

# Diachronic phonological asymmetries and the variable stability of synchronic contrast

Sam Kirkham and Claire Nance

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- Secondary palatalisation contrasts vary in diachronic stability across sonorants
- We investigate the synchronic stability of secondary palatalisation contrasts in Scottish Gaelic
- Support Vector Machines classify compact representations of acoustic and articulatory data
- Rhotics are best classified word-initially and worst word-finally
- Dynamic information is crucial to phonological contrast, but varies in magnitude across sonorants
- Variable synchronic stability of contrasts complicates potential trajectories of diachronic change

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## Abstract

This article aims to understand the development of diachronic asymmetries in phonological systems by evaluating the variability stability of synchronic contrasts. We focus on sonorant systems involving secondary palatalisation, grounded in the claim that palatalised laterals are more common than palatalised rhotics cross-linguistically. Our analysis reports acoustic and articulatory data on Scottish Gaelic, a Celtic language with a large sonorant inventory contrasting palatalised, plain and velarised phonemes across laterals, nasals and rhotics. We summarise high-dimensional dynamic characteristics of the acoustic spectrum and midsagittal tongue shape using a two-stage data reduction process and use these coefficients as inputs for training a Support Vector Machine. This trained model classifies unseen data in terms of its phonemic identity, which reveals that rhotics are classified best word-initially and worst word-finally, with nasals always classified better than laterals. We find that dynamic information substantially improves acoustic classification, but only improves articulatory classification for some sonorants. We propose that the variable synchronic stability of palatalisation contrasts complicates potential trajectories of diachronic change in Gaelic.

*Keywords:* Sound change, palatalisation, Scottish Gaelic, sonorants, synchronic variation, diachronic change, ultrasound

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## 1. Introduction

In this article, we investigate whether diachronic and typological asymmetries in phonological systems are reflected in the variable stability of synchronic contrasts. It is widely predicted that the diachronic instability of some phonological contrasts is a consequence of a larger pool of synchronic variability. This is because such variability is hypothesised to facilitate misperception-based sound change (Ohala, 1981) and can also weaken the robustness of phonemic categories, leading to potential neutralisation over time (Bybee, 2015). But does the propensity of a phonological contrast towards diachronic neutralisation necessarily mean that it will be less robust *at a given point in time*? An assumption underpinning many theories of sound change is that we can observe the tendencies of diachronic change through examination of synchronic data, with the hypothesis that there is a tight link between the two at any point in time (Labov, 1994, 21). This suggests that a greater tendency towards diachronic neutralisation should also be evident in synchronic data. In this study, we examine claims about the diachronic trajectories of typologically unusual sound systems and whether the variable stability of synchronic contrasts is predictable from the attested sound changes. We also speculate on whether variable synchronic stability between phonological categories might be able to tell us something about future trajectories of sound change, especially in light of existing diachronic predictions.

A particularly good case study for examining variable diachronic and synchronic stability is the cross-linguistic system of contrasts that fall under

24 the banner of secondary palatalisation. Previous research shows that some  
25 secondary palatalisation contrasts in consonants are more unstable than  
26 others (Kochetov, 2005; Iskarous and Kavitskaya, 2018). Palatalised rhotics, in  
27 particular, are cross-linguistically rare and prone to merger with non-palatalised  
28 rhotics (Hall, 2000), but laterals seem more robust to sound change (Iskarous  
29 and Kavitskaya, 2010). Word-final palatalisation contrasts are also more  
30 unstable than word-initial contrasts (Padgett and Ní Chiosáin, 2018). Importantly,  
31 previous work shows that the robustness of palatalisation contrasts may  
32 vary depending on the features analysed; for example, nasals may be more  
33 distinctive than laterals in format transitions, but laterals have a more  
34 distinctive spectral shape than nasals, with rhotics being least distinct in both  
35 analyses (Iskarous and Kavitskaya, 2018). This suggests that palatalisation  
36 contrasts are multi-dimensional and temporally distributed, potentially as a  
37 consequence of a high number of phonological categories existing together in  
38 a relatively narrow phonetic space.

39 The fact that some sonorant contrasts are diachronically less stable than  
40 others cross-linguistically makes them an ideal candidate for assessing claims  
41 about variable diachronic trajectories using synchronic data. In this study  
42 we wish to further understand why some sonorants show greater stability  
43 than others and, in doing so, we focus on palatalisation contrasts in Scottish  
44 Gaelic (Celtic), which contrasts palatalised, velarised and plain sonorants  
45 across laterals, rhotics and nasals. Notably, Scottish Gaelic has retained a  
46 larger system of sonorants in comparison to closely-related Irish and Manx.  
47 In this study, we take seriously the dynamic nature of sonorant contrasts,  
48 building upon our previous work that has focused on selective sampling of

49 a limited number of timepoints. We show that this previous research may  
50 underestimate the extent of contrast that is present in the Scottish Gaelic  
51 sonorant system; contrasts which we argue are fundamentally dynamic in  
52 nature. We further demonstrate this by comparison with analyses that focus  
53 only on a sonorant ‘steady-state’, which illustrates how some contrasts may  
54 be more dynamic in nature than others.

### 55 *1.1. Dynamics of secondary palatalisation*

56 Secondary palatalisation involves overlap between a palatal gesture and  
57 the consonant’s primary place of articulation, which contrasts with ‘full  
58 palatalisation’, where the consonant’s primary place of articulation is changed  
59 (Bateman, 2007, 2). Some languages, such as Russian and Scottish Gaelic,  
60 have extensive secondary palatalisation contrasts across the consonant system,  
61 such that almost every consonant has a palatalised and non-palatalised  
62 counterpart (see Yanushevskaya and Bunčić 2015 for description of Russian,  
63 and Nance and Ó Maolalaigh 2021 for description of Scottish Gaelic). For  
64 this reason, all consonant palatalisation pairs in Russian, Scottish Gaelic  
65 and other languages with this system are considered to contrast in secondary  
66 palatalisation even though the secondary palatalisation contrast may at times  
67 manifest as a change in primary place/manner.<sup>1</sup>

68 In terms of articulation, the most widely reported articulatory correlate  
69 of secondarily palatalised consonants is tongue body fronting and raising  
70 towards the palate accompanying the primary consonantal gesture (Kochetov,

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<sup>1</sup>For example in *maide* ‘stick’ /matʃə/, where the orthographic ‘d’ is palatalised and changes from alveolar to post-alveolar place of articulation.

71 2002; Stoll, 2017; Bennett et al., 2018; Malmi and Lippus, 2019; Spinu et al.,  
72 2019). The fronting and raising gesture also frequently extends into the  
73 surrounding vowels (Malmi and Lippus, 2019). This tongue body fronting is  
74 often accompanied by tongue root advancement and pharyngeal expansion  
75 (Kavitskaya et al., 2009; Bennett et al., 2018), while palatographic studies  
76 additionally demonstrate that the tongue blade is spread across the hard  
77 palate to a greater extent than in non-palatalised consonants (Farnetani et al.,  
78 1991; Meister and Werner, 2015).

79 Capturing the acoustics of palatalisation contrasts is complex given their  
80 multi-dimensional and dynamic nature. When the tongue body is raised and  
81 fronted for a palatalised consonant, this results in a larger back cavity and  
82 raised F2, which is particularly robust in laterals (Sproat and Fujimura, 1993;  
83 Nance, 2014; Kochetov et al., 2020). The vowels surrounding palatalised  
84 consonants also tend to show raised F2 due to an /i/-like glide in the transition  
85 to/from a palatalised consonant, with such articulatory dynamics being  
86 important to the contrast (Ní Chiosáin and Padgett, 2012; Kochetov, 2017;  
87 Nance and Kirkham, 2020; Howson, 2018; Malmi et al., 2022). F1 and  
88 F3 may also be lower in palatalisation contexts (Shuken, 1980; Bennett  
89 et al., 2018; Kochetov, 2017). The multi-dimensional nature of palatalisation  
90 contrasts have led others to analyse more holistic spectral features, such  
91 as Mel Frequency Cepstral Coefficients (MFCCs) (Spinu et al., 2012; Spinu  
92 and Lilley, 2016; Spinu et al., 2018) and smoothed spectra (Kochetov, 2017;  
93 Iskarous and Kavitskaya, 2018; Nance and Kirkham, 2020). For example,  
94 cepstral coefficients have been found to significantly outperform spectral  
95 measures in classifying palatalised fricative contrasts (Spinu and Lilley, 2016;

96 Spinu et al., 2018).

97       Secondary palatalisation is a good case study for testing the relationship  
98 between diachronic neutralisation and synchronic stability, because of well-documented  
99 differences between sonorant types. Palatalised rhotics involve a retracted  
100 and stabilised tongue body for trill production (McGowan, 1992; Recasens,  
101 2013), which comes into conflict with the tongue body advancement needed  
102 for palatalisation (Iskarous and Kavitskaya, 2018; Kochetov, 2005; Stoll,  
103 2017). Such biomechanical constraints may lead to a larger pool of synchronic  
104 variability (Ohala, 1989), with the possibility that variants become phonologised  
105 or contrasts are neutralised over time (Beckman et al., 1992; Bybee, 2015). For  
106 example, articulatory variability may lead to ambiguity in perception, which  
107 could advance the spread of a change further when misperceived by the listener  
108 (Ohala, 1981). Such explanations are explicitly pursued in previous research  
109 on sonorant palatalisation in terms of acoustics (Iskarous and Kavitskaya,  
110 2018) and articulation (Kochetov, 2005; Stoll, 2017), with the claim in both  
111 cases being that less robust phonemic categories are more susceptible to  
112 merger.

