

## Sensors and Actuators: B. Chemical

# Dopamine/mucin-1 functionalized electro-active carbon nanotubes as a probe for direct competitive electrochemical immunosensing of breast cancer biomarker --Manuscript Draft--

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<b>Order of Authors:</b>	Sidra Rashid, MS Mian H Nawaz, PhD Ihtesham U Rehman, PhD Jean L Marty, PhD Akhtar Hayat, Ph.D.,
<b>Abstract:</b>	Mucin-1 (MUC-1) is associated with a broad range of human epithelia including gastric, lung and colorectal. In this work, a direct competitive electrochemical immunosensor based on gelatin modified transduction platform was designed. Dopamine (DA)/mucin-1 functionalized electro-active carbon nanotubes were employed as signal generating probes in the construction of electrochemical immunosensor for early stage diagnosis of breast cancer. The gelatin modified electrode served as a support to immobilize antibody (anti-MUC-1), while electrochemical response of functionalized electro-active carbon nano probes was used for quantitative measurement of MUC-1. Cyclic Voltammetry (CV) and Electrochemical Impedance Spectroscopy (EIS) were carried out to characterize the transduction surface at different fabrication steps. The developed immunosensor permitted the detection of MUC-1 in the linear range of 0.05-940 U/mL, with a detection limit (LOD) of 0.01 U/mL. The immunosensor showed recovery values in the range of 96-96.67% for human serum sample analysis, demonstrating its practical applicability.
<b>Response to Reviewers:</b>	Response to the comments Editor s' comments: We would like to thank editor for his valuable input and feedback to improve our manuscript. The entire manuscript was very carefully corrected for language and grammatical errors by the English speaker and one of the coauthors, Prof Ihtesham ur Rehman (Bioengineering, Engineering Department, Lancaster University, Lancaster, UK). He is also serving as editor for following journals; Editor for Europe: Applied Spectroscopy Reviews; International Journal of Molecular Sciences; "Recent Advances in Dental Materials and Biomaterials". Grammatical Mistakes No. CommentsResponsePage no.Line no. 1(line 83) The authors defined the abbreviation as "Gelatin (GL)". In other parts of the text, the abbreviation is not used. The abbreviation is not necessary.The Abbreviation is deleted from the entire manuscript. 2(line 90) What is the "antigen a"?The typo error was corrected; "antigen a" was replaced by "antigen" 3Is the company name "HB Tokyo Japan" correct? "HB" may be the hardness of the lead of the pencil.The correction was made; The pencil graphite electrodes (PGE, 0.5 mm lead diameter) were purchased from Staedtler Mars GmbH & Co. KG, Germany.05132-133 4It says "in tail-on called tail down orientation.[24]". What do you mean?The information was included in the revised manuscript

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0122

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December 12 2020

Dear Editor

We should like to submit our revised manuscript entitled: “Dopamine/mucin-1 functionalized electro-active carbon nanotubes as a probe for direct competitive electrochemical immunosensing of breast cancer biomarker”

We would like to thank editor for his valuable input and feedback to improve our manuscript. The entire manuscript was very carefully corrected for language and grammatical errors by the English speaker and one of the coauthors, Prof Ihtesham ur Rehman (Bioengineering, Engineering Department, Lancaster University, Lancaster, UK). He is also serving as editor for following journals; Editor for Europe: Applied Spectroscopy Reviews; International Journal of Molecular Sciences; “Recent Advances in Dental Materials and Biomaterials”.

The changes are highlighted in red in the revised manuscript for your consideration. We hope that the current version of the manuscript fulfills the quality criteria for publication in this esteemed journal.

With best regards

Dr Akhtar Hayat (PhD)  
Associate professor  
IRCBM, CUI Lahore  
Pakistan

## Response to the comments

### Editor s' comments:

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25	Other than these, there are nouns without appropriate articles.	The entire manuscript was carefully revised for such nouns errors		

## Highlights

1. Detection of MUC-1 is critical but difficult due to its trace amount in the serum of early cancer patients.
2. Dopamine can provide an amplified signal because of its electron donating capability.
3. Gelatin consists of large number of carboxylic/ amine groups that can provide a specific immobilization support to antibodies or antigens.
4. DA/MUC-1/fMWCNT nanoprobe provided an amplified current signal which was high enough to carry out the competition step with improved sensitivity.

# Dopamine/mucin-1 functionalized electro-active carbon nanotubes as a probe for direct competitive electrochemical immunosensing of breast cancer biomarker

Sidra Rashid<sup>1</sup>, Mian Hasnain Nawaz<sup>1</sup>, Ihtesham ur Rehman<sup>2</sup>, Akhtar Hayat<sup>1\*</sup>, Jean Loius Marty<sup>3\*</sup>.

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## Abstract

Mucin-1 (MUC-1) is associated with a broad range of human epithelia including gastric, lung and colorectal. In this work, a direct competitive electrochemical immunosensor based on gelatin modified transduction platform was designed. Dopamine (DA)/mucin-1 functionalized electro-active carbon nanotubes were employed as signal generating probes in the construction of electrochemical immunosensor for early stage diagnosis of breast cancer. The gelatin modified electrode served as a support to immobilize antibody (anti-MUC-1), while electrochemical response of functionalized electro-active carbon nano probes was used for quantitative measurement of MUC-1. Cyclic Voltammetry (CV) and Electrochemical Impedance Spectroscopy (EIS) were carried out to characterize the transduction surface at different fabrication steps. The developed immunosensor permitted the detection of MUC-1 in the linear range of 0.05-940 U/mL, with a detection limit (LOD) of 0.01 U/mL. The immunosensor showed recovery values in the range of 96-96.67% for human serum sample analysis, demonstrating its practical applicability.

**Key words:** MWCNTs, Mucin, Gelatin, Dopamine, Electrochemical Immunosensor, Direct immobilization, Competitive assay.

## 32 **1 Introduction**

33 Breast cancer is one of the most common causes of women mortality. The mortality rate can  
34 be reduced to a significant level with the early stage diagnosis of breast cancer biomarkers  
35 [1]. However, the trace level of biomarkers in the serum of early cancer patients is one of the  
36 limiting factors towards diagnosis [2]. In this context, increasing demand for the detection of  
37 ultralow amount of cancer biomarkers has resulted in the exploration of different signal  
38 amplification strategies towards fabrication of ultrasensitive electrochemical immunoassays  
39 [3]. Several traditional techniques including radioimmunoassay, enzyme-linked  
40 immunosorbent assay (ELISA), electrophoretic immunoassay, fluorescence immunoassay,  
41 immune-polymerase chain reaction (PCR) and mass spectrometric immunoassay have been  
42 used for this purpose. However, they undergo operational limitations and hence, it is highly  
43 desirable to develop ultrasensitive, simple and easily automated device for early diagnosis of  
44 cancer biomarkers [4]. Electrochemical immunosensors with inherent advantages of cost  
45 effectiveness, higher sensitivity and lower power requirement have been applied for clinical  
46 diagnosis [5].

47 In such ultrasensitive immunosensors, nanomaterials can either be used directly as an electro-  
48 active label or as a substrate material to immobilize the electro-active labels [6]. Among the  
49 wide range of nanomaterials, multi-walled carbon nanotubes (MWCNTs) have been  
50 considered as a very promising material to enhance electron transfer rate on the transducer  
51 surface. Owing to their intrinsic electrical and electrochemical properties, MWCNTs are  
52 highly suitable for their integration into sensing strategies [7]. However, the presence of  
53 strong Van der Waals interactions among MWCNTs results their aggregation which limits  
54 their applications [8]. In this direction, the introduction of highly active functional groups via  
55 covalent modification of MWCNTs could enhance the electrochemical features of MWCNTs.  
56 For instance, the introduction of carboxylic groups on MWCNTs could covalently bond the  
57 amine residues of biological receptor elements [9]. Such biomolecule coated nanomaterials  
58 have been applied for the recognition of analytes. Consequently, electrostatically and  
59 covalently coupled carbon nanotubes not only stabilize the biomolecules but also offer  
60 distinct advantages including higher binding capacity, improved stability and reduced cost  
61 per assay [10, 11]. Currently, MWCNTs coated with both, biological recognition elements  
62 and electro-active labels have been investigated simultaneously, for molecular recognition  
63 and signal amplification [12].

64 DA is an important member of the catechol family, which is hydrophilic in nature and  
65 considered as an electron donor with variable redox properties [13]. DA and its derivatives  
66 have been reported to design signal amplification probes for construction of electrochemical  
67 biosensors [14]. Furthermore, the functional groups of DA including amine, imine, quinone  
68 and catechol enable DA to bind with a broad range of biomolecules [15]. In this regard, we  
69 have developed a DA coated MUC-1 conjugated MWCNTs nanoprobe. The MUC-1 was  
70 linked through amide bond formation with MWCNTs, while with DA using its amine and  
71 carboxylic groups respectively. This nanoprobe was subsequently integrated with carbon  
72 interface of working electrode to construct a direct competitive electrochemical  
73 immunosensor.

74 On the other hand, despite the advantages of nano-amplification technologies in  
75 electrochemical immunosensor, the unmodified electrodes are prone to major drawbacks of  
76 poor sensitivity, higher oxidation potential and fouling of the electrode response [16]. To  
77 overcome these problems, modification of the electrode surface with appropriate materials is  
78 of critical importance. Besides providing specific immobilization support for recognition  
79 elements, natural polymers have the ability to overcome the disadvantages of biological  
80 damages and toxicity imposed by non-biological transducing materials [17]. In this direction,  
81 it is highly desirable to fabricate a transducer surface with increased number of binding sites  
82 to improve the analytical merits of the biosensor. Amino acids modified transducer platforms  
83 provide a high surface area and abundant functional groups, which subsequently improve  
84 their stability and sensitivity. Gelatin is a linear polypeptide with large number of  
85 amine/carboxylic functional groups which provide a specific immobilization support for  
86 bioreceptors to design electrochemical biosensors [18]. The electro-oxidation of gelatin can  
87 render free amine groups on the transducer surface for interaction with carboxylic groups of  
88 Fc region of antibody [19]. Thus, it provides an efficient platform for the effective  
89 immobilization of the antibody [20]. Antibody immobilization on the electrode is considered  
90 to determine the surface charge of the transducer surface. This surface charge undergoes  
91 alteration upon immunoreaction with the given antigen [21]. Moreover, direct immobilization  
92 of biorecognition elements via covalent modification is known to improve the sensitivity of  
93 electrochemical immunosensors for various applications [22]. Direct assays involving  
94 antibody immobilization on modified electrode offer the advantages of sensitivity and  
95 stability over the indirect strategies. In addition, the immobilization of antibody on modified  
96 electrode can recognise even the low level of analyte for diagnostic purpose [23].

97 Keeping in view the above objectives, a direct electrochemical immunosensor based on DA  
98 coated MUC-1 conjugated functionalized multi walled carbon nanotubes (DA/MUC-  
99 1/fMWCNTs) was fabricated for the competitive detection of MUC-1. MWCNTs were used  
100 to provide large surface area, while DA was employed to attain better sensitivity towards the  
101 target analyte. This fabrication approach resulted in a highly sensitive and selective  
102 transduction platform for the analysis of MUC-1 biomarker. The designed strategy was  
103 demonstrated for the analysis of breast cancer biomarker, however, it can be very easily  
104 extended to other biomarkers for diverse applications.

## 105 **2 Experimental Details**

### 106 **2.1 Materials**

107 Potassium ferrocyanide ( $K_4[Fe(CN)_6]$ ), Sulfuric acid ( $H_2SO_4$ , 98%), potassium ferricyanide  
108 ( $K_3[Fe(CN)_6]$ ), bovine serum albumin (BSA), fetal bovine serum (FBS), human serum and  
109 Prestige Antibodies (NS1) were purchased from Sigma (Taufkirchen, Germany). Cancer  
110 antigen mucin (25 kU) was purchased from Lee bio (Maryland Heights, MO, USA).  
111 Lysozyme was purchased from Carbosynth (Berkshire, UK), while N-(3-  
112 dimethylaminopropyl)-N-ethyl-carbodiimide hydrochloride (EDC) and N-hydroxy  
113 succinimide (NHS) were from Alfa Aesar (Heysham, UK). MWCNTs ( $D \times L$  4–5 nm  $\times$  0.5–  
114 1.5  $\mu$ m) were purchased from Sigma-Aldrich, France.

### 115 **2.2 Apparatus**

116 Different spectroscopic techniques were employed to characterize the nanoprobe and  
117 immunosensor fabrication steps. Fourier transform infrared (FTIR) measurements were  
118 performed by using a Thermo Nicolet 6700<sup>TM</sup> spectrometer (Waltham, MA, USA). Scanning  
119 electron microscopy (SEM) studies were performed by using a VEGA-3-TESCAN (Brno,  
120 Czech Republic) with variable pressure mode (LMU). Images were taken in different  
121 magnification ranges at an accelerated voltage of 20 kV. UV–Visible (UV–Vis)  
122 measurements were performed with a UV-spectrophotometer (UV-1800, USA) that was  
123 equipped with UV probe software to measure the absorption parameters. XRD spectra were  
124 obtained from a Rigaku D/Max 2500 XRD (Rigaku Corp Japan), equipped with graphitic  
125 mono-chromator (40 kV, 40 mA). A nickel filtered Cu-K $\alpha$  radiation source ( $\lambda = 1.5418 \text{ \AA}$ )  
126 was used during the sample analysis. To inspect the surface topography, atomic force  
127 microscopy (AFM) was performed at AFM PARK XE-7 Systems (Suwon Korea) in non-  
128 contact mode.

129 For electrochemical measurements, AMEL 2553, potentiostat/galvanostat equipped with  
130 ZPulse software was used. A conventional three electrode system with Ag/AgCl as reference  
131 electrode, a pencil graphite electrode as working electrode and platinum wire as counter  
132 electrode was employed. The pencil graphite electrodes (PGE, 0.5 mm lead diameter) were  
133 purchased from Staedtler Mars GmbH & Co. KG, Germany. An electrode length  
134 measuring 1cm was immersed in a solution per measurement to maintain the uniform surface  
135 area for all the electrochemical experiments. EIS experiments were carried out using  
136  $[\text{Fe}(\text{CN})_6]^{4-/3-}$  as a redox probe under an applied potential of 0.1 V (vs. Ag/AgCl reference  
137 electrode). The frequency range was between 100 kHz–0.2 Hz, with an AC amplitude and  
138 sampling rate of 10 mV and 10 points respectively. The EIS spectra were plotted in the form  
139 of complex plane diagrams (Nyquist plots,  $-Z_{\text{im}}$  vs.  $Z_{\text{re}}$ ) and fitted to a theoretical curve  
140 corresponding to the equivalent circuit with a frequency response analyzer software (FRA).

### 141 **2.3 Preparation of nanoprobe**

142 To obtain the carboxy functionalized MWCNTs, a homogenous solution of MWCNTs was  
143 prepared (2 mg/mL) in distilled H<sub>2</sub>O under ultrasonication for 2 hours. Subsequently, chloro-  
144 acetic acid (1 g/mL) and NaOH (1.5 g/mL) were added to the reaction suspension. After  
145 sonication, supernatant was removed and remaining solution was allowed to dry. Then,  
146 fMWCNTs were treated with 100 mM EDC-NHS solution containing MUC-1 protein for 45  
147 min. For MUC-1 conjugation, 200  $\mu\text{L}$  of MUC-1 protein (1/100 dilution from stock solution)  
148 was mixed with the solution of NHS (25 mM) and EDC (100 mM) in the Phosphate Buffer  
149 Saline (PBS, pH - 7.4) for 45 min. Subsequently, the supernatant was removed via centrifuge  
150 at 12000 rpm to obtain the MUC-1 conjugated fMWCNTs. MWCNTs provided a large  
151 surface area for the attachment of MUC-1 protein to make a stable and promising  
152 immunosensing platform. Afterwards, DA (1 mg/mL) was added in the reaction mixture  
153 under vigorous stirring for 20 min. The mixture was allowed to settle down. Excessive water  
154 was removed and left over was directly used for immunosensor fabrication.

