020)
Polyamid; 40–63 µm	–	Phenanthrene	<i>Gammarus roeseli</i>	Neurotoxicity and locomotor toxicity	(Bartonitz et al., 2020)
PS; 0.1–5 µm	–	Increased toxicity	<i>Chlorella pyrenoidosa</i>	Dibutyl phthalate	(Li et al., 2020)
PS; 100 nm	1–75 mg L ⁻¹	Polychlorinated biphenyls (PCBs)	<i>D. magna</i>	Increased concentration of MNP increased lethality	(Lin et al., 2019)

PS; 45 μm	10 mg L ⁻¹	Polyaromatic hydrocarbons (PAHs)	<i>D. rerio</i>	Impaired energy production, development, impaired vascular development	(Trevisan et al., 2019)
PE, polyhydroxybutyrate (PHB); 10–90 μm	–	Fluoranthene	<i>M. edulis</i>	Reduced enzymatic activities	(Magara et al., 2019)
PS; 568 nm NPs at environment relevant concentrations	0.4 mg L ⁻¹	PAHs	<i>Perinereis aibuhitensis</i>	Small concentration of MNPs contributed little to bioaccumulation of PAHs	(Jiang et al., 2019b)
PE, PET; 1–10 μm	–	Glyphosate	<i>D. magna</i>	Increased mortality	(Zocchi and Sommaruga,

						2019)
Amino-modified 200 nm	PS; 3–20 mg L ⁻¹	Glyphosate	<i>Microcystis aeruginosa</i>	Inhibited efficiency	photosynthetic	Zhang et al. (2018)
PS; 100 nm	2–20 mg L ⁻¹	PCBs	<i>D. magna</i>	Enhanced the PCBs	accumulation of	(Jiang et al., 2018)
PS; 50 nm	10 mg L ⁻¹	2,2',4,4' - tetrabromodiphenyl ether, triclosan	<i>Brachionus koreanus</i>	Reduced the multidrug and P-glycoproteins, produced oxidative stress	activities of resistance proteins	(Jeong et al., 2018)
PE; PS 0.5–1.0 μm	–	Organophosphorus flame retardants	<i>Mus musculus</i>	Induced oxidative stress, neurotoxicity, and disrupted energy metabolism		(Deng et al., 2018)

348

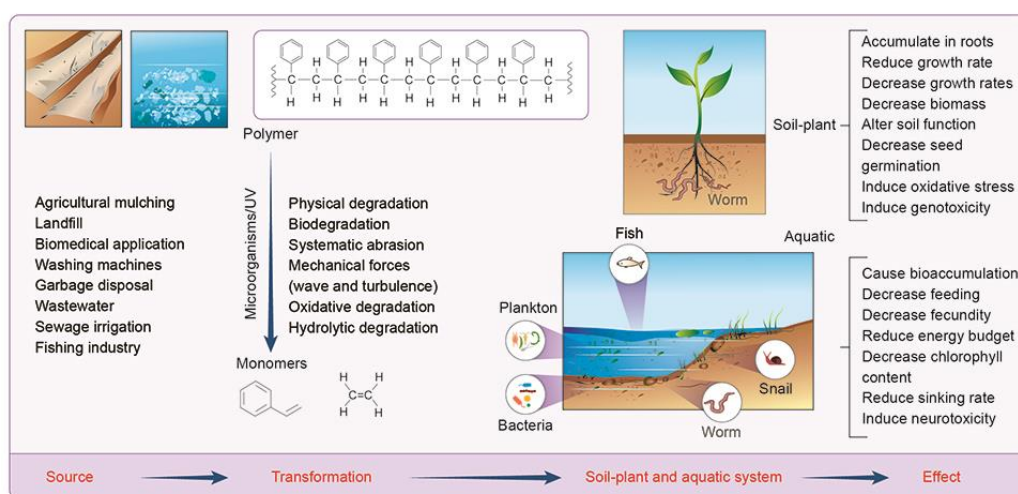
349 Apart from that, the presence of MNPs can affect nutrient cycling through affecting organic
350 matter (OM) decomposition, nitrification and denitrification, and by changing the microbial
351 communities in soil, sediment and water (Chen et al., 2020b; Seeley et al., 2020; Zhang et al.,
352 2021). Available phosphorus (AP) and available nitrogen (AN) and OM contents were
353 decreased with increasing PSMP and PTFE concentrations in an uncontaminated soil, but AN
354 and AP were increased in an As-contaminated soil where the availability of nutrients was
355 regulated by soil pH changes caused by MPs (Dong et al., 2021). When the initial solution pH
356 exceeded pH_{PZC} of the MPs, the hydroxyl groups on the surface of the MPs consumed the OH^-
357 in the solution through deprotonation, leading to a decrease in the pH of the solution (Calvo et
358 al., 2014), which was proportionately dependent on size and point of zero charge (PZC) of the
359 MPs ($PZC_{PSMP} = 3.3-4.0$; $PZC_{PTFE} = 3.9-4.6$) (Dong et al., 2021). In the Brisbane River
360 sediment, the total content of N (TN) and P (TP) was increased with increasing concentration
361 of MPs ($>20 \text{ mg kg}^{-1}$), indicating a positive correlation between total carbon (TC) and MPs
362 concentration, and development of a conducive microbial habitat in the sediments by MPs (He
363 et al., 2020). In a fresh water pond system, square-shaped PP MPs accelerated biofilm
364 formation, increased ammonia and nitrite oxidation and denitrification rates, and accumulated
365 P temporarily by enhancing the alkaline phosphatase activity (Chen et al., 2020b). However,
366 disintegration of matured biofilms released N and P into the water at a later stage (Chen et al.,
367 2020b). Similarly, an outdoor mesocosm experiment showed that earthworm *Arenicola marina*
368 produced less casts in sediments containing MPs than uncontaminated control, indicating
369 chemical leaching of vinyl chloride monomers causing toxicity to *A. marina* (Lithner et al.,
370 2011). Metabolic rate of *A. marina* was increased, while microalgal biomass was decreased at
371 high concentration of MPs ($\sim 2\%$), suggesting that small plastic debris physically increased the
372 sediment porosity, altered water movement, and reduced heat transfer in the sediment, which

373 subsequently altered the algal growth (Ras et al., 2013). The average flux of NH_4^+ was positive
374 in the PVC-amended sediment, but changes in concentration of NO_3^- and NO_2^- in pore water
375 due to sediment PVC contamination was not measurable (Green et al., 2016). Thus,
376 concentration and properties of MNPs have significant impact on terrestrial organisms and
377 maintaining soil/sediment nutrient cycling to sustain the terrestrial ecological balance.

378 The uptake and transfer of MNPs by crops and the edible parts of plants may seem implausible;
379 MNPs can enter the human food web through alternative pathways. The mobility of MNPs in
380 soil depends on their particle size and texture. For instance, the transportation of MNPs in fine-
381 grained soil is possible but not significant (Bläsing and Amelung, 2018; Zhang et al., 2010).
382 Information on the response of plants to the presence of MNPs in the soil is limited (Table 3).
383 A recent study on *Allium fistulosum* (spring onion) determined that the response to MP
384 exposure depends on the shape and type of the polymer. Exposure to PS and polyester fibers
385 significantly increased root biomass. However, no visible effect was observed with high-
386 density polyethylene (HDPE) particles (De Souza Machado et al., 2019). Despite preliminary
387 research, plant growth retardation has been investigated in soils containing MPs (Qi et al.,
388 2018; Rillig et al., 2019). MPs can affect soil characteristics and their inhabitants; for example,
389 MP treatment disturbed microbial activity, plant performance, soil structure, and physiological
390 adaptation of spring onions (De Souza Machado et al., 2019; Qi et al., 2018; Rillig et al., 2019).
391 MPs can also affect the transport and absorption of nutrients in plants by triggering soil
392 aggregation and clustering at various levels (e.g., loose fragment-nature and tight linear-nature)
393 (Asli and Neumann, 2009; De Souza MacHado et al., 2018; Ma et al., 2010; Zhang and Liu,
394 2018). In contrast, a study on wheat observed no significant changes in seedling appearance
395 and mass under MP treatment (Judy et al., 2019). In *Vicia faba* plants, PS fluorescent MPs
396 induced oxidative stress and genotoxicity when exposed to 100 nm MPs at 10, 50, and 100 mg

397 L⁻¹ (Jiang et al., 2019a). The study also showed that 5 mm PS MPs could not be transported to
 398 plants and were deposited on the exterior of the roots.
 399 Consequently, plant growth was impeded owing to the clogging of root tips in *V. faba*, which
 400 hindered the uptake or absorption of water and essential nutrients. In addition, terrestrial snails
 401 (*Achatina fulica*), commonly found in forests, farmlands, and gardens, showed oxidative stress
 402 and adverse effects on fitness when exposed to MPs (Song et al., 2019b). However, the impact
 403 of particulate plastics indicates that they can pose a significant threat to future ecology,
 404 particularly the interaction between soil and plant systems depending upon their type, size and
 405 properties. Furthermore, most of the recent studies are conducted for short duration and mainly
 406 at laboratory scale, which warrants urgent focus on long term field-based studies to identify
 407 the real impacts of MNPs on terrestrial flora and fauna.

