

1 Reducing Demand for Overexploited Wildlife Products: Lessons from Systematic Reviews
2 from Outside Conservation Science

3 Douglas MacFarlane^{1,2}, Mark J. Hurlstone^{2,3}, Ullrich K. H. Ecker², Paul J. Ferraro⁴,
4 Sander van der Linden⁵, Anita K. Y. Wan⁶, Diogo Veríssimo^{7,8}, Gayle Burgess⁹, Frederick
5 Chen¹⁰; Wayne Hall¹¹, Gareth J. Hollands¹², and William J. Sutherland^{1,13}

6 Conservation Science Group, Department of Zoology, University of Cambridge, Cambridge UK¹;
7 School of Psychological Science, University of Western Australia, Australia²; Department of
8 Psychology, Lancaster University, UK³; Carey Business School and the Department of
9 Environmental Health and Engineering, a joint department of the Bloomberg School of Public
10 Health and the Whiting School of Engineering, Johns Hopkins University⁴; Social
11 Decision-Making Laboratory, Department of Psychology, University of Cambridge, UK⁵;
12 Socio-Ecological and Conservation Science Lab, School of Life Sciences, Sun Yat-Sen University,
13 China⁶; Oxford Martin Programme on the Illegal Wildlife Trade, Oxford University, UK⁷;
14 Department of Zoology, University of Oxford, Oxford, UK⁸; TRAFFIC, The Wildlife Trade
15 Monitoring Network, UK⁹; Economics Department, Wake Forest University, US¹⁰; National
16 Centre for Youth Substance Use Research, University of Queensland, Australia¹¹; Behaviour and
17 Health Research Unit, University of Cambridge, UK¹²; BioRISC, St. Catharine's College,
18 Cambridge CB2 1RL, UK¹³

Abstract

19

20 Conservationists have long sought to reduce consumer demand for products from
21 overexploited wildlife species. Health practitioners have also begun calling for reductions in
22 the wildlife trade to reduce pandemic risk. Most wildlife-focused demand reduction
23 campaigns have lacked rigorous evaluations and thus their impacts remain unknown. There
24 is thus an urgent need to review the evidence from beyond conservation science to inform
25 future demand-reduction efforts. We searched for systematic reviews of interventions that
26 aimed to reduce consumer demand for products that are harmful (e.g., cigarettes and illicit
27 drugs). In total, 41 systematic reviews were assessed, and their data extracted.
28 Mass-media campaigns and incentive programs were, on average, ineffective. While
29 advertising bans, social marketing, and location bans were promising, there was insufficient
30 robust evidence to draw firm conclusions. In contrast, the evidence for the effectiveness of
31 norm appeals and risk warnings was stronger, with some caveats.

32

33

34

Keywords: illegal wildlife trade · demand reduction · evidence-based interventions ·
overconsumption · biodiversity conservation · mass-media campaigns · social norms · fear
appeals · behaviour change · zoonoses

35 Reducing Demand for Overexploited Wildlife Products: Lessons from Systematic Reviews
36 from Outside Conservation Science

37 **Introduction**

38 The overexploitation of wild animals, plants, and fungi is a major driver of
39 biodiversity decline (Maxwell et al., 2016; Rosen & Smith, 2010). In addition to directly
40 depleting population numbers, overexploitation can affect the balance of predator and prey
41 species within food webs and diminish the productivity of important human food sources.
42 For example, the global shark-fin industry, driven primarily by Asian demand for shark-fin
43 soup (Dulvy et al., 2014), is an important cause of declining shark populations (S. Clarke
44 et al., 2007). Sharks play a crucial role in maintaining ecosystem health, and their
45 overexploitation dramatically restructures marine-life communities, which in turn, has been
46 linked to the collapse of fishing industries (Brierley, 2007; Myers et al., 2007).

47 A major driver of overexploitation is the wildlife trade, which comprises a diverse set
48 of actors, ranging from suppliers that hunt and transport products, to consumers who buy
49 and trade them through tourist markets, exotic pet forums, and other means. Consumer
50 demand for wildlife products such as rhino horn, pangolin scales, and bat meat
51 (Suwannarong & Schuler, 2016) can threaten biodiversity in complex ways. For example,
52 the international trade in wildlife can facilitate the global spread of infectious wildlife
53 diseases (Kolby, 2016) such as the amphibian chytrid fungus, which is spread through the
54 amphibian trade and has already caused more extinctions than any other pathogen in
55 recorded history (Scheele et al., 2019).

56 Beyond its alarming environmental impacts, the illegal and unethical aspects of the
57 wildlife trade can have devastating effects on human communities by accelerating
58 government corruption (Wittig, 2016) and militarising conservation responses (Crayne &
59 Haenlein, 2016; Duffy & Humphreys, 2016). The wildlife trade has likely contributed to the
60 emergence of several major human disease outbreaks, including at least two novel

61 coronavirus outbreaks in the last two decades (Cyranoski, 2020). Virologists have
62 consistently warned that the highest risk of virulent zoonotic spillovers comes from the
63 mixing of taxonomically diverse species and increased human-animal interaction (Johnson
64 et al., 2015, 2020) that are ubiquitous in the wildlife trade.

65 The traditional response to the overexploitation of wildlife has been to attempt to
66 reduce supply via international trade bans and regulations under the Convention on
67 International Trade in Endangered Species of Wild Fauna and Flora. Whilst there is some
68 evidence that trade bans can be effective when accompanied by other measures (Kasterine
69 & Lichtenstein, 2018), they can have adverse impacts. For example, trade bans can
70 increase demand among consumers who believe the resource may soon be unavailable,
71 driving price hikes that incentivise illegal poaching (e.g., bush meat and black rhinoceros;
72 Cronin et al., 2015; Leader-Williams, 2014). This can also occur when a product ban is
73 poorly enforced and demand is inelastic, which incentivises traders to supply markets
74 illegally and use force to control the market (Challender et al., 2019; Heltberg, 1999).

75 Given these limitations, conservationists increasingly want to complement supply-side
76 interventions with actions to reduce consumer demand such as public communications and
77 awareness-raising campaigns to counter the illegal wildlife trade (E. M. Wright et al.,
78 2016). However, fundamental questions remain about which campaigns are the most
79 effective in reducing consumer demand for overexploited (also illegal or unethical) wildlife
80 products. Are awareness-raising campaigns effective for changing consumer behaviour? Are
81 positively framed messages more effective than negative ones? Can incentives provide
82 sustainable consumer behaviour change? Is social marketing a key to halting
83 overconsumption? Does banning location-based consumption, such as China's ban on
84 shark-fin soup at government banquets (Ng, 2013), reduce overall consumption, or merely
85 displace it? The present overview seeks to provide novel insight into these questions.

86 Unfortunately, the evidence on the impact of interventions aiming to alter the
87 behaviour of wildlife consumers is largely anecdotal or based on weak research designs with

88 a high risk of bias, such as pre-post studies without control comparisons. A recent review
89 by Verissimo and Wan (2019) identified 236 demand-reduction campaigns aimed at wildlife
90 products but found only five that reported direct changes in consumer behaviour.
91 Furthermore, only two campaigns reported behavioural outcomes that allowed estimates of
92 variability and effect sizes. The authors concluded the absence of robust evaluations
93 precluded meaningful recommendations to inform future action. There is urgent need for
94 empirical evidence to increase the likelihood that future demand-reduction campaigns are
95 effective and efficient, and do not have counterproductive effects.

96 To fill this knowledge gap, we examine the broader literature on “what works” in
97 reducing consumer demand for products that are harmful to health, society, or the
98 environment. Since most demand-reduction campaigns are intended to counter behaviours
99 that cause such harms, we confined our search criteria to interventions that target products
100 considered harmful (e.g., alcohol, cigarettes, unhealthy foods). This multidisciplinary
101 approach is important for two primary reasons. First, compared to conservation, greater
102 resources have been devoted to testing behaviour-change interventions to reduce harmful
103 consumer demand in health, criminology, and education (Kidd, Bekessy, & Garrard, 2019b;
104 Leigh, 2018; Pynegar et al., 2019). Consequently, there is more robust evidence on the
105 effectiveness of interventions targeting harmful consumer demand in disciplines other than
106 conservation. Second, there is little reason to suggest this situation is likely to change.
107 Until conservation organisations adopt experimental (or robust quasi-experimental) designs
108 to test behaviour-change interventions (Bayliss et al., 2016; Kidd, Bekessy, & Garrard,
109 2019a), it will be difficult to determine which strategies are effective, ineffective, or harmful.

110 Our aim was to synthesise evidence on demand-reduction interventions targeting
111 products that may have parallels with the wildlife trade (i.e., sharing similar consumer
112 motivations, such as the desire for recreation or social recognition; Table 1). We
113 acknowledge that consumer dynamics of non-wildlife products will inevitably differ in ways
114 that may limit the generalisability of the results to conservation (e.g., alcohol is cheap,

115 accessible, and mostly legal, whereas rhino horn is expensive, harder to source, and often
116 illegal). However, conceptually similar underlying consumer motivations (Table 1) and
117 analogous approaches to demand-reduction campaigns provide a sufficient basis to estimate
118 the potential effectiveness of commonly used behavioural interventions.

119 The demand-reduction campaigns that are the subject of our review were primarily
120 designed to reduce demand for products that are harmful to the health of the user. While
121 many wildlife products carry considerable health risks (e.g., bush meats have been linked
122 to infectious diseases), we recognise that many others do not (e.g., ivory), which may thus
123 limit the generalisability of the conclusions drawn from our analysis pertaining to such
124 products. However, if we assume that people prioritise their own welfare over other issues,
125 then finding that a strategy is ineffective at reducing demand for a product that is harmful
126 to health suggests the same strategy will also be ineffective at reducing demand for
127 products that are non-harmful to health. Thus, our focus on products that are harmful to
128 health is justifiable as it may help determine the upper-bound for effectiveness of strategies
129 to reduce demand for wildlife products that are non-harmful to health.

130 **Methods and Results**

131 We formed an advisory board of experts in health, psychology, social marketing,
132 economics, and conservation to inform our search strategy. The advisory board generated a
133 list of relevant terms to initiate the literature search (Supplementary Search Strategy and
134 Table S1). We began with a systematic search of the Cochrane Library, followed by a
135 systematic search of the Web of Science, PsychINFO, and Scopus platforms. We then
136 manually retrieved any additional citations either suggested by the advisory board or
137 identified by backwards citation searching from included studies. To provide a manageable
138 overview of the vast body of evidence, we imposed several eligibility criteria
139 (Supplementary Eligibility Criteria and Table S2). Chief amongst these was that we
140 limited our analysis to systematic reviews or meta-analyses of interventions to reduce

141 demand for a harmful product using quantitative data vis-à-vis intervention effectiveness
142 that were judged by the research team to be relevant to wildlife products and related
143 behaviours. The final list of included articles contained forty-one systematic reviews, of
144 which sixteen contained meta-analyses. Data were extracted from reviews using a
145 standardised form that collected information regarding the outcome indicators assessed,
146 results of any meta-analysis, study limitations, and a summary of the authors' conclusions
147 (Supplementary Data Extraction and Table S3).

