Robust and Efficient Energy Harvested-aware Routing Protocol with Clustering Approach in Body Area Networks

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ABSTRACT Wireless Body Area Network (WBAN) is one of the specialized branch of wireless sensor networks (WSNs), which draws attention from various fields of science, such as medicine, engineering, physics, biology, and computer science. It has emerged as an important research area contributing to sports, social welfare and medical treatment. One of the most important technologies of WBANs is the routing technology. For efficient routing in WBANs, multiple network operations such as network stability, throughput, energy efficiency, end-to-end delay and packet delivery ratio must be considered. In this research work, a robust and efficient Energy Harvested-aware Routing protocol with Clustering approach in Body area networks (EH-RCB), is proposed. It is designed with the intent to stabilize the operation of WBANs by choosing the best forwarder node, which is based on optimal calculated Cost Function (C.F). The C.F considers link SNR, required transmission power, distance between nodes and total available energy i.e. harvested energy and residual energy. Comprehensive simulation has been conducted, supported by NS-2 and C++ simulations tools to compare EH-RCB with existing protocols named as DSCB, EERP, RE-ATTEMPT, and EECBSR. The results indicate a significant improvement in EH-RCB in terms of end-to-end delay network stability, packet delivery ratio and network throughput.

INDEX TERMS Clustering, end-to-end delay, Harvesting, Network stability, packet delivery ratio, throughput, WBANs.

I. INTRODUCTION

Due to advancement in communication technology and electronics, a newer type of network has emerged called as Wireless Body Area Networks (WBANs) which is becoming one of the prominent areas of research. It has been emerging because of its cost-effective nature, usage in wide spread applications and having the ability of remote monitoring [1]. It proposes encouraging services in different areas, such as mobile health-care, defence, industries, research and business [2].

WBANs is made up of heterogeneous wearable or implantable intelligent, small sized, low cost, low powered, light weighted invasive or non-invasive personal computing radio devices called as wireless sensor nodes. These sensor devices operate in close proximity of human body, have the capability to sense/ observe the physiological & non-physiological parameters and then transmit it via wireless link to sink node [3]. Due to compact and small size, these sensor nodes are equipped with limited energy supply. These sensor nodes in most of the cases are non-rechargeable and non-replaceable as they are implanted inside the human body.

Nodes with limited battery energy not only imposes performance drawback, but also depletes quickly, limiting the service availability. Research efforts have been going on to develop energy efficient protocols, effective topology design and energy conservation schemes to minimize energy constraints. However, limited energy is still a critical issue that makes usage of WBANs less desirable. Addition to energy
limitation, high path-loss and short range of communication are other critical issues needed to be observed in WBANs. Furthermore, traditional routing protocols, which in most of the cases provide end-to-end communication solution, are less energy efficient. These routing protocols are not suitable for WBANs environment, due to high energy consumption in routing process. To cater this issue, the routing protocol specifically designed for WBANs that uses hop-to-hop (multi-hop) communication is recommended, because of its low energy consumption.

To cater the energy limitation issue, Energy Harvesting (EH) is another most promising approach. In this approach, a sensor node which is capable of harvesting energy, acquires energy from various sources present in surrounding environment such as body temperature, motion, vibration, ambient light etc. (as shown in Table 1) and converts it into usable energy (electrical), as described in Fig.1. EH provides a way to enhance WBANs life-time by providing a continuous energy supply to wireless sensor nodes. Still more effort is needed to make communication protocols, more optimized and energy efficient, specifically routing protocols and EH techniques, in order for it to be widely adopted. Therefore, there is a dire need of EH aware routing protocol, to optimize the operations of WBANs.

To solve the energy limitation issue and to enhance WBANs lifetime, a new scheme is proposed, namely Robust and Efficient Energy Harvested-aware Routing Protocol with Clustering Approach in Body Area Networks (EH-RCB). It mainly focuses on resolving path-loss, network life-time, end-to-end delay and packet delivery issues. In this scheme, sensor nodes are deployed at different location of the human body. In order to collect sensed data from the sensor nodes, two sink nodes are placed at the center in front and backside of the human body. Each sensor sends data to the sink using either direct communication or through intermediate forwarder node. Direct communication is done in two cases: either the sensed data is critical, or the sensor node is closer to the sink node.

- The network lifetime of WBAN can be enhanced by effectively and efficiently utilizing battery power of the sensor node and also with the use of EH mechanism. The EH helps in overcoming the energy shortage by continuously providing energy to wireless sensor node, that is generated from the surrounding environment.
- The path-loss or dis-connectivity in wireless link may occur due to frequent movement of human body. This issue is resolved by implementing an idea of using two sink nodes embedding with clustering technique. The proposed scheme uses clustering approach to enhance nodes connectivity with each other and to balance out the load on single sink node.
- Furthermore, for efficient communication, the proposed routing protocol optimizes the routing process by effectively using different parameters. To forward the sensed data from the sensor node to sink, the proposed protocol selects intermediate node (forwarder) among the available neighbor nodes, by introducing a new kind of Cost Function (C.F). The proposed C.F is calculated using node total energy, distance from other node, link SNR and required transmission power (T.P). The used parameters in C.F, ensures efficient utilization of nodes resources to enhance the performance of WBANs.

The summarized working of the proposed protocol is briefly shown in Fig.3 and is further elaborated with detail in flowchart (shown in Fig. 9) and Algorithm 1. There are mainly five steps in the proposed protocol ie. Deployment, Initialization and Cluster formation, Cost Function calculation, Forwarder node selection and Data Transmission. Several simulation experiments are performed to evaluate the performance of proposed routing scheme. The results indicate that the proposed scheme achieves better performance in terms of residual energy, network life-time, throughput, end to end delay and packet delivery ratio as compared to some of the existing routing schemes.

This research paper is organized as follow: literature review, which comprises of some state-of-the-art techniques is presented in section II. Detailed background of WBANs is described in section III. An Overview of our proposed scheme (EH-RCB), its system model and motivation behind this works is presented in section IV. Simulation results of the proposed scheme and its comparison with other state of the art protocols are discussed in section V. Section VI concludes this research work.

II. LITERATURE REVIEW

Although lots of algorithms and schemes have been developed for conventional sensor network [7]–[13], they cannot be directly used in WBANs application due to different working environment. As evident by literature, and seen in Table 2, human body has a different wireless network environment from that of other traditional wireless networks [14]–[21]. Research can help in finding several major themes in the field of WBANs. These research themes include; device and hardware technology, application, security, MAC layer and network layer technologies. Typically, routing is one of the technologies among the core specific WBANs management technologies. Hence, researchers have proposed many routing schemes in WBANs, with the aim to maximize the network stability period, overcome path-loss issue, lower end-to-end delay and to make reliable communication. Some of those schemes are summarized below.

