

1           **The Benefits of a Self-Generated Cue Mnemonic for Timeline Interviewing**

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**Abstract**

30 Obtaining detailed accounts from individuals who have witnessed complex events under  
31 challenging encoding conditions presents a difficulty for investigators. In the present research,  
32 participants ( $N = 132$ ) reported their recall of an event witnessed under full or divided attention  
33 using a timeline reporting format. Extending the Timeline Technique to assess the relative  
34 performance of two additional mnemonics, Self-Generated Cues (SGC) and Other-Generated  
35 Cues (OGC), participants provided an account across three Timeline reporting conditions  
36 comparing the efficacy of SGC, OGC, and No Cues (control). Mock-witnesses using SGC  
37 provided more correct details than mock-witnesses in the OGC or No Cues conditions, under full  
38 but not under divided attention conditions. There was no difference between cue conditions with  
39 respect to the number of errors reported across attention conditions. Findings show SGC to be a  
40 promising addition to interviewing techniques as a retrieval support mnemonic with implications  
41 for applied contexts.

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43 Keywords: Information gathering, Timeline, cognitive mnemonics, self-generated cues, memory  
44 retrieval, divided attention

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### **General Audience Summary**

Reliable information is critical for investigations in forensic and security settings, however obtaining reliable information about complex events can be challenging. In this research, we extend the Timeline Technique, which uses an innovative and interactive procedure where details are reported on a physical timeline. To facilitate remembering we tested two additional mnemonics, Self-Generated Cues (SGC), which witnesses produce themselves, against Other-Generated Cues (OGC) which are suggested by the interviewer. One hundred and thirty-two participants witnessed a multi-perpetrator theft under full or divided attention and provided an account using the Timeline comparing the efficacy of SGC, OGC, and No Cues (control). Mock-witnesses who used Self-Generated Cues provided more correct details than mock-witnesses in the Other-Generated or No Cues conditions, with no cost to accuracy, under full but not under divided attention. Promising results for SGC suggest that this mnemonic might be a useful addition to current interviewing techniques.

## 70           **The Benefits of a Self-Generated Cue Mnemonic for Timeline Interviewing**

71           Successful criminal and intelligence investigations rely on detailed and accurate  
72 information from suspects, witnesses, victims, and informants (Borum, Gelles, & Kleinman,  
73 2009). However, memory for experienced events is fallible and hence, sometimes inaccurate and  
74 often incomplete (Frenda, Nichols, & Loftus, 2011; Loftus, 2003). Obtaining high-quality  
75 information can become even more difficult in cases of complex multi-perpetrator events  
76 witnessed under challenging conditions. Given that 25% of violent crimes committed by  
77 strangers involve four or more perpetrators (Office for National Statistics, 2015), and that group  
78 involvement is common in terrorist activities (Ozgul, 2016), reporting of multi-perpetrator events  
79 is relevant in both forensic and security contexts. To date, only a small body of empirical  
80 research has examined ways to improve intelligence gathering practices with calls for more  
81 focused contributions in this area (Granhag, Vrij, & Meissner, 2014). The current research  
82 extends the Timeline Technique (Hope, Mullis, & Gabbert, 2013), which uses an innovative  
83 reporting format to enhance retrieval of complex events, by testing the introduction of a new  
84 mnemonic, Self-Generated Cues (SGC), to facilitate recall for multi-perpetrator events witnessed  
85 under optimal (full attention) and sub-optimal conditions (divided attention).

## 86           **Use of Cognitive Mnemonics in Interviewing**

87           The use of mnemonics is already embedded in gold standard investigative interviewing  
88 practices. One example is the Mental Reinstatement of Context (MRC) of the Cognitive  
89 Interview (CI; Fisher & Geiselman, 1992). ‘Context reinstatement’ capitalizes on the notion that  
90 recall increases when there is an overlap between the conditions present at encoding and at  
91 retrieval (*encoding-specificity principle*; Tulving & Thomson, 1973; for a review, see Pansky,  
92 Koriat, & Goldsmith, 2005). The administration of the MRC mnemonic, which typically elicits

93 more correct information than free recall (e.g., Dando, Wilcock, & Milne, 2009), involves  
94 directing interviewees to think back to the surroundings, their emotional state, and their thoughts  
95 around the time of the event (Memon, Wark, Bull, & Koehnken, 1997) using pre-defined generic  
96 instructions.

97         Although the encoding-retrieval match appears to aid memory, it is the quality of cues  
98 that moderates the extent to which retrieval improves (Nairne, 2002). Cues effectively facilitate  
99 retrieval when they are distinctive in addition to satisfying the encoding-retrieval match (Tullis  
100 & Benjamin, 2015; Watkins & Watkins, 1975). A distinctive cue uniquely matches a memory to  
101 the exclusion of other related memories (*principle of cue overload*; Nairne, 2002). Therefore, to  
102 be effective, cues need to be encoded within the context of the witnessed event (*encoding-*  
103 *specificity principle*), and to offer diagnostic information identifying a single target to the  
104 exclusion of others, rather than matching multiple related targets (i.e., matching but not  
105 distinctive) (Goh & Lu, 2012; Nairne, 2002). To date, research on the efficacy of cues in  
106 interviewing has mainly focused on cues generated by an interviewer, such as in the  
107 administration of context reinstatement techniques. However, recent work (Wheeler, Gabbert,  
108 Hope, Jones, & Valentine, 2017) examined a new mnemonic, Self-Generated Cues (SGC) and  
109 found, across two studies, that self-generated cue techniques increased reporting, with no cost to  
110 accuracy, in comparison to cues generated by another witness (other-generated cues), or free  
111 recall.

