Prospects of observing continuous gravitational waves from known pulsars

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ABSTRACT
Several past searches for gravitational waves from a selection of known pulsars have been performed with data from the science runs of the Laser Interferometer Gravitational-wave Observatory (LIGO) gravitational wave detectors. So far these have lead to no detection, but upper limits on the gravitational wave amplitudes have been set. Here we study our intrinsic ability to detect, and estimate the gravitational wave amplitude for non-accreting pulsars. Using spin-down limits on emission as a guide we examine amplitudes that would be required to observe known pulsars with future detectors (Advanced LIGO, Advanced Virgo and the Einstein Telescope), assuming that they are triaxial stars emitting at precisely twice the known rotation frequency. Maximum allowed amplitudes depend on the stars’ equation of state (e.g. a normal neutron star, a quark star, a hybrid star) and the theoretical mass quadrupoles that they can sustain. We study what range of quadrupoles, and therefore EoS, would be consistent with being able to detect these sources. For globular cluster pulsars, with spin-downs masked by accelerations within the cluster, we examine what spin-down values gravitational wave observations would be able to set. For all pulsars we also alternatively examine what internal magnetic fields they would need to sustain observable ellipticities.

Key words: gravitational waves, pulsars: general, stars: neutron

1 INTRODUCTION
Just under 2000 pulsars are currently known (Manchester et al 2005) and these provide enticing targets to search for continuous gravitational wave emission. Searches for gravitational waves from known pulsars (Abbott et al 2005, 2007a, 2010a) estimate four unknown parameters: the gravitational wave amplitude $h_0$, the initial phase relative to the electromagnetic pulse phase $\phi_0$, the cosine of the orientation angle $\cos \iota$, and the polarisation angle $\psi$. As yet no signal has been seen from any pulsar, so observations provide no constraints on these parameters other than an upper limit on $h_0$. However, with detector sensitivities improving over the next few years we will be beating spin-down based upper limits for many pulsars. This gives us the potential of direct gravitational wave detection (if gravitational waves provide a braking mechanism that is comparable to the electromagnetic braking) therefore allowing us to place real constraints on these parameters. The $h_0$ parameter in particular will allow us to say something about the make up of the neutron star itself as it is related to the star’s mass quadrupole moment, and therefore the equation of state (EoS). Some discussion of useful astrophysics that could be gained from measuring $\cos \iota$ is given in Jones (2007), and accurate polarisation measurements could provide limits on, or allow the study of, different theories of gravity (see e.g. Will 2006), but here we will concentrate on the amplitude and quadrupole measurement. It is important to stress that there is much that is unknown about neutron stars and whether they can produce and sustain large enough quadrupoles to be observable via gravitational waves, so explaining such issues is still an area of great interest. In this study we only discuss prospects for observing non-accreting pulsars. In accreting systems different gravitational wave emission mechanism may be present, and the links between electromagnetic observations and any gravitational wave signal are less well known. Watts et al (2008) provide a good study of detection prospects for accreting neutron stars.

1.1 Searches for known pulsars
Since the start of science data taking from the current generation of interferometric gravitational wave detectors (LIGO, GEO 600, Virgo and TAMA Abbott et al 2004).
Acerese et al 2008, Ando et al 2005) searches looking for gravitational waves from a large selection of known pulsars (millisecond and young pulsars with spin frequencies greater than \( \sim 20 \) Hz) have been performed (Abbott et al 2002, 2007a, 2010a). In the most recent analysis 116 pulsars were searched for using approximately a year and a half of data from each of the three LIGO detectors (Abbott et al 2010a), which were operating at their design sensitivity (Abbott et al 2009a). Unfortunately no signal was seen from any of these objects, but for the majority the sensitivity was still well above, by factors of 10 to over 100 times, their spin-down limits. The spin-down limit is set by assuming that the star’s spin-down luminosity is equal to its gravitational wave luminosity i.e. all the rotational energy lost by the pulsar is due to radiation via gravitational waves from the \( Q_{22} \) mass quadrupole. This limit does require one to assume a moment of inertia for the star, generally taken as the canonical value of \( 10^{35} \) kg m\(^2\) (or \( 10^{45} \) g cm\(^2\) in cgs units), and that its distance is precisely known. For one object, the Crab pulsar, this limit has been passed (Abbott et al 2008a, 2010a) although still no gravitational waves were seen, and for four others the upper limit obtained was within a factor of 10 from spin-down.

For known pulsars the parameter space to be searched over is comparatively small (position and phase evolution are known) and long observation times can be used in a coherent way. This makes such searches more sensitive than semi-targeted, or blind searches for similar sources (Abbott et al 2007b, 2008a, 2008b), although potentially will miss out on some interesting, but currently unknown, objects. Knispel & Allen (2008) discusses the potential strength of a population of gravitational wave emitting Galactic neutron stars. Here, we therefore concentrate our study on estimating the prospects for fully targeted searches.

The paper is set out as follows: in §2 we will assess the potential signal-to-noise ratios at which currently known pulsars could be observed with future detectors, review a detection statistic for these pulsars, and demonstrate the parameter estimation capabilities of the standard search technique at a variety of signal-to-noise ratios; in §3 we review some estimates of the maximum quadrupole moments for neutron stars given a selection of EOS; in §4 we assess the potential signals, and associated quadrupoles, observable in future detectors based on spin-down limits and limits on our sensitivity, and how these limits can be thought of in terms of internal magnetic field strengths, and for globular cluster pulsars limits on their spin-down. Parts of this work are similar in scope to the review by Owen (2006), and the discussions in Abbott et al (2007b) and Andersson et al (2011).

2 ESTIMATING SIGNALS IN FUTURE DETECTORS

The next (2\(^{nd}\)) generation of interferometric gravitational wave detectors, such as Advanced LIGO (aLIGO), Advanced Virgo (AdvVirgo) (The Virgo Collaboration 2009), the Large-scale Cryogenic Gravitational wave Telescope (LCGT) (Kuroda 2010) and GEO-HP (Willke 2006), expect to provide order of magnitude sensitivity improvements over current detectors, and offer the opportunity to beat spin-down limits for nearly 60 pulsars (see [22]). A 3\(^{rd}\) generation gravitational wave detector called the Einstein Telescope (ET) (Punturo 2010) is also under design study, and would offer another order of magnitude increase in sensitivity. This would bring hundreds of currently known pulsars into the range where we could beat spin-down limits (see [22], and also may coincide with the completion of the Square Kilometre Array (SKA) radio telescope, which may give us a vastly larger number of sources to target. Estimates suggest the SKA may detect over half of the observable pulsars within the Galaxy giving \( \sim 20000 \) potential sources (Cordes et al 2004) with \( \sim 1000 \) of them being millisecond pulsars and some of which could have large spin-down luminosities. Design strain curves for aLIGO, AdvVirgo and the ET in two different potential configurations are shown in Fig. 1.

Assuming that the star is emitting at its spin-down limit, and that a fully coherent search can be performed, we have estimated the angle averaged signal-to-noise ratios (S/N) for all known pulsars for which a spin-down limit can be calculated given one year observation times, for joint aLIGO and AdvVirgo observations (ALV) and for the ET in two potential configurations - ET-B and ET-C (see [23]).