In [22], authors proposed Even Energy Consumption and Back Side Routing (EECBSR) protocol which is used for efficient and effective transmission of sensed data in WBANs. In this protocol, more attention is paid to uniform consumption of energy, in order to maximize network life-time and overcome the path loss problem for nodes that are attached to the backside of the human body. For this scheme, the Mobile ATTEMPT (M-ATTEMPT) protocol is analyzed and its improved scheme is proposed. The authors have claimed, based on the simulation conducted that EECBSR is a best amongst other protocol. The proposed scheme has shown
improved performance in terms of throughput and network stability in comparison with existing routing schemes.

The authors in [23], presented a new energy efficient routing scheme, named as NEW-ATTEMPT, which provides high bandwidth in heterogeneous WBANs. The Cost Function (C.F) is used to select the forwarder node to transmit the sensed data from the source to the destination sink node. The calculation of C.F is based on the remaining energy, the receiver distance and the data rate of the transmitter node.

Based on the experimentation results, the authors claimed that the proposed scheme is effective in terms of energy consumption and communication delay and it can be the best option for a healthcare monitoring system.

RE-ATTEMPT, [24] is another routing protocol that uses fixed deployment of sensors (nodes), based according to energy levels. This protocol uses single-hop communication for critical data delivery and hop-to-hop communication for the normal data delivery. RE-ATTEMPT protocol uses hop-

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**FIGURE 1.** A Typical Energy Harvesting mechanism in Human Environment.

**TABLE 1. VARIOUS ENERGY HARVESTING TECHNIQUES and DIFFERENT ASSOCIATED FACTORS**

<table>
<thead>
<tr>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambient (Light)</td>
<td>100mW/cm²</td>
<td>Sun, Various indoor and outdoor lighting</td>
<td>Predictable but uncontrolled</td>
<td>Photovoltaic Cell</td>
<td>Light Intensity and Wavelength</td>
<td>10-24 percent</td>
<td>IRN (MicaZ) BLSH (Tmotesky) LTSN (Flexi) HydroWatch (TelcosB) Helinote (Mica2)</td>
</tr>
<tr>
<td>Ambient (Heat)</td>
<td>100uW/cm²</td>
<td>Body, Sun, System losses</td>
<td>Fully Controllable and unpredictable</td>
<td>Thermo-electric element</td>
<td>Thermal gradient heat flux</td>
<td>0.1 percent</td>
<td>Flex TEG wearable TEG</td>
</tr>
<tr>
<td>Bio-Mechanical vibration (Piezoelectric)</td>
<td>6uW/cm³</td>
<td>Blood pressure</td>
<td>Unpredictable and Uncontrollable</td>
<td>piezoelectric, Mass imbalance oscillation, electromagnetic induction, electrostatic Nano-generators</td>
<td>low energy and requires invasive procedure, Amplitude of vibration and resonant frequency</td>
<td>25-50 percent</td>
<td>AEM MEEG Piezoelectric MEEG Electronic MEEG</td>
</tr>
<tr>
<td>Bio-Mechanical vibration (Electromagnetic)</td>
<td>2mW/cm³</td>
<td>Breathing</td>
<td>Partially controllable</td>
<td>Antennas</td>
<td>Distance from source and resonance of antenna</td>
<td>50 percent</td>
<td>--</td>
</tr>
<tr>
<td>Ambient (Electromagnetic radiation/ radio frequency)</td>
<td>1 mW/cm²</td>
<td>TV towers, base station, cell phones routers etc.</td>
<td>Unpredictable and Uncontrolled</td>
<td>Enzymatic biofuel cell, Endo-electronic chip</td>
<td>Low energy and requires invasive procedure</td>
<td>--</td>
<td>--</td>
</tr>
<tr>
<td>Bio-chemical (Electrochemical)</td>
<td>0.93W at 100mmHg</td>
<td>Glucose, Lactate, Endo-cochlear potential</td>
<td>Partially controllable</td>
<td>Enzymatic biofuel cell, Endo-electronic chip</td>
<td>Low energy and requires invasive procedure</td>
<td>--</td>
<td>--</td>
</tr>
</tbody>
</table>
count metric to select forwarder node. The link having minimum hop-count is considered as the best path for communication.

The authors in [25] presented their hypothesis as a reliable, efficient in terms of power consumption and high stable network for WBANs. Total eight sensor nodes are used in this protocol. Two of these eight sensors are used to send critical data directly to the sink node. Other nodes use multi-hop communication by selecting forwarder node with the help of cost function. It is calculated by using distance and residual energy of the node.

Vahid et al. presented an efficient forwarder node selection scheme for multi-hop communication in WBANs. To select next hop, the link cost function and minimum hop count are jointly used [26]. The link cost function is based on, free buffer space, residual energy of sensor node, and reliability of link with neighbor nodes. These parameters are used to meet QoS requirements with respect to end-to-end delay and to balance energy consumption. Comparative analysis with selected protocols, after extensive simulations, showed improvement in terms of data packet forwarded, energy consumption, packet delivery ratio and end-to-end delay.

New Relay based Thermal aware and Mobile Routing Protocol (RTM-RP) for WBANs is presented in [27]. It is mainly focused on to tackles the problems of high temperature and high consumption of energy. It is used in scenarios where mobility is crucial constraint to handle. In [28], Omar Smail et al. presented energy efficient, reliable and stable routing protocol for mobile WBANs. This protocol increases Lifetime of network by preserving nodes residual energy. For this purpose, an objective model is used which selects energy efficient paths that is having stable links.

Sriyanjana Adhikary et al. in [29], proposed an efficient multi-hop WBANs routing protocol. It provides efficiency in terms of improved network life-time, minimized transmission power, and packet delivery ratio. Forwarder nodes are selected based on the cost function, based on nodal transmission power, residual energy, velocity vector of receiver and node location from coordinator.

Dual Sink approach using Clustering in Body Area Network (DSCB) [30], mainly focused on network stability and path loss. DSCB protocol was developed with the aim to enhance network life-time, and to solve the path loss issue using clustering approach. In this protocol, sensor nodes are combined in two groups called as clusters with sink nodes as their cluster heads. The two sinks are placed in center on front and backside of human body. This protocol is designed in such a way that if a sensor node senses critical emergency data, it is sent directly using single-hop communication to sink node. In case of normal data, sensor node has to choose forwarder node among nearby neighbors for multi-hop communication. This selection of forwarder node is based on cost function calculation, which uses distance from sink, residual energy, and transmission power as parameters. Extensive simulation of DSCB protocol was done using MATLAB simulator and the results are compared with existing protocols, named as SIMPLE and DARE. The results show better performance in terms of network stability, end to end delay and throughput.

The authors in [31], proposed Energy Harvesting Routing (EHR) protocol. It improves energy efficiency by taking EH as major factor in designing of routing protocol. The proposed scheme is divided into two parts. In first part, a hybrid routing metric is introduced, in which EH and residual energy parameters are combined, and its effects are checked. In second part, an updating mechanism is proposed, which maintain neighbor energy information dynamically. Using the neighbor information and hybrid metric, this protocol selects best next hop. Based on the simulations conducted, EHR outperforms its counterpart Energy Harvested routing schemes in terms of energy efficiency.