148 Reviews were categorised into seven broadly defined intervention types: mass-media
149 campaigns, incentives, advertising bans and regulations, social-marketing campaigns,
150 location-based bans, norm appeals, and risk warnings (this taxonomy of intervention types
151 emerged whilst conducting the data screening and extraction, since they were common
152 approaches assessed by the systematic reviews). Reviews were assessed according to quality
153 (Supplementary Quality Assessment), with twelve rated as Quality A (no limitations
154 identified); thirteen as Quality B (one limitation identified); and sixteen as Quality C (two
155 or more limitations identified). We assessed reviewer agreement across each review-quality
156 criterion individually with a reliability analysis using Cohen's κ (Supplementary κ
157 Analysis). Mean percentage agreement was 88% and average $\kappa = 0.63$ ($\kappa > 0.6 =$
158 substantial agreement; McHugh, 2012). Individual criteria with $\kappa < 0.6$ were revisited for
159 discussion and reconciliation. Only one criterion (Supplementary κ Analysis) failed to meet
160 this benchmark ($\kappa = 0.22$). Subsequently, four instances of disagreement were revisited and
161 some additional limitations were noted. The reconciliation process did not change the
162 overall review-quality ratings, as most disagreements related to low-quality reviews with
163 several other limitations.

164 Narrative summaries of each systematic review are provided next (for more detailed
165 information, see Supplementary Table S3). Reviews under each intervention category are
166 ordered by review quality, date, and name of first author. Number of studies included in
167 each systematic review is denoted via k . When reviews provided information on

168 experimental design of included studies, we provide this information using the following
169 abbreviations: RCT = Randomised control trial; ITS = Interrupted time series; NRSI =
170 Non-randomised studies of interventions; BA = Before/after; L = Longitudinal; Obs =
171 Observational.

172 **Mass-Media Campaigns**

173 This category included initiatives that used mass-media communication to persuade
174 people to change their behaviour. A typical example was a campaign that ran
175 advertisements at cinemas to challenge perceptions about smoking.

176 Nine systematic reviews focused on the impact of mass-media campaigns, mostly on
177 drug consumption (illicit drugs, alcohol, and tobacco). **Review Quality A:**
178 Carson-Chahhoud et al. (2017, $k = 8$, 7 RCT, 1 ITS) noted most (five of eight) studies
179 found no effect of mass-media campaigns on preventing youth smoking. However, they
180 concluded it would be unwise to draw firm conclusions due to inconsistent results and risk
181 of bias in study designs and methods. Mosdøl et al. (2017, $k = 6$, 5 RCT, 1 ITS) concluded
182 that their confidence in the impact of mass-media campaigns on multiple behaviours
183 (including tobacco and alcohol consumption) in ethnic minorities was very low because
184 most studies were of low quality. Allara et al. (2015, $k = 19$, 8 RCT) found no effect of
185 mass-media campaigns on illicit drug use in eight studies, evidence of beneficial effects in
186 four studies, and evidence of maladaptive effects in two studies. They concluded it is not
187 possible to draw general conclusions due to paucity and inconsistency of available evidence.
188 **Review Quality B:** Bala et al. (2017, $k = 11$, NRSI) concluded comprehensive tobacco
189 control programs may change smoking behaviours in adults, but noted evidence came from
190 a small number of very low quality studies. Trieu et al. (2017, $k = 22$, 4 RCT) found
191 population-level mass-media campaigns can reduce salt consumption, but higher-quality
192 studies showed smaller effect sizes and inconsistent results, so they concluded that
193 mass-media campaigns are likely ineffective. Werb et al. (2011, $k = 11$, 7 RCT, 4 Obs)

194 found only one of seven RCTs found evidence that public-service announcements reduce
195 illicit drug use and two found evidence that they increased usage. A meta-analysis of
196 eligible RCTs showed no significant effect. Observational studies revealed evidence of
197 beneficial and harmful effects. **Review Quality C:** Allen et al. (2015, $k = 34$, NRSI)
198 concluded there was strong evidence supporting use of mass-media campaigns to reduce
199 youth smoking. Durkin et al. (2012, $k = 26$, NRSI) concluded the effectiveness of
200 mass-media campaigns on reducing youth smoking depended on campaign reach, intensity,
201 duration, and messaging used—communicating negative health effects was most effective at
202 encouraging quitting. Snyder et al. (2004, $k = 21$, mostly NRSI) concluded that
203 mass-media health campaigns have only small measurable effects on tobacco and alcohol
204 consumption over the short term.

205 **Incentives**

206 These interventions inform participants that they will receive future benefits if they
207 adopt a desired health behaviour (e.g., smoking cessation). Incentives included contests,
208 competitions, incentive schemes, lotteries, raffles, and contingent payments. An example is
209 the smoke-free class competition, which involves asking students to enter into a contract
210 not to smoke for a set period and promises of prizes for classes that stay mostly ($> 90\%$)
211 smoke-free.

212 Three systematic reviews focused on the impact of incentive campaigns (e.g., contests
213 and lotteries) in smoking behaviours. **Review Quality A:** Corepal et al. (2018, $k = 8$,
214 RCT) concluded that incentives have a small impact on reducing smoking in children and
215 adolescents (5-18 years). Mantzari et al. (2015, $k = 34$, RCT) concluded that financial
216 incentives can be effective for smoking cessation for up to 18 months, but effects did not
217 persist beyond 3 months after their removal. **Review Quality B:** Hefler et al. (2017, $k =$
218 8, 3 RCT) concluded the small number of studies suggested incentive programs did not
219 prevent smoking initiation.

220 Advertising Bans

221 This category includes bans or restrictions on advertising to promote the
222 consumption of harmful products, such as cigarettes or alcohol. Bans could cover, for
223 example, advertising on television, internet, or billboards. Another common example is
224 legislation requiring cigarettes to be sold in plain-packaging to remove the colourful and
225 attractive branding used in product promotion.

226 Six systematic reviews focused on the impact of advertising bans on cigarette and
227 alcohol consumption. **Review Quality B:** McNeill et al. (2017, $k = 51$, 1 RCT) concluded
228 that plain cigarette packaging may reduce consumption, noting that evidence was mostly
229 based on one large observational study in Australia ($N = 700,000$). Siegfried et al. (2014, k
230 $= 4$, 1 RCT, 3 ITS) concluded that the quality of evidence was too low to support a ban on
231 alcohol advertising. **Review Quality C:** Hughes et al. (2016, $k = 4$) concluded that there
232 is insufficient evidence from low-income countries to draw firm conclusions about the
233 impact of plain packaging on cigarette consumption. Moodie et al. (2012, $k = 37$, 2 RCT)
234 found the evidence for impact of plain packaging on cigarette consumption was mixed but
235 suggested it had a deterrent effect. Capella et al. (2008, $k = 50$) concluded that cigarette
236 advertising bans (both full or partial, e.g., only in broadcast media) did not have a
237 significant impact on cigarette consumption. Quentin et al. (2007, $k = 24$, NRSI) found in
238 10 of 24 studies that full-advertising bans had a significant effect on cigarette consumption,
239 but noted significant limitations in drawing conclusions from time-series data.

240 Social Marketing

241 Social marketing is broadly defined as the use of marketing techniques to achieve
242 positive social ends (Carins & Rundle-Thiele, 2014). Although social-marketing campaigns
243 can utilise mass-media, the approach differs from mass-media campaigns (as broadly
244 defined in the present paper) by encouraging adoption of other intervention approaches
245 such as education, social initiatives (e.g., designated driver campaigns), and counseling

246 (e.g., quit lines and cessation groups). Social marketing is commonly conceived as a
247 process in which intervention design is guided by key marketing principles such as customer
248 orientation, market segmentation, and motivational exchange (increasing incentives and
249 decreasing barriers to change) (Andreasen, 2002; Janssen et al., 2013).

250 Five systematic reviews focused on the impact of social-marketing campaigns on drug
251 consumption (cigarettes, alcohol, and illicit drugs). **Review Quality B:** Janssen et al.
252 (2013, $k = 6$) concluded that the impact of social-marketing campaigns could not be
253 assessed due to lack of quality studies. Stead et al. (2007, $k = 35$) used a problematic
254 vote-counting approach (comparing the number of studies with significant vs.
255 non-significant results) to conclude that social-marketing principles could be effective in
256 reducing use of tobacco, alcohol, and illicit drugs. **Review Quality C:** Hung (2017, $k =$
257 48) concluded interventions based on social-marketing principles had small significant
258 effects on smoking, but no effect on alcohol consumption. Almestahiri et al. (2017, $k = 8$)
259 concluded that social-marketing interventions can positively influence smoking behaviours
260 (e.g., quit attempts and smoking prevalence). Kubacki et al. (2015, $k = 10$) found positive
261 results in 6 of 10 studies and concluded that social marketing was largely effective in
262 reducing alcohol consumption.

263 **Location Bans**

264 This category included bans on cigarette smoking in public places. Typically,
265 legislative bans and policies prohibit smoking in public spaces (e.g., restaurants and trains)
266 and workplaces (e.g., offices, hospitals, schools, and universities).

267 Seven systematic reviews focused on the impact of location bans on cigarette
268 consumption. **Review Quality A:** Frazer, McHugh, et al. (2016, $k = 17$, NSRI) concluded
269 that location-based smoking policies in hospitals, prisons, and universities can reduce
270 smoking rates, although they noted that the evidence quality was low. **Review Quality**
271 **B:** Monson and Arsenault (2017, $k = 16$, BA & L) concluded legislated bans on smoking in

272 public areas had an overall positive effect on reducing smoking rates at home. Frazer,
273 Callinan, et al. (2016, $k = 77$, NSRIs) concluded that the impact of smoking bans on
274 smoker numbers and cigarette consumption were inconsistent, but that national bans were
275 effective. **Review Quality C:** Bennett et al. (2017, $k = 11$, NRSI, mostly cross-sectional)
276 concluded that more longitudinal studies were needed, while noting two promising studies
277 showing that smoke-free policies significantly reduced smoking at universities. Hopkins et
278 al. (2010, $k = 57$, BA) concluded smoke-free policies reduce tobacco consumption, but their
279 results were less compelling when only the strongest study designs were assessed. Bell et al.
280 (2009, $k = 16$, NRSI: 1 quasi experimental, 3 cohort, 12 cross-sectional) concluded that
281 smoking bans at worksites can reduce overall cigarette consumption but results varied
282 across sub-groups (e.g., less impact on low income groups) and bans may have unintended
283 consequences (e.g., displacement of smoking). Chapman et al. (1999, $k = 19$) found 18 of
284 19 studies showed smoke-free policies reduced daily smoking during working hours.

285 **Norm Appeals**

286 Social norms are rules or standards about how members of a community should
287 behave. They range from the explicit (e.g., laws and regulations) to the implicit and
288 unspoken (e.g., norms about where to sit on a train). A norm appeal communicates a
289 desirable social norm with the aim of altering people's behaviour towards that norm. A
290 common example involves providing personalised normative feedback about actual
291 consumption (e.g., average student drinking norms) so that outliers (e.g., students who
292 drink more than average) adjust their behaviour towards the norm (Wood et al., 2012).

293 Three systematic reviews focused on the impact of social-norm appeals on alcohol
294 consumption. **Review Quality A:** Prestwich et al. (2016, $k = 41$, RCT) concluded even
295 large changes in beliefs about social norms produce only small changes in alcohol intake,
296 and thus norm appeals should be combined with other interventions. Foxcroft et al. (2015,
297 $k = 66$, RCT) found social-norm appeals had small but significant effects on drinking

298 frequency and quantity (namely, 0.9 alcoholic drinks less per week compared to a baseline
299 of 13.7 drinks). However, they suggested the effect sizes may be too small to be practically
300 useful. Dotson et al. (2015, $k = 8$, 13 RCT) concluded that personalised normative
301 feedback had a small but clinically relevant impact on college student drinking (a reduction
302 of ≈ 3 drinks per week).

