# Reinforcement Learning for Interference Management in Backscatter Heterogeneous Network

Furqan Jameel\*, Wali Ullah Khan<sup>†</sup>, Muhammad Ali Jamshed<sup>‡</sup>, Haris Pervaiz<sup>§</sup>, Riku Jäntti<sup>\*</sup>

\* Department of Communications and Networking, Aalto University, FI-02150 Espoo, Finland.

<sup>†</sup> School of Information Science and Engineering, Shandong University, Qingdao, People's Republic of China.

<sup>‡</sup> Institute of Communication Systems (ICS), Home of 5G Innovation Centre (5GIC), University of Surrey, UK.

§ School of Computing and Communications, Lancaster University, UK.

Abstract—Backscatter heterogeneous networks are expected to usher a new era of massive connectivity of low-powered devices. It also holds the promise to be a key enabling technology for massive Internet-of-things (IoT) due to myriad applications in industrial automation, healthcare, and logistics management. However, there are many aspects of backscatter heterogeneous networks that need further development before practical realization. One of the challenging aspects is high levels of interference due to the use of the same spectral resources for backscatter communications. To partly address this issue, this article provides a reinforcement learning-based solution for effective interference management when backscatter tags coexist with other legacy devices in a heterogeneous network. Specifically, using reinforcement learning, the agents are trained to minimize the interference for macrocell (legacy users) and small-cell (backscatter tags). Novel reward functions for both macro- and small-cells have been designed that help in controlling the transmission power levels of users. The results show that the proposed framework not only improves the performance of macro-cell users but also fulfills the quality of service requirements of backscatter tags by optimizing the long-term rewards.

*Index Terms*—Backscatter communications, Internet-of-things (IoT), Interference management, Reinforcement learning.

### I. INTRODUCTION

Backscatter communication is evolving as the cuttingedge technology to enable ultra low-power and cost-efficient communications for future Internet-of-things (IoT) [1]. This is achieved by using ambient RF signals without the need for active RF transmission. Specifically, by modulating and reflecting back the received RF signal, a backscatter tag transmit the data to nearby devices rather than generating RF signals using oscillators [2]. Due to such ease of use and efficiency, this emerging technology has been proposed to use in healthcare networks and for industrial automation. This communication method is especially helpful in addressing the communication and energy efficiency-related issues of small devices with miniature power sources for remote tracking, and logistics management. Despite compelling advantages and applications of this technology, certain limitations restrict the adoption of worldwide backscatter communication systems [3].

Firstly, in traditional backscatter communications, the transmitters should be placed close to the respective RF sources, which significantly limits the coverage area and device utilization [4]. Secondly, the RF source and the backscatter receiver are generally located on the same device, which causes the self-interference between the transmitter and the receiver antennas. As a result, communication performance is substantially degraded. Recently, with the advancement in wireless communication technology, some promising solutions for addressing these limitations have been proposed.

In this regard, one of the promising solutions is to use backscatter communications with the existing legacy devices. This not only improves some of the limitations of the backscatter tags but also opens new avenues for improved spectral efficiency [5], [6]. A backscatter heterogeneous network is considered one of the key enablers for the coexistence of legacy devices and backscatter tags. The low-power backscatter devices communicate with one another by taking advantage of the available signals in the surrounding environment [7]. The signals are broadcasted from different sources available in the environment that may include ambient RF sources, e.g., radio and TV broadcasting towers, FM transmitters, and Wi-Fi APs, and cellular BSs. In this manner, the communication takes place without the need for the scarce and expensive dedicated frequency spectrum. The receiver receives the signals transmitted from the carrier emitter or an ambient RF source, and decodes these signals as the useful information transmitted from the transmitting antenna. By segregating the backscatter receiver and the carrier emitter, the number of RF elements is reduced at backscatter devices, and they can operate more efficiently [8], [9].



Fig. 1. A typical Q-learning model consisting of an agent that interacts with environment.

#### A. Related Work

In recent years, the performance of backscatter communications has been extensively studied for different communication conditions. In this regard, the authors of [10] presented an optimization framework to improve the performance of backscatter networks. More specifically, their considered network setup consists of a single source and destination along with several wireless-powered backscatter tags. To maximize the throughput, they solved the problem using the interior point method. Similarly, the authors of [11] considered a scenario with multiple backscatter tags and a single reader. Their considered tags used mono-static formation and reflected the RF carrier to the RF source. They optimized the successive decoding rate of the system and showed that their scheme improves the network performance. The authors of [1] explored the rate-energy tradeoff of the backscatter communication system. Their system model was composed of wireless-powered backscatter tag communicating under the Rayleigh fading. The authors of [12] provided measurement results for backscatter communication in healthcare networks. They used mono-static backscatter tags communicating at low frequencies for both indoor communication conditions.