The authors in [32], proposed clustering based routing scheme, which is referred to as Distance and Energy-Aware Routing with Energy Reservation (DEARER). This protocol selects Cluster Head (CH) on basis of harvested energy and the distance to the sink node. It enforces other nodes (non-CH nodes) to preserve the generated energy for future use and is called as enabler nodes. CHs are selected among these enabler nodes and after the selection, these nodes are provided with more harvested energy to overcome the energy shortage issue. DEARER protocol outperforms other genie-aided and direct transmission routing protocols in terms of network stability.

An Energy aware Distributed Clustering Routing Protocol for Energy Harvesting WSNs (EDCPWSN) is proposed in [33]. For Cluster Head (CH) selection in distributed cluster routing, it uses harvested energy and residual energy in short term prediction horizon. In order to make this protocol as energy aware, a solar energy prediction model which is based on neural network is used. A node with stronger harvesting energy capability and residual energy has high probability in selecting as CH. To check for network throughput and number of alive nodes, the propose protocol is compared with LEACH protocol [34]. Simulation results depict that the proposed protocol works better in terms of balancing nodes energy consumption as compared to LEACH.

The authors in [35] propose Stability aware Geographic routing protocol for reliable data transmission in Energy Harvesting WSN (SGRP), which is based on photo voltaic model. It mainly focus is on providing reliability in route selection and enhancing life-time of network. In order to achieve these goals, influence of link quality, which is also represented by rate of packet reception, is checked for network performance. This protocol outperforms its counterparts in terms of packet delivery ratio and energy consumption.

Power-Quality of Service (QoS) control scheme, called as PEH-QoS is made up of three modules [36]. In order to optimally utilize the available energy to achieve good QoS, these three modules interact with each other. This scheme makes sure that the sensor nodes efficiently sense the physiological parameters of human body and transmit it to medical server. To check this scheme for different human gestures (i.e. walking, relaxing, running, sleeping, cycling...
et al.: Robust and Efficient Energy Harvested-aware Routing Protocol with Clustering Approach in Body Area Networks

III. WBAN IN M-HEALTH: A BIRD EYE OVERVIEW

WBANs used for Mobile-Health (m-health) monitoring, as illustrated in Fig. 2, is divided into three tier Tele-medicine system. This system is comprised of wireless body sensor network which monitors individual health parameters. Health monitoring system is further connected to medical server placed at top of the hierarchy through traditional network system (e.g. internet) [37].

A. TIER 1 (WBAN TIER)

In this Tier, each under observed individual is equipped with multiple small size wireless sensor nodes. These heterogeneous sensors are either strategically implanted or placed on the body as wearable devices. As described in Fig. 2, these sensor nodes sense different body physiological parameters, such as pulse rate, blood pressure, EEG, EMG, ECG, motion, lactic acid etc. To perform intra-WBAN Tier communication, these wireless sensor nodes uses radio waves to communicate with each other and with sink node, (which is also placed on human body). Sink node receives vital signs from sensors nodes, aggregates it and further passes this information to Personal Server (PS) through nearby access point or any other communicating device.

B. TIER 2

The second Tier is the PS tier, which is implemented in personal computer/laptop, Personal Digital Assistant (PDA) or Mobile phone. Data gathered from sensor nodes in different formats such as graphical, digital, audio etc. are transferred to medical server using PS. It uses different technologies such as cellular mobile networks (2G-5G) or WLANs for communication with medical server placed at distant location.

C. TIER 3

It is composed of complex network of different interconnect-ed devices, services, health-care professionals and medical service providers. This tier provides services to hundreds or even thousands of users using medical servers as central point. These servers keep medical records of individual users, and provide numerous other services to these users and other related stack holders. The responsibilities of the medical server include user authentication, acceptance and uploading of health-care related data, and its formatting, and analyzing, to recognize the seriousness of health anomalies. If the analyzed data shows that potential medical condition of the under observed individual is serious in nature, the medical server sends alarm signals to emergency care givers. The patients and their physicians can access the analyzed data at their locations via internet. The unde observed individual data is examined by the physicians to ensure that it is within expected defined health ranges (e.g. blood pressure, heartbeat rate etc.), and the prescribed or given health treatment is delivering the results.

IV. PROPOSED PROTOCOL

Robust and efficient Energy Harvested-aware Routing Protocol with Clustering approach in Body area network (EH-RCB) is proposed to address the issues of:

- Network stability, which is affected in WBANs due to limited node energy because of node small size.

<table>
<thead>
<tr>
<th>Protocol name</th>
<th>Energy Harvesting (Yes/No)</th>
<th>Energy efficiency (Yes/No)</th>
<th>Network Life-time (Yes/No)</th>
<th>Path-Lox (Yes/No)</th>
<th>Routing Metric (e.g. Temperature, cost of route.)</th>
<th>Delay/Low (Low, Very High)</th>
<th>Mobility Support (Very Low, High and Very High)</th>
<th>Energy Consumption (Very Low, High and Very High)</th>
<th>Scalability (Yes/No)</th>
<th>Network Type (Homogeneous/ Heterogenous)</th>
<th>Emergency support (Yes/No)</th>
</tr>
</thead>
<tbody>
<tr>
<td>EECSR [22]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Small hop-count and residual energy.</td>
<td>Low</td>
<td>No</td>
<td>No</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>NEW ATTEMPT [23]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Cost function based on Distance, Data rate and Residual Energy</td>
<td>Low</td>
<td>No</td>
<td>Yes</td>
<td>Homogeneous</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>RE-ATTEMPT [24]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Cost function based on minimum distance, and maximum residual energy</td>
<td>Low</td>
<td>No</td>
<td>Yes</td>
<td>Homogeneous</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>FERR [25]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Minimum hop-count</td>
<td>Low</td>
<td>No</td>
<td>No</td>
<td>Homogeneous</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>ENSAM [26]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Cost function based on minimum distance, and maximum residual energy</td>
<td>Very Low</td>
<td>No</td>
<td>No</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>RTM-RP [27]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Energy efficient path is selected</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>ESR [28]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Energy efficient path with stable link.</td>
<td>High</td>
<td>Yes</td>
<td>No</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>New RP-WBAN [29]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Cost function based on Transmission power, density vector location, and Residual energy</td>
<td>High</td>
<td>No</td>
<td>No</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>DSCH [30]</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Cost function based on Distance and Residual Energy</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Homogeneous</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>EHR [31]</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Energy harvesting, Residual energy, neighbor info and hybrid metrics to select forwarder node.</td>
<td>High</td>
<td>No</td>
<td>No</td>
<td>Not Specified</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>DEARER [32]</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Harvested energy and distance</td>
<td>Not Specified</td>
<td>No</td>
<td>Very Low</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>EDPWSSN [33]</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Clustering Routing protocol based on Residual energy and harvested energy.</td>
<td>Low</td>
<td>No</td>
<td>Very Low</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>SGRP [34]</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Link Quality, hop-count and packet reception rate.</td>
<td>Low</td>
<td>No</td>
<td>Low</td>
<td>Homogeneous</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>PEH-QoS [35]</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Cost Function based on Transmission power, link quality (SNR), distance, Harvested energy and Residual Energy</td>
<td>Low</td>
<td>Yes</td>
<td>Very Low</td>
<td>Homogeneous</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

**TABLE 2. COMPARISON OF ROUTING PROTOCOL IN SENSOR NETWORKS**
• Path-loss and end-to-end delay due to mobility and structure of human body.