303 Risk Warnings

304 These interventions draw consumers' attention to the potential risks of consuming a
305 harmful product. Most evidence on reducing harmful consumer demand assessed through
306 systematic reviews has focused on the impacts of highlighting risks to personal health (e.g.,
307 requiring cigarette packages to display graphic images of smoking-related diseases). The
308 results therefore may not generalise to risk warnings outside this specific context (e.g., risks
309 to reputation, conservation outcomes, or cruelty to animals).

310 Eight systematic reviews focused on the impact of risk-warning messaging on mostly
311 tobacco, and to a lesser extent, alcohol consumption. **Review Quality A:** N. Clarke et al.
312 (2020, $k = 12$, RCT) concluded health warning labels have significant potential for
313 decreasing the selection of unhealthy food and drink products. However, they noted all
314 experimental studies to date had been conducted in the laboratory or online. Sheeran et al.
315 (2014, $k = 209$, RCT) concluded heightening risk appraisals (namely risk perceptions,
316 anticipated emotions, and perceived severity) had a small but significant impact on
317 smoking, but not on alcohol consumption. Risk warnings were most effective when
318 accompanied by appeals to self-efficacy (confidence in one's ability to change towards a
319 recommended behaviour) and response-efficacy (perceptions about how much the
320 recommended behaviour will alleviate the hazard). **Review Quality B:** Noar, Hall, et al.
321 (2016, $k = 37$, RCT) concluded that pictorial warnings were more effective than text
322 warnings for most non-behavioural outcomes (e.g., elicited negative attitudes towards
323 smoking). However, they identified only a single experimental study that assessed their

324 impact on behaviour. Tannenbaum et al. (2015, $k = 127$, RCT) concluded fear appeals
325 positively influenced behaviours in all but a few circumstances. Monárrez-Espino et al.
326 (2014, $k = 12$, 5 RCT) concluded there was poor evidence for, or against, the sustained
327 impact of pictorial health warnings on smoking. The authors noted that risk warnings are
328 likely to have a modest impact on behaviour. Peters et al. (2013, $k = 13$, RCT) concluded
329 that threatening communications were only effective when the target population had high
330 self-efficacy. **Review Quality C:** Noar, Francis, et al. (2016, $k = 22$ NRSI) concluded that
331 strengthened cigarette-pack warnings (e.g., increased size of text warning, change from text
332 to graphic image) reduced smoking and increased cessation. Scholes-Balog et al. (2012, $k =$
333 10, NRSI) concluded that alcohol warning labels were not associated with changes in
334 self-reported risky alcohol use amongst adolescents.

335 **Meta-Analytic Summary**

336 Figure 1 provides a visual summary of the primary effect size reported in each
337 systematic review that included a meta-analysis (Supplementary Data Analysis). Effect
338 sizes in Figure 1 are displayed to demonstrate whether each intervention type was effective
339 in reducing a harmful consumer behaviour, ineffective, or counterproductive (i.e., increased
340 harmful consumer behaviour). Social marketing, location bans, norm appeals, and risk
341 warnings were all effective. The effectiveness of the latter two interventions was
342 particularly robust and noteworthy across multiple meta-analyses of high-quality reviews
343 (norm appeals) and moderate to high-quality reviews (risk warnings). By contrast,
344 mass-media campaigns, incentives, and advertising bans generally had no effect on
345 behaviour. Reassuringly, none of the intervention types were counterproductive.

346 **Discussion**

347 Our analysis sought to provide a broad overview of the evidence, from outside the
348 conservation literature, on seven types of interventions that aim to reduce harmful
349 consumption. Some results will come as a surprise to many engaged in delivering

350 demand-reduction campaigns for overexploited wildlife products. Notably, two of the most
351 commonly used approaches to effecting behaviour change for conservation—mass-media
352 campaigns and incentive programs—were ineffective, on average. Moreover, any effects of
353 incentive programs disappeared shortly after programs ended (> 3 months). In contrast,
354 the two strategies that emerged as most supported, with some caveats, have been
355 under-utilised (norm appeals; Kidd, Garrard, et al., 2019) or actively resisted by some in
356 conservation (risk warnings; Kidd, Bekessy, & Garrard, 2019b). We found some evidence
357 the remaining three interventions can be effective, namely advertising bans, social
358 marketing, and location bans, but a lack of robust evidence precluded firm conclusions
359 about their overall impact.

360 We also found that none of the intervention types appear, on average, to be
361 counterproductive. This finding must be interpreted with some caution as the reviewed
362 literature contains only a few precisely estimated zero effects from well-designed studies,
363 and instead contains many noisy estimates from poorly-designed studies. However, the
364 available data suggests there may be little risk in investigating whether combinations of
365 multiple approaches are more effective than individual approaches. Indeed, there is already
366 considerable overlap between our broadly defined intervention types, such as location bans
367 that signal social norms or social-marketing campaigns that utilise mass-media. However,
368 the non-mutually exclusive nature of our taxonomic categories is also problematic in that
369 they may be difficult to tease apart, which makes replication and drawing firm conclusions
370 potentially difficult. The inability to completely distinguish between intervention types
371 suggests future research might benefit from exploring alternative frameworks for assessing
372 campaign efficacy, such as cost-benefit analysis or compatibility with theoretical
373 behaviour-change frameworks (e.g., Michie et al., 2011).

374 Interestingly, despite the considerable investment in evaluating behaviour-change
375 campaigns within the public health domain, many systematic reviews were unable to draw
376 firm conclusions about the impact of several popular approaches, owing to a lack of robust

377 study designs. Specifically, systematic reviews of mass-media campaigns and social
378 marketing often concluded that multiple methodological shortcomings limited conclusions,
379 whereas higher quality reviews concluded that insufficient high-quality studies prevented
380 firm conclusions being reached. This highlights the importance of considering evidence
381 quality when drawing conclusions about the impact of a particular intervention.

382 We now discuss results of each specific intervention type with reference to insights
383 from psychology and consider to what extent, and under what contexts, each might be
384 useful in reducing demand for wildlife products.

385 **Interventions Found to be Generally Ineffective**

386 **Mass-media campaigns.** Mass-media campaigns are often seen as synonymous
387 with awareness raising, arguably the most common behaviour-change approach in
388 conservation (Kidd, Garrard, et al., 2019). Despite their popularity, mass-media campaigns
389 were adjudged to be ineffective in all four meta-analyses. Only one of nine systematic
390 reviews, with multiple methodological limitations, suggested there was strong evidence
391 supporting the use of mass-media campaigns. This review noted that effectiveness varied
392 with message content, with strongest evidence for messages highlighting health risks. The
393 remaining eight reviews argued that the low quality of primary evidence precluded firm
394 conclusions about effectiveness.

395 These results do not mean that all reviewed mass-media campaigns were ineffective.
396 Systematic reviews of mass-media campaigns tended to encompass other interventions,
397 which were more targeted and supported by insights from psychology, and that were found
398 to be effective when considered separately, such as norm appeals and risk warnings. We
399 thus restrict our critique of mass-media campaigns to those that fail to target specific
400 psychological drivers of harmful consumption other than lack of awareness.

401 A major problem with awareness-raising campaigns is they rely on an intuitive, but
402 incomplete, mental model of human behaviour—“if people only knew what I know about

403 this problem, then they would change their behaviour.” This is the information-deficit
404 model—the assumption people’s behaviour will change once they have the right
405 information (Sturgis & Allum, 2004). However, much research shows that access to
406 information is only one of many competing influences on human behaviour (MacFarlane et
407 al., 2020b; Marteau et al., 2012; Rossen et al., 2016). For example, the success of a
408 campaign to increase household recycling will be limited by structural barriers such as
409 access to recycling facilities, cost of services, and inconvenience to householders. Even
410 when such barriers are low, the success of an intervention may be limited by internal
411 psychological barriers such as lack of motivation to participate in recycling programs or a
412 widespread perception that it is socially acceptable not to recycle (Hornik et al., 1995).

413 We advise conservation practitioners against using mass-media campaigns that ignore
414 the structural or psychological barriers to behaviour change (Figure 2). This conclusion is
415 shared by those who have argued that organisations seeking social change should not solely
416 rely on awareness-raising (Burgess, 2016; Christiano & Neimand, 2017).

417 **Incentives.** All three systematic reviews of incentives noted their analyses were
418 based on a small number of studies so results should be interpreted with caution.
419 Nevertheless, two concluded that incentives were probably ineffective and the third found
420 they can be effective, but only in the short-term.

421 Incentive schemes for reducing environmental harms are likely familiar to many
422 conservationists (Pearce & Turner, 1990), including those combating the supply side of the
423 illegal wildlife trade (Bulte et al., 2003). However, to the best of our knowledge, such
424 schemes have not yet been applied to the demand side (i.e., to discourage consumption).

425 On the available evidence, we caution against using incentives to target long-term
426 behaviour in wildlife consumers. Practitioners who use incentives should be prepared to
427 robustly test their effectiveness. The reasons incentive schemes can fail to change
428 behaviour include: (i) introducing extrinsic incentives can undermine people’s intrinsic
429 motives, thereby reducing overall motivation to conserve wildlife (Rode et al., 2015); (ii)

430 incentives can lead to “moral licencing” that enables people to “pay” some financial cost to
431 offset any feelings of guilt, and thus encourages even more problematic behaviours (e.g., to
432 buy more wildlife products; Bowles, 2009); and (iii) incentives tend to have short-term
433 effects, meaning once the incentive is withdrawn, people revert to their previous behaviours
434 (P. Schultz & Kaiser, 2012). An alternative approach to incentives may be to invigorate
435 and amplify existing consumer intrinsic motivations towards conserving wildlife (Figure 2),
436 such as by making flagship species a symbol of national pride (Smith et al., 2020).

437 **Promising Interventions that Require more Robust Evidence**

438 **Advertising bans.** There is limited evidence that advertising bans can be effective
439 in reducing harmful consumer demand. Five of six reviews noted there was insufficient
440 evidence to draw strong conclusions, yet half nonetheless still concluded that they can be
441 effective. In support, McNeill et al. (2017) noted that studies have consistently shown
442 consumers prefer branded over plain-packaged cigarettes. In the reviews classed as having
443 two or more limitations, two concluded that the evidence generally supported the use of
444 advertising bans, whereas one concluded advertising bans did not reduce cigarette
445 consumption.

446 Given the limited evidence, we recommend that wildlife researchers first evaluate
447 whether, and to what extent, advertising drives consumer demand for wildlife products
448 (Figure 3). For example, practitioners could conduct a randomised controlled experiment
449 assessing consumers’ hypothetical willingness-to-pay (MacFarlane et al., 2020a) for
450 plain-packaged vs. branded wildlife products (see Figure 4 for examples). If branding is
451 shown to significantly increase wildlife consumer demand, then practitioners should
452 consider how to limit advertising/branding of wildlife products (e.g., by lobbying
453 governments to penalize companies that produce product packaging).

454 If advertising motivates demand, then the effectiveness of bans will be limited by two
455 factors. First, the illegal nature of much wildlife trade would make it difficult to enforce

456 regulations. Second, effectiveness would be limited by how much influence advertising has
457 on consumer demand compared to other factors such as health, hedonism, and culture
458 (Thomas-Walters et al., 2020), and price, portability, and availability (Kurland et al.,
459 2017).

