

# Oculomotor and inhibitory control in dyslexia

Thomas D. Wilcockson<sup>1, 2\*</sup>, Diako Mardanbegi<sup>2</sup>, Pete Sawyer<sup>3</sup>, Hans Gellersen<sup>2</sup>, Baiqiang Xia<sup>2</sup>, Trevor J. Crawford<sup>1, 2</sup>

<sup>1</sup>Psychology, Lancaster University, United Kingdom, <sup>2</sup>Computer Science, Lancaster University, United Kingdom, <sup>3</sup>Computer Science, Aston University, United Kingdom

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The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

### *Author contribution statement*

The original concept for the study was initiated by TC. TW and DM conducted the statistical analyses. TW produced the first draft of the paper. All authors approved the final submission.

### *Keywords*

eye tracking, Eye Movements, Dyslexia, inhibition, Post-Saccadic Oscillations, microsaccades

### *Abstract*

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Previous research has suggested that people with dyslexia may have an impairment of inhibitory control. The oculomotor system is vulnerable to interference at various levels of the system, from high level cognitive control to peripheral neural pathways.

Therefore, in this work we examined two forms of oculomotor inhibition and two forms of oculomotor interference at high and low levels of the control system. This study employed a prosaccade, antisaccade, and a recent distractor eye movement task (akin to a spatial negative priming) in order to explore high level cognitive control and the inhibition of a competing distractor. To explore low-level control we examined the frequency of microsaccades and post-saccade oscillations. The findings demonstrated that dyslexics have an impairment of volitional inhibitory control, reflected in the antisaccade task. In contrast, inhibitory control at the location of a competing distractor was equivalent in the dyslexic and non-dyslexic groups. There was no difference in the frequency of microsaccades between the two groups. However, the dyslexic group generated larger microsaccades prior to the target onset in the prosaccade and the antisaccade tasks. The groups did not differ in the frequency or in the morphology of the post-saccade oscillations. These findings reveal that the word reading and attentional difficulties of dyslexic readers cannot be attributed to an impairment in the inhibition of a visual distractor or interference from low-level oculomotor instability. We propose that the inhibitory impairment in dyslexia occurs at a higher cognitive level, perhaps in relation to the process of attentional disengagement.

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This study was carried out in accordance with the recommendations of Lancaster University, Faculty of Science and Technology Ethics Committee. The protocol was approved by the Faculty of Science and Technology Ethics Committee. All subjects gave written informed consent in accordance with the Declaration of Helsinki.

In review

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Thomas DW Wilcockson<sup>2</sup>, Diako Mardanbegi<sup>1,\*</sup>, Peter Sawyer<sup>3</sup>, Hans Gellersen<sup>1</sup>, Baiqiang Xia<sup>1</sup>, and Trevor J. Crawford<sup>2</sup>

<sup>1</sup>*School of Computing and Communications, Lancaster University, UK*

<sup>2</sup>*Centre for Ageing Research, Department of Psychology, Lancaster University, LA1 4YF, UK*

<sup>3</sup>*School Engineering and Applied Science, Aston University, Birmingham, UK*

Correspondence\*:

Corresponding Author

t.wilcockson@lancaster.ac.uk

## 2 ABSTRACT

3 Previous research has suggested that people with dyslexia may have an impairment of inhibitory  
4 control. The oculomotor system is vulnerable to interference at various levels of the system, from  
5 high level cognitive control to peripheral neural pathways. Therefore, in this work we examined  
6 two forms of oculomotor inhibition and two forms of oculomotor interference at high and low levels  
7 of the control system. This study employed a prosaccade, antisaccade, and a recent distractor  
8 eye movement task (akin to a spatial negative priming) in order to explore high level cognitive  
9 control and the inhibition of a competing distractor. To explore low-level control we examined  
10 the frequency of microsaccades and post-saccade oscillations. The findings demonstrated that  
11 dyslexics have an impairment of volitional inhibitory control, reflected in the antisaccade task. In  
12 contrast, inhibitory control at the location of a competing distractor was equivalent in the dyslexic  
13 and non-dyslexic groups. There was no difference in the frequency of microsaccades between  
14 the two groups. However, the dyslexic group generated larger microsaccades prior to the target  
15 onset in the prosaccade and the antisaccade tasks. The groups did not differ in the frequency or in  
16 the morphology of the post-saccade oscillations. These findings reveal that the word reading and  
17 attentional difficulties of dyslexic readers cannot be attributed to an impairment in the inhibition  
18 of a visual distractor or interference from low-level oculomotor instability. We propose that the  
19 inhibitory impairment in dyslexia occurs at a higher cognitive level, perhaps in relation to the  
20 process of attentional disengagement.

21 **Keywords:** Eye tracking, Eye movements, Dyslexia, Inhibition, Post-Saccadic Oscillations, microsaccades

## 1 INTRODUCTION

22 Skilled reading requires a combination of perceptual and phonological skills. Text is segmented into  
23 meaningful chunks for the recognition of familiar words which is then translated into a phonological code  
24 (LaBerge and Samuels (1974)). This skill is crucially dependent on the fast and efficient ability to focus  
25 and shift visual attention rapidly across the relevant text, and to inhibit competing and irrelevant distractors.  
26 Developmental dyslexia, which affects 5 – 17.5% of the population (Démonet et al. (2004); Shaywitz  
27 (1998)), is a reading impairment that is not attributable principally to low intelligence or poor education (e.g.  
28 Bradley and Bryant (1983); Frith et al. (1995); Stanovich (1988)). People with dyslexia have a broad set of  
29 symptoms related to cognition, phonological awareness (Vellutino et al. (2004)), memory (Lieberman et al.

(1982)), visual processing (Crawford and Higham (2001); Eden and Zeffiro (1998); Pavlidis (1991); Stein (1990)), auditory processing (Tallal, 1980), and attention (Casco et al. (1998); Facoetti et al. (2000)). One general theory of dyslexia (Hari and Renvall (2001)) attributes the reading difficulties primarily to a sluggish attentional system. People with dyslexia, according to this view, lack the ability to rapidly distinguish relevant from irrelevant visual information, and are therefore unable to filter distracting signals in the information processing stream. Eden et al (2004) reported evidence of abnormalities in various aspects of oculomotor control in people with dyslexia, including reduced eye movement stability both during fixations and after saccades (cf. Nyström et al. (2013)), and lower vergence amplitudes. The impairment of fixation was found in people with dyslexia irrespective of their phonological ability. An unstable and noisy oculomotor system would contribute to this problem at various processing stages by producing interference as a result of motor instability and visual perturbations. If the eyes are readily distracted and wobble around excessively, this would increase the filtering that is required by the attentional and oculomotor mechanisms. It would not be surprising that high levels of oculomotor interference from instability would contribute to the problem of sluggish attention in dyslexic readers. In this work we focus on four potential sources of oculomotor interference and instability that would impede efficient visual processing and the accuracy of saccadic eye movements during reading: 1) Inhibitory control of an irrelevant saccade (i.e. antisaccade); 2) Accurate target selection in presence of a competing distractor; 3) The over-expression of microsaccades during periods of steady fixation (Bowers and Poletti (2017)); 4) Post-saccadic oscillations that might enhance the retinal slip or motion (i.e. noise) towards the end of a saccade.