### 113 *1.2. Palatalisation in Gaelic*

114       Our study focuses on Scottish Gaelic, a Celtic language closely related  
115 to Irish and Manx.<sup>2</sup> The Scottish Gaelic language is usually referred to  
116 in English by its speakers simply as ‘Gaelic’ /galik/ and we refer to it as

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<sup>2</sup>Manx is believed to have become extinct as a first language in the 1970s, following a long period of decline, but has subsequently undergone revival. It is taught in immersion schooling and is transmitted in a small number of families. See Lewin (2021) for more information on revived Manx.

117 Gaelic henceforth. Together, the Celtic language sub-family consisting of  
118 Gaelic, Irish and Manx is known as ‘Goidelic’. The most recently available  
119 data (Scottish Government, 2015) show that there are approximately 57,600  
120 Gaelic speakers in Scotland. Traditionally, Gaelic is associated with the  
121 north-west Highlands and Islands of Scotland, and this is where the most  
122 densely concentrated populations of Gaelic speakers live. In particular, Gaelic  
123 is associated with the chain of islands off the north-west coast of Scotland  
124 known as the Outer Hebrides or Western Isles, where around 60% of the  
125 population reported the ability to speak Gaelic (Scottish Government, 2015).  
126 A map showing the concentration of Gaelic speakers in Scotland is in Figure  
127 1. The speakers in this study are from the Isle of Lewis, the most northerly  
128 island in the Outer Hebrides chain. The Goidelic languages are descended  
129 from Old Irish, which expanded from Ireland to Scotland and Isle of Man  
130 in early medieval times (McLeod, 2020). It is generally thought that Gaelic  
131 in Scotland had sufficiently diverged from Irish to be considered a separate  
132 language in approximately 1100 CE (Ó Maolalaigh, 2008).

133       The Goidelic languages all have systems of contrastive secondary palatalisation  
134 across the entire consonant system (with a few exceptions in some consonants)  
135 (Broderick, 2009; Hickey, 2014; Bennett et al., 2018; Nance and Ó Maolalaigh,  
136 2021). In Nance and Kirkham (forthcoming 2022), we provide a historical  
137 overview of the development of palatalisation in rhotics and comparison to  
138 different Goidelic dialects. In this paper, we focus on the contrasts across  
139 the whole sonorant system. To summarise: the most extensive Goidelic  
140 palatalisation contrasts were found in Old Irish, where the system developed  
141 by approximately 900 CE (Greene, 1973; Hickey, 1995). At this time, Old Irish



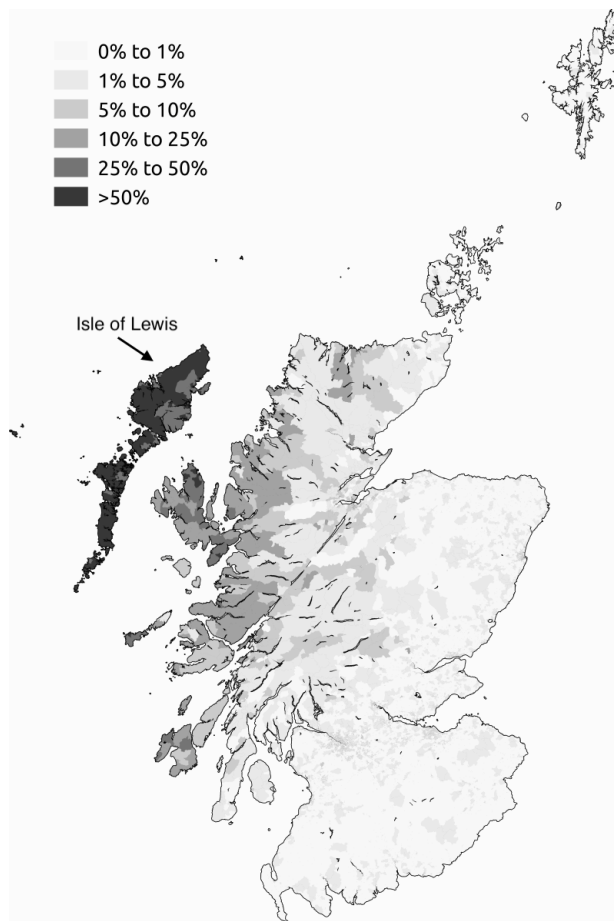


Figure 1: Map showing the concentration of Gaelic speakers in Scotland according to the most recently available figures from the 2011 National Census. Attribution: By SkateTier - Own work, CC BY-SA 3.0, <https://commons.wikimedia.org/w/index.php?curid=31996352>. Original figure in colour, converted to greyscale here.

142 sonorants contrasted in place of articulation as well as palatalisation, resulting  
 143 in four different phonemes for laterals, nasals and rhotics (Thurneysen, 1946;  
 144 Russell, 1995; Hickey, 1995). It is thought that a three-way contrast between  
 145 palatalised, plain and velarised sonorants developed in Middle Irish (900–1200

146 CE) (Hickey, 1995). The Irish system has evolved since early medieval times  
147 in different ways in the modern Goidelic dialects. The most innovative dialect  
148 in this respect is Manx, where palatalisation contrasts were lost in rhotics, and  
149 reduced in laterals and nasals. At the other end of the scale are Hebridean  
150 dialects of Gaelic, including the dialect under investigation here, Lewis Gaelic.  
151 In Lewis and other Hebridean dialects, three lateral, three nasal and three  
152 rhotic phonemes are maintained.

153 In comparison to many of the previous studies of palatalisation, Lewis  
154 Gaelic is interesting in several respects. The majority of work carried  
155 out previously on palatalisation has examined contexts where palatalised  
156 consonants are contrasted with non-palatalised consonants, such as Russian.  
157 In Gaelic sonorants there is instead a three-way distinction between palatalised,  
158 plain and velarised. The rhotic inventory, however, has been particularly  
159 prone to reduction across Goidelic dialects, with laterals appearing most  
160 robust to sound change. This is in line with the findings discussed above for  
161 Slavic, which show that rhotics are more susceptible to change than laterals  
162 (Carlton, 1990; Iskarous and Kavitskaya, 2018).

### 163 *1.3. Summary and predictions*

164 In the current study, we investigate the extent to which palatalisation  
165 contrasts are maintained, combining dynamic phonetic evidence from acoustics  
166 and articulation in order to examine whether phonemic distinctiveness varies  
167 between laterals, nasals and rhotics. We specifically build upon previous work  
168 in the following ways. First, previous work on the asymmetry of sonorant  
169 palatalisation contrasts has focused on Russian as the language with the most  
170 extensive system of sonorant palatalisation in the Slavic family (Kochetov,

171 2005; Stoll, 2017; Iskarous and Kavitskaya, 2018). Here, we consider Lewis  
172 Gaelic, as the Goidelic dialect with the most extensive system of sonorant  
173 palatalisation in a completely different language family. Second, previous  
174 work in this area has considered articulation (Kochetov, 2005; Stoll, 2017) or  
175 acoustics (Iskarous and Kavitskaya, 2018) respectively, but we combine both  
176 perspectives and use a method that allows us to subject each modality to a  
177 comparable classification task. Third, much previous work has focused on  
178 static timepoints, either sonorant midpoints or specific locations of formant  
179 transitions. We take a broader approach by compressing all time-varying  
180 information that is available in the signal and using this to assess classification  
181 accuracy. This allows us to more comprehensively investigate the hypothesis  
182 that diachronically unstable contrasts are more vulnerable to synchronic  
183 neutralisation at a specific snapshot in time. Accordingly, we set out the  
184 following questions for the present study:

- 185 1. Which sonorant categories (laterals, nasals, rhotics) show the most  
186 robust phonemic contrasts?
- 187 2. Is contrast more robust in acoustic or articulatory data?
- 188 3. How do acoustic and articulatory dynamics contribute to phonological  
189 contrast?
- 190 4. What do these results tell us about the variable synchronic stability of  
191 categories and the potential diachrony of palatalisation contrasts?

192 We test the prediction that laterals will be best classified, followed by  
193 nasals and then rhotics, and anticipate that reduction will be more evident  
194 word-finally. In previous work on Gaelic, Nance and Kirkham (2020) show that  
195 laterals are more robust than nasals in formants at the sonorant steady-state,

196 while Nance and Kirkham (forthcoming 2022) show that three initial rhotics  
197 are well-maintained in Gaelic, despite potential neutralisation of rhotics  
198 in word-final position. However, these studies used different methods and  
199 different features to establish contrast, as well as focusing on a small set of  
200 selective timepoints, so our present study uses a more holistic and comparable  
201 method for establishing the relative robustness of three-way contrasts across  
202 laterals, nasals and rhotics.

