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Instructive electroactive electrospun silk fibroin-based biomaterials for peripheral nerve tissue engineering --Manuscript Draft--

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Abstract:	<p>Aligned sub-micron fibres are an outstanding surface for orienting and promoting neurite outgrowth; therefore, attractive features to include in peripheral nerve tissue scaffolds. A new generation of peripheral nerve tissue scaffolds is under development incorporating electroactive materials and electrical regimes as instructive cues in order to facilitate full functional regeneration. Herein, electroactive fibres composed of silk fibroin (SF) and poly(3,4-ethylenedioxythiophene) polystyrene sulfonate (PEDOT:PSS) were developed as a novel peripheral nerve tissue scaffold. Mats of SF with sub-micron diameter of 190 ± 50 nm were fabricated by double layers electrospinning with thicknesses of ~ 100 μm ($\sim 70 - 80$ μm random fibres and $\sim 20 - 30$ μm aligned fibres). Electrospun SF mats were modified with interpenetrating polymer networks (IPN) of PEDOT:PSS in various ratios of PSS/EDOT (α) and the polymerization was assessed by hard X-ray photoelectron spectroscopy (HAXPES). The mechanical properties of electrospun SF and IPNs mats were characterized by the wet state tensile and the electrical properties were examined by cyclic voltammetry (CV) and electrochemical impedance spectroscopy (EIS). The cytotoxicity and biocompatibility of the optimal IPNs ($\alpha = 2.3$ and 3.3) mats were ascertained via the growth and neurite extension of mouse neuroblastoma x rat glioma hybrid cells (NG108-15) for 7 days. The longest neurite outgrowth of 300 μm was observed in the parallel direction of fibre alignment on laminin-coated electrospun SF and IPN ($\alpha = 2.3$) mats which is the material with the lowest electron transfer resistance (R_{et}, ca. 330 Ω). These electrically conductive composites with aligned sub-micron fibres exhibit promise for axon guidance and also has the potential to be combined with electrical stimulation treatment as a further step for the effective regeneration of nerves.</p>
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Response to Reviewers:

Editor and Reviewer comments:

Reviewer #1:

The authors answered some of my questions.

However, regarding conductivity of the scaffold, the authors answered that it has already been measured on similar fibers made by their group. I do not think the two types of fibers are similar, and certainly the conductivity is not the same. Indeed, in the previous article cited the PEDOT-PSS was deposited after electrospinning on the surface of the fibers, and further treated with DMSO to increase its conductivity. In the case of this paper, the authors have polymerized the EDOT directly into the nanofibers to form a fibroin/PEDOT-PSS IPN. In this case PEDOT-PSS should be in the bulk of the fibers and not only on the surface. Moreover, we do not know if the amount is large enough to ensure continuity of the PEDOT/PSS along the nanofibers. Only the measurement of the conductivity can prove that it is the case.

Moreover, the cited article is not described in the introduction of this article, and comparison and discussion of the two different approaches should be done: coating of the fibers with PEDOT/PSS vs IPN.

Response: Thank you for your constructive criticism. We agree that the SF/PEDOT:PSS fibre fabricated via IPN is different from a previous study by our group. We do not want to compare which approach (IPN vs. coating) is better since almost all manufacturing protocols are different (e.g. silk preparation, electrospinning parameters, PEDOT:PSS concentration). In this study, we would like to present that as well as a coating method, IPN is another successful approach to modifying electrospun SF, which is an electrical insulator, to be an electrically conductive material.

To clarify the conductivity of IPN materials,

(1) we define the conductivity of electrical insulators, semiconductors, and conductors in the introduction, in lines 63 – 66.

(2) we measure the conductivity of SF and IPNs fibres using two-point probe system as explain in the materials and methods, in lines 187 – 199.

The results were shown in lines 356 – 357 and supplementary information, table S2.

(3) we discuss the conductivity of IPN materials (this work) in comparison with the conductivity of coating materials (previous work of our group), as shown in lines 491 – 496. This result shows that SF/PEDOT:PSS is semiconductor.

Highlights

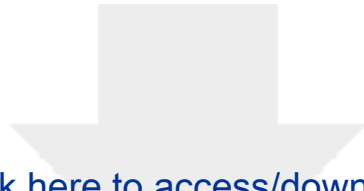
- Electrospinning SF solution produces non-woven mats via a dialysis free method, rendered stable by solvent treatment.
- SF fibre alignment is possible via electrospinning produces instructive mats which encourage neurite extension aligned with the fibres.
- IPN effectively modifies electrospun SF non-woven mats yielding electroactive non-woven mats.
- IPN mat ($\alpha = 2.3$) coating with laminin promotes the longest neurite extension following the alignment of fibres.

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Chinnawich Phamornnak: Methodology, Formal analysis, Writing – Original Draft, Writing – Review & Editing **Bing Han:** Methodology **Ben F. Spencer:** Formal analysis, Writing – Original Draft **Mark D. Ashton:** Methodology, Writing – Original Draft **Christopher F. Blanford:** Investigation, Resource **John G. Hardy:** Formal analysis, Writing Review & Editing, Supervision **Jonny J. Blaker:** Conceptualization, Supervision, Project administration **Sarah H Cartmell:** Conceptualization, Supervision, Project administration, Funding acquisition



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1 Instructive electroactive electrospun silk fibroin-based biomaterials for peripheral
2 nerve tissue engineering

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15 Abstract

16 Aligned sub-micron fibres are an outstanding surface for orienting and promoting neurite
17 outgrowth; therefore, attractive features to include in peripheral nerve tissue scaffolds. A new
18 generation of peripheral nerve tissue scaffolds is under development incorporating electroactive
19 materials and electrical regimes as instructive cues in order to facilitate full functional
20 regeneration. Herein, electroactive fibres composed of silk fibroin (SF) and poly(3,4-
21 ethylenedioxythiophene):polystyrene sulfonate (PEDOT:PSS) were developed as a novel

22 peripheral nerve tissue scaffold. Mats of SF with sub-micron diameter of 190 ± 50 nm were
23 fabricated by double layers electrospinning with thicknesses of ~ 100 μm ($\sim 70 - 80$ μm random
24 fibres and $\sim 20 - 30$ μm aligned fibres). Electrospun SF mats were modified with interpenetrating
25 polymer networks (IPN) of PEDOT:PSS in various ratios of PSS/EDOT (α) and the
26 polymerization was assessed by hard X-ray photoelectron spectroscopy (HAXPES). The
27 mechanical properties of electrospun SF and IPNs mats were characterized by the wet state tensile
28 and the electrical properties were examined by cyclic voltammetry (CV) and electrochemical
29 impedance spectroscopy (EIS). The cytotoxicity and biocompatibility of the optimal IPNs ($\alpha = 2.3$
30 and 3.3) mats were ascertained via the growth and neurite extension of mouse neuroblastoma x rat
31 glioma hybrid cells (NG108-15) for 7 days. The longest neurite outgrowth of 300 μm was observed
32 in the parallel direction of fibre alignment on laminin-coated electrospun SF and IPN ($\alpha = 2.3$)
33 mats which is the material with the lowest electron transfer resistance (R_{et} , ca. 330 Ω). These
34 electrically conductive composites with aligned sub-micron fibres exhibit promise for axon
35 guidance and also has the potential to be combined with electrical stimulation treatment as a further
36 step for the effective regeneration of nerves.

37 Keywords: Electroactive biomaterials, Electrospinning, Interpenetrating polymer network, Silk
38 fibroin, Peripheral nerve regeneration

39 1. Introduction

40 Peripheral nerve injury (PNI) is a severe problem for trauma patients worldwide [1]. Although
41 injured nerves can regenerate themselves, the level of functional recovery is often unsatisfactory
42 and it is very challenging to delivery full recovery due to the limitations of neural sizes, distances,
43 regeneration periods, etc. [2]. The most recent research trends have focused on “active”
44 environments for regeneration such as the use of stem cells [3-6], external electrical stimulation
45 [7-10], and electrically conductive scaffolds [11-15] in order to accelerate regenerative outcomes.
46 One of the promising materials for developing tissue scaffolds is silk fibroin (SF) from *Bombyx*
47 *mori* silk cocoons.

48 SF fibres are natural biocompatible materials with high mechanical strength, which can be
49 dissolved and processed into many forms (such as films, foams, hydrogels, and fibres) [16-18]. SF
50 is predominantly composed of heavy (H) and light (L) chain fibroins connected via disulfide bonds
51 and glycoprotein P25. The H-chain is a repeating amino acid sequence of glycine – alanine –
52 glycine – alanine – x, where x is serine or tyrosine [19]. The fibres have a high content of
53 antiparallel β -sheets, hydrophobic and crystalline structures, which play a key role in the strength
54 of the fibres, and the L-chain is a smaller hydrophilic structure [20, 21]. The electrospinning of SF
55 has been studied for its potential application in peripheral nerve regeneration for a decade, showing
56 promising results for neural growth and neurite extension, *in vitro* [12, 22, 23]. While
57 electrospinning silk is time-consuming and environmentally dependent (particularly on the
58 humidity of the spinning chamber), it produces materials with biomimetic structures. Das et al.,
59 2017 showed that electrically conductive SF scaffolds promoted stronger action potentials at the
60 distal end of the injured site compared to non-conductive SF scaffolds *in vivo* [12], suggesting the

61 electroactive SF may promote full functional nerve regeneration, and motivating the development
62 of variants of conductive SF scaffolds for tissue engineering.

63 Electrical conductors, semiconductors, and insulators are defined by their conductivity. Typically
64 conductors have conductivities from $10^4 - 10^7$ S/m (e.g., metals), semiconductors from $10^{-6} - 10^4$
65 S/m, and insulators from $10^{-20} - 10^{-10}$ S/m [24-26]. Logically, SF has been reported as an electrical
66 insulator with the conductivity range of $10^{-17} - 10^{-11}$ S/m [27-29]. Various conductive materials
67 including polypyrrole (PPy) [23, 30, 31], polyaniline (PANi) [12], graphene oxide (GO) [23],
68 reduced graphene oxide (rGO) [23, 32], poly(3,4-ethylenedioxythiophene) (PEDOT) [22], and
69 PEDOT doped with polystyrene sulfonate (PEDOT:PSS) [33, 34] have been combined with
70 electrospun SF. These conductive materials can stably blend with SF-based materials due to the
71 physical and non-covalent crosslinks (including hydrogen bonding and electrostatic interactions)
72 within SF-based materials [33]. In this study, PEDOT:PSS was chosen for SF modification due to
73 its low cost, high conductivity, high thermal stability and water solubility (facilitating processing,
74 storage and sterilization) [35, 36], and moreover, for peripheral nerve tissue engineering
75 applications it can support cell proliferation and promote the expression of neurogenic
76 differentiation factors such as MAP2 and β -III tubulin [37, 38]. Furthermore, electrical stimulation
77 through the PEDOT:PSS incorporated scaffold affects the cell alignment and enhances the length
78 of neurite extension [37].

79 Even though rat adrenal pheochromocytoma cell line (PC-12) is commonly used in neural
80 regeneration, particularly neurite outgrowth [13, 31, 32, 39-41], mouse neuroblastoma x rat glioma
81 hybrid cell (NG108-15) is preferred in this study due to the electrophysiology. Typically, NG108-
82 15 is used in the study of action potential of nerves [42-46]; however, many previous studies also

83 used NG108-15 for neuron regeneration [47-51]. Therefore, NG108-15 can use for both the neurite
84 extension study and the functionality of the regrowth nerve via the electrophysiology. It is to be
85 hoped that NG108-15 will be an attractive cell line for peripheral nerve regeneration, especially to
86 study the action potential of cells grown on electrically conductive material with electrical
87 stimulation in the future.

88 This study aims to develop the electrically conductive tissue scaffolds based on electrospun SF for
89 peripheral nerve regeneration. The strategy of double layer electrospinning is designed for material
90 reinforcement and enhancing the properties of the processed materials. The thick layer of random
91 fibres is the base layer with a thinner layer of aligned fibres on top to instruct the direction of
92 neurite outgrowth [11]. The novel protocol for electrospinning such mats was optimised to reduce
93 the time-consumed by dialysis. The electrical properties of the electrospun SF mats were modified
94 via growth of an interpenetrating polymer network (IPN) of PEDOT:PSS. The IPN mats were
95 cultured with a neural-like cell line (NG108-15) in order to study the neural growth and neurite
96 extension profiles on the materials. The knowledge generated by this study presents another step
97 towards the development of a conductive scaffold leading to the successful functional recovery of
98 peripheral nerve injuries, with the potential to apply electrical stimulation in future studies.

99 2. Materials and methods

100 2.1 SF preparation

101 *Bombyx mori* silk cocoons were cut into small pieces and 5 g was then boiled at 80°C in 2 L of
102 0.02 M sodium carbonate (Na₂CO₃, Sigma-Aldrich) for 30 min with gentle stirring to disperse the
103 silk fibres. The degummed SF was washed 3 times by stirring in distilled water for 20 min followed
104 by replacing the water. The purified SF was squeezed well, stretched on a tray, and left overnight
105 in a fume cupboard for the water to evaporate.

106 A solution of 10% wt/v degummed SF in non-aqueous medium was used for electrospinning. A
107 solution of formic acid (FA, 98-100%, Fisher) and calcium chloride (CaCl₂, fused, granular,
108 Fisher) with the ratio of 98 mL FA to 2 g CaCl₂ was prepared. The FA-CaCl₂ solution was used
109 for the dissolution of SF (1 g of SF in 10 mL of FA-CaCl₂) by shaking with a vortex for a few
110 minutes until the SF was completely dispersed in the solution, after which the SF solution was
111 incubated at 45°C in a water bath overnight, and the solution turned dark pink in colour. The
112 solution was filtered to get rid of debris that may block the electrospinning needle using a vacuum
113 pump and a borosilicate glass filter (Pyrex®, porosity grade 1) prior to electrospinning.

114 2.2 Double layers electrospinning SF

115 The electrospinning solution (SF in FA/CaCl₂) was transferred to a 10 mL plastic syringe (BD
116 Plastipak) with a flattened 19 G needle (BD Plastipak). It was then placed in a vertical
117 electrospinning setup within an environmentally controlled chamber to fabricate the base layer of
118 randomly aligned fibres. The tip of needle was placed 12 cm above the edge of the rotating mandrel
119 with a width and diameter of 5 cm and 12 cm, respectively. Greaseproof paper (5 x 38 cm²) was
120 used as a collector and was wrapped around the width of the mandrel. The syringe was operated

121 at 0.4 mL/h constantly for 8 h by a syringe pump (Cole-Parmer). Meanwhile, the high voltage of
122 35 kV generated by DC voltage supplies was applied to the system (+30 kV at the needle and -5
123 kV at the rotating mandrel). The rotating speed of the collector was 800 rpm (5.03 m/s linear
124 speed). Relative humidity (R.H.) and temperature were controlled at 35% R.H. and 25°C all the
125 time.

126 After that, the collector and the SF solution in a syringe were relocated and placed in a horizontal
127 electrospinning setup with the high rotating speed collector in order to deposit a layer of aligned
128 fibres on top of the base layer of randomly aligned fibres. The working distance and feed rate were
129 12 cm and 0.4 mL/h; however, the voltage supply was reduced to 15 kV (+15 kV at the needle and
130 0 kV at the collector) and the rotating speed of collector was increased to 1500 rpm (9.42 m/s
131 linear speed), and run for 4 h, yielding electrospun bilayer mats with thicknesses of ca. 100 μm .
132 The thickness of fibre mat was measured by using a micrometer (DML3032, Digital Micrometers
133 Ltd). Finally, electrospun SF mats were immersed in 80% ethanol for 20 min to induce β -sheet
134 formation.

