1	Consolidated sediment resuspension in model vegetated canopies
2	
3	Jordi Colomer <sup>1</sup> , Aleix Contreras <sup>1</sup> and Andrew Folkard <sup>2</sup> and Teresa Serra <sup>1</sup>
4	
5	<sup>1</sup> Department of Physics,
6	Campus Montilivi, Escola Politècnica Superior II
7	University of Girona
8	17071 Girona (Spain)
9	
10	<sup>2</sup> Lancaster Environment Centre, Lancaster LA1 4YQ
11	United Kingdom
12	
13	Corresponding author: <u>teresa.serra@udg.edu</u>
14	Running title: Consolidated bed resuspension in canopies
15	Keywords: oscillating grid, isotropic turbulence, sediment re-suspension, turbulent kinetic
16	energy, submerged vegetation.
17	Acknowledgments
18	This research was funded by the University of Girona, through the grant MPCUdG2016-006
19	and by the Ministerio de Economía, Industria y Competitividad of the Spanish Government
20	through the grant CGL2017-86515-P.
21	
22	
23	
24	
25	

#### 27 Abstract

28 Aquatic plants, turbulence and sediment fluxes interact with each other in a complex, non-29 linear fashion. While most studies have considered turbulence as being generated primarily by mean flow, it can, however, also be generated by the action of the wind or by the night cooling 30 31 convection at the surface of the water column. Here, we study turbulent interaction with vegetation and the effects it has on sediment suspension, in the absence of mean flow. In a 32 water tank containing a base layer of sediment, turbulence was generated by oscillating a grid 33 with the main objective being to determine the differences in sediment resuspension in 34 35 sediment beds over a wide range of consolidation times (1h-3days), for a set of model canopies with different structural characteristics: density and flexibility, and for three types of sediment 36 beds. The greater the consolidation time was, the lower the sediment resuspension. For bed 37 consolidation times below six hours, the concentration of resuspended sediment was 38 39 approximately constant and had no dependence on turbulence intensity. However, for higher bed consolidation times, between six and three days, the resuspension of the sediment beds 40 increased with turbulence intensity (defined in terms of turbulent kinetic energy; TKE 41 hereafter). The TKE within the sparse flexible canopies was higher than that in the sparse rigid 42 43 canopies, while within the dense flexible canopies it was below that of the rigid canopies. 44 Therefore, the sediment resuspension in the sparse flexible canopies was greater than that of 45 the sparse rigid canopies. In contrast, the sediment resuspension in the dense flexible canopies 46 was lower than that of the dense rigid canopies. Using different sediment types, the results of the study indicate that sediments with greater concentrations of small particles (muddy beds) 47 48 have higher concentrations of resuspended sediment than sediment beds that are composed of 49 larger particle sizes (sandy beds).

- 50
- 51

- 53
- 54
- 55
- 56
- 57
- 58
- 59
- 60

61	List of syml	bols and abbreviations
62		
63	А	Total area studied (cm <sup>2</sup> )
64	ADV	Acoustic Doppler Velocimeter
65	b	Plant width (mm)
66	С	Suspended sediment concentration ( $\mu g \cdot L^{-1}$ )
67	Ct	Suspended sediment concentration with time $(\mu g \cdot L^{-1})$
68	$C_0$	Initial suspended sediment concentration, at $t = 0$ s ( $\mu g \cdot L^{-1}$ )
69	C <sub>SS</sub>	Relative suspended sediment concentration in the steady state ( $\mu g \cdot L^{-1}$ )
70	d	Diameter of the plant model (mm)
71	Е	Modulus of elasticity (Pa)
72	f	Grid oscillation frequency (s <sup>-1</sup> )
73	$h_{\rm w}$	Mean water depth (m)
74	hs	Length of the rigid canopy model (m)
75	k	Turbulent kinetic energy
76	k <sub>0</sub>	Turbulent kinetic energy profile at the boundary
77	1	Integral length scale (mm)
78	М	Spacing between bars in oscillating grid (m)
79	n	Number of plants per square meter
80	OGT	Oscillating Grid Turbulence
81	PVC	Polyvinyl chloride
82	$\mathbb{R}^2$	Correlation
83	S	Stroke (m)
84	SFV	Submerged Flexible Vegetation
85	SPF	Solid Plant Fraction (%)
86	SRV	Submerged Rigid Vegetation
87	t	Time (s)
88	TKE	Turbulent Kinetic Energy $(m^2 \cdot s^{-2})$
89	TSS	Total Suspended Sediment $(g \cdot L^{-1})$
90	u, v, w	Components of the Eulerian velocity
91	U	Time averaged velocity $(m \cdot s^{-1})$
92	u'	Turbulent component of velocity $(m \cdot s^{-1})$
93	WP	Without plants

94	Z	Vertical direction
95	<b>Z</b> 0	Distance from the grid to the water surface (m)
96	$\lambda_1$	Lambda parameter 1
97	$\lambda_2$	Lambda parameter 2
98	ρω	Water density (kg.m <sup>-3</sup> )
99	$\rho_v$	Plant density (kg.m <sup>-3</sup> )
100	ν	Kinematic viscosity $(m^2 \cdot s^{-1})$
101		

- 102 **1. Introduction**
- 103

Along coastal and littoral lake zones, submerged aquatic vegetation affects ambient hydrodynamics by reducing water column turbulence, leading to a reduction in sediment erosion, and thus increasing the water column clarity in lakes and saltmarshes [1–3]. When the water clarity is enhanced, there is greater light penetration and this creates positive feedback for the canopy [4–7].

109 Sediment resuspension and turbidity variations have been observed to impact plant 110 development and hydrodynamics. For example, the construction of a large dam caused the ecosystem in the Dutch Wadden Sea to collapse from a vegetated to a bare state as a result of 111 112 the increase in turbidity [8]. This then led to eutrophication, caused by a decrease in light availability, and the migration of seagrass meadows to shallower waters [7]. In Lake Taihu, 113 114 Zhu et al. [9] found that under similar wind speeds, the presence of macrophytes reduced sediment resuspension rates by 29-fold. Consequently, eutrophication and cyanobacteria 115 116 blooms along the calm shoreline areas of Lake Taihu negatively impact on its ecosystem [10]. Comparative data in the Mediterranean show that a canopy of *Posidonia oceanica* may reduce 117 118 resuspension rates by three- to seven-fold compared to those in the adjacent unvegetated floor [11, 12]. 119

120 Plants with different morphologies may alter the hydrodynamics differently and, therefore, the processes of erosion, suspension and deposition [1, 3, 13–15]. Wu et al [10] found that the 121 122 zones covered by littoral aquatic macrophytes in Lake Taihu had thicker sediment layers. The amount of sediment erosion and resuspension is known to be governed by the intensity of the 123 external forcing event [16] and canopy properties [17]. The sediment resuspension by 124 unidirectional flow through a simulated canopy has been found to be a function of both the 125 flow velocity and the wakes produced by the stem scale turbulence [18]. Therefore, a threshold 126 127 in the shear stress can be stablished as a function of the flow velocity and the array of the 128 cylinders. In contrast, field studies have evidenced the role between the sediment resuspension and the presence of intermittent turbulent events [19]. Studies using emergent plants have 129 shown that turbulence inside canopies decreases linearly with increasing stem density, and that 130 even low densities of plants can produce substantial reductions in turbulence [20]. On the other 131 hand, Bouma et al [21] found that sparse canopies of rigid plants increased flow velocity, and 132 thus sediment scouring and resuspension. The high flow velocities in sparse canopies can also 133 134 impact on the distribution of seeds, nutrients and sediments [22, 23].

A great deal of research has been carried out to determine the effects emergent and submerged 135 vegetation have on hydrodynamics [13, 14, 24–27]. Turbulence is generated in the wake of 136 individual stems as well as in the canopy as a whole, and also by shear as a result of the velocity 137 gradients in the mean flow field [28]. Density and plant flexibility are the key parameters that 138 control the TKE attenuation within canopies and therefore the sediment resuspension [15]. 139 However, most of the work has been carried out in flows dominated by waves or mean currents 140 and not in cases where the turbulence is the main hydrodynamic force. The littoral zones of 141 lakes and ponds are regions with limited advection and the main source of turbulence comes 142 143 from wind action on the surface, or night convection [29]. In these systems, the turbulence produced at the water surface decreases with depth. Therefore, further work needs to be done 144 to quantify the effect that both flexibility and canopy density have on the sediment resuspension 145 produced by zero-mean flow turbulence. One way of approaching this problem is by running 146 experiments using an oscillating grid device. Oscillating grids produce nearly isotropic zero-147 mean flow turbulence [30-32] and have been used since the 1990s to study isotropic turbulence 148 149 in the absence of the mean shear associated with flowing water. The properties of the turbulence 150 are determined by the geometry of the grid, the frequency and amplitude of the oscillations, and the distance from the grid [33, 34]. Oscillating grid turbulence devices (OGT) can be used 151 152 as an analogue to open-channel flow systems by setting the operational parameters of the grid (stroke, frequency, etc.) such that the total kinetic energy of the turbulence matches that 153 154 expected either at the bed or at the free surface for an open-channel flow [35].