## 203 **2. Methods**

### 204 *2.1. Speakers*

205 We recorded data from twelve L1 speakers of Lewis Gaelic, all of whom  
206 were raised in Gaelic-speaking families on the Isle of Lewis (six female, six  
207 male). They acquired English either as simultaneous bilinguals or upon  
208 entering the school system. The speakers were aged 21-80 and either used  
209 Gaelic as part of their job, or had used Gaelic before retirement. All the  
210 speakers reported using more Gaelic than English in their daily lives and  
211 can be considered Gaelic-dominant bilinguals. Due to the fragility of Gaelic  
212 language transmission, even in locations such as Lewis (Munro et al., 2011),  
213 it is difficult to obtain a large sample of data from Gaelic-dominant bilingual  
214 speakers. We recognise that the data here represent a large age range, but  
215 the speakers are socially consistent in using more Gaelic than English.

### 216 *2.2. Data recording and stimuli*

217 Simultaneous acoustic and ultrasound tongue imaging data were recorded  
218 in a community centre or at the speaker’s workplace. The acoustic signal

219 was recorded using a Beyerdynamic Opus 55 headset microphone, which was  
220 preamplified and digitized using a Sound Devices USBPre2 audio interface  
221 at 44.1 kHz with 16-bit quantization. Simultaneous ultrasound data were  
222 recorded using a Telemed MicrUs system, with a 64 element probe of 20  
223 mm radius. We used a 2 MHz probe frequency, 80 mm depth, 90% field of  
224 view and 57 scan lines, which resulted in a frame rate of  $\sim 92$  Hz. The probe  
225 was stabilised using an Articulate Instruments metal headset (Articulate  
226 Instruments, 2008). The occlusal plane for each speaker was imaged by them  
227 biting on a bite plate placed behind the upper incisors and pushing their  
228 tongue up against it. Synchronization between audio and ultrasound data was  
229 achieved using the frame-level TTL pulse emitted by the ultrasound scanner.  
230 Data presentation and recording was handled using the Articulate Assistant  
231 Advanced software (Articulate Instruments, 2018).

232 The stimuli used for this study are shown in the Appendix (Tables 8–10).  
233 We aimed to capture laterals, nasals and rhotics in word-initial and word-final  
234 position in three vowel contexts where possible: /i a u/. This was not always  
235 possible due to the historical development of palatalisation in high front vowels.  
236 For example, there are no velarised nasals in the context of /i/ in readily-known  
237 words. The plain sonorants developed from contexts of historical lenition, and  
238 in word-initial position they still occur in contemporary lenition contexts. For  
239 an overview of changes in lenition (contemporary morphophonological changes  
240 in Celtic language word-initial consonants known as ‘mutation’), see Ball and  
241 Müller (2009) or Nance and Ó Maolalaigh (2021) for Gaelic specifically. For  
242 this reason we included the word-initial plain sonorants in short phrases that  
243 would trigger mutation – e.g. *mo nathair* ‘my snake’ – where the possessive

244 *mo* ‘my’ triggers mutation.

### 245 *2.3. Data preparation*

246 Acoustic landmarks were labelled manually in Praat using information  
247 from the waveform and spectrogram (Boersma and Weenink, 2020). We  
248 labelled the entire sonorant-vowel interval for all tokens, such as lateral-vowel  
249 for word-initial tokens and vowel-lateral for word final tokens. This interval  
250 was used for all analyses reported in this paper. We carried out post-hoc  
251 screening of the ultrasound data and found that only seven of the twelve  
252 speakers had consistently good images (three female, four male). As our  
253 analysis below is premised upon comparing acoustic and articulatory data,  
254 we only use these seven speakers for the analysis, resulting in 1165 tokens  
255 with parallel acoustic and ultrasound data.

### 256 *2.4. Acoustic features*

257 The acoustic features used in this analysis are Mel Frequency Cepstral  
258 Coefficients, which are highly effective at reducing the dimensionality of the  
259 spectrum while retaining linguistically-relevant features (Davis and Mermelstein,  
260 1980). MFCCs are directly related to characteristics of the spectrum and,  
261 therefore, do have a physical interpretation, despite their complexity in the  
262 higher coefficients. For example, lower MFCCs describe global aspects of  
263 spectral shape, while increasingly higher coefficients describe increasingly  
264 finer details in the spectrum. MFCCs have previously been shown to capture  
265 phonemic palatalisation contrasts with a high degree of accuracy (Spinu et al.,  
266 2012; Spinu and Lilley, 2016; Spinu et al., 2018).

267 We use 6 MFCCs to summarise the acoustic spectrum, which has previously  
268 been shown to be sufficient for capturing palatalisation contrasts (Spinu et al.,  
269 2018). We sensitivity tested the effects of between 4 and 13 MFCCs and  
270 found that 6 MFCCs resulted in the strongest overall classification accuracy,  
271 although some specific models showed a small (2-4%) improvement using 8  
272 coefficients, after which no further improvement was evident. Accordingly, for  
273 each token, 6-element MFCC vectors were calculated across each sound file  
274 using a 25 ms window and 10 ms frame shift, with a pre-emphasis coefficient  
275  $\alpha = 0.97$  and a lifter exponent of 0.6. MFCCs were subsequently extracted  
276 at 11 equally spaced points across the labelled sonorant-vowel interval and  
277 each MFCC was by-speaker normalized using  $z$ -scoring. At this stage, each  
278 token is represented by 6 MFCC trajectories, each of which is sampled over  
279 11 points.

### 280 *2.5. Articulatory features*

281 Splines were automatically fitted to the midsagittal ultrasound data using  
282 AAA's batch fit function. A paid research assistant manually checked and  
283 corrected any obvious errors in the splines, but we did not correct minor  
284 tracking errors. All splines were then rotated and scaled to the occlusal  
285 plane. These data comprise 42 values in 2-dimensional x/y space. In order to  
286 reduce the dimensionality of the tongue splines, we fitted a Discrete Cosine  
287 Transform (DCT) to each token at 11 proportionally-spaced timepoints across  
288 the sonorant-vowel or vowel-sonorant interval. The DCT has been used for  
289 summarising whole acoustic spectra (Harrington, 2010; Nossair and Zahorian,  
290 1991), formant trajectories (Watson and Harrington, 1999) and articulatory  
291 time series (Shaw and Kawahara, 2018) and is conceptually extendable to

292 spatial representations, such as the ultrasound tongue spline. To this end,  
 293 the ultrasound-DCT is conceptually comparable with MFCCs, as both sets  
 294 of features fundamentally represent the amplitudes of cosine waves fitted to  
 295 the respective signals after undergoing transformation. The DCT coefficients  
 296 have a physical interpretation, with the lower coefficients being proportional  
 297 to the mean ( $C_0$ ), slope ( $C_1$ ) and curvature ( $C_2$ ) of the tongue shape, with  
 298 higher coefficients representing increasingly finer detail in the shape. We fit  
 299 a DCT of the form described in Harrington (2010) with  $m$  coefficients to a  
 300 signal  $x(n)$  with length  $N$ , where the  $m^{\text{th}}$  coefficient  $C_m$  is calculated using  
 301 (1).

$$C_m = \frac{2k_m}{N} \sum_{n=0}^{N-1} x(n) \cos\left(\frac{(2n+1)m\pi}{2N}\right) \quad (1)$$

where  $k_m = \frac{1}{\sqrt{2}}, m = 0; k_m = 1, m \neq 0$

302 We illustrate DCT compression of ultrasound tongue shapes in Figure  
 303 2, which represent smoothing using different numbers of DCT coefficients  
 304 (between 2 and 10 coefficients) on a single token. We obtained the smoothed  
 305 tongue shapes using an inverse DCT, which reconstructs the input signal by  
 306 summing half-cycle cosine waves with the amplitudes of the corresponding  
 307 DCT coefficients. The figure shows us that two coefficients  $\{C_0, C_1\}$  approximates  
 308 the slope of the tongue, while using between three  $\{C_0, C_1, C_2\}$  and five  $\{C_0,$   
 309  $C_1, \dots, C_4\}$  produces similar tongue shapes. At 6 DCT coefficients  $\{C_0, C_1,$   
 310  $\dots, C_5\}$  the slight dip between the tongue tip and dorsum starts to appear,  
 311 which is present in the original signal. After this, we see an increasing level  
 312 of detail, but not necessarily any strikingly new information in the signal.