408



409

410 **Fig. 1.** Schematic diagram showing sources, transformation, and the fate of plastic
 411 contaminants in soil-plant and aquatic environments.

412

413 3.2 Effects on aquatic and marine organisms

414 Plastic waste can be fragmented into particulate plastics in aquatic systems (i.e., oceans, rivers,
 415 and lakes) owing to many influences such as waves, systematic abrasion, and oxidative (e.g.,

416 photo and thermal) processes (Andrady, 2011). Worldwide dispersion and accumulation of
417 MPs in the environment can negatively affect marine and other aquatic systems (Table 3). MPs
418 are mainly observed at high concentrations in populated coastal areas and adjacent urban areas
419 (Ivar Do Sul and Costa, 2014). A wide range of organisms consume or ingest MPs when the
420 size of MPs matches the size of their prey, leading to enhanced bioavailability of MPs in
421 organisms (Galloway and Cole, 2018; Wang et al., 2016). Environmental MPs have been
422 observed in the food web, including organisms from primary to higher trophic levels, which
423 could affect the entire food web (Oliveira et al., 2012; Wright et al., 2013b).

424 PSMPs significantly affect the fitness, feeding activity (7.4%), and bioaccumulation in
425 *Arenicola marina* (lugworm), even at low exposure levels (Besseling et al., 2013). The
426 ingestion of MPs is a threat to the fish community and increases premature mortality. In a study
427 on *Artemia* sp. nauplii and *Danio rerio* (zebrafish), *Artemia* sp. nauplii were exposed to MPs
428 of various sizes (1–20 μm); MPs were then observed in zebrafish fed with these nauplii (Batel
429 et al., 2016). This study demonstrated that MPs can move along the food web at various trophic
430 stages. When MPs are digested, minute pieces of MPs can move to the muscles of fish and
431 other marine animals. Other chemicals associated with MPs have been observed worldwide,
432 including in subtropical and coastal areas (Hirai et al., 2011). For example, the marine fish
433 *Oryzias latipes* ingests and loads toxic substances adsorbed on MPs, causing oxidative stress,
434 pathological toxicity, and liver inflammation (Rochman et al., 2013).

435 The accumulation of MPs in various fish tissues depends on the size of the MPs and the type
436 of tissue and organ. In zebrafish, 5 μm PSMPs accumulated in the liver, gills, and intestines,
437 whereas 20 μm PSMPs only accumulated in the gills and gut. PSMPs also induce liver
438 inflammation, enhance catalase and superoxide dismutase, and modify lipid, energy, and
439 metabolic profiles in zebrafish (Lu et al., 2016). The neurotoxic effects of MPs have been found
440 in living organisms, but little is known regarding their toxicity mechanisms. PEMPes adversely

441 affected neural function of the common goby *Pomatoschistus microps* (Luís et al., 2015),
442 decreased acetylcholinesterase activity, and suppressed neural activity in the marine mussel
443 *Mytilus galloprovincialis* (Avio et al., 2015).

444 In *Perca fluviatilis* (European perch), the accumulation and ingestion of particulate plastic (90
445 µm sized PSMPs) impeded growth and hatchability, modulated inborn behavior and feeding
446 choices, altered olfactory aptitudes, and increased the likelihood of killing by feeders
447 (Lönnstedt, and Eklöv, 2016). In summary, fish and other marine organisms prefer to consume
448 particulate plastics over typical food, and this has an immediate effect on their digestion.

449 The problem of particulate plastic ingestion is not limited to fish. Other marine organisms,
450 including zooplankton (e.g., copepods), algae, sea turtles, and sea cucumbers, are also
451 vulnerable to particulate plastics (Auta et al., 2017). Filter feeders, such as copepods, are a vital
452 component of the marine food web. The decline of filter feeders in aquatic settings can
453 jeopardize various trophic stages. In the treatment of MPs on *Calanus helgolandicus* (marine
454 copepods), PS plastic adversely affected fertility, movement, and marine copepod behavior
455 (Cole et al., 2016). Decreased feeding rates as an effect of MPs have been reported in *Carcinus*
456 *maenas* (shore crab) (Watts et al., 2015) and *Nephrops norvegicus* (Welden and Cowie, 2016).
457 Increased immunological responses have been observed in mussels (Von Moos et al., 2012);
458 however, marine copepods showed decreased fertility, survival, and feeding rates owing to MP
459 ingestion (Cole et al., 2015; Lee et al., 2013).

460 Ingestion of PS enhanced mRNA expression, caused cell stress and inhibited
461 acetylcholinesterase activity in *Artemia franciscana* (brine shrimp) (Eom et al., 2020). Recent
462 studies have shown that *Ostrea edulis* (European flat oyster) was affected by 2 months of
463 exposure to PLA MPs at a concentration of 80 µg L⁻¹, suggesting that *O. edulis* was under
464 stress (Green et al., 2016). In the same study, the biomass and abundance of benthic
465 macrofauna, including *Idotea balthica* (isopod) and shell clams (*Scrobicularia plana* and

466 *Scrobicularia plana*) decreased because of reduced mortality, feeding, and fertility after MP
467 ingestion (Auta et al., 2017; Green et al., 2016).

468 Exposure to particulate plastics causes significant growth inhibition in microalgae, and this
469 inhibition increases with increasing exposure concentrations. However, the adverse effects of
470 MPs can decrease with increasing particle size (Besseling et al., 2014; Mao et al., 2018;
471 Sjollem et al., 2016; Zhang et al., 2017). In *Skeletonema costatum*, MPs induced a significant
472 decrease in photosynthetic competence and chlorophyll levels (Zhang et al., 2017). Several
473 studies have found that MP exposure causes significant oxidative stress in intracellular organs
474 and various physical reactions in freshwater microalgae and affects gene expression in specific
475 metabolic processes (Mao et al., 2018). It is very important to identify the combined effects of
476 MPs and other pollutants, as organisms are typically simultaneously exposed to a complex
477 mixture of MPs and adjacent substances in nature.

478 Combined with toxic chemicals, MPs can cause deleterious effects, such as mortality,
479 metabolic anomalies (Oliveira et al., 2013; Rist et al., 2016), and pathological issues in aquatic
480 animals (Rochman et al., 2013). However, the levels of MP ingestion and pathways for
481 enhancing the movement of pollutants in aquatic animals are controversial (Koelmans et al.,
482 2016). In many countries surrounded by coastal regions, particulate plastic pollution, economic
483 loss, and ecological and toxicological impacts on human health and biota are severe (Sridharan
484 et al., 2021a). Therefore, a synergistic understanding on MP toxicity mechanisms with sorbed
485 chemicals and additives (Table 2) is essential for the sustainable management of MPs.