#### 49 ***Inhibition of prepotent saccade (Antisaccade)***

50 The antisaccade task is a commonly used measure of inhibitory control (e.g. Crawford et al. (2005)).  
51 Neuroimaging studies have indicated that antisaccades are controlled by a network of activation in a fronto-  
52 parieto-subcortical network of frontal eye fields (FEFs), supplementary eye fields (SEFs), dorsolateral  
53 prefrontal cortex (DLPFC), ventrolateral prefrontal cortex (VLPFC), posterior parietal cortex, supra-  
54 marginal gyrus (SMG), striatum, thalamus, and cerebellum (O'Driscoll et al. (1995); Sweeney et al. (1996);  
55 Müri et al. (1998); McDowell et al. (2002); Matsuda et al. (2004); Tu et al. (2006)). Previous research  
56 reported that young dyslexics between 7 and 17 years old were impaired on the antisaccade task (Biscaldi  
57 et al. (2000)). This research supports the hypothesis that dyslexics are impaired in inhibitory control. The  
58 antisaccade is a complex executive function that incorporates both sensory and motor distractibility, and  
59 consists of multiple cognitive operations including working memory and top down control. Crawford and  
60 Higham (2016) demonstrated that inhibitory control and working memory are distinct cognitive operations  
61 (Crawford and Higham (2016)). Therefore we predict that antisaccade errors will not be associated with  
62 working memory function for the dyslexic participants.

#### 63 ***Target selection and the inhibition of a competing distractor***

64 Converging evidence suggests that people with dyslexia may have an impairment in the inhibition of  
65 a visual distractor. Two sources of evidence come from the antisaccade task (Biscaldi et al. (2000)) and  
66 the Posner cueing task (Facoetti et al. (2003)). In the antisaccade task people with dyslexia generated an  
67 increase in the frequency of errors in saccades that were directed towards the visual distractor, rather than  
68 away from the distractor. Similarly, dyslexics showed faster reaction times compared to controls when a  
69 peripheral cue signalled the incorrect location of the target (i.e. invalid cue), but they demonstrated the  
70 usual attention benefit for a valid cue in the Posner cueing task (Facoetti et al. (2003)).

71 The antisaccade task and the Posner cueing task have low ecological validity. In everyday life, it is  
72 unusual for a cue that appears in one visual field to predict with high reliability the appearance of a

73 target in the opposite field. Neither of these paradigms are analogous to the reading situation where visual  
74 attention is required on the target word, while simultaneously inhibiting competing text. In the conventional  
75 antisaccade task there is no competing stimulus. Similarly, in the Posner cueing task at the time of the  
76 attentional cue there is no competition between a target and a distractor. These tasks may therefore require  
77 the ability to disengage from a prepotent target that has captured attention, rather than the ability to inhibit  
78 or suppress a competing distractor. It is this latter process that appears to be more directly relevant to the  
79 reading task, where target words are selected in each fixation from competing, alternative words. Therefore  
80 in this study we have turned to the inhibition of recent distractor (IRD) previously used by Crawford  
81 et al. (2005) and Donovan et al. (2012). We contrast performance in the recent distractor task and the  
82 conventional antisaccade task in dyslexic and normal readers.

83 The IRD task does not depend on an eye movement away from a visual target nor a "misleading" visual  
84 cue, which misleads the participant about the impending location of the target. Here, participants are  
85 presented with a sequence of two critical displays. In one display a red target is presented together with a  
86 green distractor. This is followed by a display with a new red target presented in isolation at one of three  
87 locations (with respect to the previous display). The singleton target is presented either at the location  
88 of the recent target (target-target: TT), the location of the recent distractor (target-distractor: TD), or a  
89 new location (target-neutral: TN). Participants are instructed to fixate the target in both displays and to  
90 ignore the green distractor. Crawford et al., (2005) demonstrated that saccadic latencies to the singleton  
91 target were reliably slowed for a target that appeared at the location of a recent distractor, showing that  
92 attention has a dual function: facilitation of eye movements to the target and inhibition of eye movements  
93 to a distractor (Crawford et al. (2005)). In this work we investigate whether or not this inhibition of a  
94 distractor is present or weakened in dyslexic readers.

95 Inhibitory control is clearly not a unitary concept, and has many different forms that can be dissociated at  
96 various levels of the visuomotor control networks. Therefore it cannot be assumed that the antisaccade  
97 task and the recent distractor task target the same inhibitory mechanisms, indeed the dyslexia findings here  
98 demonstrate that they do not. In the antisaccade task the eye movement is directed away from the target.  
99 This motor requirement is absent from the recent distractor task. In contrast to the antisaccade task, the  
100 presence of a distractor that competes with the target is essential for the generation of "distractor inhibition",  
101 and distinguishes this clearly from the antisaccade task. This is a critical factor for inhibition at the location  
102 of a distractor has been shown in many negative priming studies. Importantly, our previous research has  
103 clearly demonstrated that the antisaccade task is not sufficient to generate the "spatial inhibition at the  
104 location of distractor" that we find in the recent distractor task (Crawford et al. (2005)). Donovan et al  
105 (2012) demonstrated that the presence of distractor in the probe display as well as the prime display is also  
106 require for object inhibition (Donovan et al. (2012)). Spatial inhibition at the location of a distractor is  
107 enhanced in the presence of a competing target. Donovan et al (2012) showed that in a condition where  
108 there is no competing distractor in the probe display, no negative priming for visual objects were generated  
109 (or inhibition at the location of the distractor). When a competing target was introduced together with a  
110 distractor, inhibition was generated at that location. So this form of inhibition is specific to these tasks, and  
111 is not generated in the antisaccade task. The antisaccade requires a motor signal to move the eyes in the  
112 opposite direction, not a signal to suppress the target itself.

