# Practical hydrological protection for tropical forests: the Malaysian experience

## N.A. Chappell and H.C. Thang

Synergies between hydrological research and certification of natural forest management in the humid tropics give rise to water protection standards that are also partially applicable to forest plantations and agroforestry systems.

Stream-gauging structure within the buffer zone of the selectively logged Baru experimental watershed, East Malaysia

ater resources are essential for people, ecology and economic development in both forested and non-forested areas. As most tropical natural forests escape contamination by artificial chemicals such as those in urban landscapes or leached from intensive agriculture, the quality of their water is often the least hazardous to human health. Paradoxically because of the inherent quality of the natural forest environment, standards of environmental protection in selectively managed natural forests, including hydrological requirements, are often far tougher than those applied in non-forest lands.

Guidelines for hydrological protection during forestry operations are plentiful in the global forestry and hydrology literature (e.g. Megahan, 1977; Cassells, Gilmour and Bonell, 1984; FAO, 1996, 1999; Sabah Forestry Department, 1998; Hamilton, 2004; Thang and Chappell, 2004). They include measures to protect soil water and nutrient status, the recharge of major aquifers, microclimate and evaporation, and river resources. Some of the published guidelines, however, lack a credible scientific basis, some are contradictory, some are not viable economically, some are only directly applicable in temperate environments, some are so complex that they require a Ph.D. in hydrology to apply, and some even have negative impacts on certain aspects of the hydrological system.

This article reviews the hydrological basis of standards set within the system of Malaysian Criteria and Indicators for Forest Management Certification (MC&I), which has been used to certify forestry practices in 4.7 million hectares of permanent reserved forests in four states of Peninsular Malaysia: Selangor, Pahang, Terengganu and Negeri Sembilan. The inclusion of hydrologi-

Nick A. Chappell is a forest hydrologist at Lancaster University, Lancaster, United Kingdom, who undertakes collaborative research with hydrologists and foresters in Malaysia. Thang Hooi Chiew was formerly the Deputy Director General, Forestry Department of Peninsular Malaysia, and remains active in the development of criteria and indicators for sustainable forest management and certification.



cal standards in the certification system ensures their universal application in all certified forest management units. The article identifies what the authors consider to be the single most important hydrological standard - the watercourse buffer zone-and considers its application outside certified natural forests, which is important because many tropical natural forests are being converted with no certified hydrological standards to agriculture, agroforestry and urban landscapes. The lessons learned in Malaysia's relatively well-developed forestry sector, particularly those supported by primary hydrological research, may be useful for wider application in other tropical countries.

## STANDARDS FOR HYDROLOGICAL PROTECTION

The Malaysian Criteria and Indictors for Forest Management Certification (Thang, 1996; MTCC, 2001, 2004) contain standards of performance or verifiers used to benefit the hydrological system through protection of the forest canopy and the ground (soil and water). Some of the standards are directly aimed at hydrological protection, while others, notably those related to minimizing collateral canopy damage, have an indirect impact on hydrological phenomena. For example, canopy disturbance caused by the opening of forest roads and subsequent selective harvesting can be minimized by reducedimpact logging (Pinard, Putz and Tay, 2000) to reduce damage to the remaining stand, especially the younger stems, and to biodiversity (Thang, 1987). This has the indirect hydrological benefit of reducing the change in the forest microclimate, minimizing declines in evapotranspiration (Nik and Harding, 1992; Chappell et al., 2004b), while also reducing biomass loss and its impact on nutrient and carbon leakage (Yusop, 1989).

Quantitatively, river sediment load and turbidity are the hydrological features most affected by commercial harvesting in tropical natural forests, as shown by a recent review (Chappell *et al.*, 2004b). Recent research, primarily in Malaysia, has shown that erosion, collapse of hollow-log culverts (along feeder roads and secondary haul roads) and landslides can increase river sediment loads 5- to 50-fold directly after selective harvesting (Chappell *et al.*, 2004a,b). The elevated sediment loads impair fish habitat, heighten flood risk downstream, increase the costs of treatment for potable water supplies and lead to the inundation of offshore coral beds.