### 155 **2.4 Fabrication of competitive electrochemical immunosensor**

156 Prior to gelatin grafting, the PGE was electrochemically cleaned in 0.5 M H<sub>2</sub>SO<sub>4</sub> to  
157 reduce/oxidize impurities by successive cyclic voltammetric scans within the potential range  
158 from -1.5 to 1.5 V. For electro oxidation of gelatin, the solution of gelatin (2.5 mg/mL) was  
159 prepared in acetate buffer (pH=5) at room temperature. Two  
160 consecutive cyclic voltammetric scans were run at a scan rate of 0.5 V/s in the potential range  
161 from -1.2 to 0.4 V for the electro oxidation of gelatin on PGE surface. The modified electrode

162 was incubated in 25  $\mu$ L of MUC-1 antibody solution (0.25 U/mL). The crosslinkers (EDC  
163 and NHS) were used to activate the carboxylic groups of gelatin on the electrode surface. The  
164 Electrode was then washed with PBS solution to remove the excess of unbound antibody. To  
165 block the residual carboxylic sites, diethanolamine was incubated on the electrode surface for  
166 a time period of 45 min. For MUC-1 detection, 25  $\mu$ L of nanoprobe was incubated on the  
167 modified electrode surface for 45 min. For the selectivity experiments of the fabricated  
168 immunosensor, various interfering moieties including FBS, BSA and NS1 were incubated on  
169 the sensor surface following a procedure similar to the one described for MUC-1 analysis.

## 170 **2.5 Quantitative detection of MUC-1**

171 Based on the principle of competitive-assay, the fabricated immunosensor was incubated with  
172 different concentrations of free MUC-1 for 15 min and subsequently washed with the PBS  
173 buffer. The peak current was recorded using the electrochemical workstation. The difference  
174 in the corresponding peak before and after the competition step was used for the quantitative  
175 analysis of MUC-1.

## 176 **2.6 Real Sample Analysis**

177 To validate the potential application of proposed immunosensor in clinical analysis, MUC-1  
178 spiked human serum samples were analysed. Human serum was diluted (50 times) with PBS  
179 buffer to achieve the desired analyte concentration. The samples were spiked with three  
180 different concentrations of the analyte (0.1, 14.8 and 473.6 U/mL).

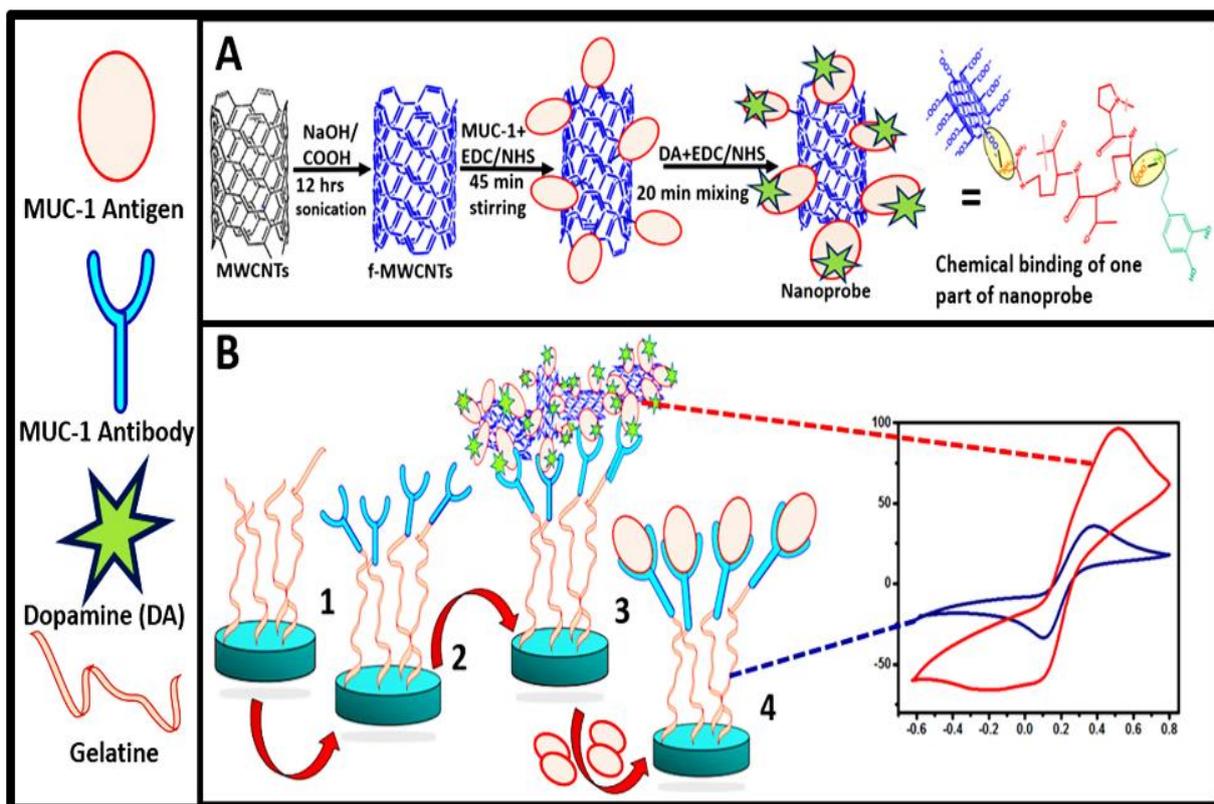
# 181 **3 Results and discussion**

## 182 **3.1 Detection mechanism of electrochemical immunosensor**

183 The mechanism of proposed electrochemical immunosensor based on DA assisted signal  
184 amplification strategy was presented in scheme 1.

185 The detection strategy consists of three main steps: preparation of nanoprobe, modification of  
186 electrode surface and competitive recognition of free MUC-1. fMWCNTs provided  $-\text{COOH}$   
187 groups for the attachment of MUC 1 protein, while DA was used to amplify the  
188 electrochemical signal due to its electron donating capability. The DA/MUC-1/fMWCNTs  
189 nanoprobe was synthesised by covalent binding of MUC-1 protein with DA. A robust way to  
190 create bio-functionalized surface is to immobilize the biological macromolecules such as  
191 antibodies or antigens at the modified electrode surface by means of covalent binding. This  
192 requires the presence of two mutually reactive chemical groups on the protein and on the

193 substrate surface. The commonly employed literature methods exploit the reactivity of  
194 endogenous functional groups (such as amines and carboxylic acid groups) present in the side  
195 chains of the amino acids. In such strategies, the naturally occurring functional groups are  
196 used to covalently couple with the complementary functional groups present on the substrate  
197 surface. The carboxylic acid functional groups of these amino acids can react with amines  
198 using the coupling chemistry. This coupling reaction is usually activated by EDC/NHS agents  
199 which results in a rapid formation of a peptide bond. In general, the presence of excessive  
200 amount of amino acids can theoretically result in a random immobilization. However,  
201 immobilization methods based on covalent binding chemistry can provide surface coatings  
202 with a unique orientation of the antibody (Abs)-proteins. This covalent immobilization, in  
203 principle, provides the best entry point for Abs molecules to the protein (gelatin) modified  
204 surface with a specific orientation. This intermediated protein (gelatin) on electrode surface  
205 actually displays two and five binding domains specific to the Fc-portion of Abs that renders  
206 tail-on orientation (Fc attached to the surface) [24]. Um *et al.* introduced tail-on orientation of  
207 the Abs by the electrochemical immobilizing of a protein onto the electrode surface [25]. The  
208 electrostatic interactions between various functional groups such as amino groups on the  
209 modified (with gelatin in this case) surface and the oxygen containing groups of the Ab  
210 present in the Fc region also favour tail-on orientations of Abs due to steric hindrance  
211 imposed by side arms of the Abs. Abs possess only one binding site. Therefore, Abs should  
212 display free antigen-binding regions after immobilization to achieve the highest analyte  
213 binding. Thus, this tail-on orientation can improve biosensor performance with improvement  
214 factors as high as 200 being reported upon organized orientation [26]. Moreover, EDC/NHS  
215 activation approach possesses many merits including high conversion efficiency, mild  
216 reaction conditions, highly oriented biocompatibility with target molecules, and much cleaner  
217 products as compared to other crosslinking reagents. Therefore, the modified electrode in the  
218 strategy employed in this study with improved electro-active area supplied a non-random  
219 immobilized surface for MUC-1 antibody. The antibody was well oriented in this  
220 arrangement because of EDC assisted  $\text{-HN-COOH}$  bond formation with gelatin-surface. In  
221 addition, the maximum numbers of MUC-1 antibody active sites were prone to epitopes  
222 attachment.



223

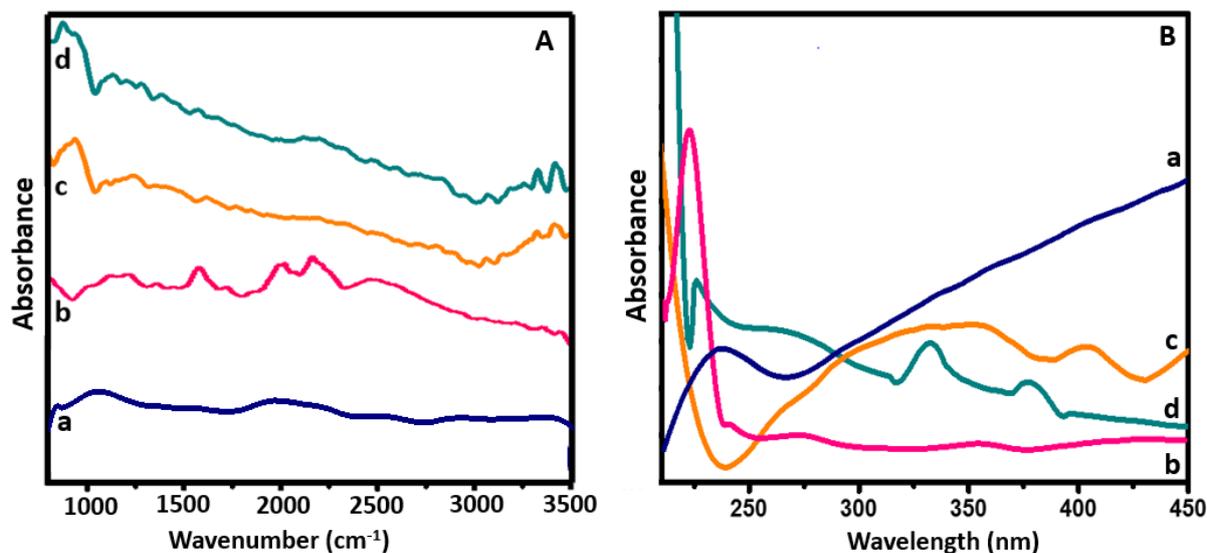
224 **Scheme.** 1. Schematic illustration of (A) different steps involved in the fabrication of nanoprobe, (B)  
 225 Modification of working electrode and principle of direct competitive electrochemical immunosensor for breast  
 226 cancer detection. (1) Electrooxidative grafting of gelatin on pencil electrode, (2) EDC/NHS assisted binding of  
 227 MUC-1 antibody, (3) Attachment of developed nanoprobe with modified electrode resulting in higher current  
 228 signal, (4) Free MUC-1 replaced nanoprobe and resulting signal decreased in competitive assay.

229 The immunosensor was characterized both in ferri/ferro cyanide solution and PBS buffer.  
 230 Afterwards, when the immunosensor was used to recognize free MUC-1, a competitive  
 231 process was carried out in PBS buffer. The proposed strategy is based on the direct  
 232 competition between labelled and un-labelled antigen. The direct competition approach is  
 233 well established detection mechanism in the literature. Both labelled and un-labelled antigens  
 234 have equal binding tendencies, while the detection mechanism relies on the competition  
 235 between both types of antigens. In the absence of free antigen, maximum signal intensity was  
 236 observed while the presence of free antigen competed with the labelled one to bind with the  
 237 immobilized antibody, thus decreasing the output signal. The decrease in response was  
 238 proportional to the concentration of free analyte (antigen) and was employed for quantitative  
 239 analysis of MUC-1. Since an electron donor (DA) was attached to the nanoprobe, a dramatic  
 240 difference in current signal was observed in the absence and presence of free analyte. The  
 241 immunosensor permitted to detect low level of MUC-1 in human serum samples and thus can  
 242 be used for early diagnosis of breast cancer.

## 243 3.2 Characterization

### 244 3.2.1 FTIR, UV-Vis, SEM, XRD and AFM analysis of nanoprobe

245 FTIR spectra were used to evaluate and monitor the functional group changes during  
246 modification process of MWCNTs (**Fig. 1A**). No significant spectral bands appeared in case  
247 of MWCNTs, while a spectral peak at  $1490\text{ cm}^{-1}$  was observed for C-H bending (a).  
248 However, in case of COOH-MWCNTs, several significant peaks appeared (b). Spectral peaks  
249 at  $1202\text{ cm}^{-1}$  and  $1490$  to  $1650\text{ cm}^{-1}$  were respectively assigned to C-O-C and C=C bending  
250 modes. Spectral bands at  $2850$  to  $2950\text{ cm}^{-1}$  represent C-H stretching vibrations. Another  
251 small spectral peak appeared at  $3460\text{ cm}^{-1}$  for OH-stretching of carboxylic group. Similarly,  
252 the spectral band at  $2200$  to  $2300\text{ cm}^{-1}$  was assigned to  $\text{CO}_2$ . However, upon incubation of  
253 MUC-1 protein (c), C=O peak shifted to  $1643\text{ cm}^{-1}$  and became broader due to amide-  
254 carbonyl stretching mode [27]. Small peaks at  $1180$ ,  $1480$  and  $3430\text{ cm}^{-1}$  were assigned to  
255 aliphatic C-N stretching, N-H rocking and N-H stretching vibrations, respectively [28]. A  
256 single absorption band appeared at  $1636\text{ cm}^{-1}$ , which was attributed to aromatic (C=C) of the  
257 DA layer (d)[29].



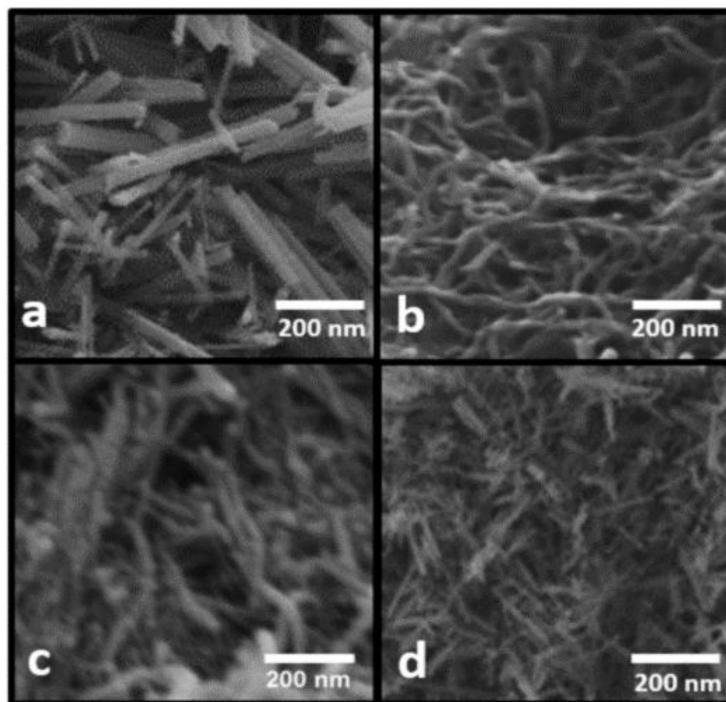
258 **Fig. 1.** (A) FTIR analysis and (B) UV-Vis spectra of a; MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC-1  
259 protein, d) fMWCNTs/MUC-1 protein/ DA.  
260

261 **Fig. 1.B** shows the UV-Vis spectra of each modification step of MWCNTs during fabrication  
262 of electrochemical immunosensor. A characteristic peak of MWCNTs near 250 nm can be  
263 seen in **Fig. 1B**, a. The peak is in good agreement with the literature reporting characteristics  
264 of MWCNTs [30]. After acidic treatment (**Fig. 1B**, b), the transition absorption peaks near  
265 250 nm became stronger with a red shift due to the electronic transition from  $n \rightarrow \pi^*$  of a  
266 nonbonding pair of electrons from carboxylic groups. It indicates that the functionalization

267 process was efficient for MWCNTs to provide fMWCNTs. This red shift in the characteristic  
268 peak of MWCNTs corresponds to the presence of excessive carboxylic groups on the surface  
269 of fMWCNTs [31]. A characteristic peak at 260 nm was observed for MUC-1 as shown in  
270 **Fig. 1B, c** [32]. Finally, nanoprobe retained the characteristic absorption peaks of both MUC-  
271 1 protein and DA at 368 nm [33], indicating the successful labelling of DA with nanoprobe  
272 (**Fig. 1B, d**).