The reinforcement learning-based artificial intelligence algorithms have been applied to wide areas of wireless communication such as D2D communication [13]. O-learning is among the most explored and successful reinforcement learning techniques [14]. In this case, the problem consists of an environment and either single or multiple agents. As shown in Fig. 1, by observing the current state of the system, an agent takes action according to a stochastic policy. The authors in [15] used a reinforcement learning-based power control algorithm in underlay D2D communication and compared a centralized Q-learning based algorithm with distributed Q-learning. It was shown that distributed Q-learning users are enabled to self-organize by learning independently, thus, reducing the overall complexity of the system. In [16], the problem of vehicle-to-vehicle (V2V) transmission of the message was considered. However, there exist a few studies on backscatter communication that employ machine learning techniques [17], [18]. For instance, the authors of [19] used a supervised machine learning technique (support vector machine) to detect the signal from a backscatter tag by transforming the tag detection into a classification task. The learning algorithm divides a signal into two groups based on the energy features. It was shown that the proposed scheme outperforms the conventional random forest technique. In [20], the authors proposed to use machine learning for channel estimation in backscatter systems. They design a semi-blind channel estimator using a typical machine learning technique called expectation maximization. They also derived Cramer-Rao lower bounds of estimated parameters to verify the utility of the proposed technique and validated the results using simulations. In [21] the authors discussed the ambient backscatter communication that enables wireless devices to communicate without utilizing radio resources. The system is modeled by the Markov decision process and the optimal channel is obtained by the iterative algorithm.

#### B. Motivation and Contribution

The aforementioned research efforts have significantly advanced the state-of-the-art on backscatter communications. However, the optimization aspect of backscatter communications has received little attention. The feasible adoption of backscatter communication largely depends on the optimization of existing solutions. Motivated by this objective, we aim to provide a novel Q-learning solution for backscatter heterogeneous networks. According to the best of authors' knowledge, the interference mitigation via Q-learning has not been performed for backscatter heterogeneous networks. The main contribution of our work is twofold.

- We develop a backscatter heterogeneous network to improve the spectral efficiency of the legacy networks. Specifically, the backscatter tags are associated with the small-cells that share the resources with macro-cell. The quality of service requirements and interference constraints of both the backscatter and legacy users have been taken into account.
- 2) A Q-learning optimization framework has been proposed to mitigate inter-cell interference. The Q-learning model considers different rewards for both macro-cell and small-cell. The results show that the proposed optimization framework improves the performance of the backscatter heterogeneous network.

The remainder of the paper is organized as follows. Section II provides the details of the considered system model. In Section III, the proposed Q-learning framework for interference minimization is provided. Section IV presents the simulation results and provides a relevant discussion. Section V, finally, presents some concluding remarks and future research directions.

## II. SYSTEM MODEL

We consider an uplink backscatter heterogenous network having single macro-cell BS and multiple small-cell BSs operating at sub-6 GHz, as illustrated in Fig. 2. The macro-cell BS and small-cell BS are assumed to be operating on the same channels using the same number of resource blocks. Without loss of generality, we consider that a user (i.e., backscatter or legacy user) can connect to only one BS at a time, whereas, the users are considered to be already associated with either the macro-cell BS or small-cell BS. The backscatter users are assumed to be communicating to small-cell BS while the legacy users are considered to be communicating with the macro-cell BS.

For backscatter communications with small-cell BS, we consider a monostatic backscatter configuration and that all the backscatter tags<sup>1</sup> are equipped with single antennas. Each backscatter user is assumed to use a reflection amplifier that is characterized by the negative load impedance [3]. The channel coefficients between the small-cell BS and backscatter transmitter (i.e., direct link), and between the backscatter transmitter and small-cell BS (i.e., backscatter link) are denoted as  $g_{st}$  and  $g_{tr}$ . During each time slot, the backscatter transmitter has to decide whether to operate in energy harvesting mode

<sup>&</sup>lt;sup>1</sup>The phrases 'backscatter tag' and 'backscatter user' are used interchangeably throughout this paper.



Fig. 2. Illustration of backscatter heterogenous network consisting of macrocell and multiple small-cells.

or backscatter mode. All the backscatter tags are considered to be equipped with a rechargeable battery such that the backscatter transmitter can improve its life cycle by harvesting the wireless-power from the RF carrier of small-cell BS.