486

487 **Table 3.** Ecotoxicological effects of particulate plastics on plant-soil systems and aquatic organisms

Species	Microplastic size	Concentration	Exposure time	Main finding(s)	Reference
<i>Vicia faba</i>	5 µm and 100 nm PS	10–100 mg L ⁻¹	2 d	MPs accumulation in roots, a decrease in biomass, a decrease in growth; induction of oxidative stress, and genotoxicity	(Jiang et al., 2019a)
<i>Allium fistulosum</i>	8 µm PS	2% (wt/wt)	60 d	Changes in soil structure, alteration of water dynamics and microbial activity in soils, and adverse effects on seed germination and root length	(De Souza Machado et al., 2019)
<i>Lepidium sativum</i>	0.05 µm PS	10 ³ to 10 ⁷ particles L ⁻¹	3 d	A decrease in seed germination and root growth	(Bosker et al., 2019)
<i>Achatina fulica</i>	76.3 µm PET	0.01–0.71 g kg ⁻¹	28 d	Oxidative stress and adverse effect on fitness	(Song et al., 2019b)
<i>Arenicola marina</i>	25–150 mm UPVC	5% (wt/wt)	10 d	A decrease in energy budget and feeding	(Wright et al., 2013a)

<i>Paracentrotus lividus</i>	50 nm PS	3 and 25 mg L ⁻¹	2 d	Developmental defects	(Della Torre et al., 2014)
<i>Arenicola marina</i>	400–1300 µm PS	0–100 g L ⁻¹	28 d	Reduction in feeding activity and decrease in body weight and energy efficiency	(Besseling et al., 2013)
<i>Daphnia magna</i>	0.05–10 µm PS	5 mg L ⁻¹	14 d	Increased bioaccumulation	(Ma et al., 2016)
<i>Skeletonema costatum</i>	1 µm PVC	0–50 mg L ⁻¹	4 d	Inhibition of algae growth and reduction in chlorophyll content and photosynthesis	(Deng et al., 2017)
<i>Scenedesmus obliquus</i>	~ 0.07 µm PS	44–1100 mg L ⁻¹	3 d	Inhibition of algae growth and reduction in Chlorophyll-a content	(Besseling et al., 2014)
<i>Calanus helgolandicus</i>	20 µm PS	1000 particles L ⁻¹	1 d	Reduction in sinking rate and densities	(Cole et al., 2016)
<i>Centropages typicus</i>	7.3 µm PS	4000–25000 beads L ⁻¹	1 d	Significant reduction in algal ingestion	(Cole et al., 2013)
<i>Artemia franciscana</i>	1–10 µm PS	1–1000 particles L ⁻¹	30 d	Increased mRNA expression, enzymatic activities, and mortality, inhibition of acetylcholinesterase activities	(Eom et al., 2020)

Sparus aurata and 40–150 μm 1–100 mg L^{-1} 1 d No effects on cell viability, oxidative stress, (Espinosa et al.,
Dicentrarchus labrax PVC and PE immunity-related gene expression, and cell death 2018)

488

489 PS, polystyrene; UPVC, unplasticized polyvinyl chloride; PVC, polyvinyl chloride; PE, polyethylene; PET, polyethylene terephthalate

490

491 **4. Plastic waste management considerations**

492 The potential for downstream plastic waste mitigation is extremely low owing to the low value
493 of most post-consumer plastic products and low recovery incentives. Appropriate segregation,
494 identification, and quantification are required to control the entry of plastics into the
495 environment, which is currently lacking in many countries. Precise annual statistics on plastic
496 waste generation and information on its categories are urgently required to determine regional
497 best management practices and set up treatment facilities (Singh and Sharma, 2016).
498 Implementing stringent laws and strengthening legal measures can control the mishandling and
499 leakage of parent plastic materials in the supply-usage chain (Kish, 2018). Certain random
500 efforts include an upfront tax to fund the mitigation of plastic waste and increase public
501 awareness. However, the realization of such strategies becomes impractical because of the
502 dispersion and difficulty in collecting small MNPs.

503 Cleaning up the final sink, such as the soil and ocean, is not an economically or logistically
504 feasible option. Hence, reasonable four-level upstream mitigation strategies, such as source
505 reduction and a zero waste strategy, infrastructural development for managing and mitigating
506 point and nonpoint sources of pollution, waste resource reuse and recovery, and value addition,
507 have often been proposed in the literature (Sarkar et al., 2020). Source reduction is the best
508 long-term solution for MP pollution. Regulating primary MPs such as microbeads has been
509 possible via source control (Welden and Cowie, 2016). However, plastic wastes continuously
510 undergo fragmentation and weathering via physical, chemical, and biological processes
511 (Ragaert et al., 2017), making the management of MNPs tremendously challenging.
512 Manufacturers need to innovate sustainable solutions for benign alternatives using eco-friendly
513 and biodegradable raw materials that reduce the amount of MNPs (Engler, 2012; Peng et al.,
514 2017). However, degradable plastics cannot be considered harmless because they can be easily
515 disintegrated into MNPs. Improving the infrastructure of developing countries, such as

516 trapping plastic wastes in stormwater drainage systems and collecting waste in managed
517 rubbish bins, can mitigate plastic pollution.

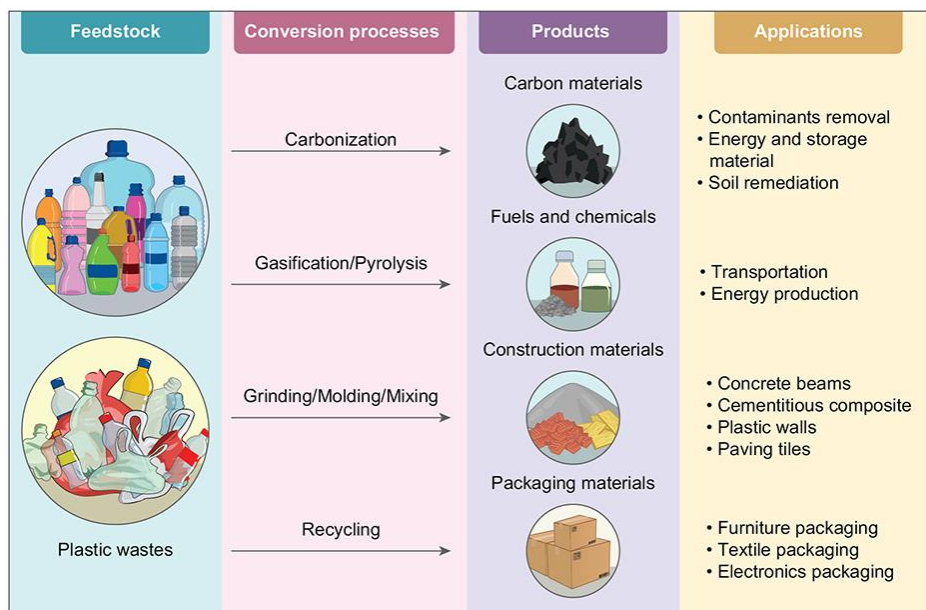
518 Removing MNPs using membrane filtration in WWTPs is another option (Talvitie et al., 2017).
519 In the membrane filtration method, biological catalysts either potential microorganisms or
520 robust enzymes, or both are linked with a partition method and run by a film-derived system,
521 such as microfiltration and ultrafiltration (Zhou et al., 2021). Membrane filtration method
522 exhibited a substantial removal efficiency (99%) of MPs, improved final effluent quality, and
523 minimized treatment steps. However, this technology requires high cost and energy, and may
524 not be suitable for large-scale implementation. Finally, upcycling plastic waste can create new
525 products and encourage waste recycling. As novel, environmentally friendly, and economically
526 attractive valorization pathways are urgently needed to mitigate plastic pollution in the
527 environment, a few recent innovations in this direction are discussed in the following sections.

528

529 **5. Innovations in particulate plastic waste management**

530 Concerted efforts have been made to reduce, reuse, and recycle waste to minimize plastic waste
531 disposal (Awoyera et al., 2020). As shown in Fig. 2, the recycling of plastic waste reduces the
532 environmental burden and generates paths for further applications, such as the fabrication of
533 value-added carbon materials (Chang et al., 2018; Chen et al., 2020a; Cho et al., 2019;
534 Dankwah et al., 2018; Wen et al., 2019), fuels, aromatic chemicals (Miandad et al., 2018; Omol
535 et al., 2020; Thahir et al., 2019), construction/cementitious materials (Awoyera and Adesina,
536 2020; Lahtela et al., 2019), polymers, and fibers (Choi et al., 2019; Hu et al., 2019).

537



538

539 **Fig. 2.** Paths to the sustainable management of plastic waste for beneficial reuse.