For the Crab pulsar we will estimate the S/N using a limit based on the observed upper limit, which at \( \mu_0^{16} \) per cent = \( 2 \times 10^{-25} \) (Abbott et al 2010a) is approximately 7 times below the spin-down limit of \( 1.4 \times 10^{-24} \) for a star with the canonical moment of inertia and a distance of 2 kpc. This result also beats limits of Palomba (2000) based on the Crab pulsar’s observed braking index. For the Vela pulsar and B0540–69 (J0540–6919), for which braking

\[ \mu_0^{16} \]

Many of the millisecond pulsars found so far are seen in globular clusters, and accelerations within these clusters can mask the spin-down and even produce an observed spin-up, so in this section we exclude these.
indices can also be reliably measured, we use upper limit estimates based on those calculated by Palomba (2000). For Vela (using the Vela age of 11 000 years given in Abadie et al 2011), this gives limits 4 times lower than the spin-down limit of $3.3 \times 10^{-24}$, and for B0540–69 this gives a limit 6 times lower than the spin-down limit of $5.2 \times 10^{-26}$. For these three pulsars our S/N estimates used known values of the pulsar inclination angle and gravitational wave polarisation angles as taken from fits to the pulsar wind nebulae in Ng & Romani (2008). As can be seen in Fig. 3 these three pulsars would have S/N greater than 5 for all future detectors if emitting at their spin-down, or observationally constrained, upper limits. They are not included in the numbers quoted in the rest of this section.

2.1 Assessing detection and parameter estimation

We can estimate the S/N for all known pulsars for a given gravitational wave detector, or set of detectors, to assess our ability detect them and perform parameter estimation. The S/N, $\rho$, can be calculated from the square root of the inner product of the signal $h$ with itself, $\rho = \sqrt{(h|h)}$, (the inner, or scalar, product, for real time real functions is given by $(x|y) = \int_0^T x(t)y(t)dt$ which gives the time domain signal model of (e.g. Dupuis & Woan 2006)

$$h(t) = h_0 \left[ \frac{1}{2} (1 + \cos^2 t) F_\nu(t, \psi) \cos \phi(t) + \cos t F_\nu(t, \psi) \sin \phi(t) \right],$$

(1)

gives

$$\rho = \left[ \frac{h_0^2}{S_\nu(\nu)} T \sum_k \left( \frac{1}{2} (1 + \cos^2 t) F_\nu(t_k, \psi) \right)^2 + \left| \cos t F_\nu(t_k, \psi) \right| \right]^{1/2},$$

(2)

under the assumption that $\nu T \gg 1$, and where $S_\nu(\nu)$ is the frequency dependent one sided noise power spectral density in Hz, $T$ is the total observation time in seconds, $N$ is the number of samples used, and $F_\nu$ and $F_\nu$ are the source position and polarisation dependent detector antenna patterns (see e.g. Jaranowski et al 1998).

The S/N depends on the orientation of the pulsar, so upper and lower values can be set for the best and worst case orientations. The best case in terms of S/N is for a pulsar’s spin axis to be along the line of sight ($\iota = 90^\circ$ or $180^\circ$, or $\iota = \pm 1$), which gives rise to circularly polarised radiation; the worst case is for the pulsar’s spin axis to be perpendicular to the line of sight ($\iota = 0^\circ$ or $\iota = 0$), which gives rise to linearly polarised radiation. The S/N ranges over a factor of $\sim 3$ between best and worst cases, and the angle averaged, or expected, S/N (averaging over a uniform distribution in cos $\iota$, $\psi$ and $\phi_0$) is $\sim 1.69$ times below that for best case orientation value. For a fixed S/N the angle averaged value of $h_0$ is 1.89 times the value needed to give the same S/N for the best case orientation (i.e. for the best case orientation a smaller value of $h_0$ will produce an equivalent S/N). In this section we will be asking the question “Given that the star is emitting gravitational waves at an amplitude $h$, what is the expected S/N it would have?”, whereas in we will be asking the question “Given that the signal has an S/N of $X$, what will the expected $h_0$ (or parameter such as ratio to spin-down limit or mass quadrupole that scales with $h_0$) be?”. When estimating the number of pulsars that are potentially observable using either an expected S/N calculated from a given $h_0$, or an expected $h_0$ calculated from a given S/N, then the results will be slightly different.

2.1.1 Detection statistic

For the rest of this paper we will assume an S/N for a signal that we believe provides a good chance of detection. To do this we will use Bayesian hypothesis testing to provide a detection statistic with which to assess detection efficiency at different S/N (see e.g. Clark et al 2007 or Prix & Krishnan 2008). We produced a Bayes factor in which the two competing models are that of data containing Gaussian noise and a known pulsar signal compared to data just containing Gaussian noise. Uniform priors were set for the signal parameters, and a prior odds for the competing models of 1 was used. To assess this we produced Monte Carlo simulations of 2000 signals, with fixed sky position, but randomly chosen values of cos $\iota$, $\psi$ and $\phi_0$, in different realisations of noise at a range of S/N. The approach is essentially using what is described as the $B$-statistic in Prix & Krishnan (2009), which they show to be slightly more efficient, although computationally more expensive, than the more widely used $F$-statistic (Jaranowski et al 1998; Abbott et al 2004b).

If we have a threshold false alarm rate due to background of 1 per cent, then Monte Carlo simulations show that an S/N of 5 gives a detection probability of 95 per cent (see Fig. 2) which we will use as our required value for confident detection in the subsequent sections. Real data is generally non-stationary and may contain interference, so this idealised detection statistic may be slightly optimistic, but should be close to reality, given well understood and cleaned data.

2.2 Second generation detectors

For aLIGO we assume two 4 km interferometers based at the Hanford site and one 4 km interferometer at the Livingston site all with equivalent sensitivity and operating at the designed value (LIGO Scientific Collaboration 2009).

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3 This is related to the noise variance via $S_\nu = 2\pi^2 \Delta t$, where $\Delta t$ is the sample interval in the data time series.
Figure 2. The top figure shows the Receiver Operating Characteristic (ROC) curves for a variety of S/N ($\rho$), with the $\rho = 4$ curve showing the same form as that given by Prix & Krishnan (2009). The bottom figure shows the detection efficiency of the known pulsar search as a function of S/N given a background false alarm rate of 1 per cent.

For AdvVirgo we use one 3 km interferometer at its design sensitivity (see Fig. 1). Fig. 3 gives the angle averaged S/N for 1 year of observations with all these detectors (3 aLIGO and 1 AdvVirgo, or ALV from now on) and shows that potentially 58 pulsars could be observed with an S/N greater than 5 (best case orientation gives 74 with S/N above 5 and the worst case orientation gives 47 with S/N above 5). Some similar, but unpublished work, has been presented by Santostasi (2006).