112         Self-Generated Cues are salient details that are actively generated by the individuals  
113 themselves and facilitate retrieval of a target memory. When episodic information is recalled,  
114 stored traces are activated and these prompt related details, thereby “spreading activation”  
115 throughout an associative network (Activation Theory; Anderson, 1983). Every attempt to

116 remember a detail strengthens the memory trace. The stronger the memory, the more likely it is  
117 that it will be recalled later and that it will activate associated memories (Anderson, 1983).  
118 Similarly, Anderson and Conway (1993) showed that, when asked to list event-details in free  
119 recall, participants first listed “distinctive details” (i.e., “details that really stand out and make  
120 that memory what it is”, p. 1188). Then they listed other details, highly associated with those  
121 distinctive details. Thus, self-generation of distinctive cues can trigger related memories by  
122 tapping on a common theme (Anderson & Conway, 1993; Belli, 1998). More recently, Berntsen,  
123 Staugaard, and Sørensen (2013) showed that it is possible to activate specific involuntary  
124 autobiographical memories in the lab, by manipulating the unique match between cue and item.

125         In light of Anderson and Conway’s (1993) findings, use of SGC (i.e., the most  
126 memorable details), should trigger the retrieval of related event-details while excluding unrelated  
127 details, thus satisfying both the encoding-specificity principle (Tulving & Thomson, 1973), and  
128 the principle of cue overload (Nairne, 2002). Therefore, the present study tests the effectiveness  
129 of SGC in comparison to Other-Generated Cues and No Cues (control) across timeline reporting  
130 conditions. To maximize our test of the efficacy of SGC, in the OGC condition, we administered  
131 standard MRC instructions as a generic mnemonic (i.e. not generated by the witness). Although  
132 MRC instructions do not provide directive cues to specific aspects of an event, they suggest  
133 aspects the rememberer might focus on during retrieval. Following Wheeler et al. (2017), we  
134 predicted that use of SGC would activate unique associated memories, thus facilitating higher  
135 rates of correct recall. To examine the effectiveness of cues, and given previous research  
136 showing that accounts can be incomplete despite being accurate (Hope, Gabbert, & Fraser, 2013;  
137 Smeets, Candel, & Merckelbach, 2004), we also explored how the use of mnemonics affects  
138 account completeness for critical details.

**139    Obtaining information using the Timeline Technique**

140            The Timeline Technique (Hope et al., 2013) uses a reporting format with a physical  
141 timeline to facilitate retrieval of multi-perpetrator events. In Hope et al. (2013), the Timeline  
142 Technique elicited more accurate information than free recall for a multi-perpetrator event and  
143 enhanced the reporting of connections between perpetrators and actions, at immediate testing and  
144 after a two weeks' delay. Importantly, instead of asking for a linear narrative of the events, the  
145 timeline format encourages witness-compatible reporting whereby interviewees can report events  
146 as they remember them, at any point of the timeline, and re-arrange details if necessary. The  
147 current study combines this reporting format with the distinctiveness of SGC to extend the  
148 Timeline Technique and evaluate a novel mnemonic.

**149    Attention and eyewitness memory**

150            Given the role of attention for successful encoding of witnessed events (for a review, see  
151 Pansky et al., 2005), a secondary aim was to examine recall under different encoding conditions.  
152 When witnessing a real crime, the experience of stress or physiological arousal can divert  
153 attention to aspects of the scene and/or to internal thoughts (Lane, 2006). However, laboratory  
154 studies typically use optimal conditions where participants pay full attention (FA) to events, thus  
155 possibly overestimating witnesses' memory performance (Ihlebaek, Løve, Eilertsen, &  
156 Magnussen, 2003). Although there is some evidence of enhanced recall using cued versus free  
157 recall when attention is divided (DA) at encoding (Backman & Nilsson, 1991), many studies  
158 have shown that DA has a robust negative effect on later remembering across stimuli (e.g., word  
159 lists, actions, pictures etc.; e.g. Craik, Govoni, Naveh-Benjamin, & Anderson, 1996; Mulligan,  
160 2014; Naveh-Benjamin, Kilb, & Fisher, 2006). Using a mock-witness paradigm, Lane (2006)

161 also found that DA at encoding resulted in lower accuracy and greater suggestibility to  
162 misinformation.

163 Based on Activation Theory (Anderson, 1983) and given previous positive results for  
164 cued versus free recall under DA (Backman & Nilsson, 1991), we predicted that use of SGC  
165 should enhance retrieval of even weakly encoded traces through the activation of memorable and  
166 associated details. Although witnesses under DA conditions were expected to provide less  
167 information overall, indicating poorer episodic memory, we hypothesised that witnesses in the  
168 SGC condition would provide more correct information (cf. OGC and No Cue conditions) under  
169 both encoding conditions.

## 170 Method

### 171 Participants and Design

172 A G\*Power statistical analysis (Faul, Erdfelder, Lang, & Buchner, 2007) indicated that a  
173 sample of 132 participants was required for a 95% chance of detecting a large effect size (Cohen,  
174 1992). A total of 135 participants were recruited through the department's participation pool and  
175 through advertisements on the university campus. Participants were randomly allocated to a 3  
176 (Mnemonic type: Self-Generated Cues vs Other-Generated Cues vs No Cues) x 2 (Attention at  
177 encoding: Divided Attention vs Full Attention) between-subjects design. Data were excluded for  
178 three participants who, respectively, did not meet the English fluency criterion, did not follow  
179 the instructions in the divided attention task, and experienced an unanticipated interruption  
180 during reporting. The reported analyses are based on the data for the remaining 132 (85 females;  
181 18-59 years of age;  $M_{age} = 25$  years,  $SD = 8.91$ ) participants, with 22 participants allocated per  
182 group cell (SGC x FA; SGC x DA etc.).