135 *2.3 IPN of PEDOT:PSS on electrospun SF*

136 3,4-ethylenedioxythiophene (EDOT, Sigma-Aldrich) was dispersed at 0.5% w/v in an aqueous
137 solution of initiators containing 0.98% w/v sodium persulfate ($\text{Na}_2\text{S}_2\text{O}_8$, Sigma-Aldrich), and 0.2%
138 w/v iron (II) sulfate heptahydrate ($\text{Fe}_2\text{SO}_4 \cdot 7\text{H}_2\text{O}$, Sigma-Aldrich) [52]. The dopant polystyrene
139 sulfonate (PSS, Sigma-Aldrich) was added to the EDOT dispersion with various molar ratios to
140 EDOT monomer (α) from 1.3 to 3.3 (approximately 0.84 – 2.13% wt/v) to produce a homogenous
141 solution. The post-treated electrospun SF mats were immediately immersed in the working
142 solution and left for 72 h at room temperature for polymerization and IPN formation. Over the

143 course of the reaction the solution changed from yellow to dark blue. After 72 h, the dark blue IPN
144 materials were washed twice and preserved in distilled water to avoid shrinkage.

145 *2.4 FTIR and HAXPES*

146 The secondary structure of the SF was characterized by attenuated total reflectance – Fourier
147 transform infrared spectroscopy (ATR – FTIR). The FTIR spectra were recorded between 4000 –
148 400 cm^{-1} . The amide I band (1700 – 1600 cm^{-1}) was analysed and deconvoluted using Origin
149 software (OriginLab, USA). Three main structures; β -sheet, random coil, turns and bends were
150 observed, assigned according to Wilson et al., 2000 [53]. β -sheets were assigned between 1621 –
151 1629 cm^{-1} and 1671 – 1679 cm^{-1} , random coils between 1641 – 1649 cm^{-1} , turns and bends were
152 assigned between 1658 – 1671 cm^{-1} and 1681 – 1696 cm^{-1} , respectively.

153 The quantity of sulfur (S) present in PEDOT:PSS was determined by hard X-ray photoelectron
154 spectroscopy (HAXPES-lab, Scienta Omicron GmbH), which uses a Ga $K\alpha$ X-ray source (9.25
155 keV, Excillum), where an increase in kinetic energy of the emitted photoelectrons leads to an
156 increase in sampling depth compared to surface-sensitive XPS using X-rays at energies of 1-2 keV
157 [54, 55]. This allows for the bulk-like composition to be measured, minimizing the influence of
158 surface contamination. Samples were attached to Omicron sample plates using adhesive copper
159 tape for measurements under ultra-high vacuum with a base pressure of 6×10^{-10} mbar. A charge
160 neutralizing low energy electron gun (FS40A, PREVAC) was used to replenish the electron supply
161 after photoexcitation. The EW4000 electron energy analyzer with an entrance slit width of 1.5 mm
162 was used to measure survey spectra, using a pass energy of 500 eV with an energy resolution of
163 ~ 2 eV, and core level spectra of the elements of interest (C 1s at 285 eV binding energy (BE), N
164 1s at 400 eV BE, O 1s at 530 eV BE, and S 1s at 2470 eV BE), measured with 200 eV pass energy

165 with an energy resolution of ~ 0.8 eV [56]. Atomic concentrations were obtained using calculated
166 sensitivity factors for the core levels, as described in [57] using recently published photoionization
167 parameters up to 10 keV [58, 59]. The sampling depth, defined as $3\lambda \cos \theta$, where λ is the inelastic
168 mean free path of electrons and θ is the electron take-off angle with respect to the surface normal
169 [60], was calculated to be ~ 54 nm using the TPP-2M formula [61]. By tilting the sample and
170 increasing the electron take-off angle, the sampling depth can be reduced towards the surface; θ
171 was varied up to 70° to reduce the sampling depth to ~ 18 nm, and with combined Al K α (1486
172 eV) XPS reduced the sampling depth to ~ 11 nm. Data were analyzed using CasaXPS [62].

173 *2.5 Electrochemical characterisation*

174 Cyclic voltammetry (CV) measurements were performed using a PalmSens EmStat 3+ potentiostat
175 connected to a personal computer using the PSTrace 7.4 software, whereas electrochemical
176 impedance spectroscopy (EIS) measurements were performed using an Ivium-n-Stat Multichannel
177 Electrochemical Analyzer. For CV and EIS measurements, a three-electrode system was used with
178 an Ag/AgCl reference electrode (CH Instruments, Inc. Austin, TX, USA), a platinum wire counter
179 electrode (Sigma Aldrich, Gillingham, UK), and a working electrode (electrospun SF and IPN
180 mats were cut into rectangular pieces of 1 x 3 cm, attached to glass slide by carbon tape prior to
181 use). The electrodes were in a buffer (4 mL of phosphate-buffered saline [PBS] at pH 7.4) that was
182 degassed with N₂. For CV measurements, the potential was swept between -1.0 V and $+1.0$ V vs.
183 the Ag/AgCl electrode at a scan rate of 0.05 Vs⁻¹. For EIS measurements, the PBS also contained
184 5 mM of [Fe(CN₆)]^{3-/4-}, and measurements were performed with an open-circuit potential of 230
185 mV, with an amplitude of applied potential perturbation of 10 mV in the frequency range of 0.1 –
186 105,000 Hz.

187 2.6 *Electrical conductivity*

188 The conductance of fibres were measured in accordance with protocol IPC-TM-650, number
189 2.5.17.2 described by the Institute for Interconnecting and Packaging Electronic Circuits. Fibres
190 supported on glass slides were examined by chronoamperometry using a Keithley 2612B source
191 meter (Tektronix, Beaverton, US). Chronoamperometric measurements were made with a two-
192 point probe system (copper alligator clips), by connecting counter and reference electrodes
193 together. Briefly, two thin strips of adhesive-backed copper tape (Ted Pella, Inc., Redding, CA)
194 were attached to the films, parallel to one another, separated by a distance of 0.5 cm. The
195 working and counter electrodes were clipped on the strips of copper tape, and the current
196 measured for 30 seconds during a potential step experiment at 10 V. The electrodes were moved
197 to different positions after each measurement, and the current passed was recorded at three
198 different positions. The conductivity (S/m) of the fibre was determined in accordance with
199 equations (Supplementary information, table S2).

200 2.7 *Tensile tests*

201 The ultimate tensile stress (MPa), strain at break, Young's modulus (MPa), and toughness (kJ/m^3)
202 were tested by wet-state, horizontal tensile under water (ElectroForce, Planar Biaxial, TA
203 Instruments). Electrospun SF and IPNs mats were cut into small rectangular pieces of $5 \times 35 \text{ mm}^2$,
204 with the direction of fibre alignment parallel to the sample length. The thicknesses of samples were
205 measured by a micrometer (DML3032, Digital Micrometers Ltd). The initial length between
206 tensile grips was 25 mm (5 mm of both ends were clamped). One grip connected to a load cell of
207 22 N was dynamic end with the moving speed of $10 \mu\text{m/s}$, while another grip was stationary end.

208 *2.8 NG108-15 cell culture*

209 NG108-15, mouse neuroblastoma x rat glioma hybrid cells, were cultured in Dulbecco's Modified
210 Eagle Medium (DMEM, Sigma) with high glucose supplemented with 10% fetal bovine serum
211 (FBS), 1X – HAT solution (Fisher), and 1% antibiotic as a growth medium. They were incubated
212 at 37°C, 5% CO₂. The medium was refreshed every 2 days until the cell confluence reached 60 –
213 70%, it was changed to a differentiation medium, growth medium with 0.75 mM cyclic adenosine
214 monophosphate (cAMP, Stratech).

215 *2.9 Media-extracting assay*

216 The cytotoxicity of the electrospun SF and IPNs materials were tested by extracting assay
217 (conditioned medium). The materials were cut into pieces of 3 x 3 cm², and sterilized with 70%
218 ethanol for 10 min and UV exposure for 15 min. The materials were incubated with 6 mL of the
219 growth medium at 37°C for 24 h. The extracted medium was exposed to NG108-15 in the
220 subconfluent state. The cell morphology was observed, a live/dead assay undertaken, and DNA
221 concentration determined for 72 h after exposure.

222 *2.10 In Silico Toxicity Screening*

223 In silico toxicity screening was carried out using Derek Nexus (v. 6.0.1, Nexus: 2.2.2) and Sarah
224 Nexus (Sarah Nexus: 3.0.0, Sarah Model: 2.0) supplied by Lhasa Limited, Leeds, UK. Simplified
225 molecular-input line-entry system (SMILES) notations for species analyzed are: formic acid,
226 [H]C(O)=O; sodium persulfate, S(OOS([O-])(=O)=O)(=O)(=O)[O-].[Na+].[Na+]; EDOT,
227 C1=C2C(=CS1)OCCO2; PEDOT, O1CCOC=2C1=C(SC=2C)C; PSS,
228 C1=CC(=CC=C1C(CC)C)S(=O)(=O)[O-].

229 *2.11 Direct contact assay*

230 NG108-15 were cultured directly on electrospun SF and IPNs substrates. These materials were cut
231 and mounted on 12 x 12 cm² glass coverslips. Materials were sterilized with 70% ethanol for 10
232 min and UV exposure for 15 min. They were washed twice with Dulbecco's phosphate buffer
233 saline (DPBS, Sigma) and then incubated with 5 µg/mL laminin at 37°C for 2 h. NG108-15
234 cultured in a T-75 flask were trypsinized and placed on sample with the seeding density of 5 x 10³
235 cells/cm² and cultured for 7 days. The growth medium was refreshed every 2 days. For the neurite
236 extension study, the growth medium was changed to the differentiation medium at day 2, and
237 continuously refreshed every 2 days. The cell metabolic activity, DNA concentration, and neurite
238 length extension were observed for 7 days.

239 *2.12 Cell metabolic activity and DNA concentration assays*

240 Metabolic activity and DNA concentration were performed via resazurin and dsDNA PicoGreen®
241 assays. They were determined at day 1, 3, 5, and 7. Samples with NG108-15 were washed twice
242 with DPBS followed by 1 h incubation at 37° C with growth medium containing 12.5 µg/mL of
243 resazurin sodium salt (Sigma-Aldrich). Next, 100 µL medium was collected and the fluorescence
244 intensity was measured.

245 Either NG108-15 cells or fibres with NG108-15 cells were taken from glass coverslips and put in
246 1.5 mL microcentrifuge tubes. 500 µL 1X Tris-EDTA (TE) buffer were added into the tubes,
247 repeated freeze-thaw process three times, and centrifuged. 100 µL supernatants were collected and
248 mixed with 100 µL PicoGreen® working solution for measuring fluorescence intensity. The
249 excitation/emission of 544/590 nm and 485/520 nm with a Microplate Reader (FLUOstar) were
250 used for resazurin and PicoGreen® assays respectively.

251 *2.13 Live/dead assay*

252 Live/dead assay is only used to determine the toxicity of chemical residues from fibre mats in the
253 media-extracting assay (conditioned medium). Qualitative analysis of cell viability was observed
254 by fluorescent microscopy (Nikon Eclipse 50i) with 10X magnification. Calcein AM (Invitrogen)
255 and ethidium homodimer (EthD-1, Invitrogen) were diluted in DPBS, their final concentrations
256 were 2 μ M and 4 μ M, respectively. Cells were stained with this working solution for 10 min at
257 37°C. Live cells were observed as uniform green in cytoplasm, while dead cells were shown as
258 bright red spots at nucleus. The excitation/emission 495/515 nm and 495/635 nm were used for
259 live and dead cells, respectively.

260 *2.14 Scanning electron microscopy (SEM)*

261 Typically, the surface of electrospun SF, IPNs mats, and also the neurite length of NG108-15 on
262 substrates were observed by SEM (TESCAN MIRA3 and TESCAN VEGA3). Samples of NG108-
263 15 were fixed with 2.5% glutaraldehyde in PBS for 30 min at 4°C and washed twice with PBS.
264 After that, they were sequentially dehydrated through the series of ethanol gradients; 50%, 70%,
265 90%, and 100% for 5 min/each. Lastly, hexamethydisilazane (HMDS) was added to samples and
266 they were left in a fume cupboard for evaporation of the HMDS overnight. The dried samples were
267 then prepared and sputtered with Au/Pd (5 nm thickness) using an automatic gold sputter coater
268 (Quorum) followed by SEM observation.

269 The direction of aligned fibres was always rotated to the position of 90° (12 o'clock) following the
270 Cartesian coordinating system. The images were saved and collected in the format of .tif file. The
271 fibre diameter, neurite length, and neurite orientation were then analysed using ImageJ software.
272 The polarscatter and polarhistogram of neurite lengths were plotted using Matlab software

273 (MATLAB R2020a). Additionally, the oval profile plugin was used for measurement of fibre
274 alignment and the 2D FFT alignment was calculated following it was mentioned in Ayres et al.,
275 2008 [63]. The angle positions of 0° – 180° were considered in this study.

276 *2.15 Immunofluorescence staining*

277 β -III tubulin, an element of microtubule commonly found in neurites, was stained and qualitatively
278 observed with a confocal microscope (CQ1, Yokogawa). Samples were fixed with 4%
279 paraformaldehyde for 15 min. They were washed twice with PBS and permeabilised by adding
280 500 μ L of Q & P solution (0.5% Triton X-100 in 0.2 M glycine in PBS) on each sample for 5 min
281 at room temperature. After that, samples were washed twice with PBS and blocked non-specific
282 proteins by adding 300 μ L 2% fish skin gelatin (FSG) for 30 min. The primary antibody, rabbit
283 polyclonal to β -III tubulin, were diluted in 2% FSG and incubated with the sample at 4°C
284 overnight. The sample were washed twice again prior to the secondary antibody staining. Goat
285 anti-rabbit IgG H&L (Alexa Fluor® 488) and DAPI were diluted in 2% FSG, added onto samples,
286 and then incubated for 2 h in the dark area. The stained samples should be washed twice again,
287 mounted onto glass slides with a prolonged mounting agent.

288 *2.16 Statistical analysis*

289 Data collected from samples were analysed by GraphPad Prism 8 software. Electrospun SF
290 without PEDOT:PSS was used as a control parameter. Two-way ANOVA (Tukey) with $p < 0.03$
291 were considered as statistically significant.

292 3. Results

293 3.1 Preparation of electrospun SF

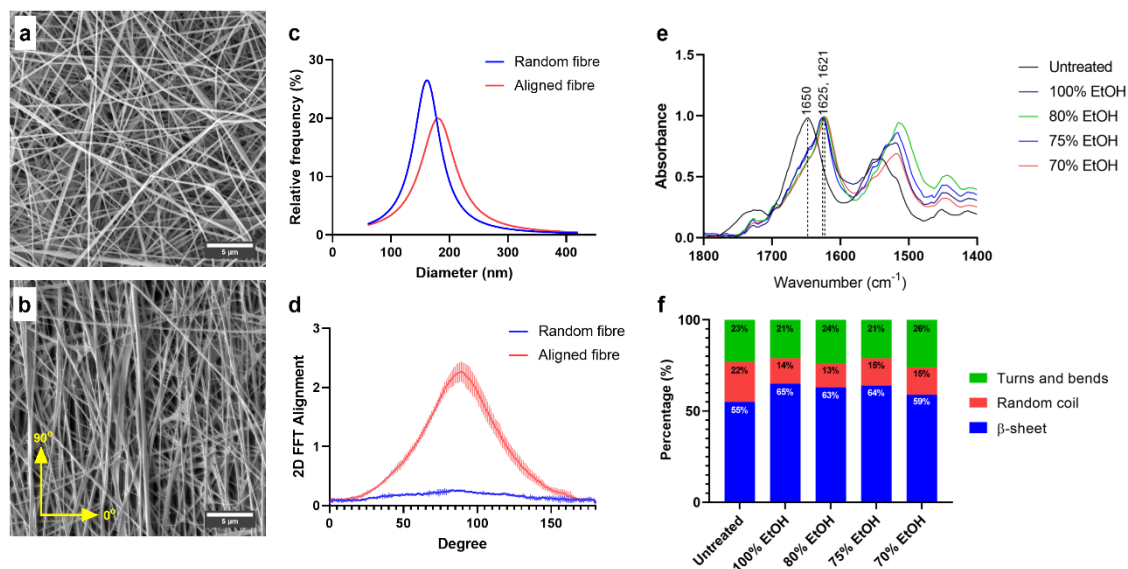
294 Double layers electrospun SF mats have the thickness of $\sim 100 \mu\text{m}$ after 12 h electrospinning. The
295 average diameters of fibres of the top (aligned fibre) and base (randomly aligned fibre) layers were
296 relatively similar, $188 \pm 55 \text{ nm}$ and $177 \pm 48 \text{ nm}$ respectively. Ethanol-treatment and PEDOT:PSS
297 IPN formation have no statistically significant effect on the fibre diameters (Supplementary
298 information, Figure S1). The distributions of fibre diameters are shown in Figure 1c. The 2D FFT
299 alignment results show the significant difference between the top and base layers. The peak of 2D
300 FFT alignment value of the top layer was 2.25 at the positions of $88^\circ - 90^\circ$, while that of the
301 bottom layer was 9 times lower, it was 0.25 at the positions of $82^\circ - 91^\circ$ as shown in Figure 1d.