2.3 Third generation detectors

Some assessment of detectability of the currently known pulsars, based on their spin-down limits, has previously been performed for the proposed third generation detector called the Einstein Telescope in Andersson et al (2011) (along with the potential for observing neutron stars through other gravitational wave emission mechanisms), although this was just for the ET-B configuration (see below). Here, as above, we will calculate S/N for the Einstein Telescope. In Fig. 3 we show S/N based on the sensitivity of the ET-B configuration, as described in Hild et al (2008), with three interferometers on one site (given here as the current Virgo site) in an equilateral triangle configuration [Freise et al (2009)]. For this configuration of ET-B we could potentially see 312 pulsars with an angle averaged S/N greater than 5 (or 405 for the best case and 223 for worst case). A ‘xylophone’ configuration (ET-C) consisting of different detectors optimised for...
different frequency bands, with comparable high-frequency sensitivity, but better low-frequency sensitivity than ET-B, has also been proposed (Hild et al. 2010; Freise et al. 2009). In Fig. 3 we show the S/N based on the ET-C sensitivity (again with the same layout as ET-B). For ET-C we could potentially see 648 pulsars with an orientation angle-averaged S/N greater than 5 (or 771 for the best case and 528 for worst case). These numbers are around double those for the ET-B configuration due to the lower frequency sensitivity increase, suggesting that this may be the preferred configuration for known pulsar searches. However, we should be cautious as we will see in §4 (and also as stated in Andersson et al. 2011) that many of these will have to be rather exotic, and therefore probably less realistic, stars to be seen at these levels. A further configuration, called ET-D (Hild et al. 2011), is now also available, although it is very comparable to ET-C for a wide range of frequencies, so we have not used it in these studies.

2.4 Parameter estimation

Our ability to constrain the physical parameters of a source is obviously dependent on the S/N, but the correlated physical parameters we use to describe the signal can mean that rather unintuitively a higher S/N signal may not give the best constraints on \( h_0 \).

We have simulated a selection of pulsars that give best case and worst case S/N of around 5, 10, 50 and 100 for ALV (as shown in Fig. 3), to assess the level of uncertainty on estimates of their parameters assuming they are observable at that level. To do this we used the Markov chain Monte Carlo technique described in Abbott et al. (2010a) to produce posterior probability density functions (pdfs) on the four parameters defined in Table I. Uncertainties on parameters can be assessed using a Fisher Information Matrix approach, for example as done by Jaroszewski & Krolak (2010), but as they show, such a method will give biased error estimates overestimating the uncertainty for signals near \( \cos \iota = \pm 1 \), even for very strong signals with S/N approaching 1000.

We calculate the appropriate signal strength needed to give S/N of 5, 10, 50 and 100 for both the best and worst case orientations (see Table I) and produce pdfs on many realisations of the data to give an average pdf. These can be seen in Fig. 4 and the mean parameter values (not the peak in the posterior) and their \( 1\sigma \) uncertainties obtained from the pdfs are given in Table I. Examples of pulsars that if emitting at their spin-down limits might be observed with ALV at S/N of \( \sim 5 \), 10, 50 and 100 are respectively J1959+2048, J0737−3039A (the millisecond pulsar in the famous double pulsar system), J0537−6910 (an interesting young pulsar in the Large Magellanic Cloud, with a high glitch rate and large spin-down rate) and J1952+3252. The main results of Table I i.e. the relative uncertainties in \( h_0 \) for different S/N signals given the best and worst case orientation scenarios, are extrapolated to higher S/N and shown as the thick black lines in Fig. 5 (they are equivalent to the uncertainties on the quadrupole assuming the distance is precisely known).

It can clearly be seen by looking at Eqn. 1 and from our posteriors in Fig. 3 that for a signal with \( \cos \iota \approx \pm 1 \) the \( h_0 \) and \( \cos \iota \) parameter are highly correlated, which leads to the \( h_0 \) posterior being spread to higher values, and \( \cos \iota \) extending towards zero. In such a case the \( \phi_0 \) and \( \psi \) parameters are also very highly correlated, with the posterior on \( \psi \) being flat over its range (see Fig. 4), and \( \phi_0 \) only constrainable to within a 180° range i.e. the direction the star is rotating in can be found, but otherwise these parameters are ill defined to represent such a situation. These correlations can be seen more easily in Fig. 5 and they lead to the slightly paradoxical fact that when comparing equivalent signals in Fig. 4 we can actually place the tightest constraints on \( h_0 \) for the worst case orientation, i.e. lower S/N, signals! Due to these correlations we do not quote mean, or uncertainty, values on \( \psi \) in Table I as they are meaningless, we also only quote mean values for \( \phi_0 \) to show that the value found is oriented in the correct sense. If we were to cast the the uncertainties in \( \iota \) and \( \psi \) as a solid angle then at \( \cos \iota = \pm 1 \) the associated error ellipses for different S/N would be entirely proportional to the error on \( \iota \) alone (i.e the error on psi stays constant). For a signal with S/N \( \approx 20 \) the best and worst case solid angles covering the \( \sim 1\sigma \) probability contour is \( \iota - \psi \) space of 0.35 sr and \( 6 \times 10^{-4} \) sr respectively. The ratio of these areas scales very roughly linearly with S/N (within about a factor of 2) as \( 50 \rho \), up to S/N of \( \sim 100 \).

In the case of pulsars like the Crab pulsar where X-ray observations and modelling of their pulsar wind nebulae are possible, there is additional information placing tight constraints on the orientation and polarisation angles. Including this will break the degeneracies between parameters, for example as perform in the search by Abbott et al. (2008a). In Fig. 6 the fractional uncertainty on the amplitude estimate (averaged over many simulations) is shown as a function of \( \cos \iota \) for simulated sources where in one case the orientation and polarisation angles are known (i.e. these are fixed at their known values and not searched over, equivalent to having very tight prior distributions on these parameters), and in the other case that they are unknown (i.e. the whole range of \( \cos \iota \) and \( \psi \) has to be searched over with uniform priors). It can be seen in Fig. 6 that for the case where all parameters are searched over the fractional uncertainty on the amplitude increases with \( \cos \iota \), with the
Each panel shows the average posterior probability density functions on the four gravitational wave signal parameters of
$h_0$, $\phi_0$, $\cos \iota$ and $\psi$ for four simulated signals. The four signals in each panel (from top left to bottom right) correspond to the parameters given in each of the four sections (from top to bottom) of Table 1. In an individual panel lines of the same colour represent signals with identical amplitude, solid lines represent the signals with the worst case orientation ($\cos \iota = 0$) and dashed lines represent the signals with the best case orientation ($\cos \iota = 1$). The tapering off of the $\phi_0$ posteriors for the best case orientation at $\pi \pm \pi/2$ is an artifact of the plotting and these parameters should really have abrupt cut-offs at these values.