### 113 ***Are microsaccades over-expressed in dyslexic readers?***

114 In recent years an interest in the phenomena of microsaccades has resurfaced, partly driven by the  
115 availability of modern user-friendly eye-tracking technology. However, to our knowledge microsaccades  
116 have not yet been explored as a potential causal factor in dyslexia. Microsaccades are miniature versions

117 of larger saccades that reposition the visual image within the foveal region (i.e. with 1 deg of visual  
118 angle or substantially less). They are common in healthy populations but occur with greater frequency  
119 or larger amplitudes (or with other characteristics) in neurological disorders (Abadi and Gowen (2004);  
120 Kapoula et al. (2014)). Their precise function is controversial, although altered fixational eye movements  
121 are found in disorders of cognition, including attention and working memory (Martinez-Conde et al.  
122 (2013)). Microsaccades have been regarded as a noise feature of the oculomotor system or as "involuntary"  
123 movements that are necessary for preventing neural adaptation and the perceptual fading experienced in  
124 the complete absence of retinal image motion (Martinez-Conde et al. (2006)). However, there is growing  
125 evidence that microsaccades serve a similar function to larger saccades as they play an important role in  
126 enhancing visual acuity and the allocation of visual attention in perceptual tasks (Poletti et al. (2013)).  
127 Microsaccades and standard saccades are apparently controlled by the same neural structures (Havermann  
128 et al. (2014)) and follow common motor characteristics (Hafed and Krauzlis (2012)). The over expression  
129 of microsaccades would clearly be counter-productive during a reading task. Indeed, the frequency of  
130 microsaccades is reduced during normal reading in comparison to non-reading visual fixations (Bowers  
131 and Poletti (2017)). Remarkably, in normal readers microsaccades follow a systematic pattern. They  
132 occur close to the end of words, and are predominantly regressive, within-word fixations. The nature of  
133 microsaccades in dyslexic readers is unknown. For example, it is unclear whether or not there is an excess  
134 of microsaccades that could potentially contribute to the perturbation of visual processing in dyslexic  
135 readers. Therefore in this work we contrasted microsaccades between normal and dyslexic readers.

### 136 ***Visual interference from post-saccadic Oscillations in dyslexia?***

137 The movement of the eyes do not come to an abrupt stop at the end of a saccade, or immediately on  
138 the arrival at the target word. There is a characteristic eye wobble at the end of a saccade, that is known  
139 as a post-saccadic oscillation (PSO) that appears to originate from a combination of sources (Eizenman  
140 et al. (1984); Nyström et al. (2013)) including the mechanics of the eye, the cornea, and the iris muscles.  
141 Therefore the amplitude and specific feature of PSO is partly influenced by video-based eye-tracking  
142 methodologies. Note that PSO or what was referred to as "dynamic overshoot" was reported by Bahill  
143 et al. (1975) using an infra-red limbus eye-tracker. Thus PSO cannot be an artifact of the video-based  
144 eye-tracking systems (e.g. EyeLink). Changes in the PSO signal are sensitive to the relative displacement  
145 of the lens and the cornea in the Dual Purkinje devices (Kimmel et al. (2012)), whilst during and after  
146 movement the structural changes in the iris during saccade are detected in video-based eye trackers that are  
147 centred on the pupil (Nyström et al. (2013)). So the nature of PSO signal needs to be considered in light  
148 of the specific eye-tracking methodology. However, it is clear that in addition to PSO and microsaccades  
149 there are other potential visual perturbations that can arise as a consequence of oscillations at the end of the  
150 saccade movement itself. These visual perturbations would be caused by the retinal slip of the image on  
151 the retina and mild oscillopsia. Further, post saccade oscillations may also delay the processing of visual  
152 information. It is currently unknown whether these sources of visual perturbations contribute to the reading  
153 disorders of dyslexic readers. This is particularly important given the frequent reports of visual motion  
154 phenomena in dyslexic readers.

## 2 METHOD

### 155 2.1 Participants

156 Thirty three participants were recruited: 18 dyslexic (8 male, 10 female; mean age = 19.81 years, range  
157 = 18-22, SD = 1.05) and 15 non-dyslexic controls (5 male, 10 female; mean age = 20.47 years, range

**Table 1.** Cognitive assessment scores (means and SD) of the dyslexics and controls participants. Significant group effects ( $p < 0.05$ ) are shown by the p column.

Assessments	Dyslexic	Controls	p
Working Memory Score	27.0 (6.6)	21.6 (9.5)	>.05
CTOPP Phonological memory	115.8 (7.8)	100.3 (9.0)	<.05
CTOPP Rapid naming	94.4 (14.1)	79.5 (16.1)	<.05
CTOPP Elision SS	10.7 (1.2)	9.2 (2.0)	<.05
Ravens/36	24.1 (5.7)	22.0 (6.4)	>.05
WRAT Reading	108.1 (6.6)	102.3 (8.1)	<.05
WRAT Spelling	113.0 (11.2)	98.3 (10.3)	<.05
WRAT Math	104.1 (13.2)	99.9 (17.6)	>.05

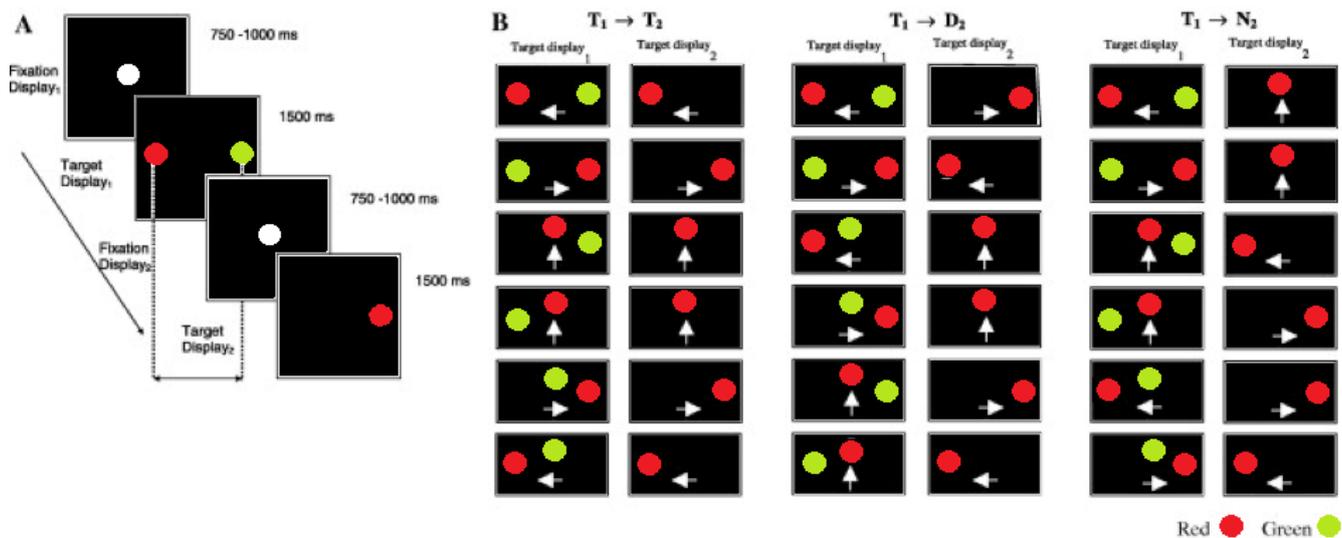
CTOPP - Comprehensive Test of Phonological Processing (Bruno and Walker (1999)), WRAT - Wide Range Achievement Test 4, (Wilkinson and Robertson (2006)), Ravens matrices non-verbal IQ measure (Raven et al. (2003)).

