Keynote: HCI Research and Wellbeing.

Science and Spirituality Conference. Inner Space Cambridge. 26 October 2019

This talk provides outlines the disciplinary field of Human-Computer Interaction and provides an overview of my work on technologies for emotional wellbeing and mental health. The presentation places emphasis on the value the human body experiencing the world and describe research outcomes regarding digital disposal following life transitions marked by social loss, and design principles for affective health technologies. The talk concludes with an outline of the AffecTech: Personal technologies for affective health, an EC-funded Innovative Training Network and its interdisciplinary focus.

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