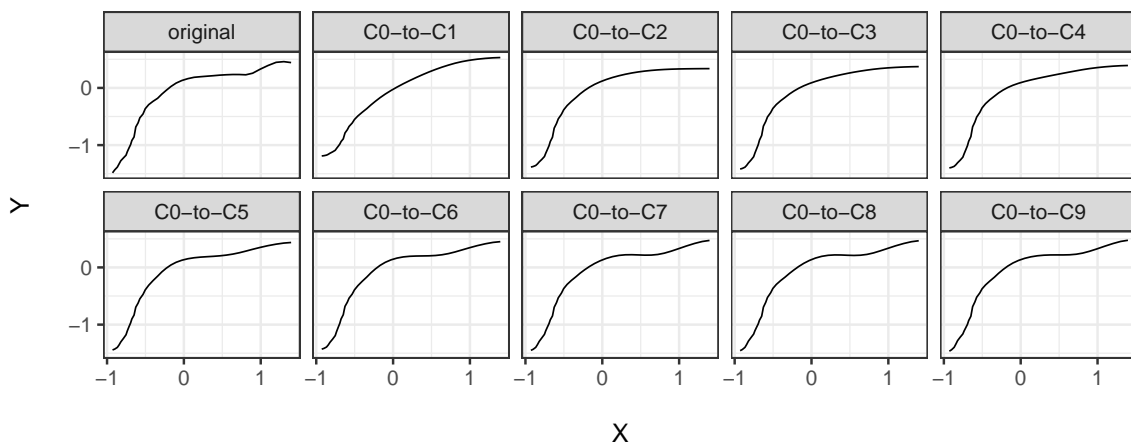


Figure 2: Original midsagittal tongue shape for one token plus DCT reconstructions of the same data using varying numbers of DCT coefficients. The tongue tip is on the right of the image and the tongue root is on the left. The token represents a single spline taken from a word-initial rhotic.

313 In order to empirically evaluate the number of DCT coefficients needed  
 314 to summarise each tongue shape, we fitted DCTs to all tongue splines (11  
 315 per token, representing 11 time-points) with different numbers of coefficients,  
 316 ranging from 2 coefficients to 10 coefficients, which gives us 9 different options  
 317 to evaluate. We then conducted an inverse DCT in order to reconstruct the  
 318 original signal from these coefficients, which essentially gives us a DCT-smoothed  
 319 version of the original signal. Following Shaw and Kawahara (2018), we  
 320 then calculate Pearson’s correlation between the original signal and the  
 321 DCT-reconstructed signal and plot these correlation values for different  
 322 numbers of DCT coefficients. Figure 3 shows that 3 coefficients yields  
 323 correlations with the original signal of  $r > .95$  for all speakers. As shown above,  
 324 however, there are some advantages to the higher DCT coefficients, particularly

325 for more complex tongue tip shapes. To this end, we ran testing using the  
 326 same classification analysis that we report later in this paper, examining the  
 327 effects of between 4–8 DCT coefficients on classification accuracy for each  
 328 sonorant\*position. Laterals and nasals did not benefit from more than 5  
 329 coefficients, but the inclusion of a 6th DCT coefficient improved word-initial  
 330 rhotic classification by almost 10%. We anticipate that this is because it  
 331 captures the subtle tongue tip shaping depicted in Figure 2. After settling on  
 332 6 DCT coefficients, we normalized each coefficient by  $z$ -scoring each speaker’s  
 333 data across all productions.

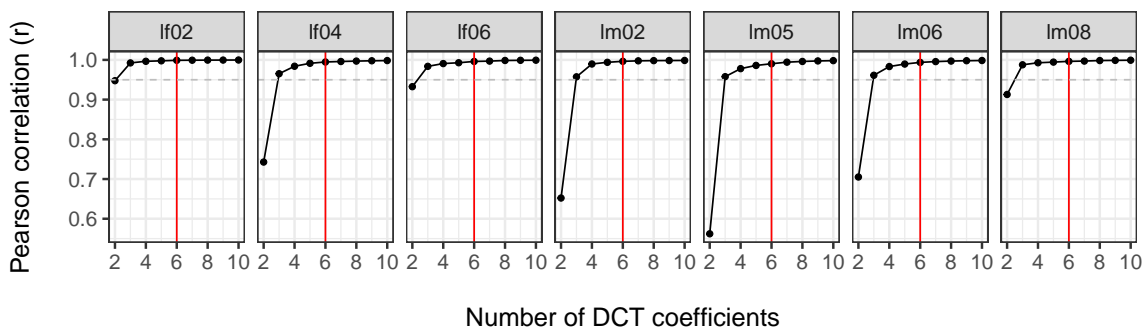


Figure 3: Pearson’s correlation between the original ultrasound tongue splines and DCT-smoothed versions using varying numbers of DCT coefficients. The solid vertical line represents the final number of DCT coefficients used for the classification analysis.

334 *2.6. Summarising high-dimensional dynamic information*

335 At this point, the acoustic data are represented by 6 MFCC trajectories  
 336 sampled at 11 points in time (= 66 points), and the ultrasound spline data  
 337 are represented by 6 DCT trajectories sampled at 11 points in time (= 66  
 338 points). This already represents considerable dimensionality reduction from

339 a time-varying power spectrum or time-varying ultrasound spline, but we  
340 conducted further dimensionality reduction of the dynamic data using an  
341 approach inspired by Nossair and Zahorian (1991). This involves fitting a  
342 Discrete Cosine Transformation (DCT) to each of the time-varying MFCC  
343 (acoustics) and DCT (ultrasound) coefficients discussed above, which allows  
344 us to summarise the shape of each of those coefficient trajectories over time  
345 (see Marin et al. 2010 for a similar approach to spectral data). This provides  
346 a higher-level set of coefficients that encodes the shape of each time-varying  
347 MFCC or DCT coefficient, each of which summarises some dynamic aspect  
348 of spectral shape or tongue shape.

349 We empirically evaluated the number of DCT coefficients needed to  
350 summarise each trajectory in the same way as for the ultrasound spline  
351 fitting, which is plotted in Figure 4. We find that 3 DCT coefficients  
352 returns correlations of  $r > .9$  for all acoustic-MFCC trajectories and  $r >$   
353  $.95$  for ultrasound-DCT trajectories, except for the 6th coefficient in both  
354 sets (MFCC6 and DCT5), which are slightly below these values. However,  
355 the MFCC/DCT trajectories are not always smooth functions of time and  
356 we avoid seeking higher correlations as we wish to avoid overfitting to the  
357 signal. Accordingly, we choose 3 DCT coefficients to represent both sets of  
358 trajectories, which captures the mean, slope and curvature of each coefficient  
359 trajectory over time. This means that each of the 6 acoustic-MFCC and 6  
360 ultrasound-DCT dynamic trajectories is summarised by 3 DCT coefficients.  
361 As a result, each token’s time-varying acoustic spectrum or ultrasound tongue  
362 spline across the sonorant-vowel interval is represented by 18 ( $6 \times 3$ ) values.

363 In summary, our final inputs to our model are as follows. We have

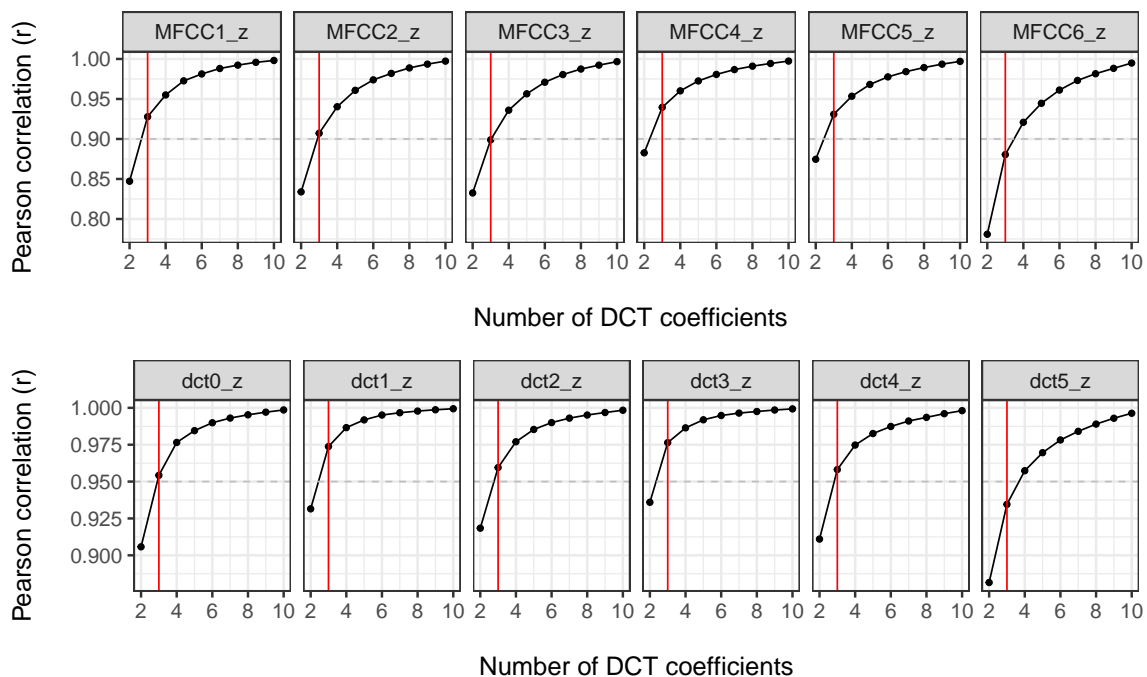


Figure 4: Pearson’s correlation between dynamic acoustic-MFCC trajectories and DCT-smoothed versions using varying numbers of DCT coefficients (top) and the dynamic ultrasound-DCT trajectories and DCT-smoothed versions using varying numbers of DCT coefficients (bottom). The solid vertical line represents the final number of DCT coefficients used for the classification analysis. The dashed horizontal line represents the correlation coefficient cut-off used for selecting the number of DCT coefficients for each measure, which was based on the first 5 dynamic MFCC/DCT trajectories.