Figure 4. Each panel shows the average posterior probability density functions on the four gravitational wave signal parameters of $h_0$, $\phi_0$, $\cos \iota$ and $\psi$ for four simulated signals. The four signals in each panel (from top left to bottom right) correspond to the parameters given in each of the four sections (from top to bottom) of Table 1. In an individual panel lines of the same colour represent signals with identical amplitude, solid lines represent the signals with the worst case orientation ($\cos \iota = 0$) and dashed lines represent the signals with the best case orientation ($\cos \iota = 1$). The tapering off of the $\phi_0$ posteriors for the best case orientation at $\pi \pm \pi/2$ is an artifact of the plotting and these parameters should really have abrupt cut-offs at these values.

The gravitational wave amplitude, and its uncertainties, can be directly measured. However, if we want to convert this into a physical quantity related to the star, such as the mass quadrupole moment (see Eqn. 3) then the uncertainty on the distance to the pulsar will come into play. Current distance measurements for nearby pulsars come from parallax measurements, but for most others come from dispersion measurements extrapolated from a model of the Galactic free electron distribution [Cordes & Lazio 2002]. For the majority of pulsars distances generally have uncertainties at $\sim 2$ per cent or more (even > 100 per cent) of the best

2.4.1 Dependence on distance

Current detectors have systematic uncertainties in amplitude and phase due to calibration in the region of 10–15 per cent and 5° respectively [Abadie et al. 2010]. For second generation detectors it is hoped to further reduce amplitude uncertainty to less than 10 per cent, but if we are lucky enough to see any high S/N ($\gtrsim 20$) signals this may be the main source of error in the $h_0$ estimates.
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Table 1. Mean parameter estimates, and their uncertainties, at a variety of signal-to-noise ratios given best and worst case orientations. The true value of \( h_0 \) is given followed by the average (over many trials) mean estimate and standard deviation on each parameter. The fractional uncertainty on \( h_0 \) is also given. In the low S/N cases where the signal peaks near zero a 95 per cent confidence upper limit is given. The true values of \( \phi_0 \) and \( \psi \) in all cases are \( \pi \) rad and 0 rad respectively. The parameter estimates have been performed assuming the ALV combination at design sensitivity.

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<th>( \cos \iota )</th>
<th>( \rho )</th>
<th>( h_0 \pm \sigma_{h_0} )</th>
<th>( \sigma_{\phi_0}/h_0 ) (per cent)</th>
<th>( \phi_0 \pm \sigma_{\phi_0} )</th>
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</table>

Figure 6. The fractional uncertainties on amplitude (standard deviation over mean - \( \sigma_{h_0}/h_0 \)) from many simulations of performing parameter estimation on a signal (with an S/N of 50 calculated for the worst case orientation) when all parameters are unknown (blue) compared to when the \( \cos \iota \) and \( \psi \) parameters are known and fixed in the search. Also shown as dashed lines are the fractional uncertainties given the actual signal \( h_0 \) values rather than the mean recovered value.

fit values. In the future, with instruments like the SKA, direct parallax measurements may push these errors down to the level of < 20 per cent for many millisecond pulsars out to 9 kpc [Smith et al 2011]. Here we will look at how different distance uncertainties affect estimates of the quadrupole moment for a variety of S/N and for the best and worst orientations.

It can be seen from Table 1 and Fig. 7 that for the lowest S/N signals distance errors of 10–20 per cent give only a relatively small increase in the uncertainty with which the quadrupole moment can be measured. The convergence of the uncertainties on the measurement for the best and worst case orientations, i.e. when the uncertainties become dominated by the distance uncertainty rather than that on the measurement, can be seen in Fig. 8. For strong signals (S/N > 50) the uncertainty on distance will start to dominate quadrupole estimates if it is > 10 per cent and will also swamp any differences due to orientation.

Seto (2003) suggests that gravitational wave observations of pulsars could be used to determine their distances to < 10 per cent, but only for nearby stars (≤ 100 pc) with very large S/N and high frequencies. This is therefore unlikely to help constrain distances better than other techniques for the vast majority of known pulsars.

3 EQUATIONS OF STATE

As discussed in Lattimer & Prakash (2007) there are many ways to attempt to observationally constrain the EoS of a neutron star through inferences about their mass and radius e.g. via various observations of binary and accreting systems. Observations of gravitational waves from merging neutron stars (or merging neutron stars and black holes) can also give mass and radius measurements, and information about the EoS properties from tidal effects during the inspiral [Flanagan &inder 2008] and the point at which the star breaks up [Andersson et al 2011].

However, emission of gravitational waves from individual neutron stars, either through a continuous emission from a sustained triaxiality, or short bursts from vibrational modes (e.g. Andersson & Kokkotas 1998), could also provide constraints. Due to the low amplitude of gravitational waves expected from these sources, such observations would most likely only be available for Galactic sources. Rather than studying explicitly what observations of continuous
gravitational waves from a triaxial neutron star can tell us about the stars EoS, we flip the question and look at the maximum magnitudes of signals we could possibly expect for a variety of EoS. The maximum values we discuss are likely to be at the extreme end of possibility and in reality they could be overestimated (or possibly, but less likely, underestimated) by several orders of magnitude due to the uncertain physics of these objects.

3.1 Quadrupole moments

The observable in known pulsar searches that relates to the neutron star EoS is the gravitational wave amplitude $h_0$. This is directly related to the star’s $l = m = 2$ mass quadrupole moment via

$$Q_{22} = h_0 \left( \frac{c r^4}{16 \pi^2 G \nu^2} \right) \sqrt{15/8 \pi}, \quad (3)$$

where $r$ is the distance in m and $\nu$ is the rotation frequency in Hz. The quadrupole moment is often parametrized in terms of the star’s principal moment of inertia, $I_{zz}$, and ellipticity, $\varepsilon$, via $I_{zz} = \sqrt{8/15} Q_{22}$ (Owen 2003). However, these two parameters cannot be disentangled from observations, although the range of moments of inertia can be implied from various theoretical EoS mass and radius relations (generally thought to be in the range $1 - 3 \times 10^{58}$ kg m$^2$ e.g. [Abbott et al 2007]), allowing ellipticities to be implied from observations. Often in gravitational wave literature results are cast in terms of ellipticity as it feels a more physically tangible parameter, giving a physical “size” of the distortion of a star.

Following for example [Ushomirsky et al 2000] and [Owen 2003] the quadrupole for an incompressible star with a thin crust can be written as

$$Q_{22} = \frac{\gamma \mu R^6 (\sigma_{22})}{GM}, \quad (4)$$

where $\langle \sigma_{22} \rangle$ is the weighted average strain on the crust (contributing to the 22-quadrupole), $R$ and $M$ are the star’s radius and mass, and $\gamma \approx 13$. Often this equation is quoted as an upper limit on $Q_{22}$ by inserting the maximum breaking strain $\sigma_{\text{max}}$, however as noted in [Ushomirsky et al 2000] the equation is equally applicable to providing an estimate of the crustal strain. The parameter in Eqn. (II) that is most dependent on the detailed make-up of the star is the shear modulus $\mu$, which between theories can potentially vary by many orders of magnitude. Below we will make the assumption that the stars are incompressible and therefore use Eqn. (II) in calculations, along with an assumed $\gamma = 13$ (for a conventional neutron star $\gamma$ can be related to the ratio of the thickness of the star’s crust, $\Delta R$, to its radius via $\gamma \approx 120 \Delta R / R$). It should also be noted that these assume the Cowling approximation and neglect self-gravity of the density perturbations. [Ushomirsky et al 2000] showed that including self-gravity can increase the quadrupole calculations by between 25–200 per cent, and similarly [Haskell et al 2003] found that self gravity can affect results by factors of between 0.5–3.