460 **Social marketing.** Despite conservationists' growing enthusiasm for social
461 marketing (Greenfield & Veríssimo, 2019; MacMillan & Challender, 2014; A. J. Wright et
462 al., 2015) only a handful of campaigns have attempted to reduce demand for wildlife
463 products (Veríssimo & Wan, 2019). Outside conservation, there was poor-quality evidence
464 to support this approach. Of two reviews, each classed as having a single methodological
465 limitation, one found insufficient evidence to draw conclusions while the other suggested the
466 approach could be effective but acknowledged many studies found no benefit. Conclusions
467 were mixed in the three remaining reviews, each with multiple methodological limitations.

468 Two limitations must be considered. First, social marketing has often been used
469 inconsistently, and opportunistically (Janssen et al., 2013), with many studies
470 misconstruing social marketing as simply advertising or communication for social goals
471 (Greenfield & Veríssimo, 2019; Stead et al., 2007). Thus, systematic reviews cannot simply
472 rely on assessing interventions labelled as “social marketing” because not all incorporate
473 key social-marketing principles. Second, one core principle of social marketing is the use of
474 multiple interventions, which can range from TV commercials to education campaigns. In
475 practice, this renders it difficult to determine which strategies have been effective. Hung
476 (2017) also noted that most studies of social-marketing campaigns did not provide
477 adequate information about study designs or methods.

478 Despite these limitations, several social marketing principles (Janssen et al., 2013) are
479 valuable in guiding design of effective behavioural interventions. One is exchange: to
480 increase the uptake of a desired behaviour, interventions should increase consumer
481 motivations to adopt the behaviour, and remove barriers to doing so. Another useful
482 principle is segmentation: dividing larger heterogeneous groups of people into smaller more

483 homogenous groups who may share important values, motives, behaviours, attitudes, and
484 social pressures.

485 In conclusion, whilst the evidence for the effectiveness of social marketing in reducing
486 the use of harmful products is weak, its principles may have merit (Firestone et al., 2017;
487 Green et al., 2019). We therefore advise practitioners considering using social marketing to
488 influence wildlife consumers to employ robust experimental designs to evaluate the impact
489 of interventions (Figure 3) that comply with core social-marketing benchmarks (Andreasen,
490 2002). Indeed, one recent robust evaluation of a social-marketing campaign found it
491 successfully reduced unsustainable wild-meat consumption by $\approx 62\%$ (Chaves et al., 2018,
492 see also Salazar et al., 2019).

493 **Location bans.** There was some evidence that banning harmful consumption in
494 specific locations reduced cigarette consumption, including outside the banned locations.
495 However, the latest and most comprehensive review (Frazer, McHugh, et al., 2016) noted
496 overall evidence quality was low.

497 In addition to directly reducing consumption, location bans may operate indirectly by
498 descriptive-norm appeals (i.e., making smoking less visible and hence signalling it is
499 uncommon) and injunctive-norm appeals (i.e., signalling smoking is socially disapproved).
500 Although one review noted location bans could displace consumption to private areas (Bell
501 et al., 2009), more recent and comprehensive reviews did not support displacement (Frazer,
502 McHugh, et al., 2016; Monson & Arsenault, 2017). This highlights the importance of
503 carefully evaluating these interventions to ensure that they reduce, rather than simply
504 displace, demand (Figure 4).

505 Unfortunately, evidence in favour of location bans is limited to smoking. This
506 provides limited evidence that similar impacts might be expected on eating or purchasing
507 wildlife products in public places (e.g., marketplaces, restaurants, or governmental
508 banquets). Nevertheless, the results suggest that bans on conspicuous wildlife consumption
509 may be a potent way to reduce overall demand for wildlife products (Chaves et al., 2018;

510 Truong et al., 2016). Indeed, the apparent reduction in demand for shark-fin soup in
511 mainland China (Vallianos et al., 2018) might be linked to bans on consumption in
512 prominent locations (e.g., hotels, restaurants, and airline menus; Whitcraft et al., 2014).
513 Arguably the most significant location ban was in 2013 when Chinese authorities banned
514 the consumption of shark-fin soup, bird nests, and other wild animal products at official
515 banquets (Ng, 2013).

516 **Interventions Found to be Generally Effective**

517 **Norm appeals.** There was consistent evidence in all three reviews without any
518 methodological limitations that norm appeals can have a small impact on consumer
519 demand for alcohol. Two reviews noted that these effects were clinically relevant but the
520 third suggested they were too small to be useful for policy. Importantly, one review,
521 Dotson et al. (2015), focused only on personalised normative feedback—individualized
522 feedback on a person’s drinking behaviour—whereas the other two reviews also assessed
523 generalised social norms. The focus on individualised norms may have explained Dotson et
524 al.’s relatively stronger support for the impact of social norms.

525 Three key findings from our analysis may help ensure conservationists have realistic
526 expectations about the potentially limited impact of norm appeals. First, while social
527 influences and normative beliefs can be changed by, for example, communicating how much
528 others drink, these belief changes produce only small changes in consumption.
529 Consequently, norm appeals are likely to be more effective when accompanied by other
530 interventions. Second, impersonal social norms may be less effective than personalised
531 normative feedback. However, such highly targeted approaches will not be feasible for
532 many, often hidden, wildlife consumption behaviours. Third, poorly designed norm appeals
533 can backfire if they inadvertently suggest that many people are engaged in the undesired
534 social conduct (P. W. Schultz et al., 2018).

535 In designing norm appeals to reduce demand for wildlife products, we recommend

536 that practitioners pilot-test norm appeal messages (Figure 5) to ensure that they are
537 targeted, persuasive, and do not backfire (Burgess, 2016; Cialdini, 2003), before using them
538 in campaigns. We also advise practitioners to refer to one of the many science-based guides
539 for designing effective norm appeals (Farrow et al., 2017; MacFarlane et al., 2020b; Rare &
540 Team, 2019). They should also augment such appeals with other promising interventions,
541 such as risk warnings.

542 **Risk warnings.** Of the seven intervention types reviewed, evidence was strongest
543 on the impact of warnings about risks to individual's health. Six of seven reviews
544 concluded that risk warnings were effective in reducing cigarette or alcohol consumption,
545 with an eighth concluding they are effective in altering unhealthy food selection. Only one
546 review, with multiple methodological limitations, concluded that risk warnings do not
547 reduce self-reported risky alcohol consumption in adolescents. Risk warnings that were
548 effective typically included messages to boost self-efficacy (people's ability to adopt the
549 recommended behaviour) and response-efficacy (people's perception about how changing
550 their behaviour will alleviate the risks). They incorporated pictorial health warnings (vs.
551 text only), and emphasised high susceptibility (i.e., the vulnerability of the target group)
552 (Tannenbaum et al., 2015).

553 Our findings were confined to health-related warnings and so may not generalise to
554 warnings about other risks relevant to conservation contexts (e.g., risks to reputation,
555 conservation outcomes, or cruelty to animals). We also acknowledge that health-risk
556 warnings are likely to be met with resistance from some conservationists. Despite the
557 pervasive use of risk messaging in political, advertising, and public-health campaigns,
558 conservationists have fiercely debated whether optimistic or pessimistic communication
559 framing strategies are better at inducing behaviour change (Kidd, Bekessy, & Garrard,
560 2019b). Yet, Kidd, Bekessy, and Garrard (2019b) noted that the papers advocating for
561 either approach substantially outnumber the papers providing empirical,
562 conservation-specific evidence. They called for building a stronger evidence base on the

563 best ways to communicate conservation messages.

564 The present review does not aim to settle the debate because the target behaviours of
565 many conservation communications were outside the present focus (e.g., donation, policy
566 support, environmental action). However, our synthesis indicates that warning people
567 about the health risks of their behaviours can reduce demand. As many activities within
568 the wildlife trade carry significant health risks—such as heightened risk of zoonoses from
569 bushmeat consumption (Alexander et al., 2015), animal markets (Johnson et al., 2015),
570 and hunting (Johnson et al., 2020)—conservationists should consider using risk warnings to
571 reduce consumer demand for overexploited wildlife products. Indeed, in light of the
572 devastation caused by the COVID-19 coronavirus pandemic, conservationists may have a
573 moral responsibility to incorporate factual health-risk warnings into communications about
574 wildlife trade activities (for conservation relevant guidance, see MacFarlane & Rocha,
575 2020).

576 In our view, rather than asking whether negative or positive messages are more
577 effective, we agree with McAfee and Connell (2019) that greater appreciation is needed for
578 how the two framing approaches can work independently and in tandem, and how their
579 effectiveness may vary with context. Experiments show people’s evaluations of risks and
580 benefits tend to be negatively correlated (Alhakami & Slovic, 1994). For example, if
581 antibiotics are portrayed as effective, this will encourage the perception they are also low in
582 side effects, and vice versa. Equally, if pesticide use is considered high risk, this will
583 encourage the perception it is less effective, and vice versa. Thus, by communicating that
584 consuming primate meat is both high in risk (e.g., of contracting disease; Peeters et al.,
585 2002) and low in benefit (no more nutritious than other forms of protein), both elements
586 can be used to reduce people’s perception of the value of the product. Indeed, a recent
587 experiment found that while the perceived value of an ineffective health remedy could be
588 reduced by communicating either its lack of benefits (by 23%) or its potential health risks
589 (by 30%), communicating both produced the largest reduction in perceived value (by 50%)

590 (MacFarlane et al., 2020a). These results have implications for framing conservation
591 messaging about traditional health remedies that contain wildlife products.

592 Careless risk messaging can also have negative conservation outcomes. For example,
593 recent communications about the health risks posed by consuming bats (e.g., the potential
594 for contracting novel zoonoses) may have reduced conservation support and increased
595 violent retaliation towards wild bat communities (Zhao, 2020). One way to neutralise the
596 unintended effects of risk communications is to highlight ways to boost self-efficacy (Figure
597 5), and include messages about potential benefits of wildlife conservation (e.g., the positive
598 ecological impacts of wild bats; Lu et al., 2017). Another tactic is to put the risk into
599 context, for example, by communicating the risks of zoonoses from a diverse range of
600 animals. This may discourage contact with animals, while avoiding disproportionate
601 negative attention to individual species (Davis et al., 2017). For further guidance on risk
602 communications, see MacFarlane and Rocha (2020).

603 **Potential Limitations**

604 There are several potential limitations of our review. First, we need research to assess
605 whether the insights gleaned from our analysis will generalise to addressing the wildlife
606 trade. Therefore, conservationists should apply one or more of the intervention types
607 reviewed with caution and use robust experimental intervention designs to ensure that
608 subsequent evaluations can improve the evidence base.

609 Second, in presenting such a broad overview of the literature we have necessarily
610 oversimplified many of the cultural and contextual differences between the consumption of
611 specific harmful products (e.g., alcohol and cigarettes) and many wildlife products. For
612 instance, the evidence reviewed mostly originates from countries that are Western,
613 educated, industrialised, rich, and democratic, with populations that may have distinct
614 cognitive and motivational differences from non-Western countries (Henrich et al., 2010).
615 While this may limit generalisability to non-Western countries, we nevertheless hope our

616 approach provides valuable insights on how to modify consumer behaviour.