364 compressed a complex power spectrum sampled at 11 points in time for each  
 365 token to 18 values. These values are a compressed representation of how the  
 366 spectrum changes over the sonorant-vowel interval. We have also compressed  
 367 time-varying ultrasound tongue splines sampled at 11 points in time for each  
 368 token to 18 values, which represents how midsagittal tongue shape changes over

369 the sonorant-vowel interval. These compressed representations correlate well  
370 with the original signals and should, therefore, capture important information  
371 in the original signals. We now turn to the details of the classification analysis.

## 372 2.7. Classification analysis

373 We use support vector machines (SVMs) in order to establish how robustly  
374 the three-way phonemic contrast can be classified for each sonorant, based  
375 on an initial training phase mapping phonological categories to acoustic  
376 and articulatory feature sets. SVMs are a class of supervised statistical  
377 learning models that aim to find the hyperplane that maximally separates two  
378 classes in  $N$ -dimensional space (Boser et al., 1992; James et al., 2013). The  
379 hyperplane is located at the *maximum margin*, which is the largest difference  
380 between data points of the two classes. Non-linear separation between classes  
381 is typically achieved via a kernel, whereby the data are transformed into  
382 a higher-dimensional space and linear classification is then performed in  
383 this high-dimensional space. SVMs are a binary classification method but  
384 multi-class classification can be achieved in various ways. The method we  
385 use is the one-against-one technique, in which each category is compared  
386 against one other category. This process is repeated for all combinations of  
387 categories, with each classifier voting for one category and the category with  
388 the highest number of votes being classified accordingly. SVMs have been  
389 widely applied to speech data (Clarkson and Moreno, 1999; Wang et al., 2013;  
390 Yu, 2017) and are typically reported to show good phoneme classification  
391 accuracy on acoustic and articulatory signals. One reason for this is that  
392 SVMs are concerned with the margins between classes, rather than the mean  
393 and variance of each class, meaning that a larger data set is better only insofar

394 as the additional data better represents the boundaries between classes.

395 Models were fitted using the `e1071` package in R (Meyer et al., 2021). We  
396 fitted separate models to each combination of sonorant type and position,  
397 such as word-initial laterals, word-final laterals, word-initial nasals, etc. Each  
398 model had phoneme as the outcome variable and the 18 dynamic acoustic  
399 features or the 18 dynamic ultrasound features as the predictor variables. Each  
400 feature set was randomly split into 80% training and 20% testing subsets. All  
401 models were fitted using a radial basis function kernel, and parameter tuning  
402 for each model was conducted on the training data only using a grid search  
403 over a range of values for  $\gamma = \{10^{-6}, 10^{-5}, \dots, 10^{-1}\}$  and  $C = \{0.1, 1, 10\}$ , with  
404 model performance evaluated using 10-fold cross-validation. The model with  
405 the optimal parameters was used to predict the phonemic identity of the 20%  
406 test data set based only on the input measurements (with separate models for  
407 acoustic and ultrasound data). In order to mitigate against splitting a small  
408 data set, we used Monte Carlo cross-validation (Picard and Cook, 1984; Kuhn  
409 and Johnson, 2013), which involved running 100 iterations of the train-test  
410 procedure for each model, using a different random train-test split each time.  
411 We then averaged over the 100 iterations to produce a final classification  
412 matrix and overall classification rates.<sup>3</sup> All code and data used for analyses

---

<sup>3</sup>In order to empirically determine the chance classification rate for a data set comparable in size and dimensionality to the models used here, we generated simulated data with 18 numerical variables corresponding to the 18 MFCC/DCT coefficients, each of which was populated with random values from a normal distribution  $\mathcal{N}(0, 1)$  and then each observation was randomly assigned one of three phoneme labels (plain, palatalised, velarised). We then ran the same procedure described above for the real models and found an average overall classification rate of 31.5-36.94% on random data, depending on the same size, which is

413 in this paper is available at: <https://osf.io/dfe7g/>.<sup>4</sup>

### 414 3. Results

#### 415 3.1. Laterals

416 The lateral acoustic model in Table 1 shows overall classification rates  
417 of 74.46% (initial) and 81.27% (final), which represents well above chance  
418 classification. The classification matrix for initial laterals shows that /l̥/ is  
419 the most accurately classified at 78.59%, while /l/ is the worst at 63.54%.  
420 Note that the majority of inaccurate classifications for /l̥/ in initial and final  
421 context are as /l̥ʲ/, suggesting some overlap in the correlates of velarised and  
422 palatalised lateral phonemes. Classification for word-final laterals is better  
423 than initial laterals, but word-finally /l̥ʲ/ is the most accurately classified  
424 phoneme at 91.77%. Overall, this suggests that initial and final laterals have  
425 broadly similar classification rates, with the palatalised and velarised phoneme  
426 being most similarly distinct initially and the velarised phoneme being most  
427 distinct finally.

428 The lateral ultrasound model in Table 2 shows overall classification rates  
429 of 73.37% (initial) and 83.04% (final), but these statistics particularly obscure  
430 considerable between-phoneme differences in classification, suggesting slightly  
431 more robust lateral contrasts in the ultrasound data. In word-initial context,  
432 /l̥ʲ/ shows rather poor classification of 59.03%, with 31.79% of productions

---

close to the theoretical chance level of 33.3% for three-way classification.

<sup>4</sup>Sensitivity testing and initial modelling was carried out using Lancaster University's High End Computing facility, after which final models were fitted locally for the publicly available documentation.

	WORD-INITIAL			WORD-FINAL		
	$\underset{\bar{\alpha}}{l^y}$	l	$\underset{\bar{\alpha}}{l^j}$	$\underset{\bar{\alpha}}{l^y}$	l	$\underset{\bar{\alpha}}{l^j}$
$\underset{\bar{\alpha}}{l^y}$	76.55	8.92	14.54	91.77	1.29	6.94
l	27.83	63.54	8.63	22.95	70.55	6.49
$\underset{\bar{\alpha}}{l^j}$	20.43	0.98	78.59	25.22	1.79	72.98
	Overall: 74.46%			Overall: 81.27%		

Table 1: SVM classification matrix for lateral acoustic data. Values represent percentage correct classification (rounded to 2 decimal places).

433 being misclassified as  $\underset{\bar{\alpha}}{l^j}$ /. Outside of this phoneme, the other phonemes are  
434 classified better than the acoustic MFCC data. This is also true for word-final  
435 laterals, except for  $\underset{\bar{\alpha}}{l^y}$ / being slightly better classified in the acoustic data  
436 (91.77% vs 89.77%).

	WORD-INITIAL			WORD-FINAL		
	$\underset{\bar{\alpha}}{l^y}$	l	$\underset{\bar{\alpha}}{l^j}$	$\underset{\bar{\alpha}}{l^y}$	l	$\underset{\bar{\alpha}}{l^j}$
$\underset{\bar{\alpha}}{l^y}$	59.03	9.18	31.79	89.77	1.11	9.11
l	18.88	80.81	0.31	15.05	81.28	3.67
$\underset{\bar{\alpha}}{l^j}$	14.29	0	85.71	21.37	1.84	76.79
	Overall: 73.37%			Overall: 83.04%		

Table 2: SVM classification matrix for lateral ultrasound data. Values represent percentage correct classification (rounded to 2 decimal places).

437 In summary, the laterals data show variability in classification, but  
438 with slightly better classification in word-final context and substantially  
439 above-chance classification in all cases. The models show that  $\underset{\bar{\alpha}}{l^y}$ / and  $\underset{\bar{\alpha}}{l^j}$ /



440 are most often misclassified as each other and only very rarely as /l/. This  
441 suggests that while velarised and palatalised laterals do have some distinctive  
442 acoustic and articulatory correlates, there is a reasonable amount of overlap  
443 in these categories, which leads to occasional misclassification. The acoustic  
444 and articulatory data show relatively similar findings, except for substantially  
445 poorer classification for initial /l̥/ in the ultrasound data.

### 446 3.2. *Nasals*

447 The nasal acoustic model in Table 3 shows overall classification of 86.67%  
448 (initial) and 85.53% (final), which is higher than for laterals. Our previous  
449 work has reported less robust distinctions between nasal phonemes in Gaelic  
450 (Nance and Kirkham, 2020), but that analysis did not take formant transitions  
451 or acoustic dynamics into account. Indeed, our present analysis suggests that  
452 such dynamics are crucial to this contrast, and fitting comparable SVMs to  
453 a single time-point at the nasal steady-state reduces classification accuracy  
454 substantially (see Section 3.4).