540

541 5.1 Value-added carbon materials

542 Considering the abundance of carbon atoms in plastic waste, the fabrication of carbonaceous
 543 materials via the carbonization of plastic waste is an emerging recycling approach (Min et al.,
 544 2019). To date, several types of plastic polymers, such as polypropylene (PP), PE, PS, PVC,
 545 and polyethylene terephthalate (PET), have been effectively converted to carbon nanotubes
 546 (CNTs), carbon hollow spheres (HCSs), porous carbon sheets (PCSs), and biochar composites
 547 (Chen et al., 2020a; Choi et al., 2019; Gong et al., 2019; Ma et al., 2018; Song et al., 2019a).
 548 Min et al. (2019) synthesized economical porous carbon flakes (PCFs) via PS waste pyrolysis.
 549 Hybrid PCF-MnO₂ was also fabricated using the selective deposition of MnO₂ nanosheets on
 550 the surface of the PCFs. The synthesized materials showed outstanding cyclic stability and
 551 capacitance retention in the supercapacitor devices (Table 4). Ma et al. (2018) synthesized
 552 PCSs using MgO from a mixture of thermoplastic wastes (Table 4). This modest approach
 553 converts plastic waste into valuable products according to the imperative need for waste
 554 management and environmental sustainability.

555 Zhang et al. (2019) fabricated hierarchically porous carbon by carbonizing low-cost PET waste
556 using $\text{ZnCl}_2/\text{NaCl}$ eutectic salts (Table 4). The fabricated material displayed a high specific
557 surface area, low thermal conductivity, rapid water transportation, and improved solar
558 absorption efficiency. Choi and Lee, (2019) adopted an electron beam treatment to synthesize
559 carbon nanosheets (CNSs). This method provides a new avenue for producing PE-derived
560 CNSs that can be successfully applied as transparent conducting electrodes. Activated carbon
561 (AC) was also synthesized (de Paula et al., 2018) from waste PS foam (PSF) with outstanding
562 textural characteristics, without any prior treatment through a modest and conventional two-
563 step process (i.e., carbonization and chemical activation). AC displayed improved capacitance
564 and excellent dye adsorption efficiency ($> 1 \text{ g g}^{-1}$, Table 4). Oh and Seo (2019) produced a
565 PET biochar composite through the co-pyrolysis of PET waste and rice straw. This composite
566 can be used to adsorb various pollutants such as 2,4-dinitrotoluene (DNT), 2,4-dichlorophenol
567 (DCP), Pb, selenate (SeO_4^{2-}), and chromate (CrO_4^{2-}). These promising results suggest that the
568 co-pyrolysis process can enhance the pollutant removal efficiency of biochar-mineral
569 composites. Zhang et al. (2018b) also incorporated HDPE into rice husk biochar to fabricate
570 biochar/plastic composites (BPC) using the extrusion method. The bending and tensile
571 strengths of BPC reached 53.7% and 20 MPa, respectively, which far exceeded those of wood-
572 plastic composites.

573

Table 4. Synthesis of value-added carbon materials from plastic waste.

Plastic polymers	Process	Product	Product characteristics	Applications	Reference
PS-waste	Template method; direct pyrolysis of PS-waste at 700 °C for 5 h and selective deposition of MnO ₂	Porous carbon flakes (PCFs)	Specific surface area = 1087 m ² g ⁻¹ ; specific capacitance = 308 F g ⁻¹ at 1 mV s ⁻¹ and 247 F g ⁻¹ at 1 A g ⁻¹ ; cycle stability = 93.4% over 10,000 cycles	Electrode material for capacitor	(Min et al., 2019)
PS	Template method; carbonization at 700 °C for 1 h and activation with KOH	Hierarchical porous carbon sheets (PCSs)	Specific surface area = 2650 m ² g ⁻¹ ; pore volume = 2.43 cm ³ g ⁻¹ ; specific capacitance = 323 F g ⁻¹ at 0.5 A g ⁻¹ and 222 F g ⁻¹ at 20 A g ⁻¹ ; cycle stability = 92.6% over 10,000 cycles; energy density = 44.1 Wh kg ⁻¹ ; power density of 757.1Wkg ⁻¹	Electrode material for capacitor	(Ma et al., 2019)

Mixed thermoplastics (PE, PP, PS, PVC, PET)	Pyrolysis at 500 °C with MgO	PCSs	Specific surface area = 713 m ² g ⁻¹ ; pore volume = 5.27 cm ³ g ⁻¹	Not specified	(Ma et al., 2018)
PET	Controlled carbonization at 500 °C with ZnCl ₂ /NaCl eutectic salts	Hierarchically porous carbon	Specific surface area = 645.6 m ² g ⁻¹ ; pore volume = 0.606 cm ³ g ⁻¹ ; energy conversion efficiency = 97%	Energy storage and conversion, environmental remediation (metallic ion removal efficiency = 99.9%; dye removal efficiency > 99.9%)	(Zhang et al., 2019)

Waste PSF	Pyrolysis at 530 °C for 5 h, activation with KOH	Activated carbon (AC)	Specific surface area = 2712 m ² g ⁻¹ ; pore volume = 1.2 cm ³ g ⁻¹ ;	Energy storage and conversion, environmental remediation (methylene blue (MB) removal = 1.04 g g ⁻¹)	(de Paula et al., 2018)
Low-density polyethylene (LDPE)	Carbonization at 530 °C for 2 h, doping with metals (Fe, Co, Ni)	Graphitic and magnetic carbon spheres nanocomposites	Magnetism; LDPE-Fe = 6.00 emu g ⁻¹ , LDPE-Co = 12.15 emu g ⁻¹ , LDPE-Ni = 2.58 emu g ⁻¹ ; high degree of graphitization, high conductivity, and high thermal stability	Energy storage and conversion, environmental remediation	(Castelo-Quibén et al., 2019)
Mixed thermoplastics (PE,	Catalytic carbonization at 700 °C organically	Hierarchically modified PCSs	Specific surface area = 2198 m ² g ⁻¹ ; pore volume = 3.026 cm ³ g ⁻¹ ; specific capacitance = 207 F g ⁻¹ (aqueous	Electrode material for capacitor	(Wen et al., 2019)

PP, PS, PVC, PET)	montmorillonite, activation	KOH		electrolytes) and 120 F g ⁻¹ (organic electrolytes) at 0.2 A g ⁻¹		
Mixed wastes	plastic	Not specified	Reductants	Reduction ranged 68.7- 91.24%	Reductants for metal oxides reduction	(Dankwah et al., 2018)
PE-wastes	Carbonization at 1200 °C under N ₂ condition		Transparent conducting film (TCF)/ carbon nanosheet (CNS)	Open-circuit voltage (V _{OC}) = 0.60 V, short-circuit current (J _{SC}) = 6.34 mA cm ⁻² , fill factor (FF) = 52.2%, power conversion efficiency (PCE) = 1.98%	Energy storage and conversion	(Choi et al., 2018)
PVC plastic wrap	KOH-assisted temperature dehalogenation and annealing at 600 °C for 2 h	room	Carbonaceous materials	Specific surface area = 641 m ² g ⁻¹ ; specific capacitance = 399 F g ⁻¹ (KOH electrolytes) and 363 F g ⁻¹ (H ₂ SO ₄ electrolytes) at 0.2 A g ⁻¹	Energy storage and conversion	(Chang et al., 2018)

PET waste	Carbonization at 500 °C AC for 2 h (ZnCl ₂ activated) and 800 °C for 2 h (K ₂ CO ₃ activated)	Specific surface area = 700 m ² g ⁻¹ (ZnCl ₂ activated) and 1400 m ² g ⁻¹ (K ₂ CO ₃ activated)	Environmental remediation (MB et al., removal = 625 mg g ⁻¹ and victoria blue B = 323 mg g ⁻¹)	(De Castro 2018)
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1 5.2 Fuels and chemicals: waste to energy

2 The utilization of plastic waste as feedstock for the production of fuels and chemicals is an
3 evolving technology that might help achieve sustainability in the near future (Miandad et al.,
4 2019; Song et al., 2019a). Thermochemical conversion technologies, such as gasification and
5 pyrolysis, are considered a promising approach for converting plastic waste into bio-oil,
6 biochar, and syngas (Fivga and Dimitriou, 2018; Lopez et al., 2018). The gasification of plastic
7 waste primarily produces a mixture of gaseous fuel comprising H₂, CO, CO₂, CH₄, and N₂
8 (Lopez et al., 2018). In general, gasification offers better flexibility in converting plastic waste
9 or mixed waste with/without other feedstocks to valuable products (Lopez et al., 2018). The
10 main drawback associated with plastic waste gasification is the high tar content in the gaseous
11 products (Pinto et al., 2016).