302 The secondary structure of the silk-based materials are altered by ethanol treatment, as confirmed
303 by the FTIR results shown in Figures 1e and 1f. The amide I peak of electrospun SF was shifted
304 from the wavenumber of 1651 cm^{-1} to between 1625 and 1621 cm^{-1} (indicative of β -sheet
305 formation). The deconvolution of the amide I band spectra also reveals that the total secondary
306 protein structures of untreated electrospun SF contains 55% β -sheet. Almost all ethanol treatment
307 conditions increased β -sheet formation up to 63 – 65% except the condition of 70% ethanol.

308 Bulk – sensitive HAXPES demonstrates that the IPN formation protocol is a more effective
309 method to generate electroactive SF-based biomaterials than dip coating (Supplementary
310 information, Figure S2). Both surface – sensitive XPS and bulk – sensitive HAXPES show that
311 the relative percentage of Sulfur (%S) to all elements (C, O, N, and S) of IPNs mats are higher
312 than that of electrospun SF as shown in Figure 2. The relative %S of IPNs mats at the surface (~ 11
313 nm) were significantly higher than the other depths ($\sim 19 - 54 \text{ nm}$). It was 3.1% at the surface and

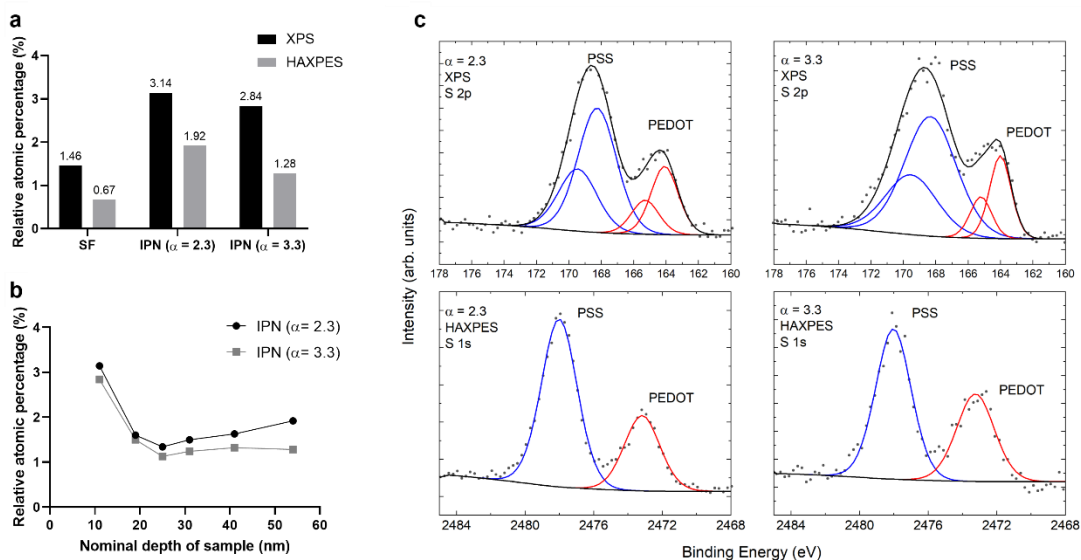
314 decreased to 1.6% over bulk material for IPN ($\alpha = 2.3$), while it was 2.8% at the surface and
315 decreased to 1.3% over bulk material for IPN ($\alpha = 3.3$). Moreover, the fitting of the peaks of S 2p
316 and S 1s of XPS and HAXPES confirm the successful polymerisation of PEDOT:PSS on/in
317 electrospun SF as shown in Figure 2c. Each S 2p chemical species was fit with a spin-orbit split
318 doublet, whereas the S 1s singlet state requires one peak for each chemical species. The spectra
319 show two chemical species associated with PEDOT (S 2p_{3/2} at ~164 eV, S 1s at ~2472 eV binding
320 energy) and PSS (S 2p_{3/2} at ~168 eV, S 1s at ~2477 eV binding energy) [64-66]. The relative
321 amount of PSS and PEDOT is quite similar at both sampling depths for IPN ($\alpha = 2.3$). It was 73%
322 PSS at 11 nm, 69% at 54 nm for IPN ($\alpha = 2.3$) and it was 78% PSS at 11 nm, 62% at 54 nm for
323 IPN ($\alpha = 3.3$).

324 The chemical states of C, N, O and S were also measured using XPS and angle-resolved HAXPES
325 (Supplementary information, Figures S3 – S6). These results show little change in the relative
326 amounts of each chemical state (e.g. the amount of PSS and PEDOT) from the surface into the
327 bulk, suggesting a good level of polymerization has been achieved and that the simple IPN
328 formation protocol yields a homogenous material (similar to reports of IPN generation in silk
329 fibroin films [67], but in contrast to reports of IPN generation using silk fibroin materials that
330 required two rounds of IPN formation to yield homogenous IPNs [11, 30]). The C 1s spectra
331 indicate some excess hydrocarbon at the surface, and the N 1s spectra suggest some protonation at
332 the surface, as is expected.



333

334 *Figure 1* Characterisation of double layer electrospun silk fibroin mats: (a) and (b) SEM of random and aligned fibres
 335 SF with the scale bar of 5 μm and the orientation of 90° following the Cartesian coordinate system, (c) distribution of
 336 fibre diameters, (d) 2D FFT alignment of fibres measured from 3 samples (3 independent electrospinning
 337 experiments), (e) ATR-FTIR spectra of amide I band ($1700 - 1600 \text{ cm}^{-1}$), and (f) the relative percentages of secondary
 338 protein structures of electrospun SF after ethanol treatment.

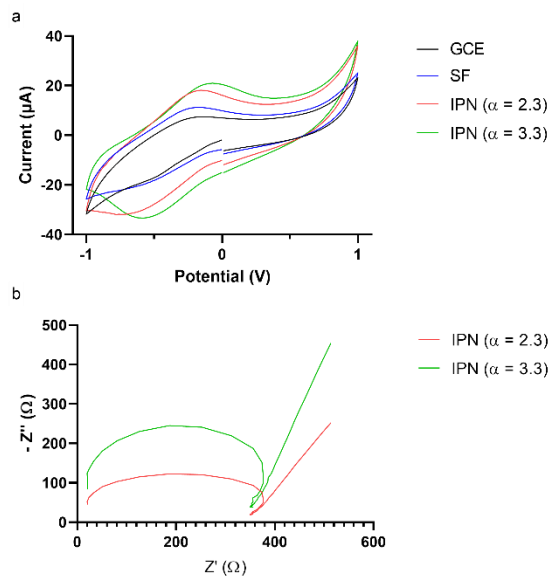


339

340 *Figure 2* surface-sensitive XPS and bulk-sensitive HAXPES analysis of electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha =$
 341 3.3): (a) relative percentage of S compared to total elements (C, O, and N), (b) relative percentage of S of IPN mats
 342 at different depths of sample, and (c) comparison of XPS and HAXPES spectra for S in the IPN mats. The $S 2p$ and S
 343 $1s$ core levels are used for XPS and HAXPES measurements respectively, with sampling depths of ~ 11 and 54 nm .

344 *3.2 Electrical properties of electrospun SF and IPNs*

345 The electrochemical properties of the materials were studied via cyclic voltammetry (CV) and
346 electrical impedance spectroscopy (EIS), shown in Figure 3. CV was used to study the
347 reduction/oxidation processes and electron-transfer properties of the IPNs; voltammograms of the
348 materials show an anodic peak at ca. -0.2 V and the corresponding cathodic peak at ca. -0.6 V vs
349 a Ag/AgCl reference electrode analogous to the literature [68] the somewhat unsymmetrical
350 cathodic/anodic peaks are likely to be due to differences in background current and kinetic
351 limitations [69, 70]. The Nyquist plots derived from EIS also showed semicircle curves in the high-
352 frequency range due to electron-transfer resistance (R_{et}) of the materials, calculated by the
353 difference of the real axis of impedance [71], and the vertical line that follows along the imaginary
354 axis corresponds to a diffusion process. The R_{et} of IPN ($\alpha = 2.3$) and IPN ($\alpha = 3.3$) were ca. 330 Ω
355 and 350 Ω , respectively suggesting the homogeneous coating of the materials with PEDOT:PSS.
356 The electrical conductivity of pristine SF was ca. $\times 10^{-8}$ S/m, while those of IPN materials were ca.
357 $\times 10^{-4}$ to 10^{-3} S/m (Supplementary information, table S2).

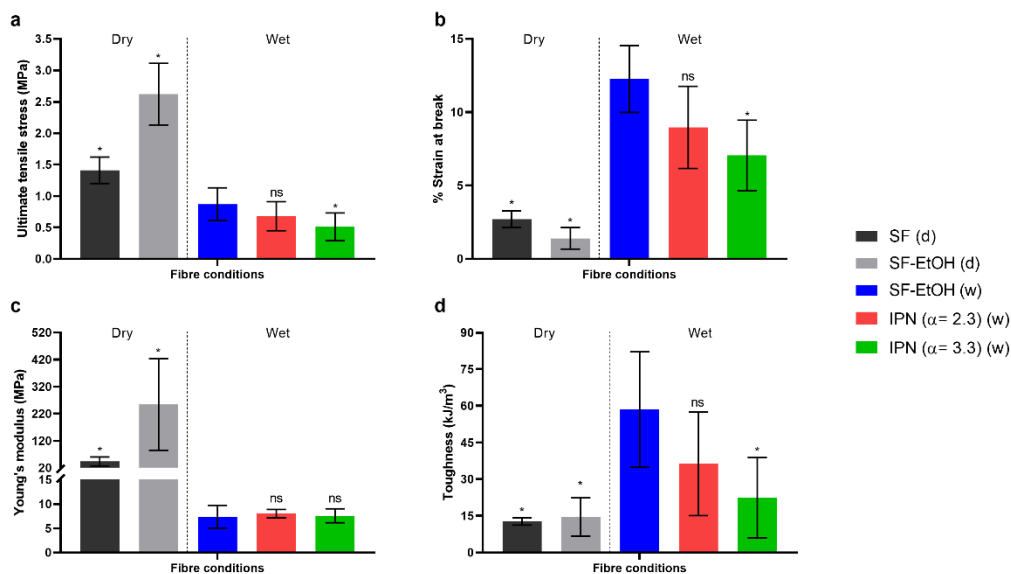


358

359 *Figure 3 Electrochemical characterisation of electrospun SF and IPN materials: (a) cyclic voltammetry (CV) data*
 360 *and (b) Nyquist plots derived from electrochemical impedance spectroscopy (EIS).*

361 3.3 Mechanical properties of electrospun SF and IPNs materials

362 Electrospun SF mats are very fragile when they are dry. The ultimate tensile stress was 1.41 ± 0.21
 363 MPa, the strain at break was $3 \pm 1\%$, Young's modulus was 43.3 ± 16.8 MPa, and toughness was
 364 12.7 ± 1.47 kJ/m³. After ethanol treatment, the ultimate tensile stress was significantly increased
 365 to 2.62 ± 0.49 MPa but the strain was similar resulting in the higher Young's modulus as shown
 366 in the Figure 4. However, it is noteworthy that the mechanical properties of the electrospun SF are
 367 completely changed when the materials are soaked in water overnight, after which, the ultimate
 368 tensile stress was decreased to 0.87 ± 0.26 MPa while the strain was increased to $12 \pm 2\%$
 369 indicating that these materials are more flexible in the wet state. For the IPNs ($\alpha = 2.3$ and 3.3)
 370 mats in the wet state their stresses, strains, and toughness are slightly decreased from the wet state
 371 electrospun SF.



372
 373 *Figure 4 Mechanical properties of electrospun SF and IPN mats in dry and wet states: (a) ultimate tensile stress, (b)*
 374 *% strain at break, (c) Young's modulus, and (d) toughness. All plotted with mean and SD. * represents the significant*
 375 *difference from the wet state ethanol-treated electrospun SF (Blue group), tested by One-Way ANOVA (Dunnett) with*
 376 *P-value ≤ 0.01 . The n number represents the number of samples from three independent electrospinning experiments:*
 377 *SF (d) – (n = 3), SF-EtOH (d) – (n = 3), SF-ETOH (w) – (n = 9), IPN ($\alpha = 2.3$) (w) – (n = 9), and IPN ($\alpha = 3.3$) (w)*
 378 *– (n = 8).*

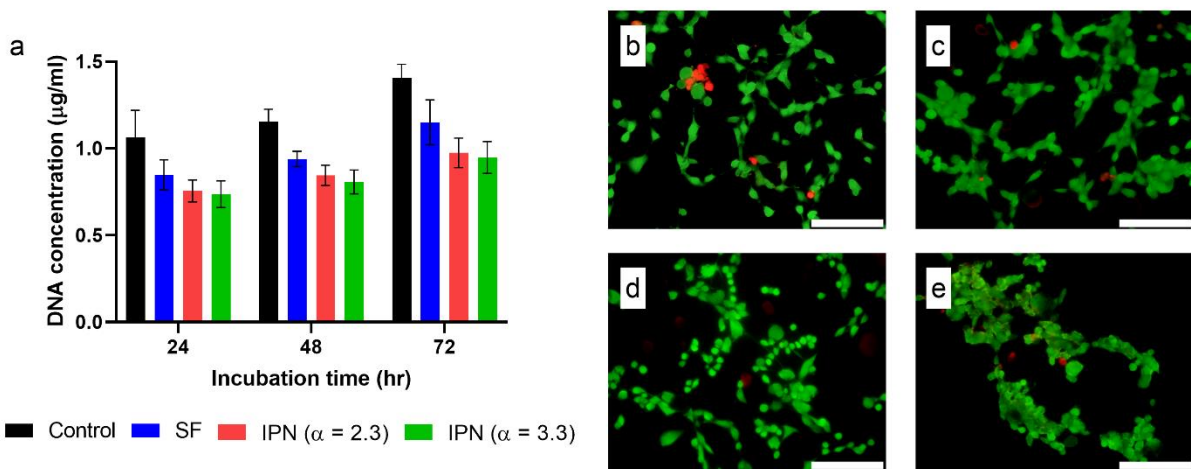
379 3.4 *In silico* toxicity and *in vitro* cytotoxicity studies

380 The safety data sheets for the starting materials and products (PEDOT-PSS for the dip-coating
381 method; or EDOT, PSS, sodium persulfate and iron (II) sulfate heptahydrate for the IPN method)
382 show PSS and PEDOT-PSS to be non-hazardous (according to Regulation (EC) No. 1272/2008),
383 EDOT to be a toxic irritant, sodium persulfate to be a toxic sensitizer, and iron (II) sulfate
384 heptahydrate to be a toxic irritant, highlighting the importance of effective washing prior to
385 contemplating any biomedical applications. *In silico* toxicity screening of the various components
386 was carried out using Derek Nexus [72] (Derek Nexus: v. 6.0.1, Nexus: 2.2.2) and Sarah Nexus
387 [73] (Sarah Nexus: v. 3.0.0, Sarah Model: 2.0) that can be used to assess the potential
388 biocompatibility of materials (Derek identifies structural alerts for several endpoints and Sarah is
389 a statistical-based model focused on mutagenicity only). [74-76] *In silico* toxicity screening studies
390 showed PEDOT, PSS and PEDOT-PSS were non-sensitizers and non-mutagenic; however, formic
391 acid was identified as an irritant by Derek Nexus, EDOT was identified as plausibly hepatotoxic
392 by Derek Nexus, and sodium persulfate was identified as a plausible respiratory/skin sensitizer by
393 Derek Nexus, reinforcing the importance of effective washing prior to contemplating any
394 biomedical applications.