Forestry measures that can reduce these changes and promote rapid recovery are consequently the most important standards for hydrological protection. In production forests of Malaysian permanent reserved forests, erosion, log-culvert collapse and landslides are primarily related to ground disturbance along skid trails (i.e. routes used by tracked skidders in log yarding) and haul roads (i.e. engineered roads used by timber lorries) by blade cutting, compaction, slope cutting and stream crossings. Canopy opening is only a secondary factor (Chappell et al., 2004a). While the Malaysian criteria and indicators encourage minimization of the number of skid trails and haul roads, the relationship between the density of road or trail networks and river sediment inputs is complex, since much of the road and trail network is disconnected from permanent watercourses (streams and rivers) (Sidle et al., 2004). However, where sediments reach permanent watercourses, sediment problems are easily transferred downstream over great distances.

The most hydrologically sensitive parts of the landscape are the watercourses with perennial flows and the road or trail crossing points (Chappell *et al.*, 2007). To comply with the criteria and indicators for Peninsular Malaysia, along all permanent watercourses it is necessary to demarcate a buffer zone 10 m wide (5 m either side of the channel) in which vehicle access and tree cutting are restricted only to stream or river crossings with bridges or culverts.

Other criteria and indicator systems differ in the recommended placement and dimensions of such buffer zones. Some foresters have suggested that ephemeral channels, which by definition flow only during storms, should be protected (FAO, 1999; Cassells and Bruijnzeel, 2004), while others suggest that protection is unnecessary for watercourses narrower than 5 m (Sist, Dykstra and Fimbel, 1998). In the humid tropics where drainage density (the length of watercourse with permanent flows per unit watershed area) is very high, if buffer zones were required for ephemeral channels they could take up 40 percent of the landscape (Thang and Chappell, 2004). Moreover, Chappell et al. (2004a) have shown that the greatest unit area input of sediments into channels is along first- to third-order channels (i.e. permanent streams to small rivers). This means that it is not critical to protect ephemeral channels, but it is important to buffer all permanent rivers and streams. This research thus endorses the hydrological standard universally applied within the forest reserves of the Malaysian states of Selangor, Pahang, Terengganu and Negeri Sembilan.

Road-initiated landslides in an experimental watershed of Ulu Segama Forest Reserve, East Malaysia, were observed to travel 150 and 500 m (Chappell *et al.*, 2004a). Although the haul roads in this area were located and built correctly, they were closer than this to permanent streams (see Table), indicating that sediment generated by major failures of cut-and-fill materials can reach permanent channels.

#### Mean distance from haul roads to permanent streams, Baru experimental watershed, Ulu Segama Forest Reserve, East Malaysia

Stream type	Distance <i>(m)</i>
First-order streams	87
Second-order streams	158
Third-order streams	255

Source: Chappell et al., 2004a.



500 m landslide below a secondary haul road (Baru experimental watershed) shortly after failure

Thus, while the buffer zone may protect water by preventing skidders from using the watercourses as transport routes, it is not expected to trap sediments from upslope. Ziegler et al. (2006), working in agricultural landscapes in northern Viet Nam, have similarly questioned the effectiveness of buffer zones, even those up to 50 m wide, in trapping sediments. Bren (2000) and Chappell et al. (2006) have implied that prediction of the trap efficiency of buffer zones or the location of disturbance-sensitive streamside soils is currently too uncertain for practical application of variable-width buffer zones in forestry.

While skidders are prevented from using watercourses as routes within reducedimpact logging areas (e.g. Sabah Forestry Department, 1998), where skid trails cross permanent watercourses they have the potential to be significant points of input of sediments to streams and thence to rivers. The criteria and indicators for Peninsular Malaysia recommend various ways of crossing streams using either culverts or bridges. Hydrological research is needed to ensure that the allowed crossings, including the use of hollow logs which may collapse after a few years, are both hydrologically sound and cost effective in the long term. Helicopter and skyline yarding, tested on steep terrain in East Malaysia (Mannan and Awang, 1997), has the potential to reduce significantly the number of tracks in the forest by eliminating skidder use from these areas (FAO, 1996). While reducing the number of stream crossings is expected to decrease river sediment loads, direct evidence of the watershed-scale impact of these different yarding methods in the tropics has yet to be measured. The main haul roads, with concrete stream culverts, engineered bridges and gravel surfaces, are designed in such a way that their impacts on sediments are unlikely to persist long after the construction phase (Forestry Department Peninsular Malaysia, 1999).