273 The functionalization process was based on the attachment of organic moieties on the  
274 material surface. Therefore, a change in surface morphology via SEM and AFM could be  
275 used as an indicator to show the variation in surface nature upon different modification steps.

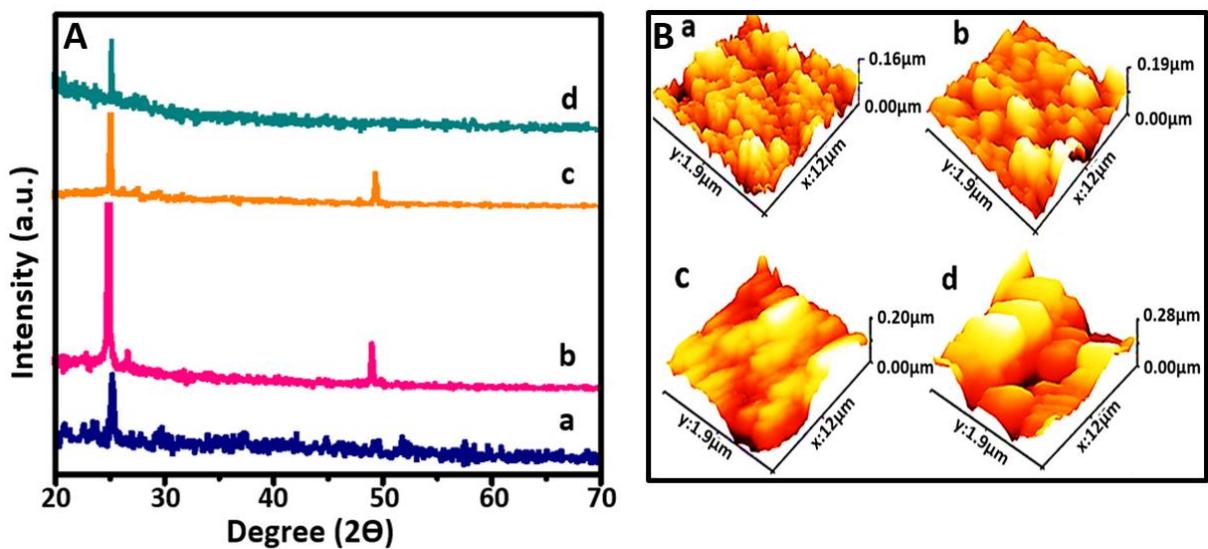
276 The SEM images at different stages of nanoprobe fabrication are displayed in **Fig. 2**. It can be  
277 observed from **Fig. 2** that the MWCNTs have different surface morphology as compared to  
278 those of functionalized MWCNTs (fMWCNTs), fMWCNTs/MUC-1 protein and  
279 fMWCNTs/MUC-1/DA). It can also be observed from the micrographs that the surface-  
280 roughness of MWCNTs increased after functionalization with COOH. Similarly, fMWCNTs  
281 became closely packed upon the addition of MUC-1 protein, making the surface appearance  
282 of MWCNTs as covered with cloudy clusters. After interaction of DA (**Fig. 2D**), the modified  
283 MWCNTs were found to be disaggregated.



284

285 **Fig. 2.** SEM analysis of a; MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC1 protein, d) fMWCNTs/MUC1  
286 protein / DA.

287 The XRD patterns for each fabrication step of nanoprobe were displayed in **Fig. 3A**. Typical  
 288 peaks (002 and 100) of MWCNTs were obtained at  $2\theta = 26.68^\circ$  and  $48^\circ$  respectively, which  
 289 were in accordance with the reported literature. The intensity of 002 peak for fMWCNTs was  
 290 increased as compared to pristine MWCNTs [34]. However, a decrease in the peak intensities  
 291 was observed after the attachment of EDC/NHS treated MUC-1, with the appearance of  
 292 additional peaks at  $28.5^\circ$  and  $46.7^\circ$ , confirming the presence of MUC-1 on the surface of  
 293 fMWCNTs [35]. XRD pattern of fMWCNTs/MUC-1 protein/DA, as shown in **Fig. 3A, d**  
 294 depicted only one reduced peak of MWCNTs at  $26^\circ$ , while the other peaks were depressed  
 295 due to the presence of DA [36].



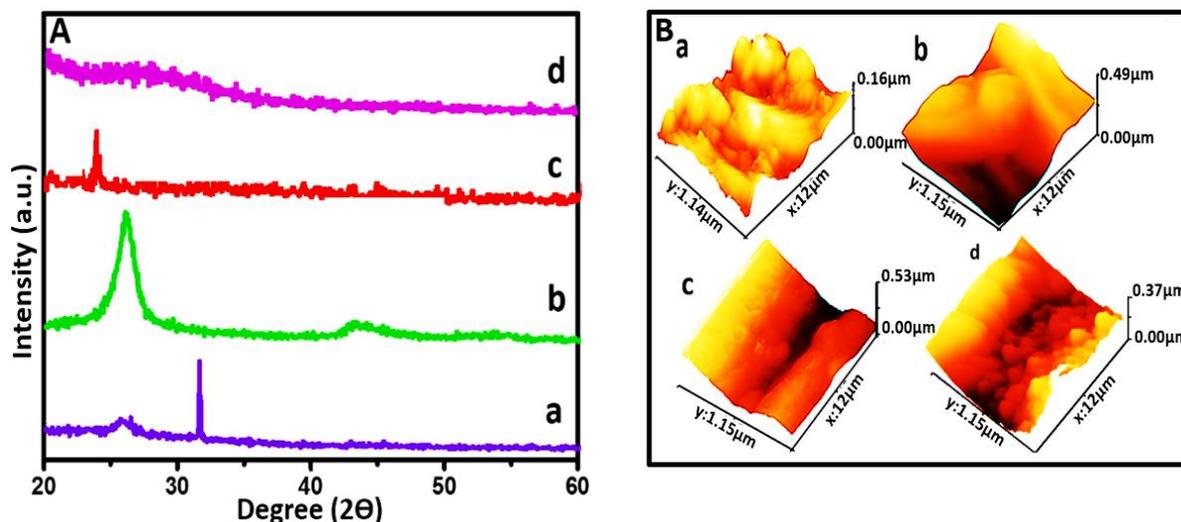
296 **Fig. 3.** (A) XRD analysis and (B) AFM topographs of step wise preparation of MUC-1 immunoprobe. a)  
 297 MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC-1 protein, d) fMWCNTs/MUC-1 protein/DA.  
 298  
 299

300 AFM was used for the investigation of surface morphology of nanoprobe. The topography  
 301 images are given in **Fig. 3B**. Image (a) indicates the rough surface features of MWCNTs [37].  
 302 After functionalization process, the surface roughness was reduced with increased cluster  
 303 formation. This decrease was attributed to the smoothing effect induced by f-MWCNTs [38].  
 304 Similarly, the immobilization of antibody increased the profile height with a changed surface  
 305 morphology, thus indicating the attachment of large size molecules (antibody) on the surface  
 306 of fMWCNTs (c). Finally, the DA attachment altered the height and surface of the  
 307 topographical profile as shown in Fig. 3B, d.

### 308 3.2.2 Characterization of modified electrode

309 In **Fig. 4A**, the XRD images of modified electrode were presented. Peaks close to  $28.1^\circ$  and  
 310  $32.6^\circ$  were the characteristic peaks for carbon surface. After the immobilization of gelatin,  
 311 the peaks were diminished. While the appearance of peak at  $26.4^\circ$  proved the successful

312 electro-oxidation of gelatin on the electrode surface. This XRD pattern reveals the amorphous  
 313 structure of gelatin [39]. However, these peaks were decreased on the attachment of antibody,  
 314 which occupied the carboxylic groups for amide bond formation. The addition of analyte  
 315 further diminished the majority of the peaks, indicating the effective attachment of analyte on  
 316 the transducer surface.



317 **Fig. 4.** (A) XRD and (B) AFM images of a) Bare electrode, b) Gelatin modified electrode, c) Gelatin modified  
 318 electrode with MUC-1 antibody, d) Gelatin modified electrode with MUC-1 antibody + free MUC-1.  
 319

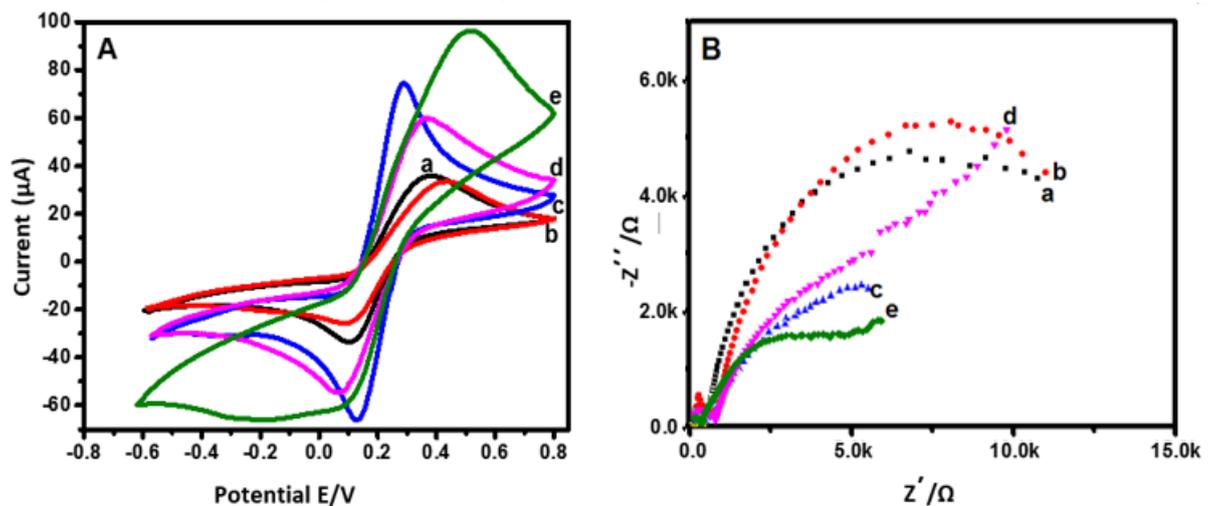
320 The stepwise investigation of electrode fabrication protocol was also performed using AFM  
 321 topographic profiling. **Fig. 4B**, a represents the surface of bare electrode with a profile height  
 322 of 0.00-0.16 μm and irregular trough and crust contrast. Gelatin grafting resulted in uniform  
 323 topology with increased profile height, suggesting the effective immobilization of proteinic  
 324 clusters, as shown in **Fig. 4B**, b. An improved smooth surface with increased profile height  
 325 (**Fig. 4B**, c) was observed after the attachment of antibody, indicating the presence of bulky  
 326 molecules on the modified electrode. Moreover, the specific attachment of analyte (MUC-1)  
 327 resulted in the reversal of profile height and morphology, as illustrated in **Fig. 4B**, d. Such  
 328 reversal of morphological features could be attributed to the breakage of clusters of antibody  
 329 molecules [40].

### 330 3.3 Electrochemical Characterization

331 CV and EIS were performed for the characterization of each working step and different  
 332 stages, involved in the fabrication of proposed immunosensor. CV and EIS are considered  
 333 powerful tools to study the electrochemical characteristics of transducing surfaces. All  
 334 electrochemical characterizations were carried out in the presence of  $[\text{Fe}(\text{CN})_6]^{4-/3-}$  (1 mM)  
 335 as an electro-active redox probe. This probe permits the recognition of high current response  
 336 against the behaviour of electrochemically inert solution. In CV, differences in the peak

337 currents (PC) and peak to peak separations were monitored to characterize each fabrication  
 338 step of the electrochemical immunosensor. Similarly, EIS is also considered as a very  
 339 effective electrochemical technique for surface modification characterization. The Nyquist  
 340 plot with a semicircle portion at higher frequencies corresponds to the electron transfer  
 341 resistance. Impedance spectra (Nyquist plots) for each surface modification step were  
 342 recorded using the Randles equivalent circuit. The circuit consisted of ohmic electrolyte  
 343 resistance ( $R_s$ ), the electron-transfer resistance ( $R_{et}$ ), the Warburg impedance element ( $Z_w$ )  
 344 resulting from the diffusion of ions from the bulk of the electrolyte to the interface, and the  
 345 constant phase element. The  $R_{et}$  depends on the insulating feature at the electrode/electrolyte  
 346 interface and represents facial properties of the surface.  $R_{et}$  is the useful parameter to evaluate  
 347 interfacial properties. Therefore,  $R_{et}$  was considered to monitor the changes on the electrode  
 348 interface at each fabrication step for the designed immunosensor.

### 349 3.3.1 Characterization of nanoprobe assembly



350

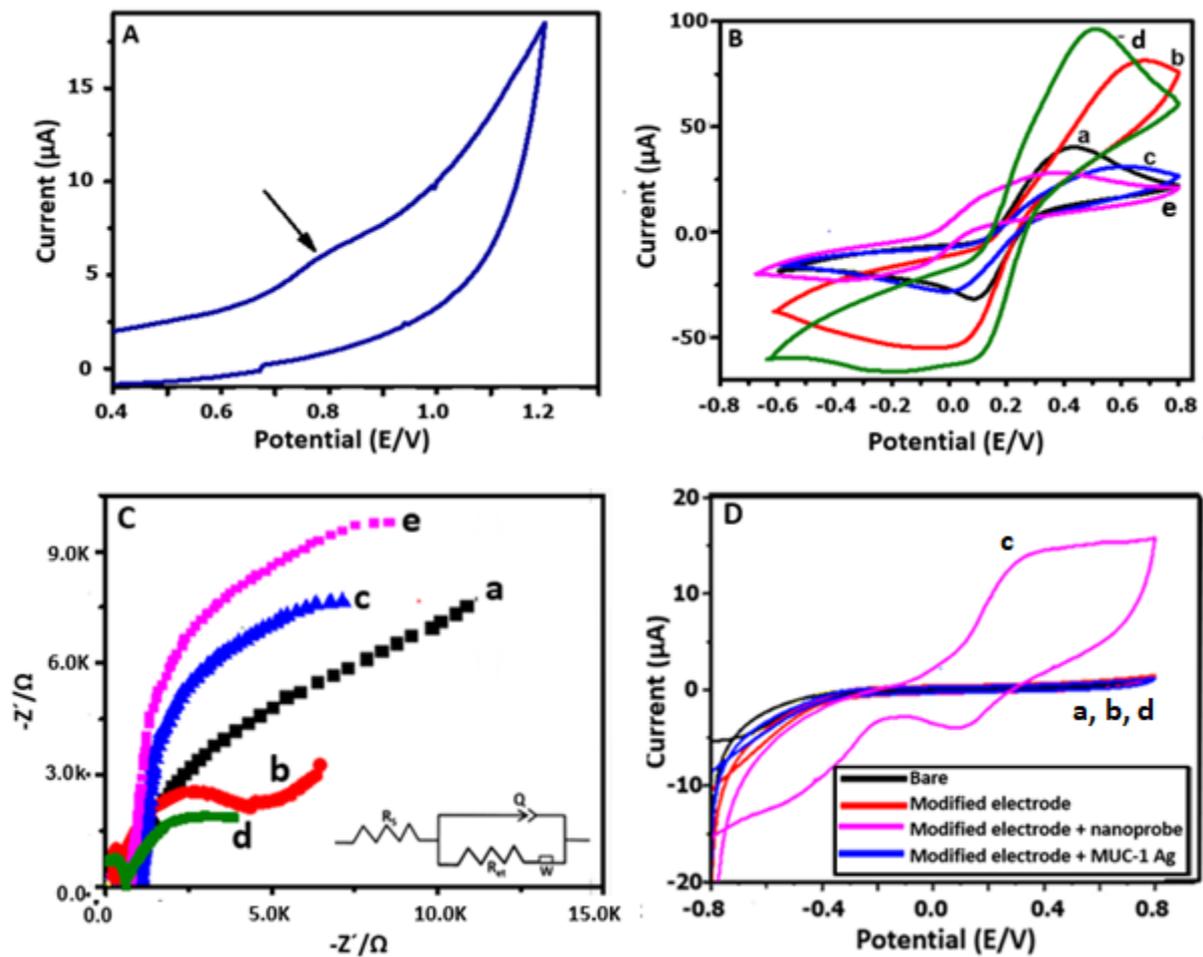
351 **Fig. 5.** (A) Cyclic voltammograms and (B) Electrochemical Impedance spectra of different steps involved in  
 352 nanoprobe preparation; a. Bare PGE, b. MWCNTs, c. fMWCNTs/EDC-activated, d. fMWCNTs/EDC-  
 353 activated/MUC-1 protein, e. fMWCNTs/EDC-activated/ MUC-1 protein/DA.