617 Third, while we adopted a systematic approach to assessing literature, three elements
618 of gold standard systematic review methods were not included. These included (i)
619 pre-registering a review protocol; (ii) recruiting multiple researchers to apply the exclusion
620 criteria and conduct data extraction in duplicate (thus also precluding consistency checking
621 at these stages); and (iii) preserving the originally-proposed exclusion criteria, since
622 additional criteria had to be added (i.e., the scope of the relevant intervention types
623 extended to include financial incentives, education projects, and brief interventions) after
624 the initial screening phase to ensure the final list of papers was sufficiently applicable to
625 the project. These omissions reflected both available resources and the primary purpose of
626 the review being to identify promising intervention foci rather than necessarily exhaustively
627 collate the existing literature.

628 Fourth, by excluding non-systematic reviews, we may have missed some primary
629 literature. This limitation is somewhat offset by the fact the included systematic reviews
630 have already collated, screened, and applied quality-control processes to much of the
631 relevant literature and undergone peer review.

632 Fifth, we neglected to include a systematic review filter (e.g., explicit search terms for
633 ‘meta-analyses’, ‘quantitative synthesis’, ‘metaregression’ and other related terms),
634 meaning that some relevant reviews may have been excluded from our search. However, we
635 are hopeful that the included search terms were sufficiently broad so as to capture the
636 majority of reviews.

637 Finally, our categorisation of evidence into broad intervention types invariably
638 oversimplifies the details of successful intervention campaigns. We acknowledge, for
639 example, not all location-based campaigns are identical.

Conclusion

640
641 Conservationists have sought to reduce consumer demand for overexploited wildlife
642 products to address the current biodiversity crisis. Many are now calling for reductions in
643 the wildlife trade to reduce the risk of pandemics. We sought to learn from systematic
644 reviews of interventions that aim to reduce consumer demand for harmful products such as
645 alcohol and tobacco. We found that mass-media campaigns were, on average, ineffective
646 and incentives were either ineffective or their effects were short-lived. Advertising bans,
647 social marketing, and location bans are promising approaches but more high-quality
648 evidence is needed to draw firm conclusions. There was more robust evidence that norm
649 appeals can be effective, but effect sizes were often too small to be useful for policy. We
650 found robust evidence that risk warnings can be effective provided that key ingredients
651 (e.g., message components for boosting self- and response-efficacy) are included. By
652 learning from disciplines other than conservation, we can benefit from a vast body of
653 scientific knowledge on ‘what works’ to alter consumer behaviour. Our findings thus
654 provide some insights into why some conservation campaigns may be more effective than
655 others. However, they also serve as a reminder that the conservation community has got to
656 do more than simply evaluate whether the evidence provided by a set of studies is credible.
657 It has to start generating its own credible evidence. Every conservation action that is done
658 in a way that makes it difficult to ascertain its impact, and whether the underlying
659 behavioural model is a good approximation of reality, is a missed opportunity for learning.
660 We cannot just keep lamenting the poor state of the conservation evidence base. We have
661 to do something about it.

Acknowledgements

662

663 This research was facilitated by an Australian Government Endeavor Postgraduate
664 Scholarship awarded to the first author. The authors would also like to thank Alec Christie,
665 Phil Martin, and Silviu Petrovan for assisting with quality assessments and κ analysis.

Author Contributions

666

667 D.M. and W.S. led the conceptualisation of the research. D.M. performed the
668 systematic review, led the discussion among co-authors, and wrote the article. M.H.
669 revised the initial draft of the article with input from D.M., U.E., D.V., W.H, and W.S. All
670 authors contributed to conceptual development, provided search terms for the systematic
671 review, discussed and contributed ideas, reviewed and vetted definitions and presentations
672 of material, and collaborated in reviewing different drafts of the article.

Ethics Statement

673

674 The authors are not aware of any ethical issues regarding this work.

Data Accessibility Statement

675

676 All data are presented in the article or the supplemental materials.

Conflict of Interest

677

678 The authors declare no competing interests.

References

679

- 680 Alexander, K. A., Sanderson, C. E., Marathe, M., Lewis, B. L., Rivers, C. M., Shaman, J.,
681 . . . others (2015). What factors might have led to the emergence of ebola in west
682 africa? *PLOS Neglected Tropical Diseases*, 9(6), e0003652.
- 683 Alhakami, A. S., & Slovic, P. (1994). A psychological study of the inverse relationship
684 between perceived risk and perceived benefit. *Risk Analysis*, 14(6), 1085–1096.
- 685 Allara, E., Ferri, M., Bo, A., Gasparini, A., & Faggiano, F. (2015). Are mass-media
686 campaigns effective in preventing drug use?: A cochrane systematic review and
687 meta-analysis. *BMJ Open*, 5(9), 1–10.
- 688 Allen, J. A., Duke, J. C., Davis, K. C., Kim, A. E., Nonnemaker, J. M., & Farrelly, M. C.
689 (2015). Using mass media campaigns to reduce youth tobacco use: A review.
690 *American Journal of Health Promotion*, 30(2), e71–e82.
- 691 Almestahiri, R., Rundle-Thiele, S., Parkinson, J., & Arli, D. (2017). The use of the major
692 components of social marketing: A systematic review of tobacco cessation programs.
693 *Social Marketing Quarterly*, 23(3), 232–248.
- 694 Andreasen, A. R. (2002). Marketing social marketing in the social change marketplace.
695 *Journal of Public Policy & Marketing*, 21(1), 3–13.
- 696 Anti, P., Owusu, M., Agbenyega, O., Annan, A., Badu, E. K., Nkrumah, E. E., . . .
697 Drosten, C. (2015). Human–bat interactions in rural west africa. *Emerging Infectious
698 Diseases*, 21(8), 1418.
- 699 Bala, M. M., Strzeszynski, L., & Topor-Madry, R. (2017). Mass media interventions for
700 smoking cessation in adults. *Cochrane Database of Systematic Reviews*.
- 701 Bayliss, H. R., Haddaway, N. R., Eales, J., Frampton, G. K., & James, K. L. (2016).
702 Updating and amending systematic reviews and systematic maps in environmental
703 management. *Environmental Evidence*, 5(1), 1–7.
- 704 Bell, K., McCullough, L., Devries, K., Jategaonkar, N., Greaves, L., & Richardson, L.
705 (2009). Location restrictions on smoking: Assessing their differential impacts and

- 706 consequences in the workplace. *Canadian Journal of Public Health*, 100(1), 46–50.
- 707 Bennett, B. L., Deiner, M., & Pokhrel, P. (2017). College anti-smoking policies and student
708 smoking behavior: a review of the literature. *Tobacco Induced Diseases*, 15(1), 1–11.
- 709 Bowles, S. (2009). When economic incentives backfire. *Harvard Business Review*, 87(3),
710 22–23.
- 711 Brierley, A. S. (2007). Fisheries ecology: Hunger for shark fin soup drives clam chowder off
712 the menu. *Current Biology*, 17(14), R555–R557.
- 713 Bulte, E. H., Van Kooten, G. C., & Swanson, T. (2003). Economic incentives and wildlife
714 conservation.
- 715 Burgess, G. (2016). Powers of persuasion?: Conservation communications, behavioural
716 change and reducing demand for illegal wildlife products. *Traffic Bulletin*, 28(2),
717 65–73.
- 718 Capella, M. L., Taylor, C. R., & Webster, C. (2008). The effect of cigarette advertising
719 bans on consumption: A meta-analysis. *Journal of Advertising*, 37(2), 7–18.
- 720 Carins, J. E., & Rundle-Thiele, S. R. (2014). Eating for the better: A social marketing
721 review (2000–2012). *Public Health Nutrition*, 17(7), 1628–1639.
- 722 Carson-Chahhoud, A. F. S. K., K. V, Hnin, K., van Agteren, J. E. M., Sayehmiri, F.,
723 Brinn, M. P., Esterman, A. J., . . . Smith, B. J. (2017). Mass media interventions for
724 preventing smoking in young people. *Cochrane Database of Systematic Reviews*.
- 725 Challender, D., Hinsley, A., & Milner-Gulland, E. (2019). Inadequacies in establishing cites
726 trade bans. *Frontiers in Ecology and the Environment*, 17(4).
- 727 Chapman, S., Borland, R., Scollo, M., Brownson, R. C., Dominello, A., & Woodward, S.
728 (1999). The impact of smoke-free workplaces on declining cigarette consumption in
729 australia and the united states. *American Journal of Public Health*, 89(7),
730 1018–1023.
- 731 Chaves, W. A., Valle, D. R., Monroe, M. C., Wilkie, D. S., Sieving, K. E., & Sadowsky, B.
732 (2018). Changing wild meat consumption: An experiment in the central amazon,

- 733 brazil. *Conservation Letters*, 11(2), e12391.
- 734 Christiano, A., & Neimand, A. (2017). Stop raising awareness already. *Stanford Social*
735 *Innovation Review*, 15(2), 34–41.
- 736 Cialdini, R. B. (2003). Crafting normative messages to protect the environment. *Current*
737 *Directions in Psychological Science*, 12(4), 105–109.
- 738 Clarke, N., Pechey, E., Kosīte, D., König, L. M., Mantzari, E., Blackwell, A. K., ...
739 Hollands, G. J. (2020). Impact of health warning labels on selection and
740 consumption of food and alcohol products: Systematic review with meta-analysis.
741 *Health Psychology Review*, 1–24.
- 742 Clarke, S., Milner-Gulland, E. J., & Bjørndal, T. (2007). Social, economic, and regulatory
743 drivers of the shark fin trade. *Marine Resource Economics*, 22, 305–327.
- 744 Corepal, R., Tully, M. A., Kee, F., Miller, S. J., & Hunter, R. F. (2018). Behavioural
745 incentive interventions for health behaviour change in young people (5–18 years old):
746 A systematic review and meta-analysis. *Preventive Medicine*, 110, 55–66.
- 747 Crayne, S., & Haenlein, C. (2016). Ii. poaching, wildlife trafficking and conflict. *Whitehall*
748 *Papers*, 86(1), 38–57.
- 749 Cronin, D. T., Woloszynek, S., Morra, W. A., Honarvar, S., Linder, J. M., Gonder, M. K.,
750 ... Hearn, G. W. (2015). Long-term urban market dynamics reveal increased
751 bushmeat carcass volume despite economic growth and proactive environmental
752 legislation on bioko island, equatorial guinea. *PLOS ONE*, 10(7), e0134464.
- 753 Cyranoski, D. (2020). Did pangolins spread the china coronavirus to people? *Nature*, 10.
- 754 da Nóbrega Alves, R. R., da Silva Vieira, W. L., & Santana, G. G. (2008). Reptiles used in
755 traditional folk medicine: Conservation implications. *Biodiversity and Conservation*,
756 17(8), 2037–2049.
- 757 Davis, T., Goldwater, M. B., Ireland, M. E., Gaylord, N., & Van Allen, J. (2017). Can you
758 catch ebola from a stork bite: Inductive reasoning influences generalization of
759 perceived zoonosis risk. *PLOS ONE*, 12, e0186969.