158 = 18-27, SD = 2.59). All participants were university students. All participants had normal or corrected  
 159 visual acuity (assessed with the Snellen chart), and intact colour vision according to the Ishihara test (Clark  
 160 (1924)). Dyslexic participants were recruited with the help of the Lancaster University Disability Office.  
 161 The dyslexic participants had all been previously diagnosed with dyslexia by an educational psychologist  
 162 and volunteered to take part in the study. Controls were obtained by offering psychology students subject  
 163 pool credit. Table 1 shows the cognitive assessment scores (described below) of the two groups. As can be  
 164 seen in the table, the dyslexics did not differ significantly from the controls in terms of working memory,  
 165 Ravens matrices, and WRAT maths. Full ethical approval was granted by the Department of Psychology  
 166 Research Ethics Committee.

167

## 168 2.2 Procedure

169 The eye movement experiments were conducted in the eye movement laboratory at Lancaster University.  
 170 An EyeLink Desktop 1000 (SR Research Ltd., Ontario, Canada) at 500Hz and Experiment Builder  
 171 Software were used to control the stimulus events. Participants sat 55cm away from the screen and used  
 172 a chin rest. Each participant completed three eye-tracking tasks; prosaccade, antisaccade, and a recent  
 173 distractor task (see below). Participants were also assessed on a battery of standard assessments of cognitive  
 174 impairment in dyslexia: the phonological memory, rapid naming, and Elision Standard Score sections of  
 175 the Comprehensive Test of Phonological Processing (CTOPP: Bruno and Walker (1999)), the reading,  
 176 spelling, and math sections of the Wide Range Achievement Test 4 (WRAT4: Wilkinson and Robertson  
 177 (2006)); Ravens matrices for estimation of non-verbal IQ (Raven et al. (2003)). Working memory capacity  
 178 was assessed using the Danemen and Carpenter (1980) sentences (Daneman and Carpenter (1980)) drawn  
 179 from Friedman & Miyake (Friedman and Miyake (2004)). Participants read aloud a sentence that appeared  
 180 on the screen. The sentence was then replaced by a single key word (presented in a distinctive purple font),  
 181 which again the participants read out loud. After each block of sentences the participant was instructed to  
 182 recall as many of the key words as possible by entering the key words in a series of boxes on the computer  
 183 screen. The first block of trials comprised 5 sets of 2 sentences, a second block comprised of 5 sets of 3



**Figure 1.** The sequence and the timings of the eye movement displays in the inhibition of recent distractor task (IRD). (A) Fixation display1 shows the fixation target at the start of a trial. Participants were instructed to fixate on the red target and to ignore the green distractor in target display1. This was followed by fixation display2. Participants fixated on the lone target in target display2. (B) The target–distractor conditions of the experiment. On the  $T_1 \rightarrow T_2$  trials, the target (red) was presented at the same location in target display1 ( $T_1$ ) and target display2 ( $T_2$ ). On the  $T_1 \rightarrow D_2$  trials, the target in target display2 was presented at the location of the distractor in the target display1. On the  $T_1 \rightarrow N_2$  trials the target in the target display2 was presented at a new location, that was not previously occupied by the target or distractor. The black arrows indicate the direction of saccadic eye movement either left, right, or up from the centre-point of the screen).

184 sentences, and the final block comprised of 5 sets of 4 sentences. Working memory span was determined  
 185 by the total number of words that were correctly recalled in the appropriate order.

### 186 2.3 Prosaccade Task (PS)

187 Each participant completed 60 gap trials in the prosaccade task. Each trial was preceded by a 1 second  
 188 instruction screen. A central fixation was displayed in white on a black background. The white stimulus  
 189 had a luminosity of  $8\text{-}9\text{ cd/m}^2$  whilst the black background had a luminosity of  $0.4\text{-}0.8\text{ cd/m}^2$ . This was  
 190 displayed for 1 second and participants were instructed to look at this. A blank screen was then displayed  
 191 for 200ms. The saccade target (in green) was then presented in a random order 4 degrees away from where  
 192 the fixation target had been either on the left or right side for 2 seconds. Participants were instructed to  
 193 make horizontal eye movements toward the target as quickly and as accurately as possible. The white  
 194 fixation target and green saccade target were circular and each measured  $15 \times 15$  pixels;  $0.83$  visual degrees  
 195 in diameter.

### 196 2.4 Antisaccade Task (AS)

197 The parameters in the antisaccade task were the same as the prosaccade task. However, participants were  
 198 instructed to fixate at the central point then generate the saccade to the opposite position of the screen as  
 199 soon as the target appeared.

### 200 2.5 Inhibition of Recent Distractor Task (IRD)

201 Each participant began the inhibition of recent distractor task with a practice session of 24 trials followed  
 202 by 120 mixed, random trials. An IRD trial began with the onset of a white fixation point at the centre of a