The aim of this research is to enhance network lifetime, network stability, and communication throughput, and minimize transmission end-to-end delay. The schematic diagram of the proposed routing protocol is depicted in Fig. 5, which briefly describes the working of the scheme. EH-RCB is composed of several phases, as shown in Fig. 4, i.e. deployment, initialization, cluster formation, routing, time scheduling and transmission phases.

Under the general working of sensor networks, most of WBANs routing protocols follow the same schedule of working phases. In the first phase i.e. deployment, the sensors and sink nodes are deployed at their specific location in/on human body. Once all the nodes are deployed, they exchange Hello and Reply messages with each other, which comprises of different parameters, such as node location, node ID, total energy and the distance to the sink and other nodes. Based on this exchanged information, neighbor tables are created at each node, which is used in cluster formation and routing phases. During cluster formation phase, two clusters are formed with sink nodes as their respective CHs. All other sensor nodes join one of these two clusters, based on the available information. In routing phase, each node determines the path to the sink node by calculating Cost function (C.F) which uses link SNR, transmission power (T.P), location, distance (d), hop-count and total energy as parameters, which is also shown in Fig. 9 and Algorithm 1, of EH-RCP. To avoid collision on shared wireless medium, the CH assigns time-slots to each node using TDMA scheme in scheduling phase. Data transmission takes place only in assigned time-slot, whenever a node wants to send data to sink node.

A. DEPLOYMENT PHASE

In order to have a comprehensive data gathering from human body, total fourteen nodes along with two sink nodes are deployed on human body at different locations, as shown in Fig. 5. For example, sink 1 is deployed in center of front side of human body at 0.30m and 1.01m on x-axis and y-axis respectively, which can also be seen in Table 3. To cater the energy limitation issue, and to provide a continuous energy supply from surrounding environment, each wireless sensor node is equipped with Energy Harvesting (EH) functionality. To cover the path-loss issue, both LoS and NLoS communications are addressed. Sensor node sends data only to that sink which is in its LoS. Sensed data by nodes is first checked for the criticality. If it is critical in nature, it will be sent directly to the concerned sink node. However, if it is normal data, it will follow multi-hop scenario.
TABLE 3. DESCRIPTION OF SENSOR NODES

<table>
<thead>
<tr>
<th>Sensor</th>
<th>Description</th>
<th>x-axis (m)</th>
<th>y-axis (m)</th>
<th>Application Type</th>
<th>Power Consumption</th>
<th>Data Rate [15]</th>
<th>Bandwidth (Hz) [6], [32]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 ECG Sensor</td>
<td></td>
<td>0.35</td>
<td>1.37</td>
<td>On-body</td>
<td>Low</td>
<td>288 Kbps</td>
<td>100 – 1000</td>
</tr>
<tr>
<td>2 Glucose Sensor</td>
<td></td>
<td>0.38</td>
<td>1.01</td>
<td>In-body</td>
<td>Extremely Low</td>
<td>1600 Kbps</td>
<td>0 – 50</td>
</tr>
<tr>
<td>3 Lactic acid Sensor</td>
<td></td>
<td>0.22</td>
<td>0.91</td>
<td>In-body</td>
<td>Low</td>
<td>400 Kbps</td>
<td>0 – 1000</td>
</tr>
<tr>
<td>4 Pressure Sensor</td>
<td></td>
<td>0.33</td>
<td>0.17</td>
<td>Low</td>
<td></td>
<td>260 Kbps</td>
<td>100 – 1000</td>
</tr>
<tr>
<td>5 EMG Sensor</td>
<td></td>
<td>0.07</td>
<td>1.09</td>
<td>Low</td>
<td></td>
<td>320 Kbps</td>
<td>0 – 10,000</td>
</tr>
<tr>
<td>6 EEG Sensor</td>
<td></td>
<td>0.32</td>
<td>1.77</td>
<td>Low</td>
<td></td>
<td>43.2 Kbps</td>
<td>0 – 150</td>
</tr>
<tr>
<td>7 Motion Sensor</td>
<td></td>
<td>0.08</td>
<td>1.45</td>
<td>Low</td>
<td></td>
<td>35.5 Kbps</td>
<td>0 – 500</td>
</tr>
<tr>
<td>8 EEG Sensor</td>
<td></td>
<td>0.33</td>
<td>1.77</td>
<td>Low</td>
<td></td>
<td>43.2 Kbps</td>
<td>0 – 150</td>
</tr>
<tr>
<td>9 Pulse Oximeter Sensor</td>
<td></td>
<td>0.43</td>
<td>0.78</td>
<td>Low</td>
<td></td>
<td>10 – 16 Kbps</td>
<td>0 – 1</td>
</tr>
<tr>
<td>10 Motion Sensor</td>
<td></td>
<td>0.15</td>
<td>0.45</td>
<td>Low</td>
<td></td>
<td>35.5 Kbps</td>
<td>0 – 500</td>
</tr>
<tr>
<td>11 Blood Pressure Sensor</td>
<td></td>
<td>0.43</td>
<td>1.27</td>
<td>Low</td>
<td></td>
<td>10 – 16 Kbps</td>
<td>0 – 1</td>
</tr>
<tr>
<td>12 Respiration</td>
<td></td>
<td>0.20</td>
<td>1.37</td>
<td>Low</td>
<td></td>
<td>320 Kbps</td>
<td>0 – 10,000</td>
</tr>
<tr>
<td>13 Glucose Sensor</td>
<td></td>
<td>0.38</td>
<td>1.01</td>
<td>In-body</td>
<td>Extremely Low</td>
<td>1600 Kbps</td>
<td>0 – 50</td>
</tr>
<tr>
<td>14 Accelerometer/Gyroscope</td>
<td></td>
<td>0.22</td>
<td>0.58</td>
<td>Low</td>
<td></td>
<td>40 Kbps</td>
<td>0 – 500</td>
</tr>
</tbody>
</table>

Sink 1 Central Coordinator (front) | 0.30 | 1.01 | On-body | High | 4 Gbps | – |
Sink 2 Central Coordinator (Back) | 0.30 | 1.01 | On-body | High | 4 Gbps | – |