455 We find that classification is relatively similar between positions. For  
456 example, /n/ is the worst classified phoneme in initial (81.22%) and final  
457 (82.32%) position, although both remain well classified. The velarised and  
458 palatalised phonemes are classified very similarly across both positions,  
459 suggesting a relatively high degree of distinctiveness between the acoustic  
460 correlates of all three phonemes.

461 The nasal ultrasound model in Table 4 is very similar to the acoustics  
462 model, with overall classification of 84.70% (initial) and 89.81% (final). /n/  
463 is classified better in final position (94.68%) than in initial position (84.10%),  
464 but classification remains high in all cases.

	WORD-INITIAL			WORD-FINAL		
	$\underset{\text{n}}{\text{n}}^{\text{y}}$	n	$\underset{\text{n}}{\text{n}}^{\text{j}}$	$\underset{\text{n}}{\text{n}}^{\text{y}}$	n	$\underset{\text{n}}{\text{n}}^{\text{j}}$
$\underset{\text{n}}{\text{n}}^{\text{y}}$	87.05	6.24	6.71	86.17	0.57	13.26
n	15.02	81.22	3.76	10.52	82.32	7.16
$\underset{\text{n}}{\text{n}}^{\text{j}}$	9.08	0.58	90.34	9.96	1.64	88.40
	Overall: 86.67%			Overall: 85.53%		

Table 3: SVM classification matrix for nasal acoustics data. Values represent percentage correct classification (rounded to 2 decimal places).

	WORD-INITIAL			WORD-FINAL		
	$\underset{\text{n}}{\text{n}}^{\text{y}}$	n	$\underset{\text{n}}{\text{n}}^{\text{j}}$	$\underset{\text{n}}{\text{n}}^{\text{y}}$	n	$\underset{\text{n}}{\text{n}}^{\text{j}}$
$\underset{\text{n}}{\text{n}}^{\text{y}}$	80.13	7.92	11.95	91.79	0	8.21
n	9.29	84.10	6.61	4.58	94.68	0.74
$\underset{\text{n}}{\text{n}}^{\text{j}}$	9.01	0.90	90.10	12.27	2.09	85.64
	Overall: 84.70%			Overall: 89.81%		

Table 4: SVM classification matrix for nasal ultrasound data. Values represent percentage correct classification (rounded to 2 decimal places).

465 Overall, nasals show better classification than laterals in acoustics and  
466 articulation. Word-final phonemes are slightly better classified than word-initial  
467 phonemes in articulation, but this is only a small difference. This stands in  
468 contrast to our previous research, where we found weak distinctions between  
469 nasal phonemes. We propose that our current model classifies nasals very  
470 effectively due to the incorporation of dynamic information across the nasal  
471 and adjacent vowel, suggesting that cues to the three-way contrast in nasals

472 is highly dynamic. We pursue this idea further in Section 3.4.

### 473 3.3. Rhotics

474 The rhotic acoustics model in Table 5 shows overall classification of 91.14%  
 475 (initial) and 73.19% (final). This means that rhotics show the best average  
 476 classification accuracy in initial position but the worst in final position across  
 477 all sonorant types in acoustics. We find very robust maintenance of initial  
 478 rhotic contrasts, with  $/r^y/$  at 92.99%,  $/r/$  at 90.16% and  $/r^j/$  at 89.20. In  
 479 particular,  $/r/$  is hardly ever misclassified as  $/r^j/$  (0.08%), which is impressive  
 480 given that these results represent the average of 100 model runs, meaning that  
 481 there was near-zero confusion between  $/r/$  and  $/r^j/$ . In contrast, word-final  
 482 rhotics show the poorest classification of any models, with classifications of  
 483  $/r^y/ = 75.14\%$ ,  $/r/ = 63.28\%$  and  $/r^j/ = 78.41\%$ . These misclassifications  
 484 are still substantially above chance classification, but it suggests that the  
 485 word-final categories have less robust phonetic correlates than word-initial  
 486 categories, which leads to poorer classification accuracies.

	WORD-INITIAL			WORD-FINAL		
	$r^y$	r	$r^j$	$r^y$	r	$r^j$
$r^y$	92.99	5.95	1.06	75.14	4.41	20.45
r	9.76	90.16	0.08	13.55	63.28	23.17
$r^j$	7.87	2.92	89.20	14.11	7.48	78.41
	Overall: 91.14%			Overall: 73.19%		

Table 5: SVM classification matrix for rhotic acoustic data. Values represent percentage correct classification (rounded to 2 decimal places).

487 The rhotic ultrasound model in Table 6 shows overall classification of  
 488 85.07% (initial) and 65.65% (final), showing the same patterning between  
 489 initial and final context but with slightly poorer performance than in acoustics.  
 490 Accordingly, every phoneme is classified slightly worse than the acoustics  
 491 model in both positions, except for word-final /r/, which is near identical  
 492 between the two modalities. Interestingly, the robustness of word-initial  
 493 classification is evidenced in the fact that /r̠<sup>j</sup>/ is never misclassified as /r/  
 494 and /r/ is never misclassified as /r̠<sup>j</sup>/, suggesting a categorical distinction  
 495 between these phonemes in articulatory dynamics. This suggests that the  
 496 palatalisation gesture in initial rhotics is highly distinct from the articulation  
 497 of the plain rhotic. In contrast, there are varying degrees of confusion between  
 498 palatalised and velarised rhotics, although these categories are still fairly well  
 499 classified.

	WORD-INITIAL			WORD-FINAL		
	r̠ <sup>y</sup>	r	r̠ <sup>j</sup>	r̠ <sup>y</sup>	r	r̠ <sup>j</sup>
r̠ <sup>y</sup>	84.12	13.75	2.14	58.42	6.20	35.38
r	12.00	88.00	0	15.28	63.80	20.92
r̠ <sup>j</sup>	18.40	0	81.60	21.77	4.80	73.43
	Overall: 85.07%			Overall: 65.65%		

Table 6: SVM classification matrix for rhotic ultrasound data. Values represent percentage correct classification (rounded to 2 decimal places).

500 Overall, the most striking result for the rhotics is that while classification  
 501 is the best of all models for initial rhotics, it is the lowest for final rhotics.  
 502 The acoustic data for initial rhotics also outperform the ultrasound data in

503 classification accuracy. This suggests that there exist clear correlates of the  
504 three-way contrast for initial rhotics, especially in acoustics, but much weaker  
505 phonetic correlates for the contrast in final rhotics.

#### 506 *3.4. Comparison between dynamic models and sonorant steady-state*

507 Finally, we compare the models in the above sections with models fitted  
508 to the midpoint of the sonorant steady-state, which was defined in Nance  
509 and Kirkham (2020) as a labelled interval that captures relatively static  
510 formant values during an unambiguously lateral, nasal or rhotic phase. The  
511 steady-state model structure was the same as for the dynamic models, but  
512 as there is only one time-point, there are only 6 MFCCs for the acoustics  
513 and 6 DCTs summarising the ultrasound tongue shape, with no additional  
514 dynamic information. Table 7 shows the average classification accuracy for  
515 each model, with comparison between steady-state and dynamic models. To  
516 re-cap, these values represent the average classifications over 100 Monte Carlo  
517 cross-validation train-test iterations.

518 Table 7 shows that the dynamic models produce higher average classification  
519 accuracies in all cases, with the exception of the initial laterals acoustics  
520 model, where the dynamic model is 2.53% worse. However, the magnitude of  
521 the difference between steady-state and dynamic models is highly variable  
522 between sonorants. In acoustics, the impact of dynamics on classification  
523 is largest for nasals (24.81% higher in initial, 34.26% higher in final) and  
524 is higher than 10% for all models except initial laterals. In the ultrasound  
525 data, the differences are generally smaller, with negligible differences for  
526 laterals, final nasals and initial rhotics, but with substantial improvement for  
527 initial nasals (12.67%) and final rhotics (24.69%) when dynamic information

modality	sonorant	position	steady-state	dynamic	difference
acoustics	lateral	initial	76.99	74.46	-2.53
		final	62.28	81.27	18.99
	nasal	initial	61.86	86.67	24.81
		final	51.27	85.53	34.26
	rhotic	initial	78.84	91.14	12.30
		final	51.33	73.19	21.86
articulation	lateral	initial	68.58	73.37	4.79
		final	76.04	83.04	7.00
	nasal	initial	72.03	84.70	12.67
		final	86.81	89.81	3.00
	rhotic	initial	76.24	85.07	8.83
		final	40.96	65.65	24.69

Table 7: SVM average classification accuracies (%) for models fitted to the sonorant steady-state (steady-state) and the whole sonorant-vowel interval (dynamic). The ‘difference’ column represents the dynamic model accuracy minus the steady-state model accuracy, with positive values indicating % improvement for the dynamic model over the steady-state model and negative values indicating better relative performance on the steady-state model.

528 is included.