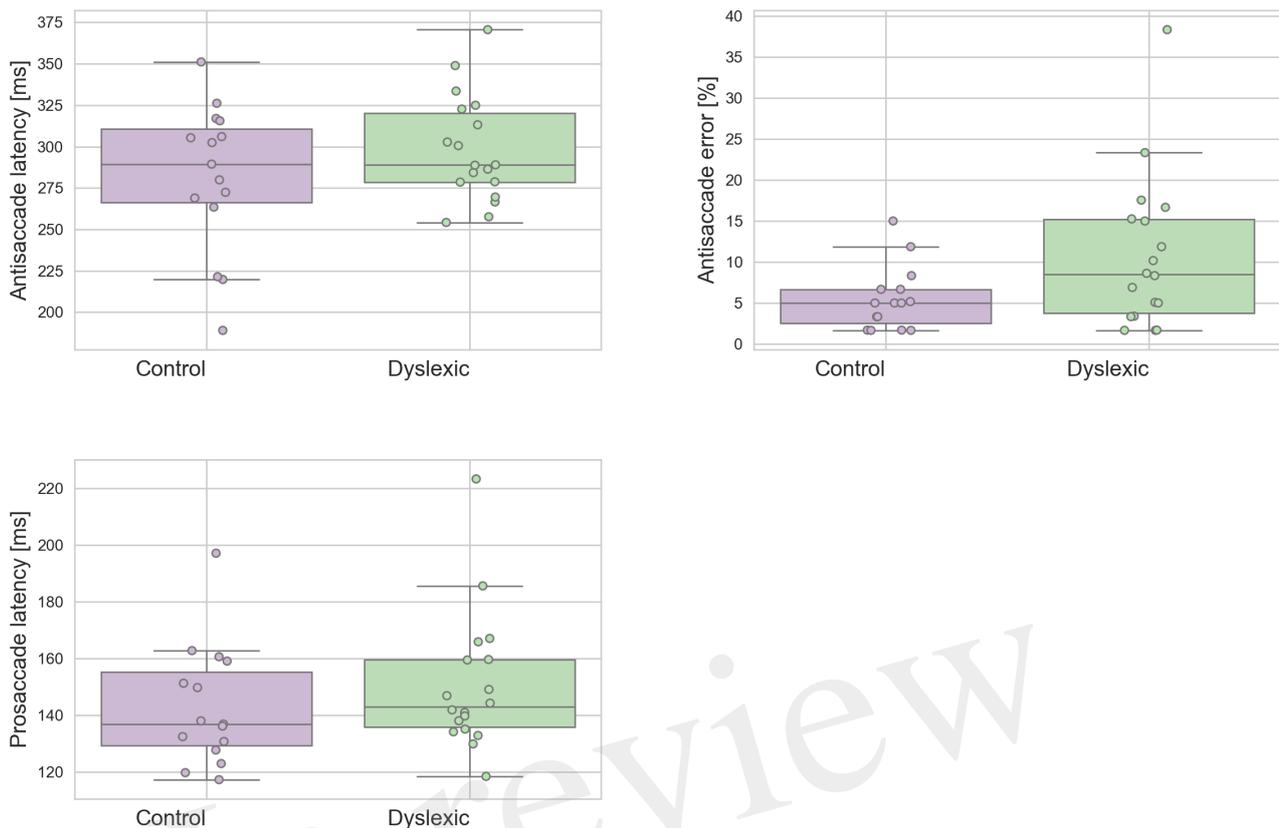
203 black display (see Figure 1; fixation display1) for a period of 750–1000ms; this time was randomised to  
204 prevent anticipatory responses. The fixation point was then removed and immediately followed by a red  
205 target and a green distractor (target display1) presented simultaneously for 1500ms at 4 degrees away from  
206 the fixation point. In contrast to the pro and anti saccade task, the IRD task does not include a temporal  
207 blank gap, between the fixation and target displays. Participants were instructed to look at the red target  
208 as quickly and as accurately as possible and to ignore the green distractor. Once the target display1 was  
209 removed the fixation point re-appeared for a randomised interval of 750–1000ms (fixation display2). Finally,  
210 participants were instructed to fixate on a single red target (target display2) that was presented for 1500ms.  
211 The stimulus onset asynchrony (SOA) between the target display1 and target display2 was 2250–2500ms. A  
212 blank interval of 3500 ms elapsed before the next trial commenced. The spatial configuration and mapping  
213 of the target display1 (recent) and target display2 (new) was a key manipulation (see Figures 1.A and  
214 1.B). The target display1 configurations were randomly selected from one of the 18 displays illustrated  
215 in Figure 1. The pairings of target display1 and target display2 generated three types of trials: (1) on the  
216 *Target* → *Target* ( $T1 \rightarrow T2$ ) trials the display2 target was presented at the location that was previously  
217 occupied by the recent target in display1. (2) On the *Target* → *Distractor* ( $T1 \rightarrow D2$ ) trials the display2  
218 target was presented at the location previously occupied by the recent distractor in display1. (3) On the  
219 *Target* → *New* ( $T1 \rightarrow N2$ ) trials the display2 target appeared at a new location, not previously occupied  
220 by either the target or the distractor in display1. On 50% of the trials the target location was repeated in  
221 display2 (i.e.,  $T1 \rightarrow T2$  trials) and on 50% of trials the target location was different to the display2 target  
222 (25%  $T1 \rightarrow N2$  + 25%  $T1 \rightarrow D2$ ), to ensure that the target location in display1 was non-informative.  
223 Therefore, within a complete block of trials each  $T1 \rightarrow T2$  was repeated 10 times, while a given  $T1 \rightarrow D2$   
224 and  $T1 \rightarrow N2$  was repeated five times. These probabilities were chosen in order to encourage a prepotent  
225  $T1 \rightarrow T2$  response. TT, TD, and TN mean saccade reaction times were computed for each participant.

### 3 RESULTS

226 Table 1 shows the cognitive assessment scores of the two groups. Unsurprisingly for a dyslexia group, this  
227 sample revealed a substantial impairment in phonological skills, including CTOPP phonological memory,  
228 the Elesion measure of the phonological ability and rapid naming, and in the WRAT reading and writing  
229 scores. Ravens matrices IQ and WRAT Math scores did not differ significantly between the two groups.

#### 230 3.1 Prosaccade (PS) & Antisaccade Task (AS)

231 A Shapiro-Wilk test was used to test for normality on the latency variables. The analyses revealed that  
232 neither the dyslexic PS ( $p=.543$ ) and AS ( $p=.710$ ) or control PS ( $p=.127$ ) and AS ( $p=.274$ ) violated the  
233 assumption of normality distribution. Figure 2 shows the mean prosaccade and antisaccade latencies  
234 and standard deviations for the dyslexics and controls groups for prosaccade latencies. The dyslexia  
235 group generated a significantly higher proportion of antisaccade errors ( $mean = 13.81$ ;  $SD = 10.57$ ) in  
236 comparison to the control group ( $mean = 7.56$ ;  $SD = 5.56$ ) in antisaccade errors ( $t(31) = 2.063$ ;  $p =$   
237  $0.048$ ; effect size = 0.74). There was no effect of group for mean prosaccades latencies ( $t(31) = 0.961$ ;  $p =$   
238  $0.344$ ; effect size = 0.34) or mean antisaccades latencies ( $t(30) = 0.461$ ;  $p = 0.154$ ; effect size = 0.50).  
239 The WM Scores did not correlate significantly with prosaccade latencies in dyslexics ( $r(15) = .104$ ;  $p =$   
240  $.692$ ) or controls ( $r(13) = -.236$ ;  $p = .397$ ). Neither was there a significant correlation between WM scores  
241 and antisaccade latencies in dyslexics ( $r(15) = -.261$ ;  $p = .312$ ) nor controls ( $r(13) = .141$ ;  $p = .616$ ) or  
242 WM score and antisaccade errors in dyslexics ( $r(15) = .103$ ;  $p = .695$ ) nor controls ( $r(13) = .045$ ;  $p =$   
243  $.873$ ). This is consistent with the independence hypothesis of working memory and inhibitory control