B. INITIALIZATION PHASE

This phase begins by transmitting Hello messages from the two predetermined sink nodes. That is followed by Reply messages from all other sensor nodes in the network. Four main goals are achieved using these exchange of messages; each node in the network is informed completely about its (1) neighbors, (2) all possible routes leading to sink node, (3) position of the sink node, and (4) information about its respective CH. As shown in Fig.6, each Hello packet contains source node ID IDn, destination ID IDDst, distance d from source node n to the destination node d(n, Dst) and total energy ETotale of a source node. ETotale is the combination of current residual energy ECurrenstate and harvested energy EHarveststate of a node n. The distance d(n, Dst) among sensor nodes or to the sink node is calculated using Equation (1) [38].

\[
d(n, Dst) = \sqrt{(X_n - X_{Dst})^2 + (Y_n - Y_{Dst})^2}
\]  (1)

Every node keeps neighbor table, which is populated by the data acquired after exchange of Hello and Reply packets. This information in neighbor table is used for selection of forwarder node. Every other node after reception of Hello packet, adds its own information to it and further broadcast it to its neighbors. The link is considered broken among neighbor nodes if the reply message is not received within defined time period. In this case, routing table is updated, and all related entries related to this neighbor is deleted.

C. CLUSTER FORMATION

In order to distribute load on single sink node and to ease the network convergence process, the wireless sensor networks are normally partitioned into different regions, called as clusters, each having its own Cluster Head (CH). Therefore, in this scheme, two clusters are formed, each having its own CH. Both sinks S1 and S2 are designated as CHs for their respective clusters as default. After designation, both CHs broadcast advertisement messages to all other sensor nodes using CSMA/CA access method in order to avoid collision in shared medium. To receive the advertisement, all sensor nodes (non-CH) must have to be in active mode. Each non-CH sensor node registers itself to one of the CH based on LoS and highest Received Signal Strength Indicator (RSSI) information that is heard in CH advertisement. If there is tie in the above two parameters, then sensor node joins the CH randomly. Both sink S1 and S2 are advanced nodes and their responsibilities as the CH is to receive the data from all sensor nodes in respective cluster, aggregate and then forward it to the access point.
D. SETUP PHASE
Once the sensor node has decided to which cluster it wants to join, it has to inform the respective CH about its cluster membership by transmitting the information back to the CH using CSMA protocol. During this process, both CH must be active by switching ON their transmission antennas.

E. SCHEDULING PHASE
Cluster formation phase is followed by scheduling phase. Once all the nodes get registered with their respective CHs, they need to be scheduled in communication. In this phase, all sensor nodes in cluster are assigned time-slots by CH using TDMA scheduling technique. This time-slot schedule is propagated by CH to all the cluster members. Each sensor node uses the same frequency band for communication based on different time-slots. In case when critical data is sensed, the sensor node is assigned a guaranteed time-slot in Contention Free Period (CFP) from MAC super-frame. This ensures rapid delivery of critical data. Normal data delivery, nodes are assigned time-slots from Contention Access Period (CAP) in rapid succession one after the other.

F. DATA SENSING PHASE
In order to avoid the collision in shared wireless medium, each sensor node has to be in sleep mode. It is only allowed to be active for communication when its assigned time-slot is active. The nodes when gets active, it first checks its Total Energy $E_{\text{Total}_n}$, (as depicted in Equation (2)). $E_{\text{Total}_n}$ is checked after pre-defined equal interval of time. If $E_{\text{Total}_n}$ is found greater than defined ThresHold (TH) value, then sensor node starts sensing else, it waits for another round. The sensed data is first checked for criticality. If the data at any point of time is found critical, then the concerned node sends it to the sink directly using single-hop communication (without any further checking), else data is sent to sink node through forwarder node using multi-hop scenario.

$E_{\text{Total}_n} = E_{\text{Current}_n} + E_{\text{Harvest}_n}$  \hspace{1cm} (2)

The node residual/ current energy $E_{\text{Current}_n}$ at time $t$ after setup the period $P_{\text{Setup}}$, can be expressed in Equation (3).

$E_{\text{Current}_n}(t + P_{\text{Setup}}) = E_{\text{Current}_n}(t) - E_{\text{Round}_n}(t)
+ E_{\text{Harvest}_n}(t, P_{\text{Setup}})$ \hspace{1cm} (3)

Where $E_{\text{Max}_i}$ is the node total battery capacity, $E_{\text{Round}_n}(t)$ is the energy consumed during setup period $P_{\text{Setup}}$ round, and $E_{\text{Harvest}_n}(t, P_{\text{Setup}})$ is the energy harvested during setup period $P_{\text{Setup}}$. Initial energy $E_{\text{Initial}_n}$ is defined in initialization of the node before deployment phase is started.

G. ENERGY CONSUMPTION MODEL
There are various radio communication models that are proposed in literature [39], [40]. But due to simplicity in nature and relevance to our proposed work, we therefore, use first order radio model [39], as shown in Fig.7. The estimated total energy consumption $E_{\text{Consume}}$ in amplification, reception, aggregation and data transmission by any sensor node is calculated using Equation (4).

$E_{\text{Consume}} = E_{\text{Transmit}} + E_{\text{Receive}} + E_{\text{Circuit}}$ \hspace{1cm} (4)

Where $E_{\text{Transmit}}$ and $E_{\text{Receive}}$ is the amount of energy consumed during data transmission and reception respectively and $E_{\text{Circuit}}$ is the consumed energy by the electric circuitry of a node. If the distance between sensor node and the sink is greater, then single-hop transmission will consume more energy which result in early death of the node. This is only acceptable in case if either sink node is closer to the...
transmitting node or data to receive is large enough for other normal nodes. In case of multi-hop communication, sensor nodes send data to sink through intermediate nodes. The data goes through $n$ transmits and $n$ receives which consume less energy as compare to single-hop communication. Depending on the relative costs of the radio circuitry and transmitting amplifier, the total energy of the whole system might be larger in multi-hop as compare to direct communication transmission to the sink node [18]. To understand this point, a linear network is shown in Fig. 8.