Specifically, the backscatter transmitter uses the RF signal to harvest energy by converting the RF signal into a direct current. The collected energy can be used for charging the battery or transferring the data back to the small-cell BS. Thus, the harvested energy can be denoted as  $E_h^i = \eta \rho^E |g_{st,i}^{k,f}|^2 P_i^f$ , where  $\eta$  denotes the energy harvesting efficiency,  $\rho^E$  is the power-splitting ratio, and  $P_i^f$  is the transmit power of the small-cell BS. Generally, the transmission signal is known at the small-cell BS and, thus the small-cell BS can apply interference cancellation techniques to obtain the signal from backscatter tag [22].

The instantaneous SINR at the k-th small-cell BS can be written as

$$\Omega_i^{k,f} = \frac{\mu \rho^I P_i^f |g_{st,i}^{k,f}|^2 |g_{tr,i}^{k,f}|^2}{I_1 + I_2 + N_0} \tag{1}$$

where  $0 < \mu < 1$  is the reflection coefficient,  $\rho^{I}$  is the information processing power-splitting ratio,  $g_{st,i}^{k,f}$  is the channel gain between the *i*-th backscatter user and the *k*-th small-cell BS,  $N_0$  represents the noise variance of additive white Gaussian noise (AWGN),  $P_i^f$  the transmission power of small-cell BS,  $I_1$  and  $I_2$  are the interferences, respectively, given as

 $I_1 = \sum_{j \in I_m} P_j^m |g_{tr,j}^m|^2,$ 

and

$$I_2 = \sum_{r \in I_f} \mu \rho^I P_r^f |g_{st,r}^f|^2 |g_{tr,r}^f|^2.$$
(3)

In (2),  $I_m$  is the set of interfering macro-cell users on the same sub-channels. Similarly,  $I_f$  in (3) represents the interference from backscatter users in the other small-cell BSs. Now, the received SINR at the macro-cell BS for decoding the *l*-th legacy user's message can be given as

$$\Omega_l^m = \frac{P_l^m |g_{tr,l}^m|^2}{I_1 + I_2 + N_0},\tag{4}$$

where  $P_l^m$  denotes the transmission power of the legacy user to the macro-cell BS, and  $g_{tr,l}^m$  is the channel gain between *l*-th legacy user and macro-cell BS.

## III. INTERFERENCE MANAGEMENT THROUGH REINFORCEMENT LEARNING

Prior to solving the interference problem in backscatter heterogeneous networks, it is important to understand the dynamics of different entities in the network. We resort to using Q-learning which allows us to find the optimal policy over the long-time interaction of agents. In general, O-learning has three main components, i.e., state, reward, and action. In that, the agent is rewarded based on the action it takes for predefined states. Specifically, the agent uses the Q-learning table to maximize the reward by interacting with the environment. In our considered network setup, the agents are the members of the macro and small-cells that are competing for the constrained resources. As a result of this interaction, a significant amount of interference is introduced in the network known as co-channel interferences. We anticipate this interference can be mitigated after finding the optimal policy for each agent that learns independently about the environment and do not cooperate.

To avoid the unjust distribution of resources and make sure that members of the macro-cell do not fall in the low SINR region, we assume that the small-cell BS has the knowledge of channel of the macro-cell. This assumption is incorporated in the reward function for developing the Q-learning model. We now provide details of the state-reward function for the proposed Q-learning model. Here, for the sake of simplicity, we consider that we have one macro-cell BS and two smallcell BSs. This does not undermine the significance of the proposed solution since this optimization framework can be easily extended for a larger number of small-cells in the network. Moreover, due to the different dynamics of macrocell and small-cell, we define the reward function separately for both cells.

## A. State

The state of any small-cell  $s^{SM} = \{I_{\Omega_m}, I_{\Omega_i}, I_r\}$  is represented, respectively, as a tuple of following indicators:

$$I_{\Omega_m} = \begin{cases} 1 & \Omega_m \ge \Omega_T \\ 0 & \Omega_m < \Omega_T \end{cases}$$
(5)

$$I_{\Omega_i} = \begin{cases} 1 & \Omega_i \ge \Omega_T \\ 0 & \Omega_i < \Omega_T \end{cases}$$
(6)

and

(2)

$$I_r = \begin{cases} 0 & \frac{\Omega_i}{P_i} \le T_a \\ 1 & T_a < \frac{\Omega_i}{P_i} < T_z \\ 2 & \frac{\Omega_i}{P_i} \ge T_z \end{cases}$$
(7)

where  $\Omega_T$  is the level of required SINR for reliable communication,  $\Omega_m$  represents the instantaneous SINR of the macrocell, whereas,  $\Omega_i$  denotes the instantaneous SINR of the smallcell. Furthermore,  $T_a$  and  $T_z$  are the thresholds for energy