395 The pH of the extracted cell culture medium of electrospun SF and IPNs ($\alpha = 2.3$ and 3.3) was
396 approximately 7.8, similar to the normal growth medium, demonstrating no residual acidic
397 components leaching from the materials (and importantly, the efficiency of the sample
398 preparation). Subconfluent NG108-15 cells on glass substrates exposed to these extracted media
399 can grow and proliferate slowly, confirmed by the DNA concentration result as shown in Figure
400 5a. Importantly, the DNA concentrations of NG108-15 after exposure to extracted media gradually
401 increased over time, although they were slightly lower than the control condition, NG108-15

402 cultured on tissue culture plastic (TCP) with the normal growth medium; these subtle differences
403 in the first few days are accounted for by surface chemistry and time taken for the cells to produce
404 their own extracellular matrices.

405 The live/dead staining reveals that the cell morphology is slightly changed after exposure by the
406 extracted media. Live cells and dead cells are stained in green and red respectively as shown in
407 Figure 5b – e. Commonly, NG108-15 grow individually and evenly spread all over the area. Each
408 cell can extend small neurites from its cell body. There are more clusters of rounded cells once
409 cultured with extracted media especially from IPN conditions as shown in the Figure 5d and 5e.



410

411 *Figure 5 NG108-15 grown on TCP with the extracted media (conditioned media): (a) DNA concentration of NG108-*
412 *15 cultured in normal growth medium, extracted medium of electrospun SF and IPNs ($\alpha = 2.3$ and 3.3) for 24 – 72*
413 *hr, (n=3) no significant different between SF and IPNs groups. The live/dead staining of NG 108-15 on glass*
414 *substrates after incubated with (b) normal growth medium, (c) extracted medium of electrospun SF, (d) extracted*
415 *medium of IPN ($\alpha = 2.3$), and (e) extracted medium of IPN ($\alpha = 3.3$) at 72 hr with the scale bar of 150 μm .*

416 *3.5 neuron growth, neurite extension and orientation*

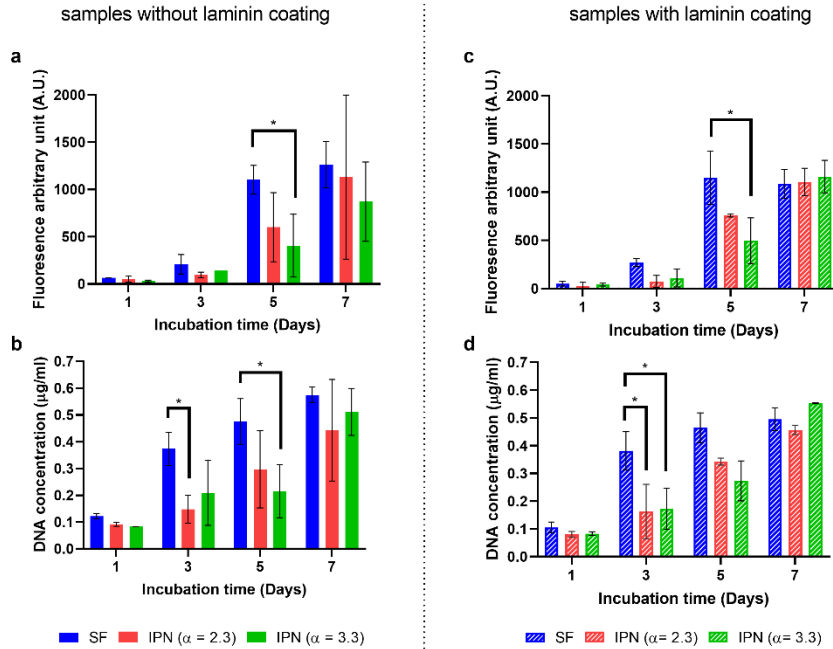
417 In accordance with results of the media-extraction assay, live/dead staining suggested that the
418 electrospun SF and IPNs mats were biocompatible without toxicity from any chemical residue
419 eluting from the IPNs. In the direct contact assay, NG108-15 grown on electrospun SF and IPNs
420 mats were examined by the metabolic activity and DNA concentration. Previous studies showed
421 that metabolic activity correlated with cell viability [48, 49]; thus, it was used in the direct test
422 instead of the live/dead staining, and the morphology of cells on fibres was observed using SEM
423 and immunofluorescence.

424 The metabolic activity and DNA concentration profiles of NG108-15 directly cultured on uncoated
425 substrates and laminin coated substrates are similar (Figure 6). Typically, the metabolic activity
426 was observed to increase from ~50 to 1200 A.U., and the DNA concentration was observed to
427 increase from ~0.1 to 0.5 $\mu\text{g/mL}$ over the period of 7 days. The metabolic activity of the
428 electrospun SF condition was significantly higher than that of IPN ($\alpha = 3.3$) at day 5, but similar
429 at day 7. Additionally, the DNA concentration of the electrospun SF condition was higher than
430 that of IPN ($\alpha = 2.3$ and 3.3) at day 3 and 5, while they are similar at day 7 as well.

431 Furthermore, SEM results support the observation that NG108-15 can grow and extend their
432 neurites on electrospun SF and IPNs materials for 7 days, even though they were cultured without
433 the differentiation factor, cAMP. We observe that neurite extension lengths on the laminin coated
434 materials are slightly longer than on uncoated materials (Supplementary information, Figure S7).
435 Although the average neurite lengths are similar (around 30 – 40 μm) for all conditions and
436 substrates, the 90th percentiles of the neurite lengths are different. Neurite lengths are 55, 45, and

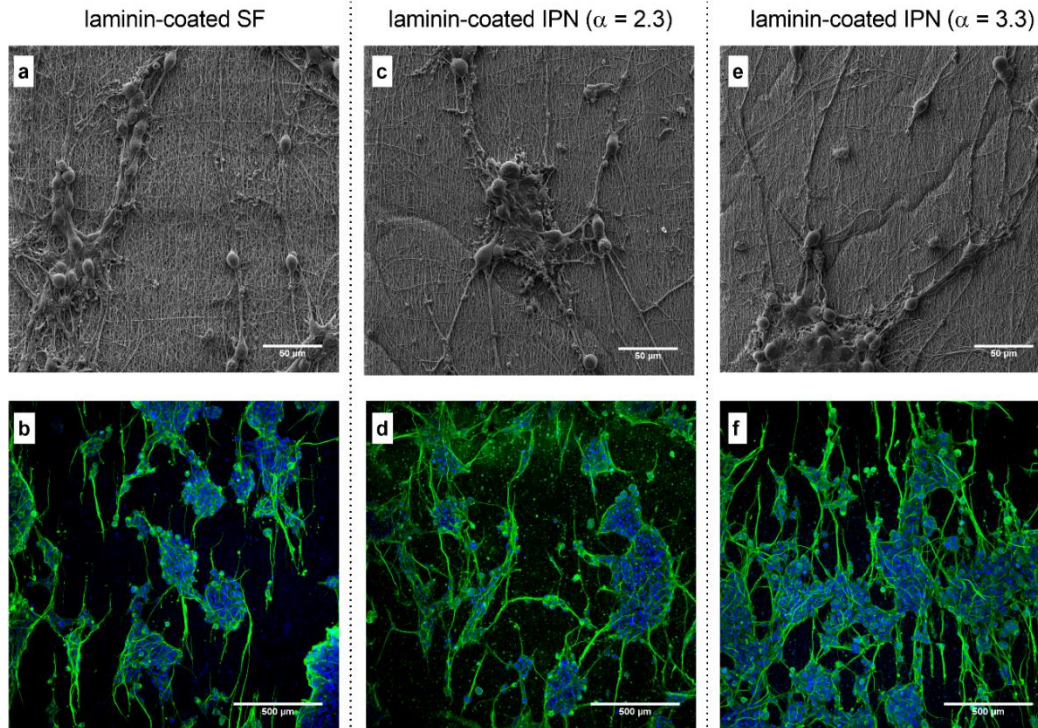
437 50 μm on laminin coated electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha = 3.3$), while, they are 35, 50,
438 and 40 μm on uncoated electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha = 3.3$), respectively.

439 In the differentiation phase of NG108-15, cells are grown as clusters and extend many more longer
440 neurites compared to the normal growth phase as shown in Figure 7. The immunofluorescence
441 confirms the processes extended from the cell clusters are neurites due to the β -III tubulin staining.
442 The average neurite length in this phase is $\sim 80 \mu\text{m}$ for all conditions. Interestingly, most neurites
443 are orientated in the parallel direction to the fibre alignment (evidence of the instructive nature of
444 the topological cues imparted by fibre alignment), which is in the position of 90° in the polar-plots
445 of Figure 8. The maximum neurite lengths reach to 300 μm in the condition of laminin coated
446 electrospun SF and laminin coated IPN ($\alpha = 2.3$). The other conditions have the maximum neurite
447 length of $\sim 200 - 250 \mu\text{m}$. The 90th percentiles of the neurite length are $\sim 120 - 140 \mu\text{m}$ in all
448 condition except laminin coated electrospun SF, which is 180 μm .



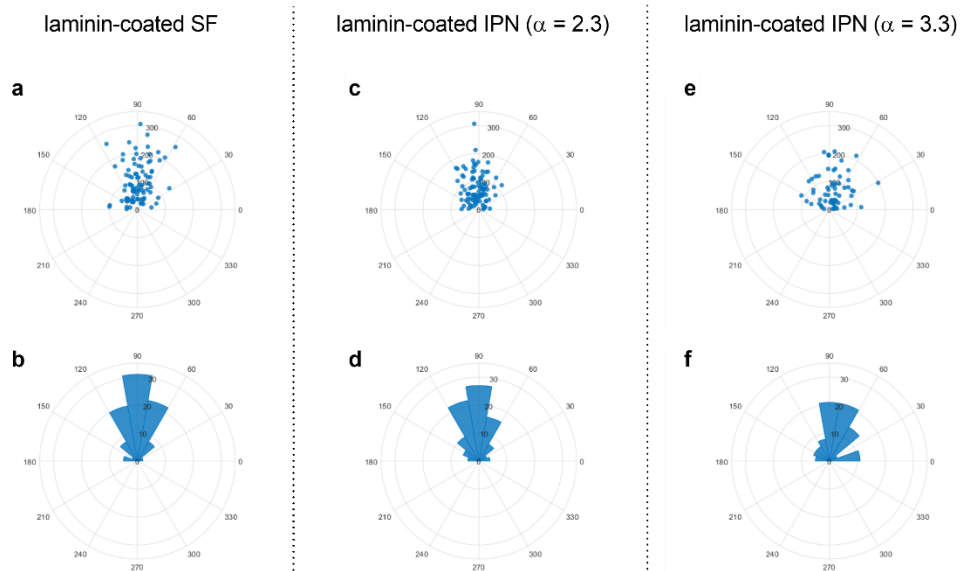
449

450 *Figure 6 In vitro biocompatibility results of NG108-15 directly cultured on electrospun SF and IPNs mats for 7 days:*
 451 *(a) cell metabolic activity and (b) DNA concentration of uncoated substrates. (c) cell metabolic activity and (d) DNA*
 452 *concentration of laminin-coated substrates, * represents the significant difference via Tukey's multiple comparisons*
 453 *test comparing to SF as a control with P value ≤ 0.03, (n = 3 independent samples).*



454

455 *Figure 7 SEM and immunofluorescence staining of differentiated NG108-15 on laminin coated electrospun SF and*
 456 *IPNs mats. The alignment of fibres is at 90° following the Cartesian coordinate system. The nuclei are stained with*
 457 *DAPI (blue) and the β-III tubulin representing neurites are stained with Alexa Fluor® 488 (green).*



458

459 *Figure 8 Neurite orientation and length of differentiated NG108-15 on laminin-coated electrospun SF and IPNs mats*
 460 *at day 7: (a, c, and d) the polarscatters of neurites oriented in the different angles, the radius represents the length of*
 461 *neurite (μm). (b, d, and f) the polarhistogram of neurites, the radius represents the relative percentage of number of*
 462 *neurites aligned in the different angles from 0° – 180° with the bin width of 20°.*

463 4. Discussion

464 *4.1 Novel method for electrospinning SF and PEDOT:PSS modification*

465 Commonly, the preparation of SF from silk cocoons requires 4 sequential steps: degumming,
466 dissolution, dialysis, and either lyophilisation followed by more processing [18] or film casting
467 followed by more processing [77, 78]. There are two well known protocols using aqueous solvents,
468 LiBr solution [18] and CaCl₂/ethanol/water [79] to dissolve the degummed SF, both of which
469 disrupt the β -sheets present in the silk fibroin fibres within a few hours, and require dialysis
470 thereafter. Dialysis is time-consuming and potentially complicated by gelation during dialysis, and
471 to avoid these complications we prepared the electrospinning SF solution via a dialysis free
472 protocol using a non-aqueous solvent system.

473 SF can be processed in various non-aqueous solvent systems, including FA [78, 80-82],
474 hexafluoroisopropanol (HFIP) [83], dichloromethane (DCM) [84], etc.; FA with the addition of
475 CaCl₂ can dissolve degummed SF within 3 h, enabling film casting and subsequent re-dissolution
476 for electrospinning later [85]. This led to the idea of preparing electrospinning SF without the
477 casting/redissolution in FA/CaCl₂, yielding fibres with diameters of ~200 nm.

478 The electrospun SF can be rendered conductive either via dip coating or via growth of an IPN of
479 PEDOT:PSS in/on the electrospun SF, as assessed visually (by color change from off white to
480 blue) and confirmed by HAXPES (showing higher %S especially at the surface of material, ~11
481 nm). The S1 s spectra show the same ratio between PSS and PEDOT peaks at all depths of the
482 IPNs. The higher S content of IPNs than on dip coated materials is likely due to the non-covalent
483 adsorption of PEDOT:PSS on SF during dip coating is significantly weaker than the covalent
484 bonds formed during IPN formation between the EDOT and aromatic amino acids on SF.

485 *4.2 Flexibility and electrical conductivity of electrospun SF*

486 The formation of β -sheets in the electrospun SF after ethanol treatment increases the mechanical
487 properties. In the wet state, the electrospun materials are more flexible than in the dry state due to
488 the plasticization of the SF chains by water [86]. The IPNs are all somewhat weaker than the
489 electrospun SF alone which is likely to be due to disruption of hydrogen bonding between the
490 protein chains after growth of the IPN.

491 The electrical conductivity of the SF/PEDOT:PSS IPN materials (ca. 10^{-4} to 10^{-3} S/m) shows they
492 are semiconductors (similar to the literature [26, 87]), while the pristine SF is an insulator [24-
493 26]. In a previous study of our groups, the conductivity of SF/PEDOT:PSS prepared via another
494 coating technique was also in the range of semiconductors ($\times 10^{-3}$ to 10^1 S/m), influenced by the
495 concentration of PEDOT:PSS [48], which highlights the effects of subtly different processing on
496 the properties of the electroactive biomaterials.

497 *4.3 Effects of PEDOT:PSS on the neural growth*

498 PEDOT:PSS can promote neurogenic differentiation and the expression of β -III tubulin in neurites
499 [38]. The in silico toxicity study suggests any residues from the preparation and processing of
500 electrospun SF and IPNs may hinder cell growth, however, thorough washing minimized such
501 complications. In vitro studies using NG108-15 cells indicate their aggregation as clusters without
502 high levels of dead cells once cultured with the extracted medium of IPNs mats, pH = 7.8.
503 Interestingly, more cell clusters were observed on the conductive IPNs than the non-conductive
504 electrospun SF regardless of whether they were coated with laminin or not, suggesting subtle
505 differences in cell-material interactions are important for cell differentiation; [88] and that cell

506 aggregates were also observed when NG108-15 cells were cultured with the differentiation
507 medium as well (Supplementary information, S8).