354 Cyclic voltammograms for all fabrication steps involved in the formation of nanoprobe are  
 355 shown in **Fig. 5A**. The representative anodic and cathodic peaks were observed for (a) Bare  
 356 PGE, (b) MWCNTs, (c) fMWCNTs/EDC-activated, (d) fMWCNTs/EDC-activated/MUC-1  
 357 protein, and (e) fMWCNTs/EDC-activated/ MUC-1 protein/DA. A characteristic redox peak  
 358 of bare PGE with the anodic and cathodic peak current was observed. The presence of  
 359 MWCNTs resulted in a decrease in the current with increased electron transfer resistance  
 360 ( $R_{et}$ ). After the formation of fMWCNTs/EDC-activated PGE, the  $R_{et}$  between electrode  
 361 surface and activated fMWCNTs was reduced due to the succinimide moiety introduced by

EDC-activation. After the immobilization of MUC-1 protein, the negatively charged phosphate groups resulted in the higher  $R_{et}$  value. However, upon addition of DA, an increased CV-response was observed. Basically, well assembled DA on the nanoprobe facilitated the flow of electrons [41]. The trend of the impedimetric response of all the fabrication steps was found to be the analogue of their CV response as can be evidenced in the Fig. 5A and 5B.

### 3.3.2 Characterization of transducer surface fabrication

Electro-oxidation of gelatin was performed in acetate buffer (pH=5). A representative first scan of oxidation process is shown in Fig. 6A. After deposition of gelatin, the modification steps were characterized in the presence of 1 mM redox couple  $[Fe(CN)_6]^{4-/3-}$ . The CV current of the bare electrode enhanced (approximately 2-folds) after electrochemical oxidation of gelatin on PGE surface while peak shifted to the higher potential, as shown in Fig. 6B, b.



375

376 **Fig. 6.** (A) Characteristic CV curve for electro-oxidation of gelatin (first cycle) on PGE-surface (2.5 mg/mL in  
377 Acetate buffer pH=5). (B) Cyclic Voltammograms and (C) Electrochemical impedance of different steps  
378 involved in the fabrication of immunosensor; a. Bare, b. Bare/gelatin, c. Bare/gelatin/antibody, d.

379 Bare/gelatin/antibody/nanoprobe, e. Bare/gelatin/antibody/nanoprobe/free MUC-1. (D) Cyclic Voltammograms  
380 of immunosensor in PBS to demonstrate the working mechanism; a. Bare, b. gelatin, c. gelatin/nanoprobe, d.  
381 gelatin/nanoprobe/MUC-1 Ag.

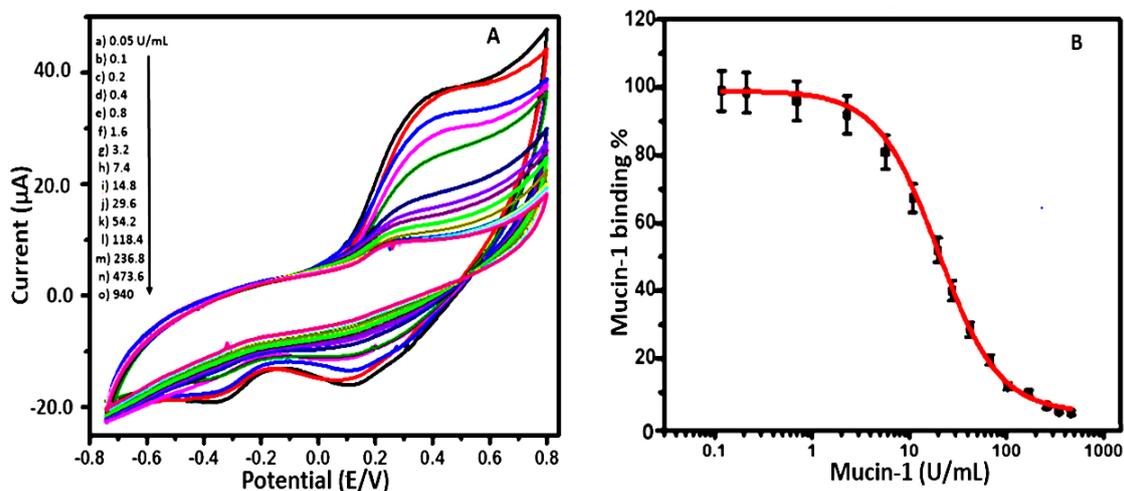
382 With gelatin grafting, a good peak to peak separation was observed. These electrochemical  
383 changes suggested an increased electron transfer rate between modified electrode surface and  
384 the electrolyte solution. The EDC/NHS treated MUC-1 antibody immobilization resulted in a  
385 reduction of electron transfer, showing a further peak shifting towards higher potential as  
386 represented in **Fig. 6B**, c. The immobilization of nanoprobe resulted in a very prominent  
387 redox peak (**Fig. 6B**, d). However, upon incubation of analyte (MUC-1), a clear decrease in  
388 peak current was observed (**Fig. 6B**, e). This enhanced signal in case of nanoprobe was  
389 mainly contributed by DA, which is an efficient electron-donor. It is note-worthy that the  
390 electron donor signal probes can be attached precisely to the target analyte for signal  
391 amplification [41]. The maximum surface of fMWCNTs was covered by MUC-1, hindering  
392 the attachment of DA molecules on the surface of fMWCNTs. Moreover, the DA was used as  
393 an electron donor and the intensity of current signal was dependent on the amount of attached  
394 DA. DA has been employed as a probe to donate electrons for signal amplification in the  
395 construction of the electrochemical biosensors [42]. It can also be observed from the Fig. 6  
396 that the combination of DA and MUC-1 altered the nature of peak current, which could be  
397 attributed to the high electrical conductivity of DA [43]. When MUC-1 antigen competed  
398 with the MUC-1 nanoprobe containing DA, the peak current was decreased. Additionally, the  
399 antigens acted as an insulator and subsequently reduced the electron transfer rate [44]. This  
400 could be attributed to the antibody-antigen complex on the surface of the modified electrode  
401 [20].

402 Similarly, Fig. 6D represents the electrochemical response of PGE at different modification  
403 steps in PBS. A characteristic redox peak of DA was observed in the presence of DA labelled  
404 MUC-1 (Fig. 6D, c), while the given characteristic peak was significantly decreased upon  
405 competition between free and DA labelled MUC-1, as shown in the Fig. 6D, d. This further  
406 demonstrates the working mechanism of fabricated immunosensor. Similarly, bare and  
407 gelatin modified electrodes did not show any response.

### 408 **3.4 Competition assay for MUC-1 protein**

409 Prior to perform competition assay, different experimental conditions were optimized. The  
410 detail of the experimental optimization is provided in the supporting information (SI). To  
411 validate the immobilization method, direct competitive immunoassays were performed for  
412 MUC-1 analysis using optimized experimental parameters. The assays were relied on the

413 competition between the free MUC-1 and labelled MUC-1 nanoprobe. When the system was  
 414 tested without free MUC-1 by CV, a current signal of 98.9  $\mu\text{A}$  was obtained as shown in **Fig.**  
 415 **6B**. This current was high enough to carry out the competition step and measure the lower  
 416 current intensities (**Fig. 7A**). The proposed strategy was based on the direct competition  
 417 between labelled and un-labelled antigen. The direct competition approach is well established  
 418 detection mechanism in the literature. Both labelled and un-labelled antigens have equal  
 419 binding tendencies, while the detection mechanism relies on the competition between both  
 420 types of antigens. In the absence of free antigen, a maximum signal was observed while the  
 421 presence of free antigen competed with the labelled one to bind with the immobilized  
 422 antibody, thus decreasing the output signal. The decrease in response was proportional to the  
 423 concentration of free analyte (antigen), hence, utilized for its quantitative analysis. For the  
 424 higher concentrations (473.6 and 940 U/mL), the change in current response was difficult to  
 425 be observed due to saturation point. The calibration curve obtained with electrochemical  
 426 immunosensor is shown in **Fig. 7B**. Due to experimental error (5 %), the LOD was defined as  
 427 the MUC-1 concentration, which corresponds to the 85% of MUC-1 binding depending on  
 428 the maximum standard deviation value. The calibration curve (**Fig. 7B**) was fitted by  
 429 sigmoidal logistic four parameter-equation  $y = a_2 + [a_1 - a_2 / 1 + (x/x_0)^p]$  using Origin Pro-8  
 430 SR0 software, in which  $a_2$  and  $a_1$  are the maximum and minimum values respectively, and  $x^0$   
 431 and  $p$  are the  $x$  value at the inflection point and the slope of inflection point accordingly. With  
 432 the help of equation, percentage binding was evaluated depending upon the maximum  
 433 standard deviation value. The lower percentage binding (less than 100 %) could be linked  
 434 with the high number of the washing steps that might cause leaching of excessive antibodies  
 435 out of the electrode surface. The correlation coefficient  $R$ , LOD and  $\text{IC}_{50}$  values were found  
 436 to be 0.95, 0.01 U/mL and 7.4 U/mL respectively, from regression equation.



437

438 **Fig. 7.** Variation of CV with increasing concentration of free MUC-1 for competition assay (A) and standard  
 439 curve for proposed assay (B). Experimental conditions: Gelatin concentration = 0.1 M, antibody concentration=  
 440 0.25 U/mL, antibody incubation time= 30 min, nanoprobe concentration= 25  $\mu$ L, nanoprobe incubation time=  
 441 15 min, DA concentration = 0.1M, pH of buffer=7.2.

442 Table 1 presents a comparison between the given electrochemical immunosensor and the  
 443 existing literature reports for the detection of cancer biomarker.

444

445 **Table 1.** A comparison of present work with the published literature reports for the detection of MUC-1.

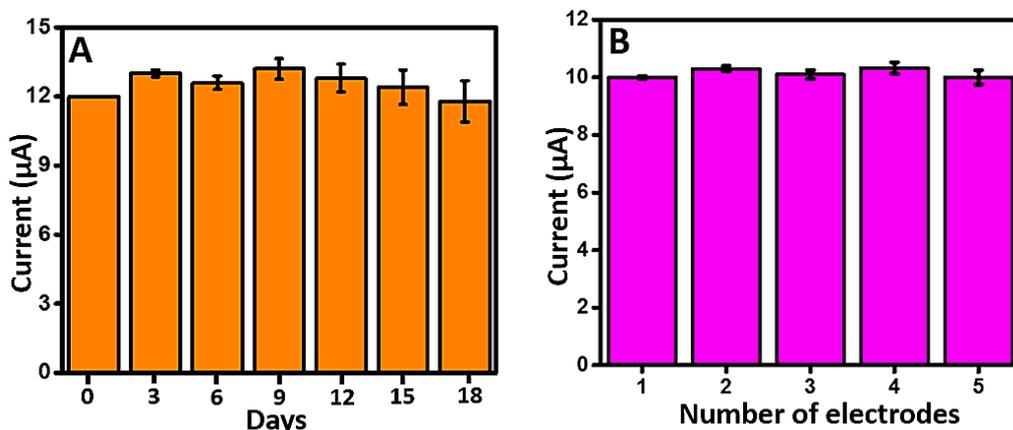
No.	Material Used	Detection Method	LOD (U/mL)	Linear Range (%)	Ref.
1	Au/ZnO thin film surface	Plasmon Resonance Based	0.025	1-40	[45]
2	COOH rich graphene oxide	Disposable electrochemical immunosensor	0.04	0.1-2	[46]
3	Coated Polymethylmethacrylate	Kinetic-exclusion analytical technology	0.21	0.3-20	[47]
4	Pt nanoclusters	Enzyme-linked Immunosensor	0.04	0.1-160	[48]
5	DA/MUC-1/fMWCNT	Direct competitive immunosensor	0.01	0.05-940	Present work

446

447 The above comparison demonstrated the advantages of developed immunosensor over the  
 448 reported methods in terms of lower LOD and linear range. The lower LOD could be  
 449 attributed to the direct immobilization through covalent linking that increased the  
 450 accessibility of free MUC-1 to the antibody [49].

### 451 **3.5 Stability and Reproducibility**

452 In order to evaluate the stability, the immunosensor was stored at 4°C after every use. The  
 453 response of the immunosensor did not show any significant change over a period of two  
 454 weeks, indicating the extended stability of the immunosensor. Furthermore, reproducibility of  
 455 the immunosensor was also assessed. For this purpose, five immunosensors were designed  
 456 independently under the optimized experimental conditions to detect the MUC-1 IC<sub>50</sub>  
 457 concentration (7.4 U/mL). The relative standard deviation (RSD) of the peak current  
 458 difference was about 1.52 %, indicating good reproducibility of the proposed immunosensor  
 459 (**Fig. 8.**).



460  
461 **Fig. 8.** (A) Stability and (B) Reproducibility of the proposed electrochemical immunosensor for the detection of  
462 10 nM MUC1.

### 463 3.6 Recovery and spiked sample analysis

464 In order to verify the clinical applicability of our proposed immunosensor for MUC-1  
465 detection, human serum samples (taken from Shaukat Khanum Memorial Cancer Hospital &  
466 Research Center, Lahore Pakistan) were spiked with three different concentrations of MUC-1  
467 (0.1, 14.8 and 473.6 fU/mL). Antibody immobilized gelatin-PGE modified electrodes were  
468 incubated with above mentioned concentrations at optimized experimental conditions with  
469 same protocol as described for standard MUC-1 analysis. Assays were performed in  
470 triplicate. Good recoveries (93.5-95%) were obtained with R.S.D % in the range of (4.6-6).  
471 The percentage recoveries are summarised in **table 2**. These results proved the clinical  
472 applicability of the immunosensor for complex biological systems.

473 **Table 2.** Recovery percentages obtained for real sample analysis against various concentrations of MUC-1 using  
474 proposed immunosensor.

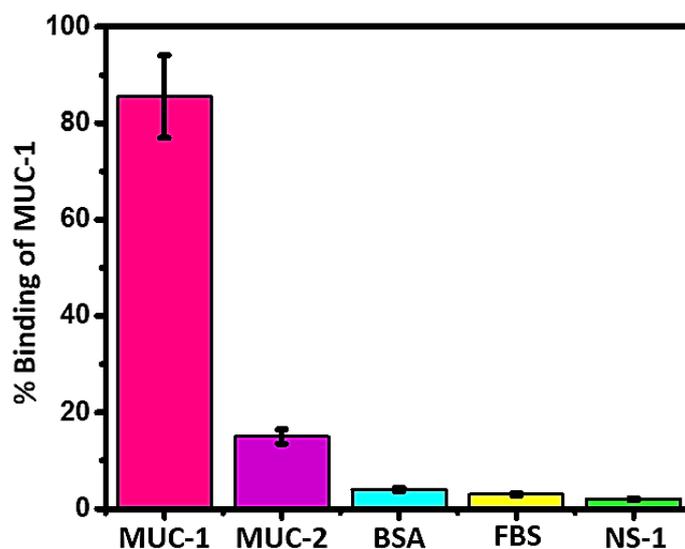
No.	MUC-1 added (U/mL)	MUC-1 found (U/mL)	R.S.D %	R.E %	R%
1	0.1	0.06	6	6.5	93.5
2	14.8	12.9	4.6	5	95
3	473.6	452	5	5.5	94.5

475 R.S.D=Relative standard deviation, R.E= Relative Error, R= Recovery

### 476 3.7 Specificity of the Immunosensor

477 Selectivity and specificity are important parameters to validate the practical applicability of  
478 the immunosensor. Therefore, by performing control experiment with non-specific binding  
479 proteins such as BSA, FBS and NS1, the specificity of designed immunosensor was  
480 evaluated. **Fig. 9** illustrates the percentage (%) binding response of the antibody immobilized  
481 gelatin-PGE modified electrode upon incubation with non-specific (FBS, BSA, NS1) as well

482 as structural analogue (MUC-2) proteins. It is evident from **Fig. 9** that the percentage binding  
483 response values for nonspecific proteins were considerably lower than MUC-1. However,  
484 MUC-2 showed higher response in comparison to non-specific binding proteins but much  
485 lesser than MUC-1. These results proved that the effect of non-specific proteins was  
486 insignificant on MUC-1 detection and the proposed immunosensor had sufficient specificity  
487 towards MUC-1 protein.