### 183 Materials



184           **Stimulus event.** Consistent with Hope et al. (2013), the stimulus event was a multi-  
185 perpetrator short film lasting 1 min 20s. The event showed an assault and robbery by five male  
186 perpetrators against a female victim. The film starts with three males loitering by a parked car.  
187 Two other males join them. A woman walks toward the group carrying a laptop computer bag  
188 and tries to walk past them. They surround her and one male is seen threatening her with a  
189 crowbar. Her bag is taken from her and passed between several perpetrators, while another  
190 perpetrator films the incident on his cell phone. At the end of the event, the perpetrators run  
191 away with the bag. Although there was an audio component to the video stimulus, this was  
192 mainly background traffic / outdoor noise. The content of what was said by the gang members  
193 was inaudible (in all conditions) and, as such, would not offer any additional information about  
194 the incident or actions performed.

195           **Divided attention task.** Participants allocated to the divided attention condition listened  
196 to an audio recording of a series of numbers and were instructed to respond by pressing a key  
197 when an even number was heard (adapted from Naveh-Benjamin et al., 2006) while they  
198 watched the stimulus event. The number of correct responses (hits) and reaction times to the  
199 auditory task were recorded to verify that participants attended to the distraction task as  
200 instructed. Participants who performed at lower than 50% success at the task (from a total of 18  
201 hits) were to be excluded from analysis, however no participants had to be excluded on this  
202 basis. As noted, one participant was excluded for not following the instructions (i.e. pressing a  
203 key to every number and not to even numbers only).

204           **Timeline Technique.** The Timeline Technique consists of three elements: (1) a physical  
205 cardboard timeline (33 in. x 12 in.) that has a horizontal line running at mid-point from one end  
206 of the card to the other representing the temporal context during which the event occurred; (2)

207 blank, white, lined person description cards (5 in. x 3 in.); (3) blank yellow action cards with a  
208 semi-adhesive strip on the back (3 in. x 3 in.) for easy removal and rearrangement on the  
209 cardboard timeline.

210 **Other-Generated Cues Instructions.** Participants in the Other-Generated Cues  
211 condition were administered a version of Mental Reinstatement of Context (MRC) instructions.  
212 Consistent with the standard administration of MRC, participants were instructed to think back to  
213 when they witnessed the event, to think about what they could see, what they could hear, what  
214 the surroundings were, and what they were thinking and feeling at the time. Participants were  
215 encouraged to consider whether each prompt helped them remember other things that occurred in  
216 the event. Participants were also invited to close their eyes or look at a blank wall if it helped  
217 them concentrate (Dando, Wilcock, & Milne, 2009).

218 **Self-Generated Cues instructions.** The instruction in the SGC condition was adapted  
219 from Gabbert, MacPherson, and Hope (2014). Participants were instructed to write down the first  
220 six things that they remembered seeing or thinking when viewing the event and to then focus on  
221 each of these things one at a time, considering for each whether or not that memory helped them  
222 remember other parts of the event. Participants were also encouraged to close their eyes or look  
223 towards the wall to focus.

## 224 **Procedure**

225 Half of the participants watched the stimulus event while the other half watched the  
226 stimulus event and simultaneously performed the auditory distraction task. All participants were  
227 given the following instruction prior to watching the stimulus: “During the study, you will watch  
228 a video of a crime event. Please pay attention because later you will be asked to provide an  
229 account of the event.” Participants in the DA condition also received the following instruction:

230 “While you watch the video you will also listen to an audio recording of a series of numbers  
231 through the headphones. Please press the “enter” key on the keyboard every time you hear an  
232 even number”.

233         After witnessing the event, all participants completed a 10-minute filler task (Sudoku  
234 puzzle). They were then moved to a different room and were given instructions for reporting  
235 their account of what happened in the event using the timeline reporting format and the  
236 instructions used in Hope et al. (2013). Participants in all conditions were told to report all the  
237 details about the event and the people involved that they remember, without guessing.  
238 Participants were instructed on how to use the person description cards to provide information  
239 about the people involved by using a new card per each individual. They were also instructed to  
240 use action cards to describe any actions and information about the sequence of the events. The  
241 instructions further advised that they should place all the cards on the timeline format in order,  
242 with links between the individuals reported and each action to show “who did what and when”.  
243 Depending on condition, participants also received instructions to use Mental Reinstatement of  
244 Context, or the Self-Generated Cues. Participants in the No Cues (control) condition did not  
245 receive any further instructions and simply reported their account using the original Timeline  
246 Technique reporting instructions. Participants were left alone in the room while providing their  
247 account by completing the timeline format, although the researcher was available nearby to  
248 answer any questions if necessary. Participants were not asked any questions about the witnessed  
249 event by the interviewer. All participants were video-recorded while generating their accounts.  
250 After participants finished providing their account, they were thanked and debriefed.

251 **Coding**

252 The details reported by the participants on the person and action cards and placed on the  
253 timeline format were then coded according to the scoring template used in Hope et al. (2013).  
254 Briefly, each detail reported was identified as a Person (P), Action (A), Object (O) and Setting  
255 (S) detail. A detail was scored as accurate if it was present in the stimulus event and described  
256 correctly. Details that were subjective or vague were not coded for accuracy. A secondary coding  
257 was conducted regarding the accuracy of attributions of the reported actions to specific actors.  
258 Person-action details were scored as correct when an action was correctly attributed to a specific  
259 actor (e.g., Male 3 raises the crowbar). Moreover, sequencing errors were noted when events  
260 were reported in the wrong order. For instance, if ABCD is correct, in ACBD, C would be coded  
261 as one sequence error as it should follow B, but B would not be counted as out of sequence too.  
262 Therefore, this example reflects a total of one sequence error.

263 Finally, the reporting of critical details was coded according to the process described in  
264 Smeets et al. (2004), which resulted in a list of 24 critical details [a detailed description of the  
265 coding is provided in the supplementary materials]. To assess overall inter-rater reliability, 20  
266 interviews were randomly selected and coded independently by a rater blind to experimental  
267 conditions. Inter-rater reliability was high,  $ICC = .98$ , 95% CI [.967, .988] across coding  
268 categories.