12 At present, pyrolysis, catalytic steam reforming (Miandad et al., 2019; Omol et al., 2020), and
13 hydrothermal technologies are emerging applications (Nabgan et al., 2017). The pyrolysis-
14 reforming method yields high H₂, generally more than 30 g per 100 g of plastic waste
15 (Barbarias et al., 2016). The gaseous product is free of tar and nullifies the gasification problem
16 (Lopez et al., 2018). The major products of pyrolysis include bio-oil as a heavy auxiliary fuel,
17 and biochar and syngas are value-added co-products, making the overall process cost-effective
18 (Fivga and Dimitriou, 2018). Various catalysts can be applied in the pyrolysis process to
19 enhance the hydrocarbon yield and ensure fuel properties similar to those of fossil fuels (Sun
20 et al., 2018; Zhang et al., 2019). Fuel yields from the catalytic pyrolysis of various plastics vary
21 in the range of 84.5–89.2 wt.% for PE, 93–96 wt.% for PS, and 84 wt.% for PP (Fivga and
22 Dimitriou, 2018).

23 Miandad et al. (2019) applied modified zeolite as a catalyst for converting plastic waste (PS,
24 PE, PP, and PET both individually and in mixed ratios) to liquid fuel at the bench scale. This
25 process yielded 70% higher oil than with PP (54%) and PE (42%), and the product displayed

26 high heating values in the range of 41.7–44.2 MJ kg⁻¹, which is comparable to the petroleum
27 diesel fuel (Miandad et al., 2019). Budsareechai et al. (2019) used low-cost binder-free
28 pelletized bentonite clay as a catalyst for bio-oil production from plastic wastes (PS, PP, low-
29 density polyethylene (LDPE)), and HDPE) by catalytic pyrolysis. The bio-oil thus obtained
30 displayed better engine performance and lower emissions of carbon monoxide (CO) and carbon
31 dioxide (CO₂) than uncatalyzed bio-oil and fossil fuels (Budsareechai et al., 2019). Thahir et
32 al. (2019) utilized PP plastic waste as the feedstock at a pyrolytic temperature range of 500–
33 650 °C in a fixed-bed reactor under vacuum and obtained 88 wt.% mixed oil, 6–67 wt.%
34 gasoline, and 64–83 wt.% diesel oil. Shah et al. (2010) reported the pyrolysis of PE waste and
35 the yields of various end products such as pyrolytic oil (48.6%), pyrogas (40.1%), wax (10.1%),
36 and char (0.6 wt%).

37 Al-Salem et al. (2020) utilized mixed plastic waste collected from a landfill site and
38 demonstrated the production and yields of pyrolysis oil (5.5 wt.%), light wax (23.8 wt.%),
39 heavy wax (69.4 wt.%), and gaseous constituents (1.3 wt.%). Production cost is a crucial factor
40 for the application of thermochemical technology in waste management. A pyrolysis plant with
41 a utilization capacity of 100 kg h⁻¹ plastic waste was designed to study the cost-effectiveness
42 of the technology using Aspen HYSYS software (Fivga and Dimitriou, 2018). At the proposed
43 rate of 1000 kg h⁻¹, the fuel production cost was £0.87 kg⁻¹, which was 58% higher than the
44 current market scenario. However, a large-scale production approach may lower the cost by 2–
45 18.9 times and signify potential cost-effectiveness (Fivga and Dimitriou, 2018). This type of
46 techno-economic analysis needs to be further emphasized in the near future to make plastic
47 waste conversion technology more economically competitive in the market.

48

49 5.3 Construction materials

50 Plastic waste can be utilized as construction materials in various forms, such as lightweight
51 aggregates, asphalt mixtures, fillers, and insulation materials (Awoyera et al., 2019; Hashem
52 et al., 2019; Kamaruddin et al., 2017). Dhawan et al. (2019) recycled non-degradable plastic
53 waste bags as floor and wall tiles. The products exhibited lower flammability and improved
54 tensile strength. Khalid et al. (2018) demonstrated the application of plastic waste to fiber-
55 reinforced concrete beams. The mixing of plastic waste improves the mechanical properties,
56 such as the first crack load and strength of the beams. Owing to the lightweight nature of plastic
57 waste, they can be utilized in the fabrication of lightweight cementitious composites (Hama
58 and Hilal, 2017). In addition, plastic waste can be used to fabricate asphalt mixtures (Awoyera
59 and Adesina, 2020). In particular, the application of LDPE and HDPE plastic waste is suitable
60 for producing asphalt mixtures (Awoyera et al., 2020; Kumi-Larbi et al., 2018). Plastic waste
61 is also used as substitutes for traditional blocks, bricks, and wood walls (Awoyera and Adesina,
62 2020). Recycled plastic waste were incorporated into heat molds and compressed to produce
63 bricks. Nevertheless, construction materials containing plastic waste cannot be used for load-
64 bearing purposes and are more appropriate for constructing partition walls. Kumi-Larbi et al.
65 (2018) prepared sand blocks using plastic waste and displayed strong and durable mechanical
66 properties.

67 Akinwumi et al. (2019) examined the utilization of shredded plastic waste to synthesize
68 stabilized earth blocks. The application of a 1 wt.% shredded plastic waste of sizes smaller than
69 6.3 μm was effective in block production. Aciu et al, (2018) used recycled plastic waste to
70 construct eco-friendly mortars, in which 75 wt.% of PVC waste was used as a partial substitute
71 for sand. The obtained mortar showed properties similar to those of the masonry mortar grade
72 M20. Introducing plastic wastes into concrete as a partial replacement for sand in a fine
73 aggregate mixture can improve the load resistance effect of the material by 39% when using

74 20 wt.% plastic wastes. Plastic waste-containing concrete exhibits high-energy absorption
75 properties (Mustafa et al., 2019).

76

77 5.4 Polymer, waxes, and packaging

78 In 2015, approximately 20 MT of plastic packaging was used in Europe (Plastic Europe, 2016),
79 generating approximately 30 kg of packaging waste per inhabitant per year (Exlaind, n.d.). In
80 2018, the EU adopted a plastic recycling strategy to achieve a circular economy. The main goal
81 of this strategy is to recycle all plastic packaging waste by 2030 (Solis and Silveira, 2020). It
82 is estimated that in 2017, approximately 42% of packaging waste was recycled in the EU, and
83 14%–18% was recycled worldwide (European Commission, 2018; Exlaind, n.d.). Currently,
84 only a small fraction of segregated plastic waste is mechanically recycled, and the synthesis of
85 low-quality recycled polymers is often more expensive than that of virgin plastics (Solis and
86 Silveira, 2020).

87 Labor-intensive segregation is essential before mechanical recycling of plastic waste. This can
88 damage polymers over their lifetimes (Ragaert et al., 2017). According to Förpacknings-och
89 tidningsinsamlingen (FTI, 2019), plastic packaging recycling can be performed up to seven
90 times before the plastic polymers deteriorate and become unusable (Solis and Silveira, 2020).
91 Chemical recycling is considered promising for producing high-quality recycled polymers and
92 supports achieving a circular economy (Solis and Silveira, 2020; Thunman et al., 2019).

93 Recycling PET polymers is cumbersome because of their relatively high inertness, high
94 temperature resistance, and the underdeveloped food contact grade PET recycling technology
95 (Welle, 2011). Recycling and further use of polyolefin packaging polymers require improved
96 cleaning and assessment procedures. Polyolefin packaging polymers show higher diffusion and
97 contaminant sorption rates than PET (Palkopoulou et al., 2016). Therefore, the acceptable
98 limits of contaminants in recycled polymers are lower in polyolefins than in PET. The

99 European Food Safety Authority has implemented and issued 79 scientific statements
100 evaluating over 130 procedures for reusing recycled plastics in food contact materials. Among
101 these, 95% were related to PET recycling, and the remaining 5% discussed the recycling of
102 polyolefins.