488

489 **Fig. 9.** Specificity of the proposed immunosensor for MUC-1 analysis.

#### 490 **4 Conclusion**

491 In this study, a new, simple and inexpensive strategy for the detection of MUC-1 has been  
492 developed. Modification of fMWCNTs with Ag and DA provided a highly sensitive  
493 nanoprobe, which offered distinct advantages over the already reported electro-active labels  
494 in literature. On the other hand, modification of the PGE with GE facilitated to overcome the  
495 problem of biological damages and toxicity imposed by non-biological transducing materials.  
496 Both the above mentioned modifications provided an ideal and conductive platform using  
497 amino-carboxy-surface chemistry of gelatin and fMWCNTs. Compared to other reported  
498 electrochemical immunosensors for the detection of MUC-1, the proposed immunosensor  
499 functioned well over a wide linear range between 0.05-940 U/mL, and a low LOD of 0.01  
500 U/mL. Moreover, the designed immunosensor offers significant potential for widespread  
501 applications in the field of clinical diagnostics and can easily be extended to the development  
502 of other types of bio-receptor surfaces based on aptamers/antibodies for the detection of other  
503 analytes. This could not only be useful for rapid detection but also for the monitoring of the  
504 progression of disease process, which is a far bigger challenge than detection.

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509 FedralNRPU-R&D-HEC-2016).

## 510 **Conflict of interest**

511 Authors declare no conflict of interest.

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# Dopamine/mucin-1 functionalized electro-active carbon nanotubes as a probe for direct competitive electrochemical immunosensing of breast cancer biomarker

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## Abstract

Mucin-1 (MUC-1) is associated with a broad range of human epithelia including gastric, lung and colorectal. In this work, a direct competitive electrochemical immunosensor based on gelatin modified transduction platform was designed. Dopamine (DA)/mucin-1 functionalized electro-active carbon nanotubes were employed as signal generating probes in the construction of electrochemical immunosensor for early stage diagnosis of breast cancer. The gelatin modified electrode served as a support to immobilize antibody (anti-MUC-1), while electrochemical response of functionalized electro-active carbon nano probes was used for quantitative measurement of MUC-1. Cyclic Voltammetry (CV) and Electrochemical Impedance Spectroscopy (EIS) were carried out to characterize the transduction surface at different fabrication steps. The developed immunosensor permitted the detection of MUC-1 in the linear range of 0.05-940 U/mL, with a detection limit (LOD) of 0.01 U/mL. The immunosensor showed recovery values in the range of 96-96.67% for human serum sample analysis, demonstrating its practical applicability.

**Key words:** MWCNTs, Mucin, Gelatin, Dopamine, Electrochemical Immunosensor, Direct immobilization, Competitive assay.

## 32 **1 Introduction**

33 Breast cancer is one of the most common causes of women mortality. The mortality rate can  
34 be reduced to a significant level with the early stage diagnosis of breast cancer biomarkers  
35 [1]. However, the trace level of biomarkers in the serum of early cancer patients is one of the  
36 limiting factors towards diagnosis [2]. In this context, increasing demand for the detection of  
37 ultralow amount of cancer biomarkers has resulted in the exploration of different signal  
38 amplification strategies towards fabrication of ultrasensitive electrochemical immunoassays  
39 [3]. Several traditional techniques including radioimmunoassay, enzyme-linked  
40 immunosorbent assay (ELISA), electrophoretic immunoassay, fluorescence immunoassay,  
41 immune-polymerase chain reaction (PCR) and mass spectrometric immunoassay have been  
42 used for this purpose. However, they undergo operational limitations and hence, it is highly  
43 desirable to develop ultrasensitive, simple and easily automated device for early diagnosis of  
44 cancer biomarkers [4]. Electrochemical immunosensors with inherent advantages of cost  
45 effectiveness, higher sensitivity and lower power requirement have been applied for clinical  
46 diagnosis [5].

47 In such ultrasensitive immunosensors, nanomaterials can either be used directly as an electro-  
48 active label or as a substrate material to immobilize the electro-active labels [6]. Among the  
49 wide range of nanomaterials, multi-walled carbon nanotubes (MWCNTs) have been  
50 considered as a very promising material to enhance electron transfer rate on the transducer  
51 surface. Owing to their intrinsic electrical and electrochemical properties, MWCNTs are  
52 highly suitable for their integration into sensing strategies [7]. However, the presence of  
53 strong Van der Waals interactions among MWCNTs results their aggregation which limits  
54 their applications [8]. In this direction, the introduction of highly active functional groups via  
55 covalent modification of MWCNTs could enhance the electrochemical features of MWCNTs.  
56 For instance, the introduction of carboxylic groups on MWCNTs could covalently bond the  
57 amine residues of biological receptor elements [9]. Such biomolecule coated nanomaterials  
58 have been applied for the recognition of analytes. Consequently, electrostatically and  
59 covalently coupled carbon nanotubes not only stabilize the biomolecules but also offer  
60 distinct advantages including higher binding capacity, improved stability and reduced cost  
61 per assay [10, 11]. Currently, MWCNTs coated with both, biological recognition elements  
62 and electro-active labels have been investigated simultaneously, for molecular recognition  
63 and signal amplification [12].

64 DA is an important member of the catechol family, which is hydrophilic in nature and  
65 considered as an electron donor with variable redox properties [13]. DA and its derivatives  
66 have been reported to design signal amplification probes for construction of electrochemical  
67 biosensors [14]. Furthermore, the functional groups of DA including amine, imine, quinone  
68 and catechol enable DA to bind with a broad range of biomolecules [15]. In this regard, we  
69 have developed a DA coated MUC-1 conjugated MWCNTs nanoprobe. The MUC-1 was  
70 linked through amide bond formation with MWCNTs, while with DA using its amine and  
71 carboxylic groups respectively. This nanoprobe was subsequently integrated with carbon  
72 interface of working electrode to construct a direct competitive electrochemical  
73 immunosensor.

74 On the other hand, despite the advantages of nano-amplification technologies in  
75 electrochemical immunosensor, the unmodified electrodes are prone to major drawbacks of  
76 poor sensitivity, higher oxidation potential and fouling of the electrode response [16]. To  
77 overcome these problems, modification of the electrode surface with appropriate materials is  
78 of critical importance. Besides providing specific immobilization support for recognition  
79 elements, natural polymers have the ability to overcome the disadvantages of biological  
80 damages and toxicity imposed by non-biological transducing materials [17]. In this direction,  
81 it is highly desirable to fabricate a transducer surface with increased number of binding sites  
82 to improve the analytical merits of the biosensor. Amino acids modified transducer platforms  
83 provide a high surface area and abundant functional groups, which subsequently improve  
84 their stability and sensitivity. Gelatin is a linear polypeptide with large number of  
85 amine/carboxylic functional groups which provide a specific immobilization support for  
86 bioreceptors to design electrochemical biosensors [18]. The electro-oxidation of gelatin can  
87 render free amine groups on the transducer surface for interaction with carboxylic groups of  
88 Fc region of antibody [19]. Thus, it provides an efficient platform for the effective  
89 immobilization of the antibody [20]. Antibody immobilization on the electrode is considered  
90 to determine the surface charge of the transducer surface. This surface charge undergoes  
91 alteration upon immunoreaction with the given antigen [21]. Moreover, direct immobilization  
92 of biorecognition elements via covalent modification is known to improve the sensitivity of  
93 electrochemical immunosensors for various applications [22]. Direct assays involving  
94 antibody immobilization on modified electrode offer the advantages of sensitivity and  
95 stability over the indirect strategies. In addition, the immobilization of antibody on modified  
96 electrode can recognise even the low level of analyte for diagnostic purpose [23].

97 Keeping in view the above objectives, a direct electrochemical immunosensor based on DA  
98 coated MUC-1 conjugated functionalized multi walled carbon nanotubes (DA/MUC-  
99 1/fMWCNTs) was fabricated for the competitive detection of MUC-1. MWCNTs were used  
100 to provide large surface area, while DA was employed to attain better sensitivity towards the  
101 target analyte. This fabrication approach resulted in a highly sensitive and selective  
102 transduction platform for the analysis of MUC-1 biomarker. The designed strategy was  
103 demonstrated for the analysis of breast cancer biomarker, however, it can be very easily  
104 extended to other biomarkers for diverse applications.

## 105 2 Experimental Details

### 106 2.1 Materials

107 Potassium ferrocyanide ( $K_4[Fe(CN)_6]$ ), Sulfuric acid ( $H_2SO_4$ , 98%), potassium ferricyanide  
108 ( $K_3[Fe(CN)_6]$ ), bovine serum albumin (BSA), fetal bovine serum (FBS), human serum and  
109 Prestige Antibodies (NS1) were purchased from Sigma (Taufkirchen, Germany). Cancer  
110 antigen mucin (25 kU) was purchased from Lee bio (Maryland Heights, MO, USA).  
111 Lysozyme was purchased from Carbosynth (Berkshire, UK), while N-(3-  
112 dimethylaminopropyl)-N-ethyl-carbodiimide hydrochloride (EDC) and N-hydroxy  
113 succinimide (NHS) were from Alfa Aesar (Heysham, UK). MWCNTs ( $D \times L$  4–5 nm  $\times$  0.5–  
114 1.5  $\mu$ m) were purchased from Sigma-Aldrich, France.

### 115 2.2 Apparatus

116 Different spectroscopic techniques were employed to characterize the nanoprobe and  
117 immunosensor fabrication steps. Fourier transform infrared (FTIR) measurements were  
118 performed by using a Thermo Nicolet 6700™ spectrometer (Waltham, MA, USA). Scanning  
119 electron microscopy (SEM) studies were performed by using a VEGA-3-TESCAN (Brno,  
120 Czech Republic) with variable pressure mode (LMU). Images were taken in different  
121 magnification ranges at an accelerated voltage of 20 kV. UV–Visible (UV–Vis)  
122 measurements were performed with a UV-spectrophotometer (UV-1800, USA) that was  
123 equipped with UV probe software to measure the absorption parameters. XRD spectra were  
124 obtained from a Rigaku D/Max 2500 XRD (Rigaku Corp Japan), equipped with graphitic  
125 mono-chromator (40 kV, 40 mA). A nickel filtered Cu-K $\alpha$  radiation source ( $\lambda = 1.5418 \text{ \AA}$ )  
126 was used during the sample analysis. To inspect the surface topography, atomic force  
127 microscopy (AFM) was performed at AFM PARK XE-7 Systems (Suwon Korea) in non-  
128 contact mode.

129 For electrochemical measurements, AMEL 2553, potentiostat/galvanostat equipped with  
130 ZPulse software was used. A conventional three electrode system with Ag/AgCl as reference  
131 electrode, a pencil graphite electrode as working electrode and platinum wire as counter  
132 electrode was employed. The pencil graphite electrodes (PGE, 0.5 mm lead diameter) were  
133 purchased from Staedtler Mars GmbH & Co. KG, Germany. An electrode length  
134 measuring 1cm was immersed in a solution per measurement to maintain the uniform surface  
135 area for all the electrochemical experiments. EIS experiments were carried out using  
136  $[\text{Fe}(\text{CN})_6]^{4-/3-}$  as a redox probe under an applied potential of 0.1 V (vs. Ag/AgCl reference  
137 electrode). The frequency range was between 100 kHz–0.2 Hz, with an AC amplitude and  
138 sampling rate of 10 mV and 10 points respectively. The EIS spectra were plotted in the form  
139 of complex plane diagrams (Nyquist plots,  $-Z_{\text{im}}$  vs.  $Z_{\text{re}}$ ) and fitted to a theoretical curve  
140 corresponding to the equivalent circuit with a frequency response analyzer software (FRA).

### 141 **2.3 Preparation of nanoprobe**

142 To obtain the carboxy functionalized MWCNTs, a homogenous solution of MWCNTs was  
143 prepared (2 mg/mL) in distilled H<sub>2</sub>O under ultrasonication for 2 hours. Subsequently, chloro-  
144 acetic acid (1 g/mL) and NaOH (1.5 g/mL) were added to the reaction suspension. After  
145 sonication, supernatant was removed and remaining solution was allowed to dry. Then,  
146 fMWCNTs were treated with 100 mM EDC-NHS solution containing MUC-1 protein for 45  
147 min. For MUC-1 conjugation, 200  $\mu\text{L}$  of MUC-1 protein (1/100 dilution from stock solution)  
148 was mixed with the solution of NHS (25 mM) and EDC (100 mM) in the Phosphate Buffer  
149 Saline (PBS, pH - 7.4) for 45 min. Subsequently, the supernatant was removed via centrifuge  
150 at 12000 rpm to obtain the MUC-1 conjugated fMWCNTs. MWCNTs provided a large  
151 surface area for the attachment of MUC-1 protein to make a stable and promising  
152 immunosensing platform. Afterwards, DA (1 mg/mL) was added in the reaction mixture  
153 under vigorous stirring for 20 min. The mixture was allowed to settle down. Excessive water  
154 was removed and left over was directly used for immunosensor fabrication.

### 155 **2.4 Fabrication of competitive electrochemical immunosensor**

156 Prior to gelatin grafting, the PGE was electrochemically cleaned in 0.5 M H<sub>2</sub>SO<sub>4</sub> to  
157 reduce/oxidize impurities by successive cyclic voltammetric scans within the potential range  
158 from -1.5 to 1.5 V. For electro oxidation of gelatin, the solution of gelatin (2.5 mg/mL) was  
159 prepared in acetate buffer (pH=5) at room temperature. Two  
160 consecutive cyclic voltammetric scans were run at a scan rate of 0.5 V/s in the potential range  
161 from -1.2 to 0.4 V for the electro oxidation of gelatin on PGE surface. The modified electrode

162 was incubated in 25  $\mu$ L of MUC-1 antibody solution (0.25 U/mL). **The crosslinkers (EDC**  
163 **and NHS) were used to activate the carboxylic groups of gelatin on the electrode surface.** The  
164 Electrode was then washed with PBS solution to remove the excess of unbound antibody. To  
165 block the residual carboxylic sites, diethanolamine was incubated on the electrode surface for  
166 a time period of 45 min. For MUC-1 detection, 25  $\mu$ L of nanoprobe was incubated on the  
167 modified electrode surface for 45 min. For the selectivity experiments of the fabricated  
168 immunosensor, various interfering moieties including FBS, BSA and NS1 were incubated on  
169 the sensor surface following a procedure similar to the one described for MUC-1 analysis.

## 170 **2.5 Quantitative detection of MUC-1**

171 Based on the principle of competitive-assay, the fabricated immunosensor was incubated with  
172 different concentrations of free MUC-1 for 15 min and subsequently washed with the PBS  
173 buffer. The peak current was recorded using the **electrochemical workstation.** The difference  
174 in the corresponding peak before and after the competition step was used for the quantitative  
175 analysis of MUC-1.

## 176 **2.6 Real Sample Analysis**

177 To validate the potential application of proposed immunosensor in clinical analysis, MUC-1  
178 **spiked human serum samples were analysed.** Human serum was diluted (50 times) with PBS  
179 **buffer to achieve the desired analyte concentration.** The samples **were spiked with** three  
180 different concentrations of the analyte (0.1, 14.8 and 473.6 U/mL).