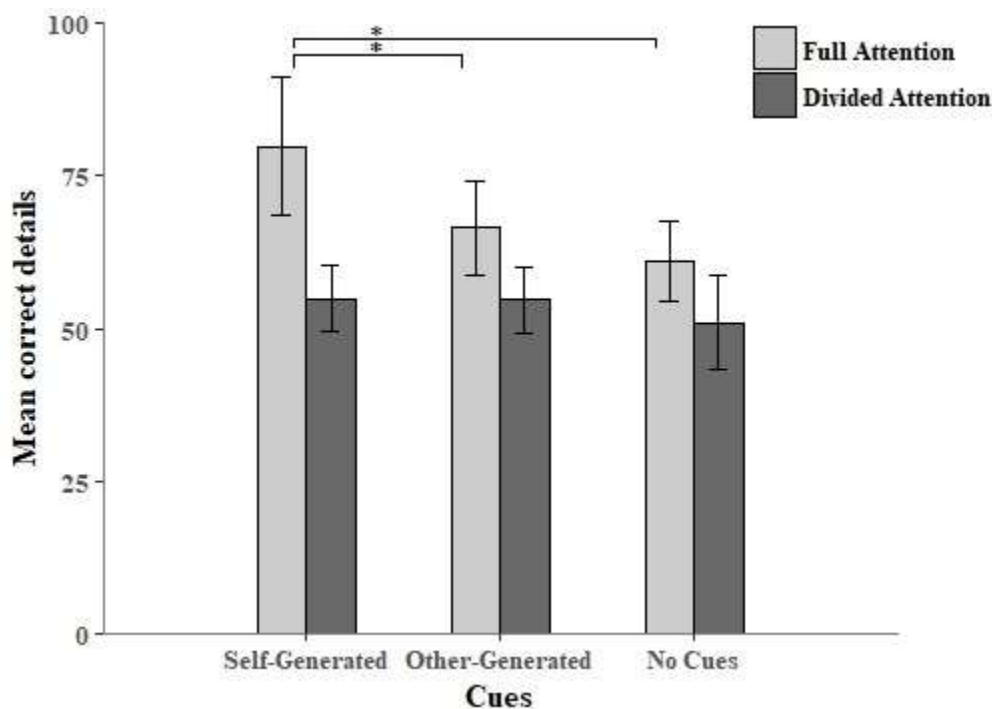
## 269 Results

270 Bonferroni-corrected pairwise comparisons were conducted for all interactions. In the  
271 interests of parsimony, we only report pairwise comparisons where they indicate significant  
272 differences (even for non-significant interactions). Where Bonferroni-corrected pairwise  
273 comparisons are not significant (and therefore do not aid interpretation beyond the non-  
274 significant interactions), they are not reported.

**275 Reporting of Correct Details**

276 A between-subjects ANOVA showed a significant main effect of Cues,  $F(2,126) = 4.39$ ,  
277  $p = .014$ ,  $\omega^2 = .049$ , for the number of correct details reported. Post hoc tests showed that, across  
278 attention conditions, more correct details were reported in the Self-Generated Cues condition  
279 than in the No Cues condition ( $p = .012$ ). The number of correct details reported in the Other-  
280 Generated Cues condition did not differ from the number of correct details reported in the Self-  
281 Generated Cues ( $p = .241$ ) and No Cues ( $p = .718$ ) conditions. There was also a main effect of  
282 Attention,  $F(1, 126) = 24.78$ ,  $p < .001$ ,  $\omega^2 = .156$ , with significantly more correct details reported  
283 in the Full attention condition than in the Divided attention condition. The interaction between  
284 Attention and Cues was not significant,  $F(2,126) = 2.23$ ,  $p = .111$ ,  $\omega^2 = .018$ . Bonferroni-  
285 corrected pairwise comparisons showed that more correct details were reported in the Self-  
286 Generated Cues condition than in either the Other-Generated Cues ( $p = .046$ ) or No Cues ( $p =$   
287  $.002$ ) condition, under full attention, while there was no difference between conditions under  
288 divided attention ( $p = 1.00$ ). Results for the number of incorrect details are reported in  
289 supplementary materials.

290 The effect of cues on the mean number of correct details reported within Full and  
291 Divided attention conditions are presented in Figure 1.



292  
 293 *Figure 1.* Mean number of correct details reported as a function of cues (Self-Generated Cues vs  
 294 Other-Generated Cues vs No Cues) within Full and Divided attention conditions. Error bars  
 295 represent  $\pm 1.96$  standard errors (95% confidence intervals). Asterisks indicate significant  
 296 differences between cue conditions,  $*p < .05$ .