- 760 Dee, L. E., Horii, S. S., & Thornhill, D. J. (2014). Conservation and management of
761 ornamental coral reef wildlife: successes, shortcomings, and future directions.
762 *Biological Conservation*, *169*, 225–237.
- 763 Dotson, K. B., Dunn, M. E., & Bowers, C. A. (2015). Stand-alone personalized normative
764 feedback for college student drinkers: A meta-analytic review, 2004 to 2014. *PLOS*
765 *ONE*, *10*, e0139518.
- 766 Duffy, R., & Humphreys, J. (2016). I. poaching, wildlife trafficking and human security.
767 *Whitehall Papers*, *86*(1), 22–37.
- 768 Dulvy, N. K., Fowler, S. L., Musick, J. A., Cavanagh, R. D., Kyne, P. M., Harrison, L. R.,
769 ... others (2014). Extinction risk and conservation of the world's sharks and rays.
770 *Elife*, *3*, e00590.
- 771 Durkin, S., Brennan, E., & Wakefield, M. (2012). Mass media campaigns to promote
772 smoking cessation among adults: An integrative review. *Tobacco Control*, *21*(2),
773 127–138.
- 774 Farrow, K., Grolleau, G., & Ibanez, L. (2017). Social norms and pro-environmental
775 behavior: A review of the evidence. *Ecological Economics*, *140*, 1–13.
- 776 Feng, Y., Siu, K., Wang, N., Ng, K.-M., Tsao, S.-W., Nagamatsu, T., & Tong, Y. (2009).
777 Bear bile: Dilemma of traditional medicinal use and animal protection. *Journal of*
778 *ethnobiology and ethnomedicine*, *5*(1), 1–9.
- 779 Firestone, R., Rowe, C. J., Modi, S. N., & Sievers, D. (2017). The effectiveness of social
780 marketing in global health: A systematic review. *Health Policy and Planning*, *32*(1),
781 110–124.
- 782 Foxcroft, D. R., Moreira, M. T., Santimano, N. M. A., & Smith, L. A. (2015). Social norms
783 information for alcohol misuse in university and college students. *Cochrane Database*
784 *of Systematic Reviews*.
- 785 Frazer, K., Callinan, J. E., McHugh, J., van Baarsel, S., Clarke, A., Doherty, K., &
786 Kelleher, C. (2016). Legislative smoking bans for reducing harms from secondhand

- 787 smoke exposure, smoking prevalence and tobacco consumption. *Cochrane Database of*
788 *Systematic Reviews*.
- 789 Frazer, K., McHugh, J., Callinan, J. E., & Kelleher, C. (2016). Impact of institutional
790 smoking bans on reducing harms and secondhand smoke exposure. *Cochrane*
791 *Database of Systematic Reviews*.
- 792 Graham-Rowe, D. (2011). Biodiversity: endangered and in demand. *Nature*, *480*(7378),
793 S101–S103.
- 794 Gratwicke, B., Mills, J., Dutton, A., Gabriel, G., Long, B., Seidensticker, J., . . . Zhang, L.
795 (2008). Attitudes toward consumption and conservation of tigers in china. *PloS one*,
796 *3*(7), e2544.
- 797 Green, K. M., Crawford, B. A., Williamson, K. A., & DeWan, A. A. (2019). A
798 meta-analysis of social marketing campaigns to improve global conservation
799 outcomes. *Social Marketing Quarterly*, *25*(1), 69–87.
- 800 Greenfield, S., & Veríssimo, D. (2019). To what extent is social marketing used in demand
801 reduction campaigns for illegal wildlife products?: Insights from elephant ivory and
802 rhino horn. *Social Marketing Quarterly*, *25*(1), 40–54.
- 803 Hefler, M., Liberato, S. C., & Thomas, D. P. (2017). Incentives for preventing smoking in
804 children and adolescents. *Cochrane Database of Systematic Reviews*.
- 805 Heltberg, R. (1999). Trade bans and wildlife conservation: The case of african elephant
806 ivory. *Agrekon*, *38*, 405–413.
- 807 Henrich, J., Heine, S. J., & Norenzayan, A. (2010). The weirdest people in the world?
808 *Behavioral and Brain Sciences*, *33*, 61–83.
- 809 Hopkins, D. P., Razi, S., Leeks, K. D., Kalra, G. P., Chattopadhyay, S. K., Soler, R. E., . . .
810 others (2010). Smokefree policies to reduce tobacco use: A systematic review.
811 *American Journal of Preventive Medicine*, *38*(2), S275–S289.
- 812 Hornik, J., Cherian, J., Madansky, M., & Narayana, C. (1995). Determinants of recycling
813 behavior: A synthesis of research results. *The Journal of Socio-Economics*, *24*(1),

814 105–127.

815 Hughes, N., Arora, M., & Grills, N. (2016). Perceptions and impact of plain packaging of
816 tobacco products in low and middle income countries, middle to upper income
817 countries and low-income settings in high-income countries: A systematic review of
818 the literature. *BMJ Open*, *6*, e010391.

819 Hung, C.-L. (2017). *A meta-analysis of the evaluations of social marketing interventions*
820 *addressing smoking, alcohol drinking, physical activity, and eating* (Unpublished
821 doctoral dissertation). Indiana University.

822 Janssen, M. M., Mathijssen, J. J., van Bon-Martens, M. J., Van Oers, H. A., & Garretsen,
823 H. F. (2013). Effectiveness of alcohol prevention interventions based on the principles
824 of social marketing: A systematic review. *Substance Abuse Treatment, Prevention,*
825 *and Policy*, *8*(1), 1–11.

826 Johnson, C. K., Hitchens, P. L., Evans, T. S., Goldstein, T., Thomas, K., Clements, A., ...
827 others (2015). Spillover and pandemic properties of zoonotic viruses with high host
828 plasticity. *Scientific Reports*, *5*(1), 1–8.

829 Johnson, C. K., Hitchens, P. L., Pandit, P. S., Rushmore, J., Evans, T. S., Young, C. C., &
830 Doyle, M. M. (2020). Global shifts in mammalian population trends reveal key
831 predictors of virus spillover risk. *Proceedings of the Royal Society B*, *287*(1924), 1–10.

832 Kasterine, A., & Lichtenstein, G. (2018). Trade in vicuña: Implications for conservation
833 and rural livelihoods. *International Trade Centre, Geneva, Switzerland*.

834 Kidd, L. R., Bekessy, S. A., & Garrard, G. E. (2019a). Evidence is key for effective
835 biodiversity communication. *Trends in Ecology & Evolution*, *34*, 693–694.

836 Kidd, L. R., Bekessy, S. A., & Garrard, G. E. (2019b). Neither hope nor fear: Empirical
837 evidence should drive biodiversity conservation strategies. *Trends in Ecology &*
838 *Evolution*, *34*(4), 278–282.

839 Kidd, L. R., Garrard, G. E., Bekessy, S. A., Mills, M., Camilleri, A. R., Fidler, F., ...
840 others (2019). Messaging matters: A systematic review of the conservation messaging

- 841 literature. *Biological Conservation*, 236, 92–99.
- 842 Kolby, J. E. (2016). *Pathways of amphibian chytrid fungus dispersal: global biosecurity and*
843 *conservation implications* (Unpublished doctoral dissertation). James Cook
844 University.
- 845 Kubacki, K., Rundle-Thiele, S., Pang, B., & Buyucek, N. (2015). Minimizing alcohol harm:
846 A systematic social marketing review (2000–2014). *Journal of Business Research*,
847 68(10), 2214–2222.
- 848 Kurland, J., Pires, S. F., McFann, S. C., & Moreto, W. D. (2017). Wildlife crime: A
849 conceptual integration, literature review, and methodological critique. *Crime*
850 *Science*, 6(1), 1–15.
- 851 Leader-Williams, N. (2014). *Regulation and protection: Successes and failures in*
852 *rhinoceros conservation*. Routledge.
- 853 Lee, J. G., Chng, S. C., & Eaton, J. A. (2016). *Conservation strategy for southeast asian*
854 *songbirds in trade*. Wildlife Reserves Singapore/TRAFFIC.
- 855 Leigh, A. (2018). *Randomistas: How radical researchers are changing our world*. Yale
856 University Press.
- 857 Lu, H., McComas, K. A., Buttke, D. E., Roh, S., Wild, M. A., & Decker, D. J. (2017). One
858 health messaging about bats and rabies: How framing of risks, benefits and
859 attributions can support public health and wildlife conservation goals. *Wildlife*
860 *Research*, 44(3), 200–206.
- 861 MacFarlane, D., Hurlstone, M. J., & Ecker, U. K. (2020a). Countering demand for
862 ineffective health remedies: Do consumers respond to risks, lack of benefits, or both?
863 *Psychology & Health*, 1–19.
- 864 MacFarlane, D., Hurlstone, M. J., & Ecker, U. K. (2020b). Protecting consumers from
865 fraudulent health claims: A taxonomy of psychological drivers, interventions,
866 barriers, and treatments. *Social Science & Medicine*, 112790.
- 867 MacFarlane, D., & Rocha, R. (2020). Guidelines for communicating about bats to prevent

- 868 persecution in the time of covid-19. *Biological Conservation*, *248*, 108650.
- 869 MacMillan, D. C., & Challender, D. W. (2014). Changing behavior to tackle the wildlife
870 trade. *Frontiers in Ecology and Environment*, *12*(4), 203.
- 871 Mantzari, E., Vogt, F., Shemilt, I., Wei, Y., Higgins, J. P., & Marteau, T. M. (2015).
872 Personal financial incentives for changing habitual health-related behaviors: A
873 systematic review and meta-analysis. *Preventive Medicine*, *75*, 75–85.
- 874 Marteau, T. M., Hollands, G. J., & Fletcher, P. C. (2012). Changing human behavior to
875 prevent disease: The importance of targeting automatic processes. *Science*,
876 *337*(6101), 1492–1495.
- 877 Mason, C. F., Bulte, E. H., & Horan, R. D. (2012). Banking on extinction: endangered
878 species and speculation. *Oxford Review of Economic Policy*, *28*(1), 180–192.
- 879 Maxwell, S. L., Fuller, R. A., Brooks, T. M., & Watson, J. E. (2016). Biodiversity: The
880 ravages of guns, nets and bulldozers. *Nature News*, *536*, 143–145.
- 881 McAfee, D., & Connell, S. D. (2019). Balancing the benefits of optimism and pessimism in
882 conservation: A response to kidd, bekessy, and garrard. *Trends in Ecology &
883 Evolution*, *34*(8), 692–693.
- 884 McEvoy, J. F., Connette, G., Huang, Q., Soe, P., Pyone, K. H. H., Valitutto, M., . . . others
885 (2019). Two sides of the same coin—wildmeat consumption and illegal wildlife trade
886 at the crossroads of asia. *Biological Conservation*, *238*, 108197.
- 887 McNeill, A., Gravelly, S., Hitchman, S. C., Bauld, L., Hammond, D., & Hartmann-Boyce, J.
888 (2017). Tobacco packaging design for reducing tobacco use. *Cochrane Database of
889 Systematic Reviews*.
- 890 Michie, S., Van Stralen, M. M., & West, R. (2011). The behaviour change wheel: A new
891 method for characterising and designing behaviour change interventions.
892 *Implementation Science*, *6*(1), 1–12.
- 893 Monárrez-Espino, J., Liu, B., Greiner, F., Bremberg, S., & Galanti, R. (2014). Systematic
894 review of the effect of pictorial warnings on cigarette packages in smoking behavior.