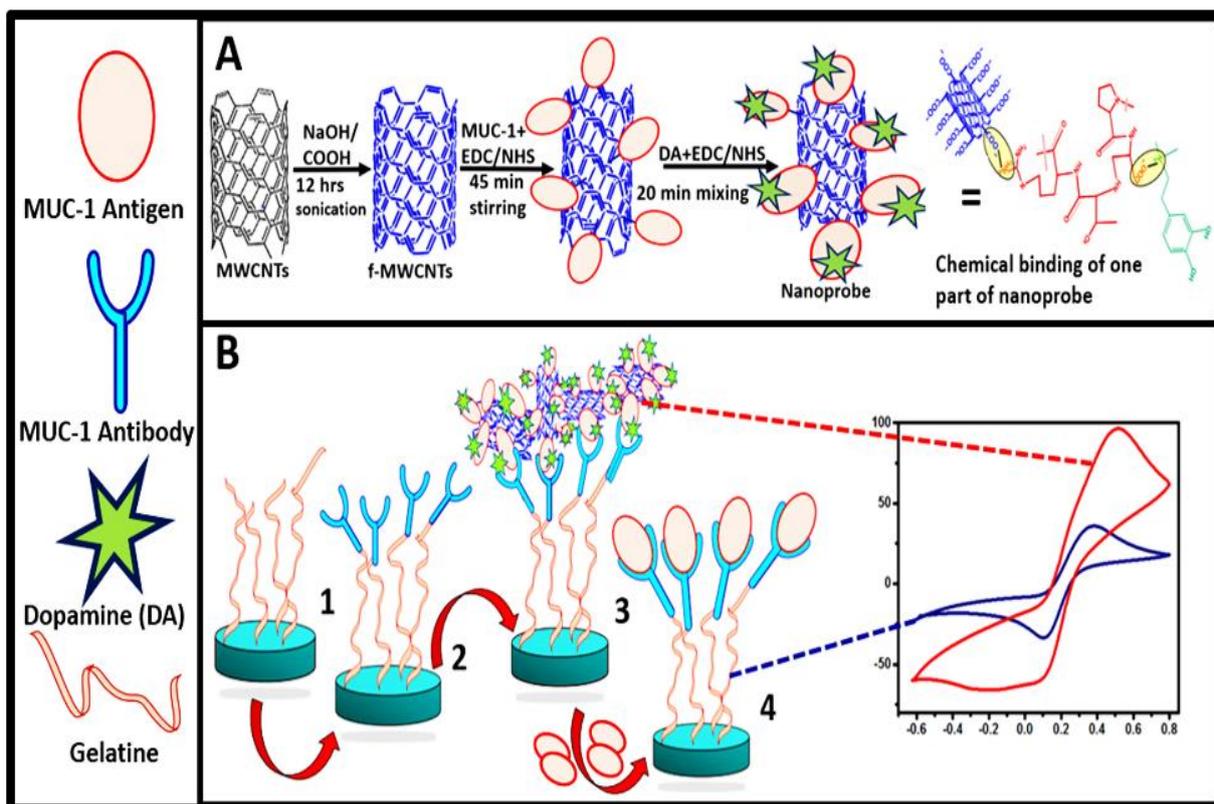
# 181 **3 Results and discussion**

## 182 **3.1 Detection mechanism of electrochemical immunosensor**

183 The mechanism of proposed electrochemical immunosensor based on DA assisted signal  
184 amplification strategy was presented in scheme 1.

185 The detection strategy consists of three main steps: preparation of nanoprobe, modification of  
186 electrode surface and competitive recognition of free MUC-1. fMWCNTs **provided –COOH**  
187 groups for the attachment of MUC 1 protein, while DA was used to amplify the  
188 electrochemical signal due to its electron donating capability. The DA/MUC-1/fMWCNTs  
189 nanoprobe was synthesised by covalent binding of MUC-1 protein with DA. A robust way to  
190 create bio-functionalized surface is to immobilize the biological macromolecules such as  
191 antibodies or antigens at the modified electrode surface by means of covalent binding. This  
192 requires the presence of two mutually reactive chemical groups on the protein and on the

193 substrate surface. The commonly employed literature methods exploit the reactivity of  
194 endogenous functional groups (such as amines and carboxylic acid groups) present in the side  
195 chains of the amino acids. In such strategies, the naturally occurring functional groups are  
196 used to covalently couple with the complementary functional groups present on **the substrate**  
197 **surface. The carboxylic acid functional groups of these amino acids** can react with amines  
198 using the coupling chemistry. This coupling reaction is usually activated by EDC/NHS agents  
199 **which results in a rapid** formation of a peptide bond. **In general, the presence of excessive**  
200 **amount of amino acids can theoretically result in a random immobilization. However,**  
201 **immobilization methods based on covalent binding chemistry can provide surface coatings**  
202 **with a unique orientation of the antibody (Abs)-proteins.** This covalent immobilization, in  
203 principle, provides the best entry point for Abs molecules to the protein (gelatin) modified  
204 surface with a specific orientation. This intermediated protein (gelatin) on electrode surface  
205 actually displays two and five binding domains specific to the Fc-portion of Abs that renders  
206 **tail-on orientation (Fc attached to the surface)** [24]. Um *et al.* introduced tail-on orientation of  
207 the Abs by the electrochemical immobilizing of a protein onto the **electrode surface** [25]. The  
208 electrostatic interactions between various functional groups such as amino groups on the  
209 modified (with gelatin in this case) surface and the oxygen containing groups of the Ab  
210 present in the Fc region also **favour tail-on orientations of Abs** due to steric hindrance  
211 imposed by side arms of the Abs. Abs possess only one binding site. Therefore, Abs should  
212 display free antigen-binding regions after immobilization to achieve the highest analyte  
213 binding. Thus, this tail-on orientation **can improve biosensor** performance with improvement  
214 factors as high as 200 being reported upon **organized orientation** [26]. Moreover, EDC/NHS  
215 activation approach possesses many merits including high conversion efficiency, mild  
216 reaction conditions, highly oriented biocompatibility with target molecules, and much cleaner  
217 **products as compared** to other crosslinking reagents. Therefore, the modified electrode in the  
218 strategy employed in this study with improved electro-active area supplied a non-random  
219 immobilized surface for MUC-1 antibody. The antibody was well oriented in this  
220 arrangement because of EDC assisted –HN–COOH bond formation with gelatin-surface. In  
221 addition, the maximum numbers of MUC-1 antibody active sites were prone to epitopes  
222 attachment.



223

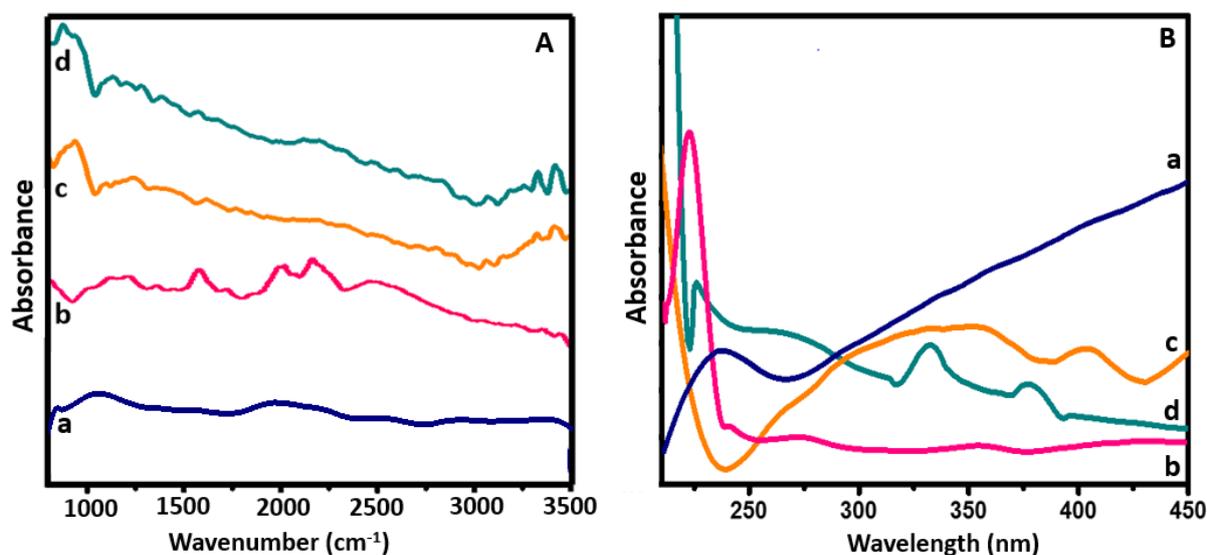
224 **Scheme.** 1. Schematic illustration of (A) different steps involved in the fabrication of nanoprobe, (B)  
 225 Modification of working electrode and principle of direct competitive electrochemical immunosensor for breast  
 226 cancer detection. (1) **Electrooxidative grafting of gelatin** on pencil electrode, (2) EDC/NHS attested binding of  
 227 MUC-1 antibody, (3) Attachment of developed nanoprobe with modified electrode resulting in higher current  
 228 signal, (4) Free MUC-1 replaced nanoprobe and resulting signal decreased in competitive assay.

229 **The immunosensor was characterized both in ferri/ferro cyanide solution and PBS buffer.**  
 230 Afterwards, when the immunosensor was used to recognize free MUC-1, a competitive  
 231 process was carried out in PBS buffer. The proposed strategy is based on the direct  
 232 competition between labelled and un-labelled antigen. The direct competition approach is  
 233 well established detection mechanism in the literature. **Both labelled and un-labelled antigens**  
 234 **have equal binding tendencies**, while the detection mechanism relies on the competition  
 235 between both types of antigens. In the absence of free antigen, maximum signal intensity was  
 236 observed while the presence of free antigen competed with the labelled one to bind with the  
 237 immobilized antibody, thus decreasing the output signal. The decrease in response was  
 238 proportional to the concentration of free analyte (antigen) and was employed for quantitative  
 239 analysis of MUC-1. **Since** an electron donor (DA) was attached to the nanoprobe, a dramatic  
 240 difference in current signal was observed in the absence and presence of free analyte. The  
 241 immunosensor permitted to detect low level of MUC-1 in human serum samples and thus can  
 242 be used for early diagnosis of breast cancer.

## 243 3.2 Characterization

### 244 3.2.1 FTIR, UV-Vis, SEM, XRD and AFM analysis of nanoprobe

245 FTIR spectra were used to evaluate and monitor the functional group changes during  
246 modification process of MWCNTs (Fig. 1A). No significant spectral bands appeared in case  
247 of MWCNTs, while a spectral peak at  $1490\text{ cm}^{-1}$  was observed for C-H bending (a).  
248 However, in case of COOH-MWCNTs, several significant peaks appeared (b). Spectral peaks  
249 at  $1202\text{ cm}^{-1}$  and  $1490$  to  $1650\text{ cm}^{-1}$  were respectively assigned to C-O-C and C=C bending  
250 modes. Spectral bands at  $2850$  to  $2950\text{ cm}^{-1}$  represent C-H stretching vibrations. Another  
251 small spectral peak appeared at  $3460\text{ cm}^{-1}$  for OH-stretching of carboxylic group. Similarly,  
252 the spectral band at  $2200$  to  $2300\text{ cm}^{-1}$  was assigned to  $\text{CO}_2$ . However, upon incubation of  
253 MUC-1 protein (c), C=O peak shifted to  $1643\text{ cm}^{-1}$  and became broader due to amide-  
254 carbonyl stretching mode [27]. Small peaks at  $1180$ ,  $1480$  and  $3430\text{ cm}^{-1}$  were assigned to  
255 aliphatic C-N stretching, N-H rocking and N-H stretching vibrations, respectively [28]. A  
256 single absorption band appeared at  $1636\text{ cm}^{-1}$ , which was attributed to aromatic (C=C) of the  
257 DA layer (d)[29].



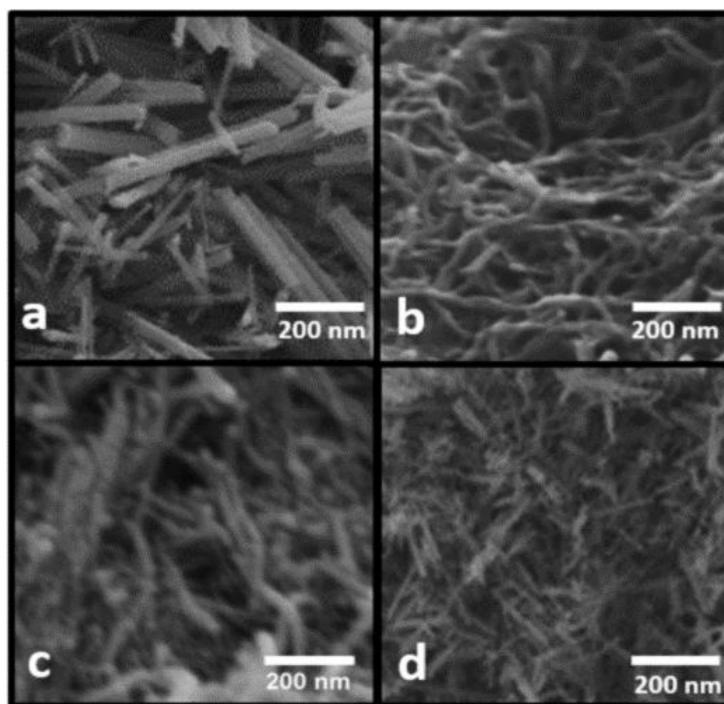
258 Fig. 1. (A) FTIR analysis and (B) UV-Vis spectra of a; MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC-1  
259 protein, d) fMWCNTs/MUC-1 protein/ DA.  
260

261 Fig. 1.B shows the UV-Vis spectra of each modification step of MWCNTs during fabrication  
262 of electrochemical immunosensor. A characteristic peak of MWCNTs near  $250\text{ nm}$  can be  
263 seen in Fig. 1B, a. The peak is in good agreement with the literature reporting characteristics  
264 of MWCNTs [30]. After acidic treatment (Fig. 1B, b), the transition absorption peaks near  
265  $250\text{ nm}$  became stronger with a red shift due to the electronic transition from  $n \rightarrow \pi^*$  of a  
266 nonbonding pair of electrons from carboxylic groups. It indicates that the functionalization

267 process was efficient for MWCNTs to provide fMWCNTs. This red shift in the characteristic  
268 peak of MWCNTs corresponds to the presence of excessive carboxylic groups on the surface  
269 of fMWCNTs [31]. A characteristic peak at 260 nm was observed for MUC-1 as shown in  
270 Fig. 1B, c [32]. Finally, nanoprobe retained the characteristic absorption peaks of both MUC-  
271 1 protein and DA at 368 nm [33], indicating the successful labelling of DA with nanoprobe  
272 (Fig. 1B, d).

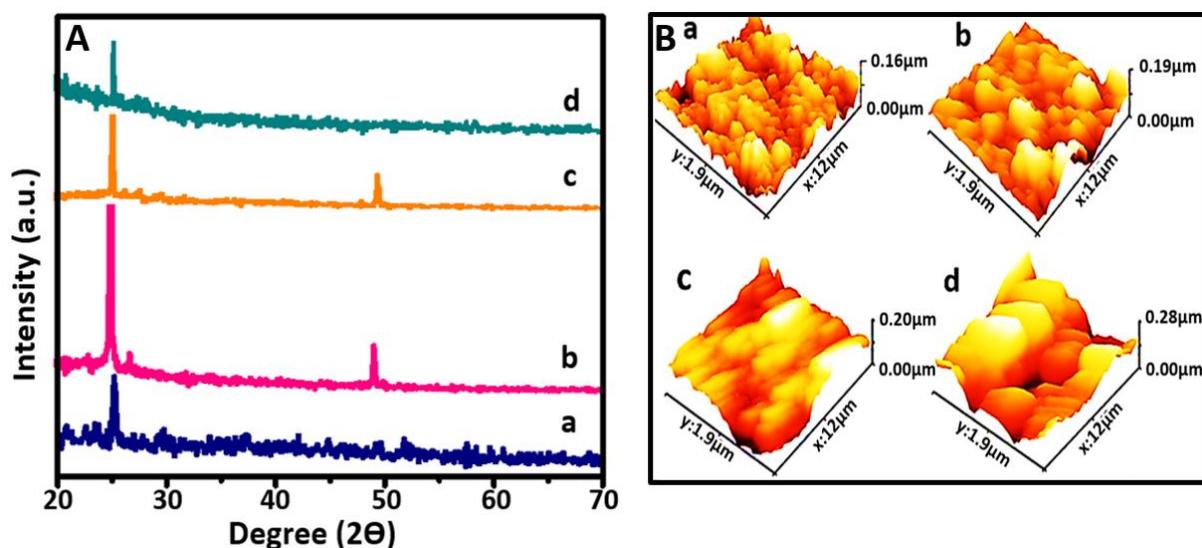
273 The functionalization process was based on the attachment of organic moieties on the  
274 material surface. Therefore, a change in surface morphology via SEM and AFM could be  
275 used as an indicator to show the variation in surface nature upon different modification steps.