S No.	Macro-cell States	Small-cell States
1.	$s_0(0,0)$	$s_0(0,0,0)$
2.	$s_1(1,0)$	$s_1(0,1,0)$
3.	$s_2(0,1)$	$s_2(0,0,1)$
4.	$s_3(1,1)$	$s_3(0,1,1)$
5.	$s_4(0,2)$	$s_4(0,0,2)$
6.	$s_5(1,2)$	$s_5(0,1,2)$
7.		$s_6(1,0,0)$
8.		$s_7(1,1,0)$
9.		$s_8(1,0,1)$
10.		$s_9(1, 1, 1)$
11.		$s_{10}(1,0,2)$
12.		$s_{11}(1,1,2)$

TABLE I STATES OF MACRO-CELL AND SMALL-CELL.

efficiency ratio. More specifically, if the energy efficiency is below  $T_a$ , then the small-cell is in experiencing low efficiency. On the other hand, if the energy efficiency is above  $T_z$ , then it is in desirable region of high efficiency. The small-cell not only considers the SINR of itself but also the macro-cell's SINR. This results in small-cell to achieve a high efficiency without compromising the quality of service requirements of the macro-cell. On the other hand, the macro-cell only cares about itself and tries to achieve a high efficiency. Due to this reason, the states of macro-cell is a tuple of two indicators  $s^{MA} = \{I_{\Omega_m}, I_{\Omega_i}\}$ . Thus, for the considered setup, there are 12 possible states for both macro-cell and small-cell members as given in Table I

#### B. Action

The actions of the agents are predefined transmission power levels. Specifically, the power levels are increased from a specific level with a constant step size.

#### C. Reward

Again, the reward for both macro-cell and small-cell members differ since macro-cell members must be kept above a certain quality of service and capacity limit. However, we also intend to maximize the capacity of the small-cell members. We define the reward functions of macro- and small-cells based on their corresponding SINRs. More specifically, the reward functions of macro-cell and small-cell members can, respectively, be given as

and

$$r_i^m = \begin{cases} 100 & \Omega_m \ge \Omega_T \\ -1 & \text{otherwise} \end{cases}$$
(8)

$$r_i^f = \begin{cases} 100 & \frac{\Omega_m}{\Omega_T} \ge 1, \frac{\Omega_i}{\Omega_T} \ge 1\\ -1 & \frac{\Omega_m}{\Omega_T} \ge 1, \frac{\Omega_i}{\Omega_T} < 1\\ -1 & \frac{\Omega_m}{\Omega_T} < 1, \frac{\Omega_i}{\Omega_T} < 1 \end{cases}$$
(9)

The macro-cell is rewarded a large value if the SINR is higher than the threshold, while it receives a small punishment if it is below. Similarly, the small-cell members receive the reward and punishment for their corresponding SINR values. In this regard, it is worth highlighting that a negative reward may result in low Q-value. By iteratively updating the Q-values, the gap between the rewards of macro-cell and small-cell members can be mitigated. Ultimately, the agent selects the action with the highest Q-value for every state.

Fig. 3 illustrates the working of the proposed Q-learning technique. Let us consider the small-cell agent is at a random state  $s_0(0,0,0)$  and selects a random action for transmission power level 10 dB. The small-cell agent can now estimate the SINR since the other agents also choose their actions randomly. This information can be shared among agents through the BSs. Now, the instantaneous SINR can be easily estimated. Let us consider that based on the predefined values, the agent now moves to the state  $s_{11}(1, 1, 2)$  and receives a reward. Again, the agent selects a random action and supposedly moves to the next state  $s_7(1,1,0)$ . Here, the agent again selects an action and learns that the calculated SINR has been reduced and that the SINR of the macro-cell is also below the threshold. These sort of dynamics are modeled by our proposed Q-learning technique for interference management in backscatter heterogeneous networks.



Fig. 3. Working example of the Markov decision process.