508 *4.4 Neurites extension and orientation on sub-micron aligned fibres*

509 A previous study using analogous nanofibrous SF/PEDOT:PSS-based biomaterials were shown to
510 adsorb more protein (Bovine serum albumin) than pristine SF [48], and proteins such as gelatin
511 have been used to render PEDOT-based biomaterials more cell adhesive [89]. In this study the
512 IPNs were coated with a thin layer of adsorbed laminin (akin to other studies where laminin was
513 used to coat electrodes for cell culture with small changes to impedance [90] and no significant
514 changes in the electrochemical properties of the electrodes [91]), however, quantification of
515 laminin adsorption on such complex hydrophilic nanofibrous IPNs is not reproducibly measurable.
516 The laminin-coating of all substrates was used to enhance cell adhesion and promote the neurite
517 length. There is a small increase of neurite length $\sim 10 \mu\text{m}$ on laminin-coated substrates but no
518 significant difference between electrospun SF and the IPNs. These results suggest that the
519 conductive IPN biomaterials induce cell aggregation which is involved in cell differentiation [88].

520 In the differentiation phase, a cluster of cells extends neurites with increased lengths compared to
521 the growth phase. Most neurites are oriented parallel to the fibre alignment of electrospun SF,
522 confirming the sub-micron aligned electrospun SF can control the direction of neurite extension.
523 Moreover, the laminin-coated substrates promote longer neurites. The average length of neurite on
524 laminin-coated electrospun SF and IPNs are similar; however, it is noteworthy that the longest
525 neurite outgrowth of $300 \mu\text{m}$ was observed in the parallel direction of fibre alignment on laminin-
526 coated electrospun SF and IPN ($\alpha = 2.3$) mats, which is also the material with the lowest electron

527 transfer resistance (R_{et} , ca. 330 Ω). This suggests that PEDOT:PSS is a supportive factor for neural
528 differentiation but it has no crucial effects on neurite outgrowth compared to cAMP and laminin.

529 5. Conclusion

530 This novel fabrication method of double layer electrospinning SF can produce sub-micron fibres
531 with aligned fibres to direct axon orientation. The electrospun SF material is brittle in the dry state
532 and more flexible in the wet state due to water plasticization. Once coated with laminin, both
533 electrospun SF and IPN materials promote the similar length of neurite extension. These developed
534 materials, IPN of PEDOT:PSS on/in electrospun SF is novel, potentially enabling electrical
535 stimulation of the cells and facilitating peripheral nerve regeneration.

536 6. Acknowledgements

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1 Instructive electroactive electrospun silk fibroin-based biomaterials for peripheral
2 nerve tissue engineering

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15 Abstract

16 Aligned sub-micron fibres are an outstanding surface for orienting and promoting neurite
17 outgrowth; therefore, attractive features to include in peripheral nerve tissue scaffolds. A new
18 generation of peripheral nerve tissue scaffolds is under development incorporating electroactive
19 materials and electrical regimes as instructive cues in order to facilitate full functional
20 regeneration. Herein, electroactive fibres composed of silk fibroin (SF) and poly(3,4-
21 ethylenedioxythiophene):polystyrene sulfonate (PEDOT:PSS) were developed as a novel

22 peripheral nerve tissue scaffold. Mats of SF with sub-micron diameter of 190 ± 50 nm were
23 fabricated by double layers electrospinning with thicknesses of ~ 100 μm ($\sim 70 - 80$ μm random
24 fibres and $\sim 20 - 30$ μm aligned fibres). Electrospun SF mats were modified with interpenetrating
25 polymer networks (IPN) of PEDOT:PSS in various ratios of PSS/EDOT (α) and the
26 polymerization was assessed by hard X-ray photoelectron spectroscopy (HAXPES). The
27 mechanical properties of electrospun SF and IPNs mats were characterized by the wet state tensile
28 and the electrical properties were examined by cyclic voltammetry (CV) and electrochemical
29 impedance spectroscopy (EIS). The cytotoxicity and biocompatibility of the optimal IPNs ($\alpha = 2.3$
30 and 3.3) mats were ascertained via the growth and neurite extension of mouse neuroblastoma x rat
31 glioma hybrid cells (NG108-15) for 7 days. The longest neurite outgrowth of 300 μm was observed
32 in the parallel direction of fibre alignment on laminin-coated electrospun SF and IPN ($\alpha = 2.3$)
33 mats which is the material with the lowest electron transfer resistance (R_{et} , ca. 330 Ω). These
34 electrically conductive composites with aligned sub-micron fibres exhibit promise for axon
35 guidance and also has the potential to be combined with electrical stimulation treatment as a further
36 step for the effective regeneration of nerves.

37 Keywords: Electroactive biomaterials, Electrospinning, Interpenetrating polymer network, Silk
38 fibroin, Peripheral nerve regeneration

39 1. Introduction

40 Peripheral nerve injury (PNI) is a severe problem for trauma patients worldwide [1]. Although
41 injured nerves can regenerate themselves, the level of functional recovery is often unsatisfactory
42 and it is very challenging to delivery full recovery due to the limitations of neural sizes, distances,
43 regeneration periods, etc. [2]. The most recent research trends have focused on “active”
44 environments for regeneration such as the use of stem cells [3-6], external electrical stimulation
45 [7-10], and electrically conductive scaffolds [11-15] in order to accelerate regenerative outcomes.
46 One of the promising materials for developing tissue scaffolds is silk fibroin (SF) from *Bombyx*
47 *mori* silk cocoons.

48 SF fibres are natural biocompatible materials with high mechanical strength, which can be
49 dissolved and processed into many forms (such as films, foams, hydrogels, and fibres) [16-18]. SF
50 is predominantly composed of heavy (H) and light (L) chain fibroins connected via disulfide bonds
51 and glycoprotein P25. The H-chain is a repeating amino acid sequence of glycine – alanine –
52 glycine – alanine – x, where x is serine or tyrosine [19]. The fibres have a high content of
53 antiparallel β -sheets, hydrophobic and crystalline structures, which play a key role in the strength
54 of the fibres, and the L-chain is a smaller hydrophilic structure [20, 21]. The electrospinning of SF
55 has been studied for its potential application in peripheral nerve regeneration for a decade, showing
56 promising results for neural growth and neurite extension, *in vitro* [12, 22, 23]. While
57 electrospinning silk is time-consuming and environmentally dependent (particularly on the
58 humidity of the spinning chamber), it produces materials with biomimetic structures. Das et al.,
59 2017 showed that electrically conductive SF scaffolds promoted stronger action potentials at the
60 distal end of the injured site compared to non-conductive SF scaffolds *in vivo* [12], suggesting the

61 electroactive SF may promote full functional nerve regeneration, and motivating the development
62 of variants of conductive SF scaffolds for tissue engineering.

63 Electrical conductors, semiconductors, and insulators are defined by their conductivity. Typically
64 conductors have conductivities from $10^4 - 10^7$ S/m (e.g., metals), semiconductors from $10^{-6} - 10^4$
65 S/m, and insulators from $10^{-20} - 10^{-10}$ S/m [24-26]. Logically, SF has been reported as an electrical
66 insulator with the conductivity range of $10^{-17} - 10^{-11}$ S/m [27-29]. Various conductive materials
67 including polypyrrole (PPy) [23, 30, 31], polyaniline (PANi) [12], graphene oxide (GO) [23],
68 reduced graphene oxide (rGO) [23, 32], poly(3,4-ethylenedioxythiophene) (PEDOT) [22], and
69 PEDOT doped with polystyrene sulfonate (PEDOT:PSS) [33, 34] have been combined with
70 electrospun SF. These conductive materials can stably blend with SF-based materials due to the
71 physical and non-covalent crosslinks (including hydrogen bonding and electrostatic interactions)
72 within SF-based materials [33]. In this study, PEDOT:PSS was chosen for SF modification due to
73 its low cost, high conductivity, high thermal stability and water solubility (facilitating processing,
74 storage and sterilization) [35, 36], and moreover, for peripheral nerve tissue engineering
75 applications it can support cell proliferation and promote the expression of neurogenic
76 differentiation factors such as MAP2 and β -III tubulin [37, 38]. Furthermore, electrical stimulation
77 through the PEDOT:PSS incorporated scaffold affects the cell alignment and enhances the length
78 of neurite extension [37].

79 Even though rat adrenal pheochromocytoma cell line (PC-12) is commonly used in neural
80 regeneration, particularly neurite outgrowth [13, 31, 32, 39-41], mouse neuroblastoma x rat glioma
81 hybrid cell (NG108-15) is preferred in this study due to the electrophysiology. Typically, NG108-
82 15 is used in the study of action potential of nerves [42-46]; however, many previous studies also

83 used NG108-15 for neuron regeneration [47-51]. Therefore, NG108-15 can use for both the neurite
84 extension study and the functionality of the regrowth nerve via the electrophysiology. It is to be
85 hoped that NG108-15 will be an attractive cell line for peripheral nerve regeneration, especially to
86 study the action potential of cells grown on electrically conductive material with electrical
87 stimulation in the future.

88 This study aims to develop the electrically conductive tissue scaffolds based on electrospun SF for
89 peripheral nerve regeneration. The strategy of double layer electrospinning is designed for material
90 reinforcement and enhancing the properties of the processed materials. The thick layer of random
91 fibres is the base layer with a thinner layer of aligned fibres on top to instruct the direction of
92 neurite outgrowth [11]. The novel protocol for electrospinning such mats was optimised to reduce
93 the time-consumed by dialysis. The electrical properties of the electrospun SF mats were modified
94 via growth of an interpenetrating polymer network (IPN) of PEDOT:PSS. The IPN mats were
95 cultured with a neural-like cell line (NG108-15) in order to study the neural growth and neurite
96 extension profiles on the materials. The knowledge generated by this study presents another step
97 towards the development of a conductive scaffold leading to the successful functional recovery of
98 peripheral nerve injuries, with the potential to apply electrical stimulation in future studies.

99 2. Materials and methods

100 2.1 SF preparation

101 *Bombyx mori* silk cocoons were cut into small pieces and 5 g was then boiled at 80°C in 2 L of
102 0.02 M sodium carbonate (Na₂CO₃, Sigma-Aldrich) for 30 min with gentle stirring to disperse the
103 silk fibres. The degummed SF was washed 3 times by stirring in distilled water for 20 min followed
104 by replacing the water. The purified SF was squeezed well, stretched on a tray, and left overnight
105 in a fume cupboard for the water to evaporate.

106 A solution of 10% wt/v degummed SF in non-aqueous medium was used for electrospinning. A
107 solution of formic acid (FA, 98-100%, Fisher) and calcium chloride (CaCl₂, fused, granular,
108 Fisher) with the ratio of 98 mL FA to 2 g CaCl₂ was prepared. The FA-CaCl₂ solution was used
109 for the dissolution of SF (1 g of SF in 10 mL of FA-CaCl₂) by shaking with a vortex for a few
110 minutes until the SF was completely dispersed in the solution, after which the SF solution was
111 incubated at 45°C in a water bath overnight, and the solution turned dark pink in colour. The
112 solution was filtered to get rid of debris that may block the electrospinning needle using a vacuum
113 pump and a borosilicate glass filter (Pyrex®, porosity grade 1) prior to electrospinning.

114 2.2 Double layers electrospinning SF

115 The electrospinning solution (SF in FA/CaCl₂) was transferred to a 10 mL plastic syringe (BD
116 Plastipak) with a flattened 19 G needle (BD Plastipak). It was then placed in a vertical
117 electrospinning setup within an environmentally controlled chamber to fabricate the base layer of
118 randomly aligned fibres. The tip of needle was placed 12 cm above the edge of the rotating mandrel
119 with a width and diameter of 5 cm and 12 cm, respectively. Greaseproof paper (5 x 38 cm²) was
120 used as a collector and was wrapped around the width of the mandrel. The syringe was operated

121 at 0.4 mL/h constantly for 8 h by a syringe pump (Cole-Parmer). Meanwhile, the high voltage of
122 35 kV generated by DC voltage supplies was applied to the system (+30 kV at the needle and -5
123 kV at the rotating mandrel). The rotating speed of the collector was 800 rpm (5.03 m/s linear
124 speed). Relative humidity (R.H.) and temperature were controlled at 35% R.H. and 25°C all the
125 time.

126 After that, the collector and the SF solution in a syringe were relocated and placed in a horizontal
127 electrospinning setup with the high rotating speed collector in order to deposit a layer of aligned
128 fibres on top of the base layer of randomly aligned fibres. The working distance and feed rate were
129 12 cm and 0.4 mL/h; however, the voltage supply was reduced to 15 kV (+15 kV at the needle and
130 0 kV at the collector) and the rotating speed of collector was increased to 1500 rpm (9.42 m/s
131 linear speed), and run for 4 h, yielding electrospun bilayer mats with thicknesses of ca. 100 μm .
132 The thickness of fibre mat was measured by using a micrometer (DML3032, Digital Micrometers
133 Ltd). Finally, electrospun SF mats were immersed in 80% ethanol for 20 min to induce β -sheet
134 formation.

135 *2.3 IPN of PEDOT:PSS on electrospun SF*

136 3,4-ethylenedioxythiophene (EDOT, Sigma-Aldrich) was dispersed at 0.5% w/v in an aqueous
137 solution of initiators containing 0.98% w/v sodium persulfate ($\text{Na}_2\text{S}_2\text{O}_8$, Sigma-Aldrich), and 0.2%
138 w/v iron (II) sulfate heptahydrate ($\text{Fe}_2\text{SO}_4 \cdot 7\text{H}_2\text{O}$, Sigma-Aldrich) [52]. The dopant polystyrene
139 sulfonate (PSS, Sigma-Aldrich) was added to the EDOT dispersion with various molar ratios to
140 EDOT monomer (α) from 1.3 to 3.3 (approximately 0.84 – 2.13% wt/v) to produce a homogenous
141 solution. The post-treated electrospun SF mats were immediately immersed in the working
142 solution and left for 72 h at room temperature for polymerization and IPN formation. Over the

143 course of the reaction the solution changed from yellow to dark blue. After 72 h, the dark blue IPN
144 materials were washed twice and preserved in distilled water to avoid shrinkage.

145 *2.4 FTIR and HAXPES*

146 The secondary structure of the SF was characterized by attenuated total reflectance – Fourier
147 transform infrared spectroscopy (ATR – FTIR). The FTIR spectra were recorded between 4000 –
148 400 cm^{-1} . The amide I band (1700 – 1600 cm^{-1}) was analysed and deconvoluted using Origin
149 software (OriginLab, USA). Three main structures; β -sheet, random coil, turns and bends were
150 observed, assigned according to Wilson et al., 2000 [53]. β -sheets were assigned between 1621 –
151 1629 cm^{-1} and 1671 – 1679 cm^{-1} , random coils between 1641 – 1649 cm^{-1} , turns and bends were
152 assigned between 1658 – 1671 cm^{-1} and 1681 – 1696 cm^{-1} , respectively.

153 The quantity of sulfur (S) present in PEDOT:PSS was determined by hard X-ray photoelectron
154 spectroscopy (HAXPES-lab, Scienta Omicron GmbH), which uses a Ga $K\alpha$ X-ray source (9.25
155 keV, Excillum), where an increase in kinetic energy of the emitted photoelectrons leads to an
156 increase in sampling depth compared to surface-sensitive XPS using X-rays at energies of 1-2 keV
157 [54, 55]. This allows for the bulk-like composition to be measured, minimizing the influence of
158 surface contamination. Samples were attached to Omicron sample plates using adhesive copper
159 tape for measurements under ultra-high vacuum with a base pressure of 6×10^{-10} mbar. A charge
160 neutralizing low energy electron gun (FS40A, PREVAC) was used to replenish the electron supply
161 after photoexcitation. The EW4000 electron energy analyzer with an entrance slit width of 1.5 mm
162 was used to measure survey spectra, using a pass energy of 500 eV with an energy resolution of
163 ~ 2 eV, and core level spectra of the elements of interest (C 1s at 285 eV binding energy (BE), N
164 1s at 400 eV BE, O 1s at 530 eV BE, and S 1s at 2470 eV BE), measured with 200 eV pass energy

165 with an energy resolution of ~ 0.8 eV [56]. Atomic concentrations were obtained using calculated
166 sensitivity factors for the core levels, as described in [57] using recently published photoionization
167 parameters up to 10 keV [58, 59]. The sampling depth, defined as $3\lambda \cos \theta$, where λ is the inelastic
168 mean free path of electrons and θ is the electron take-off angle with respect to the surface normal
169 [60], was calculated to be ~ 54 nm using the TPP-2M formula [61]. By tilting the sample and
170 increasing the electron take-off angle, the sampling depth can be reduced towards the surface; θ
171 was varied up to 70° to reduce the sampling depth to ~ 18 nm, and with combined Al K α (1486
172 eV) XPS reduced the sampling depth to ~ 11 nm. Data were analyzed using CasaXPS [62].