103 In addition, the US Food and Drug Administration (FDA) released 206 promising ideas as no-
104 objection letters regarding the use of post-consumer recycled plastics in food containers. Ideas
105 153, 22, and 21 deal with the recycling procedures for PET, PS, and polyolefin, respectively.
106 Six protocols deal with issues and practical barriers associated with PET recycling. Four are
107 related to recycling plastic shopping bags, PS and PP, polycarbonates, and PE-phthalate resins.

108

109 5.5 Adsorbents of contaminants

110 There is a huge demand to use carbon-based materials for adsorbing contaminants, especially
111 those derived from cheap sources such as waste materials and by-products of industries to boost
112 the circular economy (Zhang et al., 2020). Plastic waste is converted to AC through a variety
113 of physical and chemical treatments with numerous applications, including the adsorption of
114 heavy metals, gases, and other harmful environmental contaminants (Adibfar et al., 2014; Al
115 Lafi et al., 2017; Yu et al., 2019) (Table 5). The different adsorption capacities of AC are
116 defined by surface area, pore volume, pore size, and the presence of functional groups on the
117 pore surfaces (Mendoza-Carrasco et al., 2016).

118 An oxygen-enriched porous carbon adsorbent obtained by carbonizing PET waste effectively
119 adsorbed CO_2 (1.31 mmol g^{-1}) at a CO_2 concentration of 12.5% (Kaur et al., 2019). It has also
120 been confirmed that chemically-AC nanoporous materials derived from a suitable precursor
121 PET tend to adsorb N_2 , methane (CH_4), CO_2 , and natural gas (Adibfar et al., 2014; Kaur et al.,
122 2019; Sanal., et al 2017). PET from plastic bottles has been utilized as a carbon precursor to
123 develop new CF_4 adsorbents through carbonization and activation with potassium hydroxide

124 (KOH) (Yuan et al., 2020). CNTs synthesized from PE bottles helped remove diuron pesticides
125 from water (Deokar et al., 2017).

126 Toxic heavy metals, such as Cd(II), Pb(II), and mercury (Hg(II)), are potentially adsorbed from
127 aqueous solutions by PS and PE after chemical treatment via nitration and sulfonation in the
128 former and potassium permanganate (KMnO_4) in the latter (Al Lafi et al., 2017; Bekri-Abbes
129 et al., 2006; Donbebe and Dixon, 2014; Mahmoud et al., 2016). A hydrogel composite
130 synthesized from linear low-density polyethylene-g-poly (acrylic acid)-co-starch/organo-
131 montmorillonite can adsorb Pb(II) (430 mg g^{-1}) from aqueous solutions (Irani et al., 2015).

132 Radiation-induced grafting of polymer-based adsorbents from PP effectively adsorbed copper
133 (Cu^{2+}) from aqueous solutions with a maximum adsorption capacity of 208.3 mg g^{-1} (Hassan
134 et al., 2017). AC prepared from PET after chemical activation with KOH succeeded in
135 adsorbing p-nitrophenol and iron (Fe(III)) with adsorption capacities of 659 and $74 \text{ m}^2 \text{ g}^{-1}$,
136 respectively (Mendoza-Carrasco et al., 2016).

137 Carbonization of mixed waste plastics (PP, PE, and PS) on organically-modified
138 montmorillonite followed by KOH activation resulted in the formation of porous carbon
139 nanosheets (PCNS), which effectively adsorbed methylene blue (MB) with a 95% adsorption
140 capacity (Gong et al., 2015). Radiation-induced grafting formed covalent bonds of polymer
141 chains of polyacrylic acid to polyurethane (PU) foam, resulting in the adsorption of monovalent
142 azo dyes (basic red, BR29) (Goel et al., 2013). Glass fiber-reinforced plastic (GFRP)/clay
143 ceramic, PET converted to graphene, and pyrolyzed PP effectively adsorb MB and acid blue
144 25 (AB25) (El Essawy et al., 2017; Ma et al., 2020a; Yasui et al., 2019).

145 Conversion of PS plastic waste char to carbon-metal double-layer oxide (C/MnCuAl-LDOs)
146 nano-adsorbents with high surface area ($60.43 \text{ m}^2 \text{ g}^{-1}$) adsorbed Congo red (CR) dye with an
147 adsorption capacity of 317.2 mg g^{-1} (Miandad et al., 2019). The preparation of porous
148 superhydrophobic foams from PS using a high internal phase Pickering emulsion (HIPPE) for

149 oil spill cleanup exhibited sufficient adsorption capacity (20.4–58.1 g g⁻¹) and was easy to
150 prepare and recycle (Yu et al., 2019). Furthermore, porous granules modified with cross-linked
151 polyethylenimine (PEI) also adsorbed humic acid (Wang et al., 2008).

152 The various mechanisms involved in the adsorption of hydrophobic organic pollutants and
153 metals to plastics include hydrophobic interactions, hydrogen bonds, electrostatic interactions,
154 π - π -, van der Waals interactions, the formation of various surface functional groups, and the
155 attrition and adsorption-precipitation of different charged minerals and organic matter (Holmes
156 et al., 2014; Hüffer and Hofmann, 2016; Xu et al., 2018). In contrast, in the adsorption of
157 hydrophilic organic compounds, such as PFASs, the dominant interaction is partitioning rather
158 than hydrophobicity (Wang et al., 2015). Surface morphology, particle size, functional groups,
159 and pH play essential roles in the adsorption capacity of plastics (Kedzierski et al., 2018; Li et
160 al., 2018; Llorca et al., 2018). Factors such as temperature, particle size, and reaction time that
161 affect the surface tension and solubility can also significantly affect adsorption capacity (Zhan
162 et al., 2016). The adsorption behavior of plastics remains ambiguous because of the use of
163 virgin plastics in experimental studies that do not represent the actual adsorption mechanism
164 in real MPs found in nature (Ateia et al., 2020).

165

166 **Table 5.** Summary of selected literature showing the removal of contaminants (organic and inorganic) using plastic-derived products

Plastic polymer	Modification process	Product name and characteristics	Contaminant name, removal capacity, and mechanisms	Reference
PET	Physical activation with steam and chemical activation with KOH	Activated carbon; BET surface area = 1235 m ² /g with steam and 1002 m ² /g with KOH; pore volumes 0.24–0.27 cm ³ g ⁻¹	<i>p</i> -nitrophenol and/or Fe(III); adsorption capacity: PNP = 659 mg g ⁻¹ and Fe(III) = 74 mg g ⁻¹ ; electrostatic and π - π interactions; pseudo-first and pseudo-second order kinetic models	(Mendoza-Carrasco et al., 2016)
PS	High internal phase Pickering emulsion (HIPPE)	SiO ₂ @PS foam; density = 0.036–0.182 g cm ⁻³ ; porosity = 83.6–96.9%	Oil spill; adsorption capacity = 20.4–58.1 g g ⁻¹ ; capillary force and van der Waals forces; n.d.	(Yu et al., 2019)
PE	Chemical activation of PE by KMnO ₄	PE/MnO ₂ complex; n.d.	Pb ²⁺ ; adsorption capacity = 50.5 mg/g; intra-particle diffusion	(Al Lafi et al., 2017)

			and film diffusion; Langmuir and Freundlich model
LDPE	Combining acrylic acid, starch, organo-montmorillonite, and LDPE	Linear low-density polyethylene-g-poly (acrylic acid)-co-starch/organo-montmorillonite hydrogel composite (LLDPE-g-PAA-co-starch/OMMT)	Pb(II); removal capacity = 430 mg/g; interactions between the OH groups of clay (OMMT) and the functional groups (OH, COOH and -COO-) of LLDPE-g-PAA-co-starch; Freundlich and Langmuir model (Irani et al., 2015)
PVC	Unmodified	n.d.	Pb ²⁺ ; adsorption capacity = 1.0 mol g ⁻¹ ; electrostatic attraction; Freundlich model; and Dixon, 2014)
PP	Pyrolysis of PP along with SS (information not provided about SS)	Activated carbon; BET surface area = 1916.1 m ² g ⁻¹ ; total pore volume = 1.12 cm ³ g ⁻¹ ; Iodine number = 1185–1460 mg g ⁻¹	Methylene blue (MB); adsorption capacity = 476.88 mg/g; Freundlich, Langmuir, Redlich–Peterson, and Dubinin–