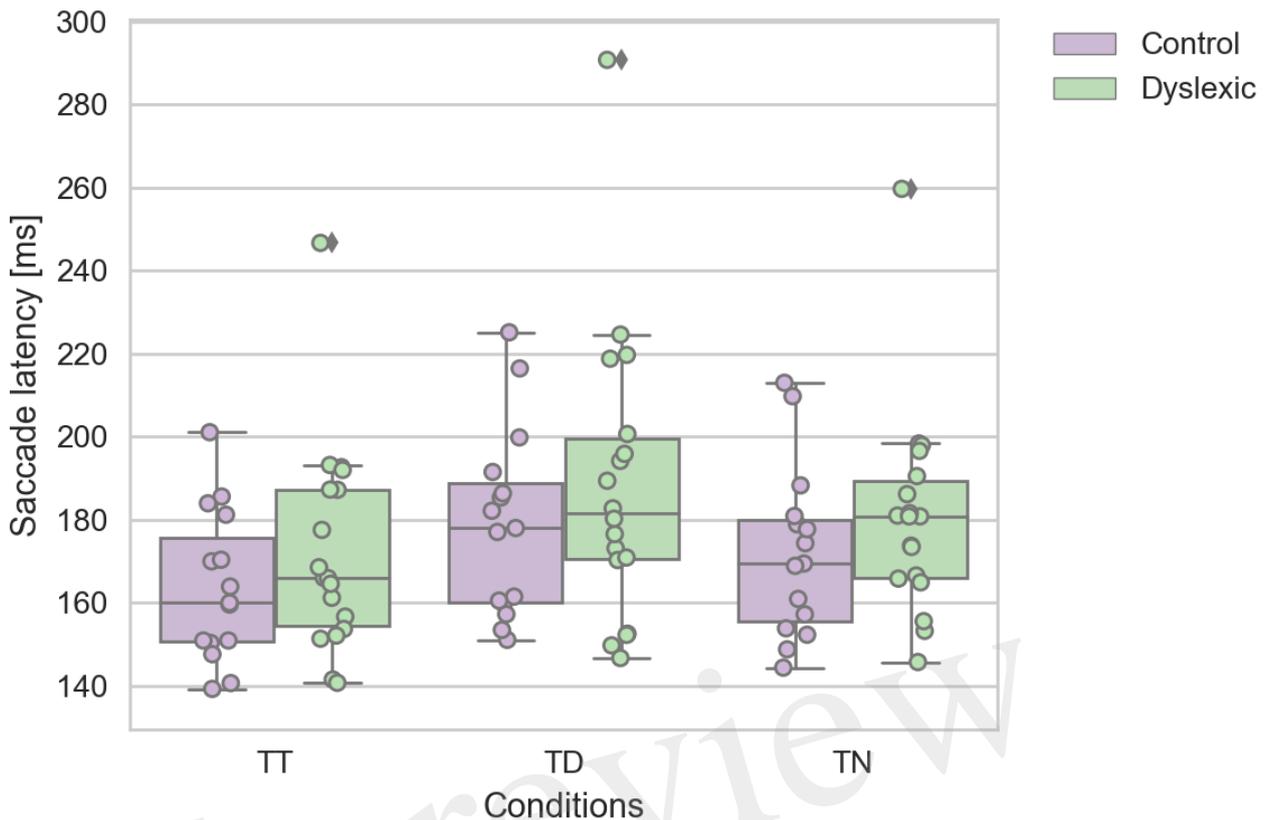


**Figure 2.** Dyslexic and control mean prosaccade latencies, antisaccade errors, and antisaccade latencies. Error bars show the standard errors.

244 (Crawford and Higham (2016)). Prosaccade latencies did not correlate significantly with antisaccade  
 245 latencies in dyslexics ( $r(15) = .051; p = .846$ ) and controls ( $r(13) = .374; p = .170$ ). Prosaccade  
 246 latencies did not correlate significantly with antisaccade errors in dyslexics ( $r(15) = -.247; p = .340$ ) or  
 247 controls ( $r(13) = .220; p = .430$ ).

### 248 3.2 Inhibition of a Recent Distractor (IRD) Task

249 A Shapiro-Wilk test was again used to test for the normality distribution on the IRD latency variables.  
 250 This analysis revealed that the control TT ( $p=.475$ ), TD ( $p=.223$ ), and TN ( $p=.286$ ) latencies were not  
 251 in violation of normality. Nor were the dyslexic TT ( $p=.084$ ), and TD ( $p=.207$ ) latencies. However, the  
 252 TN ( $p=.028$ ) latencies were found to be in violation of normality assumption. We identified one dyslexic  
 253 participant who emerged as an statistical outlier which caused this deviation from normality in the TN  
 254 condition. We reanalysed the data with this outlier removed, which then satisfied the assumptions of  
 255 normality. This reanalysis replicated the findings below, therefore we report the findings with the complete  
 256 dataset including the one outlier. A repeated-measures ANOVA was conducted on the saccadic mean  
 257 latencies as the within-subjects factor of the target-distractor configuration (TT; TD; TN) and group factor  
 258 (dyslexic vs. non-dyslexic control) as the between-subjects factor. This analysis revealed a significant main  
 259 effect of target-distractor configuration ( $(F(2, 62) = 29.032; p < 0.0005; \text{effect size} = 0.484)$ ). The saccadic  
 260 mean latencies were slowed on TD trials in comparison to TT & TD trials (see Figure 3). There was no  
 261 significant effect of group ( $F(1, 31) = 1.038; p = 0.316; \text{effect size} = 0.032$ ). There was no interaction

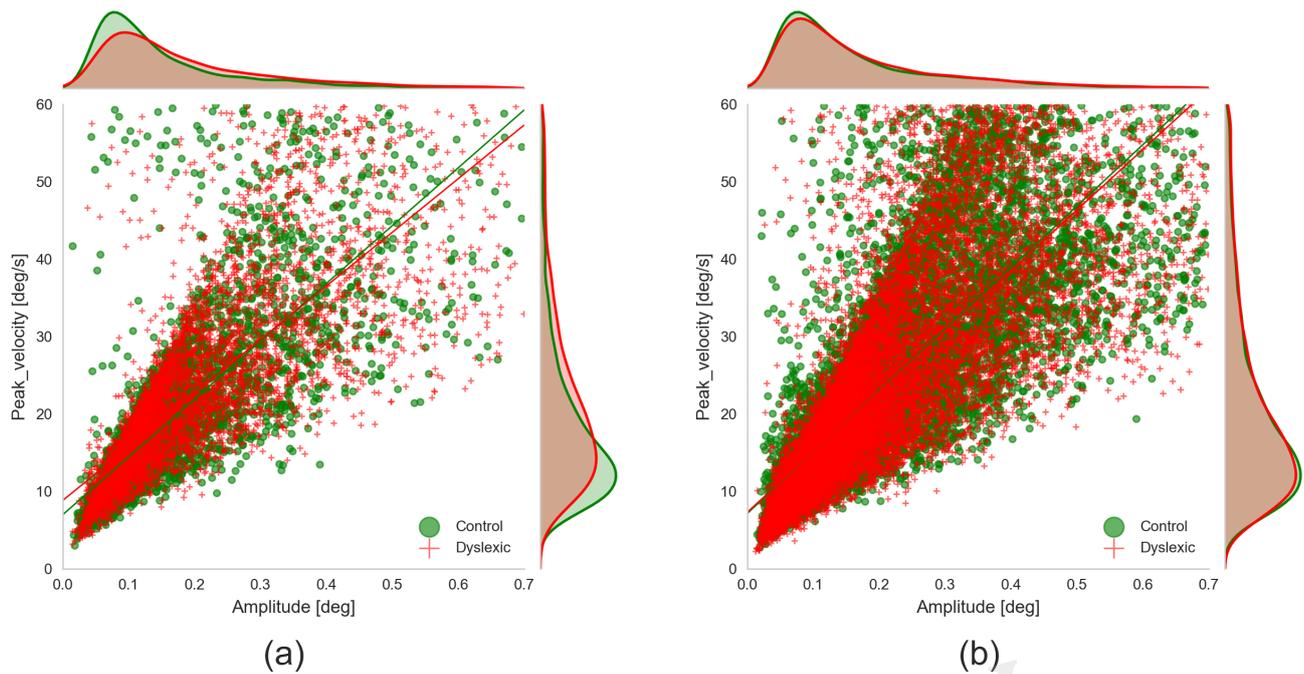


**Figure 3.** Dyslexic and control mean saccade reaction time for target-target (TT), target-neutral (TN), and target-distractor (TD) trials. Error bars show the standard errors.