OGTs are used to produce controlled turbulent fields allowing turbulence in physical 155 phenomena to be understood. OGTs have been used to study the resuspension of both cohesive 156 [36] and non-cohesive [37] sediments. Tsai and Lick [36] found that the concentration of 157 resuspended cohesive sediment was proportional to the oscillation frequency of the grid. 158 Huppert et al [37] found that above a critical oscillating frequency, a given mass of non-159 160 cohesive sediment particles can be kept in suspension indefinitely. This critical frequency depends on the diameter of the sediment particles. Orlins and Gulliver [35] used OGTs to study 161 162 sediment resuspension from bare beds with two different consolidation times (2 and 11 days). For the same level of TKE, less-consolidated sediment beds are subject to greater amounts of 163 164 resuspension. Given than turbulence can act on sediment beds on short time scales, this study 165 also quantifies the effects turbulence has on beds from short (hours) to long consolidation times (days), therefore covering a greater range of consolidation times than that considered by Orlins 166 and Gulliver [35] In canopies of aquatic vegetation, the turbulence induced by the wind affects 167

the bottom boundary layer of the flow field in a manner that depends on the canopies' properties 168 and the bed's degree of consolidation [38]. In addition, this study investigates the induced 169 resuspension of natural cohesive partially consolidated sediment beds by turbulence in non-170 vegetated and vegetated environments under zero-mean flow turbulence. In this case, the 171 entrainment of sediment particles from the interface is a result of turbulent fluctuations rather 172 than the presence of a mean flow [39]. For this reason, an OGT has been considered suitable 173 for studying the sediment resuspension. The canopy properties, such as the plant flexibility and 174 canopy density, are expected to play an important role in the attenuation of pure isotropic 175 176 turbulence, which has not been previously determined. Therefore, different canopy densities and plant models composed of flexible, rigid and semi-rigid plants will be considered. 177 Furthermore, the sediment characteristics will also be explored. For this purpose, three 178 sediments with different particle distributions will be used for the experiments. 179

180

#### 181 2. Methodology

182

# 183 2.1. Experimental setup

184

185 The study was conducted in an oscillating grid turbulence chamber (Fig. 1) consisting of a box 186 made of Plexiglas<sup>®</sup> whose interior dimensions measured 0.28 m  $\times$  0.28 m  $\times$  0.33 m. This was filled with water to a depth,  $h_w$ , of 0.315 m. A Plexiglas<sup>®</sup> grid was suspended from above the 187 chamber such that its center was  $z_0 = 0.065$  m below the water surface (0.25 m above the 188 bottom of the chamber). The oscillating grid was constructed with 1cm wide and thick 189 190 Plexiglas® square bars. Following the same technical requirements like those of De Silva and Fernando [30], the grid was composed of  $5 \times 5$  bars, with M = 0.05 m spacing (or 'mesh size') 191 between the bars giving it a 31% solidity (defined as the fractional solid area occupied by bars). 192 Using a variable speed motor located outside the tank, with a fixed stroke s = 0.05 m, and 193 frequencies f = 2.8, 3.3, 3.8, 4.3 and 4.8 Hz, the grid was oriented horizontally and oscillated 194 vertically. A clearance of 2 mm between the sidewalls and the grid was maintained. We defined 195 the vertical direction as z (positive downwards), and z=0 cm as the mean vertical position of 196 197 the oscillating grid.

- 198
- 199
- 200

#### 201 **2.2.** Vegetation models

202

Simulated canopies of either rigid, semi-rigid or flexible vegetation were placed in the tank 203 prior to each experimental run. The rigid canopy models consisted of d = 6 mm wide and 204 205  $h_s = 0.10$  m long PVC cylinders (Fig. 2a). The flexible canopy models were constructed by taping flexible polyethylene blades to rigid PVC dowels 0.02 m long and 6 mm in diameter 206 207 (Fig. 2b). Each simulated plant had eight 4 mm wide, 0.10 m long and 0.07 mm thick plastic blades. These flexible plant simulants were dynamically and geometrically similar to typical 208 209 seagrasses, as described by Ghisalberti and Nepf [40], Folkard [41], Pujol et al [13] and El Allaoui et al [42]. The ratio between the thickness and the height of the plant was  $7 \times 10^{-4}$ , 210 similar to that used by Folkard [41] of  $8 \times 10^{-4}$ . The aspect ratio of the plant (ratio between the 211 width of the leaves and its height) was 0.04, the same as that used by Folkard [41] who used 212 213 0.25 m long and 0.01 m wide leaves. Therefore, the flexible plant model simulates the behavior of a Posidonia oceanica canopy under a turbulent flow. Blade density was less than that of 214 215 water (as is the case for real seagrasses) so that, at rest, the flexible canopy height was the same as that of the rigid canopy. The semi-rigid canopy was made of nylon threads each 2 mm in 216 217 diameter (Fig 2c). To compare semi-rigid to flexible vegetation at d = 6 mm, eight nylon threads were stacked together at the base to mimic the equivalent number of blades (Fig. 2c) to 218 219 those used for flexible plants.

220

Following Pujol et al [3], the canopy density was varied and quantified between runs using the 221 solid plant fraction  $SPF=100n\pi(d/2)^2/A$ , where *n* is the number of plant stems, and *A* is the total 222 bed surface area covered by the canopy. For the flexible canopies, d was taken as the diameter 223 224 of the rigid dowels at the base of the plant (6 mm). SPFs of 1, 2.5, 5, 7.5 and 10% were used for the rigid canopy runs, SPFs of 2.5, 5, 7.5 and 10% for the flexible runs and an SPF of 2.5% 225 was used for the semi-rigid canopy (Table 1, Fig. 2c-h). These SPFs corresponded to densities 226 N of 354, 884, 1768, 2652 and 3536 plants  $m^{-2}$ , which is in line with the medium to dense 227 seagrass densities found in the field [12, 43–45]. To create each canopy, the plants were secured 228 229 into 6 mm-diameter holes, which were arranged into a regular grid with 0.01 m center-to-center spacing on a plastic base board. The position of each plant on this grid was made using a 230 231 random number generator [13, 46]. Holes left unfilled once all the plants had been positioned were covered with tape to eliminate any potential effect the hole may have had. 232

234 In addition, the vertical variation in canopy density varied from rigid to semi-rigid and to flexible canopies. Following Neumeier and Amos [47], the vertical variation in the canopy 235 density was assessed from the lateral obstruction of the canopy by taking a lateral picture of a 236 2.5 cm thick canopy in front of a white background. Semi-rigid and flexible blades were painted 237 black to increase the contrast in the image. Images of the lateral obstruction were digitized, and 238 image analysis techniques were applied to differentiate the vegetation from the background. 239 Finally, the lateral obstruction percentage was calculated. While rigid canopies had a lateral 240 obstruction that remained constant with height, the lateral obstruction of the flexible plants 241 242 varied with height and maximum percentages being from z=18 cm to z=22 cm (Fig. 3). The flexible 10% SPF canopies reached greater lateral obstruction areas (of 33%) than the rigid 243 canopies (of 16%). For the semi-rigid canopy of 2.5% SPF, the maximum lateral obstruction 244 area of the canopy was of 6.7%, i.e., midway between that of the rigid and flexible canopies. 245

- 246 247
- 248 249

## 2.3. Sediment bed emplacement

Once the simulated canopy had been secured at the base of the experimental tank, and the tank had been filled with water, the bottom of the tank was then covered with sediment. Three types of sediment of different compositions were used (Table 1). Enough sediment from the marsh and lake areas was obtained in situ to perform all the experiments according to the designed experimental conditions. The sediment was cleaned to remove leaves and roots, dried and then sieved to remove particles larger than 500 µm.

256

The sediment particle size distribution (i.e. the sediment concentration C versus its particle size 257 diameter d) for each sediment type used was analyzed with the Lisst-100X, (Sequoia Scientific, 258 259 Inc., WA, USA) a laser particle size analyzer which has been used extensively and found to be appropriate for measuring either organic [48] or inorganic particles [12, 49]. Based on the 260 classification from Rijn [50] and Blott and Pye [51], the sediment was divided into three ranges 261 of particle diameter (Fig. 4). The first (2.5-6.0 µm) corresponds to very fine silts (strongly 262 263 cohesive), the second (6.0-170 µm) to fine to coarse silts and small sand particles (weakly cohesive), and the third (>170 µm) to small and medium sand particles. Considering the 264 particle number distribution, the sediment analysis showed that  $\approx 98\%$  of the particles fell 265 within the first range, while particles within the second range accounted for the remaining 2%. 266 267 However, in considering the particle volume concentration for the three sediment types,

particles in the first range accounted for 38.2% (marsh), 29.73% (lake) and 24.6% (synthetic)
of the total concentration. An increase in the percentage of small particles in the sediment
distribution is expected to increase the cohesive properties of the sediment.