The energy consumption of a node $n$ in single-hop communication $E_{\text{Direct}}$ while sending single $k$ bit message with a total distance from node $n$ to sink $nr$ using Equations (7) to (9), is shown in Equations (11) to (13). The distance between the nodes is represented by $r$.

$$E_{\text{Direct}} = E_{\text{Transmit}}(k, d)$$

(11)

$$E_{\text{Direct}} = E_{\text{Transmit}}(k, d = n \times r)$$

(12)

$$E_{\text{Direct}} = E_{T_{X,\text{circuit}}}(k) + \varepsilon_{\text{amp}} \cdot k \cdot (nr)^2$$

(13)

In multi-hop communication $E_{\text{Multi-hop}}$, as shown in Equations (14) to (17), every node sends the data to the nearest intermediate node while going to sink node. Thus, the node located at a distance $nr$ from the sink node will require $n$ transmits and $n - 1$ receives.

$$E_{\text{Multi-hop}} = n \times E_{\text{Transmit}}(k, d = r)$$

$$+ (n - 1) \times E_{\text{Receive}}(k)$$

(14)

$$E_{\text{Multi-hop}} = n(E_{T_{X,\text{circuit}}} + \varepsilon_{\text{amp}} \cdot k \cdot r^2)$$

$$+ (n - 1) \times E_{T_{X,\text{circuit}}}$$

(15)

$$E_{\text{Multi-hop}} = k((2n - 1)E_{T_{X,\text{circuit}}} + \varepsilon_{\text{amp}} \cdot nr^2)$$

(16)

Moreover, under the simplest definition;

$$E_{\text{Transmit}} = E_{\text{Receive}}$$

(17)

I. ENERGY-HARVESTING MODEL

The estimated energy harvested $E_{\text{Harvest}}(n)$ by a node $n$ in a defined time period can be expressed in Equation (18) below, where the charging rate of node $n$ in time $\Gamma$ is represented by $\lambda_i(\Gamma)$.

$$E_{\text{Harvest}}(n, P_{\text{Setup}}) = \int \lambda_i(\Gamma) \, d\Gamma$$

(18)

J. FORWARDER NODE SELECTION

In case the sensed data is normal, then number of hops towards the sink node is counted as also shown in flowchart (Fig. 9). If it is greater than zero, further steps towards forwarder selection are taken. Else node considers itself as directly connected to the sink and transmits the data directly. For multi-hop communication, node from its neighbor table is selected randomly. It checks that whether this neighbor node is previously rejected in the same round. If not, the SNR of the link is calculated. The node is rejected if its SNR is less than 1. This node information is recorded, and process is started again, else next steps are taken.

K. SNR CALCULATION

SNR is defined as the ratio of the power of environmental noise (unwanted signal) to the power of a useful signal (meaningful information), and is expressed in Equation (19).

$$\text{SNR} = \frac{P_{\text{Signal}}}{P_{\text{Noise}}}$$

(19)

Signals are also expressed using logarithmic decibels scale, because many of them have very wide dynamic range. Noise and signals, using the definition of decibels $dB$ can be expressed in Equations (20) to (23);

$$P_{\text{Signal}, dB} = 10 \log_{10}(P_{\text{Signal}})$$

(20)

And

$$P_{\text{Noise}, dB} = 10 \log_{10}(P_{\text{Noise}})$$

(21)

SNR can also be represented in decibels, as

$$\text{SNR}_{dB} = 10 \log_{10}(\text{SNR})$$

(22)

While using Equation (19), we get,

$$\text{SNR}_{dB} = 10 \log_{10}(P_{\text{Signal}}/P_{\text{Noise}})$$

(23)
L. COST FUNCTION COMPUTATION

Three different parameters are calculated which is further used in Cost Function (C.F) calculation as shown in Equation (25).

1) Transmission power \( T.P \) required in data transmission to the neighbor node as shown in Equation (24).

\[
T.P = \frac{SNR}{\alpha}
\]  

(\( \alpha \) means path-loss exponent)

2) Neighbor node distance \( d \), which is acquired using Equation (1).

3) Neighbor Total Energy \( E_{Total_n} \) is calculated, as described in Equation (2).

Total Energy \( E_{Total_n} \) is checked against defined energy ThresHold value (TH). If \( E_{Total_n} \) is less than the \( TH \) value, this neighbor node is rejected to become forwarder node in this current round and its information is recorded. But if \( E_{Total_n} \) of this neighbor node is greater than \( TH \) value, then its \( C.F \) is calculated.

\[
C.F = \frac{E_{Total_n}}{d(n,Dst)} \times T.P 
\]  

Where \( d(n,Dst) \) is the distance of the node from the sink, \( E_{Total_n} \) is the total energy of the node and \( T.P \) is the transmission power required to send data from the node to the sink on the channel. After neighbor \( C.F \) calculation, it is recorded and then it is checked whether this node is last node from neighbor table. If not, another node from neighbor table is selected and the whole process is repeated else neighbor with maximum \( C.F \) is selected as forwarder. Data is forwarded to this newly selected forwarder node.

M. PATH LOSS MODEL

The quality of communication in WBANs is strongly influenced by path-loss. It occurs due to different impairments present in the human surroundings. One of the main causes of impairment is due to factor that the sensor nodes are implanted inside human body, which causes degrading in wireless communication. In case when two sensor nodes are in NLoS, the human body can cause power density reduction of electro-magnetic wave used by sensor node for communication. Reflection, refraction, absorption attenuation, distance between nodes, moist and dry air, rural and urban environment etc. are other factors which causes free space impairments in signal.

The model for Path loss (in \( dB \)) between receiving and transmitting sensor nodes in total distance \( d \) is expressed in Equation (26) [41], [42].

\[
PL(d) = PL(d_0) + 10log_{10}\left(\frac{d}{d_0}\right) + \sigma_s
\]  

(\( \lambda \) is the wavelength, \( c \) is the speed of light and \( d \) specifies distance between receiver and transmitter)

As \( \lambda = \frac{c}{f} \), therefore Equation (27) can be rewritten as Equation (28) below.

\[
PL_0 = 10log_{10}\left(\frac{4\pi df}{c}\right)^2
\]  

W. PERFORMANCE EVALUATION OF PROPOSED METHOD

To evaluate the performance of the proposed protocol, simulations in NS-2 and C++ are performed with different parameters. The acquired results of the proposed protocol are compared with some state-of-the-art protocols, namely DSCB [30], EERP [25], RE-ATTEMPT [24], and EECBSR [22], [25]. The comparisons are based on network stability, throughput, end-to-end delay and packet drop ratio. The WBAN topology used for proposed protocol as shown in Fig.5, depicts wirelessly networked wearable and implanted sensors.
Algorithm 1 Algorithm for EH-RCP