- 895 *American Journal of Public Health*, 104, e11–e30.
- 896 Monson, E., & Arsenault, N. (2017). Effects of enactment of legislative (public) smoking
897 bans on voluntary home smoking restrictions: A review. *Nicotine & Tobacco*
898 *Research*, 19(2), 141–148.
- 899 Moodie, C., Stead, M., Bauld, L., McNeill, A., Angus, K., Hinds, K., . . . O’Mara-Eves, A.
900 (2012). *Plain tobacco packaging: A systematic review* (Tech. Rep.).
- 901 Mosdøl, A., Lidal, I. B., Straumann, G. H., & Vist, G. E. (2017). Targeted mass media
902 interventions promoting healthy behaviours to reduce risk of non-communicable
903 diseases in adult, ethnic minorities. *Cochrane Database of Systematic Reviews*.
- 904 Moyle, B. (2009). The black market in china for tiger products. *Global Crime*, 10(1-2),
905 124–143.
- 906 Myers, R. A., Baum, J. K., Shepherd, T. D., Powers, S. P., & Peterson, C. H. (2007).
907 Cascading effects of the loss of apex predatory sharks from a coastal ocean. *Science*,
908 315(5820), 1846–1850.
- 909 Newman, C., Macdonald, D., & Zhou, Y. (2014). Pangolin: Illegal medicine trade
910 threatens these scaly mammals with extinction. *The Conversation*, e33817.
- 911 Ng, N. (2013). China bans shark fin dishes at official banquets. *CNN*.
- 912 Noar, S. M., Francis, D. B., Bridges, C., Sontag, J. M., Ribisl, K. M., & Brewer, N. T.
913 (2016). The impact of strengthening cigarette pack warnings: Systematic review of
914 longitudinal observational studies. *Social Science & Medicine*, 164, 118–129.
- 915 Noar, S. M., Hall, M. G., Francis, D. B., Ribisl, K. M., Pepper, J. K., & Brewer, N. T.
916 (2016). Pictorial cigarette pack warnings: a meta-analysis of experimental studies.
917 *Tobacco Control*, 25(3), 341–354.
- 918 Pearce, D. W., & Turner, R. K. (1990). *Economics of natural resources and the*
919 *environment*. JHU press.
- 920 Peeters, M., Courgnaud, V., Abela, B., Auzel, P., Pourrut, X., Bibollet-Ruche, F., . . .
921 others (2002). Risk to human health from a plethora of simian immunodeficiency

- 922 viruses in primate bushmeat. *Emerging Infectious Diseases*, 8(5), 451–457.
- 923 Peters, G.-J. Y., Ruiter, R. A., & Kok, G. (2013). Threatening communication: a critical
924 re-analysis and a revised meta-analytic test of fear appeal theory. *Health Psychology
925 Review*, 7, S8–S31.
- 926 Prestwich, A., Kellar, I., Conner, M., Lawton, R., Gardner, P., & Turgut, L. (2016). Does
927 changing social influence engender changes in alcohol intake? a meta-analysis.
928 *Journal of Consulting and Clinical Psychology*, 84(10), 845–860.
- 929 Pynegar, E. L., Gibbons, J. M., Asquith, N. M., & Jones, J. P. (2019). What role should
930 randomized control trials play in providing the evidence base for conservation? *Oryx*,
931 1–10.
- 932 Quentin, W., Neubauer, S., Leidl, R., & König, H.-H. (2007). Advertising bans as a means
933 of tobacco control policy: A systematic literature review of time-series analyses.
934 *International Journal of Public Health*, 52(5), 295–307.
- 935 Rare, & Team, T. B. I. (2019). Behavior change for nature: A behavioral science toolkit
936 for practitioners.
- 937 Rode, J., Gómez-Baggethun, E., & Krause, T. (2015). Motivation crowding by economic
938 incentives in conservation policy: A review of the empirical evidence. *Ecological
939 Economics*, 117, 270–282.
- 940 Rosen, G. E., & Smith, K. F. (2010). Summarizing the evidence on the international trade
941 in illegal wildlife. *EcoHealth*, 7, 24–32.
- 942 Rossen, I., Hurlstone, M. J., & Lawrence, C. (2016). Going with the grain of cognition:
943 Applying insights from psychology to build support for childhood vaccination.
944 *Frontiers in Psychology*, 7, 1483.
- 945 Scheele, B. C., Pasmans, F., Skerratt, L. F., Berger, L., Martel, A., Beukema, W., . . .
946 others (2019). Amphibian fungal panzootic causes catastrophic and ongoing loss of
947 biodiversity. *Science*, 363(6434), 1459–1463.
- 948 Scholes-Balog, K. E., Heerde, J. A., & Hemphill, S. A. (2012). Alcohol warning labels:

- 949 Unlikely to affect alcohol-related beliefs and behaviours in adolescents. *Australian*
950 *and New Zealand Journal of Public Health*, 36(6), 524–529.
- 951 Schultz, P., & Kaiser, F. G. (2012). *Promoting pro-environmental behavior*. (D. C. Susan,
952 Ed.). The Oxford Handbook of Environmental and Conservation Psychology: Oxford
953 University Press.
- 954 Schultz, P. W., Nolan, J. M., Cialdini, R. B., Goldstein, N. J., & Griskevicius, V. (2018).
955 The constructive, destructive, and reconstructive power of social norms: Reprise.
956 *Psychological Science*, 13, 249–254.
- 957 Sheeran, P., Harris, P. R., & Epton, T. (2014). Does heightening risk appraisals change
958 people's intentions and behavior?: A meta-analysis of experimental studies.
959 *Psychological Bulletin*, 140(2), 511–543.
- 960 Siegfried, N., Pienaar, D. C., Ataguba, J. E., Volmink, J., Kredo, T., Jere, M., & Parry,
961 C. D. (2014). Restricting or banning alcohol advertising to reduce alcohol
962 consumption in adults and adolescents. *Cochrane Database of Systematic Reviews*.
- 963 Smith, R. J., Salazar, G., Starinchak, J., Thomas-Walters, L. A., & Veríssimo, D. (2020).
964 Social marketing and conservation. *Conservation Research, Policy and Practice*,
965 309–321.
- 966 Snyder, L. B., Hamilton, M. A., Mitchell, E. W., Kiwanuka-Tondo, J., Fleming-Milici, F.,
967 & Proctor, D. (2004). A meta-analysis of the effect of mediated health
968 communication campaigns on behavior change in the united states. *Journal of Health*
969 *Communication*, 9, 71–96.
- 970 Stead, M., Gordon, R., Angus, K., & McDermott, L. (2007). A systematic review of social
971 marketing effectiveness. *Health Education*, 107, 126–191.
- 972 Sturgis, P., & Allum, N. (2004). Science in society: Re-evaluating the deficit model of
973 public attitudes. *Public Understanding of Science*, 13(1), 55–74.
- 974 Suwannarong, K., & Schuler, S. (2016). Bat consumption in thailand. *Infection Ecology &*
975 *Epidemiology*, 6, 29941.

- 976 Tannenbaum, M. B., Hepler, J., Zimmerman, R. S., Saul, L., Jacobs, S., Wilson, K., &
977 Albarracín, D. (2015). Appealing to fear: A meta-analysis of fear appeal effectiveness
978 and theories. *Psychological Bulletin*, *141*(6), 1178-2004.
- 979 Thomas-Walters, L., Hinsley, A., Bergin, D., Burgess, G., Doughty, H., Eppel, S., ...
980 others (2020). Motivations for the use and consumption of wildlife products.
981 *Conservation Biology*.
- 982 Trieu, K., McMahon, E., Santos, J. A., Bauman, A., Jolly, K.-A., Bolam, B., & Webster, J.
983 (2017). Review of behaviour change interventions to reduce population salt intake.
984 *International Journal of Behavioral Nutrition and Physical Activity*, *14*(1), 1–15.
- 985 Truong, V. D., Dang, N. V., & Hall, C. M. (2016). The marketplace management of illegal
986 elixirs: illicit consumption of rhino horn. *Consumption Markets & Culture*, *19*(4),
987 353–369.
- 988 Vallianos, C., Sherry, J., Hoford, A., & Baker, J. (2018). Sharks in crisis: Evidence of
989 positive behavioral change in china as new threats emerge. *WildAid, San Francisco*.
- 990 Veríssimo, D., & Wan, A. K. (2019). Characterizing efforts to reduce consumer demand for
991 wildlife products. *Conservation Biology*, *33*(3), 623–633.
- 992 Watts, J. (2011). Cure for cancer” rumour killed off vietnam’s rhinos. *The Guardian*, *25*.
- 993 Werb, D., Mills, E. J., DeBeck, K., Kerr, T., Montaner, J. S., & Wood, E. (2011). The
994 effectiveness of anti-illicit-drug public-service announcements: a systematic review
995 and meta-analysis. *Journal of Epidemiology and Community Health*, *65*(10),
996 834–840.
- 997 Whitcraft, S., Hofford, A., Hilton, P., O’Malley, M., Jaiteh, V., & Knights, P. (2014).
998 Evidence of declines in shark fin demand. *China, WildAid, San Francisco, CA*.
- 999 Wittig, T. (2016). Iv. poaching, wildlife trafficking and organised crime. *Whitehall Papers*,
1000 *86*(1), 77–101.
- 1001 Wood, A. M., Brown, G. D., & Maltby, J. (2012). Social norm influences on evaluations of
1002 the risks associated with alcohol consumption: Applying the rank-based decision by

- 1003 sampling model to health judgments. *Alcohol and Alcoholism*, 47(1), 57–62.
- 1004 Wright, A. J., Veríssimo, D., Pilfold, K., Parsons, E., Ventre, K., Cousins, J., . . . McKinley,
1005 E. (2015). Competitive outreach in the 21st century: why we need conservation
1006 marketing. *Ocean & Coastal Management*, 115, 41–48.
- 1007 Wright, E. M., Bhammar, H. M., Gonzalez Velosa, A. M., & Sobrevila, C. (2016). *Analysis*
1008 *of international funding to tackle illegal wildlife trade*. World Bank Group,
1009 Washington, DC.
- 1010 Zhao, H. (2020). Covid-19 drives new threat to bats in china. *Science*, 367(6485),
1011 1436–1436.

Table 1

Possible demand parallels between wildlife products and other harmful products.

Drivers	Description	Example Harmful Products	Example Wildlife Products
Recreational	<i>Motivated by the desire to fulfil hedonistic pleasure. Includes both recreational pursuit of leisure and sensory pursuit to please the senses.</i>	Individual hedonistic motivation to consume licit and illicit drugs (e.g., alcohol, cigarettes, cocaine, marijuana, heroin).	Tiger bone wine (Gratwicke et al., 2008) Rhino horn hangover detox (Truong et al., 2016) Songbirds (Lee et al., 2016)
Medicinal	<i>Motivated by the desire to treat an illness, promote wellness, and/or avoid pain.</i>	Motivation to self-medicate, often linked to drug addiction (e.g., alcohol, cigarettes, heroin, & marijuana). Unsupported health remedies (e.g., multivitamins, homeopathy) and health fraud/scams (e.g., weight-loss scams).	Traditional remedies containing wildlife: Bear-bile (Feng et al., 2009) Pangolin scales (Newman et al., 2014) Rhino horn (Watts, 2011) Rattlesnake pills (da Nóbrega Alves et al., 2008)
Social	<i>Motivated by the desire to form or strengthen relationships, including to impress upon others one's social standing or perceptions of wealth.</i>	Drug consumption driven by social norms (e.g., alcohol, cigarettes, cocaine, marijuana). juana).	Rhino horn (Truong et al., 2016) Shark fin soup (Brierley, 2007) Tiger bones (Moyle, 2009)
Sensory	<i>Motivated by the desire to please the senses including aesthetic, olfactory and tactile.</i>	Demand driven by product branding (e.g., expensive alcohol bottles) and/or tied to drug consumption (e.g., tobacco smoking paraphernalia).	Ivory carvings (Graham-Rowe, 2011) Animal skins (Moyle, 2009) Elephant skin (McEvoy et al., 2019)

Table 1

(Continued)

Drivers	Description	Example Harmful Products	Example Wildlife Products
Financial	<i>Motivated by the desire for financial gain.</i>	Trade in licit, illicit, and/or counterfeit drugs (e.g., alcohol, cigarettes, adulterated illicit drugs).	Speculator investment in ivory (Mason et al., 2012) The exotic pet trade (e.g., rare ornamental fish & reptiles) (Dee et al., 2014)
Dietary	<i>Motivated by the desire to fulfil a dietary desire or due to a penchant for a specific culinary delicacy.</i>	Junk foods (high fat and/or sugar) Unsustainable food (e.g., Blue-fin tuna) Unethical food (e.g., cage eggs)	Pangolin meat (McEvoy et al., 2019) Primate bushmeat (Peeters et al., 2002) Bat meat (Anti et al., 2015; Suwannarong & Schuler, 2016)

Note. The driver categories and subsequent descriptions have been adapted from recent work by Thomas-Walters et al. (2020) to categorise motivations for wildlife consumer products.