Certification within the forest reserves of the states of Selangor, Pahang, Terengganu and Negeri Sembilan has encouraged the use of improved logging practices supported by fundamental hydrological research (Thang and Chappell, 2004). Land managers should ask if the application of these findings could be of value also for hydrological protection during forest clearance or the establishment of tropical timber plantations or agroforestry systems.

#### PROTECTION IN UNCERTIFIED NATURAL FORESTS AND PLANTATIONS

As described above, for protection against the largest hydrological changes associated with tropical natural forestry, establishing a 10 m wide buffer zone along all permanent streams and rivers during forest harvesting operations is effective. In forests where it would be economically unaffordable to meet all the physical environmental standards required for certification by international assessors, this single standard, if followed strictly, would provide some assurance of water resources protection in natural forests.

In many areas where conversion from

natural forest to forest plantations, agroforestry or other land uses is planned, it may not be considered logistically feasible to prevent most tree cutting in all permanent streamside zones. However, research has shown that application of the buffer designation used within Peninsular Malaysia's MC&I would restrict forest cutting (except at "well managed" stream crossings) from only 7 percent of the landscape for watercourse protection (Thang and Chappell, 2004)-less than the area of forest reserves normally gazetted for protection of biological and physical resources. Moreover, such a buffer offers some protection for the most hydrologically sensitive small streams (i.e. less than 5 m channel width) which are the most numerous channels in the landscape but are the least protected in most tropical forestry systems (Thang and Chappell, 2004; Chappell et al., 2007). If these "fingers" of natural forest cannot be kept, considerable hydrological benefits would still be obtained by minimizing skidder vehicle use within demarcated 10 m wide buffer zones alongside all permanent streams. Maintaining these ribbons of natural forest would also protect the aquatic habitat by reducing disturbances to stream-water temperature regimes associated with forest clearance (Davies and Nelson, 1994). Indeed, draft criteria and indicators for Malaysian forest plantations (MTCC, 2007) call for the 10 m buffer along all streams during conversion and after plantation establishment.

In agroforestry and intensive agricultural systems and in some forest plantation systems, the use of pesticides and artificial fertilizers greatly heightens the need to define and protect watercourses. In saturated streamside zones, where chemicals can reach streams quickly because they are generally carried more rapidly over land than through subsurface flow routes, prohibiting the use of chemicals is the best way to prevent their becoming a human health hazard; here streamside buffer zones with zero direct chemical applications may need to be wider than 5 m to be effective (McKergow *et al.*, 2004). The presence of natural forest within these streamside zones also reduces the likelihood of overland flow by enhancing evaporation and infiltration, and enhances the utilization of nutrients leaching from upslope areas, thereby reducing losses of chemicals into channel watercourses (McDowell, 2001).

#### CONCLUSIONS

The two decades of research on forestry practices and hydrological processes in Malaysia's natural forests that underlie the certification of hydrologically sound forestry practices in forest reserves of the states of Selangor, Pahang, Terengganu and Negeri Sembilan offer findings pertinent to sustainable forest management in other countries in the humid tropics. Reduced-impact logging techniques within several Malaysian states help maintain the hydrological functioning of rivers in natural forests (e.g. Nik and Harding, 1992; Yusop, 1989; Chappell et al., 2004b; Thang and Chappell, 2004). These rivers are of considerable importance for potable water supply because they are free from artificial chemical contamination. It is by influencing sediment load, however, that forestry practices have the largest impact on rivers in natural forests maintained for long-term timber production (Chappell et al., 2004b). The MC&I hydrological standards of performance for Peninsular Malaysia contain measures to mitigate impacts on sediment load (Thang and Chappell, 2004).

Despite the recent intensification of hydrological research within tropical natural forests (Bonell and Bruijnzeel, 2004), the impact of many forestry practices on tropical hydrological systems remains poorly quantified. Amounts and sources of river sediments in particular are extremely difficult to determine with accuracy because of the episodic nature of sediment delivery, the heterogeneity of the sediment sources and the high technological requirements for such measurements (Douglas et al., 1999; Chappell et al., 2004a). Despite these uncertainties, it is clear that small permanent streams because they comprise the greatest length of perennial watercourse (Chappell et al., 2007) and receive the greatest sediment inputs per unit watershed area (Chappell et al., 2004a)-all need protection. Within certified forestry systems in Peninsular Malaysia, the placement of narrow buffer zones on small permanent streams:

- restricts skidder drivers from using small channels as routes, thereby reducing channel erosion;
- requires culverts or bridges to be placed at all road and trail crossings of permanent streams, reducing channel disturbance and disconnecting some slope sediment pathways from the channels;
- maintains canopy cover and hence microclimate along stream corridors.