271

272 For the case without plants, experiments with different sediment bed thicknesses were considered to determine the effect this would have on the results obtained. The bottom of the 273 tank was covered with a sediment layer to the uniform heights of 3.8 mm, 2.5 mm and 1.3 mm, 274 which corresponded to dry mass concentrations of 300 gL<sup>-1</sup>, 200 gL<sup>-1</sup> and 100 gL<sup>-1</sup>, respectively. 275 276 This seeding was performed by manually moving a tube (connected to the container) holding the homogeneous sediment mixture around the bottom of the chamber through the vegetation. 277 The seeding resulted in a cloud of particles  $\approx 1$  cm in height, which was, following Ros et al 278 [15], then left to settle. Figure 5 shows the concentration corresponding to the resuspended 279 bottom sediment particles versus the TKE for the three sediment layers. The greater the 280 sediment height at the bottom was, the higher the concentration of resuspended particles. 281 Scouring was not observed in any of experiments that had the 3.8 mm and 2.5 mm high beds. 282 All experiments were initiated with a consolidated bottom bed height of 2.5 mm. 283

284

Once the sediment was resuspended, the particle volume distribution of the sediment for the second and third particle range was approximately constant throughout all the experiments for the three sediment types. For this reason, these larger particles were not considered in the analysis, and only particles in the smallest size range i.e., the strongly cohesive range, were analyzed.

290

## 291 **2.4.** Turbulence measurements and analysis

292

The three-dimensional turbulent velocity field (u, v, w) inside the tank was measured with a 293 three-component Acoustic Doppler Velocimeter (ADV) (Sontek/YSI16-MHzMicroADV). The 294 ADV has an acoustic frequency of 16 MHz, a sampling volume of 90 mm<sup>3</sup>, a sampling 295 frequency of 50 Hz and measures in the range 0-30 cm s<sup>-1</sup>. The distance between the head of 296 the ADV and the sampling volume was 0.05 m. The ADV was mounted onto a movable vertical 297 frame allowing it to be manually situated at working depths between z=0.10 m and z=0.24 m. 298 For all experiments, the ADV was placed horizontally 0.07 m (1.4× the mesh size) from one 299 side wall and 0.12 m (2.4× the mesh size) from the other side wall to avoid side-wall effects, 300

301 as suggested by Orlins and Gulliver [35]. In addition, following De Silva and Fernando [30], the mesh endings were designed to reduce mean secondary circulation. To avoid any spikes in 302 the data coming from artifacts of instrument operation rather than being representative of the 303 flow, ADV measurements with beam correlations below 70% and signal to noise ratio (SNR) 304 above in the range 15-30dB. Spikes and spurious data were discarded using the method by 305 Goring and Nikora [52]. The use of single point ADV measurements for characterizing OGT 306 can be justified by noting that several authors [30, 53, 54] found that at a certain distance from 307 the grid, turbulence is isotropic and the velocity fluctuations u', v' and w' are proportional to 308 309 1/z. It seems, therefore, plausible to use single-point ADV measurements in this context, at least at |z|>3M, where M is the spacing between bars[55]. In the present study, M=5 cm, therefore 310 for |z|>15 cm, the turbulence is expected to be isotropic. Furthermore, for the rigid vegetation 311 with SPF=1% and 2.5%, in order to test for the horizontal homogeneity of the turbulence field, 312 vertical velocity profiles with the ADV were carried out at eight different horizontal locations. 313 314 Maximum differences of 4% between the *TKE* measured at different positions were obtained. 315 the Reynolds stresses at each location were calculated and no differences were obtained 316 between locations when considering the margin of error (data not shown). Additional tests were made to guarantee the horizontal homogeneity. The exuberance, i.e. the ratio of upward 317 318  $(u'w' \ge 0)$  to downward  $(u'w' \le 0)$  fluxes of momentum, was calculated following Rotach [56]. The exuberance was close to -1, indicating that there was equal contribution of downward to 319 320 upward flux of momentum. Consequently, single point ADV measurements were used thereafter. 321

322

To obtain valid data acquisition within the canopy for the densest canopies of flexible plants 323 324 and in accordance with Neumeier and Ciavola [57], Pujol et al [3] and Pujol et al [13], a few stems were removed (a maximum of 3 stems for the SPF=10% canopy density) to avoid 325 326 blocking the pathway of the ADV beams. To minimize the effect this 'hole' has only a few stems were repositioned. For the dense flexible canopies, a thin (0.5 mm thick) 4 cm-wide ring 327 was situated 1 cm above the ADV sensors to avoid them being blocked by the flexible plants. 328 This metal ring was fixed with two stems of the same material that were attached to the dowels 329 of the plants. Measurements of the flow velocities for the SPF=0% experiments were taken 330 with and without the ring and no differences were observed. 331

332

For each experiment, a vertical velocity profile was taken from a z=0.10 m to z=0.24 m depth (see Fig. 1) at 0.01 m intervals to obtain the turbulence field. Thus, the vertical profiles covered

measurements inside and above the canopy. At each depth, the instantaneous water velocity (u, v)335 *v*, *w*) was measured for 10 minutes (i.e. 30,000 measurements for each velocity component) 336 and then decomposed as u = U + u', where U is the time-averaged velocity component in one 337 horizontal direction (x) and u' is the turbulent component in this direction. The velocity 338 components v (speed in the y-direction – the horizontal direction orthogonal to the x-direction) 339 and w (speed in the vertical direction) were similarly decomposed into V + v' and W + w', 340 respectively. The turbulent kinetic energy per unit mass (*TKE*) was then calculated from the 341 mean of the square values of the three turbulent components: 342

343

344 
$$TKE = \frac{1}{2}(\overline{u'^2} + \overline{v'^2} + \overline{w'^2})$$
 (3)

345

One of the characteristics of the zero-mean shear flow in the OGT device is that there is no 346 recirculation in the system, i.e. the mean velocities are zero. Since the effect of the canopy is 347 not known, the total kinetic energy  $(KE = \frac{1}{2}(U^2 + V^2 + W^2))$  can be a parameter to check for 348 the presence of zero mean currents (Fig. 6a and b). Results show that in all cases, and 349 considering the error margin, the KE remains below the ADV noise. The other characteristic of 350 the zero-mean shear in the OGT is that the TKE decreases with  $z^{-2}$  for the region of 351 homogeneous turbulence [55]. In the present study, all experiments with and without plants 352 presented a linear relationship between TKE and  $z^{-2}$  for z>15 cm (Fig. 6c), i.e. z>3M in the 353 homogeneous turbulent zone. 354

355

#### 356

2.5. Sediment entrainment measurements

357

The downward diffusion of grid-generated turbulence was able to erode the sediment bed and 358 maintain a sediment load in the water column as momentum was transferred to the sediment. 359 Within the column, sediment samples of 80 mL were obtained using a pipette introduced 360 through the opening of the lid situated on top of the experimental tank. Samples were collected 361 from two different depths (z=0.1 m i.e. 0.05 m above the canopy, and z=0.22 m i.e. 0.03 m 362 above the bottom). For all the experimental runs, the particle volume distribution of suspended 363 364 sediment was measured using the Lisst-100X laser particle size analyzer. From these measurements, the particle volume concentration in each range (Fig. 4) was obtained as the 365 sum of the particle volume concentration of all the particles within the size range. 366

367 Given that the smaller particles in the size spectra can remain in suspension quasi-indefinitely, suspended sediment concentration (C) was calculated relatively, as the value measured at a 368 time t (C<sub>t</sub>) subtracted from the value measured prior to the start of the oscillations at t = 0 (C<sub>0</sub>), 369 i.e.,  $C = C_t - C_0$ .  $C_0$  ranged from 0.7  $\mu$ l l<sup>-1</sup> to 0.9  $\mu$ l l<sup>-1</sup>, representing a percentage between 9% 370 and 2.5% of the sediment concentrations measured in the experiments. Each experimental run 371 372 started at 2.8 Hz, the lowest oscillation frequency of the grid. A steady state was reached after 30 minutes and then after a further 30 minutes (at t = 60 minutes) the oscillation frequency was 373 374 increased to 3.3 Hz. A second steady state was reached at t = 90 minutes, and after a further 30 minutes (at t = 120 minutes) the frequency was increased to 3.8 Hz. A third steady state was 375 reached at t = 150 minutes and this continued for a final 30-minute period. Consecutive steady 376 states were reached for frequencies of 4.3 and 4.8 Hz. The evolution of the resuspended 377 sediment concentration  $C_t$  with time is shown in Fig. 7 for the experiments carried out with 378 both marsh and synthetic sediments for runs with rigid vegetation of SPF=2.5%. The dashed 379 line in the plot represents the time evolution of the grid oscillation frequencies. Similarly, Oguz 380 et al [58] found that 15 minutes were required for sediment resuspension to reach a steady state 381 in a wave-dominated environment. For the bare soil case, experiments with the different 382 frequencies were also carried out separately (not in the sequence of the increasing frequencies) 383 and the same sediment concentrations were obtained at the steady state. Therefore, all the 384 experiments thereafter were carried out sequentially. 385