276 The SEM images at different stages of nanoprobe fabrication are displayed in Fig. 2. It can be  
277 observed from Fig. 2 that the MWCNTs have different surface morphology as compared to  
278 those of functionalized MWCNTs (fMWCNTs), fMWCNTs/MUC-1 protein and  
279 fMWCNTs/MUC-1/DA). It can also be observed from the micrographs that the surface-  
280 roughness of MWCNTs increased after functionalization with COOH. Similarly, fMWCNTs  
281 became closely packed upon the addition of MUC-1 protein, making the surface appearance  
282 of MWCNTs as covered with cloudy clusters. After interaction of DA (Fig. 2D), the modified  
283 MWCNTs were found to be disaggregated.



284  
285 **Fig. 2.** SEM analysis of a; MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC1 protein, d) fMWCNTs/MUC1  
286 protein / DA.

287 The XRD patterns for each fabrication step of nanoprobe were displayed in **Fig. 3A**. Typical  
 288 peaks (002 and 100) of MWCNTs were obtained at  $2\theta = 26.68^\circ$  and  $48^\circ$  respectively, which  
 289 were in accordance with the reported literature. **The intensity of 002 peak for fMWCNTs was**  
 290 **increased as compared to pristine MWCNTs [34].** However, a decrease in the peak intensities  
 291 was observed after the attachment of EDC/NHS treated MUC-1, with the appearance of  
 292 additional peaks at  $28.5^\circ$  and  $46.7^\circ$ , confirming the presence of MUC-1 on the surface of  
 293 fMWCNTs [35]. **XRD pattern of fMWCNTs/MUC-1 protein/DA, as shown in Fig. 3A, d**  
 294 **depicted only one reduced peak of MWCNTs at  $26^\circ$ , while the other peaks were depressed**  
 295 **due to the presence of DA [36].**



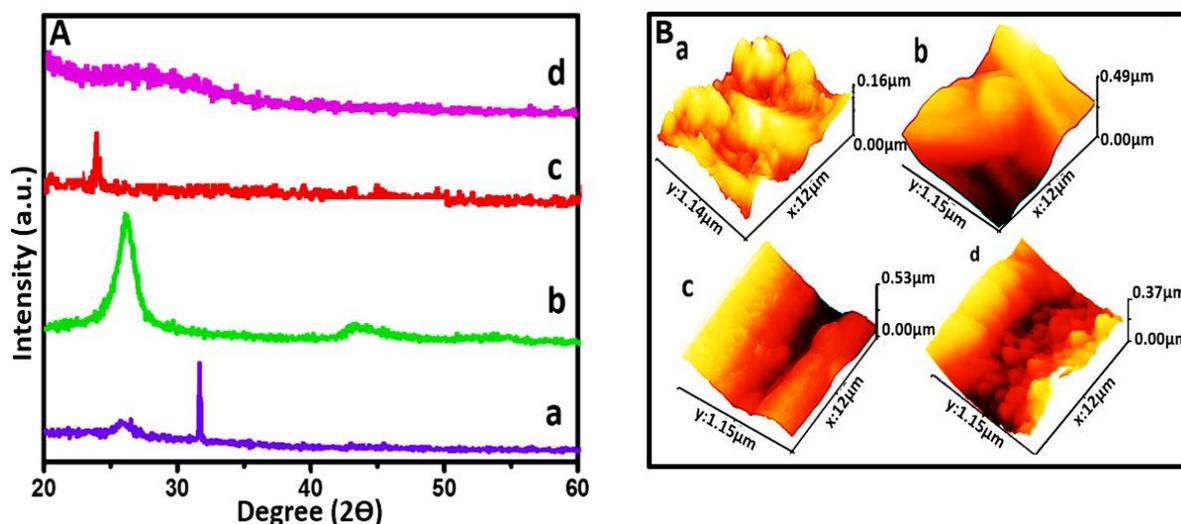
296 **Fig. 3.** (A) XRD analysis and (B) AFM topographs of step wise preparation of MUC-1 immunoprobe. a)  
 297 MWCNTs, b) fMWCNTs, c) fMWCNTs/MUC-1 protein, d) fMWCNTs/MUC-1 protein/DA.  
 298  
 299

300 AFM was used for the investigation of surface morphology of nanoprobe. The topography  
 301 images are given in **Fig. 3B**. Image (a) indicates the rough surface features of MWCNTs [37].  
 302 After functionalization process, the surface roughness was reduced with increased cluster  
 303 formation. This decrease was attributed to the smoothing effect induced by f-MWCNTs [38].  
 304 Similarly, the immobilization of antibody increased the profile height with a changed surface  
 305 morphology, thus indicating the attachment of large size molecules (antibody) on the surface  
 306 of fMWCNTs (c). **Finally, the DA attachment altered the height and surface of the**  
 307 **topographical profile as shown in Fig. 3B, d.**

### 308 3.2.2 Characterization of modified electrode

309 In **Fig. 4A**, the XRD images of modified electrode were presented. Peaks close to  $28.1^\circ$  and  
 310  $32.6^\circ$  were the characteristic peaks for carbon surface. After the immobilization of gelatin,  
 311 the peaks were diminished. While the appearance of peak at  $26.4^\circ$  proved the successful

312 electro-oxidation of gelatin on the electrode surface. This XRD pattern reveals the amorphous  
 313 structure of gelatin [39]. However, these peaks were decreased on the attachment of antibody,  
 314 which occupied the carboxylic groups for amide bond formation. The addition of analyte  
 315 further diminished the majority of the peaks, indicating the effective attachment of analyte on  
 316 the transducer surface.



317 **Fig. 4.** (A) XRD and (B) AFM images of a) Bare electrode, b) Gelatin modified electrode, c) Gelatin modified  
 318 electrode with MUC-1 antibody, d) Gelatin modified electrode with MUC-1 antibody + free MUC-1.  
 319

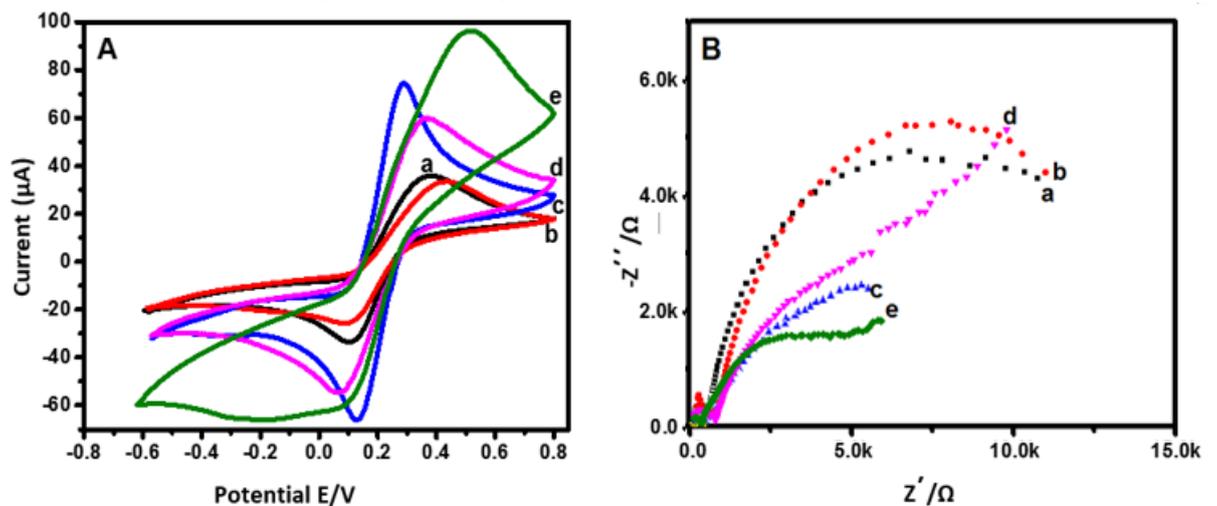
320 The stepwise investigation of electrode fabrication protocol was also performed using AFM  
 321 topographic profiling. Fig. 4B, a represents the surface of bare electrode with a profile height  
 322 of 0.00-0.16 μm and irregular trough and crust contrast. Gelatin grafting resulted in uniform  
 323 topology with increased profile height, suggesting the effective immobilization of proteinic  
 324 clusters, as shown in Fig. 4B, b. An improved smooth surface with increased profile height  
 325 (Fig. 4B, c) was observed after the attachment of antibody, indicating the presence of bulky  
 326 molecules on the modified electrode. Moreover, the specific attachment of analyte (MUC-1)  
 327 resulted in the reversal of profile height and morphology, as illustrated in Fig. 4B, d. Such  
 328 reversal of morphological features could be attributed to the breakage of clusters of antibody  
 329 molecules [40].

### 330 3.3 Electrochemical Characterization

331 CV and EIS were performed for the characterization of each working step and different  
 332 stages, involved in the fabrication of proposed immunosensor. CV and EIS are considered  
 333 powerful tools to study the electrochemical characteristics of transducing surfaces. All  
 334 electrochemical characterizations were carried out in the presence of  $[\text{Fe}(\text{CN})_6]^{4-/3-}$  (1 mM)  
 335 as an electro-active redox probe. This probe permits the recognition of high current response  
 336 against the behaviour of electrochemically inert solution. In CV, differences in the peak

337 currents (PC) and peak to peak separations were monitored to characterize each fabrication  
 338 step of the electrochemical immunosensor. Similarly, EIS is also considered as a very  
 339 effective electrochemical technique for surface modification characterization. The Nyquist  
 340 plot with a semicircle portion at higher frequencies corresponds to the electron transfer  
 341 resistance. Impedance spectra (Nyquist plots) for each surface modification step were  
 342 recorded using the Randles equivalent circuit. The circuit consisted of ohmic electrolyte  
 343 resistance ( $R_s$ ), the electron-transfer resistance ( $R_{et}$ ), the Warburg impedance element ( $Z_w$ )  
 344 resulting from the diffusion of ions from the bulk of the electrolyte to the interface, and the  
 345 constant phase element. The  $R_{et}$  depends on the insulating feature at the electrode/electrolyte  
 346 interface and represents facial properties of the surface.  $R_{et}$  is the useful parameter to evaluate  
 347 interfacial properties. Therefore,  $R_{et}$  was considered to monitor the changes on the electrode  
 348 interface at each fabrication step for the designed immunosensor.

### 349 3.3.1 Characterization of nanoprobe assembly



350

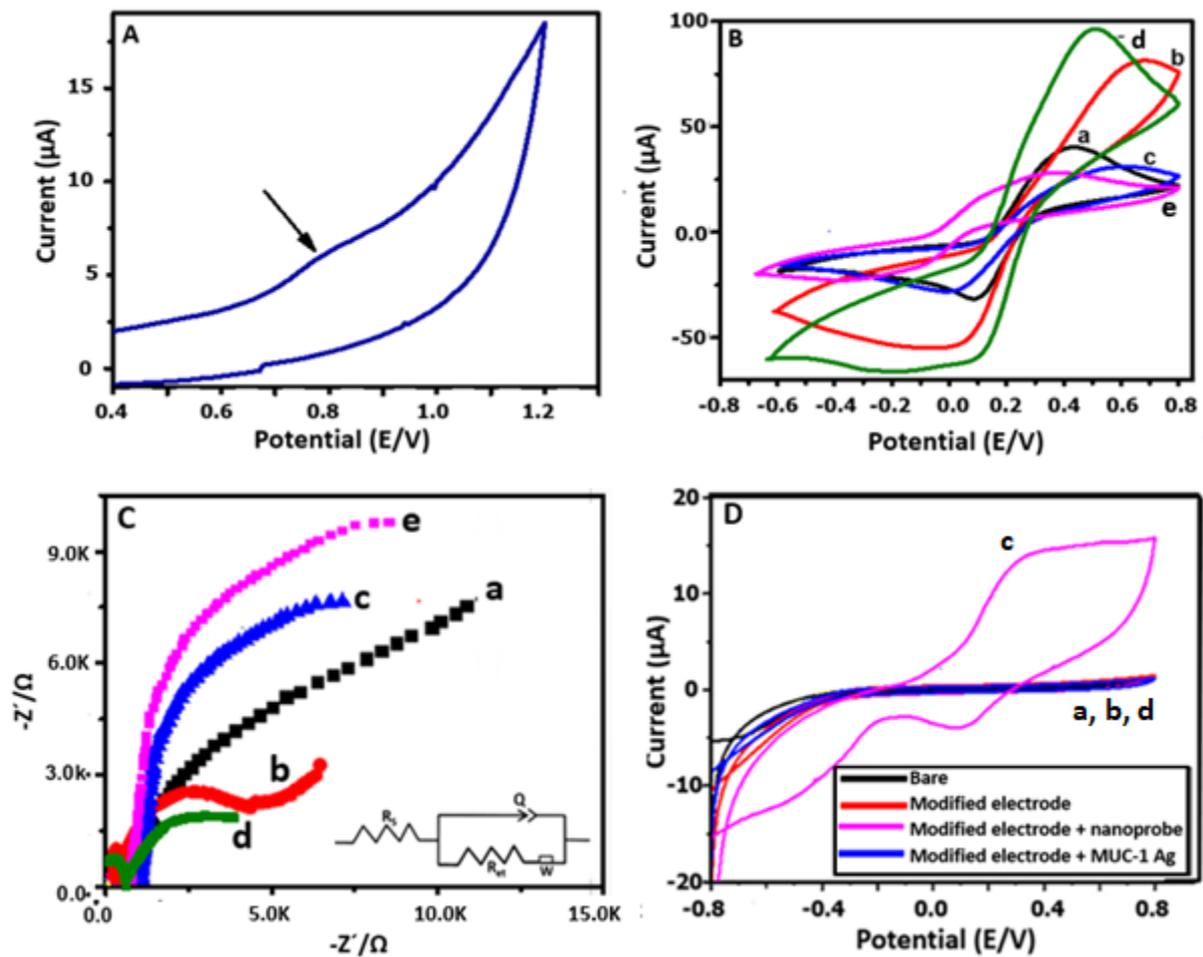
351 **Fig. 5.** (A) Cyclic voltammograms and (B) Electrochemical Impedance spectra of different steps involved in  
 352 nanoprobe preparation; a. Bare PGE, b. MWCNTs, c. fMWCNTs/EDC-activated, d. fMWCNTs/EDC-  
 353 activated/MUC-1 protein, e. fMWCNTs/EDC-activated/ MUC-1 protein/DA.

354 Cyclic voltammograms for all fabrication steps involved in the formation of nanoprobe are  
 355 shown in **Fig. 5A**. The representative anodic and cathodic peaks were observed for (a) Bare  
 356 PGE, (b) MWCNTs, (c) fMWCNTs/EDC-activated, (d) fMWCNTs/EDC-activated/MUC-1  
 357 protein, and (e) fMWCNTs/EDC-activated/ MUC-1 protein/DA. A characteristic redox peak  
 358 of bare PGE with the anodic and cathodic peak current was observed. The presence of  
 359 MWCNTs resulted in a decrease in the current with increased electron transfer resistance  
 360 ( $R_{et}$ ). After the formation of fMWCNTs/EDC-activated PGE, the  $R_{et}$  between electrode  
 361 surface and activated fMWCNTs was reduced due to the succinimide moiety introduced by

EDC-activation. After the immobilization of MUC-1 protein, the negatively charged phosphate groups resulted in the higher  $R_{et}$  value. However, upon addition of DA, an increased CV-response was observed. Basically, well assembled DA on the nanoprobe facilitated the flow of electrons [41]. The trend of the impedimetric response of all the fabrication steps was found to be the analogue of their CV response as can be evidenced in the Fig. 5A and 5B.

### 3.3.2 Characterization of transducer surface fabrication

Electro-oxidation of gelatin was performed in acetate buffer (pH=5). A representative first scan of oxidation process is shown in Fig. 6A. After deposition of gelatin, the modification steps were characterized in the presence of 1 mM redox couple  $[Fe(CN)_6]^{4-/3-}$ . The CV current of the bare electrode enhanced (approximately 2-folds) after electrochemical oxidation of gelatin on PGE surface while peak shifted to the higher potential, as shown in Fig. 6B, b.