262 effect of group and target configuration ( $F(2, 62) = 0.083; p = 0.920; \text{effect size} = 0.003$ ). The effect of  
 263 target-configuration was evident and of a similar magnitude across both groups (see Figure 3).

#### 4 MICROSACCADES

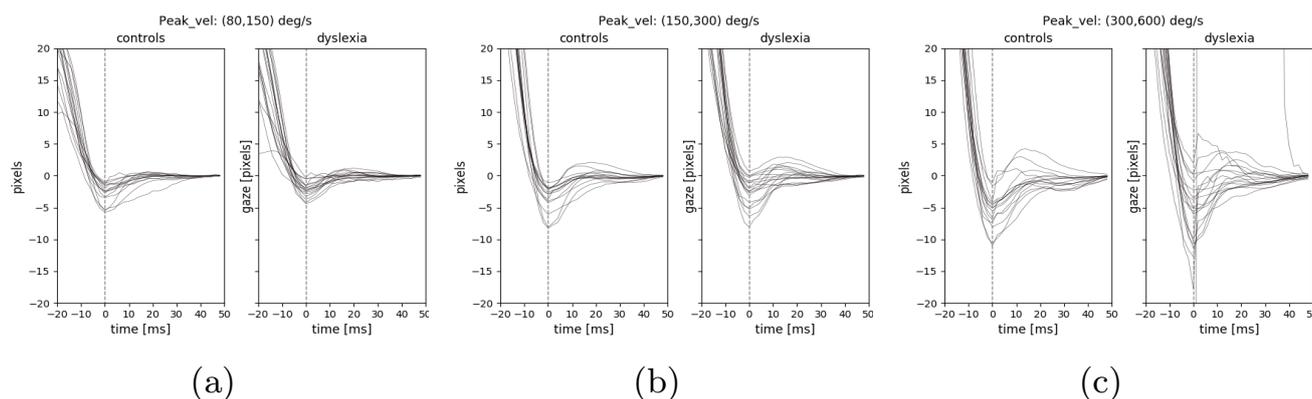
264 We examined the rate of microsaccades per trial across the two groups. We extracted the microsaccades  
 265 made during the fixations before target onset in all three experiments. Microsaccades were extracted  
 266 using the approach proposed by Engbert and Kliegl (2003). Their algorithm identifies the microsaccades  
 267 as "outliers" in two-dimensional velocity space. They define outliers as segments in 2D velocity space  
 268 that lie outside a threshold (an ellipse in 2D velocity space) which is defined based on a multiple of the  
 269 standard deviation of the velocity distribution. We applied the microsaccade detection algorithm only to  
 270 segments of raw gaze points identified as fixations. In fact we did not compute the velocity ourselves  
 271 and only used the velocity signals as detected by Eyelink. We detected candidate microsaccades based  
 272 on monocular eye tracking data and filtered those candidates that had the amplitude and duration outside  
 273 the range of [0.01, 0.7] and [5ms, 40ms] respectively, based on the findings of Engbert and Kliegl (2003)  
 274 and Martinez-Conde et al. (2006). Since our microsaccades were extracted using only monocular data  
 275 we wanted to check the validity of our microsaccade detection by looking at the main sequence of the  
 276 detected microsaccades (Figure 4). This also allowed us to further compare the main characteristics  
 277 of microsaccades (the amplitude and peak velocity) across the two groups in AS and RD experiments.



**Figure 4.** Main sequence of the microsaccades showing microsaccades of both groups obtained in (a) AS experiment, and (b) RD experiment, during fixations prior to target onset.

278 We do not show the main sequence of the PS experiment because it was very similar to the data from  
 279 the AS experiment. To facilitate this comparison and to see if any of these two characteristics deviates  
 280 across the two groups, we fitted a linear regression model to the main sequence of each of the groups  
 281 and compared the results. The results of the linear regression showed that the main sequence of the  
 282 microsaccades was following the line  $vel_{peak} = 74.7amp + 7.0$  ( $r = 0.79, p = 0.0$ ) for the Control  
 283 group and  $vel_{peak} = 69.3amp + 8.8$  ( $r = 0.78, p = 0.0$ ) for the Dyslexic group in the AS task. The  
 284 result of the linear regression was  $vel_{peak} = 72.5amp + 7.5$  ( $r = 0.78, p = 0.0$ ) for the Control group  
 285 and  $vel_{peak} = 69.53amp + 8.3$  ( $r = 0.80, p = 0.0$ ) for the Control in the PS experiments. The result  
 286 of the linear regression was  $vel_{peak} = 79.5amp + 7.1$  ( $r = 0.81, p = 0.0$ ) for the Control group and  
 287  $vel_{peak} = 78.15amp + 7.3$  ( $r = 0.80, p = 0.0$ ) for the Control in the RD experiments. As we can also see  
 288 in the figure, the slope and the intercept of the fitted lines were quite similar in both groups, and overall,  
 289 they resemble the findings of Engbert and Kliegl (2003).

290 We further compared the amplitude and peak velocities by taking the mean of all the observations  
 291 belonging to the same person and comparing the means across the two groups. We did a t-test on the  
 292 mean amplitude and the mean peak velocity in all three experiments. We found no significant difference  
 293 between the amplitude ( $t(31) = -0.63; p = 0.54$ ) and peak velocities ( $t(31) = -0.38; p = 0.71$ ) of  
 294 the two groups in the IRD experiment. However, in the AS experiment, the mean amplitude ( $t(31) =$   
 295  $-4.06; p = 0.00; Mean_{Control} = 0.15 deg, Mean_{Dyslexic} = 0.19 deg$ ) and mean peak velocity ( $t(31) =$   
 296  $-3.06; p = 0.00; Mean_{Control} = 18.54 deg/sec, Mean_{Dyslexic} = 22.42 deg/s$ ) of the control group  
 297 was significantly lower than the dyslexia group. We observed no significant difference between the peak  
 298 velocities of the two groups in the PS experiment. The mean amplitude was still lower for the control group  
 299 in the PS experiment ( $t(31) = -2.22; p = 0.03$ ).



**Figure 5.** The PSO signals of the two groups for three different saccade peak velocities (a) 80-150 (b) 150-300 (c) 300-600. The PSO signals within each range of peak-velocity are grouped for each subject, and therefore, each signal in the figure represents the median of multiple signals.

300 We compared the average number of microsaccades per trial across our control and dyslexic groups. On  
 301 average about 3.5 microsaccades per trial were observed in both groups in all experiments. We found no  
 302 significant difference between the two groups ( $p > .05$ ) in terms of the average number of microsaccades  
 303 per trial in any of the experiments.