### 297 Accuracy Rate of Reported Details

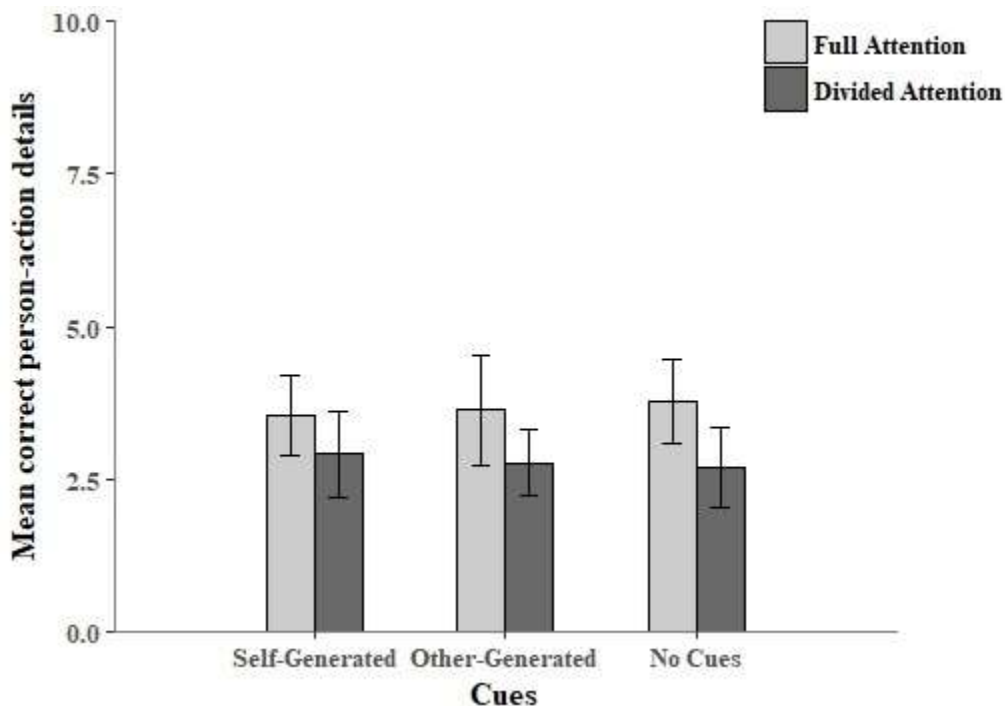
298 Accuracy rate was calculated by dividing the number of correct details by the sum of  
 299 both correct and incorrect details (total number of items) to obtain the proportion of accurate  
 300 reported information. Levene's test was significant ( $p = .004$ ). A boxplot showed that the  
 301 distribution was not symmetrical but negatively skewed with two outliers who had particularly  
 302 low scores. However, given the overall robustness of the test, no action was taken. Analysis  
 303 revealed a significant main effect of Attention,  $F(1, 126) = 10.37, p = .002, \omega^2 = .068$ , with  
 304 higher accuracy rates in the Full (cf. Divided) attention condition. There was also a main effect  
 305 of Cues,  $F(2, 126) = 3.43, p = .035, \omega^2 = .036$ , on accuracy rates. Post hoc tests with a Bonferroni

306 adjustment showed that across attention conditions, there was no significant difference between  
307 the accuracy rate in the Self-Generated Cues condition and the accuracy rate in the Other-  
308 Generated Cues ( $p = 1.00$ ) or No Cues conditions ( $p = .188$ ). However, the accuracy rate in the  
309 Other-Generated Cues condition was significantly higher than the rate in the No Cues ( $p = .039$ )  
310 condition. The interaction was not significant,  $F(2,126) = .63$ ,  $p = .536$ ,  $\omega^2 = -.005$ . Bonferroni-  
311 corrected pairwise comparisons showed that there was no significant difference in accuracy rates  
312 between Self-Generated Cues and Other-Generated Cues conditions ( $p = 1.00$ ), Self-Generated  
313 Cues and No Cues conditions ( $p = .783$ ) or Other-Generated Cues and No Cues conditions ( $p =$   
314  $.932$ ) under full attention. Under divided attention, there was a significantly higher accuracy rate  
315 in the Other-Generated Cues condition compared to the No Cues condition ( $p = .036$ ), however  
316 there was no significant difference between accuracy rates in the Self-Generated Cues and Other-  
317 Generated Cues conditions ( $p = .388$ )

### 318 **Attribution of Actions**

319 With respect to correct person-action details, there was a significant main effect of  
320 Attention,  $F(1, 126) = 8.94$ ,  $p = .003$ ,  $\omega^2 = .058$ , but not of Cues,  $F(2,126) = .003$ ,  $p = .997$ ,  $\omega^2 =$   
321  $-.007$ . The interaction between Attention and Cues was not significant,  $F(2,126) = .21$ ,  $p = .814$ ,  
322  $\omega^2 = -.012$ . Results for incorrect person-action details are reported in supplementary materials.  
323 The main effects for correct person-action details are presented in Figure 2.

324



325

326 *Figure 2.* Mean number of correct person-action details as a function of cues (Self-Generated  
 327 Cues vs Other-Generated Cues vs No Cues) and attention (Full vs Divided attention). Error bars  
 328 represent  $\pm 1.96$  standard errors (95% confidence intervals).

### 329 Accuracy Rate of Person-Action Details

330 With respect to the accuracy rate of person-action details, there was no significant main  
 331 effect of Attention,  $F(1, 126) = 2.08, p = .152, \omega^2 = .008$ , or Cues,  $F(2, 126) = .10, p = .910, \omega^2 =$   
 332  $-.014$ . The interaction was also not significant,  $F(2, 126) = 2.77, p = .066, \omega^2 = .026$ .

### 333 Sequence errors

334 There was a main effect of Attention  $F(1, 126) = 4.19, p = .043, \omega^2 = .024$ , but not of  
 335 Cues,  $F(2, 126) = .029, p = .971, \omega^2 = -.015$  on the total number of sequence errors reported by  
 336 participants. The interaction between Attention and Cues for the total number of sequence errors  
 337 reported by participants was significant,  $F(2, 126) = 3.75, p = .026, \omega^2 = .040$ . Pairwise



338 comparisons showed that there were significantly more sequence errors made with the use of  
339 Other-Generated Cues under Full attention ( $M = .55$ ,  $SE = .05$ ) compared to the Divided  
340 attention condition ( $M = .05$ ,  $SE = .02$ ) ( $p = .001$ ). However, there was no difference between  
341 attention conditions for the number of sequence errors made in the Self-Generated Cues ( $p =$   
342  $.377$ ) and No Cues ( $p = .556$ ) conditions. Levene's test was significant for the analysis of  
343 sequence errors ( $p < .001$ ). Since the values in the reporting of sequence errors were overall very  
344 low ( $M = .30$ ,  $SD = .52$ ), no action was taken to recover the assumptions violation. Instead,  
345 emphasis was given to the fact that the overall mean number of sequence errors was low.