173 *2.5 Electrochemical characterisation*

174 Cyclic voltammetry (CV) measurements were performed using a PalmSens EmStat 3+ potentiostat
175 connected to a personal computer using the PSTrace 7.4 software, whereas electrochemical
176 impedance spectroscopy (EIS) measurements were performed using an Ivium-n-Stat Multichannel
177 Electrochemical Analyzer. For CV and EIS measurements, a three-electrode system was used with
178 an Ag/AgCl reference electrode (CH Instruments, Inc. Austin, TX, USA), a platinum wire counter
179 electrode (Sigma Aldrich, Gillingham, UK), and a working electrode (electrospun SF and IPN
180 mats were cut into rectangular pieces of 1 x 3 cm, attached to glass slide by carbon tape prior to
181 use). The electrodes were in a buffer (4 mL of phosphate-buffered saline [PBS] at pH 7.4) that was
182 degassed with N₂. For CV measurements, the potential was swept between -1.0 V and $+1.0$ V vs.
183 the Ag/AgCl electrode at a scan rate of 0.05 Vs⁻¹. For EIS measurements, the PBS also contained
184 5 mM of [Fe(CN₆)]^{3-/4-}, and measurements were performed with an open-circuit potential of 230
185 mV, with an amplitude of applied potential perturbation of 10 mV in the frequency range of 0.1 –
186 105,000 Hz.

187 *2.6 Electrical conductivity*

188 The conductance of fibres were measured in accordance with protocol IPC-TM-650, number
189 2.5.17.2 described by the Institute for Interconnecting and Packaging Electronic Circuits. Fibres
190 supported on glass slides were examined by chronoamperometry using a Keithley 2612B source
191 meter (Tektronix, Beaverton, US). Chronoamperometric measurements were made with a two-
192 point probe system (copper alligator clips), by connecting counter and reference electrodes
193 together. Briefly, two thin strips of adhesive-backed copper tape (Ted Pella, Inc., Redding, CA)
194 were attached to the films, parallel to one another, separated by a distance of 0.5 cm. The
195 working and counter electrodes were clipped on the strips of copper tape, and the current
196 measured for 30 seconds during a potential step experiment at 10 V. The electrodes were moved
197 to different positions after each measurement, and the current passed was recorded at three
198 different positions. The conductivity (S/m) of the fibre was determined in accordance with
199 equations (Supplementary information, table S2).

200 *2.7 Tensile tests*

201 The ultimate tensile stress (MPa), strain at break, Young's modulus (MPa), and toughness (kJ/m^3)
202 were tested by wet-state, horizontal tensile under water (ElectroForce, Planar Biaxial, TA
203 Instruments). Electrospun SF and IPNs mats were cut into small rectangular pieces of $5 \times 35 \text{ mm}^2$,
204 with the direction of fibre alignment parallel to the sample length. The thicknesses of samples were
205 measured by a micrometer (DML3032, Digital Micrometers Ltd). The initial length between
206 tensile grips was 25 mm (5 mm of both ends were clamped). One grip connected to a load cell of
207 22 N was dynamic end with the moving speed of $10 \mu\text{m/s}$, while another grip was stationary end.

208 *2.8 NG108-15 cell culture*

209 NG108-15, mouse neuroblastoma x rat glioma hybrid cells, were cultured in Dulbecco's Modified
210 Eagle Medium (DMEM, Sigma) with high glucose supplemented with 10% fetal bovine serum
211 (FBS), 1X – HAT solution (Fisher), and 1% antibiotic as a growth medium. They were incubated
212 at 37°C, 5% CO₂. The medium was refreshed every 2 days until the cell confluence reached 60 –
213 70%, it was changed to a differentiation medium, growth medium with 0.75 mM cyclic adenosine
214 monophosphate (cAMP, Stratech).

215 *2.9 Media-extracting assay*

216 The cytotoxicity of the electrospun SF and IPNs materials were tested by extracting assay
217 (conditioned medium). The materials were cut into pieces of 3 x 3 cm², and sterilized with 70%
218 ethanol for 10 min and UV exposure for 15 min. The materials were incubated with 6 mL of the
219 growth medium at 37°C for 24 h. The extracted medium was exposed to NG108-15 in the
220 subconfluent state. The cell morphology was observed, a live/dead assay undertaken, and DNA
221 concentration determined for 72 h after exposure.

222 *2.10 In Silico Toxicity Screening*

223 In silico toxicity screening was carried out using Derek Nexus (v. 6.0.1, Nexus: 2.2.2) and Sarah
224 Nexus (Sarah Nexus: 3.0.0, Sarah Model: 2.0) supplied by Lhasa Limited, Leeds, UK. Simplified
225 molecular-input line-entry system (SMILES) notations for species analyzed are: formic acid,
226 [H]C(O)=O; sodium persulfate, S(OOS([O-])(=O)=O)(=O)(=O)[O-].[Na+].[Na+]; EDOT,
227 C1=C2C(=CS1)OCCO2; PEDOT, O1CCOC=2C1=C(SC=2C)C; PSS,
228 C1=CC(=CC=C1C(CC)C)S(=O)(=O)[O-].

229 *2.11 Direct contact assay*

230 NG108-15 were cultured directly on electrospun SF and IPNs substrates. These materials were cut
231 and mounted on 12 x 12 cm² glass coverslips. Materials were sterilized with 70% ethanol for 10
232 min and UV exposure for 15 min. They were washed twice with Dulbecco's phosphate buffer
233 saline (DPBS, Sigma) and then incubated with 5 µg/mL laminin at 37°C for 2 h. NG108-15
234 cultured in a T-75 flask were trypsinized and placed on sample with the seeding density of 5 x 10³
235 cells/cm² and cultured for 7 days. The growth medium was refreshed every 2 days. For the neurite
236 extension study, the growth medium was changed to the differentiation medium at day 2, and
237 continuously refreshed every 2 days. The cell metabolic activity, DNA concentration, and neurite
238 length extension were observed for 7 days.

239 *2.12 Cell metabolic activity and DNA concentration assays*

240 Metabolic activity and DNA concentration were performed via resazurin and dsDNA PicoGreen®
241 assays. They were determined at day 1, 3, 5, and 7. Samples with NG108-15 were washed twice
242 with DPBS followed by 1 h incubation at 37° C with growth medium containing 12.5 µg/mL of
243 resazurin sodium salt (Sigma-Aldrich). Next, 100 µL medium was collected and the fluorescence
244 intensity was measured.

245 Either NG108-15 cells or fibres with NG108-15 cells were taken from glass coverslips and put in
246 1.5 mL microcentrifuge tubes. 500 µL 1X Tris-EDTA (TE) buffer were added into the tubes,
247 repeated freeze-thaw process three times, and centrifuged. 100 µL supernatants were collected and
248 mixed with 100 µL PicoGreen® working solution for measuring fluorescence intensity. The
249 excitation/emission of 544/590 nm and 485/520 nm with a Microplate Reader (FLUOstar) were
250 used for resazurin and PicoGreen® assays respectively.

251 *2.13 Live/dead assay*

252 Live/dead assay is only used to determine the toxicity of chemical residues from fibre mats in the
253 media-extracting assay (conditioned medium). Qualitative analysis of cell viability was observed
254 by fluorescent microscopy (Nikon Eclipse 50i) with 10X magnification. Calcein AM (Invitrogen)
255 and ethidium homodimer (EthD-1, Invitrogen) were diluted in DPBS, their final concentrations
256 were 2 μ M and 4 μ M, respectively. Cells were stained with this working solution for 10 min at
257 37°C. Live cells were observed as uniform green in cytoplasm, while dead cells were shown as
258 bright red spots at nucleus. The excitation/emission 495/515 nm and 495/635 nm were used for
259 live and dead cells, respectively.

260 *2.14 Scanning electron microscopy (SEM)*

261 Typically, the surface of electrospun SF, IPNs mats, and also the neurite length of NG108-15 on
262 substrates were observed by SEM (TESCAN MIRA3 and TESCAN VEGA3). Samples of NG108-
263 15 were fixed with 2.5% glutaraldehyde in PBS for 30 min at 4°C and washed twice with PBS.
264 After that, they were sequentially dehydrated through the series of ethanol gradients; 50%, 70%,
265 90%, and 100% for 5 min/each. Lastly, hexamethydisilazane (HMDS) was added to samples and
266 they were left in a fume cupboard for evaporation of the HMDS overnight. The dried samples were
267 then prepared and sputtered with Au/Pd (5 nm thickness) using an automatic gold sputter coater
268 (Quorum) followed by SEM observation.

269 The direction of aligned fibres was always rotated to the position of 90° (12 o'clock) following the
270 Cartesian coordinating system. The images were saved and collected in the format of .tif file. The
271 fibre diameter, neurite length, and neurite orientation were then analysed using ImageJ software.
272 The polarscatter and polarhistogram of neurite lengths were plotted using Matlab software

273 (MATLAB R2020a). Additionally, the oval profile plugin was used for measurement of fibre
274 alignment and the 2D FFT alignment was calculated following it was mentioned in Ayres et al.,
275 2008 [63]. The angle positions of 0° – 180° were considered in this study.

276 *2.15 Immunofluorescence staining*

277 β -III tubulin, an element of microtubule commonly found in neurites, was stained and qualitatively
278 observed with a confocal microscope (CQ1, Yokogawa). Samples were fixed with 4%
279 paraformaldehyde for 15 min. They were washed twice with PBS and permeabilised by adding
280 500 μ L of Q & P solution (0.5% Triton X-100 in 0.2 M glycine in PBS) on each sample for 5 min
281 at room temperature. After that, samples were washed twice with PBS and blocked non-specific
282 proteins by adding 300 μ L 2% fish skin gelatin (FSG) for 30 min. The primary antibody, rabbit
283 polyclonal to β -III tubulin, were diluted in 2% FSG and incubated with the sample at 4°C
284 overnight. The sample were washed twice again prior to the secondary antibody staining. Goat
285 anti-rabbit IgG H&L (Alexa Fluor® 488) and DAPI were diluted in 2% FSG, added onto samples,
286 and then incubated for 2 h in the dark area. The stained samples should be washed twice again,
287 mounted onto glass slides with a prolonged mounting agent.

288 *2.16 Statistical analysis*

289 Data collected from samples were analysed by GraphPad Prism 8 software. Electrospun SF
290 without PEDOT:PSS was used as a control parameter. Two-way ANOVA (Tukey) with $p < 0.03$
291 were considered as statistically significant.

292 3. Results

293 3.1 Preparation of electrospun SF

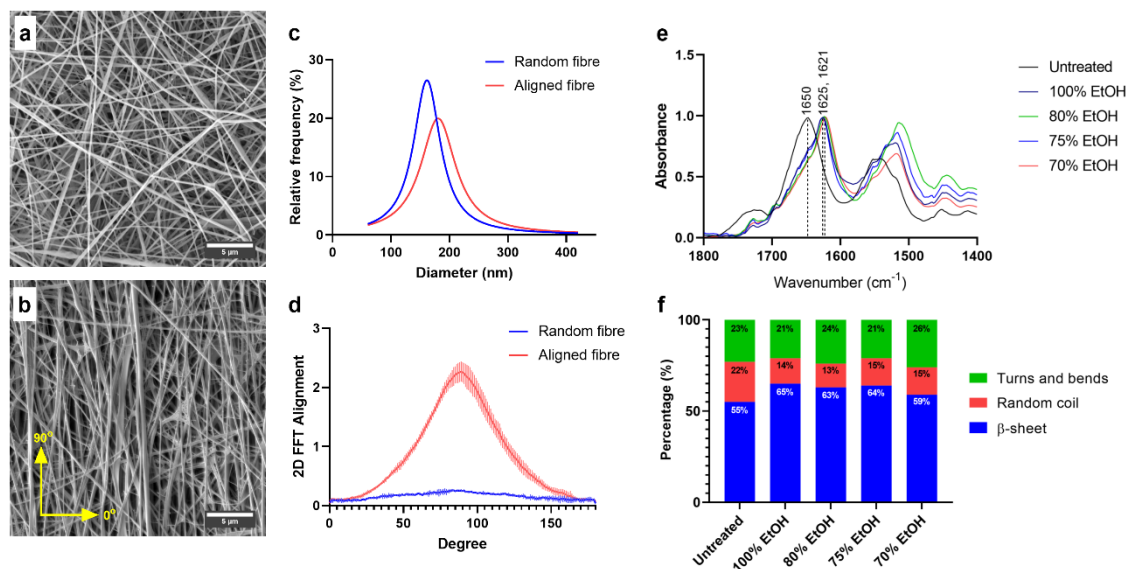
294 Double layers electrospun SF mats have the thickness of $\sim 100 \mu\text{m}$ after 12 h electrospinning. The
295 average diameters of fibres of the top (aligned fibre) and base (randomly aligned fibre) layers were
296 relatively similar, $188 \pm 55 \text{ nm}$ and $177 \pm 48 \text{ nm}$ respectively. Ethanol-treatment and PEDOT:PSS
297 IPN formation have no statistically significant effect on the fibre diameters (Supplementary
298 information, Figure S1). The distributions of fibre diameters are shown in Figure 1c. The 2D FFT
299 alignment results show the significant difference between the top and base layers. The peak of 2D
300 FFT alignment value of the top layer was 2.25 at the positions of $88^\circ - 90^\circ$, while that of the
301 bottom layer was 9 times lower, it was 0.25 at the positions of $82^\circ - 91^\circ$ as shown in Figure 1d.

302 The secondary structure of the silk-based materials are altered by ethanol treatment, as confirmed
303 by the FTIR results shown in Figures 1e and 1f. The amide I peak of electrospun SF was shifted
304 from the wavenumber of 1651 cm^{-1} to between 1625 and 1621 cm^{-1} (indicative of β -sheet
305 formation). The deconvolution of the amide I band spectra also reveals that the total secondary
306 protein structures of untreated electrospun SF contains 55% β -sheet. Almost all ethanol treatment
307 conditions increased β -sheet formation up to 63 – 65% except the condition of 70% ethanol.