## 5 POST-SACCADIC OSCILLATIONS

304 We examined the instability and oscillations at the end of each saccade (the PSOs) between the two groups.  
 305 We used the PSOVIS software (Mardanbegi et al. (2017)) to extract and align the PSO signals from the eye  
 306 movement data of the RD experiment based on the saccade detection performed in the Eyelink tracking  
 307 software. The PSOVIS software extracts the oscillations along the direction of each saccade. Thus, each  
 308 PSO signal is a time series signal representing the saccade changes measured in pixels (along the main  
 309 direction) over time. The minimum peak of each oscillation is then defined as the first critical point of  
 310 the signal that happens after the maximum velocity. All the signals are then temporally aligned based on  
 311 their minimum peak which is actually the first overshoot of the PSOs. Each signal is then shifted along the  
 312 spatial axis such that all the signals converge at zero (see Figure 5).

313 We focused on the first screen of RD experiment because it was a task that involved inhibitory control  
 314 and the saccades were made towards clear end-point targets in different directions. Previous studies have  
 315 shown the effect of saccade peak-velocity on the PSO (Nyström et al. (2016)), therefore we looked at the  
 316 PSO signals separately for different ranges of peak velocities. Figure 5 shows the median PSO signals  
 317 for three different ranges of peak velocities from 80 to 600 deg/sec. Each signal in the figure represents  
 318 the median of all PSOs of an individual subject that belong to saccades with peak velocities within a  
 319 certain range. As we see in the figure, the size of the PSO signals were not very different between the two  
 320 groups. We compared the amplitude of the PSO signals between the two groups when the amplitude of each  
 321 individual PSO signal is defined as the distance between the first occurrence of the minimum and the first  
 322 occurrence of the maximum value of the signal within the interval of 0-40ms (similar definition was used by  
 323 Mardanbegi et al. (2018)). A t-test was conducted to compare the amplitudes of median PSO signal (with  
 324 peak velocities between 80 to 600 deg/sec) and the result ( $t_{(31)} = -0.26, p < .8$ ) indicated no significant  
 325 difference between the mean of PSO amplitude of the control group ( $M = 1.29deg, SD = 1.23deg$ ) and  
 326 the dyslexia group ( $M = 1.42deg, SD = 1.51deg$ ).

## 6 DISCUSSION

327 One influential theory of dyslexia claims that the disorder is caused by a sluggish attention system,  
328 that involves deficiencies in the inhibition of irrelevant sensorimotor control. Inhibitory control is not a  
329 unitary concept, therefore in this work we examined two forms of oculomotor inhibition and two forms of  
330 oculomotor interference at high and low levels of the control system. We replicated the reported impairment  
331 of antisaccade control in people with dyslexia. Phonological working memory span was reduced in the  
332 dyslexic readers, but was not correlated with the frequency of antisaccade errors. This is consistent with  
333 the idea that working memory may be associated with inhibitory control but can be dissociated from it  
334 (Crawford et al. (2011); Crawford and Higham (2016)). How then might the dyslexia impairment in the  
335 AST be explained if it is not caused by either direct deficits of working memory or distractor suppression?  
336 The sluggish attentional theory argues that people with dyslexia are slowed in the shifts of visual attention,  
337 which would impede the efficient and rapid processing in the flow of information. For example, (Hari et al.  
338 (1999)) demonstrated, using an attentional blink task, that dwell time was increased by 30% in dyslexic,  
339 compared to normal readers. In AST the highly salient singleton target, could lead to a slower attentional  
340 disengagement in the dyslexic readers. According to RACE models of the AST (Crawford et al. (2011)) a  
341 slowed disengagement will cause an increase in the frequency of errors.

342 Visual sensitivity is not determined simply by the proximity of the stimulus image to the fovea on the  
343 retina. The spatial modulation of visual attention determines the gain of activity of neurons in the visual  
344 cortex (e.g. Smith et al. (2000)). This has been demonstrated across various visual operations including  
345 perception of velocity, luminance, and colour discrimination. Importantly, increased activation of visual  
346 cortex is accompanied by general suppression of neuronal activity representing the surrounding visual field  
347 (see Smith et al. (2000)). Thus the efficient modulation of selective attention is characterised by the dual  
348 properties of increased gain for the visual target and surrounding inhibition of the competing distractors.  
349 The current study has demonstrated that the inhibition of visual distractors are apparently preserved in  
350 dyslexic readers. Spatial inhibition at the location of distractor was measured using the inhibition of  
351 the recent distractor paradigm (Crawford et al. (2005)). Interestingly, dyslexia readers demonstrated the  
352 normal pattern of distractor inhibition. Apparently, the inhibition deficits of people with dyslexia cannot be  
353 attributed to spatially-derived location encoding.

354 Despite the recent growth in work on microsaccades there has been little work in the context of reading  
355 behaviour or dyslexia. One important study revealed a highly organised pattern of microsaccades in normal  
356 readers. For English readers microsaccades are predominately elicited at the end of words (or sentences),  
357 and they tend to be regressive, taking the eye back towards the previous word (see Bowers and Poletti  
358 (2017)). They appear to serve a similar function to large saccades and reflect the shifts of vision attention  
359 within the target word. Microsaccade frequency appears to be preserved in people with dyslexia. A problem  
360 of excessive or intrusive microsaccades clearly cannot explain the reading and visumotor disturbances in  
361 dyslexia. However, it is worth noting that microsaccades were of larger amplitude and peak velocity in the  
362 AS condition, and were generated closer to the target onset. The impact of these subtle effects are unclear  
363 but warrant further work.

364 Finally, we investigated the post-saccadic oscillations to determine whether this oculomotor phenomenon  
365 might account for the reported visual perturbations and attention difficulties of dyslexic readers. Our  
366 findings currently rule this out as an explanatory factor.

367 Dyslexia remains a mysterious and complex disorder with both cognitive and motor features. The dyslexic  
368 group revealed a clear impairment on phonological memory and inhibitory antisaccade errors as previously

369 shown (Biscaldi et al. (2000)). The antisaccade impairment cannot be attributed to working memory as this  
370 was well preserved in this sample, although phonological memory was reduced (cf. Crawford et al. (2011);  
371 Crawford and Higham (2016)). A top-down 'sluggish' attentional signal might account for the increased  
372 antisaccade errors. Conceivably the neural signal to inhibit the prepotent saccade may be slow in arriving  
373 at the inhibitory centres in the FEF, DLPFC and fixation cells of the superior colliculus in dyslexic readers.  
374 However, the fundamental characteristics of the prosaccadic eye movements were preserved. These findings  
375 demonstrate that people with dyslexia do not suffer from a difficulty in selecting a salient target in the  
376 presence of a competing distractor. The neural signature of inhibition of the distractor was detected in the  
377 slowed response towards target presented at that location on the subsequent display screen. This inhibition  
378 was equivalent to that seen in the normal readers. The visual disturbances and the reading difficulties that  
379 are experienced by dyslexic readers clearly are not a consequence of oculomotor noise generated by excess  
380 microsaccades or post-saccadic oscillations. This work confirms that inhibitory control is not a unitary  
381 concept and that it is important to use a range of inhibitory control tasks to isolate the different types and  
382 levels of inhibition and potential interference in the oculomotor system.

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In review