386

Seven experiments were conducted to study the effect of the consolidation time (runs 21 and 387 23-28). All of them were carried out without plants, with synthetic sediment and for all the 388 389 frequencies (Table 2). Three experiments were conducted to study the effect of the sediment type (runs 1, 11 and 21). All of them were carried out without plants for the two days of 390 consolidation time and for all the frequencies (Table 2). Three experiments were conducted to 391 study the effect plant flexibility, rigid plants (run13), flexible plants (run 17) and semi-rigid 392 393 plants (run 22) have. All the frequencies were considered for runs 13 and 22 (Table 2) and three for run 17. All of them were carried out for SPF=2.5%, 2 days of consolidation time and for 394 the synthetic sediment. Ten experiments for marsh sediment (runs 1-10) and ten experiments 395 for synthetic sediment (runs 11-20) were conducted to study the effect canopy density and type 396 have on the sediment resuspension. 397

398

399 **3. Results** 

#### 401 **3.1 Vertical turbulent kinetic energy in the presence of a bottom canopy**

402

For experiments without plants, the TKE decreased with vertical distance from the grid (Fig. 8). 403 404 For experiments with rigid, semi-rigid or flexible canopies, two layers were distinguished: a transition layer and a within-canopy layer (Fig. 8). Within the canopy layer, the TKE for both 405 406 the rigid, semi-rigid and flexible canopy (SPF=2.5 %) cases were below that for the run without plants. The transition layer extended up to at least 6 cm above the top of the canopy (Fig. 8). 407 408 In this layer, the *TKE* for the cases with plants was lower than that for the without-plants case with a TKE difference that decreased from the top of the canopy (38% lower than for the 409 without plants case) down to z=10 cm (8.7% lower than for the without-plants case). 410

411

To compare between the runs, the *TKE* at z=22 cm was chosen to represent the *TKE* within the 412 canopy. In Fig. 9, the TKE is plotted for both rigid (left panel) and flexible (right panel) plants 413 for all the canopy densities studied, and also for the without-plants case. In all cases, the TKE 414 was found to increase with increasing grid oscillation frequency. In both rigid and flexible 415 416 canopies, the *TKE* was below that of the without-plants case (*SPF*=0%). In the rigid canopy 417 the TKE reached a minimum at an intermediate value (of SPF=5%), remaining constant afterwards for SPF>5%. In contrast, for flexible canopies the TKE decreased gradually with 418 419 increasing SPF. It is important to notice that for SPF<2.5%, flexible and rigid canopies present similar *TKE* for the same oscillating frequency. However, for *SPF*>2.5%, the *TKE* for flexible 420 421 plant is smaller than that for rigid plants.

422

# 423 **3.2.** Sediment re-suspension in the presence of a canopy: the effect of plant flexibility

424

425 Within the canopy, the behavior of the suspended sediment concentration at the steady state  $(C_{ss})$  with SPF was different for rigid and flexible canopies (Figs. 10a and 10b, respectively). 426  $C_{ss}$  for the without-plants experiments was greater than for all the experiments with rigid plants. 427 The greater the oscillating frequency, the higher the  $C_{ss}$  was. For rigid canopy models,  $C_{ss}$  was 428 nearly constant with SPF for all the frequencies tested. In contrast,  $C_{ss}$  decreased markedly 429 with SPF for flexible canopies, attaining smaller  $C_{ss}$  for the denser flexible canopies than that 430 431 of the denser rigid canopies of the same SPF. Similar results were obtained for the synthetic sediments for both rigid and flexible plants (Figs. 10c and 10d, respectively). 432

433  $C_{ss}$  was found to follow an exponential relationship with *TKE* with different exponents for the 434 different vegetation types (Fig. 11). For the same *TKE*, the highest  $C_{ss}$  (and the highest 435 coefficient of the exponential) was found for the flexible vegetation model, while the lowest 436  $C_{ss}$  was found for the rigid vegetation model.

437

#### 438 **3.3. Sediment resuspension related to sediment bottom consolidation**

In all the experiments, the longer the consolidating time, the lower the  $C_{ss}$  was for all the *TKE* studied (Fig. 12). Two behaviors were observed based on the evolution of  $C_{ss}$  with *TKE* that depended on the consolidation time. The first for the long consolidation time (>12h) and the second for the short consolidation time (<12h). For long consolidating times above 12h,  $C_{ss}$ increased with *TKE*, following an exponential dependence. On the other hand, and considering the uncertainties, for bed consolidation times between 1 and 6 hours,  $C_{ss}$  was approximately constant with *TKE*.

446

### 447 3.4. Sediment re-suspension related to sediment bottom characteristics

The suspended sediment concentration  $C_{ss}$  increased exponentially with the *TKE* for all the sediments tested (Fig. 13). For *TKE*< 4×10<sup>-4</sup> m<sup>2</sup> s<sup>-2</sup>, no differences were obtained between the  $C_{ss}$  obtained for the different sediments. In contrast, for *TKE*> 4×10<sup>-4</sup> m<sup>2</sup> s<sup>-2</sup>, the behavior between  $C_{ss}$  and the *TKE* depended on the nature of the sediment. The greatest  $C_{ss}$  corresponded to the marsh sediment and the lowest to the synthetic sediment

453

#### 454 **4. Discussion**

The bed sediment within non-vegetated and vegetated model canopies were resuspended due to the turbulence generated by the oscillating grid. The resuspension of particles from the sediment beds was found to depend on the characteristics of the structure of the canopy (both plant density and plant flexibility) and the characteristics of the sediment bed (both consolidation time and sediment composition).

460

461

#### 462 **4.1** The effect sediment cohesiveness had on sediment resuspension

463

The three cohesive sediments studied were resuspended, due to the turbulence generated by the oscillating grid, producing a homogeneous vertical suspended sediment concentration for all the experiments carried out. This homogeneous vertical distribution of sediment is in accordance with the results found by other authors when the suspended sediment concentration was below 80 mg L<sup>-1</sup> [59]. In the present study, the maximum concentration of suspended sediment was 30  $\mu$ l L<sup>-1</sup>, which corresponds to a mass sediment concentration of 75 mg L<sup>-1</sup>.

470

471 The total suspended solids was found to depend on the degree of *TKE* near the bottom of the bed, as was also found by Tsai and Lick [36]. The turbulent energy dissipation produced by the 472 oscillating grid for the oscillating frequencies studied ranged from  $1.02 \times 10^{-4}$  m<sup>2</sup> s<sup>-3</sup> to  $5.13 \times 10^{-1}$ 473  $^{4}$  m<sup>2</sup> s<sup>-3</sup>. This range of turbulence is characteristic of mean turbulence intensities in the shallow 474 littoral zones in lakes, with mean values of  $2.41 \times 10^{-4}$  m<sup>2</sup> s<sup>-3</sup> and  $3.97 \times 10^{-5}$  m<sup>2</sup> s<sup>-3</sup> for water 475 depths of 0.5m and 1.5m, respectively [60, 61]. The particle volume concentration was found 476 477 to exponentially increase with TKE (Fig. 14). The greatest resuspension was found for the marsh sediment, which was 22% higher than that of the synthetic sediment. Given that the 478 479 sediment mass was the same for both sediments, it is likely that the higher resuspension rates are associated to the greater concentrations of fine particles in the bed. Then, turbulent events 480 481 acting on muddy bed substrates produce bed erosion resulting in higher water turbidities than sandier regions under the same hydrodynamic forcing [62]. Therefore, our data show that the 482 483 greater the concentration of fine particles is in the bottom of the bed, the greater the resuspension of particles in the water column. The increase of fine particles in the water column 484 485 might cause an increase in water turbidity (i.e. a reduction in water clarity) that may have a negative feedback for the ecosystem, especially for organisms that require light to survive. 486

487

# 488 4.2 The effect the structural characteristics of the model canopy had on the resuspension 489 of sediments

490

Sediment resuspension depended on the characteristics of the vegetation, which is in 491 accordance with Tinoco and Coco [18]. In the SPF range studied, rigid canopies produced less 492 sediment resuspension than bare soils. This result can be attributed to the reduction of the 493 turbulent kinetic energy by the canopy. However, flexible canopies produce a wide range of 494 resuspended sediment concentrations, expanding from smaller to greater concentrations than 495 496 those obtained for the rigid canopy and the without-plants case. This behavior can be explained by the movement of the flexible plants' leaves in the water column, because as the leaves are 497 498 able to capture sediment particles these can be washed off as the flexible plants move. This can

499 explain why, for the same TKE, flexible plant models produce greater resuspension than rigid models that do not move with the flow. The lower values of the suspended sediment 500 concentration obtained by the flexible canopies compared to the rigid ones, corresponds to the 501 cases with high SPF, where the TKE is greater for rigid plants than for flexible plants. 502 503 Therefore, once sediment particles are resuspended from the bottom their settling in a flexible 504 canopy is lower than it would be in a rigid canopy. Therefore, beds covered with flexible plants 505 in the field might present a greater erosion of the finer particles once resuspended, as they are potentially transported to other regions by waves and currents. In such cases, unlike the beds 506 507 in rigid canopies, the beds with flexible canopies would result in sandier compositions.