For the millisecond recycled pulsars spin-down arguments alone tell us that their quadrupoles must be relatively small (\( \lesssim 10^{30} \text{kg m}^2 \)). Such a quadrupole would be obtainable with any EoS (see below) meaning that if detected they are not helpful differentiating between theories, although multiple detections could build up useful statistics on their properties and limits on their internal magnetic fields. Here we will review some of the work presented by [Owen 2003] regarding maximum sustainable quadrupoles for a variety of stellar EoS.

3.1.1 Normal neutron stars

For stars made from normal neutron star matter (neutrons, protons and electrons) [Ushomirsky et al 2000] provide a detailed model of the quadrupole (see Eqn. 69). [Owen 2003] applies standard numbers in this definition (and corrects the
The pdf for the quadrupole moment, \( Q_{22} \), given a simulated signal for the pulsar with \( h_0 = 7.31 \times 10^{-26} \) in Table 4 at both \( \cos \iota = 0 \) (top plot) and \( \cos \iota = 1 \) (bottom plot), with S/N of 50 and 141.5 respectively, over a range of distance uncertainties, \( \sigma_r \), of 1, 5, 10, 20 and 50 per cent.

Figure 7. The pdf for the quadrupole moment, \( Q_{22} \), given a simulated signal for the pulsar with \( h_0 = 7.31 \times 10^{-26} \) in Table 4 at both \( \cos \iota = 0 \) (top plot) and \( \cos \iota = 1 \) (bottom plot), with S/N of 50 and 141.5 respectively, over a range of distance uncertainties, \( \sigma_r \), of 1, 5, 10, 20 and 50 per cent.

Figure 8. The uncertainties on the estimate of \( Q_{22} \) given in Table 2 for a variety of distance uncertainties and the best (dashed lines) and worst (solid lines) case orientations.

differences can give a larger range of possible quadrupoles. If we take a theoretical range from 10–15 km then this can change the quadrupole by about an order of magnitude. The most massive stars will also have the smallest radii, so from this we get an uncertainty range on the quadrupole from the unknown mass and radius of between \( \sim 0.5 \)–20 times the value in Eqn. 2 with the most massive, but smallest stars at the lower end and vice versa.

Here we will assume the breaking strain is at the maximum value of \( \sigma_{\text{max}} \approx 0.1 \) calculated by Horowitz & Kadai (2003) (much previous work has assumed a maximum breaking strain of \( 10^{-5} \leq \sigma_{\text{max}} \leq 10^{-2} \)). This value of the breaking strain was calculated for normal neutron star matter, but for other situations it may well not be a valid assumption. Using the higher value from the mass/radius uncertainty as an upper limit, and inserting in the maximum breaking strain, we could get normal neutron stars with quadrupoles of \( Q_{\text{max}} \approx 4.5 \times 10^{33} \) kg m\(^2\). Converting this to an approximate (order of magnitude) estimate of the ellipticity, assuming the canonical moment of inertia, would give \( \varepsilon \approx 6 \times 10^{-5} \).

Although the reasoning behind it is quite different (i.e. just coming from plugging in masses and radii at the extent of their ranges, with the majority of the increase over the fiducial value in Owen (2003) coming from using a maximum radius of 15 km) this value is very similar to that produced by the perturbative approach to the problem performed by Haskell et al. (2006). Assuming the maximum breaking strain of 0.1 they would produce a maximum quadrupole (see Table 4 of Haskell et al. 2006) of \( Q_{\text{max}} = 3.1 \times 10^{34} \) kg m\(^2\).
for a star with a mass of $1.4 M_\odot$, radius 12.3 km and crust thickness 1.5 km.

### 3.1.2 Hybrid crystalline colour-superconducting star

In [Knippel & Sedrakian (2009), Haskell et al (2007) and Lin (2007)] the quadrupole is calculated for crystalline colour-superconducting (CSS) hybrid stars. In these stars the gravitational wave emission mainly comes from a deformed interior core of quark matter. The quadrupole can again be approximated by Eqn. [4] but with a shear modulus given by (Mannarelli et al 2007)

$$\mu = 2.47 \text{ MeV fm}^{-3} \Delta^2 \frac{q^3}{400},$$

(6)

where $\Delta_{10}$ is the gap parameter in units of 10 MeV, and $\mu_{q 400}$ is the quark chemical potential in units of 400 MeV (which in Mannarelli et al 2007 is estimated to be in the range 350 MeV $\leq \mu_{q} \leq 500$ MeV), and the stellar mass and radius are replaced by those of the quark core. Knippel & Sedrakian (2009) assume a range of gap parameters $10 \leq \Delta \leq 50$ MeV, and find a maximum core mass of $0.8 M_\odot$ and a maximum core radius of 7 km. For the reasons stated in §3.1.1 we will assume a slightly more conservative maximum breaking strain than that for normal neutron stars of $\sigma_{max} = 10^{-2}$. This gives a maximum quadrupole (for $\Delta = 50$ MeV, $\mu_{q} = 500$, $\mu = 97$ MeV fm$^{-3}$ $\approx 1.5 \times 10^{34}$ J m$^{-3}$) of $Q_{max} \approx 1.4 \times 10^{36}$ kg m$^2$, or almost three orders of magnitude larger than a normal neutron star, which is not necessarily surprising since deformations are in the high density core rather than the crust. Haskell et al (2007) note that for a star with a fluid envelope around the core the quadrupole will be suppressed, particularly if there is not a substantial change in density when transitioning between the core and envelope. Converting this to an approximate estimate of the ellipticity, by assuming the canonical moment of inertia, would give an equivalently large $\varepsilon \approx 0.02$.

### 3.1.3 Hybrid and meson condensate stars

Owen (2003) also looks at hybrid stars with charged meson condensates and quark-baryon cores. For these the shear modulus is given by

$$\mu = 0.25 \text{ MeV fm}^{-3} q_0 D_{14}^6 r_{30}^4,$$

(7)

where $q_0$ is the charge density of quark droplets in units of $-0.4 e$, $D_{14}$ is their diameter in units of 15 fm, and $r_{30}$ is their spacing in units of 30 fm. Following the correction for charge screening in Owen (2003) an upper limit on shear modulus is given as $\mu \approx 1.3 \times 10^{-2}$ MeV fm$^{-3}$. If we evaluate Eqn. [4] with this, again substituting for the core radius (which as in §3.1.2 we will set as 8 km) and using a fiducial stellar mass of $1.4 M_\odot$ and a maximum breaking strain of $\sigma_{max} = 10^{-2}$, we get an upper limit on the quadrupole moment of $Q_{max} \approx 3.5 \times 10^{34}$ kg m$^2$. This is less than the extremal value for a normal neutron star. The work by Kurkela et al (2010a) into cold quark matter suggest that hybrid stars (with pure phases of hadronic and quark matter) could have masses up to $\sim 2.1 M_\odot$ and radii of $\sim 13$ km although these are likely to have only a tiny quark core i.e. they will mainly look like a normal hadronic neutron star. However, they show that stars with mixed phases of quarks and hadrons can have masses of up to $\sim 1.9 M_\odot$ and radii of $\sim 11$ km, which with the above assumptions allows larger quadrupole moments of $Q_{max} \approx 1.8 \times 10^{35}$ kg m$^2$, comparable to the maximum obtainable for a normal neutron star (although requiring a smaller breaking strain). Converting this to an approximate ellipticity, assuming the canonical moment of inertia, would give $\varepsilon \approx 2 \times 10^{-4}$.