346 Results for the effects of Cues and Attention on the reporting of critical details and detail  
347 type (person, action, object, setting) are reported in the supplementary materials.

#### 348 Discussion

349 We tested the effectiveness of cognitive mnemonics used in conjunction with the Timeline  
350 Technique under full and divided attention. As predicted, mock-witnesses who used Self-  
351 Generated Cues (SGC) reported more correct details than mock-witnesses in Other-Generated  
352 and No Cue conditions, at no cost to accuracy. However, this enhanced performance with SGC  
353 was only observed under full attention. Participants under divided attention consistently reported  
354 less correct information than those under full attention, and there was no effect of cues under  
355 divided attention.

356 The apparent lack of benefit of SGC under divided attention is noteworthy. The sizeable  
357 main effect of the divided attention task across cue conditions suggests that performing a  
358 secondary task significantly challenged attentional processes and likely drew participants'  
359 attention away from the target event, thus restricting encoding and retrieval (see also Marsh et  
360 al., 2017, for a similar DA effect when participants were instructed to ignore distractions). These

361 findings are consistent with literature on the powerful effect of divided attention on remembering  
362 (e.g., Craik et al., 1996) and, although it is not surprising that our task restricted encoding (as  
363 intended), it is possible that the to-be-remembered information was not stored from the outset,  
364 thus hindering retrieval despite the additional support of cues. Another possibility is that the  
365 SGC manipulation was simply not powerful enough to access weakly encoded memories. Given  
366 that research on the effectiveness of memory-enhancing techniques under sub-optimal encoding  
367 conditions is limited, more research is needed to determine the most likely explanation. Research  
368 should also examine the effectiveness of SGC possibly with more naturalistic divided attention  
369 measures, such as using a smartphone or conversing (e.g. Marsh et al., 2017), to delineate the  
370 limitations of the use of cues.

371         Nevertheless, mock-witnesses reported more correct information under full attention with  
372 SGC than with OGC. Possibly, the use of SGC facilitated retrieval more effectively across the  
373 whole event by activating the “stronger” memories (Anderson, 1983) that distinctively identify  
374 associated targets (Nairne, 2002). It is also possible that initially identifying six event-details and  
375 processing them further might contribute to the SGC advantage. By comparison, Other-  
376 Generated Cues, administered here in the form of generic context-retrieval cues, failed to  
377 activate as many event-details. Further research is needed to increase understanding about the  
378 underlying mechanisms of SGC relative to more generic cues (e.g., OGC).

379         Another caveat to our finding of superior performance by SGC is that there was no effect  
380 of cues on the reporting of critical details. Overall, only 50% of the critical details identified by  
381 legal professionals were reported across conditions, suggesting that even highly accurate and  
382 detailed accounts can be lacking in information relevant to investigators (see Hope et al., 2013;  
383 Smeets et al., 2004). Notably, most of these critical details related to specific details of the

384 assault. It is possible that mock-witnesses did not appreciate the level of detail required or that,  
385 given the brevity of the event, such details were poorly encoded or simply not salient for  
386 participants and, therefore, not prompted by the SGC. Future research might examine whether  
387 follow-up questioning facilitates the reporting of such details.

388         Regarding person-action links, there was no effect of cues on the number of correct  
389 attributions of actions. Accounts of witnesses using SGC or OGC did not include more person-  
390 action details than accounts of witnesses in the control condition, who only used the Timeline  
391 Technique. Therefore, the use of mnemonics did not increase the reporting of person-action  
392 details. Thus, features of the Timeline Technique (likely the use of different person and action  
393 cards and the instruction to show “who did what when”) possibly drove the reporting of person-  
394 actions details. Indeed, in Hope et al. (2013) reporting of person-action details did not differ  
395 between participants when using the Timeline Technique to participants using person and action  
396 cards only (Experiment 2). Given that SGC increased retrieval of correct information overall, but  
397 did not improve the reporting of person-action details compared to use of the timeline alone, it  
398 may be worth exploring whether SGC and timeline capitalize on different retrieval processes to  
399 access different types of information.

400         Although our expectations about the benefit of SGC across encoding conditions were not  
401 fully met, the results of SGC in the full attention condition are promising. Notably for applied  
402 contexts where person descriptions are valuable in investigations (Brown, Lloyd-Jones, &  
403 Robinson, 2008; Gabbert & Brown, 2015), witnesses who used SGC reported more person  
404 details compared to other conditions, with person details being reported to a greater extent than  
405 any other details.

406 Current findings suggest that, when attention at encoding has not been compromised,  
407 Self-Generated Cues may be a useful addition to interviewing techniques as a retrieval support  
408 mnemonic that promotes witness-led interviewing. In intelligence gathering, interviewers may be  
409 unaware of what information interviewees possess and what is memorable to each interviewee.  
410 Accordingly, the use of SGC may support the interviewing process by facilitating an open-  
411 ended, largely self-administered report. Not only does this approach allow witnesses to report  
412 event-details in their own words; it also limits the potential for use of inappropriate or leading  
413 questions.

#### 414 Author contributions

415 First and second author conceived the research idea. First author designed, conducted, and  
416 analysed the research and wrote the research paper. Second, third, fourth, and fifth authors  
417 provided feedback on the research and reviews on the research paper.

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## 538 **Supplementary Materials**

539 In this Supplementary Materials section, we provide information about coding and analyses for  
540 variables which are conventional in this research area (e.g. reporting of incorrect details) but  
541 which lie outside our main hypotheses.

542

### 543 **1. Critical Details Coding**

544 Prior to data collection, six legal professionals viewed the stimulus event and  
545 independently provided a list of details that they considered critical to pursue an investigation of  
546 the assault and relevant legal charges. Details mentioned by at least four of the six legal  
547 professionals were included in a final list of 24 critical details. Accounts were then coded for the  
548 reporting of these critical details. To calculate a completeness rate for critical details, the total of  
549 reported critical details was divided by 24 (i.e. the maximum number of critical details). Higher  
550 scores indicated higher levels of completeness.