308 Bulk – sensitive HAXPES demonstrates that the IPN formation protocol is a more effective
309 method to generate electroactive SF-based biomaterials than dip coating (Supplementary
310 information, Figure S2). Both surface – sensitive XPS and bulk – sensitive HAXPES show that
311 the relative percentage of Sulfur (%S) to all elements (C, O, N, and S) of IPNs mats are higher
312 than that of electrospun SF as shown in Figure 2. The relative %S of IPNs mats at the surface (~ 11
313 nm) were significantly higher than the other depths ($\sim 19 - 54 \text{ nm}$). It was 3.1% at the surface and

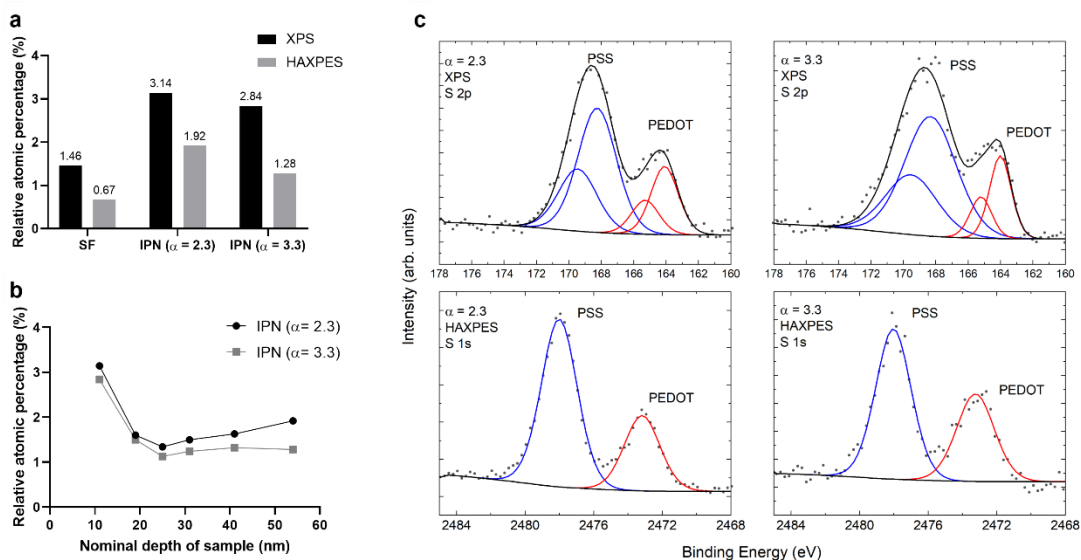
314 decreased to 1.6% over bulk material for IPN ($\alpha = 2.3$), while it was 2.8% at the surface and
315 decreased to 1.3% over bulk material for IPN ($\alpha = 3.3$). Moreover, the fitting of the peaks of S 2p
316 and S 1s of XPS and HAXPES confirm the successful polymerisation of PEDOT:PSS on/in
317 electrospun SF as shown in Figure 2c. Each S 2p chemical species was fit with a spin-orbit split
318 doublet, whereas the S 1s singlet state requires one peak for each chemical species. The spectra
319 show two chemical species associated with PEDOT (S 2p_{3/2} at ~164 eV, S 1s at ~2472 eV binding
320 energy) and PSS (S 2p_{3/2} at ~168 eV, S 1s at ~2477 eV binding energy) [64-66]. The relative
321 amount of PSS and PEDOT is quite similar at both sampling depths for IPN ($\alpha = 2.3$). It was 73%
322 PSS at 11 nm, 69% at 54 nm for IPN ($\alpha = 2.3$) and it was 78% PSS at 11 nm, 62% at 54 nm for
323 IPN ($\alpha = 3.3$).

324 The chemical states of C, N, O and S were also measured using XPS and angle-resolved HAXPES
325 (Supplementary information, Figures S3 – S6). These results show little change in the relative
326 amounts of each chemical state (e.g. the amount of PSS and PEDOT) from the surface into the
327 bulk, suggesting a good level of polymerization has been achieved and that the simple IPN
328 formation protocol yields a homogenous material (similar to reports of IPN generation in silk
329 fibroin films [67], but in contrast to reports of IPN generation using silk fibroin materials that
330 required two rounds of IPN formation to yield homogenous IPNs [11, 30]). The C 1s spectra
331 indicate some excess hydrocarbon at the surface, and the N 1s spectra suggest some protonation at
332 the surface, as is expected.



333

334 *Figure 1* Characterisation of double layer electrospun silk fibroin mats: (a) and (b) SEM of random and aligned fibres
 335 SF with the scale bar of 5 μm and the orientation of 90° following the Cartesian coordinate system, (c) distribution of
 336 fibre diameters, (d) 2D FFT alignment of fibres measured from 3 samples (3 independent electrospinning
 337 experiments), (e) ATR-FTIR spectra of amide I band ($1700 - 1600 \text{ cm}^{-1}$), and (f) the relative percentages of secondary
 338 protein structures of electrospun SF after ethanol treatment.

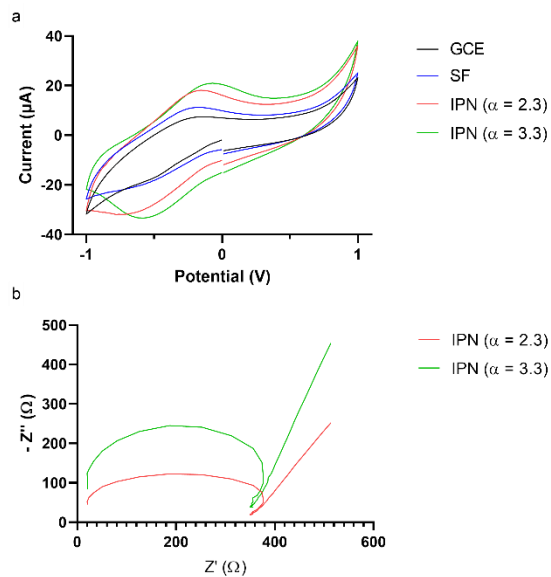


339

340 *Figure 2* surface-sensitive XPS and bulk-sensitive HAXPES analysis of electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha =$
 341 3.3): (a) relative percentage of S compared to total elements (C, O, and N), (b) relative percentage of S of IPN mats
 342 at different depths of sample, and (c) comparison of XPS and HAXPES spectra for S in the IPN mats. The $S 2p$ and S
 343 $1s$ core levels are used for XPS and HAXPES measurements respectively, with sampling depths of ~ 11 and 54 nm .

344 *3.2 Electrical properties of electrospun SF and IPNs*

345 The electrochemical properties of the materials were studied via cyclic voltammetry (CV) and
346 electrical impedance spectroscopy (EIS), shown in Figure 3. CV was used to study the
347 reduction/oxidation processes and electron-transfer properties of the IPNs; voltammograms of the
348 materials show an anodic peak at ca. -0.2 V and the corresponding cathodic peak at ca. -0.6 V vs
349 a Ag/AgCl reference electrode analogous to the literature [68] the somewhat unsymmetrical
350 cathodic/anodic peaks are likely to be due to differences in background current and kinetic
351 limitations [69, 70]. The Nyquist plots derived from EIS also showed semicircle curves in the high-
352 frequency range due to electron-transfer resistance (R_{et}) of the materials, calculated by the
353 difference of the real axis of impedance [71], and the vertical line that follows along the imaginary
354 axis corresponds to a diffusion process. The R_{et} of IPN ($\alpha = 2.3$) and IPN ($\alpha = 3.3$) were ca. 330 Ω
355 and 350 Ω , respectively suggesting the homogeneous coating of the materials with PEDOT:PSS.
356 The electrical conductivity of pristine SF was ca. $\times 10^{-8}$ S/m, while those of IPN materials were ca.
357 $\times 10^{-4}$ to 10^{-3} S/m (Supplementary information, table S2).

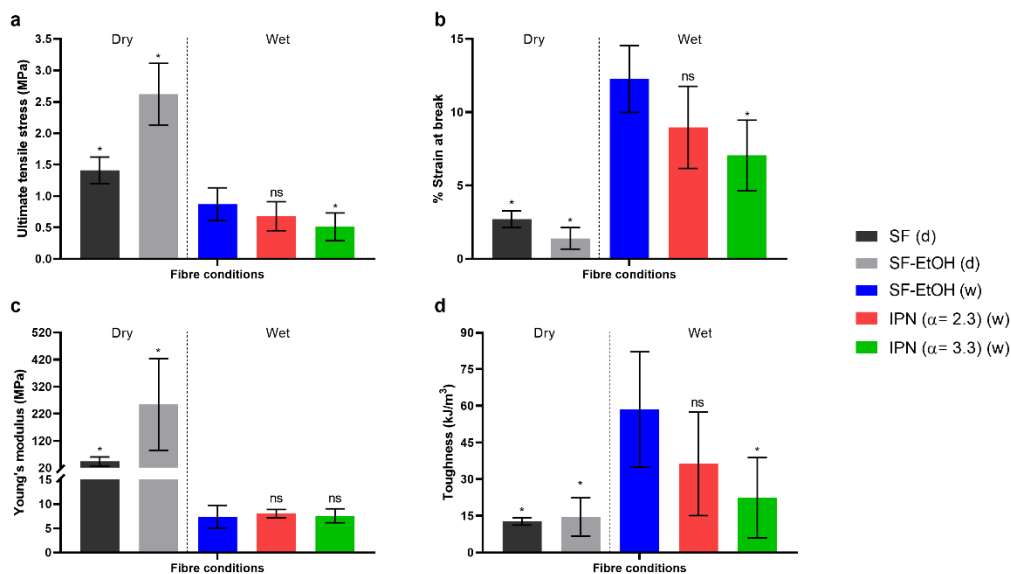


358

359 *Figure 3 Electrochemical characterisation of electrospun SF and IPN materials: (a) cyclic voltammetry (CV) data*
 360 *and (b) Nyquist plots derived from electrochemical impedance spectroscopy (EIS).*

361 3.3 Mechanical properties of electrospun SF and IPNs materials

362 Electrospun SF mats are very fragile when they are dry. The ultimate tensile stress was 1.41 ± 0.21
 363 MPa, the strain at break was $3 \pm 1\%$, Young's modulus was 43.3 ± 16.8 MPa, and toughness was
 364 12.7 ± 1.47 kJ/m³. After ethanol treatment, the ultimate tensile stress was significantly increased
 365 to 2.62 ± 0.49 MPa but the strain was similar resulting in the higher Young's modulus as shown
 366 in the Figure 4. However, it is noteworthy that the mechanical properties of the electrospun SF are
 367 completely changed when the materials are soaked in water overnight, after which, the ultimate
 368 tensile stress was decreased to 0.87 ± 0.26 MPa while the strain was increased to $12 \pm 2\%$
 369 indicating that these materials are more flexible in the wet state. For the IPNs ($\alpha = 2.3$ and 3.3)
 370 mats in the wet state their stresses, strains, and toughness are slightly decreased from the wet state
 371 electrospun SF.



372
 373 *Figure 4 Mechanical properties of electrospun SF and IPN mats in dry and wet states: (a) ultimate tensile stress, (b)*
 374 *% strain at break, (c) Young's modulus, and (d) toughness. All plotted with mean and SD. * represents the significant*
 375 *difference from the wet state ethanol-treated electrospun SF (Blue group), tested by One-Way ANOVA (Dunnett) with*
 376 *P-value ≤ 0.01 . The n number represents the number of samples from three independent electrospinning experiments:*
 377 *SF (d) – (n = 3), SF-EtOH (d) – (n = 3), SF-ETOH (w) – (n = 9), IPN ($\alpha = 2.3$) (w) – (n = 9), and IPN ($\alpha = 3.3$) (w)*
 378 *– (n = 8).*

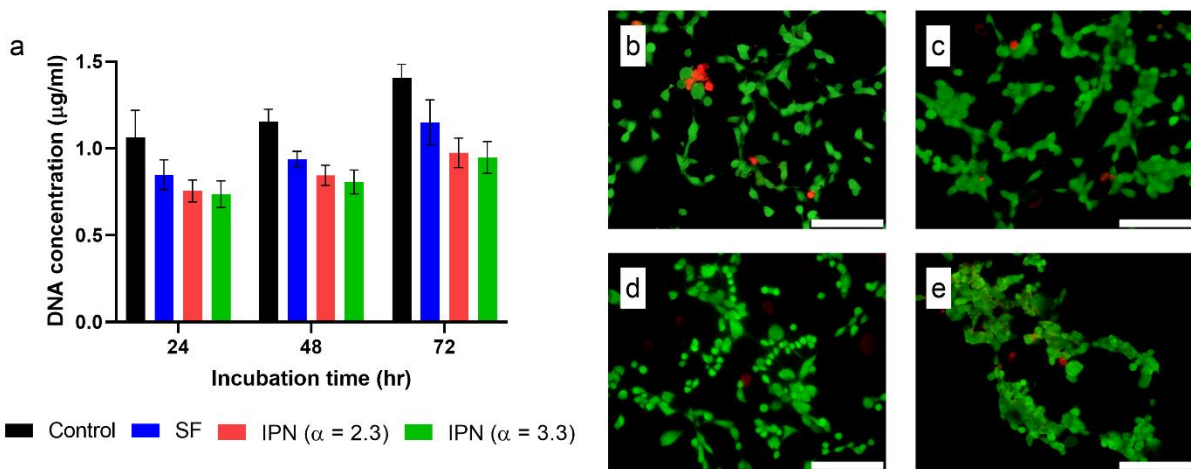
379 3.4 *In silico* toxicity and *in vitro* cytotoxicity studies

380 The safety data sheets for the starting materials and products (PEDOT-PSS for the dip-coating
381 method; or EDOT, PSS, sodium persulfate and iron (II) sulfate heptahydrate for the IPN method)
382 show PSS and PEDOT-PSS to be non-hazardous (according to Regulation (EC) No. 1272/2008),
383 EDOT to be a toxic irritant, sodium persulfate to be a toxic sensitizer, and iron (II) sulfate
384 heptahydrate to be a toxic irritant, highlighting the importance of effective washing prior to
385 contemplating any biomedical applications. *In silico* toxicity screening of the various components
386 was carried out using Derek Nexus [72] (Derek Nexus: v. 6.0.1, Nexus: 2.2.2) and Sarah Nexus
387 [73] (Sarah Nexus: v. 3.0.0, Sarah Model: 2.0) that can be used to assess the potential
388 biocompatibility of materials (Derek identifies structural alerts for several endpoints and Sarah is
389 a statistical-based model focused on mutagenicity only). [74-76] *In silico* toxicity screening studies
390 showed PEDOT, PSS and PEDOT-PSS were non-sensitizers and non-mutagenic; however, formic
391 acid was identified as an irritant by Derek Nexus, EDOT was identified as plausibly hepatotoxic
392 by Derek Nexus, and sodium persulfate was identified as a plausible respiratory/skin sensitizer by
393 Derek Nexus, reinforcing the importance of effective washing prior to contemplating any
394 biomedical applications.

395 The pH of the extracted cell culture medium of electrospun SF and IPNs ($\alpha = 2.3$ and 3.3) was
396 approximately 7.8, similar to the normal growth medium, demonstrating no residual acidic
397 components leaching from the materials (and importantly, the efficiency of the sample
398 preparation). Subconfluent NG108-15 cells on glass substrates exposed to these extracted media
399 can grow and proliferate slowly, confirmed by the DNA concentration result as shown in Figure
400 5a. Importantly, the DNA concentrations of NG108-15 after exposure to extracted media gradually
401 increased over time, although they were slightly lower than the control condition, NG108-15

402 cultured on tissue culture plastic (TCP) with the normal growth medium; these subtle differences
403 in the first few days are accounted for by surface chemistry and time taken for the cells to produce
404 their own extracellular matrices.

405 The live/dead staining reveals that the cell morphology is slightly changed after exposure by the
406 extracted media. Live cells and dead cells are stained in green and red respectively as shown in
407 Figure 5b – e. Commonly, NG108-15 grow individually and evenly spread all over the area. Each
408 cell can extend small neurites from its cell body. There are more clusters of rounded cells once
409 cultured with extracted media especially from IPN conditions as shown in the Figure 5d and 5e.