### 3.1.4 Solid strange stars

In Xu (2003) the possibility is presented that neutron stars could be made of solid strange quark matter. Xu (2003) uses the observation of kHz quasi-periodic oscillations (QPOs) in X-ray bursts from neutron stars in X-ray binaries, and their potential association with torsional modes in the star, to give a shear modulus for solid strange stars of $\mu \approx 4 \times 10^{34}$ J m$^{-3}$. As pointed out by Owen (2003) the identification of the QPO frequencies with torsional modes is somewhat problematic, but similarly we will take this shear modulus to be an upper limit for strange stars. Also Lin (2007) notes that the theoretical arguments for solid strange stars are less robust that those for the crystalline colour superconducting stars discussed in §3.1.2. The masses and radii for models of strange quark stars can be seen, for example, in Fig. 2 of Lattimer & Prakash (2001). Although these may not necessarily hold for solid strange stars we will use the range of masses from 0.5–2 $M_\odot$ and radii from 8–11 km given by this figure to estimate the likely range of quadrupoles from Eqn. [4]. Unlike a normal neutron star models of quark stars show a decrease in mass with a decrease in radius. Using the maximum mass and radius and a breaking strain of $\sigma = 10^{-2}$, gives the highest quadrupole of $Q_{max} \approx 3.5 \times 10^{34}$ kg m$^2$. Converting this to an approximate ellipticity, assuming the canonical moment of inertia, would give $\varepsilon \approx 5 \times 10^{-4}$.

## 4 LIMITS FROM DETECTION

The spin-down limit assumes that the total spin-down luminosity of the pulsar is emitted as gravitational radiation, but if we assume that the currently known pulsars are only just observable at an S/N of 5 we can estimate what angle averaged percentage of the spin-down power is going into the gravitational wave emission. This is shown, for ALV, ET-B and ET-C in Fig. 9. We can see that for the majority of pulsars for which we could beat the spin-down limit more than 1 per cent of the spin-down power would need to be lost via gravitational waves for us to just observe them (with only 12 per cent, 26 per cent and 34 per cent requiring less than this for ALV, ET-B and ET-C respectively). Less than 1 per cent would be consistent with the one pulsar for which we have a reliable limit on this for (the Crab pulsar) that is losing less than 2 per cent of its power in this way (Abbott et al 2010a). However, for the majority of pulsars we have no reliable way to estimate how much energy is lost via gravitational waves,
especially given that only a few young pulsars (and no millisecond pulsars) have measured braking indices, so 10s of per cent are not ruled out.

As we saw in §4.1 there are large uncertainties in many of the parameters that give rise to a neutron stars quadrupole moment. The stars could also just be intrinsically quite unsustained i.e. $\langle \sigma_{22} \rangle$ may just be small. This, and the fact that many parameters are highly correlated, means that gravitational wave observations from the quadrupole of a triaxial neutron star will generally be unable to pin-down much of the physics giving rise to it. However, as we have seen in §3 there are reasonably hard upper limits on the emission allowable for stars with different EoS, so if we see emission above a particular EoS limit then these observations could rule that out for a particular pulsar, or alternatively rule others in.

With this in mind we will look at all currently known pulsars within the expected sensitive bands of ALV and the Einstein Telescope (in ET-B and ET-C configurations) and say whether they could be constrained to a particular EoS, or whether a variety of EoS are valid. We will do this for pulsars that the spin-down limit suggests are observable with an S/N of 5 or greater. However, it should be noted that our list of EoS is not exhaustive, and other possibilities may exist (whether they have already been theorised or not), so here constraining a pulsar to a particular EoS may not be the end of the story.

The quadrupole moments for each pulsar that could be observed with ALV, ET-B and ET-C are shown in Fig. 10 both for the case that the pulsar is emitting at its spin-down limit and also an angle averaged scaled value that assumes the pulsar is only just observable at an S/N of 5 (the scaling factor for each pulsar can be obtained by taking the square root of the values from Fig. 9). Maximum values for the different EoS taken from §3 are also shown. The values are calculated from known spin-down limits, which are not available for globular cluster (GC) pulsars, so for these we have limits based on two assumptions. The first is a spin-down-based limit that assumes (see §4.1) that the star has a maximal gravitational wave spin-down of $\dot{\nu} = -5 \times 10^{-13} \text{ Hz s}^{-1}$, and the second is, as above, assuming that the star is observable at an S/N of 5. As shown in §4.1 the values of $h_0$ needed to produce the levels of emission required for this S/N can be converted into equivalent gravitational wave spin-down values. For ALV about half, and for ET-B/C all bar one of the pulsars (see Fig. 12), are well within a range that could be masked by intra-cluster accelerations (we exclude the others). The number of pulsars with a range averaged quadrupoles below the spin-down limits for ALV, ET-B and ET-C are 59, 295 and 624 respectively (or 77, 408 and 774 respectively for the best case orientation, and 50, 408 and 531 for the worst case orientation). Note that due to the reasons discussed in §2.1 these numbers are not quite the same as those suggested from an angle averaged S/N.

From Fig. 10 (summarised in histogram form in Fig. 11) we see that for the vast majority of young pulsars (generally those below ~ 40 Hz) the S/N limits correspond to large quadrupoles only supportable by the most extreme EoS mainly through the the application of a large breaking strain. We unfortunately cannot expect the majority of these quadrupoles to be realistic unless there is a very unexpected large population of highly deformed stars. However, this could be realistic for a small subset of these pulsars, or some as yet undiscovered sources.

It should be stressed that these pulsars could however all be very smooth. The spin-down limits alone in Fig. 11 show that the lowest quadrupoles are only a few $10^{29} \text{ kg m}^2$ (or converting to ellipticities a few $10^{-9}$) and all pulsars could be at or below this level. However, even at this low level Fig. 11 shows that these may be detectable at S/N of a few with ET.

A summary of the total numbers of pulsars below each EoS limit for pulsars within, and outside, GCs is given in Table 3.