Buffer zone in the Baru experimental watershed, 17 years after the first phase of selective logging These considerable benefits can be gained by limiting cutting and vehicle access from a relatively small area (less than 10 percent) of the landscape.

While few studies have addressed the hydrological impacts of forestry within tropical natural forests and associated mitigation strategies, almost none have addressed river turbidity for tropical plantations (Bonell and Bruijnzeel, 2004; Chappell, Tych and Bonell, 2007). There is an urgent need to extrapolate the findings of turbidity studies from tropical natural forests to watersheds with plantations, and to initiate new watershed-scale studies on river turbidity and water quality within timber or oil-palm plantations. Hydrological research is also needed to compare the value and economic impacts of buffer zones of different sizes within areas being converted to timber plantations and agroforestry systems. •



### Bibliography

- Bonell, M. & Bruijnzeel, L.A. 2004. Forests, water and people in the humid tropics. Cambridge, UK, Cambridge University Press.
  Bren, L.J. 2000. A case study in the use of threshold measures of hydrologic loading in the design of stream buffer strips. Forest Ecology and Management, 132: 243–257
- Cassells, D.S. & Bruijnzeel, L.A. 2004. Guidelines for controlling vegetation, soil and water impacts of timber harvesting in the humid tropics. *In M. Bonell & L.A.* Bruijnzeel, eds, *Forests, water and people in the humid tropics.* Cambridge, UK, Cambridge University Press.
- Cassells, D.S., Gilmour, D.A. & Bonell, M. 1984. Watershed forest management practices in the tropical rainforests of north-eastern Australia. In C.L. O'Loughlin & A.J. Pearce, eds. Effects of land use on erosion and slope stability. Vienna, Austria, International Union of Forest Research Organizations (IUFRO).

**T. & Sinun, W.** 1999. Role of extreme events in the impacts of selective tropical

1289-1305.

forestry on erosion during harvesting and recovery phases at Danum Valley, Sabah. *Philosophical Transactions of the Royal Society of London Series B.*, 354: 1749–1761.

Chappell, N.A., Douglas, I., Hanapi, J.M.

& Tych, W. 2004a. Source of suspended-

sediment within a tropical catchment

recovering from selective logging.

Hydrological Processes, 18: 685-701.

Chappell, N.A., Thang, H.C., Sinun, W.

& Bidin, K. 2007. Practical hydrological

protection of tropical forests: Malaysia's

scientific contribution. Presented at the

International Conference on Nature

Conservation in Sabah: the Quest for the Gold Standard, Kota Kinabalu, Sabah,

Chappell, N.A., Tych, W. & Bonell, M.

2007. Development of the forSIM model to

quantify positive and negative hydrological

impacts of tropical reforestation. Forest

Ecology and Management, 251: 52-64.

Chappell, N.A., Tych, W., Yusop, Z., Rahim,

N.A. & Kasran, B. 2004b. Spatially-

significant effects of selective tropical

forestry on water, nutrient and sediment

flows: a modelling-supported review. *In* M. Bonell & L.A. Bruijnzeel, eds. *Forests, water* 

and people in the humid tropics. Cambridge,

Y. & Tangtham, N. 2006. Return-flow

prediction and buffer designation in two

rainforest headwaters. Forest Ecology and

between riparian buffer widths and the

effects of logging on stream habitat,

invertebrate community composition,

and fish abundance. Australian Journal

of Marine and Freshwater Research, 45:

Douglas, I., Bidin, K., Balamurgan, G.,

Chappell, N.A., Walsh, R.P.D., Greer,

Davies, P.E. & Nelson, M. 1994. Relationship

UK, Cambridge University Press. Chappell, N.A., Vongtanaboon S., Jiang,

Management, 224: 131-146.

Malaysia, 26-27 November.