508

The finding that dense canopies of flexible plants reduces sediment resuspension more than the 509 sparse canopies of flexible plants do, is in accordance with the findings from field [12, 62] and 510 laboratory experiments [63]. The presence of macrophytes in shallow lakes effectively abates 511 sediment resuspension as a result of a reduction in bed shear stress or turbulent kinetic energy 512 above the bed [64, 65]. In experiments conducted in lake enclosures, Li et al [66] found that 513 514 macrophytes reach their maximum effectiveness in reducing resuspension at a certain speciesspecific biomass threshold, beyond which the biomass effects on resuspension are negligible. 515 516 This result is in accordance with the findings in the present study. For example, flexible canopies with SPF lower than SPF=7.5% substantially reduce sediment resuspension, whereas 517 518 canopies with densities over SPF=7.5% do not produce any further decrease in sediment resuspension. In the coastal Mediterranean, canopies of Posidonia oceanica have been found 519 520 to reduce resuspension rates by three- (medium dense canopies) to seven-fold (dense canopies) 521 compared to those in the adjacent unvegetated floor [11, 12].

522

# 523 **4.3** The effect sediment bottom bed consolidation had on sediment resuspension

524

Different sediment resuspension dynamics have been found depending on whether the 525 sediment is consolidated for a short or long period. Sediments that have a long consolidation 526 time will require a greater critical turbulent kinetic energy to initiate resuspension from a bed. 527 These results are in accordance with Orlins and Gulliver [35] who found that for  $TKE < 10^{-3} \text{ m}^2$ 528  $s^{-2}$ , the same level of *TKE* produced a greater resuspension for low consolidation times. Orlins 529 and Gulliver [35] found that for  $TKE=10^{-3}m^2s^{-2}$ , resuspension did not depend on the 530 consolidation times studied (2 and 11 days). Mud erodibility was tested by Lo et al [67] on 531 cores containing suspensions of coastal lake sediments that were consolidated for 1, 2 and 4 532

weeks, and found that the strengthening of the beds could be attributed to the bed's time
consolidation, and inversely on initial suspension concentration over concentrations ranging
from fluid mud to hydraulic dredge effluent.

536

For high *TKE* of  $2 \times 10^{-3}$  m<sup>2</sup> s<sup>-2</sup>. Orlins and Gulliver [35] found that the total suspended solids 537 concentration was independent of the consolidation times of the 2 and 11 days they studied. 538 Our experiments were extended to shorter consolidation times than those studied by Orlins and 539 Gulliver [35] but the highest *TKE* studied was  $5.5 \times 10^{-4}$  m<sup>2</sup> s<sup>-2</sup>, lower than the threshold found 540 by Orlins and Gulliver [35]. Our results show that the shorter the consolidation time is, the 541 greater the suspended sediment concentration (Fig 11). Furthermore, for consolidation times 542 543 below 6h, and considering the uncertainty in the data, the concentration of suspended solids was independent of the TKE for the range of TKE studied. However, for consolidation times 544 above 6h, the concentration of suspended solids increased with the TKE, especially for 545 *TKE*>4×10<sup>-4</sup> m<sup>2</sup> s<sup>-2</sup>. For these ranges of consolidation times above 6h, the difference in the 546 suspended sediment concentration between the different consolidation times decreases with 547 548 *TKE* but, contrary to the findings by Orlins and Gulliver [35], still remained different for the highest *TKE* studied, which was probably due to the fact that the *TKE* in the present study was 549 550 below the threshold of Orlins and Gulliver [35]. The results found in our study, agree with those of James et al [68] where, for sediments located at canopy-forming and meadow-forming 551 552 beds, the concentration of suspended solids increased markedly as a function of increasing bottom shear stress. 553

554

#### 555 **5 Conclusions**

556

557 The resuspension of sediment by zero-mean turbulence depends on the consolidation time of the bed, the composition of the sediment and the characteristics of the bed (vegetated or bare 558 559 soil). For vegetated beds, the characteristics of the canopy, in terms of its plant flexibility, is crucial in determining sediment resuspension. We found that the degree to which the sediment 560 561 bed was consolidated played a crucial role in determining the magnitude of the sediment 562 resuspension. Sediments that have a long consolidation time will require a greater critical 563 turbulent kinetic energy to initiate resuspension from a bed. As such, for beds with consolidation times lower than six hours, the suspended solids were independent of the 564 565 turbulent kinetic energy. However, for consolidation times above six hours, the concentration of the resuspended sediment increased markedly with the turbulent kinetic energy, especially 566

- for turbulent kinetic energies greater than  $4 \times 10^{-4}$  m<sup>2</sup> s<sup>-2</sup>. For these ranges of consolidation times, the suspended sediment concentrations increased with the turbulent kinetic energies.
- 569

In the simulated vegetated experiments, rigid, semi-rigid and flexible plant canopies were 570 found to reduce the turbulent kinetic energy in shear-free conditions compared to without-571 plants cases. Dense flexible canopies of SPF=5% reduced the turbulent kinetic energy more 572 than the rigid canopies, thus reducing sediment resuspension in the water column. In contrast, 573 574 sparse canopies of flexible stems produced similar turbulent kinetic energies to those of the rigid canopies of the same density For the same level of turbulent kinetic energy the 575 resuspended sediment in the flexible canopies was higher than in the rigid canopies as a result 576 of the movement of the plant leaves. Assuming that stable substrates play a vital role for plant 577 survival, this suggests a mechanism that may lead to dense distributions of flexible vegetation 578 579 being better able to survive than sparse flexible canopies. 580

# **References**

583 584 585	1.	Vermaat J, Santamaria L, Roos P (2000) Water flow across and sediment trapping in submerged macrophyte beds of contrasting growth form. Arch fur Hydrobiol 148:549–562
586 587 588	2.	Madsen JD, Chambers P a, James WF, et al (2001) The interaction between water movement , sediment dynamics and submersed macrophytes. Hydrobiologia 444:71–84
589 590	3.	Pujol D, Colomer J, Serra T, Casamitjana X (2010) Effect of submerged aquatic vegetation on turbulence induced by an oscillating grid. Cont Shelf Res 30:1019–1029
591 592 593	4.	Ward L, Kemp W, Boynton W (1984) The influence of waves and seagrass communities on suspended particulates in an estuarine embayment. Mar Geol 59:85–103
594 595 596	5.	Koch EW (2001) Beyond Light: Physical, Geological, and Geochemical Parameters as Possible Submersed Aquatic Vegetation Habitat Requirements. Estuaries 24:1 . doi: 10.2307/1352808
597 598	6.	de Boer WF (2007) Seagrass-sediment interactions, positive feeedbacks and cretical thresholds for occurrence: a review. Hydrobiologia 591:5–24
599 600 601 602	7.	Carr J, D'Odorico P, McGlathery K, Wiberg P (2010) Stability and bistability of seagrass ecosystems in shallow coastal lagoons: Role of feedbacks with sediment resuspension and light attenuation. J Geophys Res Biogeosciences 115:1–14. doi: 10.1029/2009JG001103
603 604 605	8.	Van Der Heide T, Van Nes EH, Geerling GW, et al (2007) Positive feedbacks in seagrass ecosystems: Implications for success in conservation and restoration. Ecosystems 10:1311–1322 . doi: 10.1007/s10021-007-9099-7
606 607 608	9.	Zhu M, Zhu G, Nurminen L, et al (2015) The influence of macrophytes on sediment resuspension and the effect of associated nutrients in a shallow and Large Lake (Lake Taihu, China). PLoS One 10:1–20 . doi: 10.1371/journal.pone.0127915
609 610 611	10.	Wu T, Timo H, Qin B, et al (2016) In-situ erosion of cohesive sediment in a large shallow lake experiencing long-term decline in wind speed. J Hydrol 539:254–264 . doi: 10.1016/j.jhydrol.2016.05.021
612 613 614	11.	Gacia E, Duarte CM (2001) Sediment retention by a Mediterranean Posidonia oceanica meadow: The balance between deposition and resuspension. Estuar Coast Shelf Sci 52:505–514
615 616	12.	Granata TC, Serra T, Colomer J, et al (2001) Flow and particle distributions in a nearshore seagrass meadow before and after a storm. Mar Ecol Prog Ser 218:95–106
617	13.	Pujol D, Serra T, Colomer J, Casamitjana X (2013) Flow structure in canopy models