### 4.1 Spin-down limits for Globular Cluster pulsars

Several globular clusters have been specifically targeted in radio searches for millisecond pulsars due to having a large population of old stars. This has lead to a selection effect giving large numbers of the currently known pulsars residing in GCs. Pulsars within a GC will undergo significant accelerations, which contaminate their true spin-down rate $\dot{\nu}_{\text{int}}$ via

$$\dot{\nu}_{\text{obs}} = \dot{\nu}_{\text{int}} - \frac{a_{||}}{c} \nu$$

where $\dot{\nu}_{\text{obs}}$ is the observed spin-down, $\nu$ is the pulsar frequency and $a_{||}$ is the pulsar’s acceleration along the line-of-site – in fact many are observed to have a spin-up due to the accelerations (as they are millisecond pulsars they have small intrinsic spin-downs anyway, so it is quite easy for the accelerations to swamp this value). We can therefore use gravitational wave observations of this set of pulsars, either through upper limits or detections, to set limits on the gravitational wave component of the intrinsic spin-down rate via

$$\dot{\nu}_{\text{GW}} = -h_0^2 \frac{2c^3 \nu^2 \nu}{5G^2 I_{zz}}.$$
Figure 10. Necessary quadrupole moments of known pulsars, based on spin-down limits, for them to be observable with (from top to bottom) ALV, ET-B and ET-C. Limits based on the observed spin-down, or a spin-down of $\dot{\nu} = -5 \times 10^{-13}$ Hz s$^{-1}$ for GC pulsars, are given as crosses (blue for non-GC pulsars and black for GC pulsars). Angle averaged quadrupole values based on emission at an S/N of 5 are given as triangles. The approximate maximum quadrupoles from the various EoS discussed in §3 are also plotted.

Figure 11. Quadrupole moments of known pulsars (Fig. 10), for them to be observable with ALV, ET-B and ET-C if emitting at the spin-down limit (top) and if scaled as to be just observable at an S/N of 5 (bottom). The filled histograms show just those pulsars outside of globular clusters and the unfilled histograms also include pulsars within globular clusters.

We cannot however limit the overall spin-down as, unless the stars acceleration can be independently assessed and the observed spin-down calculated, there is no way to know what fraction of the total spin-down is due to gravitational wave emission. As stated in Owen (2006) by looking at the observed spin-downs given for GC pulsars in the Australia Telescope National Facility (ATNF) Pulsar Catalogue (Manchester et al 2003) it would be hard for cluster dynamics to mask spin-downs larger than $\dot{\nu} \sim -5 \times 10^{-13}$ Hz s$^{-1}$ (this being the largest observed spin-up seen for any GC pulsar), so if gravitational wave observations can limit values to smaller than this, then results could be providing new information.

In Fig. 12 the values of the gravitational wave spin-down that the GC pulsars would require to be observed at S/N of 5 are given. For ALV 52 of the 103 observable GC pulsars, and for ET-B and ET-C 1 of the 107 observable pulsars, would need spin-downs greater than $-5 \times 10^{-13}$ Hz s$^{-1}$, i.e. values that probably could not be masked by accelerations and therefore would already be seen as having large spin-downs from radio observations. For the rest of the pulsars...
the spin-downs they would need could relatively easily be masked by accelerations, so they are definitely worthwhile as targets for gravitational wave searches.

These limits are the smallest values that the spin-down could have to be observable, but for many of these pulsars there is a 1–2 orders of magnitude range between these limits and the (observationally motivated, but slightly arbitrary) maximum limit of $\dot{\nu} \approx -5 \times 10^{-13} \text{Hz s}^{-1}$. So, there is quite a lot of leeway for these pulsars to be emitting at greater levels than that producing an S/N of 5. Also, it can be seen from Fig. 10 that for the majority of these pulsars, both the maximum and minimum observable quadrupoles are in ranges allowable by all equations of state.

4.2 Limits on magnetic fields

Deformations of a neutron star can be supported purely by the strain that the star can sustain although the mechanism giving rise to this strain may be unknown. However, magnetic fields give both a mechanism for producing strains, and a way of sustaining that strain. The external magnetic fields of most pulsars can be estimated by assuming that all spin-down is due to magnetic dipole radiation, and these show that for millisecond pulsars the magnetic field strengths are comparatively small ($10^8$ to $10^9$ gauss) and nowhere near enough to sustain an appreciable deformation on the star. The young pulsars have external dipole fields about 1000 times larger at $\sim 10^{12}$ gauss, but this is generally still not enough to give deformations that would produce observable gravitational waves. However, these stars could potentially have internal fields far larger than the external dipole, which would be large enough to give rise to gravitational wave producing distortions. As done in [Abbott et al 2010a], we can use gravitational wave observations, or upper limits, to place limits on this internal field strength for all the currently known pulsars. Cutler (2002) predicts that in normal neutron stars toroidal magnetic fields could give rise to prolate stars with ellipticities of order

$$\varepsilon = 1.6 \times 10^{-6} \times \begin{cases} (B_{15}) G, & B < 10^{15} \text{G}, \\ (B_{15}^2)/G^2, & B > 10^{15} \text{G}, \end{cases}$$

(10)

where $(B_{15})$ is the volume averaged magnetic field in units of $10^{15}$ G. Haskell et al (2008) also study the role of internal magnetic fields, both entirely poloidal and toroidal, and how this would effect the star’s ellipticity (in particular for a star with an EoS described by an $n = 1$ polytrope). They give

$$\varepsilon \approx R_1^4 M_{1.4}^2 \left( \frac{B_{15}^3}{G^3} \right) \times \begin{cases} 2 \times 10^{-4}, & \text{poloidal}, \\ -1 \times 10^{-6}, & \text{toroidal}, \end{cases}$$

(11)

which for the toroidal case is similar to that of Cutler (2002). Very similar limits for toroidal fields in superconducting stars are given by Akgün & Wasserman (2008). These equations can be re-arranged to give limits on the magnetic fields given gravitational wave observations of the quadrupole (see § and an assumed moment of inertia, which here we will take as $10^{38} \text{kg m}^2$ (as noted above this is probably a lower limit and could differ by up to a factor of $\sim 3$). Potential measurements of the field strength for both the poloidal and toroidal cases if signals were observed at an S/N of 5 for the ALV, ET-B and ET-C set ups are given in Fig. 13.

Figure 12. Spin-downs that would be needed in currently known GC pulsars for them to be observed with (from top to bottom) ALV, ET-B and ET-C at an S/N of 5.
We can see that for the young pulsars (with frequencies $\lesssim 40$ Hz) internal magnetic fields of greater than $10^{14}$ G would be required to observe them, which is of a similar strength to the external fields of a magnetars at $10^{14} - 10^{15}$ G. For the millisecond pulsars, in particular the non-GC pulsars, internal poloidal fields of a few $10^{12}$ G could provide observable signals, although if there are only toroidal fields then a couple of orders of magnitude higher would be necessary. Of course the field geometry could be complex and a combination of toroidal and poloidal components, and the calculations above rely on a specific EoS.

Table 3. Summary of the quadrupole moment limits given in Figs. 10 and 11. For comparison the total number of non-GC pulsars with angle averaged quadrupoles below the spin-down limit and observable with an S/N $> 5$ are 59, 295 and 624 for ALV, ET-B and ET-C respectively. The total number of GC pulsars potentially observable with S/N $> 5$ and a spin-down limit smaller than $-5 \times 10^{-13} \text{Hz s}^{-1}$ is 51 and 106 for ALV, and ET-B/C respectively.