529 Overall, this comparative analysis suggests that the contrastive correlates  
530 of phonological palatalisation take on a particularly dynamic quality for all  
531 sonorants in acoustics, except for initial laterals, and also take on a dynamic  
532 quality for initial nasals and final rhotics in the articulatory data. There  
533 are fewer dynamic cues to contrast in the ultrasound data, compared with

534 acoustics, with many sonorants not benefitting from the addition of dynamic  
535 articulatory information beyond a single theoretically-informed time-point at  
536 the sonorant steady-state.

### 537 *3.5. Summary of results*

538 We conducted classification analyses on the three-way contrast in laterals,  
539 rhotics and nasals in Scottish Gaelic, with separate models for word position  
540 and acoustic/articulatory data. We use classification accuracy as a proxy for  
541 the relative stability of each three-way contrast. In word-initial position, we  
542 find that rhotics are best classified, followed by nasals, and then laterals. This  
543 overall pattern is observed in both the acoustic and articulatory data, with the  
544 acoustic data always showing better overall classification rates. In word-final  
545 position, nasals are classified best, followed by laterals, and then rhotics. This  
546 overall pattern is observed in both the acoustic and articulatory data, with  
547 the articulatory data showing slightly better classification for final laterals  
548 and nasals, but not for rhotics. Finally, we show that incorporating dynamic  
549 information about the entire sonorant-vowel sequence improves classification  
550 accuracy by between 12.30% and 34.26% in the acoustic data, except for initial  
551 laterals, which are slightly worse when dynamics are included. However, the  
552 articulatory data show less overall improvement, with only initial nasals and  
553 final rhotics showing improvement of over 10% when dynamics are included.  
554 In the following section, we discuss the implications of these results for the  
555 role of dynamics in contrast maintenance and the stability of palatalisation  
556 contrasts.

## 557 4. Discussion

### 558 4.1. Variable stability of synchronic contrasts

559 A consistent finding in this study is that nasals have higher classification  
560 accuracy than laterals. We did not predict this based on the previous  
561 Gaelic research, but there are good reasons to believe this result, the most  
562 obvious of which is the inclusion of dynamic information in our models.  
563 Formant transitions are well known to be a strong cue to place of articulation,  
564 particularly for nasals (Malécot, 1956; Wright, 2004), which is due to the  
565 weakening of the upper formants due to nasal anti-formants in the spectrum.  
566 Indeed, Iskarous and Kavitskaya (2018) find nasals to be more distinctive  
567 than laterals in formant transitions. The inclusion of dynamic information for  
568 nasals is, therefore, a plausible reason for why we find better acoustic contrast  
569 in nasals than laterals, in contrast to Nance and Kirkham (2020), where we  
570 only analysed formants at the sonorant steady-state. This is supported by  
571 our finding that laterals are classified better than nasals in our steady-state  
572 models, but that nasal classification drastically improves when we incorporate  
573 dynamic information across the sonorant-vowel interval. From this, we can  
574 conclude that the three-way nasal contrast in Gaelic is fundamentally dynamic  
575 in nature and likely more so than for laterals or rhotics, due to the relevant  
576 cues to contrast being more temporally distributed for nasals.

577 We predicted that rhotics would show the weakest classifications, based on  
578 previous research (Kochetov, 2005; Stoll, 2017; Iskarous and Kavitskaya, 2018).  
579 This is true word-finally, but certainly not word-initially, which is in line with  
580 our previous work on Gaelic. In Nance and Kirkham (forthcoming 2022) we  
581 report strong evidence of contrast in initial rhotics based on low-dimensional



582 phonetic information, such as formant frequencies, so it is unsurprising that  
583 we also find good classification for rhotics when we take even more information  
584 into account. We do find, however, that final rhotics are classified comparably  
585 worse than any other sonorant, which supports the tendency towards contrast  
586 neutralisation in final rhotics. It is well-known that codas contain weaker  
587 acoustic cues for place of articulation than onsets (Ohala, 1990; Wright, 2004).  
588 Gaelic is unusual in having an overall VC structure, similar to Irish (Hammond  
589 et al., 2014; Ní Chiosáin et al., 2012), but, despite this, the proposal that  
590 acoustic cues are weaker in syllable-final position remains and is backed up  
591 by perceptual research. For example, Kochetov (2002) and Ní Chiosáin and  
592 Padgett (2012) both find that listeners are less likely to distinguish palatalised  
593 and non-palatalised pairs in VC contexts compared with CV contexts. This  
594 factor may explain the tendency for initial rhotics to show more robust  
595 distinctions than final rhotics, but this logic does not appear to extend to  
596 laterals or nasals, which show similar classification between positions and  
597 sometimes slightly better classification in final position.

598 We now briefly comment on how our model compares with human listeners;  
599 in other words, can Gaelic speakers accurately perceive phonemic identity  
600 from similar acoustic information to what we analyse here? Listeners can  
601 distinguish palatalised and non-palatalised consonants with high accuracy  
602 (Kochetov, 2002; Ní Chiosáin and Padgett, 2012; Spinu et al., 2012), even  
603 when they do not speak a language with palatalisation contrasts. Babel  
604 and Johnson (2010) found that American English listeners performed no  
605 differently from Russian listeners at a fast-paced AX discrimination task  
606 comparing word-initial Russian palatalised and non-palatalised consonants,

607 although Hacking et al. (2016) show that L2 English learners have greater  
608 difficulty producing the Russian contrast word-finally. Our rhotics results  
609 are in line with the above research showing better perceptual discrimination  
610 between palatalised and non-palatalised consonants in CV contexts compared  
611 with VC contexts. In summary, we consider our machine classification to be  
612 comparable to the discrimination capabilities of a human listener.

#### 613 *4.2. The dynamic nature of palatalisation contrasts*

614 A major finding of this study is the extent to which the incorporation of  
615 dynamic information improves acoustic classification. This was particularly  
616 true of nasals, but, surprisingly, we find little difference between the steady-state  
617 and dynamic models for initial laterals. It could be the case that the sonorant  
618 steady-state is where the primary cues for such contrasts exist in laterals.  
619 However, we also find other insensitivities to model adjustments in the initial  
620 laterals data. For example, during sensitivity testing we found that increasing  
621 or decreasing the number of coefficients had the least effect on initial laterals. It  
622 may be that the acoustic and articulatory data used here provides an adequate  
623 representation for this context, with reasonable accuracies of 73–75%, but  
624 that the highly audible contrast we perceive for initial laterals has other  
625 acoustic and articulatory correlates that are not well captured in this study.

626 Despite the strong contribution of dynamics to acoustic classification,  
627 we find this to a much lesser degree with the articulatory data. This may  
628 be a consequence of dynamic non-linearity in acoustic-articulatory relations  
629 (Stevens, 1989; Strycharczuk and Scobbie, 2017; Gorman and Kirkham, 2020),  
630 whereby articulatory variation in some parts of the vocal tract does not  
631 produce proportionate change in the acoustic output, at least in terms of

632 the parameters measured here. Another explanation could be the nature  
633 of the acoustic and articulatory representations used in this study. For  
634 instance, MFCCs capture rich details of the acoustic spectrum, whereas  
635 the midsagittal tongue shape obtained by ultrasound imaging is already a  
636 very sparse representation of the three-dimensional oral tract. Furthermore,  
637 it is possible that the the lesser contribution of dynamics to articulatory  
638 classification may be a consequence of our focus on global change in midsagittal  
639 tongue shape. It may be the case that other aspects of articulatory timing,  
640 such as the relative timing of coronal, palatalisation and velarisation gestures,  
641 represent stronger articulatory cues to contrast than overall change in tongue  
642 shape. We plan to explore this further in future research, with the aim of  
643 better understanding the articulatory dynamics of palatalisation contrasts.

644 Finally, we must highlight some caveats for interpreting the comparison  
645 between steady-state and dynamic models. First, the inputs to each model  
646 necessarily differ in dimensionality (6 for steady-state, 18 for dynamic). While  
647 this is an obvious consequence of incorporating time-varying information into  
648 the dynamic model, a larger number of parameters increases the possibility  
649 of overfitting and producing overly optimistic classification rates, so it would  
650 be valuable to further evaluate the effects of parameter space size on a much  
651 larger data set. We also cannot discount the possibility that the dynamic  
652 model is picking up on vowel cues that correspond to lexical items, rather than  
653 the phonetic correlates of deep phonological structure. In other words, by  
654 incorporating information from the sonorant and the adjacent vowel, we could  
655 be identifying mostly word-specific information. In part, this is unavoidable,  
656 as Gaelic has relatively few true minimal triplets for these contrasts, but

657 it would be worthwhile testing on languages where such contrasts have a  
658 higher functional load, such as Russian. Finally, our analysis demonstrates  
659 the extent to which dynamic information contributes towards classification  
660 accuracy, but does not tell us the precise nature of this dynamic information.  
661 In future research, we plan to examine the temporal dynamics of the lingual  
662 gestures involved in Gaelic palatalisation contrasts.