551

### 552 **2. Supplementary Results (main results reported in manuscript)**

#### 553 **Reporting of Incorrect Details**

554 There was no significant main effect of Cues,  $F(2,126) = 1.10, p = .337, \omega^2 = .001$ , or  
555 Attention,  $F(1, 126) = .08, p = .777, \omega^2 = -.007$ , on the total number of incorrect details reported.  
556 The interaction between Attention and Cues was not significant,  $F(2,126) = .23, p = .793, \omega^2 = -$   
557  $.012$ . Means for incorrect details reported as a function of cue and attention conditions are  
558 presented in Table 1.

559 Table 1. *Mean number (SE) of incorrect details by cues (Self-Generated Cues, Other-Generated*  
560 *Cues, No Cues) and attention (Full and Divided).*

561

		Incorrect details				
		SGC		OGC		NC
Attention	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Full	9.9 (0.5)	[7.5, 12.3]	9.3 (0.7)	[6.6, 12.4]	11 (0.6)	[7.6, 13.6]
Divided	10.1 (0.4)	[8.3, 11.9]	8.7 (0.3)	[7.1, 10.4]	11.6 (0.7)	[8.6, 14.7]

562

### 563 **Reporting of Incorrect Action Attributions**

564 There was no effect of either Attention,  $F(1, 126) = 0, p = 1.00, \omega^2 = -.008$ , or Cues,  
 565  $F(2,126) = .74, p = .479, \omega^2 = -.004$ , on the total number of incorrect person-action details. No  
 566 significant interaction emerged between Cues and Attention,  $F(2,126) = 2.01, p = .138, \omega^2 =$   
 567  $.015$ . Means for incorrect person-action details reported as a function of cue and attention  
 568 conditions are presented in Table 2.

569 Table 2. *Mean number (SE) of incorrect person-action details by cues (Self-Generated Cues,*  
 570 *Other-Generated cues, No Cues) and attention (Full and Divided).*

		Incorrect Person-Action details				
		SGC		OGC		NC
Attention	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Full	0.86 (0.1)	[0.53, 1.21]	1.5 (0.1)	[0.91, 2.32]	1.05 (0.1)	[0.56, 1.56]

Divided 1.05 (0.1) [0.58, 1.54] 0.91 (0.1) [0.54, 1.35] 1.45 (0.1) [0.95, 2.00]

571

572

573 **Reporting of Critical Details**574 The mean number of reported critical details across conditions was 12 ( $SD = 2.9$ ) out of a

575 total of 24 details. There was a significant main effect of Attention on the total number of

576 reported crime-related details,  $F(1, 126) = 28.00, p < .001, \omega^2 = .174$ , but there was no main577 effect of Cues,  $F(2,126) = .06, p = .940, \omega^2 = -.014$ . No significant Attention by Cue interactions578 emerged for reported critical details,  $F(2,126) = .51, p = .600, \omega^2 = -.008$ . Finally, there was a579 significant main effect of Attention,  $F(1, 126) = 28.48, p < .001, \omega^2 = .176$ , but not Cues,580  $F(2,126) = .05, p = .954, \omega^2 = 0.014$ , on the rate of completeness of participants' accounts. The

581 interaction between Attention and Cues was not significant for the rate of completeness,

582  $F(2,126) = .44, p = .647, \omega^2 = -.009$ . Means for reported critical details as a function of cue and

583 attention conditions are presented in Table 3.

584 Table 3. Mean number ( $SE$ ) of reported critical details by cues (*Self-Generated Cues, Other-*585 *Generated cues, No Cues*) and attention (*Full and Divided*).

		Reported details				
		SGC		OGC		NC
Attention	$M (SE)$	95%CI	$M (SE)$	95%CI	$M (SE)$	95%CI
Full	13.1 (0.2)	[12.2, 14.1]	12.7 (0.2)	[11.8, 13.5]	12.9 (0.2)	[11.9, 14]
Divided	10.3 (0.2)	[9.3, 11.6]	10.9 (0.3)	[9.6, 12]	10.2 (0.3)	[8.8, 11.6]