618		dominated by progressive waves. J Hydrol 486:281–292
619 620 621	14.	Pujol D, Casamitjana X, Serra T, Colomer J (2013) Canopy-scale turbulence under oscillatory flow. Cont Shelf Res 66:9–18 . doi: http://dx.doi.org/10.1016/j.csr.2013.06.012
622 623 624	15.	Ros À, Colomer J, Serra T, et al (2014) Experimental observations on sediment resuspension within submerged model canopies under oscillatory flow. Cont Shelf Res 91:220–231
625 626 627	16.	Ondiviela B, Losada IJ, Lara JL, et al (2014) The role of seagrasses in coastal protection in a changing climate. Coast Eng 87:158–168 . doi: 10.1016/j.coastaleng.2013.11.005
628 629 630	17.	Black KS, Tolhurst TJ, Paterson DM, Hagerthey SE (2002) Working with Natural Cohesive Sediments. J Hydraul Eng 128:2–8 . doi: 10.1061/(ASCE)0733-9429(2002)128:1(2)
631 632	18.	Tinoco RO, Coco G (2016) A laboratory study on sediment resuspension within arrays of rigid cylinders. Adv Water Resour 92:1–9 . doi: 10.1016/j.advwatres.2016.04.003
633 634 635	19.	Yang Y, Wang YP, Gao S, et al (2016) Sediment resuspension in tidally dominated coastal environments: new insights into the threshold for initial movement. Ocean Dyn 66:401–417 . doi: 10.1007/s10236-016-0930-6
636 637 638	20.	Horppila J, Kaitaranta J, Joensuu L, Nurminen L (2013) Influence of emergent macrophyte (Phragmites australis) density on water turbulence and erosion of organic-rich sediment. J Hydrodyn Ser B 25:288–293 . doi: 10.1016/S1001-6058(13)60365-0
639 640 641	21.	Bouma T, Friedrichs M, Klaassen P, et al (2009) Effects of shoot stiffness, shoot size and current velocity on scouring sediment from around seedlings and propagules. Mar Ecol Prog Ser 388:293–297 . doi: 10.3354/meps08130
642 643 644	22.	Lawson S, Wiberg P, McGlathery K, Fugate D (2007) Wind-driven sediment suspension controls light availability in a shallow coastal lagoon. Estuaries and Coasts 30:102 . doi: 10.1007/bf02782971
645 646 647 648	23.	Hansen JCR, Reidenbach M a. (2013) Seasonal Growth and Senescence of a Zostera marina Seagrass Meadow Alters Wave-Dominated Flow and Sediment Suspension Within a Coastal Bay. Estuaries and Coasts 36:1099–1114 . doi: 10.1007/s12237-013-9620-5
649 650	24.	Mendez F, Losada I, Losada M (1999) Hydrodynamics induced by wind waves in a vegetation field. J Geophys Res - Ocean 104:18383–18396
651 652	25.	Nepf HM (1999) Drag, turbulence, and diffusion in flow through emergent vegetation. Water Resour Res
653 654	26.	Nepf HM, Vivoni E (2000) Flow structure in depth-limited, vegetated flow. J Geophys Res 105:28547–28557

655 656	27.	Poggi D, Porporato A, Ridolfi L, et al (2003) The effect of vegetation density on canopy sub-layer turbulence. Boundary-Layer Meteorlogy 111:565–587
657 658	28.	Neumeier U (2007) Velocity and turbulence variations at the edge of saltmarshes. Cont Shelf Res 27:1046–1059 . doi: 10.1016/j.csr.2005.07.009
659 660	29.	Coates MJ, Folkard AM (2009) The effects of littoral zone vegetation on turbulent mixing in lakes. Ecol Modell 220:2726
661 662	30.	De Silva IP., Fernando HJS (1994) Oscillating grids as a source of nearly isotropic turbulence. Phys Fluids 6:2455–2464
663 664 665	31.	Colomer J, Peters F, Marrasé C (2005) Experimental analysis of coagulation of particles under low-shear flow. Water Res 39:2994–3000 . doi: 10.1016/j.watres.2005.04.076
666 667	32.	Serra T, Colomer J, Logan BE (2008) Efficiency of different shear devices on flocculation. Water Res 42:1113–1121
668 669	33.	Nokes R (1988) On the entrainmnent rate across a density interface. J Fluid Mech 188:185–204
670 671 672	34.	Holzner M, Liberzon A, Guala M, et al (2006) Generalized detection of a turbulent front generated by an oscillating grid. Exp Fluids 41:711–719 . doi: 10.1007/s00348-006-0193-y
673 674	35.	Orlins JJ, Gulliver JS (2003) Turbulence quantification and sediment resuspension in an oscillating grid chamber. Exp Fluids 34:662–677 . doi: 10.1007/s00348-003-0595-z
675 676	36.	Tsai C-H, Lick W (1986) A Portable Device for Measuring Sediment Resuspension. J Great Lakes Res 12:314–321 . doi: 10.1016/S0380-1330(86)71731-0
677 678	37.	Huppert HE, Turner JS, Hallworth MA (1995) Sedimentation and entrainment in dense layers of suspended particles stirred by an oscillating grid. J Fluid Mech 289:263
679 680	38.	El Allaoui N, Serra T, Soler M, et al (2015) Modified hydrodynamics in canopies with longitudinal gaps exposed to oscillatory flows. J Hydrol 531:840–849
681 682 683	39.	Redondo JM, De Madron XD, Medina P, et al (2001) Comparison of sediment resuspension measurements in sheared and zero-mean turbulent flows. Cont Shelf Res 21:2095–2103 . doi: 10.1016/S0278-4343(01)00044-9
684 685	40.	Ghisalberti M, Nepf HM (2002) Mixing layers and coherent structures in vegetated aquatic flows. 107:
686 687	41.	Folkard AM (2005) Hydrodynamics of model Posidonia oceanica patches in shallow water. Limnol Oceanogr 50:1592–1600
688 689	42.	El Allaoui N, Serra T, Colomer J, et al (2016) Interactions between fragmented seagrass canopies and the local hydrodynamics. PLoS One 11:1–19 . doi:

- 690 10.1371/journal.pone.0156264
- Guillén JE, Sánchez JL, Jiménez S, et al (2013) Evolution of Posidonia oceanica
  seagrass meadows and its implications for management. J Sea Res 83:65–71. doi:
  10.1016/j.seares.2013.04.012
- 44. Rupprecht F, Möller I, Paul M, et al (2017) Vegetation-wave interactions in salt
  marshes under storm surge conditions. Ecol Eng 100:301–315. doi:
  10.1016/j.ecoleng.2016.12.030
- 45. Pedlow CL, Dibble ED, Getsinger KD (2006) Littoral habitat heterogeneity and shifts
  in plant composition relative to a fall whole-lake fluridone application in Perch lake,
  Michigan. J Aquat Plant Manag 44:26–31
- 46. Serra T, Fernando HJS, Rodríguez R V (2004) Effects of emergent vegetation on
  lateral diffusion in wetlands. Water Res 38:139–47
- 47. Neumeier U, Amos CL (2006) Turbulence reduction by the canopy of coastal Spartina
  salt-marshes. J Coast Res 39:433–439
- 48. Serra T, Granata T, Colomer J, et al (2003) The role of advection and turbulent mixing
  in the vertical distribution of phytoplankton. Estuar Coast Shelf Sci 56:53–62 . doi:
  10.1016/S0272-7714(02)00120-8
- 49. Serra T, Soler M, Julia R, et al (2005) Behaviour and dynamics of a hydrothermal
  plume in Lake Banyoles, Catalonia, NE Spain. Sedimentology 52:795–808
- 709 50. Rijn LC Van (2007) Unified View of Sediment Transport by Currents and Waves . I:
  710 Initiation of Motion , Bed Roughness , and Bed-Load Transport. J Hydraul Eng
  711 133:649–667
- 51. Blott SJ, Pye K (2012) Particle size scales and classification of sediment types based
  on particle size distributions: Review and recommended procedures. Sedimentology
  59:2071–2096. doi: 10.1111/j.1365-3091.2012.01335.x
- 52. Goring DG, Nikora VI (2002) Despiking acoustic doppler velocimeter data. J Hydraul
   Eng 128:117–126
- 53. Hopfinger E, Toly J (1976) Spatially decaying turbulence and its relation to mixing
  across density interfaces. J Fluid Mech 78:155–175
- Matsunaga N, Sugihara Y, Komatsu T, Masuda A (1999) Quantitative properties of
  oscillating-grid turbulence in a homogeneous fluid. Fluid Dyn Res 25:147–165
- 55. Wan Mohtar WHM (2016) Oscillating-grid turbulence at large strokes: Revising the equation of Hopfinger and Toly. J Hydrodyn 28:473–481
- 723 56. Rotach MW (1993) Turbulence close to a rough urban surface. Part I: Reynolds stress.
  724 Boundary-Layer Meteorlogy 65:1–28