1: Deployment Phase:
2: All nodes are deployed on human body at specified locations
3: Initialization Phase:
4: All nodes broadcast hello message
5: All nodes update their neighbors and routes to the sink information
6: Cluster Formation phase:
7: Based on the shared information two clusters are formed with predefined sink as Cluster Heads
8: \( N = \{N_1, N_2, \ldots, N_i\} \): all nodes that send data to sink
9: Data sensing and Routing Phase:
10: if \((N_i == \text{normal data})\) then
11: if \((N_i, E_{\text{Total}_i} > T.H)\) then
12: if \((N_i, \text{Next-hop count value} > 0)\) then
13: Select any neighbor node \(N_i\) from neighbor table
14: if \((N_i, C.F \text{ bit} = 1)\) then
15: Select another neighbor node \(N_i\) from neighbor table
16: else
17: Compute SNR and ensure that it is higher than 1
18: Compute Neighbor Distance \(d\)
19: Compute required Transmission Power \(T.P\)
20: Compute Neighbor \(E_{\text{Total}_i} = E_{\text{Current}_i} + E_{\text{Harvest}_i}\)
21: if \((N_i, E_{\text{Total}_i} < T.H)\) then
22: Select another neighbor node \(N_i\) from neighbor table
23: else
24: Calculate C.F of \(N_i\)
25: Record C.F and Update Neighbor Table
26: Ensure all neighbors are checked
27: else
28: Send the data in single-hop to sink
29: else
30: Abort sending data and wait for another time.
31: else
32: Send the data in single-hop to sink
33: end if
34: end if
35: end if
36: end if
37: end if

that are placed on/inside the human body at different locations. These sensor nodes monitor human body physiological parameters such as Heart-rate, glucose level, blood pressure, motion, pressure etc. As shown in Fig.5 and Table 3, total fourteen sensor nodes are placed/implanted on human body. Each sensor is equipped with 0.8 Joule (J) of initial energy \(E_{\text{Current}}\), along with integrated energy harvesting capability as shown in Table 4. The packet length for communication is set to 2000 bits.

**A. NETWORK LIFE-TIME**

Network lifetime represents the total operational time of the network, from the initialization point to death of last node. The network life-time depends upon the life of the used sensors. In Fig.10, the comparison of the proposed scheme with the existing protocols DSCB, EERP, RE-ATTEMPT, and EECBSR is done in terms of dead nodes with respect to rounds. It can be observed in Fig.10 and Table 5, that the first node of the proposed node dies at 4950th round, which is more than all other compared schemes. Similarly, the last nodes of all other schemes die at maximum of 10,000th round, whereas the last node of the proposed scheme dies after 12000th round. So, it can be concluded that the proposed protocol has higher network stability than other protocols. Improved performance of the proposed protocol in network stability period is due to the use of:

1) Energy harvesting scheme; as energy is continuously generated and is given to sensor node for its operation.
2) Two sink nodes, which gives the nodes an additional option to connect itself to one of the nearest sinks available and send the data. The placement of the sink in center of human body also helps other nodes, which able them for LOS communication

These two factors help in improving the performance of proposed protocol in extending network stability period to more than 12,000 rounds.

**B. RESIDUAL ENERGY**

It is described as the sum of current/remaining energy of the sensor node at any point of time/round. In order to have extended network life-time, each node in the network has to work efficiently to minimize the energy consumption. Fig.11 shows the comparison of the proposed protocol with
DSCB, EERP, RE-ATTEMPT, and EECBSR based on average residual /remaining energy. It can be seen in Table 6, that the proposed protocol has overall maximum residual energy at different time interval with the exception in initial rounds. As it can also be seen in Fig.11, that more energy is consumed in initial stages due to intense calculation process of cost functions to select best forwarder node and best path. The energy consumption in proposed protocol, gets stable in later rounds as calculation of C.F is not needed, due to fully convergence of the network after some time. The energy consumption of other compared protocols is not stable; therefore, their sensor nodes die in quick session.

![Figure 11. Comparison of residual energy vs. time](image)

### Table 5. Number of Dead Nodes at Different Interval of Time

<table>
<thead>
<tr>
<th>S.No</th>
<th>Protocol Name</th>
<th>1st Node die at (rounds)</th>
<th>Number of dead nodes at different number of rounds (r)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1000r   2500r   5000r   7500r   10000r   12000r</td>
</tr>
<tr>
<td>1</td>
<td>Proposed</td>
<td>4950</td>
<td>0       0       0       1       2       4</td>
</tr>
<tr>
<td>2</td>
<td>DSCB</td>
<td>4105</td>
<td>0       0       4       6       8       8</td>
</tr>
<tr>
<td>3</td>
<td>EERP</td>
<td>4900</td>
<td>0       0       1       8       8       8</td>
</tr>
<tr>
<td>4</td>
<td>EECBSR</td>
<td>3000</td>
<td>0       0       1       10      10      10</td>
</tr>
<tr>
<td>5</td>
<td>Re-ATTEMPT</td>
<td>1400</td>
<td>8       8       8       8       8       8</td>
</tr>
</tbody>
</table>

C. END TO END DELAY

It is defined as the time lag between the transmitter and receiver node. Minimization of delay in communication is an important and crucial factor in order to enhance network performance. As WBANs is normally used in human healthcare applications, where on-time data delivery is of utmost importance. In many cases, the sensor nodes senses critical data, so it must be communicated to health care-givers on time without any delay. Keeping in view these factors, the proposed protocol is designed in such a way that it focuses on reducing the delay in the network. Simulation results as shown in Fig.12 and Table 7, attest that initially the proposed protocols performance is not significantly better in comparison with DSCB, EERP, RE-ATTEMPT, and EECBSR. The main reason for high end-to-end delay in proposed protocol at initial rounds is due to intense calculation of C.F and parameters used in it such as link SNR, distance, total energy, transmission power etc. As shown in Fig.12, the delay in proposed protocol is gradually decreased with time, because in later rounds the calculated information from earlier rounds is used and no further calculation is done which enhances the overall network performance. One of the other factors which enhances the network performance is due to the presence of two sink nodes. This enables the nodes for possible direct communication with each other, which in most cases, lessen the distance that results in low end-to-end delay. Further, the introduction of clustering mechanism helps in reducing burden on sink node. As it gathers data only from its cluster nodes.

![Figure 12. Comparison of End-to-End delay vs. time](image)

### Table 6. Consumed Energy at Different Interval of Time

<table>
<thead>
<tr>
<th>S.No</th>
<th>Protocol Name</th>
<th>Energy (Joule) after different interval of time</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>0s    2500s 5000s 7500s 10000s 12500s 16000s</td>
</tr>
<tr>
<td>1</td>
<td>Proposed</td>
<td>8 J   6.5 J 5.20 J 4.56 J 3.30 J 2.85 J 1.0 J</td>
</tr>
<tr>
<td>2</td>
<td>DSCB</td>
<td>8 J   5.75 J 4.85 J 2.48 J 1.88 J 0.65 J 0.0 J</td>
</tr>
<tr>
<td>3</td>
<td>EERP</td>
<td>8 J   6.25 J 5.02 J 3.25 J 2.18 J 1.25 J 0.23 J</td>
</tr>
<tr>
<td>4</td>
<td>EECBSR</td>
<td>8 J   5.8 J 3.8 J 2.5 J 1.45 J 1.10 J 0.08 J</td>
</tr>
<tr>
<td>5</td>
<td>Re-ATTEMPT</td>
<td>8 J   0.0 J 0.0 J 0.0 J 0.0 J 0.0 J 0.0 J</td>
</tr>
</tbody>
</table>