			Radushkevich, pseudo-I and II-order
PET	Carbonization and chemical activation by KOH	PET-K (2)700; BET surface area = 459–736 m ² g ⁻¹ ; total pore volume = 0.295 cm ³ /g; micropore volume = 0.267 cm ³ g ⁻¹	CF ₄ ; adsorption capacity = 2.43 mmol g ⁻¹ ; Physisorption and intra-particle diffusion; Langmuir isotherm model and pseudo-second-order kinetic model (Yuan et al., 2020)
PET	2 g of raw PET waste heated to 800°C in an electric furnace at a rate of 8°C min ⁻¹ to form graphene	Graphene; BET surface area = 721.7 m ² g ⁻¹	Methylene blue (MB) and acid blue 25 (AB25); Adsorption capacity: MB = 481 mg g ⁻¹ and AB25 = 460 mg g ⁻¹ ; Pseudo-second-order model and Langmuir and Freundlich isotherm models (El Essawy et al., 2017)

Polyamide (PA)	Glass fiber-reinforced plastic (GFRP)/clay ceramics, was produced by mixing crushed GFRP with clay and firing the resulting mixture at 1073K	GFRP/clay ceramics; Apparent porosity = 38.2–66.2%, specific surface area = 2.83–14.9 m ² g ⁻¹ , carbon content = 0.24–1.12%;	MB; reduction rate of MB > 80%; n.d.	(Yasui et al., 2019)
PS	Co-precipitation. Pyrolysis of PS followed by chemical activation (nitration and sulfonation) and immersion in solution MnSO ₄ .4H ₂ O, 0.078 g CuSO ₄ 5H ₂ O and 2.6 g Al(NO ₃).9H ₂ O	Carbon-metal double layered oxides (C/MnCuAl-LDOs); BET surface area = 60.43 m ² g ⁻¹ ; pore volume = 0.0027 cm ³ /g; pore size = 99.85 Å	Congo red; adsorption capacity = 317.2 mg g ⁻¹ ; hydrogen bonding and hydrophobic, electrostatic interactions; Langmuir and Freundlich model	(Miandad et al., 2018)
PU	Covalently linked polymer chains of poly(acrylic acid) to PU foam using ⁶⁰ Co-gamma radiation	Poly (acrylic acid) grafted polyurethane (PAA-g-PU)	Monovalent azo dye (basic red, BR29); Uptake capacity = 220mg/g	(Goel et al., 2013)
PS	Sulfonation by 96% H ₂ SO ₄ . Sulfonated resin; under moderate agitation at 60 °C for 1.5 h and a dimension of particles of (0.5–1 mm ²).	Sulfonated resin; Cation-exchange capacity = 0.8 meq 100g ⁻¹ of clay	Pb(II) and Cd(II); Sorption capacity of Pb = 0.29 mmol g ⁻¹ and Cd = 0.6 mmol g ⁻¹ ; removal	(Bekri-Abbes et al., 2006)

			percentage = > 70%; Diffusion and exchange reaction; Langmuir and Freundlich models
PP, PE, and PS	Carbonization of PP, PE, and PS with organically-modified montmorillonite (OMMT) formed carbon nanosheets (CNS). Chemically activated (KOH) CNS at 850 °C for 1.5 h under Ar atmosphere formed porous carbon nanosheets (PCNS)	PCNS; BET surface area = 2315 m ² g ⁻¹ ; pore volume = 3.319 cm ³ g ⁻¹ ; purity = > 99.6%	Methylene blue; Adsorption capacity = 769.2 mg g ⁻¹ ; Pore filling, hydrogen bonding, and π - π and electrostatic interactions; linear regression equation (Gong et al., 2015)
Styrofoam (PS)	Nitration and sulfonation with nitric and sulfuric acid	Nitrated Styrofoam (Nit-Sfm) and sulfonated Styrofoam (Sulf-Sfm); CEC of Nit-Sfm = 8.2 and CEC of Sulf-Sfm = 10.6 mmol g ⁻¹	Cd(II), Pb(II), and Hg(II); Removal capacity Hg(II) = 1950–2450, Pb (II) = 750–1100 and Cd (II) = 450–600 μ m g ⁻¹ ; Ion-pair interaction and cation-exchange mechanism (Mahmoud et al., 2016)

PP	Bulk grafting of acrylonitrile (AN) onto PP waste using gamma radiation forming PPw-g-AN. Reflux with hydroxylamine hydrochloride changing cyano groups to amidoxime groups.	Amidoximated adsorbent; n.d.	Cu ⁺² ; adsorption capacity = 208.8mg g ⁻¹ ; chemisorption; pseudo-first-order and pseudo-second-order, Langmuir, and Freundlich models (Hassan et al., 2017)
PS	Prepared via a dissolution/precipitation and etching/oxidation method; surface modification with cross-linked polyethylenimine (PEI).	Porous PS granules; Size = 1.3–2.4 mm	Humic acid; adsorption capacity = 4.5 mg g ⁻¹ ; diffusion; Freundlich isotherm (Wang et al., 2008)
PET	Chemical activation of carbon treated with KOH and ZnCl ₂	Activated carbon; surface area = 682–1338 m ² g ⁻¹ ; total pore volume = 0.47–0.79 mL g ⁻¹ ; micropore volume = 0.34–0.61 mL g ⁻¹ ; mesopore volume = 0.71–0.81 mL g ⁻¹ ; Iodine number = 821–984 mg I ₂ /g C	N ₂ , CH ₄ , and CO ₂ , highest yield percentage = 31%; Freundlich and Langmuir models (Adibfar et al., 2014)

PET	Carbonization at 500–800 °C and treatment with KOH	O-enriched porous carbon; BET surface area = 1690 m ² g ⁻¹ ; micropore volume = 0.78 cm ³ g ⁻¹	CO ₂ , 1.31 mmol g ⁻¹ at 30 °C; (Kaur et al., 2019) Physical adsorption; Langmuir, Temkin, and Freundlich models
PE	Synthesis of carbon nanotubes using Ni/Mo/MgO catalyst by combustion in a muffle furnace at 800 °C for 10 min.	Carbon nanotube (CNT); BET Surface area = 217 m ² g ⁻¹ , mesopore volume = 0.358 cm ³ g ⁻¹ , and micropore volume = 0.064 cm ³ g ⁻¹	Diuron, 40.37 mg g ⁻¹ at 303 K (Deokar et al., 2017) and bulk diffusion, film diffusion, intra-particle diffusion, and adsorption. Pseudo-second-order model

167

168

169 5.6 Biotechnological upcycling

170 The persistence of plastics in the environment owing to the absence or low activity of catabolic
171 enzymes has caused havoc in marine and terrestrial life (Chae and An, 2018; Thiel et al., 2018).
172 At the same time, to meet its carbon demand, the chemical industry depletes crude oil and
173 fossil fuel resources to produce 90% of its products. Addressing these challenges demands a
174 transition from conventional to non-conventional carbon and energy sources, where plastics
175 provide significant scope and input to the circular economy. Non-conventional raw materials
176 such as plastics have high theoretical values of Cmol (mole of carbon) metabolite per Cmol
177 raw material, and their mixtures show even more pronounced results (Blank et al., 2020; Liu
178 et al., 2020).

179 Because of the single-use of plastics and the inefficiency of recycling methods, 3.5 billion tons
180 of carbon in 80% of plastics produced globally remains unused (Geyer et al., 2017).
181 Exceptionally high-performance fiber-reinforced plastic derived from the combination of
182 deconstructed PET (reclaimed PET) with renewable and available monomers provides the
183 option of upcycling PETs, which are the largest produced polyesters (Rorrer et al., 2019).
184 Similarly, the pyrolysis products of PS, PET, and PE act as selective feedstocks for the bacterial
185 production of biodegradable polyhydroxyalkanoate (PHA) (Goff et al., 2007; Guzik et al.,
186 2014; Kenny et al., 2012). For instance, the conversion of PS to PHA using styrene oil, an
187 intermediate pyrolysis product, can be achieved by *Pseudomonas putida* CA-3 (Ward et al.,
188 2006). Therefore, coupling thermochemical degradation with biological upcycling processes
189 presents a method of utilizing carbon sources in plastic wastes for a sustainable circular
190 economy (Wierckx et al., 2019).