#### 663 *4.3. The diachronic typology of palatalisation contrasts*

664 We made the prediction that sonorants with a greater propensity towards  
665 diachronic phonological loss across a language family would show synchronically  
666 weaker contrasts. This was grounded in the principle that processes of  
667 diachronic change can be inferred from synchronic snapshots (Labov, 1994).  
668 In our case, the diachronic predictions suggested that laterals should have the  
669 highest classification rates and rhotics the lowest classification rates, given  
670 that lateral contrasts are best-maintained across the Goidelic language family  
671 and rhotics the least well-maintained. Our results only support the diachronic  
672 predictions when we focus solely on the sonorant steady-state, which is a  
673 partial and insufficient representation of palatalisation contrasts. When we  
674 take into account the dynamics of how the palatalisation gesture unfolds over  
675 time, we instead find a different set of results that interact strongly with word  
676 position. To re-cap, rhotics are best classified in initial position and worst in  
677 word-final position, with nasals being relatively well classified in all contexts,  
678 and laterals always being classified less accurately than nasals.

679 The word-final rhotic synchronic data, however, do pattern with diachronic  
680 trends towards neutralisation across Goidelic. Cross-linguistically, it has  
681 been shown that large rhotic inventories are subject to simplification, with

682 palatalised rhotics particularly susceptible to loss (Hall, 2000). We anticipate  
683 that competing biomechanical demands on palatalised rhotics can lead to  
684 partial masking of the palatalisation gesture, especially in word-final position.  
685 For instance, Stoll (2017) reports more variable gestural timing in palatalised  
686 rhotics compared with laterals, which may also lead to greater overlap between  
687 rhotic categories. Given sufficient exposure, this increased overlap is likely to  
688 cause instances of misperception and subsequent recategorisation of a listener’s  
689 phonological system, leading them to produce smaller distinctions between  
690 rhotic phonemes (Ohala, 1981, 1989). Moreover, if the reduced variants  
691 become recognised as acceptable by other community members, possibly due  
692 to the low functional load of the contrast, this is likely to accelerate the  
693 long-term progression of contrast neutralisation (Beckman et al., 1992; Bybee,  
694 2015).

695 Nasals are especially interesting in this case as Goidelic diachronic data  
696 suggests they are retained more frequently than large rhotic systems, but less  
697 frequently than large lateral systems. In Slavic, on the other hand, palatalised  
698 nasals are very frequently maintained cross-linguistically, more so than laterals  
699 and rhotics (Carlton, 1990; Iskarous and Kavitskaya, 2010). Our data pattern  
700 more closely with the reported typology of Slavic sonorant development, with  
701 nasal phonemes produced more distinctively than laterals and final rhotics.  
702 This is surprising in light of previous research, some of which has suggested  
703 only a two-way contrast in Gaelic nasals (Ladefoged et al., 1998; Nance and  
704 Kirkham, 2020), but it may be the case that the Gaelic contrast has been  
705 maintained by temporally distributing the phonetic cues to contrast across  
706 the sonorant-vowel interval, which has not previously been investigated as

707 thoroughly. We are unable to claim whether this is a novel development  
708 in Gaelic, but previous research on Slavic has also shown that nasals may  
709 sometimes show more robust contrasts than laterals in formant transitions  
710 (Iskarous and Kavitskaya, 2018), so it is likely that a similar pattern recurs in  
711 our data.

712 In summary, we find a more complex relationship between diachronic  
713 predictions and the variable stability of synchronic contrasts than we initially  
714 predicted. We believe, however, that the sociolinguistic context of Gaelic is  
715 highly informative in understanding these results. Gaelic is a minoritised  
716 language that is currently undergoing intense revitalisation. Minority languages  
717 often experience structural simplification (Dorian, 1981; Jones, 1998), but  
718 we note that speakers of Gaelic often have high levels of metalinguistic  
719 awareness about the language's phonology (Nance et al., 2016). All of the  
720 speakers in our study worked in Gaelic-essential jobs and, therefore, represent  
721 highly professional speakers of the language. The strong investment of such  
722 speakers in maintaining Scottish Gaelic also increases the likelihood of them  
723 learning to produce traditionally-reported contrasts in the language, which  
724 are often acquired through education. This sociolinguistic context, therefore,  
725 may represent one of the contributing mechanisms for the preservation of  
726 structures that would otherwise be likely to undergo loss in more typical cases  
727 of community transmission (Nance and Kirkham, forthcoming 2022). It is  
728 clear from this that identifying potential future paths of sound change in the  
729 Gaelic sonorant system will also require detailed attention to the changing  
730 sociolinguistics dynamics of Gaelic.

## 731 5. Conclusion

732 This study has examined the variable synchronic stability of palatalisation  
733 contrasts in light of claims that such contrasts are prone to diachronic  
734 simplification, reduction or loss. The cross-linguistic diachronic evidence  
735 suggested that laterals would show the most robust contrasts and rhotics  
736 the least robust contrasts. We do indeed find that rhotics are most poorly  
737 classified word-finally, which may reflect the diachronic trend towards contrast  
738 reduction, but we find the opposite pattern word-initially, where rhotic  
739 contrasts are highly robust. This demonstrates that some contrasts in Gaelic  
740 are robustly maintained despite intense pressures towards diachronic reduction.  
741 We do not find evidence to support the claim that laterals show more robust  
742 contrast than nasals, with both sonorants being well-classified, but with nasals  
743 showing better classification once dynamic information is taken into account.  
744 Accordingly, we find that synchronic speech production data bears a complex  
745 relationship with long-term patterns of diachronic change reported across  
746 the Goidelic languages, and it is likely that a fuller consideration of how  
747 phonological dynamics interact with changing sociolinguistic contexts will  
748 further illuminate the potential paths of sound change in Gaelic. Overall,  
749 we find evidence of weaker contrast in predictably unstable sonorants, but  
750 elsewhere we find that contrast is often more robust than previously anticipated,  
751 with the phonetic correlates of phonological structure located firmly in the  
752 temporal dynamics of the speech signal.

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760 **Appendix**

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Gaelic	Phoneme	Word position	Vowel context	English
latha	l̪ʲ	initial	a	day
lùib	l̪ʲ	initial	u	bend
càl	l̪ʲ	final	a	cabbage
cùl	l̪ʲ	final	u	back
mo litir	l	initial	i	my letter
mo leannan	l	initial	a	my darling
air an latha	l	initial	a	on the day
ann an Liurbost	l	initial	u	in Leurbost
mil	l	final	i	honey
dil	l	final	i	gravel
fuil	l	final	u	blood
càil	l	final	a	anything
dàil	l	final	a	delay
sùil	l	final	a	eye
litir	l̪ʲ	initial	i	letter
linnean	l̪ʲ	initial	i	centuries
leabaidh	l̪ʲ	initial	a	bed
Liurbost	l̪ʲ	initial	u	Leurbost
till	l̪ʲ	final	i	return (verb)
caill	l̪ʲ	final	a	lose (verb)
sail	l̪ʲ	final	a	salt (verb)
puill	l̪ʲ	final	u	ponds
ùill	l̪ʲ	final	u	oil (verb)

Table 8: Lateral word list used in this study.

Gaelic	Phoneme	Word position	Vowel context	English
nathair	$\bar{n}^y$	initial	a	snake
nuadh	$\bar{n}^y$	initial	u	new
ceann	$\bar{n}^y$	final	a	head
sunna	$\bar{n}^y$	final	u	blast
mo nighean	n	initial	i	my daughter
mo nathair	n	initial	a	my snake
mo nupair	n	initial	u	my spanner
fion	n	final	i	wine
glan	n	final	a	clean (verb)
dùn	n	final	u	fort
nighean	$\bar{n}^j$	initial	i	daughter
neach	$\bar{n}^j$	initial	a	person
niucleasach	$\bar{n}^j$	initial	u	nuclear
cinn	$\bar{n}^j$	final	i	heads
tàin	$\bar{n}^j$	final	i	cattle
guin	$\bar{n}^j$	final	i	arrow

Table 9: Nasal word list used in this study.

Gaelic	Phoneme	Word position	Vowel context	English
rionnag	r <sup>ʏ</sup>	initial	i	star
rabaid	r <sup>ʏ</sup>	initial	a	rabbit
rudan	r <sup>ʏ</sup>	initial	u	things
piorr	r <sup>ʏ</sup>	final	i	pierce
as fheàrr	r <sup>ʏ</sup>	final	a	best
cùrr	r <sup>ʏ</sup>	final	u	corner
mo rionnag	r	initial	i	my star
mo rabaid	r	initial	a	my rabbit
riubh	r	initial	u	to you
fior	r	final	i	really
sìor	r	final	i	eternal
far	r	final	a	where
cur	r	final	u	put
ri	r <sup>j</sup>	initial	i	to
fir	r <sup>j</sup>	final	i	men
sir	r <sup>j</sup>	final	i	ask
gàir	r <sup>j</sup>	final	a	laugh
bàir	r <sup>j</sup>	final	a	goal
muir	r <sup>j</sup>	final	u	sea

Table 10: Rhotic word list used in this study.