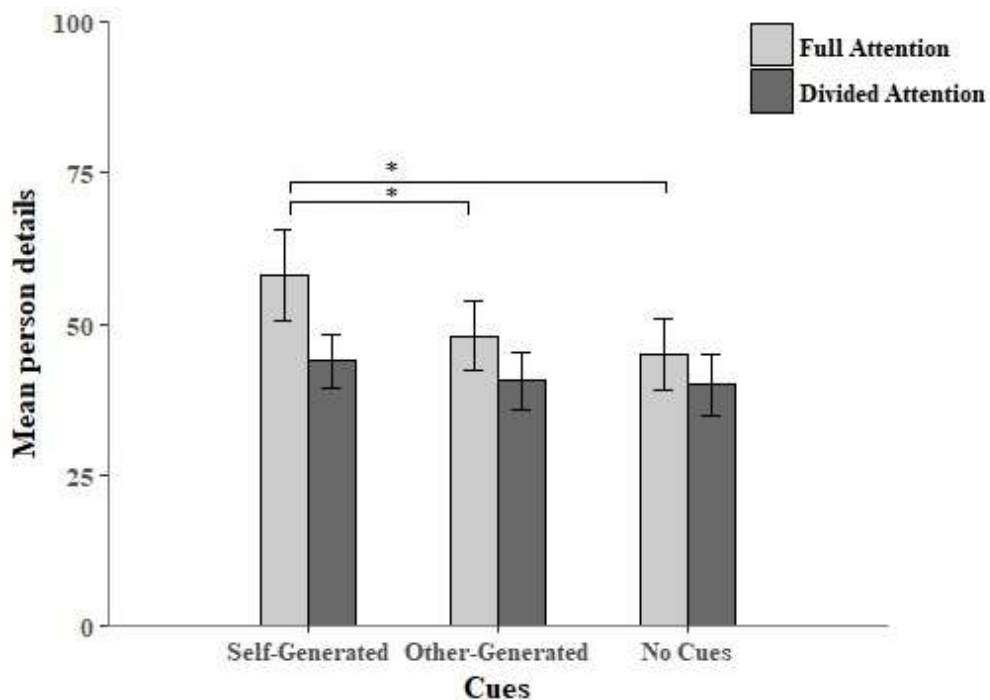
586

**587 Type of Details Reported**

588           There was a main effect on the total number of person details for Attention,  $F(1, 126) =$   
589 14.55,  $p < .001$ ,  $\omega^2 = .095$ , with more person details reported under full than divided attention.  
590 There was also a main effect of Cues,  $F(2,126) = 4.91$ ,  $p = .009$ ,  $\omega^2 = .057$ . Post-hoc tests  
591 showed that more person details were reported overall with SGC than with No Cues ( $p = .011$ ),  
592 but not compared to the Other-Generated Cues condition ( $p = .061$ ). There was also no  
593 significant difference in the number of person details reported in the Other-Generated Cues  
594 condition in comparison to the No Cues condition ( $p = 1.00$ ). No significant interaction emerged  
595 for the total number of person details,  $F(2,126) = 1.40$ ,  $p = .251$ ,  $\omega^2 = .006$ . Bonferroni-corrected  
596 pairwise comparisons revealed that the use of Self-Generated Cues led to the reporting of more  
597 person details comparing to the use of Other-Generated Cues ( $p = .039$ ) and of No Cues ( $p =$   
598  $.005$ ), under the Full attention condition. However, there was no difference between cues under  
599 Divided attention conditions ( $p > .05$ ).

600           There was a main effect of Attention,  $F(1, 126) = 8.64$ ,  $p = .004$ ,  $\omega^2 = .056$ , but not of  
601 Cues,  $F(2,126) = .24$ ,  $p = .788$ ,  $\omega^2 = -0.011$ , on the total number of object details reported. There  
602 was no significant interaction between Cues and Attention,  $F(2,126) = 1.32$ ,  $p = .272$ ,  $\omega^2 = .005$ .  
603 Similarly, there was a main effect of Attention,  $F(1, 126) = 15.57$ ,  $p < .001$ ,  $\omega^2 = .102$ , but not of  
604 Cues,  $F(2,126) = .03$ ,  $p = .966$ ,  $\omega^2 = -0.015$ , on the total number of action details reported. The  
605 interaction between Attention and Cues was not significant,  $F(2,126) = 1.01$ ,  $p = .366$ ,  $\omega^2 = .000$ .  
606 Levene's test was significant for the analysis of action details ( $p = .03$ ). Finally, there was no  
607 effect of Attention,  $F(1, 126) = .62$ ,  $p = .434$ ,  $\omega^2 = -.003$  or Cue,  $F(2,126) = 2.86$ ,  $p = .061$ ,  $\omega^2 =$   
608  $.028$ , on the total number of setting details reported. Levene's test was significant ( $p = .005$ ). No  
609 significant interaction emerged for the reporting of setting details,  $F(2,126) = .70$ ,  $p = .499$ ,  $\omega^2 =$

610 -.005. Boxplots were used to explore the distribution for the total number of both action and  
 611 setting details. For action details, the distribution was symmetrical however there were seven  
 612 outliers representing participants who reported a high number of action details. For setting  
 613 details, the distribution was not symmetrical but positively skewed with three outliers who  
 614 reported a high number of setting details. Given the low number particularly regarding setting  
 615 details ( $M = 6.88, SD = 3.58$ ), and the lack of significant results for both type of details, no  
 616 action was taken due to the Levene's test being significant. The effect of cues on the mean  
 617 number of person details within Full and Divided attention conditions are presented in Figure 1.  
 618 Means for action, object and setting details reported within both attention conditions are  
 619 presented in Tables 4a and 4b.



620  
 621 *Figure 1.* Mean number of person details as a function of cues (Self-Generated Cues vs Other-  
 622 Generated Cues vs No Cues) within Full and Divided attention conditions. Error bars represent  $\pm$

623 1.96 standard errors (95% confidence intervals). Asterisks indicate significant differences  
 624 between cue conditions, \*  $p < .05$ .

625 *Table 4a. Mean (SE) number of action, object and setting details by cues (Self-Generated Cues,*  
 626 *Other-Generated Cues, No Cues) under Full attention.*

	Full Attention					
	SGC		OGC		NC	
Details type	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Action	18.4 (0.6)	[15.5, 21.3]	18.1 (0.8)	[14.6, 21.6]	16.3 (0.6)	[13.8, 19.1]
Object	10 (0.3)	[8.7, 11.3]	9.2 (0.3)	[7.8, 10.7]	9.2 (0.3)	[8.1, 10.4]
Setting	8.4 (0.4)	[6.3, 10.4]	7.2 (0.4)	[5.5, 9.1]	5.8 (0.2)	[4.9, 6.7]

627

628 *Table 4b. Mean (SE) number of action, object and setting details by cues (Self-Generated Cues,*  
 629 *Other-Generated Cues, No Cues) under Divided attention.*

	Divided Attention					
	SGC		OGC		NC	
Details type	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI	<i>M (SE)</i>	95%CI
Action	12.3 (0.4)	[10.5, 14.2]	12.9 (0.4)	[10.8, 14.9]	14 (0.5)	[11.6, 16.5]
Object	7.2 (0.2)	[6, 8.4]	8.6 (0.2)	[7.5, 9.8]	7.7 (0.4)	[6, 9.5]
Setting	7.3 (0.3)	[6, 8.5]	6.3 (0.2)	[5.3, 7.3]	6.3 (0.3)	[4.9, 7.9]

630