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<th>$Q_{\text{max}}$ CCS</th>
<th>$Q_{\text{max}}$ SSS</th>
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5 DISCUSSION

We have looked at our ability to detect and estimate parameters from gravitational wave observations for known (non-accreting) pulsars. Using Bayesian hypothesis testing, we estimate that signals with an S/N of 5 could be detected with 95 per cent efficiency. This assumes that the data is Gaussian, and experience of real detector data shows that this assumption can be reasonable on short time scales and with effectively cleaned data, although there will still probably be some small degrading of detection ability.

Once detected, we have shown how estimates of various parameters will be affected as signals increase in S/N, and also how the pulsar’s orientation affects this. We see that for strong signals in the case where the orientation is most favourable and gives a larger S/N (i.e. the gravitational waves are circularly polarised) the uncertainty on the gravitational wave amplitude will actually be larger than an equivalent amplitude source with a worse orientation. So, when detections become regular the best parameter constraints will actually be made for the linearly polarised sources. However, we also see that unless the distance to these pulsars can be measured to better than $\sim 10$ per cent then the fractional error on the quadrupole calculated from the gravitational wave amplitude will be relatively insensitive to the orientation, because the uncertainty is dominated by the distance uncertainty.

We have seen the sorts of mass quadrupoles that would be necessary to observe the set of currently known pulsars with future gravitational wave observatories, and compared these to maximum theoretical predictions for a variety of EoS. As has previously been noted many times (e.g. Abbott et al. [2007]), for the majority of millisecond pulsars, if we are able to beat their spin-down limits and observe them, the quadrupoles (or ellipticities) they would have are sustainable by all EoS and would therefore not be able to constrain the type of matter in the star. However, with observations of many pulsars useful population statistics could be obtained and potential differences between different populations explored (e.g. GC pulsar and non-GC pulsars). To be observed with ALV, ET-B or ET-C the majority of young pulsars (with frequencies $\lesssim 40$ Hz) would have to have quadrupoles greater than $\approx 10^{33}$ kg m$^2$, which would only be sustainable for highly strained crystalline colour-superconducting stars or solid strange quark stars. Therefore if such stars were observed it would provide a great deal of insight into neutron star matter. The number of pulsars potentially observable at an S/N of 5, and consistent with being a normal neutron star is 11 for ALV, 103 for ET-B and 152 for ET-C. It is important to note that this does not mean that they will have these quadrupoles and they could all be smoother than our limits are able to set.

In Andersson et al. (2011), which studies the prospects of observing gravitational waves from neutron stars with ET (in particular the ET-B configuration), they take the assumption that realistic stars would optimistically have ellipticities $< 10^{-7}$ and conclude that only some of the 100s of millisecond pulsars currently known would be potentially observable. From this work we can look at the number of known pulsars we might expect to be observable at an S/N greater than 5 given that they are losing less than a specific percentage of their spin-down power through gravitational wave emission, and have quadrupoles below specific levels (this is shown in Table 7). We find that for ALV if we
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Table 4. The number of pulsars potentially observable given gravitational wave emission consuming less than various percentages of the total spin-down power, and requiring quadrupoles less than the given values.

<table>
<thead>
<tr>
<th>Number of pulsars</th>
<th>Per cent of spin-down power</th>
<th>$Q_{22}$ kg m$^2$</th>
<th>$\varepsilon \lessgtr$ 10$^{-5}$</th>
<th>10$^{-6}$</th>
<th>10$^{-7}$</th>
<th>10$^{-8}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALV</td>
<td>&lt; 100 per cent</td>
<td>10$^{33}$</td>
<td>10$^{32}$</td>
<td>10$^{31}$</td>
<td>10$^{30}$</td>
<td>10$^{29}$</td>
</tr>
<tr>
<td>ET-B</td>
<td>8</td>
<td>5</td>
<td>4</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-C</td>
<td>51</td>
<td>45</td>
<td>37</td>
<td>27</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>40</td>
<td>38</td>
<td>33</td>
<td>25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Per cent of spin-down power</td>
<td>&lt; 50 per cent</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALV</td>
<td>5</td>
<td>3</td>
<td>3</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-B</td>
<td>37</td>
<td>32</td>
<td>27</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-C</td>
<td>28</td>
<td>26</td>
<td>23</td>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Per cent of spin-down power</td>
<td>&lt; 10 per cent</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALV</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-B</td>
<td>15</td>
<td>13</td>
<td>11</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-C</td>
<td>12</td>
<td>10</td>
<td>9</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Per cent of spin-down power</td>
<td>&lt; 1 per cent</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>ALV</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-B</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ET-C</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Figure 13. Potential internal magnetic field strengths that would be needed in currently known pulsars to observed them with an S/N of 5 with (from top to bottom) ALV, ET-B and ET-C.

We see that for many millisecond pulsars, if they have internal poloidal magnetic fields similar in strength to the external fields of young pulsars, or toroidal field similar in strength to the external field of magnetars, then they may sustain ellipticities that make them observable. In reality the internal field will probably consist of both poloidal and toroidal components. Young pulsar would require far higher magnetic fields for them to sustain ellipticities that would allow them to be observable.

The above estimates have all assumed a year of obser-
vation. However, the future detectors could run over several years, and the third generation detectors may even be the premier gravitational wave observatories spanning decades. There could also be other similarly sensitive detectors added to the network (e.g. the LCGT). All of these would increase the ability to make observations of, and hopefully refine parameter estimation for, known pulsars, although the scaling of these improvements (for equivalent detectors) will only be the square root of the observation time. Better prospects could come from a far larger selection of pulsar targets from future radio/X-ray/γ-ray surveys.

One of the main points to note here is that all the above calculations have significant uncertainties to them. The theoretical study of neutron star EoS is still an area of study with large uncertainties. Neutron star mass measurements currently seem to favour fairly conventional EoS, and our upper limits for these may be a fair representation of reality. The current crop of known pulsars may harbour a variety of stellar types and our observations may be the only way to differentiate between them. More theoretical understanding through simulations of maximum breaking strains of quark matter and hybrid star matter would be of great help in making these constraints. In addition to determining whether a star is physically capable of supporting an observably large strain it is of great importance for future studies to find mechanisms of producing and sustaining such strains.

The study here has also assumed emission from a triaxial neutron star emitting at precisely twice the observed electromagnetic frequency via the $Q$-law neutron star emitting at precisely twice the observed electromagnetic frequency. Potentially more interesting physics could be extracted if the gravitational wave signal and electromagnetic signal were not so closely aligned (e.g. if pulsar timing noise is only present in the electromagnetic signal). Deviations between the two could uncover information about the coupling of the gravitational wave producing component and electromagnetic-producing component, and emission may occur at the rotation rate. Also, gravitational waves from other vibrational modes, such as long-lived $r$-modes, or fundamental modes (possibly excited by glitches), may be able to tell us far more about the neutron star EoS.

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