410

411 *Figure 5 NG108-15 grown on TCP with the extracted media (conditioned media): (a) DNA concentration of NG108-*
412 *15 cultured in normal growth medium, extracted medium of electrospun SF and IPNs ($\alpha = 2.3$ and 3.3) for 24 – 72*
413 *hr, (n=3) no significant different between SF and IPNs groups. The live/dead staining of NG 108-15 on glass*
414 *substrates after incubated with (b) normal growth medium, (c) extracted medium of electrospun SF, (d) extracted*
415 *medium of IPN ($\alpha = 2.3$), and (e) extracted medium of IPN ($\alpha = 3.3$) at 72 hr with the scale bar of 150 μm .*

416 *3.5 neuron growth, neurite extension and orientation*

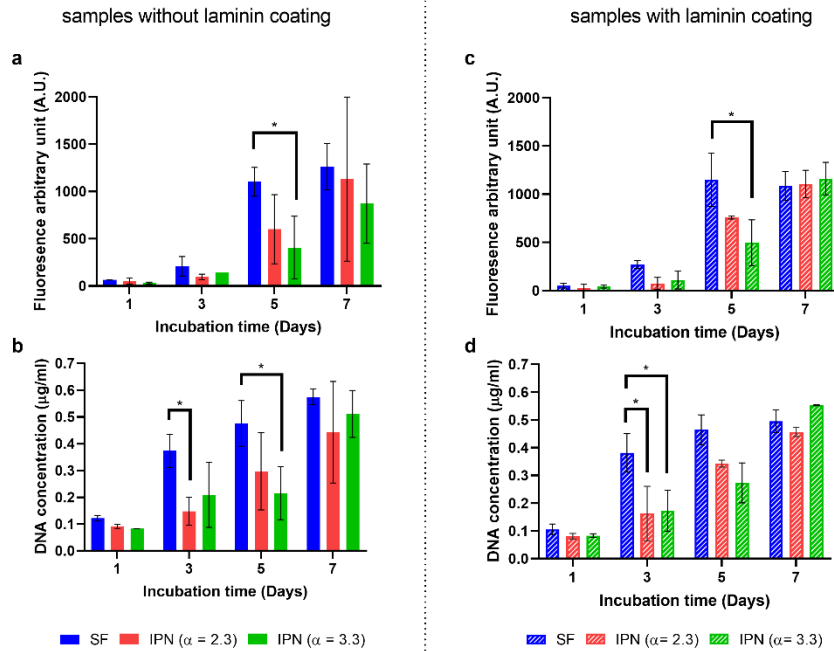
417 In accordance with results of the media-extraction assay, live/dead staining suggested that the
418 electrospun SF and IPNs mats were biocompatible without toxicity from any chemical residue
419 eluting from the IPNs. In the direct contact assay, NG108-15 grown on electrospun SF and IPNs
420 mats were examined by the metabolic activity and DNA concentration. Previous studies showed
421 that metabolic activity correlated with cell viability [48, 49]; thus, it was used in the direct test
422 instead of the live/dead staining, and the morphology of cells on fibres was observed using SEM
423 and immunofluorescence.

424 The metabolic activity and DNA concentration profiles of NG108-15 directly cultured on uncoated
425 substrates and laminin coated substrates are similar (Figure 6). Typically, the metabolic activity
426 was observed to increase from ~50 to 1200 A.U., and the DNA concentration was observed to
427 increase from ~0.1 to 0.5 $\mu\text{g/mL}$ over the period of 7 days. The metabolic activity of the
428 electrospun SF condition was significantly higher than that of IPN ($\alpha = 3.3$) at day 5, but similar
429 at day 7. Additionally, the DNA concentration of the electrospun SF condition was higher than
430 that of IPN ($\alpha = 2.3$ and 3.3) at day 3 and 5, while they are similar at day 7 as well.

431 Furthermore, SEM results support the observation that NG108-15 can grow and extend their
432 neurites on electrospun SF and IPNs materials for 7 days, even though they were cultured without
433 the differentiation factor, cAMP. We observe that neurite extension lengths on the laminin coated
434 materials are slightly longer than on uncoated materials (Supplementary information, Figure S7).
435 Although the average neurite lengths are similar (around 30 – 40 μm) for all conditions and
436 substrates, the 90th percentiles of the neurite lengths are different. Neurite lengths are 55, 45, and

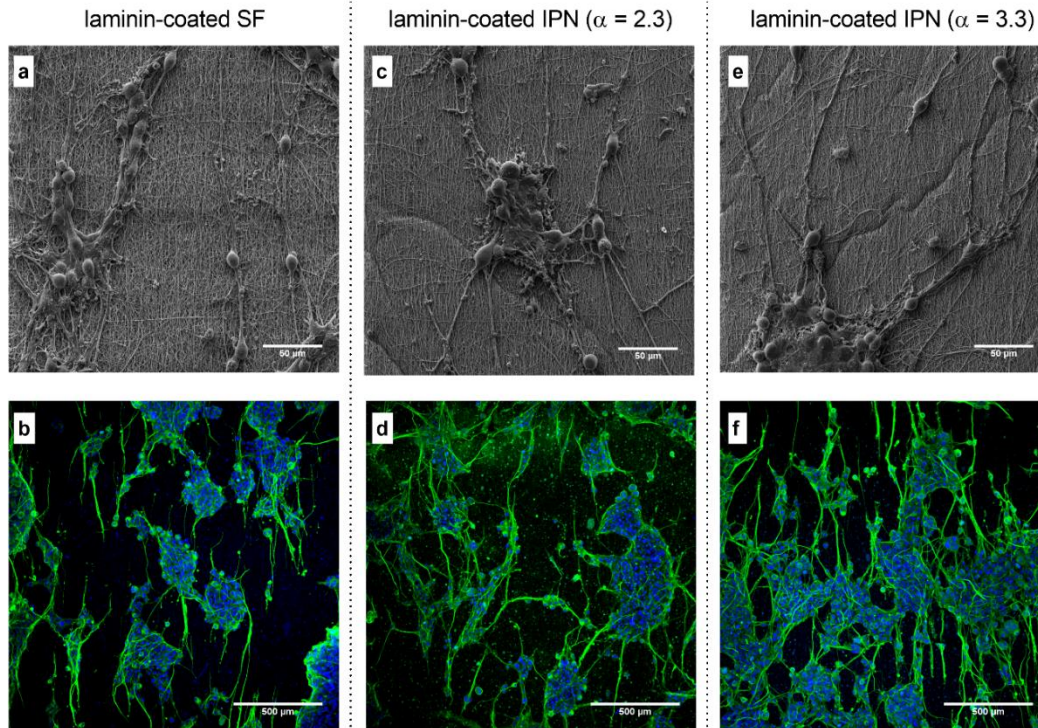
437 50 μm on laminin coated electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha = 3.3$), while, they are 35, 50,
438 and 40 μm on uncoated electrospun SF, IPN ($\alpha = 2.3$), and IPN ($\alpha = 3.3$), respectively.

439 In the differentiation phase of NG108-15, cells are grown as clusters and extend many more longer
440 neurites compared to the normal growth phase as shown in Figure 7. The immunofluorescence
441 confirms the processes extended from the cell clusters are neurites due to the β -III tubulin staining.
442 The average neurite length in this phase is $\sim 80 \mu\text{m}$ for all conditions. Interestingly, most neurites
443 are orientated in the parallel direction to the fibre alignment (evidence of the instructive nature of
444 the topological cues imparted by fibre alignment), which is in the position of 90° in the polar-plots
445 of Figure 8. The maximum neurite lengths reach to 300 μm in the condition of laminin coated
446 electrospun SF and laminin coated IPN ($\alpha = 2.3$). The other conditions have the maximum neurite
447 length of $\sim 200 - 250 \mu\text{m}$. The 90th percentiles of the neurite length are $\sim 120 - 140 \mu\text{m}$ in all
448 condition except laminin coated electrospun SF, which is 180 μm .



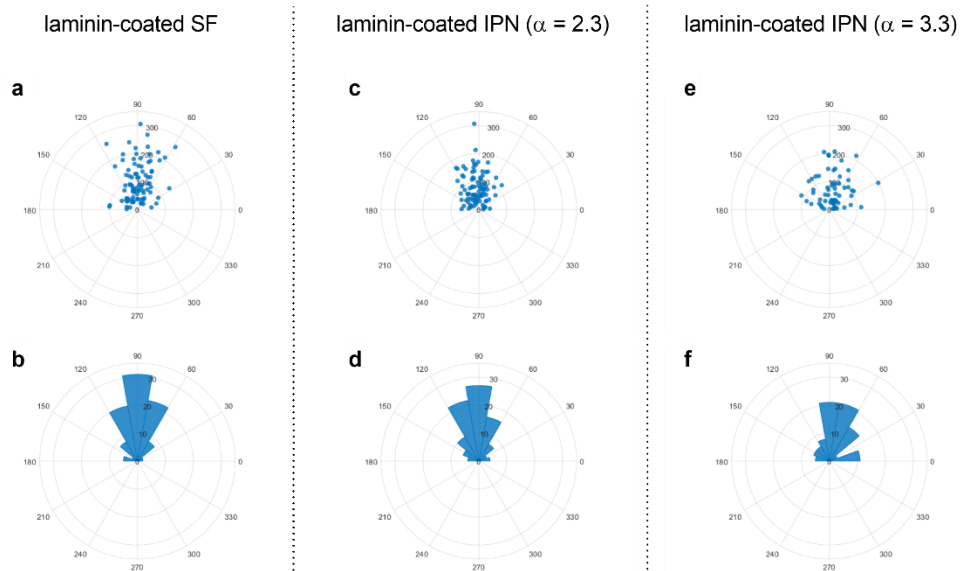
449

450 *Figure 6 In vitro biocompatibility results of NG108-15 directly cultured on electrospun SF and IPNs mats for 7 days:*
 451 *(a) cell metabolic activity and (b) DNA concentration of uncoated substrates. (c) cell metabolic activity and (d) DNA*
 452 *concentration of laminin-coated substrates, * represents the significant difference via Tukey's multiple comparisons*
 453 *test comparing to SF as a control with P value ≤ 0.03 , ($n = 3$ independent samples).*



454

455 *Figure 7 SEM and immunofluorescence staining of differentiated NG108-15 on laminin coated electrospun SF and*
 456 *IPNs mats. The alignment of fibres is at 90° following the Cartesian coordinate system. The nuclei are stained with*
 457 *DAPI (blue) and the β-III tubulin representing neurites are stained with Alexa Fluor® 488 (green).*



458

459 *Figure 8 Neurite orientation and length of differentiated NG108-15 on laminin-coated electrospun SF and IPNs mats*
 460 *at day 7: (a, c, and d) the polarscatters of neurites oriented in the different angles, the radius represents the length of*
 461 *neurite (μm). (b, d, and f) the polarhistogram of neurites, the radius represents the relative percentage of number of*
 462 *neurites aligned in the different angles from 0° – 180° with the bin width of 20°.*

463 4. Discussion

464 *4.1 Novel method for electrospinning SF and PEDOT:PSS modification*

465 Commonly, the preparation of SF from silk cocoons requires 4 sequential steps: degumming,
466 dissolution, dialysis, and either lyophilisation followed by more processing [18] or film casting
467 followed by more processing [77, 78]. There are two well known protocols using aqueous solvents,
468 LiBr solution [18] and CaCl₂/ethanol/water [79] to dissolve the degummed SF, both of which
469 disrupt the β -sheets present in the silk fibroin fibres within a few hours, and require dialysis
470 thereafter. Dialysis is time-consuming and potentially complicated by gelation during dialysis, and
471 to avoid these complications we prepared the electrospinning SF solution via a dialysis free
472 protocol using a non-aqueous solvent system.

473 SF can be processed in various non-aqueous solvent systems, including FA [78, 80-82],
474 hexafluoroisopropanol (HFIP) [83], dichloromethane (DCM) [84], etc.; FA with the addition of
475 CaCl₂ can dissolve degummed SF within 3 h, enabling film casting and subsequent re-dissolution
476 for electrospinning later [85]. This led to the idea of preparing electrospinning SF without the
477 casting/redissolution in FA/CaCl₂, yielding fibres with diameters of ~200 nm.

478 The electrospun SF can be rendered conductive either via dip coating or via growth of an IPN of
479 PEDOT:PSS in/on the electrospun SF, as assessed visually (by color change from off white to
480 blue) and confirmed by HAXPES (showing higher %S especially at the surface of material, ~11
481 nm). The S1 s spectra show the same ratio between PSS and PEDOT peaks at all depths of the
482 IPNs. The higher S content of IPNs than on dip coated materials is likely due to the non-covalent
483 adsorption of PEDOT:PSS on SF during dip coating is significantly weaker than the covalent
484 bonds formed during IPN formation between the EDOT and aromatic amino acids on SF.

485 *4.2 Flexibility and electrical conductivity of electrospun SF*

486 The formation of β -sheets in the electrospun SF after ethanol treatment increases the mechanical
487 properties. In the wet state, the electrospun materials are more flexible than in the dry state due to
488 the plasticization of the SF chains by water [86]. The IPNs are all somewhat weaker than the
489 electrospun SF alone which is likely to be due to disruption of hydrogen bonding between the
490 protein chains after growth of the IPN.

491 The electrical conductivity of the SF/PEDOT:PSS IPN materials (ca. 10^{-4} to 10^{-3} S/m) shows they
492 are semiconductors (similar to the literature [26, 87]), while the pristine SF is an insulator [24-
493 26]. In a previous study of our groups, the conductivity of SF/PEDOT:PSS prepared via another
494 coating technique was also in the range of semiconductors ($\times 10^{-3}$ to 10^1 S/m), influenced by the
495 concentration of PEDOT:PSS [48], which highlights the effects of subtly different processing on
496 the properties of the electroactive biomaterials.

497 *4.3 Effects of PEDOT:PSS on the neural growth*

498 PEDOT:PSS can promote neurogenic differentiation and the expression of β -III tubulin in neurites
499 [38]. The in silico toxicity study suggests any residues from the preparation and processing of
500 electrospun SF and IPNs may hinder cell growth, however, thorough washing minimized such
501 complications. In vitro studies using NG108-15 cells indicate their aggregation as clusters without
502 high levels of dead cells once cultured with the extracted medium of IPNs mats, pH = 7.8.
503 Interestingly, more cell clusters were observed on the conductive IPNs than the non-conductive
504 electrospun SF regardless of whether they were coated with laminin or not, suggesting subtle
505 differences in cell-material interactions are important for cell differentiation; [88] and that cell

506 aggregates were also observed when NG108-15 cells were cultured with the differentiation
507 medium as well (Supplementary information, S8).

508 *4.4 Neurites extension and orientation on sub-micron aligned fibres*

509 A previous study using analogous nanofibrous SF/PEDOT:PSS-based biomaterials were shown to
510 adsorb more protein (Bovine serum albumin) than pristine SF [48], and proteins such as gelatin
511 have been used to render PEDOT-based biomaterials more cell adhesive [89]. In this study the
512 IPNs were coated with a thin layer of adsorbed laminin (akin to other studies where laminin was
513 used to coat electrodes for cell culture with small changes to impedance [90] and no significant
514 changes in the electrochemical properties of the electrodes [91]), however, quantification of
515 laminin adsorption on such complex hydrophilic nanofibrous IPNs is not reproducibly measurable.
516 The laminin-coating of all substrates was used to enhance cell adhesion and promote the neurite
517 length. There is a small increase of neurite length $\sim 10 \mu\text{m}$ on laminin-coated substrates but no
518 significant difference between electrospun SF and the IPNs. These results suggest that the
519 conductive IPN biomaterials induce cell aggregation which is involved in cell differentiation [88].

520 In the differentiation phase, a cluster of cells extends neurites with increased lengths compared to
521 the growth phase. Most neurites are oriented parallel to the fibre alignment of electrospun SF,
522 confirming the sub-micron aligned electrospun SF can control the direction of neurite extension.
523 Moreover, the laminin-coated substrates promote longer neurites. The average length of neurite on
524 laminin-coated electrospun SF and IPNs are similar; however, it is noteworthy that the longest
525 neurite outgrowth of $300 \mu\text{m}$ was observed in the parallel direction of fibre alignment on laminin-
526 coated electrospun SF and IPN ($\alpha = 2.3$) mats, which is also the material with the lowest electron

527 transfer resistance (R_{et} , ca. 330 Ω). This suggests that PEDOT:PSS is a supportive factor for neural
528 differentiation but it has no crucial effects on neurite outgrowth compared to cAMP and laminin.

529 5. Conclusion

530 This novel fabrication method of double layer electrospinning SF can produce sub-micron fibres
531 with aligned fibres to direct axon orientation. The electrospun SF material is brittle in the dry state
532 and more flexible in the wet state due to water plasticization. Once coated with laminin, both
533 electrospun SF and IPN materials promote the similar length of neurite extension. These developed
534 materials, IPN of PEDOT:PSS on/in electrospun SF is novel, potentially enabling electrical
535 stimulation of the cells and facilitating peripheral nerve regeneration.

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