375

376 **Fig. 6.** (A) Characteristic CV curve for electro-oxidation of gelatin (first cycle) on PGE-surface (2.5 mg/mL in  
 377 Acetate buffer pH=5). (B) Cyclic Voltammograms and (C) Electrochemical impedance of different steps  
 378 involved in the fabrication of immunosensor; a. Bare, b. Bare/gelatin, c. Bare/gelatin/antibody, d.

379 Bare/gelatin/antibody/nanoprobe, e. Bare/gelatin/antibody/nanoprobe/free MUC-1. (D) Cyclic Voltammograms  
380 of immunosensor in PBS to demonstrate the working mechanism; a. Bare, b. gelatin, c. gelatin/nanoprobe, d.  
381 gelatin/nanoprobe/MUC-1 Ag.

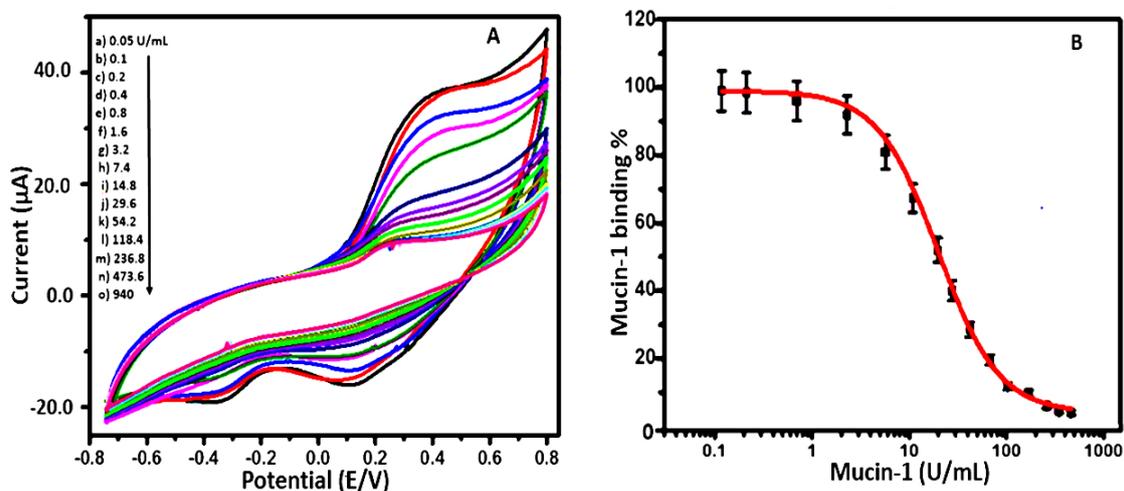
382 With gelatin grafting, a good peak to peak separation was observed. These electrochemical  
383 changes suggested an increased electron transfer rate between modified electrode surface and  
384 the electrolyte solution. The EDC/NHS treated MUC-1 antibody immobilization resulted in a  
385 reduction of electron transfer, showing a further peak shifting towards higher **potential as**  
386 **represented in Fig. 6B, c.** The immobilization of nanoprobe resulted in a very prominent  
387 redox peak (**Fig. 6B, d**). However, upon incubation of analyte (MUC-1), a clear decrease in  
388 peak current was observed (**Fig. 6B, e**). This enhanced signal in case of nanoprobe was  
389 mainly contributed by DA, which is an efficient electron-donor. It is note-worthy that the  
390 electron donor signal probes can be attached precisely to the target analyte for signal  
391 amplification [41]. The maximum surface of fMWCNTs was covered by MUC-1, hindering  
392 the attachment of DA molecules on the surface of fMWCNTs. Moreover, the DA was used as  
393 an electron donor and the intensity of current signal was dependent on the amount of attached  
394 DA. **DA has been employed as a probe to donate electrons for signal amplification in the**  
395 **construction of the electrochemical biosensors [42]. It can also be observed from the Fig. 6**  
396 **that the combination of DA and MUC-1 altered the nature of peak current, which could be**  
397 **attributed to the high electrical conductivity of DA [43].** When MUC-1 antigen competed  
398 with the MUC-1 nanoprobe containing DA, the peak current was decreased. Additionally, the  
399 antigens acted as an insulator and subsequently reduced the electron transfer rate [44]. This  
400 could be attributed to the antibody-antigen complex on the surface of the modified electrode  
401 [20].

402 **Similarly, Fig. 6D** represents the electrochemical response of PGE at different modification  
403 steps in PBS. **A characteristic redox peak of DA was observed in the presence of DA labelled**  
404 **MUC-1 (Fig. 6D, c),** while the given characteristic peak was significantly decreased upon  
405 competition between free and DA labelled MUC-1, **as shown in the Fig. 6D, d.** This further  
406 demonstrates the working mechanism of fabricated immunosensor. **Similarly, bare and**  
407 **gelatin modified electrodes did not show any response.**

### 408 **3.4 Competition assay for MUC-1 protein**

409 Prior to perform competition assay, different experimental conditions were optimized. The  
410 detail of the **experimental optimization** is provided in the supporting information (SI). To  
411 validate the immobilization method, direct competitive immunoassays were performed for  
412 **MUC-1 analysis using** optimized experimental parameters. The assays were relied on the

413 competition between the free MUC-1 and labelled MUC-1 nanoprobe. When the system was  
 414 tested without free MUC-1 by CV, a current signal of 98.9  $\mu\text{A}$  was obtained as shown in **Fig.**  
 415 **6B**. This current was high enough to carry out the competition step and measure the lower  
 416 current intensities (**Fig. 7A**). The proposed strategy was based on the direct competition  
 417 between labelled and un-labelled antigen. The direct competition approach is well established  
 418 detection mechanism in the literature. Both labelled and un-labelled antigens have equal  
 419 binding tendencies, while the detection mechanism relies on the competition between both  
 420 types of antigens. In the absence of free antigen, a maximum signal was observed while the  
 421 presence of free antigen competed with the labelled one to bind with the immobilized  
 422 antibody, thus decreasing the output signal. The decrease in response was proportional to the  
 423 concentration of free analyte (antigen), hence, utilized for its quantitative analysis. For the  
 424 higher concentrations (473.6 and 940 U/mL), the change in current response was difficult to  
 425 be observed due to saturation point. The calibration curve obtained with electrochemical  
 426 immunosensor is shown in **Fig. 7B**. Due to experimental error (5 %), the LOD was defined as  
 427 the MUC-1 concentration, which corresponds to the 85% of MUC-1 binding depending on  
 428 the maximum standard deviation value. The calibration curve (**Fig. 7B**) was fitted by  
 429 sigmoidal logistic four parameter-equation  $y = a_2 + [a_1 - a_2 / 1 + (x/x_0)^p]$  using Origin Pro-8  
 430 SR0 software, in which  $a_2$  and  $a_1$  are the maximum and minimum values respectively, and  $x^0$   
 431 and  $p$  are the  $x$  value at the inflection point and the slope of inflection point accordingly. With  
 432 the help of equation, percentage binding was evaluated depending upon the maximum  
 433 standard deviation value. The lower percentage binding (less than 100 %) could be linked  
 434 with the high number of the washing steps that might cause leaching of excessive antibodies  
 435 out of the electrode surface. The correlation coefficient R, LOD and  $\text{IC}_{50}$  values were found  
 436 to be 0.95, 0.01 U/mL and 7.4 U/mL respectively, from regression equation.



437

438 **Fig. 7.** Variation of CV with increasing concentration of free MUC-1 for competition assay (A) and standard  
 439 curve for proposed assay (B). Experimental conditions: Gelatin concentration = 0.1 M, antibody concentration=  
 440 0.25 U/mL, antibody incubation time= 30 min, nanoprobe concentration= 25  $\mu$ L, nanoprobe incubation time=  
 441 15 min, DA concentration = 0.1M, pH of buffer=7.2.

442 **Table 1** presents a comparison between the given electrochemical immunosensor and the  
 443 existing literature reports for the detection of cancer biomarker.

444

445 **Table 1.** A comparison of present work with the published literature reports for the detection of MUC-1.

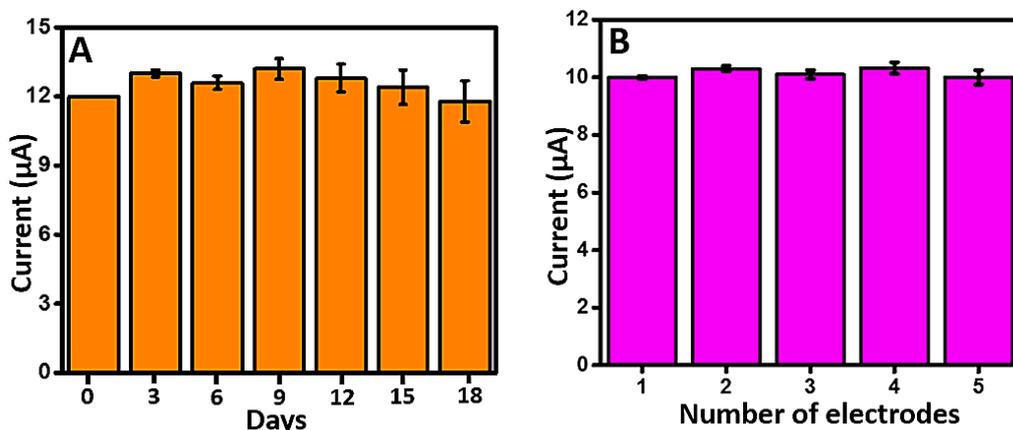
No.	Material Used	Detection Method	LOD (U/mL)	Linear Range (%)	Ref.
1	Au/ZnO thin film surface	Plasmon Resonance Based	0.025	1-40	[45]
2	COOH rich graphene oxide	Disposable electrochemical immunosensor	0.04	0.1-2	[46]
3	Coated Polymethylmethacrylate	Kinetic-exclusion analytical technology	0.21	0.3-20	[47]
4	Pt nanoclusters	Enzyme-linked Immunosensor	0.04	0.1-160	[48]
5	DA/MUC-1/fMWCNT	Direct competitive immunosensor	0.01	0.05-940	Present work

446

447 The above comparison demonstrated the advantages of developed immunosensor over the  
 448 reported methods in terms of lower LOD and linear range. The lower LOD could be  
 449 attributed to the direct immobilization through covalent linking that increased the  
 450 accessibility of free MUC-1 to the antibody [49].

### 451 3.5 Stability and Reproducibility

452 In order to evaluate the stability, the immunosensor was stored at 4°C after every use. The  
 453 response of the immunosensor did not show any significant change over a period of two  
 454 weeks, indicating the extended stability of the immunosensor. Furthermore, reproducibility of  
 455 the immunosensor was also assessed. For this purpose, five immunosensors were designed  
 456 independently under the optimized experimental conditions to detect the MUC-1 IC<sub>50</sub>  
 457 concentration (7.4 U/mL). The relative standard deviation (RSD) of the peak current  
 458 difference was about 1.52 %, indicating good reproducibility of the proposed immunosensor  
 459 (Fig. 8.).



460  
461 **Fig. 8.** (A) Stability and (B) Reproducibility of the proposed electrochemical immunosensor for the detection of  
462 10 nM MUC1.

### 463 3.6 Recovery and spiked sample analysis

464 In order to verify the clinical applicability of our proposed immunosensor for MUC-1  
465 detection, human serum samples (taken from **Shaukat Khanum Memorial Cancer Hospital &**  
466 **Research Center, Lahore Pakistan**) were spiked with three different concentrations of MUC-1  
467 (0.1, 14.8 and 473.6 fU/mL). Antibody immobilized gelatin-PGE modified electrodes were  
468 incubated with above mentioned concentrations at optimized experimental conditions with  
469 same protocol as described for standard MUC-1 analysis. Assays were performed in  
470 triplicate. Good recoveries (93.5-95%) were obtained with R.S.D % in the range of (4.6-6).  
471 The percentage recoveries are summarised in **table 2**. These results proved the clinical  
472 applicability of the immunosensor **for complex biological systems**.

473 **Table 2.** Recovery percentages obtained for real sample analysis against various concentrations of MUC-1 using  
474 proposed immunosensor.

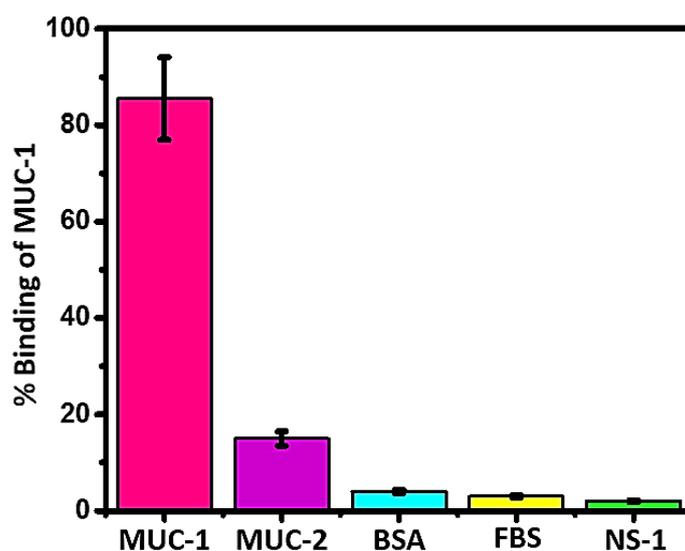
No.	MUC-1 added (U/mL)	MUC-1 found (U/mL)	R.S.D %	R.E %	R%
1	0.1	0.06	6	6.5	93.5
2	14.8	12.9	4.6	5	95
3	473.6	452	5	5.5	94.5

475 R.S.D=Relative standard deviation, R.E= Relative Error, R= Recovery

### 476 3.7 Specificity of the **Immunosensor**

477 Selectivity and specificity are important parameters to validate the practical applicability of  
478 the immunosensor. Therefore, by performing control experiment with non-specific binding  
479 **proteins such as BSA, FBS and NS1**, the specificity of designed immunosensor was  
480 evaluated. **Fig. 9** illustrates **the percentage (%)** binding response of the antibody immobilized  
481 **gelatin-PGE modified electrode upon incubation with non-specific (FBS, BSA, NS1) as well**

482 as structural analogue (MUC-2) proteins. It is evident from Fig. 9 that the percentage binding  
483 response values for nonspecific proteins were considerably lower than MUC-1. However,  
484 MUC-2 showed higher response in comparison to non-specific binding proteins but much  
485 lesser than MUC-1. These results proved that the effect of non-specific proteins was  
486 insignificant on MUC-1 detection and the proposed immunosensor had sufficient specificity  
487 towards MUC-1 protein.



488

489 Fig. 9. Specificity of the proposed immunosensor for MUC-1 analysis.

## 490 4 Conclusion

491 In this study, a new, simple and inexpensive strategy for the detection of MUC-1 has been  
492 developed. Modification of fMWCNTs with Ag and DA provided a highly sensitive  
493 nanoprobe, which offered distinct advantages over the already reported electro-active labels  
494 in literature. On the other hand, modification of the PGE with GE facilitated to overcome the  
495 problem of biological damages and toxicity imposed by non-biological transducing materials.  
496 Both the above mentioned modifications provided an ideal and conductive platform using  
497 amino-carboxy-surface chemistry of gelatin and fMWCNTs. Compared to other reported  
498 electrochemical immunosensors for the detection of MUC-1, the proposed immunosensor  
499 functioned well over a wide linear range between 0.05-940 U/mL, and a low LOD of 0.01  
500 U/mL. Moreover, the designed immunosensor offers significant potential for widespread  
501 applications in the field of clinical diagnostics and can easily be extended to the development  
502 of other types of bio-receptor surfaces based on aptamers/antibodies for the detection of other  
503 analytes. This could not only be useful for rapid detection but also for the monitoring of the  
504 progression of disease process, which is a far bigger challenge than detection.

## 505 **Acknowledgments**

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508 the funding for this research provided by Higher Education Commission, Pakistan (5411-  
509 FedralNRPU-R&D-HEC-2016).

## 510 **Conflict of interest**

511 Authors declare no conflict of interest.

## 512 **References**

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646



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## **CONFLICT OF INTEREST**

Authors do not declare any kind of conflict of interest.

1. **Sidra Rashid:** Investigation, Writing - Original Draft, Visualization.
2. **Mian Hasnain Nawaz:** Writing - Review & Editing.
3. **Ihtesham ur Rehman:** Resources.
4. **Akhtar Hayat:** Conceptualization, Methodology, Supervision.
5. **Jean Loius Marty:** Validation.



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