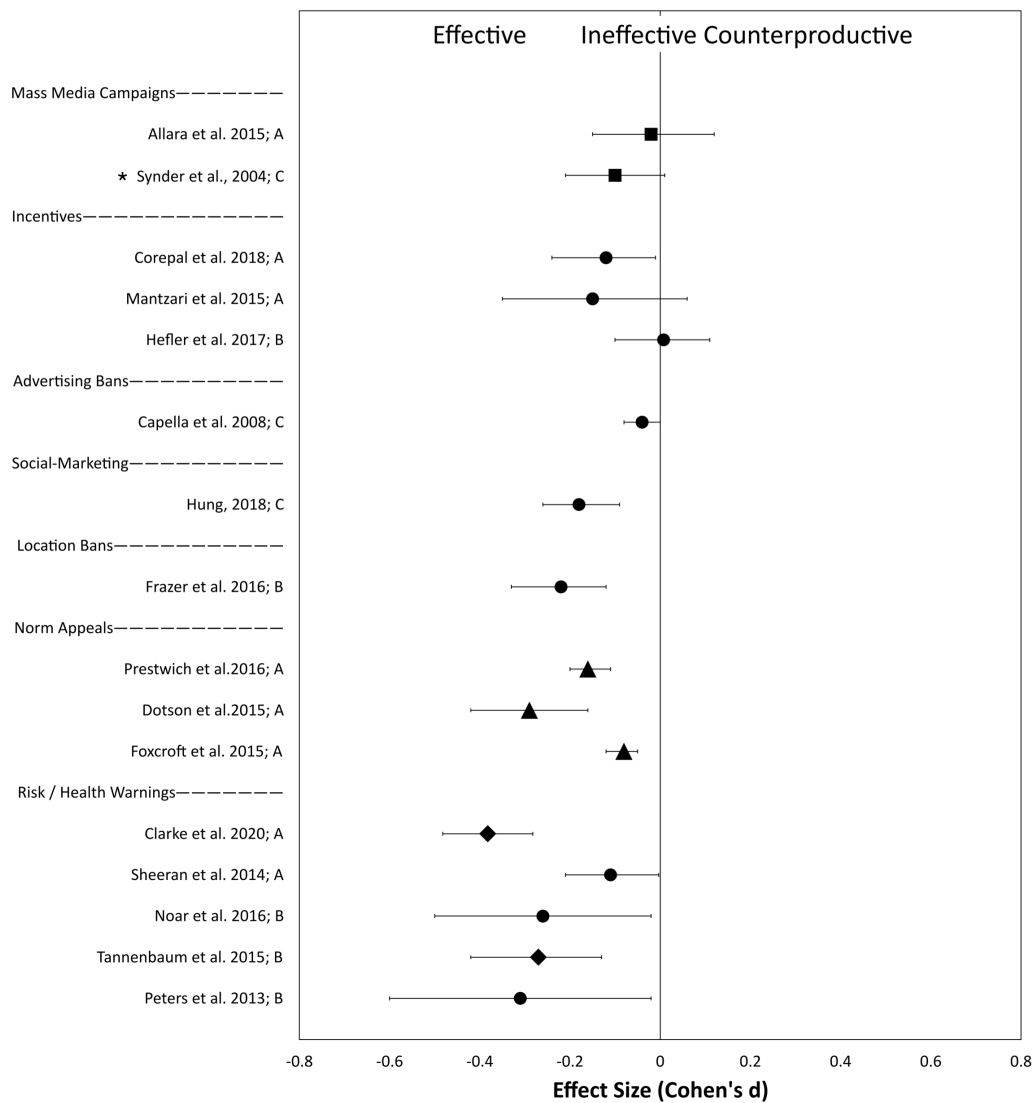


Figure 1. Forest plot of effect sizes (Cohen's *d*) for each systematic review containing meta-analysis (error bars represent 95% confidence intervals). Effect sizes indicate whether an intervention was effective (cases where the upper confidence interval sits below zero), ineffective (cases where the confidence interval encompasses zero), or counterproductive (cases where the lower confidence interval exceeds zero) in reducing harmful consumer behaviour. For transparency, we also include an assessment of each source's review quality (i.e., A, B, or C). * Snyder et al. (2008) did not provide confidence intervals. Thus, these were conservatively estimated based on the reported lack of significance. Symbol key: squares = illicit drugs, circles = tobacco, triangles = alcohol, and diamond = tobacco, alcohol, and other behaviours combined.






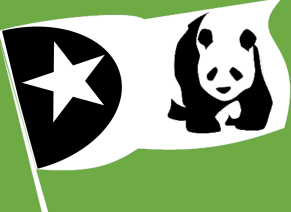
Interventions	Problem	Solution
<p>Mass-media campaigns Disseminating information through mass media to change behavior</p>  <p>Aims to raise awareness e.g., billboard ads highlighting the cruelty of wildlife products</p>	<p>Generally ineffective Awareness is often insufficient to change behavior</p>  <p>Ignores barriers Success is often limited by structural (e.g., costs) and internal (e.g., normative perceptions) barriers</p>	<p>Evidence not intuition Target the specific structural and psychological barriers to change</p>  <p>Debunk existing misperceptions e.g., by communicating how the scientific evidence shows that bear bile is not an effective remedy</p>
<p>Incentives Promising benefits or losses changes consumer behavior</p>  <p>Aims to encourage commitment Includes contests, competitions, incentive schemes, lotteries etc.</p>	<p>Short-lived or ineffective Benefits tend to disappear shortly after incentives end and can undermine people's intrinsic motives and facilitate moral licencing</p>  <p>Moral licencing Financially punishing people can backfire, enabling them to "pay" to offset the guilt and further engage in consumption</p>	<p>Apply caution There may be a role for incentives, but robust evaluation and caution is needed</p>  <p>Instead, use intrinsic motivations Highlight people's intrinsic motivations (e.g., national pride) in protecting wildlife</p>

Figure 2. Summary of interventions found to be, on average, ineffective.



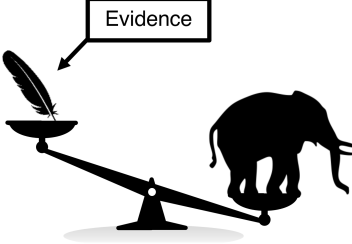


Interventions	Problem	Solution
<p>Advertising bans Bans or restrictions on advertising that promotes the consumption of harmful products</p>  <p>Aims to remove attraction e.g., plain-packaging legislation to remove attractive and colorful branding promoting products</p>	<p>Insufficient evidence There is insufficient evidence to draw strong conclusions about advertising bans</p>  <p>Evidence is indirect Because advertising increases demand for harmful products, this suggests advertising bans should be effective.</p>	<p>Evaluate the impact of advertising & branding Compared to other motivators (e.g., health concerns, social norms, culture, hedonism etc.)</p>  <p>If advertising plays a role This provides support for investing in actions to limit advertising and branding for wildlife products</p>
<p>Social marketing Process of intervention design guided by adopting marketing principles</p>  <p>Design principles Include consumer segmentation (e.g., focus on businessmen) & exchange (e.g., highlight benefits & remove barriers to change)</p>	<p>Lacks consistency & evidence Social marketing is often poorly defined, inconsistently applied, and inadequately tested</p>  <p>Inadequate testing Many evaluations fail to report on study designs and methods</p>	<p>Systematic experiments Testing principles of social marketing in randomized controlled trials</p>  <p>Compare against a control group Did the social marketing campaign make the difference, or was some alternative factor responsible?</p>
<p>Locations bans Aim to prohibit harmful consumption at certain locations, such as restaurants and workplaces</p>  <p>Reduces consumption many ways Directly (e.g., banned at official banquets) & indirectly (i.e., signals that consumption is socially unacceptable & less common)</p>	<p>Evidence limited to smoking The impact of location bans may not be generalisable to behaviours other than smoking</p>  <p>Might displace consumption While one review suggested location bans could simply displace consumption to private areas, the best evidence suggests this is unlikely.</p>	<p>Carefully evaluate Evaluations should consider whether prohibitions have reduced demand overall, or mostly displaced it</p>  <p>Consider lobbying for location bans High profile bans (such as the ban on shark fin soup on commercial flights and prominent restaurants) likely help to reduce consumer demand</p>

Figure 3. Summary of interventions that are promising but more robust evidence is needed.



Figure 4. Example branding for wildlife products. (a) Herbal “turtle jelly” (Gui-Ling-Gao, contains turtle plastron), photo by Diogo Veríssimo; (b) Shark liver oil capsules, photo by Diogo Veríssimo; (c) and (d) Bear bile extract, photos by Amy Hinsley.



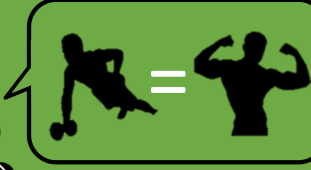
Interventions	Problem	Solution
<p>Norm appeals Highlight social norms — rules or standards about how members of a community should behave</p>  <p>Relies on affiliations Examples range from explicit (e.g., laws and regulations) to implicit (e.g., where to sit on a train) norms</p>	<p>Small impacts Even large changes in normative beliefs tend to engender only small changes in consumption</p>  <p>Can also backfire Poorly designed campaigns can implicitly highlight undesirable norms and encourage conformity in wrong direction</p>	<p>Pilot test messages Use evidence-based guides to designing effective norm appeals</p>  <p>Combine with other interventions Augment norm messaging with other interventions, such as risk warnings</p>
<p>Risk warnings Draw attention to the potential risks of consumption (e.g., to health or reputation)</p>  <p>Aims to inform & dissuade Examples include graphic images of diseases that could result from consuming a product</p>	<p>Self-efficacy is essential People must have capacity to change behavior, and believe the change will mean they avoid the risk</p>  <p>Can have unintended outcomes For example, could contribute to the misguided anger towards wildlife (i.e., not just a fear of the the products)</p>	<p>Incorporate efficacy Highlight ways to boost self-efficacy (e.g., exercise & diet promote good health, not miracle cures)</p>  <p>Also, highlight the benefits of wildlife To avoid backlash against a species (e.g. wild vultures are ecologically important & reduce disease risks)</p>

Figure 5. Summary of interventions found to be effective, with important caveats.