### Table 7. End-to-End Delay of the Network

<table>
<thead>
<tr>
<th>S.No</th>
<th>Protocol Name</th>
<th>Delay at time 0s</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>2500 7500 10000 10000 12500 16000</td>
</tr>
<tr>
<td>1</td>
<td>Proposed</td>
<td>460 335 225 193</td>
</tr>
<tr>
<td>2</td>
<td>DSCB</td>
<td>430 270 220 240</td>
</tr>
<tr>
<td>3</td>
<td>EERP</td>
<td>380 380 380 390</td>
</tr>
<tr>
<td>4</td>
<td>EECBSR440ms</td>
<td>430 340 400 430</td>
</tr>
<tr>
<td>5</td>
<td>Re-ATTEMPT</td>
<td>438ms 406 395 408 435</td>
</tr>
</tbody>
</table>
D. THROUGHPUT

It is referred to as successful data packets delivery from the sensor node to sink in unit time. Normally there are two types of communication links used in WBANs which are; the link between the sensor and intermediate node and the link between intermediate node and sink. The link that connects sensor node and sink, called as direct link, can carry more data as compare to the link that connects two sensor nodes. In order to achieve high throughput, the communication protocol is designed in such a way that maximizes the use of direct link. In Proposed scheme, high throughput is achieved by deploying two sink nodes which increase the chances of direct communication from sensor node to the sink. Simulation results shown in Fig.13, shows that proposed scheme performs well in terms of throughput as compare to other protocols mentioned. It can also be viewed in the Table 8, that throughput of the proposed protocol is increased gradually with respect to time as compare to DSCB, EERP, RE-ATTEMPT, and EECBSR. Initially the throughput of the proposed protocol is almost similar to other protocols but in later stages the difference is increased, i.e. the proposed protocol achieves 45223 bytes of throughput that is higher than rest of the compared protocols.

![FIGURE 13. Average Network throughput vs. time](image1)

<table>
<thead>
<tr>
<th>S.No</th>
<th>Protocol Name</th>
<th>Throughput (packets sent to sink node) at various interval of time(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1000 2500 5000 7500 10000 12500 16000</td>
</tr>
<tr>
<td>1</td>
<td>Proposed</td>
<td>4600 7834 17455 29600 35220 39980 45223</td>
</tr>
<tr>
<td>2</td>
<td>DSCB</td>
<td>4590 7795 16251 26844 29198 32959 37417</td>
</tr>
<tr>
<td>3</td>
<td>EERP</td>
<td>4602 7798 16555 29600 33198 38761 42087</td>
</tr>
<tr>
<td>4</td>
<td>EECBSR</td>
<td>4598 7795 14051 19804 24618 27490 29520</td>
</tr>
<tr>
<td>5</td>
<td>Re-ATTEMPT</td>
<td>4520 6980 9840 14002 16100 17952 19592</td>
</tr>
</tbody>
</table>

E. PACKET DROP RATIO

Packet drop/loss occurs when one or more packets of data travelling across a communication network fail to reach its destination. It is either caused by path-loss or congestion in network or errors in data transmission system, typically across wireless networks. Simulation results shown in Fig.14 and Table 9, indicates that the proposed protocol has less packet drop ratio (PDR) as compare to DSCB, EERP, RE-ATTEMPT, and EECBSR. It can be viewed, that the PDR of the proposed protocol is 2.90 percent which is high from all other compared protocols except EECBSR whose packet drop ratio (PDR) is 3.18 percent. This initial worst performance is due to the rigorous process involved in network establishment and its convergence. As the network gets stable in later rounds, the PDR of the proposed protocol minimizes as compare to other protocols. The reason behind this better performance of proposed protocol in later rounds is, proper scheduling of data, i.e. normal data transmission is done in Contention Access Period (CAP) and whereas emergency data transmission in Contention Free Period (CFP) of MAC super-frame.

![FIGURE 14. Packets drop ratio with respect to time](image2)

<table>
<thead>
<tr>
<th>S.No</th>
<th>Protocol Name</th>
<th>Percentage of packets dropped at different interval of time (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>2500s 5000s 7500s 10000s 12500s 16000s</td>
</tr>
<tr>
<td>1</td>
<td>Proposed</td>
<td>2.90 3.03 3.14 3.98 4.05 4.40</td>
</tr>
<tr>
<td>2</td>
<td>DSCB</td>
<td>2.88 2.99 3.14 3.96 4.55 4.95</td>
</tr>
<tr>
<td>3</td>
<td>EERP</td>
<td>2.88 3.14 3.84 4.43 4.84 5.05</td>
</tr>
<tr>
<td>4</td>
<td>EECBSR</td>
<td>3.18 3.94 4.64 5.13 5.84 6.15</td>
</tr>
<tr>
<td>5</td>
<td>Re-ATTEMPT</td>
<td>2.48 3.14 4.54 5.63 6.54 7.55</td>
</tr>
</tbody>
</table>

F. ENERGY GENERATION AND CONSUMPTION ANALYSIS

The average energy generation and consumption (in micro-Joules) of sensor nodes in four different modes i.e. receiving, idle, transmission and sleep during four different activities i.e. Running, Walking, Cycling and relaxing is shown in Fig. 15-21. Out of total fourteen sensor nodes used in the WBAN topology, only eight sensor nodes are selected randomly. The aim of simulating the proposed protocol and to acquire these results is to get in insight view of the overall network perfor-
performance. After analyzing the results, it is concluded, that more average energy is generated in harvesting process by nodes in idle mode during cycling activity, whereas less energy is generated in receiving mode during relaxing activity. This shows that, due to more movement of human body during less intense mode (i.e. sleep) more energy is harvested. Similarly, the average energy consumption is high in transmission mode during cycling activity and is less in sleep mode during relaxing activity.

**VI. CONCLUSION**

In this paper we have presented an Energy Efficient routing protocol for WBANs which uses Energy Harvesting (EH)
Mechanism along with clustering algorithm with dual sinks. In this protocol, we have used two sink nodes and fourteen sensor nodes on the human body. Our focus was to increase network life-time; therefore, we have used energy harvesting mechanism. Further we aimed to cover LoS and NLoS communication, therefore we used two sink nodes. Clustering approach is used to avoid the congestion on a single sink node, as only defined and limited nodes sends data to the designated sink node. The proposed protocol selects the best forwarder node for each node based on optimal calculated C.F that considers link SNR, required transmission power, distance and total available energy (i.e. harvested energy and residual energy). We have evaluated the performance of our proposed protocol on different parameters using NS-2 and C++. The results indicate that, the proposed protocol achieves lower energy consumption, minimum end-to-end delay, higher throughput, higher packet delivery ratio and ultimately higher network life-time than the DSCB, EERP, RE-ATTEMPT, and EECBSPR protocol. Our future directions are focused on more energy efficiency and lower Bit Error ratio (BER) with nodes cooperation for efficient routing. As WBANs are application driven technology, our aim is to implement the presented protocol in any practical application.

REFERENCES


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