- 725 57. Neumeier U, Ciavola P (2004) Neumeier\_Ciavola\_2004.pdf. J Coast Res 20:435–447 Oguz E, Elginoz N, Koroglu A, Kabdasli MS (2013) The effect of reed beds on wave 726 58. attenuation and suspended sediment concentration. J Coast Res 65:356-361. doi: 727 728 10.2112/SI65-061.1 59. Green MO, Coco G (2013) Review of wave-driven sediment resuspension and 729 transport in estuaries. Rev Geophys 52:77-117 730 60. G.-Tóth L, Parpala L, Balogh C, et al (2011) Zooplankton community response to 731 enhanced turbulence generated by water-level decrease in Lake Balaton, the largest 732 shallow lake in Central Europe. Limnol Oceanogr 56:2211-2222. doi: 733 734 10.4319/lo.2011.56.6.2211 Zhou J, Qin B, Han X (2017) The synergetic effects of turbulence and turbidity on the 735 61. zooplankton community structure in large, shallow Lake Taihu. Environ Sci Pollut Res 736 737 25:1168-1175 . doi: 10.1007/s11356-017-0262-1 62. Zikhali V, Tirok K, Stretch D (2015) Sediment resuspension in a shallow lake with 738 muddy substrates: St Lucia, South Africa. Cont Shelf Res 108:112-120 . doi: 739 10.1016/j.csr.2015.08.012 740 63. Wu D, Hua Z (2014) The effect of vegetation on sediment resuspension and 741 phosphorus release under hydrodynamic disturbance in shallow lakes. Ecol Eng 742 69:55-62. doi: 10.1016/j.ecoleng.2014.03.059 743 64. Hendriks IE, Sintes T, Bouma TJ, Duarte CM (2008) Experimental assessment and 744 745 modeling evaluation of the effects of the seagrass Posidonia oceanica on flow and particle trapping. Mar Ecol Prog Ser 356:163–173 746 747 65. Chen T, Xu Y, Zhu S, Cui F (2015) Combining physico-chemical analysis with a Daphnia magna bioassay to evaluate a recycling technology for drinking water 748 treatment plant waste residuals. Ecotoxicol Environ Saf 122:368-376. doi: 749 750 10.1016/j.ecoenv.2015.08.023 Li EH, Li W, Liu GH, Yuan LY (2008) The effect of different submerged macrophyte 751 66. 752 species and biomass on sediment resuspension in a shallow freshwater lake. Aquat Bot 88:121-126 . doi: 10.1016/j.aquabot.2007.09.001 753 754 67. Lo EL, Bentley SJ, Xu K (2014) Experimental study of cohesive sediment consolidation and resuspension identifies approaches for coastal restoration: Lake 755 Lery, Louisiana. Geo-Marine Lett 34:499-509 . doi: 10.1007/s00367-014-0381-3 756 James CS, Birkhead AL, Jordanova AA, O'Sullivan JJ (2004) Flow resistance of 757 68. emergent vegetation. J Hydraul Eng 42:390-398 758 759
  - 760

761 Table 1. Characteristics of the sediment types used in the experimental work

SEDIMENT NAME	ORIGIN
MARSH	Ter Natural Park (NE Catalonia, Spain)
SYNTHETIC	ISO12103-1, A4 coarse. Powder Technology Inc. Burnsville
LAKE	Lake Banyoles (NE Catalonia, Spain)

Table 2. Summary of experimental conditions and parameters. *SPF* represents the solid plant fraction (see Section 2.2), n is the canopy density (shoots per square meter), vegetation type, consolidation time, sediment type and oscillating grid frequency (f).

Run	SPF	n	Vegetation	Consolidation	Sediment type	$f(\mathbf{Hz})$
	(%)	(shoots m <sup>-2</sup> )	type	time (days)		
1	0	0	-	2	Marsh	2.8, 3.3, 3.8, 4.3, 4.8
2	1	354	Rigid	2	Marsh	2.8, 3.8, 4.8
3	2.5	884	Rigid	2	Marsh	2.8, 3.3, 3.8, 4.3, 4.8
4	5	1768	Rigid	2	Marsh	2.8, 3.8, 4.8
5	7.5	2652	Rigid	2	Marsh	2.8, 3.8, 4.8
6	10	3537	Rigid	2	Marsh	2.8, 3.8, 4.8
7	2.5	884	Flexible	2	Marsh	2.8, 3.8, 4.8
8	5	1768	Flexible	2	Marsh	2.8, 3.8, 4.8
9	7.5	2652	Flexible	2	Marsh	2.8, 3.8, 4.8
10	10	3537	Flexible	2	Marsh	2.8, 3.8, 4.8
11	0	0	-	2	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
12	1	354	Rigid	2	Synthetic	2.8, 3.8, 4.8
13	2.5	884	Rigid	2	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
14	5	1768	Rigid	2	Synthetic	2.8, 3.8, 4.8
15	7.5	2652	Rigid	2	Synthetic	2.8, 3.8, 4.8
16	10	3537	Rigid	2	Synthetic	2.8, 3.8, 4.8
17	2.5	884	Flexible	2	Synthetic	2.8, 3.8, 4.8
18	5	1768	Flexible	2	Synthetic	2.8, 3.8, 4.8
19	7.5	2652	Flexible	2	Synthetic	2.8, 3.8, 4.8

20	10	3537	Flexible	2	Synthetic	2.8, 3.8, 4.8
21	0	0	-	2	Lake	2.8, 3.3, 3.8, 4.3, 4.8
22	2.5	884	Semi-	2	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
			rigid			
23	0	0	-	0.042	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
24	0	0	-	0.125	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
25	0	0	-	0.25	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
26	0	0	-	0.5	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
27	0	0	-	1	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8
28	0	0	-	3	Synthetic	2.8, 3.3, 3.8, 4.3, 4.8

768	Captions to figures
769	Figure 1. Schematic diagram of the experimental OGT setup (top panel). Photograph of the
770	grid (bottom panel).
771	
772	Figure 2. Vegetation simulations: (a) rigid vegetation; (b) flexible vegetation and (c) semi-rigid
773	vegetation, and the plant distribution for the range of canopy densities studied: (d) $SPF = 1\%$ ,
774	(e) $SPF = 2.5\%$ , (f) $SPF = 5\%$ , (g) $SPF = 7.5\%$ and (h) $SPF = 10\%$ .
775	
776	Figure 3. Lateral obstruction area of the vegetation calculated from lateral pictures of a 2.5
777	cm thick canopy for (a) flexible plants and (b) rigid plants, for different SPF.
778	
779	Figure 4. Particle size distribution of the synthetic, lake and salt marsh sediments used in the
780	experiments. The vertical dashed lines represent the classification by Rijn (2007).
781	
782	Figure 5. Particle sediment concentration within the suspension versus Turbulent Kinetic
783	Energy for the three bed loads of 100, 200, and 300 gL <sup>-1</sup> (Experiment with no vegetation and
784	a time consolidation bed of two days for synthetic sediment).
785	
786	Figure 6. Relationship between the total kinetic energy (KE) at $z=22$ cm and the solid plant
787	fraction (SPF) of the canopies for oscillating frequencies, $f= 2.8$ , 3.8 and 4.8 Hz, for (a) rigid
788	and (b) flexible canopies. Horizontal dashed line corresponds to the ADV noise level for the
789	<i>KE</i> , set at 0.44 cm <sup>2</sup> s <sup>-1</sup> . c) TKE versus $(z/h_s)^{-2}$ for the case WP and for RV and FV of SPF=5%.
790	Lines represent the linear fit between TKE and $(z/h_s)^{-2}$ . For the WP case TKE=7.82 $(z/h_s)^{-2}$ -
791	11.08 (R <sup>2</sup> =0.9987), for the RV case TKE=6.76(z/h <sub>s</sub> ) <sup>-2</sup> -5.17 (R <sup>2</sup> =0.9954) and for the FV case
792	TKE= $2.69(z/h_s)^{-2}$ -2.37 (R <sup>2</sup> =0.9476).
793	
794	Figure 7. Time evolution of the sediment concentration for experiments carried out for rigid
795	vegetation with $SPF=2.5\%$ , for the synthetic sediment and the marsh sediment. The dashed line
796	at the top panel corresponds to the evolution of the oscillation frequency (f) over the full time
797	period of each experiment run.
798	

Figure 8. *TKE* profiles for experimental runs without plants (*WP*), and with flexible (FV), rigid (RV) and semi-rigid vegetation (SMRV), all with *SPF*=2.5%. Grid oscillation frequency was f = 4.8 Hz in all cases shown.