### IV. PERFORMANCE EVALUATION

In this section, we provide the simulation results and their relavent disucssion. To validate the performance of the proposed Q-learning optimization framework, we perform Monte-Carlo simulations. In that, the channel gains between BS and the backscatter tag/ legacy user depends on their distance  $d^{-\chi}$ , where,  $\chi = 4$  is the pathloss exponent. Unless stated otherwise, the simulation parameters and their corresponding values are given as follows: learning rate = 0.5,  $N_0 = 0.1$ ,  $\eta = 0.9$ ,  $\rho^I = 0.8$ , discount factor=0.9, transmit power range = 2 - 16,  $T_z$ =10,  $T_a = 2$ ,  $\Omega_T = 5$ .

Fig 4 the values of SINR for the increasing number of iterations. In general, it can be noted that the model converges around 1100 iterations for small-cells and macro-cell. Due to the high priority of the macro-cell (legacy) users, it can be seen that the SINR value of macro-cell users is higher than the backscatter (small-cell) users. Moreover, the SINR value of



Fig. 4. Illustration of SINR for small-cells and macro-cell, where, (a)  $T_z = 3$ , (b)  $T_z = 4$ , (c)  $T_z = 5$ , (d)  $T_z = 6$ , (e)  $T_z = 7$ , (f)  $T_z = 8$ , (g)  $T_z = 9$ , (h)  $T_z = 10$ .

small-cell backscatter users generally fluctuates. As the value of  $T_z$  increases, given Fig 4 (a) to Fig 4 (h), the value of SINR of macro-cell users gradually improves. Specifically, the gap between small-cell and macro-cell SINR increases and becomes stable. Finally, when  $T_z = 10$ , the gap between the SINRs of macro-cell and small-cell users is generally greater.



Fig. 5. SINR against increasing values of learning rate.

Fig 5 shows the impact of different learning rates on the performance of the proposed Q-learning based optimization framework. The learning rate has an impact on the performance of the Q-learning agent since it decides the tradeoff between exploration and exploitation of the agent. It can be seen from the figure that for macro-cell and small-cell 2, the increase in learning rate first improves that SINR and then results in decreasing the value of the SINR. However, the same is not true for small-cell 1. For the case of small-cell 1, the increase in learning rate from 0.1 to 0.9 first reduces the SINR and then increases the SINR as the learning rate approaches 0.9. Moreover, the peak and lowest value of SINR differ for both macro-cell, small-cell 1 and small-cell 2. This shows

that based on the priority of macro-cell and small-cell users, the learning rate could be differed to improve the learning capabilities of the agent.



Fig. 6. Illustration of SINR for increasing values of threshold.

Fig 6 shows the change in values of SINR for increasing threshold values ( $\Omega_T$ ). It can be seen that the value of SINR for both macro-cell and small-cell users generally decreases with an increase in the threshold value. However, due to the reduced information gap among the small-cell users, the value of small-cell 2 increases, whereas, the SINR value of smallcell 1 decreases. Moreover, it can also be observed that the gap between SINR of small-cell 1 and small-cell 2 increases with an increase in the value of the threshold. Thus, one can deduce that the improvement in SINR of small-cell 2 users comes at the cost of small-cell 1 users.

In Fig 7, we illustrate the impact of  $T_a$  on the SINR of both macro-cell and small-cell users. In general, it can be seen that an increase in the value of  $T_a$  improves the SINR of both the macro-cell and small-cell users. However, as the value of  $T_a$  increases further, the SINR values approaches a ceiling.



Fig. 7. SINR versus different values of  $T_a$ .

This shows that despite a large increase in the value of  $T_a$  no significant increase in the value of SINRs of macro-cell and small-cell users is observed.

### V. CONCLUSION AND FUTURE WORK

Backscatter heterogeneous networks are going to play a critical role in enabling low-powered massive IoT applications. However, some challenges need to be addressed before the practical realization of such networks. In this regard, this work has provided a Q-learning based optimization framework for mitigating the impact of interference in backscatter heterogeneous networks. To do so, we have proposed a novel reward function for both macro-cell (legacy) and small-cell (backscatter) users. The proposed Q-learning model is formulated in a way where macro-cell users are given priority over the small-cell users. The simulation results clearly indicate that the Q-learning framework increases the performance of the macro-cell users while maintaining a recommended level of SINR for the backscatter users in the small-cell.

Although the result provided here show considerable promise, they can be extended in many ways. For instance, future studies can consider multi-antenna backscatter tags to improve the overall throughput of the system. Our proposed framework can be used to improve the performance of backscatter heterogeneous network through an efficient beamforming mechanism. Furthermore, an effective scheduling mechanism can further reduce the impact of interference in backscatter heterogeneous networks. Our proposed framework can be combined with the scheduling technique which may improve the performance manifolds. These challenging yet interesting works are left for future studies.

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