191 Enzyme-mediated hydrolysis of plastics plays an important role in biodegradation, depending
192 on the chemical bonds present in the polymer. Microbial enzymes such as laccases, manganese
193 peroxidase, lignin peroxidase, hydroquinone peroxidase, urease, esterase, protease,

194 carboxylesterase, lipase, and cutinase modify or even completely degrade PE, PS, PUR, and
195 PET (Wei and Zimmermann, 2017). Mixed microbial cultures have shown more promising
196 results than monocultures for degrading PS and PE (Mukherjee et al., 2016). Aromatic plastics,
197 such as PET or polybutylene terephthalate (PBT), have relatively excellent properties but are
198 more resistant to microbial degradation (Müller et al., 2001). Several putative xenobiotic
199 biodegrading genes, including homogentisate 1,2-dioxygenase, N-ethylmaleimide reductase,
200 cytochrome P450, and 2,4-dichlorophenol 6-monooxygenase, are abundant in plastic-attached
201 microbes in the North Pacific Gyre, and are likely involved in plastic degradation (Bryant et
202 al., 2016).

203 A novel bacterium, *Ideonella sakaiensis* 201-F6, was found to hydrolyze PET into
204 environmentally safe monomers, terephthalic acid and ethylene glycol, using two enzymes,
205 PETase and MHETase (Yoshida et al., 2016). The limited capacity of this bacteria to degrade
206 PET owing to the requirement of high incubation temperatures for enzymatic hydrolysis can
207 be overcome by rational protein engineering (Song et al., 2019b). Advanced understanding of
208 microbial metabolic pathways and genome editing techniques, such as clustered regularly
209 interspaced short palindromic repeats (CRISPR)-associated protein Cas9 systems, can help
210 overcome major challenges related to biotechnological upcycling of plastic wastes (Blank et
211 al., 2020).

212

213 **6. Socioeconomic considerations**

214 Economically sound, socially acceptable, and environmentally sustainable plastic waste
215 management and recovery are key challenges to achieving the UN SDGs by 2030 (Fig. 3). The
216 major constraints on plastic waste management and recycling are (i) lack of legislation on
217 plastic collection and recycling, (ii) adverse effects of plastics at societal levels, (iii) lack of
218 environmentally suitable design of plastic dumping, (iv) high input and labor costs, (v) burden

219 from importing plastic waste to low-infrastructure countries, (vi) demand for quality recycled
220 materials, and (vii) requirement of technology upgradation for quality control (Mwanza and
221 Mbohwa, 2017).

222 Life cycle assessment is a suitable technique for investigating environmentally sustainable
223 waste management solutions (Aryan et al., 2019; Goulart Coelho and Lange, 2018). Studies on
224 the recycling of two types of plastic wastes, namely, PET and PE in the city of Dhanbad, India,
225 showed that the replacement of virgin PET and PE flakes by recycled PET and PE flakes and
226 the reduced emissions during the recycling process of these two plastic wastes resulted in a low
227 impact on the environment (Aryan et al., 2019). This indicates a potential policy plan for
228 improved management of plastic waste. In addition, mechanical separation of plastics from a
229 mixed fraction of waste prior to incineration yielded the maximum amount of specific polymers
230 for recycling, suggesting the most impactful scenario for environmentally sound management
231 of plastic waste (Rigamonti et al., 2014).

232 Although there are socio-environmental benefits of plastic reuse, global dependence on single-
233 use consumer products has led to environmental risks because of the accumulation of large
234 quantities of plastics in the oceans and rivers. Jambeck et al. (2015) estimated that without
235 effective intervention, the ocean plastic mass will likely exceed fish mass by 2050. Therefore,
236 significant changes in socially acceptable policy prescriptions must be designed by
237 policymakers to reduce plastic consumption and production, which is affected by the
238 perception of stakeholders (McNicholas and Cotton, 2019). The study suggested that public
239 awareness and education, more clearly defined waste responsibilities, and changes in the
240 consumer behavior environment must be considered when formulating government policies.

241 To ensure economically sound plastic waste management practices, it is necessary to focus on
242 recycling used plastic materials through innovative recycling technologies and green
243 infrastructure to expanding the investment in recycling (Jang et al., 2020). The available plastic

244 waste management options are source reduction, reuse, and recycling, as well as energy
245 recovery from waste-to-energy (incineration) and fuel production. Currently, instead of
246 disposal, attention is focused on converting waste into value-added products such as liquid
247 fuels, biodegradable polymers, and low-investment green polymers. However, the potential of
248 green polymers to replace non-biodegradable plastics is very limited (Banu et al., 2020; Panda
249 et al., 2010). Integrating the present system with the production of petrochemical products,
250 such as oil and gasoline, by thermochemical treatments (catalyst-mediated pyrolysis and
251 hydrocracking), improves the economic condition of waste management systems. This will
252 secure large amounts of non-renewable resources (coal, petroleum, gas), reduce greenhouse
253 gas emissions into the environment, bring high-quality products to the market rather than low-
254 quality materials, and reduce dumping of waste for landfills (Mastellone, 2020). However,
255 when developing a policy for sustainable plastic waste management, the following issues need
256 to be addressed:

- 257 (1) Enforcement of robust legislation on plastic reuse and recycling,
- 258 (2) Additional investment in plastic waste recycling industries,
- 259 (3) Focus on generating value-added products through a waste-to-wealth program,
- 260 (4) Establishing environmentally suitable structures for plastic dumping,
- 261 (5) Raising public awareness through education, conversation, social campaigns on plastic
262 use, and proper waste disposal (e.g., red containers for non-degradable waste; green containers
263 for degradable waste) to separate non-degradable and biodegradable plastics at the municipal
264 or community levels, and
- 265 (6) Producing high-quality materials through recycling and using more biodegradable
266 products (from cloth, leaves, and jute) as a replacement for plastics.

267



268

269

270 **Fig. 3.** Schematic diagram showing the achievement of the Sustainable Development Goals by
 271 managing plastic wastes in the environment.

272

273 **7. Conclusions and future research**

274 The accumulation of MNPs in the environment owing to plastic waste mismanagement has
 275 become an undeniable problem worldwide. This may result in tremendous adverse effects on
 276 environmental sustainability and human health. MNP pollution can be tackled through various
 277 means, such as reducing plastic manufacturing and consumption, including plastics in the
 278 circular economy, and appropriate waste management. Biodegradable plastics are considered
 279 a suitable alternative to reduce plastic consumption. However, biodegradability can vary
 280 depending on the conditions. Recycling, reuse, and valorization of waste plastics have attracted
 281 significant attention. New approaches such as conversion of waste to fuels, chemicals, value-
 282 added carbon materials (adsorbents and solid catalysts), and road building and construction

283 materials are promising techniques for plastic waste valorization. However, they are still
284 limited by technological advancements for large-scale industrial applications.
285 Moreover, not all plastic products are suitable for recycling. Therefore, further studies are
286 required to develop cost-effective alternatives for plastics and environmentally friendly and
287 economically sound plastic waste valorization methods. In addition, the hazards and fate of
288 primary MNPs need to be evaluated, and appropriate standards need to be implemented for
289 environmentally safe limits. Although some countries have implemented legislation to reduce
290 plastic consumption and enhance the reuse of plastics, advocating these approaches for all types
291 of plastics is challenging. Moreover, the ability to formulate these policies depends on
292 geographic region and socioeconomic status. Therefore, stringent environmental regulations
293 and the development of appropriate infrastructure and economically sound, environmentally
294 sustainable, and socially acceptable plastic waste management strategies are critical to reduce
295 the threat of MNPs in the environment.

296

297 **Declaration of Conflicts of Interest**

298 The authors declare that they have no known competing financial interests or personal
299 relationships that could appear to influence the work reported in this manuscript.

300

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