802

Figure 9. Relationship between the turbulent kinetic energy (*TKE*) at z=22 cm and the solid plant fraction (*SPF*) of the canopies for different oscillating grid frequencies, *f*, for (a) rigid and (b) flexible canopies.

806

Figure 10. Relationship between the suspended sediment concentration at the steady state ( $C_{ss}$ ) measured at *z*=0.22 m and the solid plant fraction (*SPF*) for different oscillating frequencies (f) for (a and c) rigid, (b and d) flexible canopies, for the marsh (top) and synthetic sediment (bottom).

811

Figure 11. Dependence of the sediment concentration on the suspension at z=22cm (i.e. 812  $z/h_s=0.7$ ) and the turbulent kinetic energy, for the three types of canopies (rigid, semi-rigid and 813 flexible) for a solid plant fraction of 2.5%. For all runs, a two-day synthetic consolidated bed 814 was used. Vertical error bars are calculated from the standard deviation of different 815 816 measurements of the same run. Solid lines represent the exponential best fit curve through the data obtained in each case. The equations of the exponential fitting are  $C_{ss}=1.46e^{7448TKE}$ 817  $(r^2=0.9968)$  for FV,  $C_{ss}=0.87e^{7085TKE}$   $(r^2=0.9932)$  for SMRV and  $C_{ss}=1.49e^{2733TKE}$   $(r^2=0.9622)$ 818 for RV. 819

820

Figure 12. Relationship between the sediment concentration of the suspension at z=22 cm (i.e.  $z/h_s=0.7$ ) and the turbulent kinetic energy, for the seven bed consolidation times, varying from one hour to three days. For all runs, the synthetic type sediment was used. Vertical error bars are calculated from the standard deviation of different measurements of the same run.

825

Figure 13. Relationship between the sediment concentration  $C_{ss}$  at z=22cm at the steady state and the turbulent kinetic energy, for the three types of sediments (synthetic, lake and marsh) for the without-plants experiments. For all runs, a two-day consolidated bed was used. Vertical error bars are calculated from the standard deviation of different measurements of the same run. Solid lines represent the exponential best fit curve through the data obtained in each case. The equations of the exponential fitting are  $C_{ss}=0.56e^{5937TKE}$  (r<sup>2</sup>=0.9798) for the marsh 832 sediment,  $C_{ss}=0.67e^{5213TKE}$  (r<sup>2</sup>=0.9644) for the lake sediment and  $C_{ss}=0.94e^{4139TKE}$  (r<sup>2</sup>=0.9398) 833 for the synthetic sediment.

834

Figure 14. Relationship between the sediment concentration of the suspension at z=22 cm (i.e.  $z/h_s=0.7$ ) and the turbulent kinetic energy, for the rigid vegetation runs, no vegetation runs and for flexible vegetation, for both the synthetic and marsh sediment. For all runs, a two-day consolidated bed was used. Solid lines represent the exponential best fit curve through the obtained data in each case. The equations of the exponential fitting are  $C_{ss}=0.7e^{5444TKE}$ ( $r^2=0.9073$ ) for RV, and  $C_{ss}=1.09e^{10012TKE}$  ( $r^2=0.8770$ ) for FV.



Figure 1. Schematic diagram of the experimental OGT setup (top panel). Photograph of the grid (bottom panel).



Figure 2. Vegetation simulations: (a) rigid vegetation; (b) flexible vegetation and (c) semi rigid vegetation, and the plant distribution for the range of canopy densities studied: (d) SPF = 1 %, (e) SPF = 2.5 %, (f) SPF = 5 %, (g) SPF = 7.5 % and (h) SPF = 10 %.



Figure 3. Lateral obstruction area of the vegetation calculated from lateral pictures of a 2.5 cm thick canopy for (a) flexible plants and (b) rigid plants, for different SPF.



Figure 4. Particle size distribution of the synthetic, lake and salt marsh sediments used in the experiments. The vertical dashed lines represent the classification by Rijn (2007).



Figure 5. Particle sediment concentration within the suspension versus Turbulent Kinetic Energy for the three bead loads of 100, 200, and 300  $gL^{-1}$  (Experiment with no vegetation and a time consolidation bed of two days for synthetic sediment).



Figure 6. Relationship between the total kinetic energy (*KE*) at z=22 cm and the solid plant fraction (*SPF*) of the canopies for oscillating frequencies, f= 2.8, 3.8 and 4.8 Hz, for (a) rigid and (b) flexible canopies. Horizontal dashed line corresponds to the *ADV* noise level for the *KE*, set at 0.44 cm<sup>2</sup> s<sup>-1</sup>. c) TKE versus ( $z/h_s$ )<sup>-2</sup> for the case WP and for RV and FV of SPF=5%. Lines represent the linear fit between TKE and ( $z/h_s$ )<sup>-2</sup>. For the WP case TKE=7.82( $z/h_s$ )<sup>-2</sup>-11.08 (R<sup>2</sup>=0.9987), for the RV case TKE=6.76( $z/h_s$ )<sup>-2</sup>-5.17 (R<sup>2</sup>=0.9954) and for the FV case TKE=2.69( $z/h_s$ )<sup>-2</sup>-2.37 (R<sup>2</sup>=0.9476).



Figure 7. Time evolution of the sediment concentration for experiments carried out for rigid vegetation with SPF= 2.5%, for the synthetic sediment and the marsh sediment. The dashed line at the top panel corresponds to the evolution of the oscillation frequency (f) over the full time period of each experiment run.



Figure 8. TKE profiles for experimental runs without plants (WP), and with flexible (FV), rigid (RV) and semi rigid vegetation (SMRV), all with SPF = 2.5 %. Grid oscillation frequency was f = 4.8 Hz in all cases shown.



Figure 9. Relationship between the turbulent kinetic energy (TKE) at z=22 cm and the solid plant fraction (SPF) of the canopies for different oscillating grid frequencies, f, for (a) rigid and (b) flexible canopies.



Figure 10. Relationship between the suspended sediment concentration at the steady state ( $C_{ss}$ ) measured at z = 0.22 m and the solid plant fraction (SPF) for different oscillating frequencies (f) for (a and c) rigid, (b and d) flexible canopies, for the marsh (top) and synthetic sediment (bottom).



Figure 11. Dependence of the sediment concentration on the suspension at z=22cm (i.e.  $z/h_s=0.7$ ) and the turbulent kinetic energy, for the three types of canopies (rigid, semi-rigid and flexible) for a solid plant fraction of 2.5%. For all runs, a two-day synthetic consolidated bed was used. Vertical error bars are calculated from the standard deviation of different measurements of the same run. Solid lines represent the exponential best fit curve through the data obtained in each case. The equations of the exponential fitting are  $C_{ss}=1.46e^{7448TKE}$  ( $r^2=0.9968$ ) for FV,  $C_{ss}=0.87e^{7085TKE}$  ( $r^2=0.9932$ ) for SMRV and  $C_{ss}=1.49e^{2733TKE}$  ( $r^2=0.9622$ ) for RV.



Figure 12. Relationship between the sediment concentration of the suspension at z=22 cm (i.e.  $z/h_s=0.7$ ) and the turbulent kinetic energy, for the seven bed consolidation times, varying from one hour to three days. For all runs, the synthetic type sediment was used. Vertical error bars are calculated from the standard deviation of different measurements of the same run.



Figure 13. Relationship between the sediment concentration  $C_{ss}$  at z=22cm at the steady state and the turbulent kinetic energy, for the three types of sediments (synthetic, lake and marsh) for the without-plants experiments. For all runs, a two-day consolidated bed was used. Vertical error bars are calculated from the standard deviation of different measurements of the same run. Solid lines represent the exponential best fit curve through the data obtained in each case. The equations of the exponential fitting are  $C_{ss}=0.56e^{5937TKE}$  (r<sup>2</sup>=0.9798) for the marsh sediment,  $C_{ss}=0.67e^{5213TKE}$  (r<sup>2</sup>=0.9644) for the lake sediment and  $C_{ss}=0.94e^{4139TKE}$  (r<sup>2</sup>=0.9398) for the synthetic sediment.



Figure 14. Relationship between the sediment concentration of the suspension at z=22 cm and the turbulent kinetic energy, for the (a) rigid vegetation runs and no vegetation runs, and (b) flexible vegetation, for both the synthetic and marsh sediment. For all runs a two-day consolidated bed was used. Solid lines represent the exponential best fit curve through the obtained data in each case. The equations of the exponential fitting are  $C_{ss}=1.04e^{4063TKE}$  (r<sup>2</sup>=0.9076) for RV, and  $C_{ss}=1.11e^{9257TKE}$  (r<sup>2</sup>=0.9070) for FV.