- **FAO.** 1996. FAO model code of forest harvesting practice, by D.P. Dykstra & R. Heinrich. Rome.
- FAO. 1999. Code of practice for forest

*harvesting in Asia-Pacific*, by P.B. Durst. RAP Publication 1999/12. Bangkok, Thailand, FAO Regional Office for Asia and the Pacific

- Forestry Department Peninsular Malaysia. 1999. Specification of forest roads for Peninsular Malaysia. Kuala Lumpur, Malaysia.
- Hamilton, L.S. 2004. Red flags of warning in land clearing. In M. Bonell & L.A. Bruijnzeel, eds. Forests, water and people in the humid tropics. Cambridge, UK, Cambridge University Press.
- Mannan, S. & Awang, Y. 1997. Sustainable forest management in Sabah. Presented at the Seminar on Sustainable Forest Management, Kota Kinabalu, Sabah, Malaysia, 22 November 1997.
- McDowell, W.H. 2001. Hurricanes, people, and riparian zones: controls on nutrient losses from forested Caribbean watersheds. *Forest Ecology and Management*, 154: 443–451.
- McKergow, L.A., Prosser, I.P., Grayson, R.B. & Heiner, D. 2004. Performance of grass and rainforest riparian buffers in the wet tropics, Far North Queensland. 2. Water quality. *Australian Journal of Soil Research*, 42: 485–498.
- Megahan, W.F. 1977. Reducing erosional impacts of roads. In *Guidelines for watershed management*. Rome, FAO.
- MTCC. 2001. Malaysian criteria, indicators, activities and standards of performance for forest management certification (MC&I). Kuala Lumpur, Malaysia, Malaysia Timber Certification Council (MTCC).
- MTCC. 2004. Malaysian criteria and indicators for forest management certification (MC&I, 2002). Kuala Lumpur, Malaysia.
- MTCC. 2007. Malaysian criteria and indicators for forest management certification (forest plantations). Kuala Lumpur, Malaysia. (Draft, 27 March)
- Nik, A.R. & Harding, D. 1992. Effects of selective logging methods on water yield and streamflow parameters in Peninsular Malaysia. *Journal of Tropical Forest Science*, 5: 130–154.
- Pinard, M.A., Putz, F.E. & Tay, J. 2000. Lessons learned from the implementation

of reduced-impact logging in hilly terrain in Sabah, Malaysia. *International Forestry Review*, 2: 33–39.

- Sabah Forestry Department. 1998. RIL operation guide book: specifically for tracked skidder use. Sandakan, Malaysia.
- Sidle, R.C., Sasaki, S., Otsuki, M., Noguchi, S. & Nik, A.R. 2004. Sediment pathways in a tropical forest: effects of logging roads and skid trails. *Hydrological Processes*, 18: 703–720.
- Sist, P., Dykstra, D. & Fimbel, R. 1998. *Reduced-impact logging guidelines for lowland and hill dipterocarp forests in Indonesia*. Occasional Paper No. 15. Bogor, Indonesia, Center for International Forestry Research (CIFOR).
- Thang, H.C. 1987. Forest managementsystems for tropical high forest, with special reference to Peninsular Malaysia. *Forest Ecology and Management*, 21: 3–20.
- Thang, H.C. 1996. Formulation and implementation of criteria and indicators for sustainable forest management in Malaysia. *In S. Appanah, M. Shamsudin, H.C. Thang &* I. Parlan, eds. *Proceedings of the Workshop* on Forest Management Certification, Kuala Lumpur, Malaysia, 12–13 December 1996. Kuala Lumpur, Forestry Research Institute of Malaysia (FRIM).
- Thang H.C. & Chappell, N.A. 2004. Minimising the hydrological impact of forest harvesting in Malaysia's rain forests. In M. Bonell & L.A. Bruijnzeel, eds. Forests, water and people in the humid tropics. Cambridge, UK, Cambridge University Press.
- Yusop, Z. 1989. Effects of selective logging methods on dissolved nutrient exports in Berembun Watershed, Peninsular Malaysia. In Proceedings of the Regional Seminar on Tropical Forest Hydrology, Kuala Lumpur, Malaysia, 4–9 September 1989. Kuala Lumpur, FRIM.
- Ziegler, A.D., Tran, L.T., Giambelluca, T.W., Sidle, R.C., Sutherland, R.A., Nullet, M.A. & Tran, D.V. 2006. Effective slope lengths for buffering hillslope surface runoff in fragmented landscapes in northern Vietnam. *Forest Ecology and Management*, 224: 104–118. ◆